Contact Information

Editorial, Publicity, and Special Sales
Skyhorse Publishing, Inc.
307 West 36th Street, 11th Floor
New York, NY 10018

t: 212-643-6816
f: 212-643-6819
e: info@skyhorsepublishing.com

International Sales Representatives

Bookstore and Library Sales Perseus Distribution
210 American Drive
Jackson, TN 38301
Hours: Monday-Friday
7:30 AM – 4:00 PM CST
t: 800-433-4499
f: 800-351-5073
e: orderentry@perseusbooks.com

Field Sales Force
Elise Cannon
VP, Field Sales
t: 510-809-3730
e: elise.cannon@perseusbooks.com

Leslie Jobson
Field Sales Support Manager
t: 510-809-3732
e: leslie.jobson@perseusbooks.com

Samuel Littlefield
Sales Coordinator
t: 510-809-3704
e: samuel.littlefield@perseusbooks.com

Canada
Thomas Allen & Son Ltd.
390 Steeles Road East
Markham, ON
L3R 1G2 Canada

t: 800-387-4333
f: 800-458-5504
e: info@t-allen.com

UK, Ireland & Europe
General Inquiries:
Perseus Books Group UK
69-70 Temple Chambers
3-7 Temple Avenue
London, EC4Y 0HP, UK

t: +44 (0) 20 7353 7771
f: +44 (0) 20 7353 7786
e: enquiries@perseusbooks.co.uk

Ordering Information:
Grantham Book Services
Trent Road
Grantham, NG31 7XQ UK

t: +44 (0) 1476 541 080
f: +44 (0) 1476 541 061
e: orders@gbs.tbs-ltd.co.uk (UK)
e: export@gbs.tbs-ltd.co.uk (Export)

South Africa
Peter Hyde Associates
PO Box 2856
Cape Town, 8000

South Africa
Peter Hyde Associates
PO Box 2856
Cape Town, 8000

t: +27 21 447 5300
f: +27 21 447 1430
e: peter@peterhyde.co.za

Austria, New Zealand, India, Canada
Shawn Abraham
International Sales Manager
Perseus Book Group
1400 Broadway
New York, NY 10018

t: 212-581-7839
e: shawn.abraham@ingramcontent.com

Australia
New South Books
Orders and Distribution
15-23 Helles Avenue
Moorebank, NSW 2170

t: +61 2 8778 9999
f: +61 2 8778 9944
e: orders@tldistribution.com.au

India
Penguin Books India
7th Floor, Infinity Tower C
DLF Cyber City, Phase - III,
Gurgaon 122 002 Haryana India
e: customer.service@india-penguin.com

t: +91 124 478 5600

Middle East & North Africa, Latin America, Caribbean, & Overseas Military
Denise Lourenco
International Sales Specialist
Perseus Book Group
1400 Broadway
New York, NY 10018

t: 212-714-9000
e: denise.lourenco@ingramcontent.com

Europe
Edison Garcia
International Sales Manager
Perseus Books Group
250 West 57th Street, 15th Floor
New York, NY 10107

t: 212-340-8170
e: edison.garcia@ingramcontent.com

Asia
Suk Lee
International Sales Manager
Perseus Books Group
1400 Broadway
New York, NY 10018

t: 212-397-5090
e: suk.lee@ingramcontent.com
In the years before World War II, Eugen Dollmann arrived in Rome on a scholarship, intending to write a history of the Catholic Church. Instead he joined the Nazi Party and became an interpreter to various members of the German and Italian Fascist hierarchy.

In this capacity Dollmann attended the Munich conference of 1938 and was present at most of the important meetings between Hitler and Mussolini, also witnessing many of the endless squabbles between Mussolini’s son-in-law Galeazzo Ciano and Hitler’s foreign secretary, von Ribbentrop. He interpreted for Heinrich Himmler during his visits to Rome and was, curiously for one of his temperament, appointed Obersturmführer in the Allgemeine SS. He played a considerable role in the surrender of the German Army in Italy, helping to prevent the execution of Hitler’s scorched-earth orders.

The book is full of piquant anecdotes—Himmler’s excavations for the legendary treasure of King Alarich; the visit of Reinhard Heydrich to the House of the Provinces, a brothel frequented by officers and men of means; Hitler’s dread and annoyance at being piloted into his newly conquered Ukraine by Mussolini—to mention only a few.

Throughout, Dollman makes no attempt to conceal or exonerate his association with the Nazis. With Hitler and Mussolini is a fascinating memoir filed with political intrigue, undercover activity, and insights into the biggest personalities connected to the Second World War.

EUGEN DOLLMANN was born in 1900 in Ratisbon, Germany. He graduated as a doctor of philosophy from the University of Munich and continued his studies in the Vatican Library. After the war he wrote and translated books in both German and Italian. Dollmann died in 1985 in Munich, Germany.

GERHARD WEINBERG is a retired professor of history who has published extensively on Nazi Germany and the origins and course of World War II, including Hitler’s Foreign Policy 1933–1939: The Road to World War II and A World at Arms: A Global History of World War II.
John Harte

**CHURCHILL THE YOUNG WARRIOR**

*How He Helped Win the First World War*

Discover how the first World War began, and Churchill’s efforts to stop it.

This is the intriguing chronicle of Winston Churchill’s early years as a young soldier fighting in several different types of wars—on horseback in the cavalry at Khartoum, with saber and lance against the Dervishes at age twenty-two, in the South African war against the Boers, and finally in the First World War before he was appointed as First Lord of the Admiralty. The book also covers the failure, bloodshed, and disgrace of Gallipoli that was blamed on him, which could have led to his downfall, as well as the formative relationships he had with the two important women in his young life—his mother, Jennie, who was an eighteen-year-old woman when she married an English aristocrat, and Churchill’s young wife, Clementine. How did the events of his early life shape his subsequent life and career, making him the leader he would become? What is the mystery behind how World War I erupted, and what role did Churchill play to end it?

Most readers are aware of Churchill’s leadership in World War II but are unaware of his contributions and experiences in World War I. Through engaging narrative nonfiction, this book paints a startlingly different picture of Winston Churchill—not the portly, conservative politician who led the United Kingdom during World War II but rather the capable young man in his twenties and thirties who thought of himself as a soldier saving Britain from defeat. Gaining experience in battle and developing a killer instinct and a mature worldview would serve him well as the leader of the free world.

**John Harte** is the author of the Skyhorse book *How Churchill Saved Civilization*, which examines the leader’s significant role during World War II. Harte served in the RAF in the Second World War. He later became an investigative journalist on postwar fascism. Before retiring from a business career to write books, he was a managing director of several companies. He lives in Ottawa, Ontario, Canada.
Nathaniel Lande

**SPINNING HISTORY**
Politics and Propaganda in World War II

Roosevelt, Churchill, Hitler, Stalin, and the theater of war.

In this fascinating new book, bestselling author and historian Nathaniel Lande explores the Great War at the heart of the twentieth century through the prism of theater. He presents the war as a drama that evolved and developed as it progressed, a production staged and overseen by four contrasting masters: Roosevelt, Churchill, Hitler, and Stalin.

Each leader used all the tools at his disposal to present his own distinctive vision of the global drama that was the Second World War. Each area of the media was fully exploited. Brilliantly conceived oratory was applied to underscore each vision. Impression management, the art of political spin, was employed to drive the message home with the careful use of black and white propaganda. Each side utilized uniforms, meticulously staged events, and broadcast their messages via all media available—motion pictures, radio broadcasts, posters, leaflets, and more. Their ambitions were similar, but each leader had his own distinct methods, his own carefully created script for elaborately produced and often wildly successful acts and campaigns of deception to win hearts and minds on the frontlines and the home front.

The result of this investigation is a wholly distinctive and often surprising work of history, a book that manages to cast a fresh light on the most obsessively studied conflict in human history.

NATHANIEL LANDE is a journalist, filmmaker, and author of ten award-winning books, including *Cricket* and *Dispatches from the Front: A History of the American War Correspondent*. He was creative director for *Time*, director of *Time World News Service*, and executive producer for CBS and NBC. He resides in Santa Barbara, California.
Frank McDonough

THE GESTAPO
The Myth and Reality of Hitler’s Secret Police

A new, comprehensive exploration of the Gestapo from a renowned historian of the Third Reich.

Written with access to previously unpublished records, this is the fullest and most definitive account available on Hitler’s secret police, the Gestapo. The book illustrates how, despite its material constraints, the Gestapo was able to extend its reach widely and quickly by manipulating and colluding with the general public, making ordinary German citizens complicit in the rendition of their associates, friends, colleagues, and neighbors. Though it was a powerful institution, it was not an all-powerful institution, and McDonough also relates the fascinating and underreported accounts of a cross-section of ordinary and extraordinary people who opposed the Nazi regime and its oppressive governance.

The Gestapo will provide a chilling new doorway into the everyday life of the Third Reich and give powerful testimony from the victims of Nazi terror, while also challenging popular myths about the Gestapo and its inner workings.

FRANK McDONOUGH, PHD, is an internationally renowned expert on the Third Reich. He studied history at Balliol College, Oxford, and gained a PhD from Lancaster University. He is the author of several critically acclaimed books, including The Origins of the First and Second World Wars and Hitler, Chamberlain and Appeasement. He has appeared on several TV and radio programs on the BBC, the Discovery Channel, National Geographic, and the History Channel. He currently lives in Liverpool, England.

“In this thoroughly researched and elegantly written book, Frank McDonough confronts decades of myth-making to uncover the complex realities of Hitler’s notorious secret police. The Gestapo is as surprising as it is illuminating, and it sets a new standard for this vitally important subject.” —Roger Moorhouse, bestselling author of Berlin at War
In 1941, journalist Alexander Werth observed the Soviet-German conflict with his own eyes, resulting in his widely acclaimed book Russia at War, 1941–1945. At once a history of events, a collection of interviews, and a document of the human condition, Russia at War is a stunning, modern classic that chronicles the struggles on Russian soil during history’s most incredible military conflict.

As a behind-the-scenes eyewitness to the pivotal events as they occurred, Werth reports with vivid detail the hardships of everyday citizens, massive military operations, and the political movements toward diplomacy as the world tried to reckon with what they had created. Despite its sheer historical scope, Werth tells the story of a country at war in startlingly human terms, drawing from daily interviews and conversations with generals, soldiers, peasants, and working-class civilians. The result is an expansive work with immeasurable breadth and depth, built on lucid and engaging prose that captures every aspect of a terrible moment in human history.

With a foreword by Soviet historian Nicolas Werth, the son of Alexander Werth, this new edition is indispensable World War II journalism and the definitive authority on the Soviet-German war.

ALEXANDER WERTH (1901–1969) was a British journalist. He was a war correspondent in Russia for the Sunday Times and the Guardian, and a commentator for the BBC from 1941 to 1948. He was one of the first outsiders allowed to enter Stalingrad after the battle and to visit the Majdanek concentration camp. Russia at War is his best-known work.

NICOLAS WERTH, the son of Alexander Werth, is a historian of the Soviet Union and an internationally known expert on communist studies. He lives in Paris.

“Magnificent . . . the best book we probably shall ever have in English on Russia at war.” —William Shirer, author of The Rise and Fall of the Third Reich

“A work of scope and power . . . one of the most important books yet written about WWII . . . superbly dramatic.” —Harrison E. Salisbury, New York Times Book Review
Philip Kaplan

**WITH WINGS AS EAGLES**
The Eighth Air Force in World War II

Brings to life the heroics of the Allied team that contributed mightily to winning the war.

Beginning in 1942, the Eighth Air Force began a precision bombing raid offensive deep into Nazi Germany, embarking from bases in rural England. Nearly 350,000 Americans were transplanted to English soil, joining their British colleagues for this joint Allied offensive. For many it was a period of great risk, and arguably the greatest adventure of their lives.

*With Wings as Eagles* celebrates the heroics of these pilots and their missions. A lavishly illustrated, full-color, hardcover original, the narrative is the result of the author’s exclusive interviews with many of the pilots and crew, as well as research from contemporary diaries, journals, and scrapbooks. Readers relive the nostalgia and vivid reminiscences—of days of seemingly endless boredom and fatigue, the loneliness of soaring in an aluminum cocoon four miles over an intended target, and a surprising account of parachuting onto German soil and being captured by women and children. *With Wings as Eagles* relives the drama and history of a heroic era.

Philip Kaplan, formerly an art director with *Playboy, Atlanta*, and *Architectural Digest* magazines, has written, coauthored and designed thirty-eight books, including the Skyhorse books *The Bird Farm*, *Silent Service*, and *The Bomber Aircrew Experience*. He lives in Gloucestershire, England.

$27.99 hardcover (Can. $42.99)

World (W) • CQ 24

ISBN 978-1-5107-0510-4

8 ½” x 10 ½” • 288 pages

90 color photographs

142 b/w photographs

History


MARCH
Astrid Karlsen Scott and Dr. Tore Haug

DEFIANT COURAGE
A WWII Epic of Escape and Endurance

Long before *Lone Survivor*, four men went deep behind enemy lines in WWII. Only one would make it out alive. This is his harrowing tale of survival in a sub-zero hell.

“I remember reading *We Die Alone* in 1970 and I could never forget it. Then when we went to Norway to do a docudrama, people told us again and again that certain parts were pure fiction. Since I was a Norwegian that was not good enough; I had to find the truth. I sincerely believe we did,” writes author Astrid Karlsen Scott. *Defiant Courage* is the true story of what Jan Baalsrud endured as he tried to escape from the Gestapo in Norway’s Troms District.

In late March 1943, in the midst of WWII, four Norwegian saboteurs arrived in northern Norway on a fishing cutter and set anchor in Toftefjord to establish a base for their operations. However, they were betrayed, and a German boat attacked the cutter, creating a battlefield and spiraling Jan Baalsrud into the adventure of his life. The only survivor and wounded, Baalsrud begins a perilous journey to freedom, swimming icy fjords, climbing snow-covered peaks, enduring snowstorms, and getting caught in a monstrous avalanche. Suffering from snowblindness and frostbite, more than sixty people of the Troms District risk their lives to help Baalsrud to freedom. Meticulously researched for more than five years, Karlsen Scott and Haug bring forth the truth behind this captivating, edge-of-your-seat, real-life survival story.

**Astrid Karlsen Scott** hiked up mountains and explored the wilderness in order to tell the story. Scott and Dr. Haug also met and interviewed all the survivors who helped Jan or who were indirectly involved and had knowledge of his story. Astrid is well known in her native Norway, and her award-winning film, *Christmas in Norway*, has been shown on television in the United States and in Europe. She is also president of Nordic Adventure, a company dedicated to the promotion of Norwegian culture. She lives in Olympia, Washington.

**Dr. Tore Haug** is a second cousin of Jan Baalsrud. Haug is an MD, a specialized general practitioner with a private practice in Norway, and a professional pilot. He and his wife, Wenche, live in Jessheim, Norway, with their daughter, Carolin.
Ruby Day is a young vlogger, a rising star of YouTube, and a wholesome role model to millions of teenage girls. And she is missing.

Detective Inspector Kate Riley, the head of a new high-powered team of detectives, and Detective Superintendent Zain Harris, the newest member of the team and a poster boy for multiracial policing, are brought in for what they expect to be a routine runaway. Then a video of a wild-eyed Ruby running through the woods and begging for her life is posted online. Amid mounting hysteria and heightened media coverage calling for Ruby’s safe return, Riley and Harris must decode the dark secrets of this seemingly squeaky-clean internet darling.

Their hunt leads them to a smug ex-boyfriend who hungers for online fame of his own, a culture of online cyber bullying by anonymous thugs, and a corporation of ruthless advertisers who exploit online celebrities for their network of eager consumers. It becomes increasingly clear that the case is more complicated and nightmarish than Riley and Harris could have imagined. And the videos keep coming.

This debut novel is a slick, contemporary police procedural that explores the dichotomy of public life and one lived online. For fans of Megan Abbott and Kimberly McCreight, Cut to the Bone provides a harrowing glimpse into the friendships, ambitions, and secrets of the internet generation.

Alex Caan is a specialist in terrorism studies who has worked for a number of government organizations. Cut to the Bone is his first novel. He lives in England.

“Blisteringly fabulous dark crime that is hard to put down.” —Northern Crime blog
Alexandra Teague

THE PRINCIPLES BEHIND FLOTATION

A Novel

From an award-winning poet, an imaginative debut novel about a young woman on the shores of greatness—in search of a boat.

When the Sea of Santiago appeared overnight in a cow pasture in Arkansas, it seemed, to some, a religious miracle. But to high school sophomore A.Z. McKinney, it’s marked her chance to make history—as its first oceanographer. All she needs is to get out on the water.

Her plan is easier said than done, considering the Sea’s eccentric owner is only interested in its use as a tourist destination for beachgoers and devout pilgrims. Still, A.Z. is determined to uncover the secrets of the Sea—even if it means smuggling saline samples in her bathing suit.

Yet when a cute, conceptual artist named Kristoff moves to town, A.Z. realizes she may have found a first mate. Together, they make a plan to build a boat and study the Sea in secret. But from fighting with her best friend to searching for a tourist-terrorizing alligator (that may or may not be a crocodile), distractions are everywhere. Soon, A.Z.‘s dreams are in danger of being dashed upon the shore of Mud Beach.

With her self-determined oceanic destiny on the line, A.Z. finds herself at odds with everything she thought she knew about life, love, and the Sea. To get what she wants, she’ll have to decide whether to sink or float ... But which one comes first?

Inventive, playful, and compulsively readable, The Principles Behind Flotation is a surreal coming-of-age story for fans of Carol Rifka Brunt’s Tell the Wolves I’m Home and Karen Russell’s Swamplandia!

ALEXANDRA TEAGUE is the award-winning author of two books of poetry: Mortal Geography and The Wise and Foolish Builders. Recipient of the 2010 California Book Award, a 2006–2008 Stegner Fellowship, and a 2011 National Endowment for the Arts Fellowship, Alexandra is an associate professor of poetry at the University of Idaho and lives in Moscow, Idaho.

$24.99 hardcover (Can. $38.99)
World (W) • CQ 30
6” x 9” • 304 pages
Fiction
MARCH
Jake Wallis Simons

THE ENGLISH GERMAN GIRL

A Novel

One girl’s journey of love and loss based on the poignant history of Germany’s Kindertransport during World War II.

In 1930s Berlin, choked by the tightening of Hitler’s fist, the Klein family is gradually losing everything that is precious to them. In desperation, their fifteen-year-old daughter, Rosa, is put on a Kindertransport train out of her beloved Germany to begin a new life in a foreign country, England.

Unable to speak the language and charged with the task of securing a safe passage for her family, Rosa vows that she will not rest until they are safe. But as war breaks out and she loses contact with her parents, Rosa finds herself wondering if there are some vows that can’t be kept. Now, she must face the prospect of an unknown future in wartime England—alone.

Powerfully written and meticulously researched, The English German Girl is a sweeping historical fiction about one girl’s journey from heartbreak to hope against the torrential backdrop of the Second World War. An exceptional accomplishment from one of Britain’s bravest and most vibrant young writers, The English German Girl explores the quiet struggles of a child survivor of the Holocaust with sensitivity, grit, and tenderness.

Jake Wallis Simons is a staff writer for the Sunday Telegraph, radio broadcaster, artist, and award-winning novelist. He has a PhD in creative writing, and his writing has been featured in the Times, Guardian, and Independent. He lives with his family in Winchester, United Kingdom.

“A powerful evocation of a bygone era.” —Sir Martin Gilbert

“Absolutely compelling.” —Guardian

“Entertaining, provocative, and original. Jake Wallis Simons will surely prove a name to remember.” —Dame Beryl Bainbridge, Independent

A Herman Graf Book

$16.99 paperback reprint (Can. $25.99)
North America (NA) • CQ 30
ISBN 978-1-5107-1805-0
6” x 9” • 352 pages
Fiction
MARCH

Previous edition: 978-1-62636-074-7
Dermot McEvoy

THE 13TH APOSTLE
A Novel of Michael Collins and the Irish Uprising

The story—both romantic and terrifying—of how a handful of men, armed with nothing more than handguns and guts, forced the greatest nation in the world from their shores.

On Easter Monday, April 24, 1916, the first great revolution of the twentieth century began as working-class men and women occupied buildings throughout Dublin, Ireland, including the General Post Office on O’Connell Street. Among the commoners in the GPO was a young staff captain of the Irish Volunteers named Michael Collins. He was joined a day later by a fourteen-year-old messenger boy, Eoin Kavanagh. Four days later they would all surrender, but they had struck the match that would burn Great Britain out of Ireland for the first time in seven hundred years.

The 13th Apostle is the reimagined story of how Michael Collins, along with his young acolyte Eoin, transformed Ireland from a colony into a nation. Collins’s secret weapon was his intelligence system and his assassination squad, nicknamed “The Twelve Apostles.” On November 21, 1920, the squad—with its thirteenth member, young Eoin—assassinated the entire British Secret Service in Dublin. Twelve months and sixteen days later, Collins signed the Treaty at 10 Downing Street, which brought into being what is, today, the Republic of Ireland.

An epic novel in the tradition of Thomas Flanagan’s The Year of the French and Leon Uris’s Trinity, The 13th Apostle will capture the imagination and hearts of freedom-loving readers everywhere.

DERMOT McEVoy was born in Dublin in 1950 and immigrated to New York City four years later. He is a graduate of Hunter College and is the author of the novels Terrible Angel and Our Lady of Greenwich Village. He lives in Jersey City, New Jersey.

“McEvoy gives us the story of the Irish War for Independence in all its vivid, intimate, squalid, intricate, heroic, and tragic immediacy. . . . This is historical fiction of a rare and wonderful sort.” —Peter Quinn, author of Banished Children of Eve
Zane Grey

THE DUDE RANGER
A Western Story

A rancher must find the truth behind the disappearance of thousands of cattle and win the heart of the woman he loves!

Upon the death of his uncle, Ernest Selby, a young man from Iowa, inherits the Red Rock Ranch in Arizona. When he learns that the ranch’s twenty thousand cattle have dwindled to six thousand, he suspects foul play.

Ernest decides to go under cover in order to investigate these strange circumstances and lands a job on his own ranch, posing as a tenderfoot cowboy under a different name. As he makes friends and enemies and courts Annie, the daughter of the crooked foreman, Ernest learns to enjoy cowboy life. He knows that his charade must end eventually, but not until he can find the truth behind the disappearance of so many cattle—and win Annie’s heart.

The Dude Ranger is a classic western story written by Zane Grey, one of the best-selling authors of all time. Follow Ernest Selby as the young dude quickly learns to be a rancher, a law-enforcer, and a cowboy.

Zane Grey was born on January 31, 1872, in Zanesville, Ohio. He was best known for his popular adventure novels and stories, which presented an idealized image of the American frontier. The critically acclaimed Riders of the Purple Sage (1912) has become one of the best-selling and most popular books of all time. More than one hundred films, television episodes, and program series, including Dick Powell’s Zane Grey Theater, have been based on his novels and short stories. He died on October 23, 1939, at his home in Altadena, California.

$14.99 paperback reprint (Can. $22.99)
World (W) • CQ 30
ISBN 978-1-63450-066-1
5 ½” x 8 ¾” • 304 pages
Fiction
MARCH

Previous edition: 978-0-06100-055-3
Stephen H. Foreman

JOURNEY
A Western

In the tradition of Larry McMurtry and Philipp Meyer, a harrowing tale of obsession, adventure, and survival in the Old West.

New Mexico Territory, 1817. Rueben Moon, resourceful son of a white man and a Native mother, is riding through the desert as a storm approaches on the horizon. Faintly in the distance and growing louder as he approaches, he hears an insistent mewing and discovers not the calf that he imagined but an abandoned infant girl. Rueben rescues the child and brings her to a community of Apaches, who raise her as their own. She is given the name Sojourner—called Journey—and grows to become a strong and spirited young woman.

London, late eighteenth century. Adolescent Esau Burdock survives on the back-alley streets of London with a combination of wit, gall, and sheer luck. But his luck runs out during a shady business deal, and when offered the choice of hanging or exile to distant, exotic New Orleans, Esau chooses the latter. There he finds success and fortune in the burgeoning slave trade and carves himself a sphere of wealth and power. He falls in love with the beautiful slave Livy, only to kill her one night months later in a fit of passion. Distraught, he leaves New Orleans for the Western Territories, unaware that Livy’s infant daughter, rescued by friends, is making the same journey.

Years later, Esau and Journey are brought together, and after learning of her maternal parentage, Esau quickly becomes obsessed with Journey. When she resists, Esau has her declared a runaway, and Journey, aided again by Rueben, is forced to flee into the desert for her life and, more importantly, for her freedom.

Brimming with action and panoramic in scope, in Journey Foreman provides a breathtaking narrative with a heroine you’ll never forget.

Stephen H. Foreman is the author of two previous novels, Toehold and Watching Gideon. He received a BA from Morgan State University and an MFA from Yale School of Drama and taught writing at various universities before moving to California to work as a director and screenwriter. Now retired, Foreman lives in West Kill in the Catskill Mountains of New York.
Malcolm Bell
Foreword by Heather Ann Thompson
THE ATTICA TURKEY SHOOT
Carnage, Cover-Up, and the Pursuit of Justice

A prosecutor exposes the government’s cover-up following the slaughter of prisoners.

The Attica Turkey Shoot tells a story that New York State did not want you to know. In 1971, following a prison riot at the Attica Correctional Facility, state police and prison guards slaughtered thirty-nine hostages and inmates and tortured more than one thousand men after they had surrendered. State officials pretended that they could not successfully prosecute the law officers who perpetrated this carnage, and then those same officials scurried for shelter when a prosecutor named Malcolm Bell exposed the cover-up.

Bell traveled a rocky road to a justice of sorts as he sought to prosecute without fear or favor—in spite of a deck that the officials had stacked to keep the police from facing the same justice that had filled the Attica prison in the first place. His insider’s account illuminates the all-too-common contrast between the justice of the privileged and the justice of the rest.

The book also includes information from the recent release of portions of the long-secret Meyer Report, which was commissioned following Bell’s initial allegations of a cover-up. The Attica Turkey Shoot highlights the hypocrisy of a criminal justice system that decides who goes to prison and who enjoys impunity in a nation where no one is said to be above the law.

Malcolm Bell, a former corporate litigator, decided in mid-career to seek greater fulfillment by pursuing criminal law. While serving as a New York State prosecutor, he bravely blew the whistle on the state’s refusal to hold law officers accountable for the extensive torture and murder that they committed during the 1971 Attica prison riot.

Heather Ann Thompson, professor of history at the University of Michigan, has written extensively on the history of mass incarceration. She is the author of Blood in the Water: The Attica Uprising of 1971 and Its Legacy.

“A courageous Mr. Bell reveals the shocking details of his long and arduous journey towards justice.” —Martin Sheen, actor and political activist

$24.99 hardcover (Can. $38.99)
World (W) • CQ 24
ISBN 978-1-5107-1614-8
6” x 9” • 416 pages
10 b/w photographs
History
MARCH
Previous edition: 978-0-39455-020-6
Margaret Combs

HAZARD
A Sister’s Flight from Family and a Broken Boy

A memoir of family, flight, and forgiveness.

Hazard is a poignant, unflinching memoir of the emotional intricacies of growing up with a severely disabled sibling. Margaret Combs shows how her Southern Baptist family coped with the lived reality of autism in an era of ignorance and shame, the 1950s through the 1970s, and shares her own tragedy and anguish of being torn between helping her brother and yearning for her own life. Like many siblings of disabled children, young Margaret drives herself to excel in order to make up for her family’s sorrow and ultimately flees her family for what she hopes is a “normal” life.

Hazard is also a story of indelible bonds between siblings: the one between Combs and her sister, and the deep and rueful one she has with her disabled brother; how he and she were buddies; and how fervently she wanted to make him whole. Initially fueled by a wish that her brother had never been born, the author eventually arrives in a deeper place of gratitude for this same brother, whom she loves and who loves her in return.

MARGARET COMBS is an award-winning journalist who began her writing life as a National Public Radio reporter and education correspondent for the Boston Globe. She is a recipient of both the Associated Press Award for Arts Reporting and the United Press International Award for Best Documentary. Excerpts from her book have appeared in literary magazines, including the North American Review (NAR) and Lost Magazine. She was a finalist for the NAR’s 2015 TORCH Memorial Prize. She lives on Bainbridge Island, Washington.

“In her hauntingly authentic memoir Margaret Combs tells the story of a childhood turned sideways by the discovery of her young brother’s autism. Hazard is a poignant family portrait that is still shot through with light and a profound narrative poise... This family memoir will hold you spellbound.” —Brenda Peterson, author, I Want to Be Left Behind: Finding Rapture Here on Earth
Rod Moss

THE HARD LIGHT OF DAY
An Artist’s Life in the Australian Outback

A rare glimpse into the Australian heartland.

Two years after artist Rod Moss arrived in Alice Springs in Australia’s outback to teach painting, he met an indigenous couple who had set up camp in the gully beside his home. Over the next twenty-five years, his friendship with Xavier and Petrina Neil and the friendships that grew from it with the families of Whitegate, an Arrernte aboriginal camp on the outskirts of town, would nourish and challenge Moss beyond his imagining.

The Hard Light of Day offers a rare insight into the reality of life in the outback, from the contours of the MacDonnell Ranges and the textures and sounds of Arrernte culture to the endemic violence, alcoholism, and ill health that continue to devastate Aboriginal lives. In recalling the relationships and experiences that have shaped his life and work in Alice Springs, Moss reveals the human face behind the statistics and celebrates the enriching, transformative power of friendship. Illustrated with Moss’s evocative paintings and photographs, The Hard Light of Day is an incredible journey into a world that is rarely glimpsed and an artist’s chronicle of the moments that have inspired him.

Rod Moss is an award-winning artist and author, who has chronicled his twenty-five year relationship with Australia’s aboriginal community in his paintings and two books, The Hard Light of Day and One Thousand Cuts. He currently lives in Alice Springs, Australia.

“Rich with anecdote and observation, both confronting and affecting, this is a must-read.” — Big Issue
Carolyn Fox

SOUL RIDER

Facing Fear and Finding Redemption on a Harley

A woman’s journey of empowerment and self-discovery.

This is the story of a woman who went on an incredible journey. Carolyn Fox was a single mother and lawyer haunted with grief and secrets and facing her fiftieth birthday. So she decided to change her life by facing her fears: she bought a Harley, packed it with a sleeping bag and tent, and set out to ride through all fifty states—alone! Soul Rider is her gripping travel and journey memoir, written by a successful woman who realized she would have to make significant changes in the way she lived and thought if she were ever to have a chance to find peace and wholeness. Soul Rider will inspire readers to:

- Believe they can improve the quality of their lives by stepping outside their comfort zones
- Find the courage to ask for forgiveness—first by forgiving others, and then by forgiving themselves
- Recognize that loneliness can be overcome, simply by being the first to say “Hello”
- Learn that it’s okay to admit failures, fears, and guilt. Stuff happens to everyone. Confront those things and discover how quickly personal empowerment flows

Along the way, Carolyn traveled alone but met colorful characters, received positive media attention, discovered who she was, and put more than fourteen thousand miles on her bike. She kept a journal of her adventures, and the result is Soul Rider.

CAROLYN FOX started law school at forty-one, learned to ride a motorcycle at age forty-six, and obtained her private pilot license at sixty. She has also worked as a private investigator and served as a grant writer to help fund nonprofit organizations. The author resides in Lake Oswego, Oregon.

$24.99 hardcover (Can. $38.99)
World (W) • CQ 30
6” x 9” • 256 pages
12 color photographs
Memoir
MARCH
This is the true story of a journey to a seaside town and the always unpredictable torrent of dark escapades that accompany a life at sea. It's a story of a world peopled by those who often live on the frayed edges of society, who shun the world in which most people thrive. It’s a story in which college students and “fish hippies” work in canneries alongside survivalists, rednecks, religious freaks, and deckhands with damning secrets in dangerous waters, driven by the need to feed an insatiable appetite for adventure.

This is the heart of the world Atcheson found himself in at the age of eighteen. Having never even seen the ocean, he took his first job on the frigate Lancer with Darwin Wood, a man so confounding, so complex, and so frightening that it’s hard to believe Atcheson walked away from that job unscathed. Forced to buddy up with a murderer in order to cope, Atcheson began to question his deeply ingrained ideas of success and status. The resulting conflict would finally resolve itself fifteen years later, in the least likely of places: on the Bering Sea, aboard a boat in peril, during a night of terror that would reshape the lives of everyone involved.

Reminiscent of The Perfect Storm and Into the Wild, Dead Reckoning is not only an intimate look at life at sea but also an insider’s view into one of Alaska’s small communities and the myriad of upstarts, dropouts, and rogues that color its landscape.

Dave Atcheson is the author of Hidden Alaska: Bristol Bay and Beyond and the guidebook Fishing Alaska’s Kenai Peninsula. He has written for a variety of periodicals, from Outdoor Life to Boys’ Life, and is a frequent contributor to Alaska magazine and past contributing editor for Fish Alaska magazine. He lives in Sterling, Alaska.
Jenny Baranick

**SARAH PALIN’S EXPERT GUIDE TO GOOD GRAMMAR**

What You Can Learn from Someone Who Doesn’t Know Right from Write

A hilarious, informative guide to language and grammar inspired by America’s favorite maverick.

It would seem to go without saying that a strong understanding of how to use language properly and effectively is a requisite for success in the twenty-first century. And yet, increasingly even some of America’s most prominent public figures and leaders seem to have only the most tenuous grasp of how to put together a coherent sentence or paragraph. No individual could be more representative of this unfortunate national tendency than Sarah Palin—the former governor of Alaska, Fox News pundit, and now campaign surrogate for Donald Trump (another public figure with only a passing familiarity with how to use the English language).

Time and again, Ms. Palin finds ways to bungle basic tenets of vocabulary, syntax, and grammar, often giving speeches or interviews that upon reexamination read more like the drunken ravings of someone unhinged. But it is for this very reason that Ms. Palin can be a great example for all Americans. Often it is only possible to learn from making mistakes, and Ms. Palin has made plenty. This book will be a guide that uses the colorful and chaotic language of Ms. Palin to illustrate key lessons of how (not) to write and speak well.

Jenny Baranick teaches English composition, critical thinking, and a remedial English class called “Writing Skills” at the Fashion Institute of Design and Merchandising. Consistently shocked at the poor grammar of her students, in January 2010, Jenny started the popular blog *Missed Periods and Other Grammar Scares*, which was later turned into a book. She lives in Brooklyn, New York.
THE SMART WORDS AND WICKET WIT OF WINSTON CHURCHILL

A pocket quote book of the indispensable wisdoms from Winston Churchill.

“For myself I am an optimist,” said legendary British politician Winston Churchill. “It does not seem to be much use being anything else.”

Have you ever wanted to deliver the ultimate Churchillian wisecrack? Give sound advice to a peer on how to deal with life’s problems? Or contribute to a heated discussion on international politics? The Smart Words and Wicked Wit of Winston Churchill is the perfect pocket book to carry around in your arsenal as you laugh at Churchill’s devious brand of smarts and learn from his political and humanist outlook on life during the turmoil of the Second World War. Discover what he had to say about domestic politics, war and peace, power, struggles and strife, education, philosophy, and some of the biggest names of his time, including himself.

Beautifully designed and curated, this entertaining collection compiles the wisest and wittiest Churchill quotations that speak of the politician’s enduring legacy in contemporary pop culture. Full of savvy and wisdom, The Smart Words and Wicked Wit of Winston Churchill is sure to delight devoted fans of history and casual readers alike.

Max Morris is the author of a number of quote compilations, including Classic Love Poems for Mothers and Quotable Dickens. Other books in this series include The Smart Words and Wicked Wit of Jane Austen. Morris lives in London.
THE SMART WORDS AND WICKET WIT OF JANE AUSTEN

A pocket quote book of beloved wisdoms from Jane Austen.

Wisdom is better than wit,” said Jane Austen in a letter to Fanny Knight, “and in the long run will certainly have the laugh on her side.”

Have you ever wanted to contribute to a discussion with an astute observation on unrequited love? Give advice to a peer on how to dress for a night out? Or end an argument with a biting quip on feminist politics? The Smart Words and Wicked Wit of Jane Austen is the perfect pocket book to carry around in your bag as you meditate on Austen’s surprisingly modern and perceptive life philosophies set against the backdrop of eighteenth-century mores. Discover what she had to say about style and dress, men and women, love and heartbreak, keeping up with appearances, arts and graces, health and happiness, and more, and stock up your arsenal of wicked and practical wisdoms as you navigate life.

Beautifully designed and curated, this entertaining collection compiles the wisest and wittiest Austen quotations that speak of the novelist’s enduring legacy in contemporary pop culture. Full of sense and sensibility, The Smart Words and Wicked Wit of Jane Austen is sure to delight devoted fans and casual readers alike.

Max Morris is the author of a number of quote compilations, including Classic Love Poems for Mothers and Quotable Dickens. Other books in this series include The Smart Words and Wicked Wit of Winston Churchill. Morris lives in London.
Barrie Dolnick and Anthony H. Davidson

LUCK
Understanding Luck and Improving Your Odds

Have you ever noticed the big part luck seems to play in your life? From early man to today, luck has been prayed for, played with, and courted. It sometimes brings awesome parking spots, a chance meeting with a new love interest, even the winning hand in poker. Where does luck come from? Does one need to be “born lucky” to actually be lucky? Can anything be done to improve on one’s luck? Actually, there is! Authors Dolnick and Davidson investigate both ancient and modern scientific approaches to luck. You’ll learn how ancient practices such as I Ching, astrology, tarot, and numerology have been used by even the most learned scholars to understand luck.

More importantly, once you understand luck, you can use the author’s exclusive Personal Luck Profile so that you can use the wisdom you’ve gathered and try your luck. From rabbit’s feet to four-leaf clovers, people have done a lot of strange things to improve their luck, and now readers of Luck can make smart choices and informed decisions about how to work with theirs.

Barrie Dolnick is the author of twelve previous books—this one’s lucky number thirteen! She works as a consultant and astrologer, in addition to teaching metaphysical concepts to the general public. She is a regular contributor to Match.com’s Happen magazine. She lives in Oxford, England.

Anthony H. Davidson is an attorney and has long studied luck and its effects on risk taking. He lives in New York City.

$16.99 paperback reprint (Can. $25.99)
North America (NA) • CQ 30
6” x 9” • 236 pages
Philosophy & Spirituality
MARCH
Previous edition: 978-0-30734-750-3
Annabel Acton
NEVER LIKED IT ANYWAY
A Fun and Feisty Guide to Beating the Breakup Blues

Ladies, it’s time to break up with the way we’ve been handling breakups.

W e’ve all been there—on the couch cocooned in blankets, puffy-eyed, clutching a pint of Chunky Monkey, and listening to “our song” on repeat as we alternate between fuming and crying. And because we’ve all been there, we’ve also all made the same promise to ourselves: we’re never going back.

Annabel Acton’s Never Liked It Anyway is here to ensure that you keep that promise.

Moving on today is about taking action, and taking it fast. It’s not about lying on a couch and talking it out with a therapist. It’s about throwing yourself back out there, back into the deep end, shaking off that breakup funk and bouncing back to your most fabulous self. After all, the best revenge is not revenge at all—it’s just being spectacularly you.

Never Liked It Anyway is the very first breakup wreck-it-journal designed to unlock your super powers. It’s yours to play with, trash, love, abuse and use—and, of course, have fun with. It’ll get you moving, shaking, working, and twerking out of those breakup blues with a collection of quirky, quick, and future-focused challenges. It’ll shake things up and help you step outside your habitual patterns so there’s no room for moping! And it’ll entertain you with fascinating trivia about random things such as heart metrics, tear production, and even the love lives of animals who definitely had it worse than you.

Dry your eyes, save the ice cream for happier times, and pick up this book instead.

ANNABEL ACTON is the founder of Never Liked It Anyway, the eBay for breakups and number-one place to buy, sell, and tell all things ex. She is a seasoned marketer, having worked as an innovation consultant for ten years in New York, Sydney, London, and Los Angeles. Annabel is passionate about ideas, entrepreneurship, and helping people get on top of their game. She resides in Los Angeles.

“Every recently dumped person needs this website.” —Buzzfeed, on Never-LikedItAnyway.com
Elizabeth Reid Boyd, PhD, and Jessica Moncrieff-Boyd

THE SECRETS OF MINDFUL BEAUTY
Revolutionary Techniques in Anti-Aging and Self-Care

Do you want to look and feel better? Make the mindfulness-beauty connection.

If you think the answer to anti-aging and looking good comes from a jar, a salon, or a surgical procedure—think again. The best beauty treatment is in your own mind.

Did you know:
- Depression can give you wrinkles
- Insomnia can cause sagging skin
- Anxiety can increase reddening and skin rashes
- Stress can result in acne and hair loss?

Discover the secrets of mindful beauty. Lose your permanent frown. Smooth your worried brow without Botox. Turn your sag lines into smile lines. These age-defying techniques have been specially created for a happier, more beautiful you.

Mindful beauty is a way of applying the practices of mindfulness to our physical health and well-being. Many of our routines around beauty lend themselves to mindfulness, and this will not only enhance the experience but also have ongoing positive beautifying effects by reducing the stress and anxiety that can affect how we look and feel.

Elizabeth Reid Boyd, PhD, has degrees in psychology and gender studies. She has taught interpersonal, communication, and personal development skills including meditation, self-awareness, self-care, and mindfulness at the university level for almost two decades. Elizabeth resides in Perth, Australia.

Jessica Moncrieff-Boyd has completed a master's in clinical psychology and is completing her PhD. She has received training in a number of therapeutic disciplines, including cognitive behavioral therapy and mindfulness-based therapy. Jessica lives in Perth, Australia.
Women Healers of the World
The Traditions, History, and Geography of Herbal Medicine

A celebration of the healing traditions that have made yoga, acupuncture, and aromatherapy.

The recent trend toward holistic living has heightened our national fascination with herbal remedies and less conventional therapies such as acupuncture, yoga, aromatherapy, and ethnobotany. Now, this intimate and inspiring book opens up the world of herbal medicine to those interested in learning about the history of these techniques and approaches. Women Healers of the World shares with readers an extraordinary variety of healing plants from around the world that have inspired today’s “alternative” medicine, as well as the stories, challenges, and triumphs of remarkable women healers from past and present—all of whom promote the use of medicinal herbs.

Through this book, herbalist and author Holly Bellebuono aims to educate readers about sixteen plant-based world healing traditions and thirty women who have practiced them. Bellebuono also explores the geography, history, and medical heritage of twenty countries where these traditions originated. With thorough knowledge of the uses and effects of these healing traditions, readers can then move on to featured recipes for herbal remedies they can make in their home kitchens. Following Bellebuono’s instructions, readers will produce remedies such as soothing lip balms, wound pastes, face masks, arthritis oils, relaxing bath salts, and revitalizing teas.

Holly Bellebuono, MPA, CH, CPC, has taught natural health, medicinal herbs, and the history of herbalism, folk medicine, and botany for eighteen years. She is president of Vineyard Herbs Teas & Apothecary LLC on Martha’s Vineyard and is the author of The Essential Herbal for Natural Health. She is also the director of the Heritage & Healing Herbal Studies Program, a member of United Plant Savers and Northeast Herbal Association, and is associated with the North Carolina Herb Association. She resides in West Tisbury, Massachusetts.
Brigid Washington

COCONUT. GINGER. SHRIMP. RUM.
Caribbean Cooking for Every Season

Enjoy these savory, sweet, and always authentic edible treasures.

The recipes in this book highlight seasonal bounties and four major Caribbean flavors, resulting in a basketful of healthy recipes (many vegetarian), which the author refers to as “edible treasures.” This innovative cookbook presents a new way to look at the four seasons through four ingredients that are integral to Caribbean flavors and culture but available everywhere. Coconut, ginger, shrimp, and rum—each boasts unique health benefits but is still a simple and fundamental ingredient that will take any cook through the year, and especially highlight seasonal ingredients!

Each season is divided into “Light Fare,” “Mains,” “To Sip,” and “Sweets.” Recipes include:

- Coconut-Spiced Cashews
- White Coconut Gazpacho
- Rum-Buttered Jerk Wings
- Spring Pea and Ginger Risotto
- Rhubarb and Ginger Challah
- Salsa Verde Coconut Rice
- Grilled Strawberry Ginger Shortcake
- Garlicky Parmesan Shrimp and Fava Bean Ravioli
- Poached Pear Negroni

BRIGID WASHINGTON is a chef and journalist. She was editor-in-chief of the Culinary Institute of America monthly publication Mise en Place, for whom she continues to write on a project basis. She was raised in Trinidad and Tobago with the food and spirit of the West Indian table, but Brigid’s first language is modern American food, focusing on vegetables prepared in new and innovative ways. She resides in Raleigh, North Carolina.

$19.99 hardcover (Can. $30.99)
World (W) • CQ 24
7” x 9 ½” • 192 pages
50 color photographs
Cooking
ebook ISBN 978-1-5107-1494-6
MARCH
Andreas Eenfeldt, MD

LOW CARB, HIGH FAT FOOD REVOLUTION
Advice and Recipes to Improve Your Health and Reduce Your Weight

Join the revolution and eat your way to better health.

Medical science has long turned a blind eye to such stories. But now the tide is changing, as more and more major studies are being conducted on what the body truly needs to survive—and the findings are alarming. The belief in eating less fat and less saturated fat is mistaken. Inadvertently, this advice may be the biggest reason behind the obesity and diabetes epidemic. It’s time to take a stand; it’s time for real food again!

In Low Carb, High Fat Food Revolution, Dr. Andreas Eenfeldt takes the offensive by exploring the severe systematic failures on which many of today’s dietary guidelines are based. For Eenfeldt’s patients, the solution has been a low-carb, high-fat diet that allows you to eat your fill—and still lose weight. The book concludes with a guide section full of tips and recipes—everything you need to start your own food revolution.

Andreas Eenfeldt, MD, is a Swedish medical doctor specializing in family medicine. He’s primarily interested in how food and lifestyle can improve a patient’s health and reduce their medication needs. He also runs one of the largest health blogs in Sweden, dietdoctor.com, and is a frequent lecturer for the public and for health professionals. For his blog, he reports daily about the latest health research, often from international conferences. Eenfeldt’s goal is to spread the word about outdated nutritional information and to push for a food revolution. He resides in Karlstad, Sweden.
Explore beer styles and log your tastings in this compact journal.

The Beer Journal is more than just a journal. This compact guide is a crash course in the many styles of beer and how to approach them in a tasting. Perfect for newcomers to the craft beer scene as well as longtime fans of the beverage, this book is an excellent way to learn about styles you’ve yet to try. These pages are filled with useful information on the beers themselves and tips to having the best tasting experience possible. Author Chris Wright even includes examples of beers on the market to help readers as they navigate the beer aisle. Packed with useful information, this informative guide will teach readers all about:

- The many styles of beer
- Their taste profiles
- What sets one style apart from another
- Origin stories
- Glassware
- Suggested food pairings

The comprehensive tasting logs enable readers to keep track of the details of each particular beer they try—from brewer, beer name, and style to color, flavor, and body. Other worksheets give readers the opportunity to journal their brewery tours and food pairing experiments. From lagers and wheat beers to sours and stouts, The Beer Journal is your guide to a complete tasting experience.

Chris Wright’s passion is beer: the flavor, art, science, community, and business of handcrafted brewing. He discovered full-flavored beer during his tour as an army officer in Germany and developed an appreciation for the scientific process and craft beer community during fifteen years of home brewing. In 2011, Chris founded Pikes Peak Brewing Company. He resides in historic Monument, Colorado.
Visualize, achieve, maintain, and enjoy your “perfect garden” even if you’re living in an imperfect space.

Creating a spectacular garden is challenging when you thought you’d be living somewhere else by now. How do passionate gardeners struggling with limited resources manage to put aside feelings of inadequacy and envy and begin to create an oasis in the midst of numerous obstacles? Why should they even try?

In her debut book, *Big Dreams, Small Garden*, columnist and blogger Marianne Willburn presents a comprehensive step-by-step plan for creating an ideal garden in less-than-ideal circumstances—encouraging the discouraged to pick up their trowels, put on their gloves, and get on with it.

With humor and irreverence, she painlessly guides readers to make a deeper connection with the places they call home, letting go of limiting emotions and embracing a new perspective, and in doing so, makes a case for one of the longest relationships in human history: man’s relationship with the soil.

*Big Dreams, Small Garden* is an informative, often lighthearted look at coming to terms with your space, embracing it, and miraculously falling in love. It cannot fail to appeal to a generation that is once again returning to the land only to find that it is further and further out of reach.

**MARIANNE WILLBURN** is a garden columnist and master gardener with more than twenty years of experience in the garden. She holds a BSc from University College London and has won several national awards for her popular column and blog, *The Small Town Gardener*. A California native, she now lives with her husband and two children in the scenic—and highly convenient—wine region of Northern Virginia.
THE JOY OF KEEPING GOATS
The Ultimate Guide to Dairy and Meat Goats

If you dream of becoming a goat farmer, this practical guide will give you a head start; the goats will teach you the rest.

What’s not to love about goats? They will feed you, clean up the overgrown mess in the fields, and take long hikes with you while carrying your supplies. They will make you laugh when you’re sad, provide extra income for even the smallest farm, carry you to town and back in a little cart, and perhaps best of all, they will gaze upon your face with earnest adoration.

If you have dreams of becoming a goat farmer, *The Joy of Keeping Goats* can help you turn that dream into a reality. In this comprehensive manual you’ll learn about the different goat breeds as well as everything from goat housing systems to feeding, health, and breeding.

For those who are excited about the prospect of keeping goats for their deliciously sweet milk and low-fat, nutritious meat, author Laura Childs will walk you through the milking process, and then offer suggestions for what to do with all that milk (goat milk feta cheese anyone?), and provides a recipe for curried goat, a traditional Caribbean dish.

As you embark on this adventure, you’ll discover the joy in keeping them, learning about their care, and getting to know each goat’s individual personality.

Laura Childs, a self-professed city girl of thirty years, cashed out her savings and moved to the country with her newborn daughter. With the purchase of a neglected homestead, a few goats that no one else wanted, and a dozen hens, mother and daughter began their adventures of living off the land. After twenty years of farm life, Laura has moved closer to town with plans to return to her farming ways in retirement. The author lives in Ontario, Canada.

$14.99 paperback reprint (Can. $22.99)
World (W) • CQ 24
ISBN 978-1-5107-1652-0
6” x 9” • 256 pages
100 color photographs
Nature/Animals
MARCH

Previous edition: 978-1-61608-300-7
There is little about the remote town Grand Lake Stream, in eastern Maine, and its surrounding lakes that Randy Spencer doesn’t know like the back of his hand. Spencer, a master Maine guide, has learned from the best and has enough experience as a hunting and fishing guide to fill several lifetimes.

Wide and Deep transports readers to remote backwoods and crystal clear lakes. At its most remote, rural Maine is truly breathtaking in its natural beauty, and Spencer is unrivaled in his ability to capture like no other the experiences of fishing and hunting in some of the most hidden and undisturbed areas in the world.

The relationship between a sport and his guide is an ongoing conversation, one that can last hours, days, and even years. The company you offer is just as valued as the company you keep. Whether they are stories of joy or of pain, there is nothing like listening to Randy Spencer, and Wide and Deep perfectly captures the moments on the water that people wait their entire lives for and spend the rest of their lives remembering.

Randy Spencer is a master Maine guide based out the Maine town of Grand Lake Stream. In addition to guiding, he is a freelance writer, a songwriter, and a voiceover artist. Yankee Magazine named Spencer one of the “25 People You Need to Meet Most This Summer.” He is the multiple award-winning author of two nonfiction collections, Where Cool Waters Flow and Wide and Deep.

$14.99 paperback reprint (Can. $22.99)
World (W) • CQ 30
ISBN 978-1-5107-1432-8
6” x 9” • 272 pages
Sports/Outdoors
MARCH
Previous edition: 978-1-62873-639-7
Malcolm Nance and Chris Sampson

HACKING ISIS
The War to Kill the Cyber Jihad

From New York Times bestselling author Malcolm Nance and Chris Sampson, a must-read on ISIS’s cyber-terrorism and the war being waged to stop it.

This book is written by two of the leading terrorist experts in the world—Malcolm Nance, NBC News/MSNBC terrorism analyst, and Chris Sampson, cyber-terrorism expert. Nance is a thirty-five-year practitioner in Middle East special operations and terrorism intelligence activities. Sampson is the terrorism media and cyber warfare expert for the Terror Asymmetric Project and has spent fifteen years collecting and exploiting terrorism media against its creators. For two years, their Terror Asymmetrics Project has been attacking and utilizing intelligence found on ISIS Dark Web operations.

Hacking ISIS will explain and illustrate in graphic detail how ISIS produces religious cultism, recruits vulnerable young people of all religions and nationalities, and disseminates their brutal social media to the world. More, the book will map out the cyberspace-level tactics on how ISIS spreads its terrifying content, how it distributes tens of thousands of pieces of propaganda daily and is winning the battle in cyberspace, and how to stop it in its tracks.

Hacking ISIS is uniquely positioned to give an insider’s view into how this group spreads its ideology and brainwashes tens of thousands of followers to join the cult that is the Islamic State and how average computer users can engage in the removal of ISIS from the internet.

Malcolm Nance is a globally recognized counterterrorism expert and intelligence community member who has been deployed to intelligence operations in the Balkans, the Middle East, and sub-Saharan Africa. He is the author of Defeating ISIS, The Plot to Hack America, and the Terrorist Recognition Handbook and appears regularly on MSNBC. Nance lives in Philadelphia, Pennsylvania. Nance was named a Genius for the Third Annual MSNBC and 92Y “7 Days of Genius” Festival in March 2016.

Chris Sampson is an expert in multimedia and terrorist use of cyberspace. He maintains the Terrorpedia database of the Terror Asymmetrics Project on Strategy, Tactics, and Radical Ideologies (TAP-STRI) along with spearheading that group’s Terror Counter-Ideology Disrupt and Eliminate project. Sampson has been featured on the BBC as well as numerous radio broadcasts and newspapers.
Ori Z. Soltes

UNTANGLING THE MIDDLE EAST
A Guide to the Past, Present, and Future of the World’s Most Chaotic Region

UNTangling the Middle East is a layman’s guide to the history—political, religious, and cultural—that led us to the current challenges plaguing the Middle East. It covers the major interests and actors in the region, and helps to spin a narrative of the evolution of violence and conflict in this age-old hotbed of unrest.

There are no easy answers or simple explanations to be found here, only a clear-eyed and engaging recounting of the many factors that have brought this region to where it is today. Whether he is discussing the history of the Semitic peoples or the birth of Islam in the region, Soltes brings insight and much needed context to the people, places, and things that make up the inheritance of today’s Middle East. He possesses the historian’s appreciation for detail and the teacher’s knack for fashioning coherence out of complex material. This book should be a go-to resource for a solid foundation in understanding the Middle East and a bulwark against the disinformation regarding this region that is often found on cable television or in speeches on the campaign trail.

The Middle East may be a mess, but it need not be a mystery, with the help of this indispensable guide.

ORI Z. SOLTES is the Goldman Professoral Lecturer in Theology and Fine Arts at Georgetown University and is a regular lecturer at the Smithsonian Institution. He is the editor-in-chief of the Shengold Jewish Encyclopedia online and the former chief curator of the B’nai B’rith Klutznick National Jewish Museum. He currently lives in Bethesda, Maryland.

“Ori Soltes navigates through the tangled web of Middle Eastern history and politics with grace and remarkable sharpness of analysis.”—Ermal Hitaj, board member of the Rumi Forum and former director of the Center for Democracy and Human Rights
Phillip Thomas Tucker, PhD  
ALEXANDER HAMILTON’S REVOLUTION  
His Vital Role as Washington’s Chief of Staff  

A unique glimpse at Alexander Hamilton’s crucial role in the American Revolution.

Sold-out crowds every night enjoy the smash hit *Hamilton* on Broadway, which presents a fact-filled and entertaining glimpse into the patriot’s life. But very few of us know about Lieutenant Colonel Alexander Hamilton, General George Washington’s trusted military advisor.

Despite his less-than-promising beginnings as the only Founding Father not born and raised on American soil, Hamilton was one of the best and brightest of his generation. His notoriety has rested almost entirely on his role as secretary of the treasury in Washington’s administration, yet few realize that Washington and Hamilton’s bond was forged during the Revolutionary War. *Alexander Hamilton’s Revolution* is the first book to explore Hamilton’s critical role during the battle for independence. New information presents a little-known and under-published aspect of Hamilton’s life: that he was not only Washington’s favorite staff officer but also his right-hand man for most of the Revolution, serving as chief of staff from 1777 to early 1781.

While he found this position rewarding, Hamilton continually asked Washington for a field command. Hamilton’s wish was granted at the decisive battle of Yorktown, where his infantry battalion charged on the defensive bastion on Cornwallis’s left flank. Hamilton’s capture of this position, while French forces captured the adjacent position, sealed Cornwallis’s fate and forced his surrender, and ultimate Colonial victory.

The entire patriotic cause benefitted immeasurably from the advice and strategies provided to Washington by his youngest staff officer, Alexander Hamilton. Now, those critical contributions are brought to light in *Alexander Hamilton’s Revolution*.

PHILLIP THOMAS TUCKER, PHD, is the author of the acclaimed Skyhorse books *George Washington’s Surprise Attack, How the Irish Won the American Revolution, Pickett’s Charge*, and *Death at the Little Big-born*. After earning his PhD in 1990, he took a position as civilian historian with the Department of Defense. The author resides near Washington, DC, in Upper Marlboro, Maryland.
Five years ago, Jennifer Jansch had a dream: to start her own environmentally friendly business—but there was a slight problem. She didn’t have a concrete idea of where to begin. Dreamcatcher is her success story of her sustainable fashion startup, Bag-all, which she launched on a shoestring budget out of her living room in two short years. Today, Bag-all retails its customized, reusable bags throughout the United States, as well as in twenty-five countries around the world.

Lavishly designed and deeply personal, Dreamcatcher is a hybrid how-to business guide and inspirational book that provides an invaluable road map for any layperson with a passion who may not have business training—it presumes only that you begin with a dream (even if you have no idea what it looks like) and takes on the journey from there. Through the story of Bag-all, learn the tips and tricks behind:

- Discovering the right idea for your business
- Starting on a shoestring budget
- Creating products without prior knowledge
- Marketing and selling your brand
- Having the courage to do business your way
- And more!

This intimate and step-by-step account of the challenges and joys of launching one’s own business encourages readers to chart their own course, trust their own instincts, realize their dream, and discover their life purpose.

Jennifer Jansch is the founder of Bag-all, an environmentally friendly fashion startup that sells customizable and reusable bags. With a print shop in Brooklyn and a flagship store in Manhattan, Bag-all has also expanded to twenty-five countries around the world. Jansch lives with her husband and three daughters in New York City.
Adam Selzer

H.H. HOLMES
The True History of the White City Devill

A chilling look at America’s first and most notorious serial killer and his diabolical killing spree during the 1893 World’s Fair in Chicago.

H.H. Holmes: How a Murderer Became a Devil is the first truly comprehensive book examining the life and career of a murderer who has become one of America’s great supervillains. It reveals not only the true story but how the legend evolved, taking advantage of hundreds of primary sources that have never been examined before, including legal documents, letters, articles, and records that have been buried in archives for more than a century.

Though Holmes has become just as famous now as he was in 1895, a deep analysis of contemporary materials makes very clear how much of the story as we know it came from reporters who were nowhere near the action, a dangerously unqualified new police chief, and, not least, lies invented by Holmes himself.

Selzer has unearthed tons of stunning new data about Holmes, weaving together turn-of-the-century America, the killer’s background, and the wild cast of characters who circulated in and about the famous “castle” building. This book will be the first truly accurate account of what really happened in Holmes’s castle of horror.

Exhaustively researched and painstakingly brought to life. H.H. Holmes will be an invaluable companion to the upcoming Martin Scorsese and Leonardo DiCaprio movie about Holmes’s murder spree based on Erik Larson’s The Devil in the White City.

ADAM SELZER is the host of the Mysterious Chicago blog, podcasts, and tours, and has spent many years researching the more gruesome side of Chicago history—criminals, ghost stories, gangsters, mysteries, and folklore. He regularly writes Chicago history stories for websites such as TimeOut.com and Atlas Obscura, and speaks about it on WGN radio. He lives in Chicago.
Roger Stone and Saint John Hunt

THE BUSH CRIME FAMILY
The Inside Story of an American Dynasty

The true story about one of America’s scariest political dynasties from New York Times bestselling author Roger Stone and Saint John Hunt.

The Bush Crime Family smashes through the layers of lies and secrecy that have surrounded and protected our country’s most successful political dynasty for nearly two centuries. In Stone’s usual “go for the jugular” style, this is a no-holds-barred history of the Bush family, composed of smug, entitled autocrats who both use and hide behind their famous name. They got a long-overdue taste of defeat and public humiliation when Jeb’s 2016 presidential bid went down in flames.

Besides detailing the vast litany of Jeb’s misdeeds—including receiving a $4 million taxpayer bailout when his father was vice president as well as his startlingly close alignment with supposed “enemy” Hillary Clinton—Stone travels back to Bush patriarchs Samuel and Prescott, right on through to presidents George H. W. and George W. Bush to weave an epic story of privilege, greed, corruption, drug profiteering, assassination, and lies. A new preface to this paperback edition features explosive information, including the family’s Machiavellian plan to propel Jeb’s son George Prescott Bush forward as the family’s next political contender.

The Bush Crime Family will have readers asking, “Why aren’t these people in prison?”

ROGER STONE has served as a senior campaign aide to three Republican presidents before leaving the GOP for the Libertarian Party. He is the author of the New York Times bestseller The Man Who Killed Kennedy: The Case Against LBJ, as well as The Clintons’ War on Women (both published by Skyhorse Publishing). He lives in South Florida.

SAINT JOHN HUNT is an author, a musician, and the son of the infamous and legendary CIA covert operative and author E. Howard Hunt. Saint John spent more than ten years searching for the truth about his father’s involvement in JFK’s death, resulting in his first book, Bond of Secrecy. In his next book, Dorothy, he explored his mother’s life as a CIA spy and her war with Nixon, which resulted in her murder. He lives in South Florida.
Alan Bell  
Foreword by Jan Schlichtmann  

**POISONED**

*How a Crime-Busting Prosecutor Turned His Medical Mystery into a Crusade for Environmental Victims*


---

After years of prosecuting hard-core criminals, rising legal star Alan Bell took a private sector job in South Florida’s newest skyscraper. Suddenly, he suffered such bizarre medical symptoms, doctors suspected he’d been poisoned by the Mafia. Bell’s rapidly declining health forced him to flee his glamorous Miami life for a sterile bubble in the remote Arizona desert.

As his career and marriage dissolved, Bell pursued medical treatments in a race against time, hoping to stay alive and raise his young daughter. He eventually discovered he wasn’t poisoned by a criminal but by his office building. His search for a cure led him to discover the horrifying truth: his plight was just the tip of the iceberg. Millions of people fall ill and die each year because of toxic chemical exposure—without knowing they’re at risk.

Bell chose to fight back. Despite his precarious health, he began collaborating with top scientists dedicated to raising awareness about this issue and finding treatments for victims. Meanwhile, his daughter miraculously found the one doctor who helped him. As Bell’s health improved, he teamed up with other lawyers to avenge other victims in court.

This riveting book puts a human face on the hidden truths behind toxic dangers assaulting us in our everyday environments—and offers practical ways to protect ourselves and our children.

**Alan Bell** is an attorney who prosecuted drug and homicide cases for the state of Florida before developing multiple chemical sensitivity. He is the founder of the Environmental Health Foundation, which advocates for victims of environmental injury. Alan lives in Capistrano Beach, California.

---

**Advance Reading Copies**  
**Comprehensive coverage in traditional and new media**  
**Co-op available**

---

$25.99 hardcover (Can. $39.99)  
World (W) • CQ 30  
ISBN 978-1-5107-7026-4  
6” x 9” • 292 pages  
Health  
APRIL
David Wayne

AMERICAN CORPORATE CONSPIRACIES
How Big Business Hijacked Our Democracy

It’s about time that “We the People” did something about big business!

Here is an explosive account of wrongful acts perpetrated, and the ensuing cover-ups inflicted upon us, by American corporations. Bestselling author David Wayne exposes the ways that the capitalist regime has got us under their thumbs—from the mainstream media and its control over us, to the trillions stolen by big banks and mortgage companies during the mortgage crisis, to the scams perpetrated by Big Oil and Big Pharma. American Corporate Conspiracies takes aim at those who take advantage of us little guys and kick us to the curb when our usefulness has expired.

Probably most disturbing is the book’s examination of politics and capitalism teaming up against us—how politicians and lobbyists all have their hands in each other’s pockets while stabbing us in the back, and how America’s biggest export as of late is perpetual war.

This is a decidedly different side to the stories we’ve all heard and read about in the New York Times and the Wall Street Journal. You may not believe everything you read in American Corporate Conspiracies, but it is guaranteed to make you think twice about being enslaved and cheated by corporate America.

DAVID WAYNE has been an investigative journalist for more than twenty-five years and specializes in the microanalysis of media events. He is coauthor of the New York Times bestsellers Dead Wrong and Hit List, with Richard Belzer, and They Killed Our President: 63 Reasons to Believe There Was a Conspiracy to Assassinate JFK, with Jesse Ventura and Dick Russell. He resides in Honolulu, Hawaii.
**Arabella Carter-Johnson**

**IRIS GRACE**

*How Thula the Cat Saved a Little Girl and Her Family*

The miraculous story of a young autistic girl, her paintings, and the cat that changed her life.

Iris Grace is a beautiful six-year-old girl who is severely autistic. From a very young age she barely communicated, avoided social interaction with other people, and rarely smiled. From both before her diagnosis and after, she seemed trapped in her own world, unable to connect with those around her.

One day, her mother brought home a Maine Coon kitten for Iris, and all of their lives changed. Thula, named after one of Iris’s favorite African lullabies and meaning “peace” in Zulu, immediately bonded with Iris. Thula knew right away how to assuage Iris when she became overstimulated; when to intervene when Iris became overwhelmed; and how to provide distraction when Iris started heading toward a meltdown. Whether swimming or accompanying the family on a bike ride, Thula became so much more than a therapy cat. With Thula's safe companionship, Iris began to talk and play and interact with her family.

This heartwarming story of how the bond between a child and a cat saved a family is illustrated with sixty of Iris’s stunning impressionistic paintings. Beginning at age three, Iris has painted gorgeous watercolors that allow her to express herself, paintings that have helped raise awareness of autism. Thula sits by her side as she paints for hours for peace and relaxation.

*Iris Grace* follows the struggles and triumphs of a family—and a miracle cat—as they learn to connect with an amazing child.

**Arabella Carter-Johnson** is Iris Grace’s mother and a professional photographer whose work ranges from family portraits and landscapes to wedding photography. She has documented her daughter’s life through diary entries and photographs and this book. She resides in the United Kingdom.
Gary Player

GARY PLAYER’S BLACK BOOK
50 Tips on Golf, Business, and Life from the Black Knight

Lessons on golf, life, and business from one of the world’s most celebrated athletes of all time!

Gary Player’s Black Book contains fifty questions and detailed responses from eighteen-time major winner Gary Player. The book, divided into three parts, focuses on specific scenarios and problems that arise in golf, life, and business.

In the first section on golf, topics include putting, scoring, etiquette, the mental side of the game, and fitness and nutrition. In the section on life, Player, the father to six and grandfather to twenty-two, addresses issues such as parenting, who to turn to when in need of advice, and more. Finally, in the section on business, he details how to deal with competition, among other topics. Player responds to questions such as:

- Golf: How do I play a bunker shot from a plugged lie?
- Life: I feel like I’ve lost the passion for what I do. How do I get that back?
- Business: When people criticize my work I take it very personally. How do you handle criticism?

The 2012 recipient of the PGA Tour Lifetime Achievement Award, Player draws from both on and off the course experiences dealing with competitors, businesspeople, and family. In doing so, he offers a unique glimpse into handling adversity with regard to these relationships. The advice that he offers is invaluable to fans of all ages.

GARY PLAYER has won 167 professional golf tournaments worldwide and is one of only five men to capture golf’s coveted career Grand Slam. He won nine Major championships on the PGA Tour and nine Major championships on the Senior Tour, and is the only player in history to complete the career Grand Slam on both tours. In recognition of his achievements in golf as well as his dedication to charity, Player has received numerous awards, including the Laureus Lifetime Achievement Award and South African Sportsman of the Century. In 2016, he captained the South African Olympic Golf Team in Rio de Janeiro, Brazil.
Ben Hogan made hitting a golf ball look easy, and the results spoke for themselves. But Hogan’s “swing system” is as complex as a spider’s web; the variables and connections are never-ending. In *Ben Hogan’s Tips for Weekend Golfers*, Hunt presents a selection of simple but valuable tips, based on the legendary golfer’s secret to a competitive golf swing.

The book is intended for the recreational golfer, not the tournament player who has unlimited time to practice. It distills Hogan’s observations concerning the vital components of a golf swing—one at a time—and presents them as simply as possible. Each tip is illustrated with a series of photographs, which clearly show the proper grip, stance, backswing, and follow-through. The author addresses these important golfing concepts:

- What powers the takeaway?
- When and how do the wrists hinge?
- What is your first move down from the top of the backswing?
- What is the action of the back knee?
- When does the lead knee straighten?
- How do you connect the arms to the torso?
- How do you maximize power through proper timing in the contact zone?
- What are the two benefits of “hovering” the putter and the driver?
- How can fifteen minutes a day at your home significantly improve 55 percent of your game?

In *Ben Hogan’s Tips for Weekend Golfers*, Ted Hunt makes the intricate Hogan system accessible and presents it in a way that “the Hawk” himself might have if he were instructing a club member out on the course.

Ted Hunt is a lifelong golfer with more than fifty years of experience on the course. He holds two degrees in kinesiology and a doctorate in history. The author of *Ben Hogan’s Short Game Simplified*, he lives in Vancouver, British Columbia, Canada.
Laurie A. Watkins
FROM STRESS TO STRENGTH
Health and Fitness Advice from High Achievers

Proven health and fitness tips to help manage high-stress lifestyles.

From Stress to Strength is about the war with the unhealthy habits of our stressful lives. Watkins provides readers with practical and proven tools designed by health and wellness experts to get on the path to a healthy lifestyle in a 24-7 world. Prompted by Watkins's own experiences while working inside the world of two presidential campaigns and other high-stress working environments, she shares her own stories as well as stories from prominent men and women across a wide range of industries on their experiences and how they came out the other side. Bestselling author Bill Nye “the Science Guy,” former NFL linebacker Keith Mitchell, 2016 CrossFit Games competitor and RN Christy Adkins, professional speaker and Army veteran Dan Nevins, restaurateur Jamie Leeds, and former White House staffer Phil Larson are some of the many voices featured.

From Stress to Strength is for everyone with a busy lifestyle who thinks they can’t fit in being healthy—whether a CEO, a full-time student, a CPA during tax season, or a full-time parent. Watkins reveals how to handle specific challenges to health—sleep deprivation, snacking instead of eating meals, and so on. In doing so, she encourages readers to seize control of today to give them the energy and strength to make it through the next day, and the day after, and the day after that.

Laurie A. Watkins is an accomplished writer, senior executive, and seasoned political strategist. She has worked on two presidential campaigns, served in positions from Capitol Hill to the Pentagon, and more recently worked as a member of the National Academy of Science’s Transportation Research Board UAS Subcommittee. A native Floridian, Laurie currently lives in Washington, DC, with her dog Whiskey Bravo.
A silent epidemic in the United States is imperiling our health and threatens to bankrupt our health-care system: over-medication. Today, one-third of all adults take two or more prescription drugs, and half of all seniors take more than five daily. This book—the first of its kind—tackles the epidemic overuse of prescription drugs.

The first half of the book describes the dangers of taking too many drugs, including drug-drug interactions, medication errors, unintentional overdoses, unnecessary medications, made-up illnesses ("restless leg syndrome"), and side effects that actually mimic a new illness.

The second half discusses the benefits and harms caused by many of the most popular drugs used to treat diseases, such as high blood pressure, diabetes, high cholesterol, acid reflux, depression, and pain. It tells which drugs are really needed and whether or not they cause side effects.

Finally, readers will learn how to discuss their concerns about too many medications with their health care providers, simple ways to make positive lifestyle changes, and when to consider alternative healing approaches.

Combining stories of those who have suffered ill effects from taking too many drugs with data from cutting edge medical findings, *Do You Really Need That Pill?* helps readers realize they can choose different solutions to their health problems.

**Jennifer Jacobs, MD, MPH**, is a family practice physician specializing in holistic medicine. She is also a clinical assistant professor in epidemiology at the University of Washington School of Public Health and Community Medicine. She has served on the advisory board of the NIH Office of Alternative Medicine, cofounded the special interest group of the American Public Health Association on Complementary and Alternative Health Practices, and is a current advisory board member of the monthly magazine *Natural Health*. Dr. Jacobs resides in Tucson, Arizona.
Every year millions of Americans are told by an orthopedic surgeon that the only way to successfully get rid of their knee pain is to undergo some form of knee surgery. But so many of these procedures could have been avoided if the patient was fully informed regarding all the intricacies of his or her condition.

In *A Patient’s Guide to Unnecessary Knee Surgery*, respected orthopedic surgeon Ronald P. Grelsamer intricately and accessibly conveys all the information regarding the knee and surrounding areas that any person suffering from knee pain would ever need to know in order to make an informed decision about treatment for his or her condition. Within this guide, you’ll find chapters on pertinent topics such as:

- Reasons behind some of the leading causes of knee pain
- Tips on how to understand the results of an MRI
- Exercises to boost your knee health
- Advice on how to find the best doctor for your needs
- And ten other areas of knee-related health

So if you’re suffering from knee pain, make sure to you grab *A Patient’s Guide to Unnecessary Knee Surgery* before you decide to undergo surgery.

Alison Wolf
Foreword by Chrystia Freeland

THE XX FACTOR
How the Rise of Working Women Has Created a Far Less Equal World

Noted academic and journalist Alison Wolf examines how a new female professional elite is changing the world in yet unexamined ways.

The gender gap is closing. Today, for the first time in history, tens of millions of women are spending more time at the boardroom table than the kitchen table. These professional women are highly ambitious and highly educated, enjoying the same lifestyle prerogatives as their male counterparts. They are working longer and marrying later—if they marry at all. They are heading Fortune 500 companies and appearing on the covers of Forbes and Businessweek. They represent a special type of working woman—the kind who doesn’t just punch a clock for a paycheck but derives self-worth and pleasure from wielding professional power.

At the same time that the gender gap is narrowing, the gulf is widening among women themselves. While blockbuster books such as Lean In focus only on women in high pressure jobs, in reality there are four women in traditionally female roles for every Sheryl Sandberg. In this revealing and deeply intelligent book, Alison Wolf examines why more educated women work longer hours, why having children early is a good idea, and how feminism created a less equal world. Her ideas are sure to provoke and surprise, as she challenges much of what the liberal and conservative media consider to be women’s best interests.

ALISON WOLF is currently the Sir Roy Griffiths Professor of Public Sector Management at King’s College, London. She also advises the UK government on education policy. She lives in London.

“Provocative and vital.” —Publishers Weekly (starred review)

$17.99 paperback reprint (NCR)
United States (US) • CQ 24
ISBN 978-1-5107-1838-8
6” x 9” • 420 pages
Social Science
APRIL

Previous edition: 978-0-307-59040-4
The rapid aging of the American population and its accompanying epidemic of dementia and Alzheimer’s disease has brought about an awareness of the increasing vulnerability of our elders. Taking care of our parents and protecting them from exploitation and abuse at the hands of others can evolve into a virtual full-time occupation, especially among today’s baby-boomers. The Family Guide to Preventing Elder Abuse provides a practical manual to help prepare the reader for the challenges that arise as our parents begin to lose their independence.

In each chapter of this guide, a nationally recognized expert provides specific advice regarding effective actions that can be taken in order to protect loved ones in every area of their lives. They offer practical answers to such questions as:

- What qualities should you look for in a caretaker?
- What are the pros and cons of trusts and guardianships?
- Who do you go to if you suspect abuse of any kind?
- How do you best protect your own rights so that you can preserve the rights of your loved one?
- What should you know about dealing with hospital staff when it comes to making end-of-life decisions?

The Family Guide to Preventing Elder Abuse addresses every personal, medical, financial, and legal consideration that may arise for adult children of a senior citizen.

Tom Wright is a prize-winning documentarian and author whose works have dealt with urgent and emerging social justice issues, including PTSD in the military, judicial reform, and urban American gangs. His films have toured with the Human Rights Watch International festival and been broadcast worldwide on the Discovery Channel. He lives in Mercer Island, Washington.
You’ve had a kid or two . . . or three. Now, every time you look in the mirror you ask yourself, “Who the hell is that tired, washed out woman looking back at me?” What happened to the stylish, stiletto-wearing woman who prided herself on living the fabulous life? It’s time to reclaim your pre-baby body, mind, and mojo. No more sulking, stressing, or resenting other moms who have it more together than you and wondering how they do it. *Motherhood Is a B#tch!* tells you how YOU can do it.

This guide tells it like it is and explains how women lose their sense of self once they have children and why it’s so important to reclaim it. *Motherhood Is a B#tch!* tackles the toughest issues facing moms today and empowers you to regain your once fierce and fab self. In the end, you’ll be happier, healthier, and hotter than ever.

*Motherhood Is a B#tch!* is the modern mom’s bible for dealing with the day-to-day chaos with style and grace. It’s written for the stressed out working mom and the harried stay-at-home mom, who have sacrificed their lives, careers, bodies, and sanity to become moms. And, honey, it’s time to take it all back!

**Lyss Stern** wears many hats—she’s “the mommy whisperer,” columnist, and a mompreneur. She created Divalysscious Moms as a way to get her groove back after giving birth to her first child and help other mothers find themselves post-baby. Today, DivaMoms is the premier network and event company for the New York area’s well-heeled moms. Stern lives in New York City with her husband, Brian, their two sons, Jackson and Oliver, and their daughter, Blake.

**Sheryl Berk** is a *New York Times* bestselling author several times over. She is the founding editor in chief of *Life & Style Weekly* and senior entertainment editor for *A&E Biography* and *McCall’s*. Berk has collaborated with celebs on their memoirs/lifestyle books and is the coauthor (with her twelve-year-old daughter, Carrie) of a bestselling children’s chapter book series. Berk lives in New York City with her husband and daughter.
THE FAB MOM’S GUIDE
How to Get over the Bump and Bounce Back Fast after Baby

The perfect guide for the modern new mom who wants to keep her head, her spirit, and her heels high after pregnancy.

Bouncing back fast after having a baby is absolutely possible for anyone!

Affectionately known as The FAB Mom on-air and online, Jill Simonian uses her trusted and entertaining expertise to set expecting and new moms on a distinctive, no-frills journey to help them “get over the bump” and bounce back fast after having a baby. Jill’s frank tricks, somewhat against-the-grain tips, and laugh-out-loud tales involving famous names provide first-time moms a unique roadmap for managing and conquering the lifestyle challenges a newborn often brings.

*The FAB Mom’s Guide* offers a motivational style and practical solutions to inform, inspire, and empower even the most uncertain of new moms. From hanging an oversized mirror in your kitchen to opting out of nursing to spending entire days wearing only your underwear and beyond, Jill Simonian can help a new mother get organized, have fun, and feel in control, happy, and reinvented within six months of having a baby.

Encouraging women to tune out the drama and arming them with useful talk and tools to minimize exhaustion and maximize focus, Jill uncovers and reshapes the status quo for how FAB (an acronym for: Focused After Babies) a new mom’s sense of self and life can truly be.

Jill Simonian is founder of TheFABmom.com and a national favorite parenting and lifestyle media personality. Every week, Jill discusses hot-topic family issues and lifestyle trends on CBS Los Angeles and is also a featured contributor for NBC’s *Today* show Parenting Team, is a commentator for HLN’s *The Daily Share*, and contributes to a variety of popular parenting websites. She lives in Los Angeles, and has a blast keeping life focused and as close to fabulous as possible with her husband and two young daughters.

$19.99 hardcover (Can. $30.99)
World (W) • CQ 30
5 ½” x 8 ¼” • 240 pages
10 b/w illustrations
Family & Childcare
APRIL
Yuval Abramovitz

THE LIST
Shout Your Dreams Out Loud to Make Them Come True

Make your dreams a reality—simply by asking for help.

REFRESHINGLY HONEST, FAST-PACED, AND FULL OF HUMOR, THE LIST IS FULL OF PRACTICAL ADVICE AND INSPIRATION THAT WILL HELP YOU ACHIEVE YOUR GOALS. ALREADY AN INTERNATIONAL BESTSELLER, THE BOOK BEGAN AS A LIST OF TEN THINGS THE AUTHOR WANTED TO ACCOMPLISH IN FOUR HUNDRED DAYS. HE POSTED THE LIST ON HIS BLOG AND ASKED FOR HELP—AND WITHIN TWENTY-FOUR HOURS WAS OVERWHELMED BY RESPONSES. THE KEY IDEA IS AS SIMPLE AS IT IS POWERFUL—LET OTHERS KNOW ABOUT YOUR DREAMS AND THEY WILL HELP YOU ACHIEVE THEM.

Why do some people succeed where others fail? What makes some push past their financial hardships while others lag behind? What is holding you back? Yuval Abramovitz provides thought-provoking true stories, tips, insights, and techniques to show readers how to move past roadblocks, ask and receive help, and reach even the loftiest of goals.

The List is filled with exercises and prompts for lists that help you make your dreams a reality. The author’s journey—from writing his first list in a wheelchair to becoming a well-known author, cultural reporter, actor, and media personality—and the stories of people around the world using his method to achieve success prove that this is a motivational book that truly works.

Yuval Abramovitz is an actor, radio host, writer, and entrepreneur. He has published five bestselling books in Israel, including The List. He resides in Tel Aviv, Israel.

$21.99 hardcover (Can. $33.99)
World (W) • CQ 30
ISBN 978-1-5107-1845-6
6” x 9” • 208 pages
36 color illustrations
39 b/w photographs
Psychology
ebook ISBN 978-1-5107-1847-0
APRIL
Jeffrey B. Rubin, PhD
THE ART OF FLOURISHING
A Guide to Mindfulness, Self-Care, and Love in a Worrisome World

Discover how to cultivate the garden of relationships while nourishing your true self.

In this crazy world, we desire lasting intimacy—a close and deep-rooted relationship with someone who cherishes us. But too often being in an intimate relationship means we have to compromise, or lose, vital aspects of ourselves. How can we avoid sacrificing our own self-care to get the love we want?

In this pioneering, surprising, and deeply revealing exploration of the self and how it manifests itself in relationships, Dr. Jeffrey Rubin brings the art of flourishing to life. His idea is startlingly simple: self-care is the foundation of intimacy, and intimacy is the culmination of self-care. Synthesizing the best practices from the traditions of Eastern meditation and Western psychotherapy, Rubin creates a new and accessible path to living authentically as a singular self and as part of a couple. Drawing from case studies and personal experiences, Rubin demonstrates how to discover our purpose, nurture empathy and mutual respect, and uncover barriers to intimacy—the hidden emotional weeds that kill passion.

The Art of Flourishing helps us cultivate a garden of love where we can grow as individuals and nourish our connections with others. As we flourish, we widen our horizon of possibility, deepen our humanity, and find fulfillment.

JEFFREY B. RUBIN, PHD, is the creator of meditative psychotherapy. His approach to Buddhism and psychotherapy has been featured in the New York Times magazine, and he has taught at the United Nations, the Esalen Institute, and the Open Center. He is the author of the critically acclaimed books Psychotherapy and Buddhism, The Good Life, and A Psychoanalysis for Our Time. He lives in New York City.

“What a wonderful book . . . seamlessly integrates east and west, heart and mind, science and metaphor, universal principles and personal advice.” —Tal Ben-Shahar, author of Being Happy

“[Broadens] the scope of one’s own well-being while deepening intimate relationships . . . [and] displays Dr. Rubin’s profound wisdom of the human psyche. . . . A treasure.” —Joel Kramer, coauthor of The Guru Papers and The Passionate Mind Revisited
The image of “wisdom” is exclusively portrayed by men: God, Socrates, Confucius, Merlin. However, the wisdom of older women is also indisputable. Having lived decades caring for husbands, creating “nests,” raising children to become productive members of society, and often being forced to observe more than participate in the events around them, older women have unique insights to help future generations survive and thrive.

New York Times bestselling author of Nice Girls Don’t Get the Corner Office, Dr. Lois Frankel now honors and gives voice to the often marginalized and invisible older women in our society. From Los Angeles to Shanghai, women over age seventy share wisdoms and stories that are heartwarming and hilarious, insightful and witty, and philosophical and practical. “When life gives you lemons,” says Jo-Ann Mercurio, born 1941, “add vodka.”

Beautifully photographed and illustrated, Ageless Women, Timeless Wisdom is a precious record of our women’s reflections and takeaways on lives well-lived that is sure to be passed from grandmother to daughter to granddaughter.

Dr. Lois Frankel is the author of the New York Times and Wall Street Journal bestselling business bibles for women, Nice Girls Don’t Get the Corner Office and Nice Girls Don’t Get Rich. She lives in Pasadena, California.

Lisa Graves is the author and illustrator of A Thyme and Place, as well as the illustrator of The Tudor Tutor. She is the creator of History-witch.com. She lives in Medway, Massachusetts.

“It’s about time for a book like this. For too long, the wisdom of older women has gone unnoticed, unappreciated, and undervalued.” —Rita Coolidge, singer/songwriter

“Dr. Lois [has] captured [wise women’s] spirits in a book to share with every woman in your family. This is truly a good read.” —Evelyn “Champagne” King, singer
Fred Mayo and Michael Gold

MODERN AMERICAN MANNERS
Dinner Party Etiquette for Hosts and Guests

A practical, funny, and lavishly illustrated guide to table manners—both good and bad—that everyone should know.

This practical and humorous guide helps readers learn appropriate manners so that they can enjoy the pleasures of good food, good drink, and good company without worrying about what behavior is proper. Chapters cover how to be a good host or hostess, how to be a good guest, and how to behave at business events, cocktail parties, formal dinners, and restaurants. There is also a unique chapter discussing pet peeves and how to handle them with grace, civility, and appropriate manners.

What’s the proper way to hold a wine glass? What’s an appropriate gift to bring a host—and what shouldn’t you bring? How should you correctly introduce guests to each other? If you’re the host, how do you determine who should sit next to whom? What should you do if you don’t want to drink alcohol at a cocktail party? What is appropriate cell phone usage at a business dinner? What should you do if you make a conversational gaffe? Here are easy-to-implement answers to these and many other important etiquette questions.

Lavishly illustrated with memorable full-color photographs that highlight both good and bad table manners, Modern American Manners is full of friendly advice for business professionals, college students entering the workplace, and anyone needing a refresher course or an introduction to proper behavior.

FRED MAYO recently retired as clinical professor of hospitality and tourism management at New York University. He has been a college professor, administrator, trainer, and small business owner. He currently teaches etiquette and manners courses. He loves to entertain and make each dinner party special. He has an MBA, a PhD, and certifications in hospitality. He resides in New Paltz, New York.

MICHAEL GOLD has had his photographs published in the New York Times, Fortune, Esquire, and more. He resides in New Paltz, New York.
Many children do not instinctually understand the importance of relaxation and meditation. It can be a difficult concept to grasp for someone at a young age. Yoga can be an accessible and fun way for children to learn the advantages of de-stressing and relaxing. By starting yoga early, your children will develop their natural flexibility and balance while simultaneously releasing mental and physical tension. With the fun activities featured in this book, learn one hundred ways to introduce them to this healthy exercise, which could develop into a lifelong practice. Included in this book are sections discussing:

- Relaxation
- Meditation
- Breathing
- *Mudras* (Sanskrit for “gesture” or “attitude”)
- Standing and sitting postures
- Elongated postures
- Games incorporating yoga

Additionally, *100 Yoga Activities for Kids* features full-color illustrations and diagrams on every page to aid in the explanation and instruction of each pose. Discover the amazing benefits of these elaborate and simple postures, and explore a fun and healthy activity to share together.

**Shobana R. Vinay** has been a yoga teacher in India for more than ten years. Over this time, she has perfected her methods and knowledge of yoga and meditation through skills training and study. Passionate for the exercise and willing to pass it on to the next generation, she is currently teaching yoga in several public schools. She also gives classes to children, adults, and elderly people, both in private and with an association. Vinay lives in India.
Jill Howell

COLOR, DRAW, COLLAGE
Create Your Way to a Less Stressful Life!

An expressive art therapy workbook to help cope with everyday stressors in a fun and enjoyable way.

Self-help, stress management, and coloring all come together here to create an interactive and therapeutic journal. This book offers practical skills in a fun-to-follow format. Readers will enjoy creating relaxing pieces of art while learning the knowledge necessary to change their attitude. While creating art, readers will be looking at situations in their life with a new approach. They will be creating tangible images to help clarify their thoughts and emotions.

Based on proven, practiced art therapy techniques, as well as the author’s experience working with stressed inpatients and outpatients dealing with various medical issues, Jill’s primary focus as a counselor is to help these people to learn how to help themselves by teaching practical coping skills to help change their lifestyle.

In the trend of adult coloring books, this goes above and beyond—all of the art therapy directives included in Color, Draw, Collage have been used by her patients in group or individual art therapy. The theories and suggestions discussed have been used in weekly lectures and individual discussions for years. Art therapy gets to the root of the problem much faster than verbal therapy alone. When people actually see their thoughts and feelings in front of them, on paper, it has a profound effect. The effect is lasting because there is an image present to remind them of the thought and the desire to change.

Jill Howell, MA, ATR-BC, LPC, focuses on using art, hobbies, and other relaxation techniques including visualization, breathing, and guided meditation. She earned a BS in illustration from the School of Visual Arts and an MA in art therapy from Marywood University. She is the coordinator of the Complementary and Alternative Medicine Program for Pocono Health System focusing on creating a more healing environment. Howell lectures about creative stress management throughout the health system, area businesses, and her community. She has a background in theater, which makes her a lively and engaging speaker. She resides in Stroudsburg, Pennsylvania.
Lara James, a driven advertising executive in her mid-thirties has always put her career before any plans for a family. But after her father’s death, the idea of being a mother doesn’t sound so far-fetched. Yet pregnancy—something other women seem to accomplish effortlessly—doesn’t come easily to Lara. Instead, she and her husband find themselves unmoored in a sea of hormone therapy, IVF treatments, and devastating miscarriages. As the promise of motherhood drifts further away, Lara becomes obsessed, sacrificing everything in the process.

When she at last becomes pregnant and gives birth to a daughter, relief soon gives way to the grim realities of life as a sleep-deprived new mother with a screaming infant. With her marriage crumbling, Lara teeters on the edge of postpartum depression, driven to dark thoughts and destructive actions she would never have imagined possible before now. Struggling to connect with the child she worked so hard to conceive and desperate to reclaim control over her own life, Lara must find a way to face her future. If she can’t, she risks losing everything—including her own sanity.

At times disturbing, this is a bold, unflinching novel for anyone who’s ever wanted children—and wondered what they might have to sacrifice along the way.

Kelly Sokol is an MFA-Creative Writing graduate with a concentration in fiction from Goddard College, where she studied with John McManus, Rahna Reiko Rizzuto, and Darcey Steinke. She has been featured on NPR, discussing the portrayal of motherhood and postpartum depression in fiction. She teaches creative writing at The Muse Writers Center. Her work has been nominated for a Pushcart Prize. She resides in Norfolk, Virginia.

$24.99 hardcover (Can. $38.99)
World (W) • CQ 30
ISBN 978-1-5107-1832-6
6” x 9” • 304 pages
Fiction
APRIL
Holly S. Warah

WHERE JASMINE BLOOMS
A Novel

An evocative women’s fiction debut examining the bonds of family and the delicate balance between cultures.

From the suburbs of Seattle to the villas of Jordan and the refugee camps of the West Bank, *Where Jasmine Blooms* is an emotional journey of love and selfhood, telling the story of the Mansours, a sprawling Arab American family, and the women married into it.

American-born Margaret Mansour wants nothing more than to rekindle the struggling twenty-year marriage to her Palestinian husband, Ahmed—but not if it means uprooting their home and children in America and moving halfway across the world.

Young and ambitious Alison Mansour has a degree in Near East Studies, but her American education and Syrian background are of no use when her new marriage begins to crumble under the weight of cultural and religious differences. The communication between Alison and her husband is already shaky; how will they cope with the arrival of their first child?

Zainab Mansour, the matriarch of her family, never expected to live in America, but after the death of her husband she finds herself lost in a faithless country and lonely within the walls of her eldest son’s home. She wants what’s best for her children but struggles to find her place in a new landscape.

Emerging from the interwoven perspectives of these three women comes a story of love and longing, culture and compromise, home and homeland. Exploring the complex political backdrop of the Middle East from a personal perspective, at its heart this insightful narrative contemplates what it means to be a family.

**HOLLY S. WARAH** has traveled widely throughout the Arab world. She has lived in the region for seventeen years and been married into an Arab family for twenty-eight years. Her short fiction has won a national award, first place in *The Writer* magazine’s 2011 Short Story Contest, as well as several regional awards, including first place in the 2010 Pacific Northwest Writers Association (PNWA) Literary Contest and first place in the 2011 Southwest Writers Writing Contest. Holly has a master’s degree in teaching English as a second language and has taught for more than ten years in Seattle and Dubai, where she now lives.
Lauren A. Forry

ABIGALE HALL

A Novel

A creepy psychological thriller in a Victorian gothic tradition that recalls Shirley Jackson and Angela Carter.

Amid the terror of the Second World War, seventeen-year-old Eliza and her troubled little sister Rebecca have had their share of tragedy, having lost their mother to the Blitz and their father to suicide. Forced to leave London to work for the mysterious Mr. Brownwell at Abigale Hall, they soon learn that the worst is yet to come. The vicious housekeeper, Mrs. Pollard, seems hell-bent on keeping the ghostly secrets of the house away from the sisters and forbids them from entering the surrounding town—and from the rumors that circulate about Abigale Hall. When Eliza uncovers some blood-splattered books, ominous photographs, and portraits of a mysterious woman, she begins to unravel the mysteries of the house, but with Rebecca falling under Mrs. Pollard’s spell, she must act quickly to save her sister, and herself, from certain doom.

Perfect for readers who hunger for the strange, Abigale Hall is an atmospheric debut novel where the threat of death looms just beyond the edge of every page. Lauren A. Forry has created a historical ghost story where the setting is as alive as the characters who inhabit it and a resonant family drama of trust, loyalty, and salvation.

Lauren A. Forry was brought up in Pennsylvania before living in the woods outside of London. She earned her MFA in creative writing from Kingston University. There she was awarded the Faber and Faber Creative Writing MA Prize for her thesis work, Abigale Hall. Her short stories have since been published by Brick Moon Fiction, Lamplight magazine, and other sci-fi and horror anthologies. She currently resides in Bucks County, Pennsylvania.

“Full of atmosphere and with that irresistible creeping dread from start to end, this Gothic horror is a real treat.” —Heat magazine

“Forry ratchets up the tension expertly, until we don’t know if it’s madness, ghosts, someone toying with Eliza, or her own imagination that makes the mansion such a place of fear. Whatever it is, it works—keep the lights on when reading!” —Crime Worm
IN SHORT MEASURES
Three Novellas

“A propulsively well-written trio of novellas linked by a sense of loss and an inquiry into the impossible past.” —Kate Christensen

I n his three novellas, “In Short Measures,” “Strong Conspirators,” and “Sally Forth,” Michael Ruhlman delves deeply into the nuanced complexity of romantic and sexual love—and the inevitable evolution of the heart over the span of years and decades.

Each novella asks questions about the nature of love in terms of loyalty and fidelity—what are one’s obligations toward one’s spouse, one’s family, and one’s heart? In the first novella, “In Short Measures,” these questions are bound up in a writer’s work and a long-ago love. In the second, “Strong Conspirators,” an unforeseen, cataclysmic event calls for responses from a husband and wife that have never been rehearsed because they have never been required nor even imagined. In “Sally Forth,” a pair of old friends is forced to explore lost youth and lost love relative to maturity, marriage, and the passage of time.

Profoundly thought-provoking and satisfying, these novellas are beautifully written with plot twists from beginning to end that will captivate the reader.

MICHAEL RULHMAN is the bestselling author of more than twenty books that have sold more than two million copies combined. These include The Making of a Chef, The Soul of a Chef, Ratio, Egg, and the James Beard Award–winning Ruhlman’s Twenty. This is his fiction debut. He lives in Cleveland, Ohio.

“A bestselling food writer tries his hand at fiction…. The rarely seen but quite enjoyable novella form serves this maiden effort well.” —Kirkus Reviews

“Three intriguing novellas about loss, regret, and the passage of time: how we lose each other and ourselves, and what we do when we reach the outer limits of the commitments we’ve made.” —Lily King, bestselling and award-winning author of Euphoria

$16.99 paperback reprint (Can. $25.99)
World (W) • CQ 30
ISBN 978-1-5107-1709-1
6” x 9” • 344 pages
Fiction
APRIL

Previous edition: 978-1-63450-225-2
David Jester

AN IDIOT IN MARRIAGE
A Novel

The continuing story of the hapless and hopeless Kieran McCall, a man whose heart is in the right place but whose brain is still not.

Kieran McCall’s youth was a series of misguided attempts at love—a succession of sexual failures that always ended in disaster but somehow led to something worthwhile. As an adult, his failures looked as if they were behind him. He married the love of his life and they had a child together, but chaos was never far away.

*An Idiot in Marriage* follows Kieran McCall as he learns to live with the strains of married life and parenthood, from dealing with incompetent babysitters and dirty diapers to neighbors from hell, stray ducks, and a best friend who still thinks with his dick.

Kieran McCall grew up, but he never matured and he never changed. He’s still a little immature, he’s still a little naïve, and he’s still massively incompetent. Kieran may be older, but he’s definitely not wiser. And if he doesn’t shape up, he may risk losing it all.

David Jester has been writing for as long as he can remember, with his first short story published when he was eighteen and his first novel published a decade later. When he is not working on his next novel or short story, he works as a freelance writer. He lives in Newcastle, located in northeast England, with his wife and their pets.

“If you’ve ever loved, been loved, yearned for love, fantasized about love, or been arrested for love, you will love this highly entertaining book.” —Mark Miller, author of *500 Dates: Dispatches from the Front Lines of the Online Dating Wars*, on *An Idiot in Love*

“Raw, raunchy, laugh-out-loud funny, and surprisingly affecting, *An Idiot in Love* is a deeply relatable page-turner. The honesty, candor, and humor of David Jester’s prose is something to be admired and enjoyed. I loved this book!” —Davy Rothbart, author of *My Heart Is an Idiot* and creator of *FOUND* magazine.

$14.99 paperback original (Can. $22.99)
World (W) • CQ 36
5 ½” x 8 ¼” • 276 pages
Fiction
ebook ISBN 978-1-5107-0441-1
APRIL
New York Times bestselling author Jenna Jameson and Hope Tarr return with the second steamy novel in the FATE series—in a fresh package and format.

"Honey" Gustafson thought she had it all. As a pampered escort to LA's rich and famous, Honey was living the life she's always dreamed of, privy to a glittering world of wealth and privilege—until the night her fairy tale nearly gets her killed. Battered and bruised, Honey flees to New York, leaving her scarlet past behind her. When a chance encounter with a devastatingly handsome doctor turns into the chance for something more, Honey is sure it's the very last thing she wants or needs. After all, she's had enough pain to last a lifetime.

Growing up in the projects, Marcus Samuels has seen his share of domestic violence. But there's something about the lovely young woman who shows up in his ER that tugs at his heart. When she leaves against his medical advice, Marcus is more than a little worried. Breaking every rule, and likely a law or two, he trails her back to her apartment to make sure she gets home safe. But when his good intentions unleash something deeper than passion between them, can Honey and Marcus overcome their dark pasts to find a second chance at happiness with each other?

Jenna Jameson is a New York Times bestselling author, entrepreneur, and devoted mother of two. She has been on Oprah, featured in Forbes and appeared in over a hundred movies, televisions shows, and music videos. Her biography How to Make Love Like a Porn Star was an instant New York Times bestseller, selling more than a quarter of a million copies and published in more than a dozen countries.

Hope Tarr is an award-winning author of twenty historical and contemporary romance titles. She is the cofounder of New York City's first and only monthly romance fiction reading series, Lady Jane's Salon.

“A novel of heart and heat.” —Romantic Times

“Tarr and Jameson create an engaging, touching, blazing hot story that packs a lot of sex, action, and emotion.” — Kirkus Reviews

“Addictive, sexy, romantic, tantalizing—clear out space on your keeper shelf!” —Lisa Renee Jones, New York Times bestselling author
Zane Grey

SHADOW ON THE TRAIL
A Western Story

A young bank robber promises his dying mentor he will go straight, but with the law on his trail, he must try to reestablish himself!

In the days of the frontier West, it was not unusual for desperadoes and fugitives from justice to seemingly disappear from the face of the earth. Shadow on the Trail by Zane Grey, one of the bestselling authors of all-time, is the story of one such man who returned to reestablish himself in a law-abiding society.

In Texas, young bank robber Wade Holden, once the toughest, fastest triggerman in the notorious Simm Bell gang, makes a promise to his dying mentor that he will go straight. He is tired of shooting, riding, and fighting. All he wants now is to settle down on the ranch for a nice peaceful life. But with the Rangers on his tail, he struggles to find sanctuary. With the help of a young woman and her family, he attempts to turn his life around in Arizona.

Zane Grey was born on January 31, 1872, in Zanesville, Ohio. He was best known for his popular adventure novels and stories, which presented an idealized image of the American frontier. The critically acclaimed Riders of the Purple Sage (1912) has become one of the bestselling and most popular books of all time. More than one hundred films, television episodes, and program series, including Dick Powell’s Zane Grey Theater, have been based on his novels and short stories. He died on October 23, 1939, at his home in Altadena, California.
Maya Gottfried
Illustrations by Dame Darcy

VEGAN LOVE
Dating and Partnering for the Cruelty-Free Gal, with Fashion, Makeup & Wedding Tips

Advice for ethically minded women, from the aspiring vegan to the cruelty free gal looking for help maintaining peace in her home with her partner.

In ever-increasing numbers, people around the world are opting for a vegan lifestyle (eating a plant-based diet and eschewing animal products such as leather), and those who do report feeling happy and healthier, with boundless energy and glowing skin among the benefits. But what happens when their love interest unapologetically orders a steak on a date?

Vegan Love offers guidance on how to spread the vegan love and bring compassion for all beings into one’s romantic life. Going cruelty-free need not mean alienating potential partners or long-term lovers. Author Maya Gottfried shares her experiences of going vegan and playing the vegan dating game, as well as insights by notable vegan women, both straight and LGBT, from various walks of life, including Jane Velez-Mitchell of JaneUnchained.com, Marisa Miller Wolfson of the film Vegucated, Jasmin Singer, author of Always Too Much and Never Enough, and Colleen Patrick-Goudreau of the Food for Thought podcast.

Vegan Love also features a wealth of fun, practical advice about vegan makeup, vegan clothes, and vegan weddings, with a detailed resource guide.

Maya Gottfried is the author of the acclaimed children’s books Our Farm: By the Animals of Farm Sanctuary and Good Dog. She has also written for print and online publications ranging from the Huffington Post to Lilith Magazine, often focusing on the topics of veganism and animal rights. In the past, Maya worked in public relations for an international animal welfare organization. She resides in Brooklyn, New York, with her partner and their three adopted cats.

$17.99 paperback original (Can. $27.99)
World (W) • CQ 24
ISBN 978-1-5107-1945-3
7 ½” x 9 ½” • 208 pages
10 b/w illustrations
Relationships
ebook ISBN 978-1-5107-1946-0
APRIL
Do you wish you could have your pasta and eat it too? So do Sandra and Susan Sellani, twin sisters who transformed the traditional Italian comfort foods of their childhood into healthier, plant-based versions. Sandra, a West Coast vegan, and Susan, an East Coast omnivore, have collaborated to create a rational approach to leaning in to vegan for those over forty.

The 40-Year-Old Vegan includes a fifty-two-week plan to easily transition to a plant-based lifestyle, with old-fashioned, recognizable vegan recipes and a realistic vision for looking and feeling good in the second half of life—without having to squeeze into a pair of size-two Spanx! Recipes include:

- Lentil Shepherd’s Pie
- Manicotti Florentine with Cashew Ricotta
- Zucchini Noodles with Lemon Walnut Pesto
- Unstuffed Poblano with Macadamia Cojita
- Jackfruit Chili
- Rocky Road Nice Cream
- And more!

Sandra Sellani is the creator of the vegan food blog Forty-Year-Old Vegan. She’s a certified vegan chef and has studied at the world-acclaimed Matthew Kenney Culinary Academy in Los Angeles. She resides in Newport Beach, California.

Susan Sellani is a college professor and human resources consultant and has been an avid cook since childhood. She resides in Wyoming, Pennsylvania.
In *Beach House Baking: An Endless Summer of Delicious Desserts*, pastry chef Lei Shishak shares her most popular recipes for cupcakes, cup-tails, cookies, frostings/fillings, pies, ice cream sandwiches, and frozen pops from her celebrated Sugar Blossom Bake Shop in the charming beach town of San Clemente, California.

At her shop, Chef Lei serves up familiar treats that offer so much more than just a sweet dining experience. Inspired by her beach town location and her love of the sand-and-surf lifestyle, she creates high-quality, made-from-scratch desserts that transport you to the islands and resorts you’ve always hoped to visit. Get ready to hit the beach through one hundred recipes, including:

- Cocoa Island (Maldives) Cookies
- Red Velvet Riviera Cupcakes
- Piña Colada Highway Cup-Tails
- Windswept Cherry Pie
- Malibu Shimmer Ice Cream Sandwiches
- And more

Lei’s recipes in *Beach House Baking* are designed to take you on an island vacation, turning the task of baking into a virtual journey to a beachside paradise, filled with the sounds and aromas of the places you can go to just get away from it all!

**Lei Shishak** is an established pastry chef who trained at the CIA in New York and has worked at restaurants in Sun Valley and Los Angeles. She has been featured in *People, Riviera* magazine, *Sunset* magazine, *Coast*, the *Los Angeles Daily News*, and *Fine Living*, among others. She is the author of *Beach House Brunch* and *Farm-to-Table Desserts*. She resides in Dana Point, California.
Rebecca Warbis  
**THE DATE NIGHT COOKBOOK**  
Romantic Recipes & Easy Ideas to Inspire from Dawn till Dusk

“A stunning book, full of beautiful chic photography and recipes for mouthwatering meals.” —A Literary Cocktail

Date nights should be magical occasions filled with fun, flirting, and, most importantly, food! Whether you’re nervously planning a first date, enjoying a lazy night in, enjoying some much-needed quiet time while the kids are at camp, or marking a special anniversary, The Date Night Cookbook is the perfect creative and memorable foodie accompaniment to your romantic plans.

Rebecca Warbis’s simple, cozy, and elegant approach to staying in will provide you with themes for setting up your next romantic endeavor. Her creative ideas and stunning photos for Indoor Tent Night, Dining in Paris, and Dusk Beach Date will inspire you to light some candles, turn on the music, and relax with your significant other.

The best part? The concepts shared in The Date Night Cookbook are not limited to evening or late-night dates. Plans for breakfast in bed, picnic lunches, and afternoon tea are also included, inviting couples with opposite or busy schedules to arrange the perfect rendezvous for the one they love. Recipes in this collection can all be prepared in less than an hour and include:

- Couple’s Kebabs
- Sweethearts’ Caramel Pears
- Tipsy Orange Salad
- Blueberry Muffin Infatuation
- Under-the-Covers Pancakes
- And more!

Make your next date a delicious success!

Rebecca Warbis has been an avid foodie from a young age. After meeting her other half, she found DIY dating was the way to go. Rebecca is a graduate of commercial photography and is now a food photographer and videographer. She resides in London.
For many drinkers, today’s Bloody Mary represents culinary artistry and creativity. It also represents America’s number one cocktail of choice throughout the day.

Few things are more irresistible and refreshing than pressing your lips on a seasoned rim followed by a chilled sip of farm-fresh juice perfectly blended with seasoned sauces, spices, and handcrafted liquor.

In *The New Bloody Mary*, the “Godfather of Cocktails” Vincenzo Marianella, one of Los Angeles’s most respected mixologists, teaches home bartenders how to assemble a colorful assortment of exciting bloodies that he and coauthor James O. Fraioli collected from around the country (and a few from abroad). With more than seventy-five coveted recipes, including signature recipes from the man himself, Marianella reveals bartending secrets for creating admired and requested Bloody Mary cocktails no matter what time of day.

These beloved and respected drinks rely on fresh, top-quality ingredients in perfect balance, which makes the pairing of fruits, vegetables, spices, and spirits a match made in heaven. Creating the perfect juices, spice mixes, and liquor infusions is equally important for that magnificent harmony of flavors and textures, and this book includes those recipes, as well.

**VINCENZO MARIANELLA** is known as the “Godfather of Cocktails.” He was born in Italy, trained in London, and opened Copa d’Oro in Santa Monica in 2006. He also has his own consulting business, MyMixology. He has been featured in the *Los Angeles Times*, *Los Angeles Magazine*, on *StarChefs*, and in *Food & Wine*. He resides in Los Angeles.

**JAMES O. FRAIOLI** has twenty-three cookbooks and a James Beard Award to his credit. His titles have been featured on the Food Network, *The Ellen DeGeneres Show*, and in the *New York Times*. He resides in Redmond, Washington.

“Vincenzo [Marianella] is the Kobe Bryant of cocktail makers in Los Angeles. He is responsible for the training of many of LA’s most influential bartenders.” — *Los Angeles Magazine*, 2015
Michael Pellegrino, Esq.

HOW TO INVEST IN DEBT
A Complete Guide to Alternative Opportunities

The comprehensive guide to capitalizing on personal and corporate debt.

With this nuts-and-bolts guide, both savvy and novice investors can discover the secrets to profiting from personal and corporate debt, including municipal tax liens, defaulted credit card debt, discount promissory notes, mortgage foreclosures, and microloans. Anyone can participate in these investments, but not all of these options are as easy as calling a broker—they require some legwork and research—so many of these opportunities often go untapped.

While there are many books on alternative investment ideas, none provide this level of practical information and advice. *How to Invest in Debt* provides everything readers need to capitalize on these investments. Readers will discover:

- How to find and purchase debt at a deep discount
- How to do effective due diligence and pick the winners that are most likely to pay off
- How to collect debt, and the secrets to making short-term high-interest loans
- Buying future streams of cash flow
- Overcoming what could go wrong before it happens
- And much more.

Dozens of charts, tables, forms, spreadsheets, and diagrams empower readers to get started right away, with all the tools they will need to collect and analyze data, and pursue the most profitable opportunities.

*How to Invest in Debt* shows that if you’re willing to do the work, you can profit from debt.

MICHAEL PELLEGRINO, ESQ., has more than twenty years of experience in buying defaulted credit card debt and has earned several million dollars in profits. Pellegrino is a New Jersey attorney who has focused his law practice on municipal tax liens and related litigation. He has foreclosed thousands of tax liens for private investors and municipalities, and he has handled several landmark tax lien cases. He is the author of several books including *Tax Lien*$. He lives in Westwood, New Jersey.
The rollicking tale of a first-of-its-kind adventure—driving a Tesla through Central America.

Only a week after the nation’s newspapers were filled with headlines of the first cross-country trip in an electric car, two Louisianans slip quietly across the Rio Grande in south Texas in an attempt to do the unthinkable—drive a factory electric car across seven Third World countries to the “end of the road,” Panama City, Panama.

Without support and armed only with a toolbox, a bag of electrical adapters, and their wits, author Randy Denmon and his friend Dean trudge on through jungles, deserts, volcanoes, rivers, and crater-sized potholes, all the while trying to avoid the drug cartels and corrupt border guards that could mean a quick end to their adventure . . . and their lives. Through it all, the same enormous problem loomed daily: how to charge the car in such a primitive and desolate setting?

Despite the numerous setbacks, Randy never lost his sense of humor. Off the Grid is as much a spiritual journey as a physical one about two guys who dropped everything for one grand twenty-first-century adventure—traveling back in time in a car that seemed to come from the future.

Randy Denmon is a writer and engineer. His novels have been reviewed in numerous papers and magazines and have won the Western Writers of America Spur Award and the Faulkner-Wisdom Award. A lifelong Louisiana resident, he currently resides in Monroe, Louisiana.

“This good old-fashioned story of a road trip through stunning landscapes reminded me not only of Mark Twain, but also of Bill Bryson’s A Walk in the Woods and Neither Here Nor There. This was a most enjoyable book, one I’ll remember a very long time.” —Bret Lott, author of Jewel (an Oprah Book Club selection)
Readers will be left breathless at the edge of their seats by the amazing stories in You Bet Your Life: My Incredible Adventures in Horse Racing and Offshore Betting, the story of celebrated jockey Dave Stevenson. A runaway barn hand who became a legendary champion and hero in his native Canada, Stevenson’s life is incomparable in its color, scope, and excitement.

Throughout, You Bet Your Life is the ride of a lifetime. Its pages transport readers back in time to the golden era of American and Canadian horse racing greatness, traveling across North America and then around the world, all the while meeting an abundance of colorful characters: from legendary figures such as the Dowager Queen of England, Pablo Escobar, and champion thoroughbreds Secretariat and Seabiscuit, to charlatans and cheats, horses and owners, and jockeys and trainers that populated the underbelly and the pinnacle of the horse racing world.

Relayed in stunning detail and brimming with emotional episodes, Stevenson’s memories bring readers to the front lines, so close to the action that you’ll swear you can feel the force of the filly’s kick, taste the grit of the racetrack, hear the roar of the crowd, and smell the alluring perfume of wealthy women.

Will Dave Stevenson’s story enthrall and inspire readers from its opening pages? You Bet Your Life it will.

Dave Stevenson has devoted his life to thoroughbred horses and horse racing. A former jockey, he rode the prizewinning steed Canadian Champ to win the Canadian Triple Crown in 1959. Following his career as a jockey, Stevenson served for more than thirty years as a trainer and consultant for various racing entities. Stevenson lives in Fort Lauderdale, Florida.
Sharon Ward Keeble

MY RESCUE DOG RESCUED ME
Amazing True Stories of Adopted Canine Heroes

For pet owners and dog lovers everywhere.

This book will touch the heart of every dog owner. Meet the inspirational dogs who went from being rescued to becoming rescuers in these incredible true stories:

- Toby, the golden retriever who performed the Heimlich maneuver to save his owner’s life
- Liam, the Lhasa Apso-poodle mix who helped his owner battle an eating disorder
- Hercules, the St. Bernard who saved his owners from burglars on the first day he moved in
- Alfie, the terrier who gave a bullied girl a new lease on life
- Piper, the Chinese crested hairless who befriended and helped heal her owner after suffering through a terrorist attack

As well as many other canine heroes who came to their owner’s aid—whether it was saving them from physical threats or helping them to recover from mental illness, PTSD, and bereavement. Let these up-lifting stories warm your heart, and show you that adopted dogs truly are man’s best friend and a permanent part of your family.

Sharon Ward Keeble is a journalist with more than twenty years’ experience of national reporting for major women’s magazines and newspapers in the UK and US, including Closer, Bella, and the Sunday Mirror. She is the author of China: Passport to Adventure and coauthor of The Horse Girl. She is based in Florida.
Wilson the Pug with Nancy Levine

THE TAO OF PUG

Playful, endearing, and clearly profound, The Tao of Pug looks at the big picture from the eyes of a little dog.

Meet Wilson the Pug, a dog with a great deal of wisdom to share. A much-admired spiritual teacher, Wilson lives by the principles of the Tao Te Ching, the ancient Chinese text on the art of living. Passed on through the generations from his ancestor Pug-tzu—companion to the philosopher and author of the Tao Te Ching, Lao-tzu—the wisdom of the Tao has helped Wilson lead a simple, peaceful, and fulfilling life.

Deciding it was time to share this spiritual knowledge, Wilson enlisted the help of his owner (and photographer), Nancy Levine, to bring you The Tao of Pug. Each photograph captures Wilson’s charm and humor as he illustrates the timeless principles of the Tao Te Ching with examples from his active life alongside quotes from the original text. With his adorably expressive face, funny poses, and trademark yin-yang coat, Wilson has an unmistakable magnetism that has won him countless admirers, of all canine and philosophical persuasions.

Wilson’s comical lessons on life pair beautifully with Levine’s delightful photographs to make The Tao of Pug a must-have book for pug lovers of any age.

Wilson the Pug is a direct descendant and lineage bearer of Pug-tzu, companion of the ancient Chinese philosopher Lao-tzu. The latter is widely credited with authoring the Tao Te Ching. Wilson lives in Berkeley, California, where he finds much tolerance for this Taoist canine American lifestyle.

Nancy Levine is a veteran dog photographer and former staff photographer for the Elmsford, New York, Humane Society. She has had extensive experience in theater and stand-up comedy and is a regular contributor to the Investigative Report, a cutting-edge parody newspaper in San Francisco. Her commentaries have been broadcast in the Bay Area on NPR affiliates, and her writing has appeared in the San Francisco Chronicle. She is currently vice president of client services for an executive search firm and conducts corporate training workshops in the Bay Area. Originally from Scarsdale, New York, Levine now resides with Wilson in Berkeley, California.
Today we are faced with the staggering possibility that as many as 50 percent of species alive will become extinct within this century. This statistic is so staggering that scientists have begun to refer to the twenty-first century as the “sixth extinction.” But while this is alarming, all hope is not lost; conservation experts across the globe are working tirelessly to preserve our planet for future generations.

In *Wild Lives*, twenty of these pioneers share their stories via exclusive interviews. Coming from different countries, diverse cultures, and a variety of socioeconomic backgrounds and specializing in different species, all of these conservationists have an important characteristic in common: they have committed their lives to saving our planet and the majestic species that call it home. These esteemed contributors include:

- Beverly and Dereck Joubert, National Geographic filmmakers and big cat experts
- Ric O’Barry, dolphin advocate and trainer of Flipper
- George Schaller, famed field biologist and author
- Yossi Leshem, Israeli ornithologist
- Dominique Bikaba, gorilla activist
- Ian Craig, award-winning wildlife photographer

Passionate and inspiring, *Wild Lives* is an important and timely reminder of the beauty and fragility of our world and the obligation that every person has towards preserving it.

**LORI ROBINSON** holds degrees in environmental studies, biology, and psychology. She writes about conservation for various blogs and magazines, including *Africa Geographic* and her own site, SavingWild.com, and is a fellow of the International League of Conservation Writers. She lives alongside deer, coyotes, rabbits, and bears in a small old adobe home in Santa Fe, New Mexico.

**JANIE CHODOSH** is the author of the young adult mystery *Death Spiral*. Chodosh lives with her family in Santa Fe, New Mexico.
Steve Price

AMERICA’S WILD HORSES
The History of the Western Mustang

A celebration of one of our nation’s most majestic species.

There is no creature that quite embodies the beauty and grandeur of the American West as does the wild horse. For thousands of years, the horse has roamed the plains and valleys of the American continent, free of the encumbrances of man or the saddle. In America’s Wild Horses, award-winning photographer and lifelong horse lover Steven Price celebrates the timeless magnificence of the American mustang.

Meticulously researched, Price offers a cultural history of the American wild horse that is unparalleled in its exquisite detail and poignant prose. Beginning with chapters on prehistoric equines, Price sweeps through all the most important historical epochs in the history of the American mustang. Detailed accounts of horse-breeding in the Southwest, Native American horsemanship, and mustangs in the golden age of the iconic American cowboys each detail the profound impact that the wild horse has had in shaping American culture. Later chapters chronicle the legacy of the horse in the twentieth and twenty-first centuries, specifically emphasizing the legal and scientific measures that are being taken by horse-lovers across the country to ensure that later generations will also be able to witness the majesty of the wild horse.

Featuring dozens of stunning photographs by the author, and interspersed with firsthand interviews with some of the most renowned horse experts today, America’s Wild Horses is a required read for all equine lovers.

Steve Price is a contributing editor to Field & Stream magazine and has served as a senior writer for BASS Publications for more than thirty-five years. His award-winning photographs have been used in books, magazines, and promotions by organizations such as National Geographic Society, Reader’s Digest, the Associated Press, and Game Conservation Invitational. He has written six books and more than three thousand magazine articles. Price lives in Tijeras, New Mexico.
Edited by Ken Samelson
INcredible baseball stories
Amazing Tales from the Diamond

A diverse collection of captivating stories that convey the excitement of the national pastime.

The works in Incredible Baseball Stories cover the full span of baseball’s rich history. Fans of all ages will enjoy recalling the great and not-so-great moments of the most popular names in the sport. Found in this collection are timeless tales that enable the reader to:

- Relive great World Series moments like Kirk Gibson’s home run off Dennis Eckersley and Bill Mazeroski’s blast to win the 1960 Fall Classic
- Find out what it’s like to pitch to Ted Williams
- Witness record-breaking performances by Babe Ruth and Henry Aaron
- Learn what goes on behind the scenes of drafting stars like Jim Thome and Manny Ramirez
- Ride along as teams travel by train from city to city in the day before they did so by airplane
- And follow along for many more baseball adventures!

With three dozen photographs that beautifully illustrate these accounts of hardball history, Incredible Baseball Stories is the perfect gift for baseball fans of all ages.

Ken Samelson is an editor and author of several sports books. He is a former editor of The Baseball Encyclopedia. He lives in Larchmont, New York.

$17.99 paperback original (Can. $27.99)
World (W) • CQ 30
6” x 9” • 256 pages
35 color photographs
Sports/Baseball
APRIL
Edited by Jay Cassell

INcredible Fishing Stories
Classic Angling Tales from Around the World

A diverse collection of remarkable stories that represent the universal thrill of the fishing experience.

From meeting the run of trout on the June rise, to catching—and losing—tarpon in Mexico, to tailing a sea serpent, an angler’s experience is as varied as the rivers or lakes that he or she traverses. But what is universal is the joy and elation that a fisher experiences while out on the water. Found in this collection are timeless works from celebrated writers that aim to explore the mysterious grip that fishing has held on the hearts and imaginations of those it has hooked for centuries. Within these pages, the reader can:

- Join Rudyard Kipling as he chases a cow that has stolen his minnow
- Examine the philosophical side of angling with Thaddeus Norris
- Fish the Ohio River with John James Audubon
- Learn from a wise and experienced angler with Washington Irving
- And many more fishing escapades!

With more than three dozen photographs and illustrations that masterfully bring these stories to life, Incredible Fishing Stories is a must-have for every angler looking to share in the joy of their chosen sport.

Jay Cassell is an editorial director at Skyhorse Publishing. He has written for Field & Stream, Sports Afield, Outdoor Life, Petersen’s Hunting, Time, and many other publications and has published more than ten books. He lives in Katonah, New York.
Ann Marie Brown and Terra Breeden

HIKE SMART
Tips and Tactics for Improving Your Treks

Expert advice on making the most out of your time on the trail.

Are you a first-timer about to take your inaugural trek? Are you a veteran hiker looking to be even more efficient when enjoying the sport you love? Are you someone in between? Then look no further than expert trekker Ann Brown’s Hike Smart, the definitive guide to efficient and enjoyable hiking for all levels of experience.

Compiling knowledge from more than thirty years of hiking, Hike Smart includes hundreds of tips, tactics, and techniques all aimed at helping you become a better hiker. Within these pages, you’ll find:

- Dozens of trail dos and don’ts
- Pointers on choosing the right gear for your hike—with an emphasis on boots and packs
- Advice on negotiating different terrains
- Recommendations on how to deal with unexpected on-trail situations
- Stories and interviews from hikers who’ve conquered tough trails
- Beautiful color photos of some of America’s most majestic hikes
- And much more!

So whether you’re about to embark on your first hike or your hundred-and-first, Hike Smart is the only guide you’ll need to ensure that you have your most enjoyable, and smartest trek yet.

Ann Marie Brown is the author of more than thirteen hiking guide books and is a dedicated California outdoorswoman. She hikes, bikes, and camps more than 150 days each year in an effort to avoid routine, complacency, and getting a real job. Brown’s work has appeared in Sunset, VIA, Backpacker, and California magazines. She regularly writes and edits for several environmental groups, including the Sierra Club and National Resources Defense Council. Brown lives in South Lake Tahoe, California.
Hiking the Grand Canyon
A Detailed Guide to More Than 100 Trails

The revised and updated commemorative edition of the celebrated guide to America’s best-known park.

Perfect for first-time visitors and seasoned campers alike, expert hiker John Annerino’s *Hiking the Grand Canyon* is one of the most user-friendly and comprehensive guides to one of America’s premier natural wonders.

*Hiking the Grand Canyon* provides detailed, authoritative descriptions of more than one hundred of the area’s best trails, from easier day hikes perfect for beginners to more rigorous, rim-to-river and cross-canyon treks that challenge the most experienced of hikers. Throughout this guide, Annerino offers invaluable information to help you enhance your enjoyment of the natural beauty and wonder of the Grand Canyon. He includes advice on:

- Hiking equipment and technique
- Clothing and food requirements for various treks
- Tips on dealing with various climates and weather
- Navigating lodging and camping sites in the Canyon
- Booking guided expeditions
- And much more!

Featuring a pullout map of the Grand Canyon and Native American and Spanish language guides, this commemorative edition of *Hiking the Grand Canyon* is the only guide you’ll ever need when planning your next trek.

**John Annerino** is an author and photographer who has been working in the American West and the frontier of Old México for close to three decades, documenting its natural beauty, indigenous people, and political upheaval. A veteran contract photographer, his photography is archived in the Time Life Picture Collection and has appeared in scores of prestigious publications worldwide, including *Time, LIFE, People, Newsweek, Scientific American, Travel & Leisure, the New York Times*, and *National Geographic Adventure*. Annerino lives in Tucson, Arizona.
Doug Swisher cowrote *Selective Trout*, the bestselling fly-fishing book of all time. Now he’s back with brand new flies.

Back in the eighties, right after *Selective Trout* was first published, many fly-tying books came on the market that were pushing the merits of the types of flies Carl Richards and Doug Swisher developed, like the No-Hackle Dun, Hen Spinner, Emerger, and Still-Born. Those were types of flies that had never been written about before. Then, a few years later, in the early 2000s, the emphasis switched drastically to streamer and attractor patterns.

*Flies for Selective Trout* covers a few of the “No Hackle Types” and many of Doug’s new attractor flies, like glow in the dark, ultraviolet, brush flies, advanced pupas, and our action-dubbing versions—with wiggly legs right in the dubbing!

New flies include:

- No Hackle PMD
- Duckquill Emerger
- Mono Caddis Pupa
- Velcro Green & Mean
- And much more!

The Swishers also include tips on how to fish the new flies, as well as where they were developed. Pick up a copy of *Flies for Selective Trout* to learn about all of the new materials and tying techniques that make these new flies so exciting!

**Doug and Sharon Swisher** have been immersed in the fly-fishing world for a long time. Doug is one of the most accomplished flyfishermen and angling writers of our time. His coauthored book, *Selective Trout*, is the all-time bestselling book on a fly-fishing subject. He also coauthored *Fly Fishing Strategy, Tying the Swisher/Richards Flies, Stoneflies*, and *Emergers*. Sharon is a certified casting instructor, a fly-tying teacher, and one of the premier fly-fishing women in the country. Sharon and Doug live in Hamilton, Montana.
Joel Spring

THE ULTIMATE GUIDE TO KAYAK FISHING
A Practical Guide

A thorough introduction to an increasingly popular fishing sport.

Did you know that kayak fishing has shot up in popularity over the past few years? Americans take more than 38 million kayak fishing trips every year. While most outdoors enthusiasts think of kayaks simply as boats, there are many great reasons to take up fishing from a kayak. A kayak is cheaper to maintain than a larger fishing boat; it can be launched from almost anywhere and piloted by almost anyone; and kayakers can access places larger boats can’t, opening up new fishing spots. So join in on the fun with The Ultimate Guide to Kayak Fishing.

Joel Spring guides readers through choosing a kayak from the various types, transporting it, and outfitting it with the absolute necessities. He covers vital safety information, from life-preservers and waterproof cell-phone cases to boat traffic and weather concerns. Finally, he offers key insights for a successful kayak fishing experience. Topics covered include:

- Standing to fish
- Casting under brush and trees
- Fishing in the wind
- Bait, casting, fly, and night fishing tips, tactics, and techniques
- Landing fish in a kayak
- And much more!

Spring finally offers further advice on kayak maintenance as well as making kayak fishing a friend and family event. Pick up a copy of The Ultimate Guide to Kayak Fishing for a complete introduction to this great, less-known fishing sport.

JOEL SPING, a native of western New York, is the author of Season of Obsession and Thursday’s Bird, as well as countless sporting magazine articles. He has contributed to Deer and Deer Hunting, Sports Afield, Fur-Fish-Game, and North American Whitetail. He makes his home in the small town of Ransomville, New York, with his wife, Joy, and their three dogs. The number of dogs is subject to change.
Gordon Churchill has been an enthusiastic angler all of his life, ever since he was little and would go fishing with his father in the lakes of upstate New York. Churchill shares his tips, tricks, and passion for fishing in *Fly Fishing the Southeast Coast*. Learn that you don’t have to travel to the Bahamas or any other far exotic island to find the perfect catch. Many ideal places are right here in the United States, including Pamlico Sound, North Carolina, and St. Augustine, Florida.

In order to fly fish successfully, a fisherman must know what kind of species he or she wants, what rod and line combo works best, what flies to stock, and of course when and where to be.

For each chapter, Churchill gives advice on where to find specific species of fish, from the striped bass in the southeast region of the Roanoke River to mahimahi in the Gulf Stream, forty miles off of Morehead City, North Carolina, as well as specifics on the approach of catching each species, as they’re all quite different. While full of tips and advice, Churchill makes it clear that, if ever fishing on the coast, you must be involved in a conservation effort. The environment and fish are constantly in danger, so make sure to always be aware and put your planet first!

**GORDON CHURCHILL** is a longtime fisherman who runs the blog *Capt. Gordon's Fishing Reports*, where he writes about fishing (including tips and tricks), fly tying, and family. *Fly Fishing the Southeast Coast* is his first book. He lives in Newport, North Carolina.

**RIP WOODIN** has written about fly fishing for more than forty years, most recently with the *Rocky Mount Telegram*. Now retired, he resides in Rocky Mount, North Carolina.

$16.99 paperback original (Can. $27.99)
World (W) • CQ 36
ISBN 978-1-5107-1499-1
5” x 7” • 224 pages
150 color photographs
Sports/Fishing
ebook ISBN 978-1-5107-1501-1
APRIL
Thomas Edison closely followed the alternative work of Albert Einstein and Max Planck, convincing him that there was an entire reality unseen by the human eye. This led to the last and least-known of all Edison’s inventions, the mysterious spirit phone. His former associate, then bitter rival, Nikola Tesla, was also developing a similar device. Edison vs. Tesla reveals:

- Edison’s little-known, near-death experience formed his theory that animate life forms don’t die but rather change the nature of their composition. It is this foundational belief that drove him to proceed with the spirit phone.
- Tesla monitored Edison’s paranormal work, with both men racing to create a device that picked up the frequencies of discarnate spirits, what today is called EVP (Electronic Voice Phenomenon).
- Both men were way ahead of their time, delving into artificial intelligence and robotics.

Although mystery and lore surround the details of the last decade of Edison’s life, many skeptics have denied the existence of the spirit phone. The authors have researched both Edison’s and Tesla’s journals, as well as contemporary articles and interviews to confirm that tests were actually done with this device. They also have the full cooperation of the Charles Edison Fund, affording them access to rare photos and graphics to support their text. Edison vs. Tesla sheds light on this weird invention and demonstrates the rivalry that drove both men to new discoveries.

Joel Martin is one of this country’s most celebrated authors in the paranormal field. Joel has interviewed many leading mediums, channelers, and scholars in the field. He wrote the bestseller We Don’t Die, an exploration of reincarnation. He lives in Babylon, New York.

William J. Birnes is the author of many books including Dr. Feelgood and Wounded Minds (both published by Skyhorse). He was the consulting producer, writer, and lead host of the History Channel’s UFO Hunters and the publisher of UFO magazine. He lives in New Hope, Pennsylvania.
When the X Prize Foundation announced that it would give $10 million to anyone who could build a safe, mass-producible car that could travel one hundred miles on the energy equivalent of a gallon of gas, the challenge attracted more than one hundred teams from all over the world—including dozens of amateurs. Many designed their cars entirely from scratch, rejecting decades of thinking about what a car should look like.

Jason Fagone follows four of those teams from the build stage to the final race and beyond. The result is a gripping story of crazy collaboration, absurd risks, and poignant losses. In an old pole barn in central Illinois, childhood sweethearts hack together an electric-powered dreamboat, using scavenged parts, forging their own steel and burning through their life savings. In Virginia, an impassioned entrepreneur and his hand-picked squad of speed build a car so light that you can push it across the floor with your thumb. In West Philly, a group of disaffected high school students come into their own as they create a hybrid car with the engine of a Harley motorcycle. And in Southern California, the early favorite—a start-up backed by millions in venture capital—designs a car that looks like an alien egg.

Ingenious is a joyride. Fagone takes us into the garages and the minds of the inventors, capturing the fractious yet beautiful process of engineering a bespoke machine.

Jason Fagone has written about science, sports, and culture for GQ, Wired, the Atlantic, New York, Grantland, Mother Jones, the New York Times magazine, and The Best American Sports Writing. He is the author of Horsemen of the Esophagus, about competitive eaters, and is the recipient of a Knight-Wallace Fellowship in journalism. He lives outside Philadelphia, Pennsylvania, with his wife and daughter.

“Just when you thought America’s can-doism was in decline, along comes Jason Fagone’s Ingenious, proving the tinker-bench spirit is alive and well.”
—Douglas Brinkley, author of Wheels for the World
Has the desire to cheat death been the driving force of human achievement?

A fascinating work of popular philosophy and history that both enlightens and entertains, Stephen Cave’s Immortality investigates whether it just might be possible to live forever and whether we should want to. But it also makes a powerful argument, which is that it’s our very preoccupation with defying mortality that drives civilization.

In drawing back the curtain on what compels humans to “keep on keeping on,” Cave engages the reader in a number of mind-bending thought experiments. He teases out the implications of each immortality gambit, asking, for example, how long a person would live if they did manage to acquire a perfectly disease-free body. Or what would happen if a super-being tried to round up the atomic constituents of all who’ve died in order to resurrect them. Or what our loved ones would really be doing in heaven if it does exist. Or which part of us actually lives in a work of art, and how long that work of art can survive.

Toward the book’s end, we’re confronted with a series of brain-rattling questions: What would happen if tomorrow humanity discovered that there is no life but this one? Would people continue to care about their favorite sports team, please their boss, vie for the title of Year’s Best Salesman? Would three-hundred-year projects still get started?

Immortality is a deeply satisfying book, as optimistic about the human condition as it is insightful about the true arc of history.

Stephen Cave is executive director of the Leverhulme Centre for the Future of Intelligence and senior research associate at the University of Cambridge, United Kingdom. His work has appeared in publications including the New York Times, the Atlantic, and Wired. Stephen lives in Berlin, Germany.

“Cave has produced a strikingly original and compelling exploration of the age-old conundrum: Can we live forever, and do we really want to?” —John Horgan, author of The End of Science
Robert W. Winters, MD

INCOMPETENCE, MALPRACTICE, AND COVER-UP
Shocking and Unusual Tales of Presidential Doctors

Startling information about the botched care provided to America’s leaders.

One would presume that America’s presidents have always received the finest medical care available, but that is simply not the case. *Incompetence, Malpractice, and Cover-Up* reveals gross incompetence, botched care, and cover-ups surrounding the diagnoses and medical care administered to a dozen of our leaders—from George Washington to Grover Cleveland to Ronald Reagan.

- George Washington developed an inflammation in his voice box that severely limited air flow to his lungs. Over nine hours, he was subjected to multiple blood lettings, resulting in the loss of half of his total blood volume. A young doctor proposed performing a tracheotomy, which would have provided an unobstructed airway but was overruled by senior physicians. Washington died of asphyxiation and shock due to blood loss.

- Woodrow Wilson was a victim of progressive hardening of the arteries. When the US Senate rejected his proposal for the League of Nations, he embarked on a nationwide trip to influence public opinion. En route, he showed signs of a major stroke, which were ignored by medical staff until he had a major stroke that proved fatal.

- Warren G. Harding’s doctor did not recognize his patient’s signs of progressive heart failure, instead believing his stomach pains to be a result of food poisoning from eating spoiled crab meat.

The leaders of the Free World put their faith in medical professionals who didn’t always provide the life-saving care that was expected. Written by a former medical doctor, *Incompetence, Malpractice, and Cover-Up* reveals that questionable prescriptions and inept care, at the very least, resulted in added discomfort and, at the worst, death.

Robert W. Winters, MD, is the author of *Accidental Medical Discoveries* (Skyhorse Publishing). Dr. Winters is an experienced medical scientist, doctor, teacher, and writer. He is a graduate of Indiana University and of the Yale School of Medicine. He was a professor of pediatrics at Columbia University College of Physicians and Surgeons in New York City. He lives in Helsingør, Denmark.
Woody Falgoux
RISE OF THE CAJUN MARINERS
The Race for Big Oil

Rise of the Cajun Mariners documents an untold piece of American history—the beginnings of what is now the global, multibillion-dollar marine oil and gas industry. In addition, it gives an insightful insider account of one of America’s only truly distinctive cultures—the Cajuns.

The book tells this story through the Cajun boatmen who drive the boats that supply and move the men who work the offshore platforms. It follows four of these French-speaking trailblazers as they scrape to buy and build their first boats and struggle toward success. Their success stories will appeal to any believer in the American dream. But it is also a candid account of a wild time in a rough, vital business.

Most of the characters are as flawed as they are dynamic. While they are master seamen, they lead a lifestyle that, for many of them, is as much about drinking and whoring as it is about seamanship and deal-making. The seedy side of their business adds complexity to their story and makes the tale especially human.

Rise of the Cajun Mariners is a fast-paced tale about the rapid evolution of a worldwide industry, the modernization of a culture and the deliverance of four fascinating families.

Prominent African American scholar Henry Louis Gates, Jr., traced Oprah’s roots and shares the lessons of her ancestors—the legacy one generation bequeaths another, how who we are is influenced by the paths our ancestors have trod, and the extraordinary impact that even the most humble among us can have on future generations through the simple process of building a life for our loved ones.

In *Finding Oprah’s Roots*, Henry Louis Gates, Jr., shines a searchlight into the shadows that have enveloped African American ancestry. By assembling an elite team of historians and geneticists in coordination with his well-received PBS documentary and using Oprah and her forebears as his chief example, Gates unveils a process akin to resurrection.

Literally, those who were denied identity—nameless slaves who died believing their ancestors would never know them—have their identities restored here through a dazzling array of search methods. Acting as a roadmap through the intricacies of public documents and online databases, this book also highlights genetic testing resources that can make it possible to know one’s distant tribal roots in Africa.

Oprah’s path back to the past was profoundly illuminating, connecting the narrative of her family to the larger American narrative and “anchoring” her in a way not previously possible. For the reader, *Finding Oprah’s Roots* offers the possibility of an equally rewarding experience.

**Henry Louis Gates, Jr.** is the Alphonse Fletcher University Professor and director of the Hutchins Center for African and African American Research at Harvard University. He is the author or co-author of twenty-one books and has created fifteen documentary films, including *Finding Your Roots*, his groundbreaking genealogy series on PBS. He resides in Cambridge, Massachusetts.

“This book is every bit as engaging as the documentaries and offers helpful resources.” — *Booklist*
Ali Katz

**HOT MESS TO MINDFUL MOM**

40 Ways to Find Balance and Joy in Your Every Day

For any mom who typically runs around with her hair on fire and needs a break!

It’s so easy to find yourself constantly overwhelmed or burned out in the hustle and bustle of society today. But it is important to slow down and take a minute to focus on the things that matter most—and the first step is to connect with yourself again.

Ali’s first book weaves together a compilation of all the tools she used to transform herself from “hot mess” to “mindful mom” and is divided helpfully into three parts:

- Everyday practices
- Tools used as needed
- Attitude adjustments made along the way

Readers will learn how small tweaks and changes can lead to huge results, and that they too can leave stress behind in favor of calm and peace. With humor, grace, and an extremely relatable manner, Ali gives women the tools to make the same changes in their own lives.

Ali Katz is a certified meditation teacher, a mindfulness coach, and mom of two precious boys. She loves nothing more than sharing her passion for living a balanced life with others and has been featured on MindBodyGreen, Style magazine, Fox 26 News, HerFuture, Houston Family magazine, and LiveMom.com. When not meditating, writing, teaching, or spending time with family, Ali enjoys running, practicing yoga, and sipping tea. She resides in Houston, Texas.

“Ali writes with candor, clarity, and courage. . . . You know you have a friend who walks this journey to self-love with you.” —Sarah McLean, author of *Soul-Centered: Transform Your Life in 8 Weeks with Meditation*

“*Hot Mess to Mindful Mom* will inspire you to face your childhood wounds with the help of meditation and mindfulness. . . . A must-read for moms on the path to more joy.” —Randi Rubenstein, life and parenting coach

“A deep dive into the transformative power of parenting. With honest, compassionate stories, Katz provides parents with life-affirming tools; a road map to come back to their core essence and highest parenting purpose.” —Michele Kambolis, registered clinical counselor and author of *Generation Stressed*
THE RACE TO ALASKA
America’s Most Dangerous Sailing Competition

A colorful, edgy chronicle of the one-of-a-kind race through North America’s last wild places that has captured America’s frontier spirit.

Race to Alaska started as a single question: What would happen if someone nailed $10,000 to a tree, challenged any engineless boat to be the first to navigate the 750 wild miles from Port Townsend, Washington, to Ketchikan, Alaska, and then yelled “Go”? Race organizers wanted to reconnect human imagination to the watery adventure of the inside passage. With growing national media coverage that has drawn worldwide attention, the Race to Alaska is a free-range adventure race that rewards sailors with resilience and personal skill rather than the person who has enough money to buy the fastest boat and the best crew.

Written by race organizer Jake Beattie, this is a book that celebrates gritty heroes and real people who rise to the challenge of being self-reliant and carbon-free in one of our world’s last wild places. First place gets $10,000. Second place a set of steak knives.

This first Race to Alaska in 2014 attracted the broadest swath of participants: Olympians and world record holders, mad scientist types who designed and built experimental boats to manifest their theory of what would win, the young and intrepid who bet their enthusiasm and ability to endure against experience, lifelong amateurs who simply wanted to be a part of the first iteration of what they thought would be the next big thing. The starting line had production trimarans, high-tech racing sailboats, and outrigger canoes, kayaks, Hobie cats—a glorious menagerie and a starting line like no other. After that first race, many began to view it as “the Iditarod with a chance of drowning.”

Abundantly illustrated and written with the same edge that has attracted participants worldwide, this is a book like no other.

JAKE BEATTIE is the creator of the Race to Alaska and author of the website and daily updates for each race. He lives in Port Townsend, Washington, and is the executive director of the Northwest Maritime Center, the nonprofit organization behind the R2AK.
When three friends, fueled by an alcohol-induced dream to travel the world, clicked “buy” on an iconic London cab they name Hannah, little did they know what they were getting themselves into. Leaving the Big Smoke in their vintage taxi, Paul, Johno, and Leigh began a 43,000-mile trip that would take them off the beaten path to some of the most dangerous and deadly places on earth. By the time they arrived home, they managed, against all the odds, to circumnavigate the globe and, in doing so, break two World Records.

*It’s On the Meter* is an honest account of what it’s like to drive a Black Cab around the world. From altercations with the Iranian Secret Police to narrowly escaping the Taliban, the trio’s adventure is filled with hair-raising escapades. The traveling trio will give an impression of each country the taxi passed through and its people and will help readers understand how to survive fifteen months on the road. Feel the fear, frolic in the fun, and meet the hundred passengers the taxi picked up along the way, as the authors take you on their action-packed journey.

**Paul Archer** has been on numerous expeditions and adventures since he was seventeen. He founded and runs the Daredevil Project, a company that organizes mischievous task-based competitions. He resides in London, United Kingdom.

**Johno Ellison** joined the Royal Air Force when he was eighteen to train as a helicopter pilot. After four years, he decided on a career change and now works as a freelance product designer. He resides in Kuala Lumpur, Malaysia.

“An inspiring story told with lashings of energy and humor.” —Ranulph Fiennes

“High adventure filled with hilarity and mischief—it goes to show what can happen when you combine some serious guts and a daft idea.” —Levison Wood
In the middle of a yearlong backpacking trip around the world with his wife, Cassie, Oren Liebermann is teaching English to young Buddhist monks in Pokhara, Nepal, when his body begins to fail him. He is constantly thirsty and exhausted, and by the time he steps on a scale, he has lost forty-five pounds. At a local clinic, a doctor gives him a diagnosis that will change his life forever: “I’m sorry to tell you, my friend, that you are a diabetic.”

Devastated, Liebermann is trapped in a third-world hospital, trying to recover enough to fly home. His friends and family urge him to call off the rest of his trip. He had earlier quit his job as a TV news reporter for this dream-come-true journey, but the nightmare diagnosis has thrown his world into disarray. However, despite this medical hell and a life-changing disease, Liebermann and Cassie make a decision. They have an adventure to finish, and he has the rest of his life to live.

Bold, raw, and poignantly candid, The Insulin Express tells the story of what happens when the best made travel plans are subject to the ever-present chaos of life, and how the worst night of one’s life can turn into the trip of a lifetime. In spite of a chilling fear of his chronic disease that almost kills him in the Himalayas, Liebermann hikes along the Great Wall of China, conquers the Inca Trail to Machu Picchu, and sips cobra whiskey in Laos. What begins as a travel chronicle across thirty countries transforms into a single journey of resilience and self-discovery—getting hopelessly lost and then wonderfully found in a world full of surprises and possibilities.

Oren Liebermann has spent a decade in TV news and is currently a CNN international correspondent based in Jerusalem. He is the recipient of two Emmy awards and three Associated Press awards. Diagnosed with Type 1 diabetes on Valentine’s Day 2014 in a local Nepalese clinic, he now works with organizations like the American Diabetes Association (ADA) to promote safe traveling for others with the disease. He founded the world travel blog 42nd Class with his wife, Cassie. They live in Jerusalem with their baby daughter, Noa.
In *Gone Gypsy*, David and Veronica James resume their madcap escapades shared with the readers of their first book, *Going Gypsy: One Couple’s Adventure from Empty Nest to No Nest at All*. This time the couple faces, and conquers, another life-changing crossroad. With no home, no car, and nothing more than a few changes of clothes—and sixteen boxes in a storage unit—the couple decides to continue their nomadic lifestyle. But this time they up the ante.

During three years of full-time travel, the road leads this vagabond duo to many of the world’s great wonders and provides some once-in-a-lifetime moments, such as:

- Watching the sun rise over Machu Picchu
- Skydiving over the Coral Sea
- Racing up the Great Wall of China
- Kayaking alongside humpback whales
- Snorkeling the Great Barrier Reef
- Leaping from the sea cliffs in Peru
- Feeding famished crocodiles Down Under
- Gazing upon the Northern Lights from above the Arctic Circle

David and Veronica take you on this journey as they discover what it takes to survive on the road with someone you love—and prove that it’s never too late for a new beginning.

**David and Veronica James** have spent the past thirty-three years together, ever since a boy from the heartland met a Valley Girl on the West Coast and took off to Nashville for a wild ride through parenthood and the music business. After sending three kids out into the big wide world, they set out to find it for themselves, selling everything and taking off in an old beat-up motor home. Along the way they accidentally created the top travel blog GypsyNester.com and authored *Going Gypsy: One Couple’s Adventure from Empty Nest to No Nest at All*. On the road full time since 2008, they have visited and written about forty-seven countries on six continents. They have no plans to slow down.
Robert Sellers
HOLLYWOOD HELLRAISERS
The Wild Lives and Fast Times of Marlon Brando, Dennis Hopper, Warren Beatty, and Jack Nicholson

“[A] boisterous account of four of Hollywood’s wildest leading men.” —*Times*

“I don’t know what people expect when they meet me. They seem to be afraid that I’m going to piss in the potted palm and slap them on the ass.” —Marlon Brando

“I should have been dead ten times over. I believe in miracles. It’s an absolute miracle that I’m still around.” —Dennis Hopper

“You only lie to two people in your life: your girlfriend and the police.” —Jack Nicholson

“The best time to get married is noon. That way, if things don’t work out, you haven’t blown the whole day.” —Warren Beatty

They’re the baddest bad-asses Hollywood has ever seen: Marlon Brando, Dennis Hopper, Warren Beatty, and Jack Nicholson. They are men to whom rules did not apply, men for whom normal standards of behavior were simply too wearisome to worry about. These are men who brawled, boozed, snorted, and screwed their way into legend— but along the way they changed acting and the way movies were made forever. With game-changing performances in films like *On the Waterfront*, *Apocalypse Now*, *The Godfather*, and *Chinatown*, these four actors alternately terrorized, charmed, entertained, and astonished everyone they came across.

*Hollywood Hellraisers* is a whistle-stop tour of jaw-dropping sexual activity, misbehavior of an Olympic standard, all-out excess, and genuine madness. It’s a wonder Hollywood survived.

**R**OBERT **S**ELLERS is the author of eight books including biographies of Sting and Tom Cruise. He contributes regularly to *Empire, Cinema Retro, Total Film*, and the *Independent*. A former stand-up comedian, he resides in the United Kingdom.
Rolling Stone magazine recently released its list of the one hundred greatest albums in rock music history, a period spanning more than fifty years. Nearly 60 percent of those albums were released in the decade from 1965 to 1975—the golden age of classic rock. This book is a wide-ranging portrait of that transformative and remarkable time, from the dawn of the singer-songwriter era to the days before disco.

This book is presented in a question-and-answer format, but it is hardly a “trivia” book. It covers such diverse topics as censorship, chart phenomena, album covers, rock groupies, manufactured bands, one-hit wonders, rock festivals, supergroups, novelty songs, and The Beatles.

All of the major figures of the sixties and seventies are here: Cream, Creedence Clearwater Revival, Jimi Hendrix, Joni Mitchell, Simon and Garfunkel, The Who, The Rolling Stones, Led Zeppelin, Bruce Springsteen, Queen, Neil Young, the Eagles, The Allman Brothers Band, Lynyrd Skynyrd, Stevie Wonder, Elton John, Linda Ronstadt, Pink Floyd, Billy Joel, Marvin Gaye, David Bowie, James Taylor, Carole King, Aretha Franklin, Lou Reed, Carly Simon, Laura Nyro, and many others.

Exhaustively researched, So You Think You Know Rock and Roll? is filled with “I never knew that!” moments on every page.

Peter E. Meltzer is a practicing attorney in Philadelphia. He has been a lifelong fan of rock music (and a frustrated musician). He is the author of The Thinker’s Thesaurus, So You Think You Know the Presidents?, and So You Think You Know Baseball?

$17.99 paperback original (Can. $27.99)
World (W) • CQ 30
ISBN 978-1-5107-1766-4
6” x 9” • 368 pages
30 b/w photographs
Popular Culture
ebook ISBN 978-1-5107-1768-8
MAY
Is your mate really the man of your dreams?

Fortunately, courtship has evolved a bit since the caveman era. Men no longer court their chosen mate with displays of hunting and speed and a heft over the shoulder to stir up some Paleolithic-style cave romance. For today’s modern male to pass muster, he must be a master of the remote control, a connoisseur of craft beer, and a student of pop culture. He must smell good while getting his hands dirty. He must know when to be sensitive and when to be strong.

In *How Great Is Your Guy?*, you will find answers to many questions about your man’s personality and style, including:

- Can your man make you laugh, seduce you, and intrigue you with his silver tongue?
- Is your man Busta-Moves on the dance floor or a shrinking violet at a dinner party?
- Is he the king of spontaneous romance or the grandmaster of organized fun?

Full of fun tests and activities, *How Great Is Your Guy?* is your fail-safe way to find out whether your mate really is the man of your dreams.

**Sarah Christensen Fu** is a writer, creator, and social media guru. She is the author of *Bad Birthdays*, *Baby Sign Language*, *Weird Science*, *Puppy Boutique*, and *It’s My Year Passbook*. Sarah lives in Colorado with her husband and children.

**Katie Abey** is an illustrator with a love of all things unusual and humorous. She enjoys working in publishing and has developed a range of children's board books with Five Mile Press and currently has a few other exciting publishing projects in the pipeline. Katie also illustrates for the greeting card and stationery industries. She lives in the United Kingdom.
HOW GREAT IS YOUR GAL?
Test Her Relationship IQ and See If She’s a Dream or a Disaster

Cut through all of life’s day-to-day noise and distill your mate’s true personality.

Women aren’t just home baking cookies in high heels and perfect makeup these days. Today’s modern woman wears many hats: boardroom bulldog, Little League cheerleader, BFF confidante, and flawless partner. The right girlfriend or wife can change your life, be your best friend, playmate, hot date, or muse.

In How Great Is Your Gal?, you will find answers to many questions about your woman’s personality and style, including:

- Can your woman retain top position as the reigning trivia queen or is she more likely to confuse Kant with Kanye?
- Does she value honesty over kindness or kindness over honesty?
- Is she a multitasking marvel or a one-trick pony?

Full of fun tests and activities, How Great Is Your Gal? is your fail-safe way to find out whether your woman really is all that.

Sarah Christensen Fu is a writer, creator, and social media guru. She is the author of Bad Birthdays, Baby Sign Language, Weird Science, Puppy Boutique, and It’s My Year Passbook. Sarah lives in Colorado with her husband and children.

Katie Abey is an illustrator with a love of all things unusual and humorous. She enjoys working in publishing and has developed a range of children’s board books with Five Mile Press and currently has a few other exciting publishing projects in the pipeline. Katie also illustrates for the greeting card and stationery industries. She lives in the United Kingdom.
Let’s face it: we’re not all leaders. Some of us were born to take orders, while others were destined to delegate. But the truth is we are both shackled and empowered by a simple transaction: if the boss didn’t pay you, you probably wouldn’t turn up. And the sign of a true boss? The sublime and unwavering knowledge that they are in charge.

Not all bosses handle being in charge in the same way, however. In How Bad Is Your Boss?, you will find many questions to judge your boss’s approach and personality, including:

- Does your boss greet you for your appraisal with a comforting hot chocolate or a sneer?
- Does she steal the mic at post-work karaoke or is she happy to retain the role of supreme but aloof overseer?
- Is his style more simpering puppy or hard-line taskmaster?

With How Bad Is Your Boss?, you will discover what lies beneath your boss’s managerial demeanor with a series of fun tests and activities to confirm whether your boss is secretly a real person.

**SIMON HOLLAND** has written and edited a wide range of nonfiction books for both adults and children. He specializes in humor, science, and sports, including the Kingfisher Atlas series and *Kingfisher Soccer Encyclopedia*. He lives in the United Kingdom.

**CHUCK GONZALES** is an illustrator who works internationally in publishing, editorial, and advertising. His artwork has appeared in such diverse publications as the *New York Times*, *Weekly Reader*, and *Cosmopolitan*. Chuck’s books include *Test Your Dog’s IQ: Genius Edition*, *Oscar the Mighty*, and *Gross-O-Pedia*. He lives in Brooklyn, New York.
Emma Silverman  
**OFFICE ZEN**  
101 Ways to Make Your Work Space Calm, Happy, and Productive

Take Zen off the mountaintop and into your office, cubicle, or work space.

You do not need to climb to the top of the coldest, highest mountain to be Zen. You do not need to crawl on your hands and knees, seal yourself away in a cave, or stop eating birthday cake. Most importantly, at least for this book, you do not have to quit your job to be Zen. In *Office Zen*, you will learn how Zen can exist in any moment and any place, even the most stressful and high-strung office.

*Office Zen* will be the first book to incorporate the Zen principles of mindfulness and simplicity into the home office and work station by:

- Providing tips on how to remove clutter from your work space
- Teaching meditation and stretching exercises to de-stress in two minutes or less
- Laying the framework for a healthy work-life balance

Zen, and other mindfulness practices like it, asks us to examine the world around us with an emphasis on kindness and compassion toward ourselves and others. By being more meditative and calm in your daily interactions, you can bring peace into your workplace and happiness into your life.

**Emma Silverman** is the author and founder of the blog *The Joy of Yoga*. After many years as an Office Warrior, and with the Microsoft Excel skills to prove it, she is currently a yoga, meditation, and stress-reduction instructor in Montreal, Quebec, with thousands of students worldwide.
Lawrence Dorfman

THE SNARK BIBLE
A Reference Guide to Verbal Sparring, Comebacks, Irony, Insults, and So Much More

Offer praise at the altar of snarkiness!

The lord of snark, Lawrence Dorfman, is back! With this treasury of backhanded compliments, sarcastic insults, and catty comebacks, Dorfman gives us transformative wisdom that’s sure to change your life—or at least induce a light chuckle.

One question plagues us all: How do we survive all the Sturm und Drang of everyday life? The answer is but one word: snark.

“She wears her clothes as if they were thrown on by a pitchfork.” —Jonathan Swift

“Why don’t you get a haircut? You look like a chrysanthemum.” —P.G. Wodehouse

“He’s a mental midget with the IQ of a fence post.” —Tom Waits

“They hardly make ’em like him anymore—but just to be on the safe side, he should be castrated anyway.” —Hunter S. Thompson

“He has a Teflon brain... Nothing sticks.” —Lily Tomlin

“He has no more backbone than a chocolate éclair.” —Theodore Roosevelt

Snark will keep the wolves at bay (or at least out on the porch). Snark, much like a double scotch, will help you deal with relatives, shopping, and rudeness; it is an outlet for the unleashed vitriolic bile that’s saved itself up over the months. Like a shield, it will protect you while you go about your life. Snark is your answer!

Lawrence Dorfman is the bestselling author of the Snark Handbook series, which includes The Snark Handbook, Snark! The Herald Angels Sing, and more. He lives in Hamden, Connecticut.
Alex Solis
THE ADORABLE CIRCLE OF LIFE
Cutesy Creatures Doing What They Do Best

A dark-hearted, illustrated guide to the lives of animals in our great outdoors.


Predators get a pretty bad rap. Sure, they prey on helpless animals that never stand a chance, but behind those jagged teeth, powerful jaws, and razor-sharp claws, every predator has a softer side. Maybe even an adorable one.

Everyone has compassion for the cute bunny or lamb. But what about predators who are working hard for their meal? Capturing their prey is a life-or-death game. Just think about the last time you had to hunt for food while hangry. You can understand, right?

Including famous quotes from history that give context to these disturbingly cute illustrations, Alex Solis shares his sense of humor while giving readers a way to enjoy the darkest parts of life with a smile.

It’s time to give theses predators a break! Because, in the end, both predators and their prey play a role. I mean, it’s not their fault they were made this way! They’re just living off of instincts, doing what comes naturally. So rather than turning away from nature, let’s celebrate all the animals who complete the Adorable Circle of Life.

ALEX SOLIS is an illustrator and designer, as well as a full-time husband and father. Born in Mexico, raised in Wisconsin, and currently living and working in Illinois, Solis is bridging cultural gaps with the universal language of art, as can be seen in his viral art series, including “Famous Chunkies,” “Icons Unmasked,” and the “Adorable Circle of Life.” You can see all his work online at alexmdc.tumblr.com.

World (W) • CQ 30
6” x 6” • 64 pages
30 color illustrations
Humor
MAY
THE ADORABLE CIRCLE OF LIFE ADULT COLORING BOOK

An alternative coloring book that shows the darker side to cutesy wildlife creatures.

Predators get a pretty bad rap. Sure, they prey on helpless animals that never stand a chance. But behind those jagged teeth, powerful jaws, and razor-sharp claws, every predator has a softer side. Maybe even an adorable one.

Everyone has compassion for the cute bunny or lamb. But what about predators who are working hard for their meal? Capturing their prey is a life or death game. Just think about the last time you had to hunt for food while hangry. You can understand, right?

With thirty adorably dark scenes of nature, Alex Solis shares his sense of humor while giving you a chance to color in the most gruesome parts of life with a smile.

It’s time to give these predators a break! Because, in the end, both predators and their prey play a role. I mean, it’s not their fault they were made this way! They’re just living off of instincts; doing what comes naturally. So rather than turning away from nature, let’s celebrate all the animals who complete The Adorable Circle of Life Adult Coloring Book!

ALEX SOLIS is an illustrator and designer, as well as a full-time husband and father. Born in Mexico, raised in Wisconsin, and currently living and working in Illinois, Solis is bridging cultural gaps with the universal language of art, as can be seen in his viral art series, including “Famous Chunkies,” “Icons Unmasked,” and the “Adorable Circle of Life.” You can see all his work online at alexmdc.tumblr.com.
If your heart tells you to order dessert, but your head says you should eat more fruits and veggies, then you will love smoothie bowls—the latest trend in healthy eating.

Imagine curling up on the couch with your favorite bowl piled high with a delicious frozen treat topped with fresh fruit and nuts—and what’s in that bowl is actually good for you! Smoothie bowls make this dream a reality.

Carissa Bonham, the writer behind the popular blog *Creative Green Living*, pulls together eighty delectable recipes for smoothies so good that your kids, friends, and veggie-hating spouse will be begging for more.

If you can operate a blender, then you can make a smoothie bowl. Carissa walks you through everything you need to know to produce Instagram-worthy creations in your own kitchen. Every recipe tastes as good as it looks and fills you up, making smoothie bowls the perfect choice for any meal or midday snack.

Focusing on a variety of colorful superfoods, Carissa also discusses the nutritional benefits of these beautiful ingredients. Organized using the colors of the rainbow, flipping through these pages will leave you feeling inspired and motivated to create these beautiful, healthy bowls.

**Carissa Bonham**, once dubbed “The Green Martha Stewart,” believes that healthy food should be both beautiful and delicious. She launched her popular website *Creative Green Living* in 2013 to help parents make healthy choices that actually work for real-life families. A Northwest girl at heart, Carissa lives with a house full of boys—with only her dog and a few chickens as her female companions. When she isn’t chasing children, chickens, or dogs, you might find her tending her garden, creating a new craft tutorial, or taking pictures of her latest smoothie bowl for Instagram. She resides near Portland, Oregon.
THE BIG BOOK OF JUICING
More Than 150 Delicious Recipes for Fruit and Vegetable Juices, Green Smoothies, and Probiotic Drinks

It's never been easier to increase your energy, lose weight, and improve your immune system.

With *The Big Book of Juicing*, you’ll learn how to make a variety of healthy drinks, which fruits and vegetables provide the nutrients to meet your specific health needs, and which produce is better when eaten whole rather than juiced or blended. The full-color photos will inspire you to start blending today. Feel the difference when you incorporate these juices, smoothies, and other drinks into your daily diet.

- Apricot & Melon Smoothie
- Cacao Dessert Smoothie
- Excitement in Your Mouth Juice
- Frothy Monkey Juice
- Lemon Ginger Kombucha
- Probiotic Lemonade
- Secret Spinach Shake
- Quick and Dirty Flu Fighter
- Wake Me Up Morning Cocktail

In addition, readers will learn how green smoothies are hands down one of the best supplements to any diet. With at least one smoothie a day your body will not only receive an extra boost of nutrients, but it will begin to crave these healthier foods naturally.

*The Big Book of Juicing* also gives instructions on how to create probiotic drinks that benefit digestion, metabolism, and the immune system. Now you can enjoy these bubbly probiotic drinks at home. Whether you’re new to juicing or already a stalwart supporter, you’ll find tips for choosing a juicer, suggestions for going on a juice detox, and recipes that the whole family will love!
You don’t have to cook another entire meal to feed your baby, nor blend everything you eat into a mush to support healthy growth in an infant. With a little patience, presence, and skill, you can transform nearly any meal into a baby-friendly food.

In the past, humans thrived without “baby food” (which came about in the mid-nineteenth century). Think about it: the human race has made it this far largely on whole food. Only in recent decades have we begun overthinking and overprocessing our foods, which has led to chronic dieting, chronic disease, disordered eating, body distrust, and epidemic confusion about the best way to feed ourselves and our families. Eating is an innate skill that has been overcomplicated by marketing schemes and a dieting culture.

We, as humans, are born to eat, and it seems only natural for us to start at the beginning—babies are born to eat, too. When babies show signs of readiness for solid foods, they can eat what we eat and become healthy, happy eaters in the process. By honoring self-regulation (also an innate skill) and focusing on a whole food foundation, we foster healthier children and families.

Aside from the United States, almost every country is accepting of this approach, known as baby-led weaning. With advice, instructions, and recipes from nutritionist and wellness experts Wendy Jo Peterson and Leslie Schilling, you can ensure that your infant is introduced to healthy and tasty food as early as possible.

WENDY JO PETERSON, MS RDN, is the coauthor of The Mediterranean Diet Cookbook For Dummies and Adrenal Fatigue For Dummies. As with all military spouses, she wears many hats, but her favorite is her role as mama. She splits her time between Austin, Texas; San Diego, California; and Europe.

LESLIE SCHILLING, MA RDN, is a master’s level registered dietitian, nationally recognized speaker, and nutrition therapist. She holds the highest US credential for professional sports nutrition and was the nutritionist for the 2014–2015 Memphis Grizzlies NBA team. She resides in Las Vegas, Nevada.
Fritz Brand

**COOK LIKE A MAN**
Master Your Kitchen with 68 Simple and Delicious Recipes

Reclaim your place in the kitchen and cook hearty, manly food you can’t wait to eat!

“I don’t know how to cook!” say most men. Men seem to perform perfectly fine outside on the grill, but put an apron on them and hand them a whisk, and the wheels come off quickly. Author Fritz Brand thinks that men can challenge themselves to beat down this stereotype once and for all.

In the spirit of fraternity, fellow man and home-cook convert, Fritz Brand shows what works, how it works, and why it works, equipping readers with an understanding of kitchen basics while also divulging a few easy tricks, even if it means “faking it till ya make it.” Learn to cook for different occasions such as a romantic dinner for two, game night with the boys, feeding a horde of hungry children, or getting back in the mother-in-law’s good books (if that’s even possible).

To put the techniques into practice, Brand compiles sixty-eight simple and thoroughly edible recipes—the kind of food you want to eat—that any self-respecting man should be able to cook:

- The cheeseburger
- Spaghetti carbonara
- Eggs “bacondict”
- Beer-battered fish and chips
- Buttermilk pancake stacks with bacon and maple syrup
- And more!

Part guide and part cookbook, *Cook Like a Man* tells all men to confront their fears, drop the excuses, get their hands dirty, and cook like a man!

**FRITZ BRAND** is a programmer, cook, photographer, and writer. Like most men, he didn’t venture into the kitchen until college. After reading Anthony Bourdain’s *Kitchen Confidential*, he got himself a decent chef’s knife and never looked back. He documents his cooking on his website RealMenCanCook.co.za. Brand lives in Durbanville, South Africa.
Tina Nordström

TINA NORDSTRÖM’S RECIPES FOR YOUNG COOKS
Kid-Friendly Tips and Tricks to Cook Like a Master Chef

Impress adults with the help of Tina’s cooking school for kids.

Lobster gratin, pulled pork, Nutella mousse. These dishes may sound complicated to make, but in Tina Nordström’s Recipes for Young Cooks, Tina makes it so easy that even a child can cook like a professional chef. Tina introduces aspiring young cooks to the culinary world by offering delicious, easy-to-follow recipes and cooking guidelines for preparing simple food that tastes great.

In Tina Nordström’s Recipes for Young Cooks, children and their parents will learn how to prepare delicious meals that will astound friends and family with the help of celebrity chef Tina Nordström. Tina’s tried-and-true cooking tips and recipe advice will have chef hopefuls chopping onions and mixing dressings as though they’ve never done anything else. Recipes in this valuable guide include:

- Spaghetti with Bolognese sauce
- Stuffed pork tenderloin
- Sausage stroganoff
- Rocky road ice cream cake
- Crème brûlée
- Baked apples with cinnamon sugar filling
- And more!

Tina Nordström became Sweden’s first female celebrity chef in 2001 after qualifying as a finalist in the prestigious Swedish Chef of the Year competition. She won the silver medal at the Culinary Olympics with her delicious recipes and free-spirited approach to cooking. She is a food columnist for the Swedish magazine, Gourmet, and the author of several cookbooks, including Tina Nordström’s Scandinavian Cooking, and Tina Nordström’s Weekend Cooking. She resides in Helsingborg, Sweden.

$16.99 hardcover (Can. $25.99)
World English (W) • CQ 24
ISBN 978-1-5107-1706-0
7 ½” x 8 ¾” • 112 pages
50 color photographs
Cooking
ebook ISBN 978-1-5107-1711-4
MAY
Matthew Dolan

SIMPLY FISH
75 Modern and Delicious Recipes for Sustainable Seafood

Chef and restaurant owner Matthew Dolan offers healthy tricks of the trade as the clean eating and sustainable lifestyle brings more steak junkies over to the leaner proteins of the sea.

The frequency of eating fish and seafood has grown worldwide due to the rising interest in healthy living and the desire to add more variety to our diets. Simply Fish explores a wide range of recipes, techniques, and secrets to delivering a restaurant-quality experience in your own home, simply through cooking fish!

Chef Matthew Dolan offers his own collection of stories and delicious fish and seafood recipes for a great variety of appetizers, main courses, sauces, side dishes, and desserts—even adding a scattering of wine pairing suggestions along the way. In Simply Fish, you will learn how to cook healthy and delicious fish for every season, from casual and quick get-togethers to the adventurous larger gatherings.

Recipes in this helpful guide include:

- Almond Milk Poached Local Cod
- Barbecued Oysters
- Seared Bay Scallop Fish Tacos
- Beer Steamed Mussels
- And more!

Matthew Dolan is an established chef and restaurant owner who trained at The Culinary Institute of America in New York. His restaurant, Twenty Five Lusk, was named Esquire magazine’s Best New Restaurant and Open Table Diners’ Choice Top Hot Spot Restaurants in the United States since its opening in 2010. He resides in San Francisco, California.
Lei Shishak

FARM-TO-TABLE DESSERTS
80 Seasonal Organic Recipes Made from Your Local Farmers’ Market

A follow-up to Beach House Baking and Beach House Brunch, Lei Shishak shares her local farmers’ market finds and recipes for turning them into mouthwatering desserts.

When we shop at farmers’ markets, we support our local economy and consume food that’s healthier, tastier, and packed with essential nutrients specific to our local environment. In Farm-to-Table Desserts, chef Lei demonstrates how baking with locally sourced, organic ingredients is so satisfying that it will quickly become an easy and delicious habit.

With more than eighty sweet recipes divided by season, Farm-to-Table Desserts shows readers how to create simple desserts using fresh and local ingredients at their prime. With Lei’s instruction, home cooks will see how easy it is to bake fresh year-round. Recipes include some of Lei’s favorites:

• Stone peach cobbler
• Fig jam
• Sweet corn panna cotta
• Strawberry hand pie
• Sweet potato cake
• Blood orange pot de crème

Lei Shishak is an established pastry chef who trained at the CIA in New York and has worked at restaurants in Sun Valley and Los Angeles. She has been featured in People, Riviera Magazine, Sunset Magazine, Coast, the Los Angeles Daily News, and Fine Living, among other publications. She is the author of Beach House Baking, named one of 2014’s Top 10 Summer Cookbooks by USA Today, and Beach House Brunch. She resides in Dana Point, California.

“I was always impressed with Chef Shishak’s ability to create simple, tasty pastries.” —Michael Mina, James Beard Award–winning chef and CEO of Mina Group

$22.99 hardcover (Can. $35.99)
World (W) • CQ 20
7 ¼” x 9 ¼” • 176 pages
60 color photographs
Cooking
MAY
Spanish chef Toni Rodríguez makes cooking vegan simple and eating vegan delicious! Eating vegan is a conscientious choice that enables people to care not just for their appetites but for their overall health, ethical beliefs, and ecological responsibility. For those with special dietary needs or weight-control concerns, veganism offers a delicious alternative diet of grains, fruits, vegetables, legumes, and other plant-based proteins.

Here, Rodríguez presents a collection of recipes for tasty vegan burgers that will leave you satisfied without guilt. Also included are recipes for delectable sauces, savory burger buns and sides, and even luscious desserts. Eating healthy and ethically never tasted so good! Fire up the grill and get ready to sink your teeth into these amazing recipes, including:

- Vegan chorizo burger
- Black olive burger
- Quinoa, lentil, dill, and arugula burger
- Rosemary burger buns
- Sweet potato fries
- Roasted artichokes
- Hazelnut ice cream and chocolate cookie sandwich
- And many more!

Beautiful, tempting photos accompany the recipes, and Rodríguez shares his story and the delights of veganism. A quick list of useful kitchen accessories and thorough descriptions of basic vegan burger ingredients guide readers around the vegan kitchen. Whether you're a committed vegan or just curious, there's more than a few favorites waiting to be discovered in this book. ¡Buen provecho!

TONI RODRÍGUEZ is a pastry cook dedicated to developing vegan cakes and buns. He is currently the master pastry chef at Lujuria Vegana, a vegan bakery shop in Barcelona, Spain.
There is something fundamentally charming about a simple cottage surrounded by a fence covered with roses. More than 1,200 of these houses can be found on Nantucket Island. Nowhere in this country are there more charming and diverse cottages featuring small pocket gardens and window boxes than on Nantucket.

To a large extent, the character of the island is reflective of these little early homes. They were originally built by and for island residents at a time when islanders didn’t require, didn’t desire, or couldn’t afford anything larger.

Living small, as typified by cottage living, has become the responsible, chic, innovative, and practical wave of the immediate future. Many homeowners across the country are rethinking their needs in regard to space, opting for more quality and less quantity. They know that a house is more than square footage, and a small home is one that can be infused with special details and designed to accommodate the lifestyle of its occupants. Neither size nor volume has anything to do with style and comfort.

The homes and gardens featured in *Nantucket Cottages and Gardens* reflect classic design elements that have been embraced in the past and continue to survive in the present. Throughout this book, the cottages of Nantucket will inspire those who are building new, renovating, or decorating a small home. When the quantity of space is pared down, more money can be spent on the things that give a house character, such as built-ins, weathered wood furniture, unique art pieces, and handmade textiles.

**Leslie Linsley** is the author of more than sixty books on crafts, home style, and decorating including *Nantucket Island Living*, *A Nantucket Christmas*, and *Key West Houses*. She writes regular columns for Nantucket’s newspapers and has appeared as a regular guest on national television shows such as *Today*, *Good Morning America*, and *Oprah*. She resides in Nantucket, Massachusetts.
Tripp Bowden

ALL THE MEMORABLE ROUNDS
The 50 Greatest Golf Course Experiences in America

In All the Memorable Rounds, author Tripp Bowden asserts that it is the experience that defines a golf course. This includes the experience from the parking lot to the pro shop, the golf course to the caddies, the first tee jitters to the eighteenth tee with all bets on the line. The experience is at the nineteenth hole, commiserating over a pint to the ones that got away, raising a glass to the ones that didn’t.

Bowden includes his own stories from some of the most noteworthy courses in America, while weaving in testimonies from fellow golf lovers and professionals. From Augusta National to Winged Foot, Pine Valley, and many in between, the reader can live, love, and learn alongside Bowden and friends. Featured experiences include:

• Playing a round at Palmetto Golf Club and discovering the never-before-told story behind course designer Alistair McKenzie.
• Learning about Ben Hogan’s private table in the grill room at Shady Oaks and learning the true secret to the Hogan swing.
• Reliving the game of golf for the first time again at a municipal golf course in Augusta, Georgia, called the Cabbage Patch, through the eyes of a nine-year-old first-time golfer.

All the Memorable Rounds goes beyond the slope ratings and dives deep into the experiences that make the game of golf one of the oldest and most celebrated in the world.

TRIPP BOWDEN is a former Augusta National caddy, the first full-time white caddy in the history of the elite private club. He’s also a former collegiate golfer and alum of Augusta University and a former copywriter, first with McCann Erickson New York and later with his own company, Creative Wizards. Tripp is the author of the New York Times–praised Freddie & Me: Life Lessons from Freddie Bennett, Augusta National’s Legendary Caddy Master. A frequent speaker at prominent golf clubs across America and beyond, Tripp lives with his wife Fletch and children Arrie B. and Holly Mac in Augusta, Georgia.
Chuck Wills, in Association with the Berman Museum of World History
Foreword by Robert A. Sadowski

THE ILLUSTRATED HISTORY OF GUNS
From First Firearms to Semiautomatic Weapons

For the first time in paperback, a photographic history of civilization, as seen through the world’s most deadly and fascinating firearms.

The Illustrated History of Guns is a comprehensive look at the tools of battle. To craft this book, more than five hundred photographs of genuine specimens were specially commissioned from the six-thousand-piece collection of the Berman Museum of World History. The weapons featured span a period of close to four thousand years, ranging from Ancient Greece to World War II, and from the Crusades in Europe to the US Civil War. It features a wide array of diverse treasures, including the traveling pistols of Confederate president Jefferson Davis, a royal Persian scimitar with 1,295 rose-cut diamonds and rubies, and a single 11-carat emerald set in gold, first owned by Shah Abbas I of Persia and given in tribute to Catherine the Great. The Illustrated History of Guns also offers information on weapons innovators, including Alexander Forsyth, Eliphalet Remington, Samuel Colt, Sergei Mosin, the Mauser brothers, Hiram Maxim, John Browning, Richard Gatling, John T. Thompson, John Garland, Feodor Tokarev, Oliver Winchester, and Mikhail Kalashnikov.

With unparalleled historical perspective and background on persons significant to the development and advancements of weapons technology or military strategy, The Illustrated History of Guns belongs on the shelf of every history buff and firearms enthusiast.

Chuck Wills is a writer, editor, and consultant specializing in history, with an emphasis on military history. His work in this area includes books on the Battle of the Little Bighorn, Pearl Harbor, and the Tet Offensive, as well as several volumes of an illustrated history of the American Civil War. He resides in New York City.

Learn how to combat the grueling, harsh conditions that come with living off the land and reap the rewards of the gratifying, self-sufficient lifestyle!

Matt Graham, star of the Discovery Channel’s Dual Survival and Dude, You’re Screwed, details the physical, mental, and emotional joys and harrowing struggles of his life as a modern-day hunter-gatherer.

In Epic Survival, written with Josh Young, coauthor of five New York Times bestsellers, Matt relays captivating stories from his life to show just how terrifying and gratifying living off the grid can be.

He takes us with him as he treks into the wilderness to live alone for half a year, armed with nothing but a loincloth, a pair of sandals, a stone knife, and chia seeds. He recounts near-death experiences of hiking alone through the snowdrifts at the bottom of the Grand Canyon and reminisces how he entered a three-day Arabian horse race on foot and finished third.

Above all, Epic Survival is a book about growing closer to the land that nurtures us. Whether you’re an armchair survivalist or have taken the plunge yourself, Graham’s story is both an inspiration and invigoration, teaching even the most urbane among us important and breathtaking lessons. Presented in paperback for the first time, with a new introduction from Graham and a foreword by noted survivalist and author David Westcott, you’ll feel the call to return to nature.

Matt Graham is one of the world’s premier survival adventurers and primitive living skill teachers. He stars in Discovery Channel’s Dual Survival, is featured on Discovery’s Dude, You’re Screwed, and has served as a consultant for Survivorman and The Amazing Race. He resides in Boulder, Utah.

Josh Young is a bestselling author. He specializes in cowriting books of notable entertainment figures, most recently, Here’s the Deal: Don’t Touch Me with Howie Mandel. As a journalist, Josh has worked for Esquire, George, and LIFE magazines. He resides in Bethesda, Maryland.

David Westcott is author of Camping in the Old Style and editor of Primitive Technology: A Book of Earth Skills. A leading figure in wilderness education for more than thirty years, he lives with his wife in Rexburg, Idaho.
Toss the canned stews and moldy sandwiches: Eat well at every meal and enjoy the voyage, whether it’s a day trip, overnighter, or long cruise.

Boaters with limited space and cramped galleys can eat well and enjoy every meal if they know the tricks acquired by Sylvia Dabney and the boaters she has met over thirty years of cruising.

Cooking on a small boat—sail or power—requires special attention few new boaters understand. Here is everything anyone needs to know about creating stunning meals in a small boat galley. This is what really works, time-tested by longtime sailors: recipes and the stories that came with creating them. It is like having a longtime cook along with you: what gadgets, stores, and supplies to have onboard a fully functioning yacht galley—whether it’s a 27-foot sailboat or a 60-foot motor cruiser.

Readers will also find a comprehensive list of what to bring and how to store it in limited space. Sylvia Dabney is a longtime live-aboard sailor with more than sixty thousand offshore miles. She understands the necessity of a well-stored pantry and loves collecting recipes from around the cruising world.

The recipes are organized in accessible chapters: Appetizers, Soups & Stews, Salads, Vegetables, Seafood, Chicken, and much, much more.

SYLVIA DABNEY and her husband are longtime sailors with sixty thousand offshore miles over thirty years of cruising. She has a 100-ton master’s license and has written for years as a member of Boating Writers International.
Tom Airhart, Eddie Kent, and Kent Raymer

THE ULTIMATE GUIDE TO WATERFOWL HUNTING
Tips, Tactics, and Techniques for Ducks and Geese

Expert strategies for hunting ducks and geese across North America.

Waterfowling is one of the more challenging forms of hunting. Requiring an intimate knowledge of the quarry in specialized gear—from shotguns and ammo to decoys, calls, blinds, and boats—and taking place in a variety of terrains—from the fields of Manitoba to the flooded timber of Arkansas, it’s the type of sport that gets in your blood and stays there. In The Ultimate Guide to Waterfowl Hunting, all aspects of this sport are covered by three authors who have intimate knowledge of how to hunt ducks and geese successfully. Chapters within this book cover dozens of topics, with special attention devoted to:

- Identifying the many and various species of waterfowl
- Methods for decoying and calling in a variety of situations
- Advice on how to choose the best gear for the situation at hand
- Theories and practices of retriever training and handling
- Tips on hunting in different types of weather, from rain and snow to bluebird skies
- How to choose the correct guns and loading
- Plus tips on blind placement in water or on land

With more than a hundred photographs expertly illuminating the realities of waterfowl hunting, The Ultimate Guide to Waterfowl Hunting is sure to help hunters of all skill levels bag their biggest catches yet.

TOM AIRHART is a writer and inventor with a doctorate in engineering and numerous patents to his name. He has been hunting elk across North America for forty years. He lives in Copeville, Texas.

EDDIE KENT is a small business owner and avid hunter. He lives in Blue Ridge, Texas.

KENT RAYMER is president of Raymer Consulting Group and an experienced weekend hunter. He lives with his family in Blue Ridge, Texas.
Dirk Vlieks
Foreword by Amby Burfoot

SQUARE ONE
Returning to Life and Competitive Running after My Devastating Stroke

The inspirational story of an athlete’s will and determination to rebuild his life.

Dirk Vlieks was at the top of his game. At the age of thirty-two, he was a top-ranked triathlete with numerous Ironman finishes under his belt. That all changed in an instant one day in June of 2006 when he stepped groggily from his bike in Honolulu, Hawaii, and collapsed. He had suffered a stroke so devastating that by the time he reached the hospital, a doctor told his wife to prepare to turn off the machines keeping him alive. Vlieks spent the next two months in intensive care before he was strong enough to begin a rehabilitation program that included learning to speak, talk, eat, and walk again. His first weaving, assisted walks turned later to slow jogs, then short runs. Five years later, he returned to Hawaii to finish the race in which he had nearly died. He would then run the New York City Marathon. In Square One: Returning to Life and Competitive Running after My Devastating Stroke, Vlieks shares his inspirational story about persevering against all odds. It has not been a smooth ride, and he continues to work—and run and inspire. His mission now is to help energize and motivate others to live their lives with determination and joy.

Dirk Vlieks began moving the moment he was born. From childhood days of hiking and skiing in the Alps to tennis and biking as a California teen, he did not enjoy sitting still. After playing Division I tennis for four years at St. Mary’s College in Moraga, California, and playing tennis semi-professionally in Brazil, he discovered triathlon, ultra-distance running, and skate-skiing. He has competed in multiple Ironman-distance triathlons around the world, including the Kona Hawaii Ironman. These days he looks for marathons and half marathons from his home in Mystic, Connecticut, where he lives with his wife Kelsey, and his twin daughters Anna and Elizabeth.

Amby Burfoot, a lifelong runner and running advocate, has been executive editor of Runner’s World magazine since 1985. In 1968, he won the Boston Marathon, the first American to do so in eleven years. He is the author of The Principles of Running and Runner’s World Complete Book of Running. He lives in Emmaus, Pennsylvania.
Andrew Ginsburg

PUMPING IRONY
How to Build Muscle, Lose Weight, and Have the Last Laugh

Health and fitness tips presented in a fun and engaging manner.

In *Pumping Irony*, fitness expert and comedian Andrew Ginsburg presents a workout and diet program that helps one lose weight, build muscle, and sculpt a unique body. Ginsburg treats each physique as an art project, except the body is the canvas, the weights are the paintbrush, and the food is the paint. In doing so, he emphasizes the “holy trinity” to getting into great shape—exercise, nutrition, and relaxation. In addition to the diet and exercise regime, this book offers unique insight into healthy eating on a budget, how to choose the right diet to fit your personal needs, finding the right trainer, advice on how to sniff out fake trainers, gym etiquette, and details regarding how to find the right gym attire. The mental side of fitness is also discussed to keep the trainee motivated to reach their fitness goals.

*Pumping Irony* presents a tried and true workout and diet strategy that leaves nothing to chance. By combining extensive fitness knowledge with engaging humor, this book makes the notion of going to the gym a fun and exciting one. Readers will be able to laugh their way through the workout, regardless of its intensity.

Andrew Ginsburg is a fitness expert, stand-up comedian, writer, and actor who has performed in comedy clubs and colleges across the country. As a competitive natural bodybuilder, Andrew has won three titles and recently came in second place at the Natural Mr. America competition. For the past ten years, Andrew has also trained hundreds of clients privately. He lives in New York City.

$16.99 paperback (Can. $25.99)
World (W) • CQ 30
ISBN 978-1-5107-1612-4
5 ½" x 8 ¼" • 224 pages
20 b/w photographs
Health & Fitness
ebook ISBN 978-1-5107-1613-1
MAY
Adam Carpenter

PREGNANCY FOR DADS-TO-BE
The Essential Pocket Handbook to the First Nine Months of Fatherhood and Beyond

It's hard to know what to expect and how to prepare, but remember: you're not alone, and every father before you has shared the same doubts and fears.

Your partner is pregnant, and by now you're undoubtedly experiencing the element of fear that every dad-to-be feels upon learning a new baby is on the way. Well, sir, it's time to embrace this fear and tackle parenthood and the pregnancy process head-on!

Packed with information, tips, and advice, from the development of your baby month by month to how to help your partner throughout the birth—Pregnancy for Dads-to-Be is a jargon-free, easy read that will help you understand what to expect during pregnancy and how to plan for the weeks ahead. The breakdown of advice will include:

- Preparing your partner for pregnancy
- The first trimester: 0–12 weeks
- The second trimester: 13–27 weeks
- The third trimester: 28–40 weeks
- Birth and beyond
- Life with a newborn

It's never too early to start preparing your home to accommodate a baby. Whether you or someone you know will soon be fathering a bundle of joy, Pregnancy for Dads-to-Be will serve as an invaluable resource and will properly prepare you for the joy of fatherhood.

ADAM CARPENTER has worked as an editor and freelance writer on several leading magazines, including Practical Parenting, Mother & Baby, and Condé Nast Brides. He writes a regular column for Writers’ Forum and has been a blogger on Working Mums. He lives in West Cornwall, United Kingdom, with his wife and two kids.

$12.99 paperback original (Can. $19.99)
North America (NA) • CQ 30
5” x 7” • 208 pages
Parenting
ebook ISBN 978-1-5107-1712-1
MAY
From ancient times, herbs have played a vital role in the healing traditions of many cultures. Fueled by concerns over the growing number of antibiotic-resistant microorganisms, interest in herbal remedies has grown steadily in the past few decades.

The use of simple herbal remedies can encourage us to once again take responsibility for our own health. Instead of trying to obliterate symptoms when they become severe, we need to be sufficiently in tune with our bodies to recognize those symptoms as they develop and treat likely causes—whether physical, emotional or spiritual—to restore balance.

The Complete Medicinal Herbal provides a photographic survey of more than 120 medicinal herbs with therapeutic properties, as well as a section on their historical uses. Each entry provides details on the plant’s chemical constituents, its actions, and its therapeutic applications. The detailed how-to section notes suggested treatments, including dosage and preparation, for various ailments from ordinary coughs, colds, and headaches to treatments for skin conditions, digestive problems, and children’s issues.

This holistic guide creates a great alternative to traditional Western medicine and encourages full-body health and well-being. Anyone interested in taking responsibility for their health, healing, and herbalism will find The Complete Medicinal Herbal invaluable.

Penelope Ody, BSc MNIMH, studied chemistry at Bristol University and herbal medicine at the School of Phytotherapy in Sussex, England, and later at the College of Traditional Chinese Medicine in Guangzhou, China. She is a member of the National Institute of Medical Herbalists and a fellow of the Herb Society, and she ran her own private herbal consultancy in Buckinghamshire, England, for more than ten years. She has written more than twenty-five books, mainly on herbal and health topics. She continues to write for various publications, lecture on herbal topics, and run day courses on using herbs at her Hampshire, England, home.
Dede Cummings and Alyssa Holmes

HEALING HERBS
How to Grow Them, Store Them, and Maximize Their Medicinal Power

A practical and beautiful guide to growing healing herbs at home.

Dig into the world of herbal medicine with this complete guide to cultivating and harvesting plants with healing properties. For thousands of years, people have been utilizing herbs and cultivating weeds found to speed the healing of wounds, soothe skin irritations, calm uneasy stomachs, and ward off illnesses. In these pages, you’ll learn the basics of gardening in your backyard—or on your windowsill or porch—including instructions for:

- Garden design
- Composting
- Garden maintenance
- Harvesting
- Recipes for salves, lotions, and poultices
- And more!

You’ll also find profiles of useful herbs that are easy to grow or wild-craft, along with inspiring stories, medicine-making instructions, and recipes for your home medicine chest. Known to boost immunity, reduce blood pressure, aid digestion, and relieve arthritis among other medicinal properties, powerful plants such as garlic, echinacea, yarrow, elderflower, mint, elecampane, and many more are included in this illustrated guide.


ALYSSA HOLMES is the herbalist and apothecary manager at the Brattleboro Holistic Health Center in southern Vermont. Her training includes studying with Rosemary Gladstar of Sage Mountain Herbs, Barbara Fahs on the Big Island of Hawaii, and the American Institute of Vedic Studies. Alyssa grows medicinal herbs and makes medicine for her clients and family on her homestead in Brattleboro, Vermont.
This is the first book to not only select the events that most influenced the causes and outcome of America's Civil War but also rank them in order of significance. In each of the book's twenty detailed essays, author/historian/speaker Alan Axelrod presents an engaging narrative about an event and also explains how that event shaped the course of the war and ultimately the future of the country. The author's selection and ranking criteria include:

- Effect as a cause or trigger of the war
- Decisiveness: whether it was a war-winning or war-losing event (both in military terms and in terms of public opinion, morale, and support)
- Magnitude and scope: size and cost of a battle
- Enduring postwar significance in American history, politics, society, culture, and military history and technology

From Lincoln's inauguration, Antietam, and John Brown's raid, to the New York draft riots and Stonewall Jackson's death as a result of friendly fire, never before has the Civil War been explored quite this way. The Civil War was a violent argument between the North and the South. The purpose of this book is to start another argument about its history.

**ALAN AXELROD, PHD**, is the author of more than 144 books on history, leadership, management, and other nonfiction. His titles include *The Complete Idiot's Guide to the Civil War*, *The Complete Idiot's Guide to American History*, *The Real History of the Civil War*, and *Patton on Leadership*. He lectures extensively on these topics and others. He lives in Atlanta, Georgia.
Philip Kaplan

LONE EAGLE
The Fighter Pilot Experience—From World War I and World War II to the Jet Age

Climb into the cockpit with a unique breed of aviation hero.

Take someone with superior intelligence, unusual strength, perfect vision, catlike reflexes, exceptional marksmanship, and nerves of steel—and you just might have what it takes. The fighter pilot had total control of an airborne vehicle traveling hundreds of miles an hour, and was capable of leaving a devastating path of destruction in his wake. Navigating with brains and stamina, making life-or-death decisions in the blink of an eye, these unique heroes succeeded or failed by their skill and wit. And although their planes have changed over the years—from World War I’s precarious contraptions made of wood, wire, and cloth, to the metal monsters of World War II, and finally to sleek, computerized birds able to cruise at speeds that exceed Mach 1—fighter pilots still must out-think and out-fly opponents in a one-on-one contest where everything is at stake.

Profusely illustrated throughout with action photos, paintings, memorabilia, and mementoes, Lone Eagle is a vivid volume recalling the thrill of flying Spitfires, Phantoms, Zeroes, and other fighter planes throughout aviation history. Through engaging personal stories and remembrances, this book examines the combat missions and evolution of tactics gathered over the past seventy years, where every hour of every day was an unforgettable and marvelous experience.

PHILIP KAPLAN, formerly an art director with Playboy, Atlanta, and Architectural Digest magazines, has written, coauthored, and designed thirty-eight books, including the Skyhorse books The Bird Farm, Silent Service, and The Bomber Aircrew Experience. He lives in Gloucestershire, England.
Philip Kaplan and Andy Saunders

ESCORT PILOT
Guarding the American Bombers over Europe in World War II

A fond portrait of World War Two’s most flamboyant fighters.

Spitfire, Mustang, Lightning, Thunderbolt . . . in the darkest days of WWII, these legendary fighters escorted lumbering heavy bombers over enemy territory, providing protection, drawing cover, and taking on everything Germany’s Luftwaffe could throw at them.

Escort Pilot is the lavishly illustrated celebration of these unique heroes, painstakingly researched and beautifully designed. It conjures up the lost world of these daring US, British, and other Allied pilots. Readers witness gripping, firsthand accounts of deadly dogfights over Germany, accompanied by warm, humorous personal reminiscences of life on the ground, accompanied throughout by hundreds of period photos and reproductions of vintage artifacts and keepsakes—many in full color.

Filled with engaging anecdotes, little-known fighter lore, and a wealth of fascinating and colorful details you’d expect—from favorite, long-forgotten local pubs to personalized flight jacket artwork—Escort Pilot is a richly evocative reminiscence of a heroic era and the larger-than-life personalities that inhabited it.

Philip Kaplan, formerly an art director with Playboy, Atlanta, and Architectural Digest magazines, has written, coauthored, and designed thirty-eight books, including The Bird Farm, Silent Service, and The Bomber Aircrew Experience, all published by Skyhorse. He lives in Gloucestershire, England.

Andy Saunders, from Hastings in England, is the author or coauthor of several military titles.

$29.99 paperback original (Can. $46.99)
World (W) • CQ 18
ISBN 978-1-5107-0512-8
8 ½” x 10 ½” • 240 pages
77 color photographs
120 b/w photographs
History
MAY
Eugen Dollmann was a scholar and member of the SS whose connections among Italian society led to a posting as a liaison officer attached to Mussolini during World War II. In his work as a diplomat and interpreter, he associated with Heydrich, Himmler, and Hitler.

This memoir begins with the surrender of the Germans in 1945 and relates how after Dollmann escaped from the British, a Roman Catholic Cardinal helped him by allowing him to hide in a home for drug addicts. Later, Dollmann was provided with false papers by the CIA who enlisted him for the fight against Communism.

Once he was arrested by the Italian police, the Americans had no alternative but to jail him, and after some months he was transferred to a camp near Frankfurt for “outstanding cases,” where some of the prominent Nazis were held. Dollmann was released, but he decided to get back to Italy across the frontiers, which he succeeded in doing only after a series of varied escapades.

_Nazi Fugitive_ is a remarkable story of a former enemy turned ally during the early years of the Cold War.

EUGEN DOLLMANN was born in 1900 in Ratisbon, Germany. He graduated as a doctor of philosophy from the University of Munich and continued his studies in the Vatican Library. After the war, he wrote and translated books in both German and Italian. Dollmann died in 1985 in Munich, Germany.

GERHARD WEINBERG is a retired professor of history who has published extensively on Nazi Germany and the origins and course of World War II, including _Hitler’s Foreign Policy 1933–1939: The Road to World War II_ and _A World at Arms: A Global History of World War II_.

$21.99 hardcover (Can. $33.99)
World English (W) • CQ 30
ISBN 978-1-5107-1595-0
5 ½” x 8 ¼” • 208 pages
History
ebook ISBN 978-1-5107-1597-4
MAY
In 1918, as the First World War ravaged the European continent, young American journalist Lowell Thomas traveled to the Ottoman Empire to report on the revolts breaking out as an indirect result of the savage European conflict. While in Jerusalem, he met and struck up a friendship with the infamous young British captain, T.E. Lawrence. Based on his travels and interviews with Lawrence, Thomas wrote the now classic *With Lawrence in Arabia*, the book that spawned the Lawrence of Arabia legend and served as the basis for the award-winning 1961 film of the same name.

Fantastically paced with equal measures of fact and adventure, Thomas narrates the exploits of the infamous British agent who against all odds managed to join several factious Arabian tribes into a single combat unit. With Lawrence in command, this guerilla force would go on to defeat the great Turkish Army and ensure the eventual demise of the previously impenetrable Ottoman Empire.

On the sweeping and the exotic Arabian desert that serves as the setting for this epic account, Thomas brings to life dozens of great historical figures including Emir Feisel, King Hussein I of Hejaz, British General Edmund Allenby, and Lawrence, the enigmatic, “modern knight of Arabia.” With new forewords by modern explorers, this Explorer’s Club Classic edition of *With Lawrence in Arabia* is a must-have for every history buff and armchair adventurer.

Lowell Thomas was an American writer, broadcaster, and world traveler. He was the author of more than a dozen books in his lifetime, including the classic *With Lawrence in Arabia* (1924). He passed away in 1981.
C. Vann Woodward
Foreword by Evan Thomas

THE BATTLE FOR LEYTE GULF
The Incredible Story of World War II’s Largest Naval Battle

A new edition of the New York Times bestseller on one of history’s greatest naval battles!

Pulitzer Prize–winner and bestselling author C. Vann Woodward recreates the gripping account of the Battle for Leyte Gulf—the greatest naval battle of World War II and the largest engagement ever fought on the high seas.

Fought at the end of 1944, the battle represented a supreme effort by the Japanese to maintain control of the Philippines. They committed to action virtually every operational fighting ship on the lists of the Imperial Navy, including two powerful new battleships of the Yamato class. It ended in their greatest defeat, with the largest loss of crew and ship in Japanese history. The decisive victory for the United States led to air and surface superiority for the rest of the war.

Woodward celebrates the US victory, laments the losses at Leyte Gulf, and brings to the reader the drama of one of the war’s major turning points. First drafted by Woodward as part of the Navy’s secret historical record of the battle, this book captures the dramatic events of October 1944 like no other. It makes for a riveting read for anyone with an interest in World War II or naval warfare.

C. VANN WOODWARD was one of the most influential historians of the postwar period. He won a Pulitzer Prize and served on the historical staff of the US Navy during World War II.

EVAN THOMAS was a reporter, writer, and editor at Newsweek for twenty-four years, was a regular panelist on the weekly public affairs TV show Inside Washington for twenty years, and taught writing and journalism at Harvard and Princeton between 2003 and 2014. For seven years, from 2007 to 2014, he was the Ferris Professor of Journalism in residence at Princeton. He is the author of Sea of Thunder: Four Naval Commanders and the Last Sea War.

“So soundly documented that it is hard to see how anyone, ever, will be able to improve on it.” — The New York Times

$14.99 paperback reprint (Can. $22.99)
World (W) • CQ 30
ISBN 978-1-5107-2134-0
5 ½” x 8 ¼” • 238 pages
Military History
ebook ISBN 978-1-5107-2135-7
MAY

Previous edition: 978-1-60239-194-9
JoAnna Novak

I MUST HAVE YOU
A Novel

Addictively readable and unexpectedly erotic, I Must Have You is a fearless debut for a new generation of readers.

The year is 1999, and thirteen-year-old Eliot is a self-appointed “diet coach” who teaches her classmates how to survive on one stick of gum a day to get heroin-chic, Kate Moss thin. Eliot is obsessed with her best friend and former “client” Lisa, who is fresh out of inpatient rehab and dating Junior Carlos, a nineteen-year-old drug dealer. Meanwhile, Eliot’s mother Anna, a capricious poetry professor, has a drug addiction and eating disorder of her own. When Lisa transfers her fixation from food to sex with her boyfriend, Eliot’s fragile grip on reality begins to falter, at the same time that Anna’s fascination with the object of her own blind lust, the student who deals her cocaine during office hours—Junior Carlos—beings to consume her. I Must Have You is the story of what happens one Martin Luther King weekend in an explosion of desire, hunger, and lost innocence.

JoAnna Novak’s kaleidoscope of 1990s America, filled with vibrant imagery from riot grrl graffiti to Michael Jordan posters, offers a vision of the complexities of womanhood and the culture that keeps the modern girl sick. I Must Have You is a provocative debut of rare honesty from a daring new voice. Similar to the works of Miranda July, Novak’s novel will appeal to a new generation of readers who hunger for raw female protagonists.

JoANNA NOVAK writes fiction, nonfiction, and poetry. Her work has appeared in BOMB, Guernica, Conjunctions, the Los Angeles Review, the Rumpus, Vol. 1 Brooklyn, Joyland, Day One, the New Orleans Review, and more. She is a founding editor of Tammy, a journal of poetry and prose. She lives in Los Angeles.

$24.99 hardcover (Can. $38.99)
World English (W) • CQ 30
5 ½” x 8 ¼” • 272 pages
Fiction
MAY
It’s been twelve years since the New York wrestling territory was nearly burned to the ground. Twelve years since millions of dollars were lost because of a single bullet. Twelve years since Lenny Long last saw his family before being thrown in jail for killing Danno Garland. Now, Lenny has walked out of jail a changed man.

Back on the outside, things haven’t gotten any easier. Danno’s death has made the spotlight shine on the world of professional wrestling a little too brightly for the comfort of many. Senator Tanenbaum is leading the charge to shut the whole thing down, while the other wrestling bosses haven’t wasted any time in trying to consolidate their territories and grab new ones. But Danno’s old crew isn’t about to let the other promoters take what is rightfully theirs, at least not without a fight. And, try as he might to get home, Lenny’s role in it all isn’t over.

In this thrilling final chapter of Paul O’Brien’s gritty Blood Red Turns Dollar Green trilogy, it all comes down to Lenny. And twelve years is a long time to think and to plan.

Paul O’Brien is a writer from Wexford, Ireland. When self-published, his Blood Red Turns Dollar Green trilogy became a bestseller in Canada, Australia, Germany, Mexico, Spain, Italy, the UK, Ireland, and the United States. Paul has two US television pilots in development, one of which is based on his Blood Red Turns Dollar Green novels. He is also writing WWE legend and Hall of Famer Jim Ross’s autobiography.

“I strongly and highly suggest that you check out these novels. They’re a pow-erslam of literary mastery. Amazing reads!” —Jim Ross, WWE Hall of Famer

“Paul has a real gift. I could not put the book down. Blistering pace, very suspenseful throughout. A great read.” —Bret Hart, WWE Hall of Famer

“Brilliant . . . like The Godfather with suplexes.” —Mick Foley, former WWE wrestler
Big secrets run deep.

Former FBI agent Jack McBride took the job as chief of police for Stillwater, Texas, to start a new life with his teenage son, Ethan, away from the suspicions that surrounded his wife’s disappearance a year earlier.

With a low crime rate and a five-man police force, he expected it to be a nice, easy gig; hot checks, traffic violations, some drugs, occasional domestic disturbances, and petty theft. Instead, within a week he is investigating a staged murder-suicide, uncovering a decades’ old skeleton buried in the woods, and managing the first crime wave in thirty years.

For help navigating his unfamiliar, small-town surroundings, Jack turns to Ellie Martin, one of the most respected women in town—her scandal-filled past notwithstanding. Despite Jack’s murky marriage status and the disapproval of Ethan and the town, they are immediately drawn to each other.

As Jack and Ellie struggle with their budding relationship, they unearth shattering secrets long buried and discover the two cases Jack is working, though fifty years apart, share a surprising connection that will rattle the town to its core.

Melissa Lenhardt writes mystery, historical fiction, and women’s fiction. Her short fiction has appeared in Heater Mystery Magazine, The Western Online, and Christmas Nookies, a holiday romance anthology. She is a board member of the DFW Writers’ Workshop and vice president of the Sisters in Crime North Dallas Chapter. She’s also the author of The Fisher King and the historical novel Sawbones. Melissa lives in Dallas, Texas, with her husband and two sons.

“This debut crime novel, spanning decades of Stillwater’s history, features an ingenious plot and a complicated protagonist with inner depths worth plumbing.” —Library Journal, starred review

“Moody and atmospheric, utterly compelling, you don’t want to miss Melissa Lenhardt’s marvelous debut novel.” —Harry Hunsicker, former executive vice president of the Mystery Writers of America, author of The Grid
Tony Colletti, a good suburban cop and father of a child with autism, finds himself drawn into the controversy over the apparent but rarely acknowledged connection between childhood vaccines and autism. His quest to uncover the truth forces him to risk all he holds dear while confronting corrupt government officials, the powerful pharmaceutical industry, and disturbing elements of his own past. Even while holding down his job and dealing with family crises, Colletti spearheads the drive to contend with industrial espionage, Russian gangsters, and sexual predators preying upon disabled children. He and his colleagues face powerful government and private factions that manipulate the media, fabricate scientific research, conduct shadowy judicial proceedings, and viciously attack those who question vaccine safety.

In this gripping novel, government and industry have formed an unholy alliance that places profit ahead of children's health, one that compels ordinary Americans to fight back to protect their families and the ideals of justice. In the tradition of Ibsen's *An Enemy of the People* and echoing the infamous Minamata, Japan, mercury poisoning tragedy, *The Autism War* reminds us how a handful of dedicated citizens armed with convincing evidence can prevail over a complacent majority and overwhelming odds.

**Louis Conte** is a law enforcement officer and independent investigator with the Westchester County (NY) Department of Probation. As a leading advocate for people with autism, he has championed their cause in state capitols and Washington, DC. He was the lead investigator for and coauthor of a seminal paper on the autism-vaccine controversy, “Unanswered Questions from the Vaccine Injury Compensation Program: A Review of Compensated Cases of Vaccine-Induced Brain Injury,” in the *Pace Environmental Law Review*. Conte lives in Pleasantville, New York, with his wife, Andrea, and their three sons, Thomas, Sam, and Louie.

“Compelling and controversial. You know that saying about truth being stranger than fiction? This is that truth, I couldn’t put it down.” —Sharyl Attkisson, investigative journalist for CBS News
Zane Grey

STAIRS OF SAND
A Western Story

A determined woman must team up with her husband’s brother and murderer to retain possession of a priceless desert water hole!

The beautiful, young, and headstrong Ruth Virey gets herself in trouble with her fiery temper and impulsive ways. Willing to risk anything to escape her life at a “barren desert water-hole,” she finds herself having jumped from the frying pan into the fire until Adam Wansfell, her husband’s brother and murderer, shows up and professes his love for her.

Excitement rises to a smashing climax when, in their fight to retain possession of a priceless water hole, Ruth and Adam come face to face with the law and the man they both believed to be dead.

In Stairs of Sand, the desert country of Southern California and the amazingly beautiful canyon country of Arizona come vividly to life as the background of this thrilling Zane Grey story of life in the bold, action-packed days when the west was still a frontier.

Zane Grey was born on January 31, 1872, in Zanesville, Ohio. He was best known for his popular adventure novels and stories, which presented an idealized image of the American frontier. The critically acclaimed Riders of the Purple Sage (1912) has become one of the best-selling and most popular books of all time. More than one hundred films, television episodes, and program series, including Dick Powell’s Zane Grey Theater, have been based on his novels and short stories. He died on October 23, 1939, at his home in Altadena, California.
“Boggs is among the best Western writers at work today. He writes with depth, flavor, and color.” —Booklist

Young Comanches Daniel Killstraight and Charles Flint have been called to Texas. Captain Pratt will be giving a talk on the transformations brought about by the Carlisle Industrial School, of which Killstraight and Flint are shining examples. They’ll be joining a Comanche delegation led by Quanah Parker, who will be negotiating grasslands leases—until blown-out gas lamps in Quanah Parker’s room kill a Comanche chief and put Parker in a coma.

But the question of who tried to murder Quanah Parker is not an easy one. He had many enemies among both native and white men. Daniel attempts to unravel the mystery while fulfilling his original purpose in Texas—to support Captain Pratt’s talk. But he doesn’t know who to trust, especially as the list of suspects begins to dwindle.

Will Killstraight figure out who is after Quanah Parker? Can the land disputes of the People be resolved? And will justice be served by the anti-Indian townspeople? Find out in Johnny D. Boggs’s novel *Kill the Indian*.

**JOHNNY D. BOGGS** has worked cattle, shot rapids in a canoe, hiked across mountains and deserts, and traipsed around ghost towns—all in the name of finding a good story. He has won the Spur Award from Western Writers of America six times, as well as the Western Heritage Wrangler Award from the National Cowboy and Western Heritage Museum. He lives with his family in Santa Fe, New Mexico.

“Boggs’s narrative voice captures the old-fashioned style of the past.” —*Publishers Weekly*
Rider on the Buckskin

Can Frank Rivers clear his name of his father’s murder?

Frank Rivers had served four years in the penitentiary for the murder of his father in the commission of a stagecoach robbery. There had been a witness that could not be found at the time of the trial but whose testimony four years later was sufficient for Rivers to receive a full pardon.

But for Rivers the matter is scarcely ended. He wants to find the real culprits behind the crime. His search leads him to Ute Springs where he immediately comes to the notice of Sheriff Jim Echols, who believes that Rivers committed the crime and that he bribed his way into being granted a pardon. When Rivers witnesses the murder of his prime suspect, he has a tough decision to make. Flee and be blamed or stay and be blamed.

Rider on the Buckskin once again shows off Dawson’s writing chops, justifying his reputation as one of the most respected Western writers of all time.

Peter Dawson is the nom de plume used by Jonathan Hurff Glidden. He was born in Kewanee, Illinois, in 1907 and studied English literature at the University of Illinois. He wrote more than a dozen Western novels and published more than 120 short novels and stories in magazines. He died in 1957.
Becoming Abraham Lincoln: The Coming of Age of Our Greatest President tells the true story of how this great American hero grew up and became a man. The story begins with Lincoln’s cousin describing the murder of Abe’s grandfather in 1782 by the Wabash Indians in the Kentucky wilderness. It ends as Lincoln turns twenty-five, downcast and debt-ridden after the failure of his first business venture and as he earns his first election victory to take his seat in the Illinois State Legislature.

This vivid, authentic account of Abraham Lincoln in his formative years is told by those who were there—his friends and family. Supported by rigorous research and meticulously annotated, Becoming Abraham Lincoln is an authentic account of Lincoln's childhood and adolescence in the actual words of those who knew him best. We see Lincoln as he was, according to law partner William “Billy” Herndon, “just as he lived, breathed, ate and laughed in this world.” The historical eyewitness testimony in these pages forms a richly detailed narrative unmatched in all Lincoln literature.


"Richard Kigel has provided an irresistible and inspiring saga of Lincoln's rise from obscurity to the threshold of greatness. In recalling this eternally enchanting and quintessentially American story, the book reminds us of the enduring promise of opportunity in a democratic society." —Harold Holzer, leading Lincoln scholar and cochair of the US Lincoln Bicentennial Commission

$22.99 hardcover (Can. $35.99)
World (W) • CQ 30
6” x 9” • 192 pages
History
JUNE
Michael Mueller

NAZI SPYMASTER
The Life and Death of Admiral Wilhelm Canaris

The first full-length study of one of the most mysterious leaders in the Third Reich in WWII.

More than sixty years after the end of the Second World War, Wilhelm Canaris remains the principal mystery man of the Nazi regime. Michael Mueller’s account of his life is a mesmerizing story of espionage and intrigue across the globe and within the German high command.

Following work as an intelligence officer during the First World War, Admiral Wilhelm Canaris was appointed head of the Abwehr, Hitler’s intelligence service, in 1934. An early convert to National Socialism, Canaris came to vigorously oppose Hitler’s policies and practices and worked secretly throughout the war to overthrow the Nazi regime.

Near the end of the war, secret documents were discovered that implicated Canaris in Operation Valkyrie, the plot to assassinate Hitler. In 1945, just days before the German surrender, Canaris was executed as a national traitor. He left little in the way of personal documents, and to this day he remains a figure shrouded in mystery.

Drawing on newly available archival materials, Mueller investigates the double life of this legendary and enigmatic figure.

MICHAEL MUeller has worked since 1987 as a freelance journalist for television and periodicals. In addition to creating numerous TV documentaries, he has written several important books dealing with the German secret services, the best known of these being Die-RAF-Stasi Connection and Gegen Freund und Feind. He lives in Cologne, Germany.
In 2009, three US professors with access to Adolf Hitler’s alleged remains startled the world with scientific DNA proof that the skull and bones that Russia had claimed since the end of World War II were Hitler’s actually belonged to a middle-aged woman whose identity remains unknown. This announcement has rekindled interest in the claim made by Joseph Stalin, maintained to the end of his life, that Hitler got away. The truth is that no one saw Hitler and Eva Braun die in the bunker in Berlin on April 30, 1945. No photographs were taken to document claims Hitler and Braun committed suicide. Hitler’s body was never recovered. No definitive physical evidence exists proving Hitler died in the bunker in Berlin.

Dr. Jerome Corsi explores the historical possibility that Hitler escaped Nazi Germany at the end of World War II. FBI and CIA records maintained at the National Archives indicate that the US government took seriously reports at the end of World War II that Hitler had escaped to Argentina. More recent evidence suggests Hitler may have fled to Indonesia, where he married and worked at a hospital in Sumbawa. Even the chief of the US trial counsel at Nuremburg, Thomas J. Dodd, was quoted as saying, “No one for sure can say Adolf Hitler is dead.”

Putting massive amounts of evidence and research under a critical eye, Dr. Corsi shows that perhaps modern history’s most tantalizing question has yet to be definitively answered: Did Hitler escaped Nazi Germany at the end of World War II to plot revenge and to plan the rise of the Fourth Reich?

Jerome R. Corsi received his PhD from Harvard University in political science. He is currently a senior staff reporter for WND.com, where he works as an investigative journalist. He is the author of many books, including the #1 New York Times bestsellers The Obama Nation and Unfit for Command.
Owen Chase  
Foreword by Kenneth Kamler, MD  

THE SHIPWRECK OF THE WHALESHIP ESSEX  
The True Narrative That Inspired Herman Melville’s Moby-Dick

The gripping account of one of the most infamous whaling ship disasters in maritime history.

The Shipwreck of the Whaleship Essex is the harrowing narrative of an unfortunate vessel’s calamitous encounter with a great white whale, and the crew’s perilous fight for survival on the open sea. This Explorer’s Club edition faithfully reproduces Owen Chase’s original 1821 narrative, in which he chronicles the great whale’s attack on the ship, the Essex’s subsequent sinking, and the more than exhausting months at sea that followed, in which the fraction of the crew that survived desperately clung to life. Struggling against a relentless sea, the insufferable climate, and ever-increasing hunger, Chase was one of only eight crew members who survived the ordeal.

Evocating all of the passion and terror of the greatest adventure stories, The Shipwreck of the Whaleship Essex is a thrilling tale that captures both man and beast’s most shocking and raw natural impulses. Filled with terror and suspense, it is no wonder that the great American novelist, Herman Melville, chose it as his inspiration for one of the most iconic works of literature in American history.

Owen Chase was the first mate of the whaler Essex, which was rammed and sank by a sperm whale 2,000 miles off the coast of South America on October 28, 1820. His Narrative of the Most Extraordinary and Distressing Shipwreck of the Whale-Ship Essex recounts that disaster. Chase passed away in 1869 at the age of seventy-one in Nantucket, Massachusetts.

Kenneth Kamler, MD, renowned specialist in survivalist medicine, was named by US World News and Report as one of America’s Best Physicians in 2011 and is the author of Doctor on Everest and Surviving the Extremes. In his career, Kamler has served as explorer-in-residence for the Natural History Museum, a consultant for NASA, and a contributor to National Geographic. He has appeared on CNN, Nightline, Dateline NBC, the Today show, and the Oprah Winfrey Show. Kamler lives in New York City.
The story of the USS Indianapolis is well-known. After delivering crucial components of the atomic bomb that would level Hiroshima in 1945, the Indianapolis was sunk by a Japanese submarine in the South China Sea. Of the nearly 1,200 men aboard, 900 survived the torpedoing, spilling into the sea. Whitetip sharks began attacking the next morning, and after four days only three hundred sailors were alive to rescue.

Less famous are the many other stories of ships sinking in shark-infested waters with gruesome results, such as the SS Cape San Juan, a US troop transport ship that was torpedoed by a Japanese submarine in the Pacific Ocean near the Fiji Islands; nearly seven hundred of the survivors were killed by sharks. Or the HMS Birkenhead, which sank off Danger Point, South Africa, in 1852, resulting in 440 shark-related fatalities. In 1927, the luxury Italian cruise liner Principessa Mafalda sank ninety miles off the coast of Albrohos Island while heading to Porto Seguro, Brazil. Nearly three hundred who survived the wreck were killed by sharks. In 1909, the French steamer La Seyne collided with British India Steam Navigation Co. liner Onda near Singapore, twenty-six miles from land. One hundred and one people were eventually killed by sharks.

In the water, human intelligence is no match for a shark’s brutal, destructive instincts. Sharks are born to kill and eat: They detect distress, smell blood—and attack. Marine disasters such as those above result in humans becoming prey, floating in inner space as shadowy sharks swim below, ready to attack. Helpless to save yourself—floating and waiting, watching the malevolent creatures circle, knowing what will happen . . . a sudden swirl of water, a cloud of blood, the searing pain . . . until there is no more. This is unspeakable horror.

Joseph B. Healy has spent more than two decades in publishing, editing outdoors magazines for much of that time. His editorial career began at Outdoor Life and continued in fly-fishing and lifestyle publishing. He currently is editor of Covey Rise, a magazine covering the lifestyle of international wing shooting. He is the author of, most recently, When Bears Attack: Close Encounters of the Terrifying Kind (Skyhorse). He lives in Waterford, Vermont.
Ed West

1066 AND BEFORE ALL THAT
The Battle of Hastings, Anglo-Saxon and Norman England

A riveting account of the most consequential year in English history, marked by bloody conflict with invaders on all sides.

The year 1066 is the most famous in history, and with good reason, because no battle in medieval history had such a devastating effect on its losers as the Battle of Hastings, which altered the entire course of English history.

The French-speaking Normans were the preeminent warriors of the eleventh century and based their entire society around conflict. They were led by William “the Bastard” a formidable, ruthless warrior, who was convinced that his half-Norman cousin, Edward the Confessor, had promised him the throne of England. However, when Edward died in January 1066, Harold Godwinson, the richest earl in the land and the son of a pirate, took the throne . . . . this left William no choice but to forcibly claim what he believed to be his right. What ensued was one of the bloodiest periods of English history, with a body count that might make even George R.R. Martin balk.

Pitched at newcomers to the subject, this book will explain how the disastrous battle changed England—and the English—forever, introducing the medieval world of chivalry, castles, and horse-mounted knights. It is the first part in the new A Very, Very Short History of England series, which aims to capture the major moments of English history with humor and bite.

Ed West is the recently appointed associate director of UK2020, a British policy think tank. Before that, Ed was deputy editor of the Catholic Herald and a frequent contributor to the Daily Telegraph, Times, Evening Standard, Daily Express, and Guardian. He is a popular British twitter personality and blogs for the Spectator. He currently lives in London.

$16.99 hardcover (Can. $25.99)
World (W) • CQ 30
5 ½” x 8 ¼” • 144 pages
History
JUNE
Each year the world faces thousands of earthquakes of a magnitude 5.0 or greater, resulting in devastating property destruction and tragic loss of life. To help avert these catastrophes, scientists have long searched for ways to predict when and where earthquakes will happen. The earth science establishment in the United States says that earthquake prediction still lies outside the realm of possibility. But recent scientific developments across the globe suggest that seismic forecasting is on the horizon.

*Earthquake Prediction* examines the latest scientific clues in hopes of discovering seismic precursors, which may shed light on real earthquake predictions in the future. It is destined to be nothing less than an epoch-changing work, addressing this ancient enigma by joining the parts of a scientific detective story that ranges from the steppes of Russia to the coast of Chile, bringing to light astounding breakthroughs by researchers in Italy, India and elsewhere.

Governments in countries such as China and Japan provide support for seismic forecasting, and it is time for our country to do the same. *Earthquake Prediction* makes the case, with an important message for the tens of millions of Americans on the US West Coast, the Mississippi River Valley, and other seismically active zones.

David Nabhan is the author of four books on earthquakes, peer-reviewed articles regarding seismic forecasting, and dozens of newspaper and magazine op-eds and commentaries concerning this topic. He has been featured in media across the world more than three hundred times. Nabhan is also a science fiction writer and lives in Pittsburgh, Pennsylvania.
After the many bureaucratic changes that followed the passing of the Affordable Care Act (Obamacare) and other legislation, patient care has become secondary to satisfying the whims of government and giant insurance company administrators, who are in total control. The result is a web of complicated rules and misguided programs whose chief effect has been to distract doctors and nurses from their proper focus on patient care. Access to health care now depends on the ability of patients, doctors, and nurses to navigate in and around this cumbersome and ever-changing system.

Written by a practicing doctor and based on years of real-life experience, *Distracted* takes the unique view that it is not the American health care system that is broken—the problem lies in the administration of health care. The solution is simplicity where there is complexity. The solution is an elegant use of health information technology to foster improved care. It is putting control of health care decisions back with those who know best, patients and their health care teams.

The solution is caring for patients with fewer distractions.

**Matthew Hahn, MD**, is a practicing family physician in Hancock, Maryland. His passions are the delivery of excellent care and motivating patients to be healthy. He was voted a Maryland Family Doctor of the Year. He is married and has one daughter, and his hobbies include running a lot but slowly. He lives in Berkeley Springs, West Virginia.
A graphic designer’s search for inspiration leads to a cache of letters and the mystery of one man’s fate during World War II.

Seeking inspiration for a new font design in an antique store in small-town Stillwater, Minnesota, graphic designer Carolyn Porter stumbled across some letters and was immediately drawn to their beautifully expressive pen-and-ink handwriting. She could not read the letters—they were in French—but she noticed they had been signed by a man named Marcel and mailed from Berlin to France during the middle of World War II.

As Carolyn grappled with designing the font, she decided to have one of Marcel’s letters translated. Reading it opened a portal to a different time, and what began as mere curiosity quickly became an obsession with finding out why the letter writer, Marcel Heuzé, had been in Berlin, how his letters came to be for sale in a store halfway around the world, and, most importantly, whether he ever returned to his beloved wife and daughters after the war.

*Marcel’s Letters* is the incredible story of Carolyn’s increasingly desperate search to find answers to the mystery of one man’s fate during WWII—answers that came from Germany, France, and the United States. Carolyn also struggled to complete what would become the acclaimed P22 Marcel font, immortalizing the man and his letters that were finally reunited with his family.

**Carolyn Porter** is a graphic designer and typography geek who designed P22 Marcel Script. Released in 2014, this font has garnered five awards (four international), including the prestigious Certificate of Typographic Excellence from the New York Type Director’s Club. Porter has studied writing at The Loft Literary Center in Minneapolis and with Elephant Rock retreats. She is a member of the New York Type Director’s Club, AIGA-Minnesota, Minnesota Type Tuesday, the Twin Cities Creatives Group, and Association of Writers & Writing Programs. She lives in White Bear Lake, Minnesota.

“In *Marcel’s Letters*, Carolyn Porter rescues one man’s legacy, and ultimately gifts us with her own.” —Elizabeth Ryneck, author of *Chasing Portraits*
No one can deny that mob bosses James “Whitey” Bulger and Stephen “The Rifleman” Flemmi are two of the most brutal killers in American history—not even the two gangsters themselves. But a jury denied the Davis family closure for the slaying of Debbie Davis, Flemmi’s beautiful young girlfriend, who went missing in 1981 and whose remains were found nearly twenty years later under the Neponset River Bridge in Quincy, Massachusetts.

Now serving a life sentence, Stephen Flemmi testified in graphic detail how he lured Debbie to a house in South Boston where Bulger jumped out of the shadows and strangled her to death. Flemmi, then, extracted her teeth and buried her body by the Neponset River while Bulger watched. Bulger wanted Debbie dead, claimed Flemmi, because she knew that the two men were meeting with an FBI agent named John Connolly. Throughout his trial, Bulger stubbornly insisted that he never would have committed the dishonorable act of killing a woman. In the end, it was one stone-cold murderer’s testimony against another’s.

In Impact Statement, veteran journalist Bob Halloran looks at the devastating impact Bulger and Flemmi have had on the Davis family, whose longstanding relationship with the two mobsters cost them a father, two sisters, and a brother. Through up-to-the-minute coverage of Bulger’s criminal trial and extensive interviews with Debbie’s brother Steve Davis, a one-time protégé of Flemmi’s and now an outspoken advocate for the victims’ families, Halloran has pieced together this unique and compelling story of a family’s quest for justice.

Stephen Rea

FINN MCCOOL’S FOOTBALL CLUB
The Birth, Death, and Resurrection of a Pub Soccer Team in the City of the Dead

“An uplifting account of football, friendship, and overcoming the odds in the face of tragedy.” —Derek Rae, ESPN soccer commentator

In 2004, Belfast-born Stephen Rea moved to New Orleans, a city where “football” means something entirely different than what it does back home. After struggling to find a place to watch European soccer games, Rea discovered Finn McCool’s pub and its mixed clientele of good-humored European ex-pats, charismatic New Orleanians, and assorted matchless personalities. Before long he was playing on the pub’s motley over-thirty-five fledgling soccer team.

Gathered at the bar on August 27, 2005, members of the team were discussing their upcoming match, untroubled by the impending storm and unknowing that their city and team would nearly be obliterated by Hurricane Katrina in a matter of hours. Days later, the lucky among them were scattered across the country; the others struggled to survive as they awaited rescue in New Orleans. With clarity and compassion, Rea examines the disaster as he profiles the experiences of his teammates and their efforts to resurrect the team and pub that had become so central in all of their lives. A gripping and moving memoir about an unusual pub team and a devastating natural disaster, Finn McCool’s Football Club is a celebration of ex-pats and pubs, soccer and sportsmanship, and the strength it takes to rebuild a team, a city, and a life.

STEPHEN REA is a freelance writer who has contributed to national and international newspapers, magazines, and Web sites for more than twenty-five years. He has worked for the Sun in the United Kingdom, as well as regional newspapers in the news, features, sports, and entertainment departments. He lives with his wife and daughter in New Orleans, Louisiana.

“[A] funny, touching, troubling, and ultimately inspiring story about a crew of colorful characters . . . who bond at a gritty Irish pub in New Orleans to watch English matches and form an amateur squad that is shattered by Hurricane Katrina” —Steven Goff, Washington Post

“A must-read for soccer fans.” —Tommy Smyth, the “Auld Onion Bag Man” ESPN commentator

“With his debut Stephen Rea has written a work of literature well worth reading” —Patrick Thurston, 90 Minutes magazine
Karen M. Gabler

YOUR BODY’S BRILLIANT DESIGN

A Revolutionary Approach to Relieving Chronic Pain

Want to know the key to eliminating chronic pain from your life? It’s not more rigorous exercise, medical interventions, or expensive therapies. It turns out you have had the key all along—your body and its natural brilliant design!

For years we have been overlooking a crucial element of the body that holds the key to allowing you to live pain-free. Many of us think of the human body as a static, mechanical system of muscles attached to a skeleton. What is missing from this picture is the tissue that unites all the parts: the fascia, a seamless web of dynamic connective tissue that surrounds all muscles, bones, organs, and even cells. When one part of the fluid fascial web moves, the rest of the body responds. When we learn how to connect to this system through subtle movements, we open up a world of understanding of how our bodies are designed to work with us to support an easy and pain-free life.

This book will teach you how to feel and embody this new anatomy by connecting to your dynamic center of gravity, or the Core Hug, and to a vertical line of muscles and fascia that run deep through the body: the Vertical Core. When you connect to the Core Hug and the deep Vertical Core using movement, your body is able to suspend itself and sustain that suspension over time.

Your body is already brilliantly designed to support you. The key is to access that brilliant design and work with it. With simple movement techniques, this book teaches you how to use the natural architecture of your body to align, balance, and support you so you can move with ease and live without pain.

KAREN M. GABLER is a licensed massage therapist, nationally certified in therapeutic massage and bodywork, structural integrator, zero balancer, movement educator, and fascial fitness instructor. Her thirty-five years of private practice, research, and study in complementary alternative medicine and movement education have culminated in the creation of Gabler Sustainable Body, a revolutionary approach to align and balance the body using its brilliant architecture to live pain-free. She maintains a private practice and teaches her method to clients, practitioners, and movement instructors. She lives outside of Boston, Massachusetts.
14-MINUTE METABOLIC WORKOUTS
The Fastest, Most Effective Way to Lose Weight and Get Fit

A collection of workouts, each of which takes just fourteen minutes to complete!

Time. It is the thing that most people claim they don’t have enough of, and the lack of it is the most common excuse for not exercising. But everyone has fourteen minutes. 14-Minute Metabolic Workouts is the solution to everyone’s time problem, in that it offers fitness-conscious people a variety of compact, science-based workouts that target the five components of physical fitness—cardiovascular endurance, muscular endurance, muscular strength, body composition, and flexibility. This complete guide includes information on cardio intervals, strength circuits, sprint intervals, muscle power workouts, and flexibility workouts—for people of different fitness levels to address everyone’s individual needs.

The book, which features photos to accompany the exercise descriptions, also includes workouts that can be done at the gym, at home, or outside. If that’s not enough, the last chapter contains a cleverly crafted “menu” of workouts so that readers can choose their own daily workout and create an individualized weekly training program. The perfect gift for anyone trying to lose weight and get fit!

JASON R. KARP, PhD, is one of America’s foremost running experts, an established writer and author, an exercise physiologist, and the creator of the Revo₂lution Running™ certification. Dr. Karp has given dozens of international lectures and has been a featured speaker at most of the world’s top fitness conferences and coaching clinics. His previous books include Running a Marathon for Dummies, Running for Women, 101 Winning Racing Strategies for Runners, 101 Developmental Concepts & Workouts for Cross Country Runners, and The Inner Runner. He lives in San Diego, California.
From time to time, many of us might wish for a genie to transform our workplace. But what if you yourself had that power? *Workplace Genie* shows employees, entrepreneurs, and virtual workers how to handle challenging work relationships in unorthodox ways. Melding the proven ideas of a communications expert and leading psychotherapist, this book gives readers a powerful new toolbox to connect with their own inner resources and understand other people’s perspectives.

Readers will learn how to move past their own self-imposed obstacles, assess situations more realistically, and build positive long-term relationships. This book is an essential resource for those who want to take the initiative with confidence and:

- Improve their own work environment by bringing out the best in other people
- Reset relationships and overcome previous experiences that hamper success
- Relate to their boss and coworkers better
- Keep their cool when triggered by old insecurities

With this essential toolkit, you will become your own workplace genie.

**Natalie Canavor** has been a national magazine editor-in-chief, director of corporate communications, and award-winning writer for the *New York Times* and numerous business publications. She has been interviewed for PBS’s *Next Avenue* and by *Fast Company*, among others. She also leads business communication workshops and advanced writing seminars for universities and has written four books, including *Business Writing for Dummies*. Natalie lives and works in New York City and Annapolis, Maryland.

**Susan Dowell**, LCSW, is a psychotherapist and clinical hypnotherapist specializing in relationship issues and mood disorders. She has trained health clinicians in clinical hypnosis for more than twenty years, has served on the Education and Executive Committees of the American Society of Clinical Hypnosis, and is currently a nominee for the association’s vice presidency. Susan practices in New York City and Westchester County, New York.
Stephen Spignesi and William J. Birnes
THE BIG BOOK OF UFO FACTS, FIGURES & TRUTH
A Comprehensive Examination

An engaging glimpse at an age-old phenomenon.

In a mothership full of entertaining and informative chapters, authors Stephen Spignesi and William J. Birnes, writers of many books dealing with the intriguing, weird, and unexplained, shed a revealing beam of light on the UFO phenomenon. From inexplicable cattle mutilations and modern astronauts who have seen UFOs, to close encounters of the third and fourth kind, and it’s all here:

- The latest on Roswell and the 1947 crash that has never been explained
- The weirdest (and most convincing) alien abductions—and the medical procedures performed on abductees
- The most commonly seen UFO shapes
- A Who’s Who of UFOlogy—including presidents who have seen UFOs
- UFOs and the Bible
- Twenty years of Project Blue Book Mysteries—NASA’s official UFO investigation
- Weirdness galore—from Men in Black, crop circles, Bigfoot, the Face on Mars, Hollow Earth Theory, alien ancestry, and more!

The Big Book of UFO Facts, Figures & Truth is at once a valuable reference and an engrossing guide for all those fascinated with unexplained phenomena. Turning to any page, readers are sure to find new facts and information, as well as dozens of rare, irrefutable photos. Readers will also learn how they can access a special website that includes actual video evidence of UFOs. This just may be the most comprehensive UFO guide available.

Stephen Spignesi is the author of nearly seventy books, including The Weird 100, Crop Circles, and the upcoming Skyhorse titles In the Crosshairs and 499 Facts about Hip-Hop Hamilton and the Rest of America’s Founding Fathers. He lives in East Haven, Connecticut.

William J. Birnes is the author of many books including Dr. Feel-good and Wounded Minds (both published by Skyhorse). He was the consulting producer, writer, and lead host of the History Channel’s UFO Hunters, and the publisher of UFO magazine. He lives in New Hope, Pennsylvania.

$16.99 paperback original (Can. $25.99)
World (W) • CQ 30
6” x 9” • 264 pages
12 color photographs
38 b/w photographs
Metaphysics
JUNE
As the city of New York changes and evolves, the remnants of its past go unnoticed. The city’s “ghost signs”—advertisements painted on the facades of buildings that date back to the nineteenth century—are often invisible to the New Yorker but defiantly conspicuous if we look upward.

These faded representations of the city’s rich economic and social history have been slowly disappearing before our eyes, but not before they were captured by this photographer’s lens. At the age of sixteen, armed with his camera, Ben Passikoff documented these fascinating signs—hand-painted messages written all over the city. This photographic collection features signs painted from the 1800s through the twenty-first century; signs that advertise funeral homes, meat, and underwear; signs stretched across iconic buildings; and signs that are no longer legible. Using his photographs as a looking glass into the past, Passikoff provides insightful commentary on the economic, social, and historical significance of commerce in New York City—and its vanishing ghost signs, now preserved in this photographic record.

**Ben Passikoff** started photographing ghost signs around New York City in high school. He is the youngest contributor in the New-York Historical Society’s 212-year history, in whose archives his photos reside. Ben works as a freelance writer and filmmaker in New York City.

**James Trager** (1925–2012) was an encyclopedist best known for his historical books, such as *The People’s Chronology*, *The Food Chronology*, and *The New York Chronology*.

“Passionately sought out and photographed . . . the most exciting visual concept for a book about New York in many a year.” —George Lois, legendary ad man and designer for *Esquire*

“A quiet unassuming gem of a book that . . . offers up a procession of memories floating on the surface of the present.” —Benno Schmidt, chairman of the board of CUNY
Being proficient with rope can keep you safe in a bug-out or survival situation.

Knowing the ropes when a catastrophic situation strikes can be the key to survival, and in *The Pocket Guide to Prepper Knots*, Patty Hahne demonstrates the most important multipurpose knots preppers should know to be prepared. Illustrated with step-by-step instructions for tying them and the knots being used in various situations, the book covers such topic as:

- The uses for various types of ropes as well as their advantages and disadvantages
- How putting a knot in a rope affects its overall strength
- Why being proficient in a few multipurpose knots is more beneficial than being vaguely familiar with a large number of knots
- And much more

*The Pocket Guide to Prepper Knots* is a valuable addition to any prepper’s book collection. Its compact design makes it easy to carry in a purse or pocket, store in the car, or slip into a bug-out bag.

**Patty Hahne** writes for the blog PreppersIllustrated.com. Nine years ago, she decided she had endured her fill of city life. She packed her family into a van, moved them into a cabin in southern Oregon, and embraced alternative energy. She has been completely off the grid, with no electricity or running water, ever since. The author of *The Doomsday Prepping Course* and *The Pocket Guide to Prepping Supplies*, she lives in Klamath Falls, Oregon.
THE POCKET GUIDE TO EQUINE KNOTS
A Step-by-Step Guide to the Most Important Knots for Horse and Rider

As anyone who has ever stepped foot into a barn knows well, riding, handling, and caring for a horse is no easy task. Learning how to correctly tie knots can make things easier, but with more than four thousand different types of knots out there, the choices can be overwhelming. Experienced trainer and breeder Dan Aadland is here to help with The Pocket Guide to Equine Knots, a compact guidebook filled with only the most useful and practical knots for dealing with horses. Here, you'll learn to recognize a “good” knot—a knot that holds but can be untied after pressure. You’ll look into the world of hitches (systems for packing items onto a horse) and splices (useful ways of joining ropes and creating loops). And you’ll learn step-by-step how to properly tie dozens of different knots, including:

- Square knot
- Bowknot
- Hitch
- And many more

So whether you’re an experienced rider or you’re about to head out on the trail for the first time, The Pocket Guide to Equine Knots is guaranteed to help you as you ride off towards your next adventure.

Dan Aadland is the author of several books, including Treading Lightly with Pack Animals: A Guide to Low-Impact Travel in the Backcountry, and is a frequent contributor to Western Horseman and other equestrian publications. He and his wife, Emily, live in Absarokee, Montana, where they breed Tennessee Walking Horses and organize pack trips.

$9.99 flexibound original (Can. $14.99)
World (W) • CQ 36
5” x 7 ½” • 208 pages
75 color illustrations
Nature
JUNE
Edited by Jay Cassell and Peter Fiduccia

The Little Red Book of Hunter’s Wisdom

For the first time in paperback.

The Little Red Book of Hunter’s Wisdom is packed full of thoughtful and witty quotes on the essence of man and his relationship to the hunt, with all its joys, idiosyncrasies, and challenges. Being a true hunter is a way of life, and this book is packed with memorable comments from men and women who live and breathe it. Read musings on the hunt from such noteworthy folks as:

- Ernest Hemingway
- Annie Oakley
- Rudyard Kipling
- David Mamet
- William Faulkner
- Marco Polo
- And hundreds of others

The Little Red Book of Hunter’s Wisdom has words to live by for any outdoors enthusiast who enjoys spending time in the woods, mountains, or fields. Whether you gobble it all up in one day or enjoy it over an extended period, the wisdom in this book will last forever.

Jay Cassell, editorial director at Skyhorse Publishing and the coeditor of this compendium, has hunted all over North America. He has written for Field & Stream, Sports Afield, Outdoor Life, Petersen’s Hunting, Time, and many other publications and has published eight books. He lives in Katonah, New York.

Peter Fiduccia is one of the most recognized authorities in the deer hunting community, known throughout North America as the “Deer Doctor.” He is an award-winning journalist and has hosted the Woods ‘N’ Water television series for thirty-two years. Fiduccia was the founder and consulting editor for Whitetail Hunting Strategies magazine, and his writings have been published in ten books and numerous magazines. He lives with his wife, Kate, in Otsego County, New York.
Editors of RifleShooter
Introduction by J. Scott Rupp

RIFLESHOOTER MAGAZINE’S GUIDE TO BIG-GAME HUNTING

Hunting tips from the number one rifle-only publication in the country.

For the first time in a book, RifleShooter's top experts share their thoughts on rifles, calibers, optics, and more for hunting big game in North America and beyond. RifleShooter Magazine's Guide to Big Game Hunting is packed with useful information specifically geared toward big game hunting with rifles. A vast range of topics are covered in these articles, including:

- Light rifle accuracy
- Weatherproofing your rifle
- Taking angled shots
- Cartridge counterculture
- Rebarreling
- Modern scopes
- Illuminated optics
- Custom vs. factory rifles
- And much more!

Discover tried and true tips, tactics, and techniques from the pros along with advice on buying gear and firearms from experts including Craig Boddington, Brad Fitzpatrick, Layne Simpson, and J. Scott Rupp. RifleShooter Magazine's Guide to Big Game Hunting covers everything you need to know about effectively hunting big game with rifles.

RifleShooter is the only media brand dedicated exclusively to the experienced and passionate shooting sports enthusiast, focusing on significant and newsworthy trends, ammunition, shooting techniques, hand-loading tips, optics, and accessories. Rifleshootermag.com attracts more than 125,000 individual unique visitors every month. Its offices are located in Palm Coast, Florida.

J. Scott Rupp is a longtime hunter, competitive shooter, and magazine editor. A native Pennsylvanian, his hunting exploits have taken him around the world in search of everything from Dall sheep to Cape buffalo over the past four decades. He is currently editor in chief for RifleShooter and Handguns magazines, as well as producer and co-host for Sportsman Channel's Ruger Inside & Out. He resides in Los Angeles, California.
Catching a smallmouth bass—especially a big one—can be a daunting pursuit for the unprepared. Successful smallmouth bass fishing depends on a number of factors, including weather, habitat, and the type of tackle used.

In Smallmouth Bass Fishing for Everyone, lifelong angler Jim Root uncovers all the specifics behind achieving success on the lake, river, or pond. This comprehensive handbook includes key information about how to identify a smallmouth and where they live. It features individual chapters on various rigs, including the Carolina rig, double fluke rig, Texas rig, Petey rig, and many others. Root explains the unique Japanese technique of spybaiting and breaks down deep, medium, and shallow cranks. He offers different tips depending on the season and fishing location, and he even includes a chapter on his top fifty smallmouth destinations.

This book, which features 150 color photographs, is the perfect gift for anyone eager to learn all the tips and tricks of smallmouth bass fishing!

JAMES ROOT is a professional angler who has been fishing since he was three years old. The winner of more than fifty tournaments, he has made three appearances at the American Fishing National Championships. Root is also a features writer for bassmaster.com and creates fishing videos that have been featured on the Weather Channel. He resides in Upstate New York.
The Federal Aviation Administration’s *Airplane Flying Handbook* provides pilots, student pilots, aviation instructors, and aviation specialists with information on every subject needed to qualify for and excel in the field of aviation. Topics covered include:

- Ground operations
- Cockpit management
- The four fundamentals of flying
- Integrated flight control
- Slow flights
- Stalls
- Spins
- Takeoff
- Ground reference maneuvers
- Night operations
- And much more

Updated to include the most current information, the *Airplane Flying Handbook* is a great study guide for current pilots and for potential pilots who are interested in applying for their first license. It is also the perfect gift for any aircraft or aeronautical buff.

**FEDERAL AVIATION ADMINISTRATION** is the national aviation authority of the United States. It regulates and oversees the aviation industry, pilot licensing, and airspace with the goal of providing “the safest, most efficient aerospace system in the world.”
HEALING TONICS, JUICES, AND SMOOTHIES
100+ Elixirs to Nurture Body and Soul

Brought to you by Jessica Jean Weston, holistic health coach and owner/executive chef of Superfresh! Organic Café, Healing Tonics, Juices, and Smoothies provides readers with simple recipes that debunk the fanciful mystery of adaptogens, herbs, superfoods, and fermentation for everyday enjoyment, while still dressing to impress all those who happen to grace your kitchen space. With several staple drinks for day-to-day consumption, medicinal shots for prevention and seasonal wellness, and fermented concoctions for an extra special probiotic-rich kick, there’s something for all forms of hydration!

As an extra bonus, Weston has included three of her favorite cleanses for detoxing and hitting a reset button during seasonal and major life transitions:

- Candida–Alkaline cleanse
- Raw cleanse
- Ayurvedic-inspired cleanse

Along with the recipes, you’ll find full-color photographs of the drinks, information on the nutritional benefits of the ingredients used to make them, a resource guide to sources for stocking pantries, and a comprehensive food glossary.

JESSICA JEAN WESTON is owner of Superfresh! Organic Café. Jessica studied medical anthropology at Ithaca College and is a certified holistic health coach (Institute for Integrative Nutrition). She has spent her career exploring “food as medicine” with Mayan healers in Belize, on organic farms, and with herbalists, shamanic practitioners, and more. She resides in Brattleboro, Vermont.
Jan Hedh
Photographs by Klas Andersson

THE JAM AND MARMALADE BIBLE
More than 250 Recipes for Preserving Fruits, Vegetables, Nuts, and Flowers

A mouthwatering collection of more than 250 gourmet recipes for jam, jelly, and marmalade!

Featuring both classic and innovative recipes for every kind of jam, jelly, preserve, and marmalade imaginable, The Jam and Marmalade Bible is the only cookbook of its kind that you’ll need to fill your pantry with delicious homemade treats. Author Jan Hedh begins with a comprehensive section on the basics, including the history of preserves, cooking techniques, lists of required equipment, how to sterilize jars and lids, and a guide to troubleshooting even the most delicate jams.

A myriad of delicious recipes are at your disposal, including classics such as strawberry, blueberry, raspberry, peach, and blackberry jam, as well as more exotic fruit flavors such as kiwi, mango, and banana. Try savory vegetable spreads and chutneys, such as pumpkin, tomato, and roasted red pepper in addition to nut spreads and flower marmalades. Finally, Hedh rounds it all off with a collection of delicious pastries to pair with different jams and tips on which cheeses are most suitable for serving with various flavors.

Delight and inspire your loved ones with homemade gifts for the holidays and fill your home with delicious preserves all year round with the help of this photographed guide. Great for both beginners and expert jam makers looking for fresh, exciting ideas, The Jam and Marmalade Bible deserves a place in every kitchen.

Jan Hedh is known throughout Sweden as a beloved baker and confectioner and is internationally recognized within the food industry. He works as a partner in the artisan bakery Peter’s Yard and is the author of Swedish Breads and Pastries, Artisan Breads, and The Ultimate Guide to Homemade Ice Cream. Hedh lives in Malmö, Sweden.

Klas Andersson is a food photographer who also shoots for magazines and advertising and communications agencies. Andersson resides in Sweden.
Sourdough is magic. It’s healthy, it’s tasty, and it’s alive. But that doesn’t mean you have to be a magician to craft beautiful, tasty loaves from it. Baking Sourdough Bread guides you through the delicious world of sourdough—starter to finish. Recipes include:

- Classics like levain and English wheat sourdough bread
- Unique twists like carrot and hazelnut breads
- Sweet breads such as the German gugelhupf

Baking with sourdough isn’t difficult; the biggest challenge is patience! But take it easy, and your taste buds will be rewarded with a crispy crust and rich, full flavor. Of course, it doesn’t hurt to know a few tricks when mastering the art, and this book offers plenty. Discover the history, the chemistry, and the culture behind this distinctive dough. Learn to make a sourdough starter and keep the leaven active with regular feeding. Try different flours and unique ingredients; for example, did you know you can make delectable bread with green tea or beer? It’s not just the recipes that make the book a treat. It’s the creativity it cultivates.

**Göran Söderin** is a renowned Swedish baker and pastry chef. He was captain of the Swedish national team in the World Pastry Team Championship and winner of the bronze medal in the 2004 Culinary Olympics in Erfurt, Germany. Göran has authored several books on baking and pastry. He lives in Stockholm, Sweden.

**George Strachal** is a university lecturer and writer. A keen amateur baker and pastry experimenter, he has coauthored several books on baking and pastry. He lives in Stockholm, Sweden.
Delicious, healthy recipes from leaders of the non-GMO movement are accompanied by beautiful photos in this no-fuss cookbook. In the United States, unlabeled GMOs (genetically modified organisms) contaminate as much as 80 percent of the packaged food supply. These novel organisms have never undergone long-term human safety tests and are labeled or banned in more than sixty countries around the world. The Non-GMO Cookbook is an invaluable resource for the growing number of Americans who are looking to opt out of the GMO experiment while making tasty dishes with a clean conscience. Recipes include:

- Blueberry Quinoa Spice Breakfast Bowl
- Spinach-Kale-Mushroom Mashed Potatoes
- Mommom’s Healing Chicken Rice Soup
- Raw Beet Ravioli
- Chia Coconut Macaroons
- And many more!

For this unique cookbook, Megan Westgate and Courtney Pineau of the Non-GMO Project collect a delicious assortment of treasured recipes from friends and allies in the non-GMO community. From classic favorites to bold innovations, you’ll find simple recipes for every meal and occasion. Complete with tips for non-GMO shopping and featuring lots of gluten-free, dairy-free, and allergy-friendly selections, The Non-GMO Cookbook is your complete guide to safe, healthy, non-GMO living.

Megan Westgate is a founding director of the Non-GMO Project. She has spent her educational and professional careers cultivating an appreciation for healthy living and eating. She is developing an organic permaculture homestead in Bellingham, Washington.

Courtney Pineau’s work with the Non-GMO Project contributes to her dream of a future where all people have access to healthy and safe foods. She has an MBA in Sustainable Business with a focus on food systems from the Bainbridge Graduate Institute, and lives in Bellingham, Washington.
There's no limit to what you can create with this wholesome and delicious superfood!

With more than 150 pages of quinoa-inspired desserts, *Quintessential Quinoa Desserts* is unlike any other baking book. Inside you'll find exclusive, handcrafted recipes and beautiful photographs for gluten-free desserts made with quinoa seeds, flour, and flakes. Discover delicious and unique desserts the whole family will enjoy! Recipes include:

- Quinoa Chocolate Truffles
- Chocolate Peanut Butter Cups
- Maple Quinoa Nut Brittle
- Sweet Potato Scones
- Cherry and Dark Chocolate Biscotti
- Gingerbread Pumpkin Cupcakes with Honey Cream
- Apple Raspberry Quinoa Cake
- Blueberry-Peach Upside Down Cake
- Lemon Coconut Pudding with Mangos
- Summery Strawberry Crisp
- And many more

Whether you're a baker looking to get creative with your dessert recipes or a quinoa connoisseur looking for new ways to enjoy the super grain—this is the book for you!

**Abigail R. Gehring** is the author or editor of more than a dozen books on country living skills, cooking, and baking, including *Back to Basics*, *The Homesteading Handbook*, and *Gluten-Free Miniature Desserts*. She lives in Marlboro, Vermont.
College was supposed to be a way out for Emily Skinner. But with zero job prospects and more student debt than she can handle, she’s left with no choice but to return to her tiny hometown in the Ozarks—a place run on gossip and good Christian values.

She’s not alone. Emily’s former best friend—and childhood crush—Jody Monroe is back with a baby. Emily can’t resist the opportunity to reconnect, despite the uncomfortable way things ended between them, so when Jody offers Emily work as a live-in babysitter, Emily quickly agrees. It’s only when she stumbles upon the meth lab on Jody’s land that she realizes where her new income is coming from.

Still, for Emily, Jody is the real drug. And as they grow closer, Emily glimpses a future for the first time since coming home. She dismisses her worries; the meth is a means to an end. But there are whispers in town—about the money, the secrets, the two girls living together alone in the woods.

It’s only when Emily’s role in Jody’s dirty business turns deadly that she must face the reality—and danger—of the situation. As the lies pile up, Emily learns just how far Jody is willing to go to save her own skin—and how much Emily herself has risked for the love of someone who may never truly love her back.

Unflinching and atmospheric, Cottonmouths is an engrossing narrative examining the ways in which the past pulls us back despite our best efforts to leave it behind.

Kelly J. Ford is a graduate of GrubStreet Writing Center’s Novel Incubator program and a regular contributor to the website Dead Darlings. Her fiction has appeared in Black Heart Magazine, Fried Chicken and Coffee, and Knee-Jerk Magazine. Although Kelly currently lives in Boston, growing up in a small southern town at the foothills of the Ozark Mountains made her intimately familiar with the kinds of people and places that fill her novels.
Andy Davidson

IN THE VALLEY OF THE SUN
A Novel

For readers of Joe Hill, Cormac McCarthy, and classic Anne Rice, a chilling tale of suspense and horror set deep in the Texas desert.

Travis Stillwell has been wandering the back roads of Texas for too long now, spending his nights searching out women in honky-tonk bars. What he does with them doesn’t make him proud—it just quiets the demons for a little while. But when his path crosses that of a pale-skinned girl in red boots, his night takes a terrifying turn. Come the morning, he wakes wounded and alone in his cab-over camper, with no sign of the girl and no memory of the night before.

When Annabelle Gaskin, a young widow, spies the pickup and camper parked behind her motel, she offers the disheveled cowboy a few odd jobs to pay his board. By day, Travis works to restore the rundown motel, insinuating himself into the lives of Annabelle and her ten-year-old son. By night, in the cave of his cab-over, he fights a horrible transformation. Before long, Annabelle and her boy begin to realize that this strange, quiet man they’ve taken in is not at all what he seems.

Deftly written and utterly compelling, this is an atmospheric literary fiction debut perfect for fans of horror, psychological suspense, and Western fiction.

Andy Davidson holds an MFA in fiction from the University of Mississippi. His work has appeared in Drunken Boat, Carve magazine, the Santa Clara Review, and other journals. He lives in Georgia with his wife.
To help heal a marriage on the rocks, river-rafting expert Gail, her husband Tom, and their son embark on a white water adventure in Montana. Along the way, they encounter two inexperienced rafters supposedly looking for their friends downriver. Little do they know that the men are escaped convicts whose bid for freedom has a body count. Things take a turn when the young family learns that they are now the captives of two armed killers, and it becomes clear that there is much more at stake than a marriage. Desperate to evade both the police and federal marshals, the men force the family down the river and into the mouth of a deadly class 5 white-water rapid. Careening towards mortal peril, Gail and Tom must bond together to save their family from the brutality of nature and the savageness of man.

This high-stakes thriller is both a testament to the power of mother nature and a classic adventure story that is perfect for fans of CJ Box and Craig Johnson. Denis O’Neill, the screenwriter for the movie *The River Wild*, brings the striking beauty of the film into his writing and ratchets up the danger that races forward to a breathtaking conclusion.

*Denis O’Neill* is an author, screenwriter, producer, and nature enthusiast who holds a master’s degree in journalism from Boston University. He worked on staff and as a freelance writer/producer for Boston’s public television station, WGBH-TV. He began publishing articles and short stories in *Sports Illustrated*, the *Boston Globe Sunday Magazine*, *Fly Rod & Reel*, *Antiques*, *American Photographer*, and others. His original screenplay, *The River Wild*, was produced in 1994, directed by Curtis Hanson, starring Meryl Streep, Kevin Bacon, David Strathairn, and John C. Riley. *A Shot at Glory*, directed by Michael Corrente and starring Robert Duvall, was released in 2001. He lives in Los Angeles.
Skyhorse • Spring 2017 • 164

Alan Gold

BELL OF THE DESERT
A Novel

“Gold offers an interesting, imaginative chronicle of an extraordinary woman present at the creation of post-colonial Arab-Western tensions.” — Kirkus Reviews

She was the most celebrated adventurer of her day, the brains behind Lawrence of Arabia, an adviser to kings and desert sheikhs, and the British government’s secret weapon in WWI in the campaign against the Turks. A brilliant academic, mountaineer, explorer, linguist, politician, and towering literary figure, Gertrude Bell is the most significant unsung heroine of the twentieth century.

Told as a biographical narrative of history, Alan Gold’s meticulously researched novel accurately opens history’s pages on a peerless woman who broke all molds on how Victorian women were supposed to behave—socially, intellectually, and physically. Guiding the events of the day in open, sanctioned diplomacy and adventure all across the Middle East, her influence on the men at the vanguard of history, and her unparalleled skill in sculpting the pathways and influences of the English, French, and Arab allies on the region, all led to perhaps her greatest achievement: single-handedly creating today’s Iraq.

For the first time in paperback, experience the harrowing story of this extraordinary woman who most determinedly fashioned the Arab world as we know it today.

ALAN GOLD continues as an influential columnist for the Spectator, the Australian, and other highly regarded magazines and related media. He appears regularly in the media as a commentator on human rights and international politics. Several of his twenty-plus books have been optioned for movies. Alan lives in Sydney, Australia, with his wife and three children.

“Lush and detailed.” — Sydney Morning Herald

“A superb account of a historical woman.” — Historical Novel Society

$16.99 paperback reprint (Can. $25.99)
World (W) • CQ 30
5 ½” x 8 ¼” • 464 pages
Fiction
JUNE

Previous edition: 978-1-63158-007-9
When Elizabeth Bennet first knew Mr. Darcy, she despised him and was sure he felt the same. Angered by his pride and reserve, influenced by the lies of the charming Mr. Wickham, she never troubled herself to believe he was anything other than the worst of men—until, one day, he unexpectedly proposed.

Mr. Darcy’s passionate avowal of love causes Elizabeth to reevaluate everything she thought she knew about him. What she knows is that he is rich, handsome, clever, and very much in love with her. She, however, is poor, and can expect a future of increasing poverty if she does not marry. The incentives for her to accept him are strong, but she is honest enough to tell him that she does not return his affections. He says he can accept that—but will either of them ever be truly happy in a relationship of unequal affection?

Diverging from Jane Austen’s classic novel *Pride and Prejudice*, this story explores the kind of man Darcy is, even before his “proper humbling,” and how such a man, so full of pride, so much in love, might have behaved had Elizabeth chosen to accept his original proposal in the Huntsford parsonage.

**Lara S. Ormiston** is a Christian, wife, mother, and writer, in that order. She had a wonderful childhood as the daughter of missionaries in Indonesia and Zimbabwe, where she read Regency romances instead of watching TV. She loves Jane Austen because of her wit and morality, and the nineteenth century because of its beautiful language and elegant and erudite conversations no one would ever have these days. Lara lives in Round Rock, Texas, with her husband and three children.

“One of the most beautiful, engrossing, and haunting books I’ve read. It’s clever, original, and enthralling. . . . This is the most obsessively perfect character-driven novel I’ve read in a long time!” —Luccia Gray, *Rereading Jane Eyre*
William B. McCloskey Jr.

WARRIORS
A Novel

“A fascinating, gritty, and realistic historical novel about Alaskan commercial fishing in the exciting decade after WWII . . . a great read!” —Joe Upton, author of Alaska Blues

Following the final, crushing moments of World War II, Japanese officer Kiyoshi Tsurifune, Sergeant Jones Henry, and Resistance fighter Swede Scorden struggle to regain normalcy and any contact with the shimmering, fish-filled sea. Lost honor, fallen friends, their cultural identities gone in the wake of a nuclear blast—these fishermen-turned-soldiers have a long way to go until they regain the waters in which they feel most at home.

But as each man finds his way to the bays of Alaska—Jones as a fisherman, Swede eager for work in the cannery, Kiyoshi an ambassador for the Japanese trade—life on the Pacific isn’t as easy as he’d dreamed. A new union calls for a strike during the height of the salmon season, and expensive new engine boats on Bristol Bay are replacing the sails and oars that fisherman like Jones have relied on for years. Plus, unhealed wounds make the impending deal that would allow Japanese ships to fish Alaskan waters painful for many. Behind every conversation, the question looms: Will these men ever find peace again?

In this sweeping and powerful prequel to Highliners, Breakers, and Raiders, William McCloskey is back and better than ever. Warriors is a meditation on the eternal struggle of finding normalcy after war and how quickly the world can leave you behind.

WILLIAM B. MCCLOSKEY JR. has worked on pitching decks all over the world, with crews of many nations. His work has appeared in Smithsonian, the Atlantic, the New York Times Magazine, Audubon, International Wildlife, National Fisherman, Fishing News International (London), and elsewhere. His epic sage originates with Highliners and includes the sequels Breakers and Raiders. He resides in Baltimore, Maryland.

“Fast paced and tautly written, Warriors is a gritty tale of transformations.”
—Karl Zingheim, historian, USS Midway Museum

$16.99 paperback reprint (Can. $25.99)
World (W) • CQ 30
ISBN 978-1-5107-1923-1
6” x 9” • 384 pages
Fiction
JUNE

Previous edition: 978-1-62636-107-2
Because of the unrestrained slaughter of cougars on Buckskin Mountain, the deer population has increased so fast that they have begun to starve. But when Thad Eburne, chief forest ranger, hears the government’s plan to open a massive deer hunt to hundreds of indiscriminate hunters, he worries that it will only worsen man’s dangerous meddling with nature. Then, when Eburne decides to save a deer herd from a cattleman bent on selling illegal deer meat for easy money, Eburne finds himself up against the deadliest outlaw in the West.

In *The Deer Stalker*, readers will find all they have come to expect from the great Western author Zane Grey—swift action, magnificent descriptions of the desert and canyon country, plus the added valiant effort of a ranger’s struggle to save the doomed herd of deer on the Buckskin range. Grey makes the reader see this colorful Arizona country, feel something of the awe that is the inevitable reaction of man to the majesty of one of nature’s miracles, smell the tang of mingled pine and sagebrush, and thrill to the heroic struggle of a few dedicated men as they battle to undo the harm of the willful and greedy.

Zane Grey was born on January 31, 1872, in Zanesville, Ohio. He was best known for his popular adventure novels and stories, which presented an idealized image of the American frontier. The critically acclaimed *Riders of the Purple Sage* (1912) is one of the bestselling and most popular books of all time. More than one hundred films, television episodes, and program series, including *Dick Powell’s Zane Grey Theater*, have been based on his novels and short stories. He died on October 23, 1939, at his home in Altadena, California.
Mase Campbell has earned a reputation as a skilled wagon master, heading up freight trains for Kavanaugh Freight. Then one night in 1874 in Corinne, Utah Territory, he is stopped in the street by someone asking him for a match and shot to death. Those who saw the murder either do not come forward or admit no knowledge.

Buck McCready, captured at ten years of age by Indians, rescued by Mase, and raised by him, wants to find out who killed Mase and why. But there is not time for investigation because Jock Kavanaugh, owner of the freight line, has committed to a freight wagon race from Corinne to Virginia City, and he needs Buck to replace Mase as wagon master. Buck believes that Mase was murdered because of the competition and that the murderer will probably be on the train. Buck is right about one thing: someone in the wagon crew is willing to do whatever is necessary to see the Kavanaugh venture fail.

MICHAEL ZIMMER is the author of fourteen novels. His work has been praised by Booklist, Library Journal, the Historical Novel Society, and others. City of Rocks, chosen by Booklist as one of the top ten Western novels of 2012, was a finalist for the Western Writers of America Spur Award. His website is michael-zimmer.com. Born in Indiana, and raised there and in Colorado, Zimmer now resides in Roy, Utah, with his wife, Vanessa, and two dogs.

“A rich, multilayered, and suspenseful novel.” —Booklist
Max Brand

LEGEND OF THE GOLDEN COYOTE

A Western Duo

“Brand practices his art to something like perfection.”—The New York Times

“Thunder and Lightning” is the story of two men, Soapy Almayer and Jimmy Clarges. When they go to work in a lumber camp, their extraordinary strength and the speed at which they work leads to their being called Thunder and Lightning. Then one man, afraid to fight either, is crafty enough to use Rosita Alvarado to cause them to fight each other . . . to the death.

“Legend of the Golden Coyote” is the story of a wild coyote, known far and wide for his unusual golden coat. Crafty and ferocious, he will confront even a timber wolf. But he also has a special relationship with a man and his daughter: the girl loves him and the man has spared his life when he might have killed him. When a terrible forest fire threatens them all, the golden coyote faces the painful choice between saving one of his own offspring and leading the human to safety.

MAX BRAND is the best-known pen name of Frederick Faust, creator of such beloved characters as Destry and Dr. Kildare. Eighty motion pictures and many radio and television programs have been based on his work. Faust went to Italy as a war correspondent during World War II after the United States entered the conflict and was killed during a night attack on a hilltop village held by the German army. His literary output was so prolific during his life that he averaged three new books per year for seventy-five years, including many years after his death. He lived in Hollywood, California.

“Max Brand is the Shakespeare of the Western Range.”—Kirkus Reviews

$14.99 paperback reprint (Can. $22.99)

World (W) • CQ 30
ISBN 978-1-63450-767-7
5 ½” x 8 ¼” • 216 pages
Fiction
ebook ISBN 978-1-63450-768-4

JUNE

Previous edition: 978-1-59414-902-3
Don Mann and Lance Burton

**NAVY SEALS**
The Combat History of the Deadliest Warriors on the Planet

The ultimate inside look at the history of the US Navy's elite SEAL teams.

In a world where acts of terror have become all too commonplace, America has turned to the elite warriors of special operations to lead the fight and hunt down those who hate everything our nation stands for. Among those units one stands apart from the rest, carrying out the most dangerous missions with precision and now legendary lethality: the US Navy SEALs.

From their birth in World War II as combat swimmers clearing the beaches of Normandy to their evolution into fighting men who could operate anywhere in the world by sea, air, or land, the intrepid story of the US Navy SEALs is one of courage, sacrifice, and world-renowned toughness that echoes of other great military units of history—the Spartans, the Roman legions, or the samurai. Take a look inside to find out what makes the SEALs America’s deadliest warriors.

Mann and Burton take the reader through the inception of the Naval Combat Demolition Teams (NCDU) and Underwater Demolition Teams (UDT) during World War II, their testing and development in Korea and into the Vietnam War, where the SEALs truly laid the groundwork for their legendary status, and on into the present day. The authors highlight the major steps and operations along the way, discuss the training and what it takes, and explore some of the most important moments in SEAL history.

**DON MANN**, a bestselling author and accomplished athlete, played a crucial role in some of America’s most daring military missions for more than two decades. A former member of Navy SEAL Team Six, Mann’s other books include *Inside SEAL Team Six*, *The Modern Day Gunslinger*, *The U.S. Navy SEAL Survival Handbook*, and the *Thomas Crocker* thrillers. He lives in Virginia Beach, Virginia.

**LANCE BURTON** is a 1996 graduate of the US Naval Academy, former surface warfare officer, class leader of BUD/S Class 239, former Blackwater security specialist, and former FBI counterterrorism agent with more than twenty years of combined service. He is also a lifelong practitioner of martial arts, a professional level athlete, and author of the popular military sci-fi novel *The Blood of a God*. Burton lives in Denver, Colorado.
John Fuller with Holly Lorincz

A DAY IN PRISON
An Insider’s Guide to Life Behind Bars

Twenty-four hours is a lot of time in prison, and here is a moment-to-moment guide of how each one goes by.

A Day in Prison shows what life is like for prisoners from morning roll call to lights out. It tracks the many ins and outs of prison culture, and provides a comprehensive look into the dynamics that define inmates’ daily interactions with each other, prison guards, and prison administrators. It gives a full sense of the challenges—small and large—presented to inmates as they try to survive each day.

The book is structured like an actual day in prison, hour by hour, tracking where in the prison a prisoner would most likely be and what they would most likely be doing. It brings a clear sense of the unique environment that is a prison and makes sense of it for the reader, step-by-step. Based in the author’s own experience, being incarcerated for eleven years, it is as realistic a guide to life in prison as any reader could have.

John “Doc” Fuller is a public speaker and one of the pioneers of the modern prison consulting industry. He draws upon his own experience spending eleven years in prison for the insight and realism that he brings to his work. He currently lives in New York City.

Holly Lorincz is the author or coauthor of several works of fiction and nonfiction as well as a teacher and editor. Her most recent book was Smart Mouth, which won the 2014 Bronze Independent Publisher’s national book award. She lives in Portland, Oregon.

$24.99 hardcover (Can. $38.99)
World (W) • CQ 30
ISBN 978-1-5107-1780-0
6” x 9” • 256 pages
Politics
ebook ISBN 978-1-5107-1782-4
JULY
Donald Jeffries

SURVIVAL OF THE RICHEST
How the Corruption of the Marketplace and the Disparity of Wealth Created the Greatest Conspiracy of All

A fresh look at economic inequality in America.

Survival of the Richest scrutinizes how the collective wealth of America has been channeled from the poor and middle class into the hands of a few elitists.

Thanks to disastrous trade deals, outsourcing, and the crippling of unions, American industry has been gutted, with wages and benefits stagnant or reduced. The Occupy Wall Street movement and the presidential campaigns of both Bernie Sanders and Donald Trump reveal how more and more people who are struggling understand that the system is rigged against them.

While Americans have been trained to direct their scorn at welfare recipients and the poor in general, a tiny handful of plutocratic elites have profited on an unfathomable scale, through corporate welfare and other perks. Unimaginable salaries and bonuses for the One Percent, contrasted by layoffs and reduced pay for the majority of the workforce, along with increasing calls for austerity measures and lowered standards of living, has become the “new normal” in America.

Donald Jeffries argues that this record economic inequality is more than an unintended consequence of globalism. In Survival of the Richest, he shows how the consolidation of wealth may well prove to be the greatest conspiracy of all.

Donald Jeffries is the author of The Unreals, a novel lauded by the likes of multi-award winning author Alexander Theroux and Night at the Museum screenwriter R. Ben Garant. His first nonfiction book Hidden History has earned the praise of everyone from political operative Roger Stone to international peace activist Cindy Sheehan to former Congresswoman Cynthia McKinney. Jeffries lives in Fairfax County, Virginia.

Advance Reading Copies
Comprehensive coverage in traditional and new media
Co-op available
Also available:

Hidden History
$22.99 paperback
978-1-5107-0537-1

$24.99 hardcover (Can. $38.99)
World (W) • CQ 30
ISBN 978-1-5107-2065-7
6” x 9” • 240 pages
Current Events & Politics
ebook ISBN 978-1-5107-2066-4
JULY
Roger Stone with Mike Colapietro

TRICKY DICK
The Rise and Fall and Rise of Richard M. Nixon

Learn the inside scoop on Watergate, the Ford Pardon, and the Eighteen-and-a-Half-Minute Gap—with new information throughout.

In *Tricky Dick*, *New York Times* bestselling author Roger Stone gives the inside scoop on Richard Nixon—his rise from election to Congress to his devastating losses in the White House run in 1960 and the California governor campaign in 1962, to the greatest comeback in American presidential history. Stone reveals:

- The Kennedys wiretapped Nixon’s hotel room the night before the Nixon-Kennedy debate.
- Inside the Nixon presidency: His struggle to end the war in Vietnam, the historic SALT arms reduction agreement with Russia, the opening to China, and the disastrous decision to take America off the gold standard.
- White House Counsel John Dean planned, pushed, and covered up the Watergate break-in, then sought to avoid responsibility for it. Readers learn how a cabal of military and intelligence hard-liners spied on and undermined Nixon to stop his pro-peace détente foreign policy.
- General Alexander Haig orchestrated Nixon’s removal from office in a coup d’état and brokered the deal for his pardon. Finally, the public will learn what is on the Eighteen-and-a-Half-Minute Gap in the White House Tapes.

This paperback edition features new information, including an explosive new chapter about how Judge John Sirica and two Watergate special prosecutors and their staffs violated the law and their judicial canon of ethics to railroad Nixon and his men, as a result denying them the fair trial the Constitution guarantees.

ROGER STONE, a veteran of eight national presidential campaigns, has served as a senior campaign aide to three Republican presidents. He is the author of the *New York Times* bestseller *The Man Who Killed Kennedy: The Case Against LBJ*, as well as *The Clintons’ War on Women* (both published by Skyhorse Publishing). He lives in South Florida.

MIKE COLAPIETRO is an investigative journalist and researcher. His work has appeared in the *Tampa Bay Times*, in *Smoke* magazine, and on Yahoo.com. He lives in Austin, Texas.
The statistics are alarming, and they become more so every year. The Center for Disease Control and Prevention estimates that 1 in 68 children has been identified with an autism spectrum disorder, making it one of the fastest growing developmental disorders in the United States. Further, the CDC estimates that parents with a child on the autism spectrum can have nearly a 20 percent chance of having a second child with autism.

In Every Choice Counts, Dara Berger shares her personal journey with autism. She describes everything that went wrong with her son that led to an autism diagnosis and everything she did differently to prevent her daughter from suffering from the same fate. She interviews well-known ASD experts—including doctors, nutritionists, nurses, and scientists—about the factors that have led to the growing epidemic of autism. Based on the best practices for preventing autism in children, each professional offers perspectives grounded in their own research and their patients’ improvements. The book covers every detail—from the importance of mothers’ cleaning out their bodies preconception, through common genetic mutations that may put children at risk, to the crucial role of nutrition in prevention.

All parents agree that every choice counts when it comes to the health of their children. As Dara Berger makes clear in this personal, informative, and authoritative book, the stakes could not be higher when it comes to autism.

Dara Berger served as a board member and cochair of the Programming Committee for the National Autism Association New York Metro Chapter for six years. She began her early career as a news reporter and producer for a local nightly news program and subsequently founded her own documentary film production company, Say It Out Loud Productions, Inc. She is currently studying at the Institute for Integrative Nutrition to become a health coach. She lives in New York City.
Mark Blaxill and Dan Olmsted

THE BIG LIE
How Autism Epidemic Denial Hurts Children, Families—and Our Future

A powerful response to a dangerous myth about autism.

Even as the autism rate soars and its cost to our nation climbs well into the billions, a dangerous new idea is taking hold—there simply is no autism epidemic.

The question is stark: Is autism an ancient and genetic variation that demands acceptance and celebration, or is it new and disabling, triggered by something in the environment that is damaging more children every day?

Authors Mark Blaxill and Dan Olmsted believe autism is new and that the real rate is rising dramatically. Also, they believe that those affected are injured and disabled, not merely “neuro-diverse.” They call the refusal to acknowledge this reality “Autism Epidemic Denial.” This epidemic denial blocks the urgent need to confront and stop the epidemic and endangers our kids, our country, and our future.

The key to stopping the epidemic, they say, is to stop lying about its history and start asking “Who profits?” People who deny that autism is new have self-interested motives, such as ending research that might pinpoint responsibility—and, most threateningly, liability for this man-made epidemic.

Using groundbreaking research, the authors definitively debunk best-selling claims that autism is nothing new—and nothing to worry about.

MARK BLAXILL is the father of a daughter diagnosed with autism. He has authored peer-reviewed articles on time-trends in autism and founded advocacy groups to spur action. He cowrote two books with Dan Olmsted—The Age of Autism and Vaccines 2.0—and is an editor with Dan Olmsted of the widely read AgeofAutism.com. He has received degrees from Princeton University and Harvard Business School. He resides in Cambridge, Massachusetts.

DAN OLMSTED is a veteran journalist, coeditor of AgeofAutism.com, and coauthor of two books. He is a former editor at USA Today, USA Weekend, and United Press International. A graduate of Yale University, he resides in Falls Church, Virginia.
Welcome to the wonderful world of French cuisine.

With twelve fabulous menus and seventy refined dishes, Chef Cathleen Clarity and food photographer Kathrin Koschitzki will teach you how to conjure the taste of France in your home kitchen.

In *Fabulously French Cooking*, you will find French foods for every occasion as well as instructions and professional advice on prepping, cooking, and flawlessly (and easily!) entertaining year-round. Whether you're throwing a celebration for the autumn harvest, having friends over for a Saturday night feast, or offering a delectable lunch for the ladies during the week, Clarity and Koschitzki have you covered.

Accompanied by elegant photographs, as well as introspective stories straight from Chef Clarity's kitchen, the recipes in this collection include:

- Slow-Roasted Veal Loin with Chanterelles and Almonds
- Mango Litchi Smoothies
- Sea Bream Tartar with Spring Onions
- Cote de Boeuf with Roasted New Potatoes
- Fig and Red Grape Galette
- And more!

Cathleen Clarity is a trained chef who moved to Paris from the midwestern United States. She writes for the American lifestyle magazine *Kinfolk* and continues to teach cooking classes where she resides in Paris, France.

*Kathrin Koschitzki* moved to Paris after studying photo design, and there she completed the Anglo Patisserie program at the Ferrandi, l'école francaise de gastronomie. She works as a freelance photographer in Germany and combines her two passions of photography and pastries on her blog *photisserie*. She resides in Paris, France.
Stephanie Thurow

CAN IT AND FERMENT IT
75 Satisfying Small-Batch Canning and Fermentation Recipes for the Whole Year

Bridge the divide between canning and fermenting with preservation enthusiast Stephanie Thurow's easy, fun, and approachable recipes.

Welcome to the world of produce preservation. In *Can It and Ferment It*, blogger Stephanie Thurow brings the canning and fermenting communities together by offering recipes that work for both canning and fermenting. From a first-timer to the advanced preservationist, *Can It and Ferment It* shows canners and fermenters alike how they can have the best of both worlds.

In this book, Stephanie explains the differences between the canning and fermentation processes, emphasizes the importance of using local and organic produce, describes canning and fermenting terminology and the supplies needed for both methods, and offers more than seventy-five fun and easy recipes for every season. Readers will learn how to make the same recipes in two different ways; each can be enjoyed canned or as a healthy probiotic-rich ferment. Recipes include:

- Hot Cherry Salsa
- Watermelon Jam
- Spiced Sugar Pumpkin Pickles
- Fermented Sauerkraut
- And more!

**Stephanie Thurow** fell in love with kimchi at the young age of two and never looked back. She is the creator of canning and fermenting blog *Minnesota from Scratch* and has more than a decade of experience making canned and fermented foods. She resides in Minneapolis, Minnesota, with her husband, daughter, and plethora of pets.
Eric C. Lindstrom

THE SKEPTICAL VEGAN

My Journey from Notorious Meat-Eater to Tofu-Munching Vegan

A survival guide on becoming vegan overnight while still living to the fullest (literally and metaphorically).

Growing up in an all-women household and coddled endlessly by his Italian mother and grandmother, Eric Lindstrom was nourished to obesity on meaty sauces, fried eggs, and butter-laden cookies. After spending the first half of his life as an adamant omnivore, Lindstrom went 100 percent vegan. Reluctantly. Overnight. From burgers to beets, from pork to parsnips.

It’s time for a down-to-earth book that proves anyone can go vegan (even someone who once ate sixty-eight chicken wings in a sitting). How can a man adopt a vegan approach? Won’t he die of protein deficiency? What if he is married to a vegan woman? How would he order a salad at a Minnesota steakhouse? What should he bring to a gluten-free, nut-free, macrobiotic, nightshade-free, oil-free, vegan potluck (true story)?

The Skeptical Vegan explains how simple it really is to be vegan, covering topics from food and nutrition to social challenges and lifestyle. Snarky, witty, and opinionated to a fault, Lindstrom speaks as a male vegan, contesting the notion that real men should only eat meat. With twenty original “veganized” recipes including portobello steaks, carrot hot dogs, tofu wings, meaty chili, and cauliflower bites (which helped him shed thirty pounds), Lindstrom demonstrates how to take control of your diet while still eating “meatily” and taking into account the ethical considerations of living a better life for the animals, the environment, and yourself.

Eric C. Lindstrom is the editor of the Meaty Vegan blog, which features vegan opinion, recipes, and cutting-edge satire, and the founder of the vegan design and marketing firm ThankTank Creative. Today, he thrives on plant-based foods along with his vegan wife, vegan dog, and two vegan babies in Ithaca, New York.
Upon learning that rice and bread were the culprits for her husband’s Type 2 diabetes, Deepa Thomas deconstructed and reinvented her native Indian cuisine. She slow-carbonized family recipes, drew from her grandfather’s Ayurvedic wisdoms, used Western cooking techniques, and incorporated breaking-news research on gut health. After three months, Deepa lost twenty-five pounds and freed her husband from a ten-year-long routine of insulin shots.

Part Indian cookbook, diet guide, kitchen companion, and memoir, Deepa’s Secrets introduces breakthrough slow carb and gut-healing recipes that are simple and healthy without sacrificing their rich South Asian flavors. To demystify an “exotic” cuisine Thomas provides step-by-step instructions with ingredient substitutions (all ghee-free!), shortcuts, and secret techniques that will make New Indian easy, everyday fare. Beautifully photographed with menu plans, kitchen wisdom, and scientific commentary, Deepa’s Secrets includes East-to-West recipes such as:

- Ralph’s Garlicky Spinach a la Dal
- Ammachich Claypot Fish Molee
- General Joseph’s Five Star Chicken Skewers
- New Indian Cacciatore
- Masala Omelet
- And more!

Bold and intimate, Deepa’s Secrets shares Thomas’s new secrets—family cooking traditions, how to “diet” without feeling hungry, beating diabetes, and eating to live in order to live to eat.

Deepa Thomas was born and raised in New Delhi. She founded Deepa Textiles, a $10-million enterprise that won twenty-three design awards. In 2010, she embraced a newfound passion in cooking. She lives in San Francisco, California.

Dr. Robert Baron is a world-renowned doctor who specializes in weight management at the University of California, San Francisco. He lives in San Francisco, California.
LETTERS TO A YOUNG PUG

How does the Master teach? Wilson the Pug, everyone’s favorite canine Taoist, is about to find out in Letters to a Young Pug, the enchanting follow-up from the stars of The Tao of Pug.

Otto, the sage old pup who taught Wilson the ways of the Tao Te Ching, the ancient Chinese book of wisdom, is finally ready to rest his bones and retire to Boca Raton. Wilson is next in line to take his place as Master of the Taoist pug lineage, but before he can assume his rightful position, he must train his own successor, the young pup Homer. Once Homer has learned the lessons of the Tao and earned his yin-yang badge, Wilson can take his place on Otto’s throne.

Through funny letters and charming photographs, Wilson converses with his apprentice on the subtle wisdom of the Tao Te Ching. But unfortunately for Wilson, Homer’s not the easiest pupil to teach. He’s more interested in filling his stomach than feeding his mind and he’d rather nap his way to wisdom. The young pug’s path to enlightenment is chock full of surprises, as Wilson is about to find out.

Wilson the Pug is a direct descendant and lineage bearer of Pug-tzu—companion of the ancient Chinese philosopher Lao-tzu. The latter is widely credited with authoring the Tao Te Ching. Wilson lives in Berkeley, California, where he finds much tolerance for this Taoist canine American lifestyle.

Nancy Levine is a veteran dog photographer and former staff photographer for the Elmsford, New York, Humane Society. She has had extensive experience in theater and stand-up comedy and is a regular contributor to the Investigative Report, a cutting-edge parody newspaper in San Francisco. Her commentaries have been broadcast in the Bay Area on NPR affiliates, and her writing has appeared in the San Francisco Chronicle. She is currently vice president of client services for an executive search firm and conducts corporate training workshops in the Bay Area. Originally from Scarsdale, New York, Levine now resides with Wilson in Berkeley, California.
Melanie Florence

**GLASS GARDENS**

Easy Terrariums, Aeriums, and Aquariums for Your Home or Office

A beginner’s guide to the incredible world of tabletop display gardens.

Not everyone can be Martha Stewart, and luckily you don’t need to be to create beautiful terrariums to display in your space or to give as a gift. With simple instructions and a relaxed and pleasant tone, *Glass Gardens* speaks to the beginner terrarium-maker as a best friend would over a cup of coffee or tea. You won’t find any overly elaborate or complicated projects here! With just a few supplies and a small amount of time, you’ll have a gorgeous centerpiece to display or give away.

Learn how to create stunning, easy-to-maintain terrariums with cacti and succulents, as well as water terrariums (aquariums) with plants you can buy at your local pet store and air terrariums (aeriums), which are by far the easiest type of terrarium to create and keep alive.

In *Glass Gardens*, you’ll be given lists of supplies you’ll need as well as information on where to find them in addition to tips and tricks about the best ways to keep your plants alive and thriving. Easy, step-by-step instructions and detailed photos will have you designing your own glass gardens before you know it.

**Melanie Florence** is an award-winning author of eleven books who is always looking for new writing challenges. She is the recent winner of the Second Story Press Aboriginal Writing Contest, and her recent nonfiction book, *Righting Canada’s Wrongs: Residential Schools* was chosen as an Ontario Library Association Best Bet and was given a starred recommendation on the CCBC Best Books 2016 list. Melanie lives in Toronto, Ontario, with her family.
Vicki Hinze

THE IN-CASE-OF-EMERGENCY WORKBOOK
An Essential Life Organizer for You and Yours

Simply and confidentially document essential information to ease your mind and the minds of your loved ones—in case of an emergency.

While recovering from an unforeseen medical emergency, author Vicki Hinze realized just how little her family knew about the practical but necessary information of routine and everyday life—doctors’ names, insurance policies, location of the will, information about the mortgage, passwords, accounts, etc. If her family had floundered this much when they could still ask her for answers, she wondered just how difficult it would be for them if they couldn't ask, or if she wasn't in a position to tell them.

With The In-Case-of-Emergency Workbook, Vicki has created a space to capture all of this vital information so that families and loved ones like hers will have the necessary tools to handle affairs properly and without anxiety—in case of an emergency. Sections contained in this invaluable booklet include:

- Financial
- Medical
- Legal
- Auto
- Passwords
- Personal requests
- And more

With help from Vicki Hinze, you can be ready for anything!

Vicki Hinze is a USA Today bestselling and award-winning author. She has written more than thirty-five fiction and nonfiction books and continues to write articles about writing, business, and life. She resides in Niceville, Florida.

$9.99 paperback original (Can. $14.99)
World (W) • CQ 30
ISBN 978-1-5107-1810-4
7 ½” x 10” • 96 pages
Health
JULY
The age of carefree travel is over. The threats of criminal acts and of terrorism, both internationally and domestically, are an all-too-common reality. 2015 saw more than fourteen thousand terrorist incidents across the globe—it’s no wonder that people are frightened when they are away from home.

*The Terrorism Survival Guide: 201 Travel Tips on How Not to Become a Victim* can help take away that fear. The book is an easy-to-read pocket guide with hundreds of tips to make business and vacation travel safe again.

These tips are designed for everyone and cover a wide range of topics:

- Staying safe at airports
- How to protect your luggage
- “Low-profile” tourism
- Traveling with children
- What to do if captured

In addition to travel tips, the book gives contact information for US embassies and consulates worldwide, US Customs information, State Department terrorism updates, TSA guidelines, and much more. *The Terrorism Survival Guide* will make you a wiser, smarter, and safer traveler.

**Andy Lightbody** is a military and technology analyst. He was the founding editor for *International Combat Arms* magazine, field editor for *Armed Forces Journal*, and a military correspondent for CBS, Fox, and ABC Radio. Lightbody has authored more than a dozen books on military technologies and terrorism. He lives in Gunnison, Colorado.
What happens when three hundred years of human knowledge and expertise disappear before the onslaught of the technology-driven world?

The Doryman’s Reflection is simply the most accurate and eloquent account of what transpired in the New England fisheries over the past half century, as told by the people who lived it, including author Paul Molyneaux.

Fishermen survive as relics, the last hunter-gatherers among us. Their boats, crammed with ropes and nets, carry the mystique of a nearly forgotten world ruled by the elements. Now an accomplished writer, Molyneaux as a young man journeyed to Maine with no experience and a dream of working on a boat. This is the story of his apprenticeship with Bernard Raynes, one of Maine’s last independent commercial fishermen.

The Doryman’s Reflection speaks to those who want to know what really happened, and what will happen, on our oceans.

Part coming-of-age memoir, part biography, it is a very personal account of what families in this dying but important industry face each day. Molyneaux shares his own history as a young man seeking the fisherman’s life in Maine and Alaska. Originally published in 2005, it has been thoroughly updated to cover the events of the past eleven years.

Told through the life of the colorful and engaging Bernard Raynes, The Doryman’s Reflection is alive and real and powerful—far from a dry, pedantic treatise on the economics of commercial fishing.

Paul Molyneaux began working in commercial fishing as a “lumper,” unloading scallop boats, in 1976. He now writes about fisheries and marine issues for the New York Times and Yankee magazine. He and his family split their time between Mexico and Maine.

“His straightforward and articulate chronicling of the history of an industry I am engaged in had me hopping mad.” —Linda Greenlaw, bestselling author of The Hungry Ocean and The Lobster Chronicles
A proud lifelong Westerner, Thomas Reed has been surrounded by horses since before he can remember, and his unabashed admiration of those majestic creatures echoes on every page of his memoir, *Give Me Mountains for My Horses*. At once lyrical and captivating, absorbing and adventurous, Reed’s recollections of some of his most intimate moments with these animals will entrance riders and non-riders alike, with their sophistication and relatability.

Many of stories found within *Give Me Mountains for My Horses* feature unforgettable horses in the scenic splendor of the American West, specifically the Greater Yellowstone backcountry. Here, readers will meet Lad, a large stallion whose sheer beauty outstrips all comparison and draws admiration from all who encounter him. There is Hank, a white stallion whose lean muscle and sturdy hid make him an incomparable ride. And follow Jade, a tried-and-true “mountain lady” of the highest degree who has an uncanny ability to correctly follow lost trails.

These three and dozens of other equines round out the cast of Reed’s unforgettable tales of buying and selling horses, mishaps while on the trail, and falling in love every day with beautiful animals. Elegant and entrancing, *Give Me Mountains for My Horses* will transport readers and leave them hungry for more.

**TOM REED** is a regular columnist of *Wyoming Wildlife News* and has won multiple awards from the Wyoming Wildlife Federation, the Association for Conservation Information, the Colorado Press Association, and the Wyoming Press Association. He attended the prestigious Bread Loaf Writers’ Conference at Middlebury College in 2001. Reed lives in Harrison, Montana.

“It doesn’t matter whether you're an experienced rider or someone who's never swung into a saddle, Tom Reed’s stories are captivating.” —*Great Falls Tribune*
Every year millions of sportsmen and women take to America’s fields and forests equipped with some type of shotgun. Millions of others participate annually in shotgun sports such as skeet, trap, and sporting clays.

In *Modern Shotgunning*, Dave Henderson gives readers a nuts-and-bolts look at modern shotguns. He explains chokes, stocks, barrels, and optics, as well as cleaning and safety practices. He also discusses how to choose the appropriate shotgun, shotgun games, gun fit, hand loading, and building your own specialty guns.

Featuring plenty of explanatory photographs, Henderson doesn’t write above his readers, offering plainly written advice based on years of experience in the field and at the range. He writes without boast that in a year he probably shoots more rounds than do most hunters in a lifetime. Neither is Henderson leaning toward the heavy-wallet crowd, for he knows the average hunter may not care for or cannot afford two-thousand-dollar shotguns, souped-up slug guns, or optics. He offers tips for the budget-conscious, such as creating a cleaning rod from a soft pine dowel with a bicycle handlebar grip on one end and using Bounty paper towels rolled to bore diameter as a cleaning patch. *Modern Shotgunning* is ideal for beginners but not to be overlooked by veterans.

**Dave Henderson** has been a journalist since 1967. He has won four national awards for writing and radio, fifteen regional (New York and Pennsylvania) awards for writing, photography, and television. He was also rifle champion in the 1996 Buckmasters National Deer Classic. Henderson lives with his family in Endicott, New York.

**Jim Zumbo** is the full-time hunting editor for *Outdoor Life* and has published more than a thousand articles in major outdoor magazines. He has written twenty-one books and is recognized as an award-winning outdoor photographer. Zumbo is a member of the Boone and Crockett Club, and works in the forestry and wildlife biology field. He lives near Cody, Wyoming.
A moving chronicle about fatherhood and family, marriage and love, and what it means to create a home.

In the summer of 1990, writer Charles Gaines and his artist wife, Patricia, bought 160 acres of wild land on the northeast coast of Nova Scotia. They believed they were simply buying a remote getaway spot, but within a few months a more complex dream for the property developed. By midwinter, they had begun to see the land as a place where family intimacy might be reclaimed, as a home that might heal their recently battered marriage, and as an opportunity to take on a big, risky, long-term project instead of settling into the caution and gradual losses of middle-class middle age. Enlisting their children and their daughter’s carpenter boyfriend, they decided to build a cabin on the land the following summer, to build it with their own hands, as a family venture.

*A Family Place* gracefully mixes a narrative of that summer’s sometimes harrowing, sometimes hilarious, sometimes heartbreaking events with passages of the family’s history that show its members as real people and dramatize what is at stake for each of them in Nova Scotia. Gaines describes the process of building a cabin while living in tents without electricity or running water, and the pleasures and limitations of a life so simplified that a week’s biggest social event is a bonfire. He draws a deft portrait of the small, generous, hearth-centered Acadian community of farmers and lobster fishermen surrounding their land, and traces the history of that land to its original French-Acadian owner. And he tracks the mood of his family through the long, difficult summer, from initial enthusiasm to near mutiny, and finally to exhilaration and deep satisfaction at having built something that will last, having rebuilt a family in the process.

**Charles Gaines** is the author of the National Book Award finalist *Stay Hungry* and the international nonfiction bestseller *Pumping Iron*, as well as being a lifelong sportsman and outdoor adventurer. He serves as US director of the Atlantic Salmon Federation and is a founder and lifetime board member of the US Fly Fishing Team. He lives in Nova Scotia, Canada, and Birmingham, Alabama.
Charles Gaines
Foreword by Terry McDonell

THE NEXT VALLEY OVER
An Angler’s Progress

Passionate, adventurous, and insightful tales of fishing from waters near and far.

A cclaimed sporting and adventure writer Charles Gaines has spent much of his life on the water, around the world, fishing rod in hand, angling for trout, redfish, salmon, bonefish, bass, marlin, tuna, and practically everything else that swims. Just about any place where there’s water to fish and eccentrics to keep him company, Gaines has been.

The Next Valley Over, a collection of his best writing on fishing from his long and storied career, is culled from the pages of Men’s Journal, Forbes, and Sports Afield, among other publications, and ultimately is about the heart of the sport. While his stories are lined with the accoutrement of angling—the art of technique, the equipment, the lodges, the fish themselves—they’re really about why we love to fish and what it means to our culture. As Thoreau once said: “Many men go fishing all their lives without knowing that it is not fish they are after.” What “they are after” is what Charles is curious about, and he has devoted the better part of his life and sanity to coming up with answers.

Starting and ending at the majestic Lake Tadpole in St. Clair County, Alabama, where Gaines’s love of fishing was initially sparked, The Next Valley Over chronicles exploits in exotic locations with eccentric characters. In the process of his quest of nearly every species known to man, Gaines explores what we are really searching for when we fish.

Charles Gaines is the author of the National Book Award finalist Stay Hungry and the international nonfiction bestseller Pumping Iron, as well as being a lifelong sportsman and outdoor adventurer. He serves as US director of the Atlantic Salmon Federation and is a founder and lifetime board member of the US Fly Fishing Team. He lives in Nova Scotia, Canada, and Birmingham, Alabama.

“I found Charles Gaines’s The Next Valley Over fresh, original, and downright elegant—a bonanza to the lover of fishing.” —Tom McGuane, author of The Longest Silence
More than five million outboard motors were sold in the United States in the past ten years. This guide by *Power and Motor Yacht* editor at large Richard Thiel offers a basic survival manual for owners of outboard powered watercraft of all shapes and sizes. Using the premise that the reader knows (and cares) little about engines of any kind—as long as they provide reliable service—*Outboard Essentials* provides a brief and painless overview of how outboards work and outlines easily followed operating and preventive maintenance procedures that will dramatically extend their lives.

This book is not about how to conduct major repairs or rebuild an engine. Instead, the emphasis is on preventing problems from occurring in the first place—just what the mostly non-mechanical owners of North America’s nine million outboard motors want to know. This is a dramatic improvement over the usually cryptic owners’ manuals supplied by the manufacturers.

**Richard Thiel** has been writing about boats and engines for more than thirty years, beginning as *Boating* magazine’s engines columnist and boat tester. Later he wrote for *Yachting* and *Motorboat* and then began a long career as editor in chief of *Power & Motoryacht*, where he continues today as an editor at large. He says that even twenty years later, it’s still a dream job and that “most days” he looks forward to going to work—especially when “work” is running a boat.
Editors of Shooting Times
Introduction by Joel Hutchcroft

SHOOTING TIMES GUIDE TO ACCURACY
How to Be a Top Shot with Rifle, Shotgun, or Handgun

Helpful tips to hone your marksmanship from the top firearms writers.

Shooting Times Guide to Accuracy provides what all loyal audiences of Shooting Times magazine already love but with a specific focus on accuracy. A vast range of topics are covered, including:

- A common sense approach to better marksmanship
- Long-range military accuracy
- Hand loading for accuracy
- Scope techniques for long-range shooting
- Improving your accuracy with air guns
- Twist rates and accuracy
- And much more!

Discover tried and true tips, tactics, and techniques from the pros along with advice on buying gear and firearms from experts including J. Guthrie, Layne Simpson, Richard Mann, Reid Coffield, David Tubb, and David Fortier. Shooting Times Guide to Accuracy covers everything you need to know about improving your marksmanship.

SHOOTING TIMES serves an extremely active group of dedicated, technically savvy shooting and hunting enthusiasts who form a core group of opinion-leaders and purchase-influencers in the shooting sports community. Shooting Times was founded in 1962 and has a total print audience of more than one million. Its offices are in Boone, Iowa.

JOEL HUTCHCROFT has worked in the gun industry for thirty-eight years, and he is an avid shooter, hunter, hand loader, and gunsmith. He earned a master’s degree in history and a bachelor’s degree in biology, with a concentration in environmental studies. In addition to overseeing the production of Shooting Times, Joel has edited more than forty special publications, appeared on Gallery of Guns TV, and hunted on four continents. He resides in Knoxville, Illinois.

$17.99 paperback original (Can. $27.99)
World (W) • CQ 24
ISBN 978-1-5107-2077-0
7” x 9” • 144 pages
200 color photographs
Sports/Shooting
ebook ISBN 978-1-5107-2080-0
JULY
Edited by Stephen Brennan

THE ADVENTURES OF THE MOUNTAIN MEN
True Tales of Hunting, Trapping, Fighting, Adventure, and Survival

The “mountain men” were hunters and trappers who fiercely strode the Rocky Mountains in the early to mid-1800s. They braved the elements in search of the skins of beavers and other wild animals to sell or barter for goods. The lifestyle of the mountain men could be harsh, existing as they did among animals, and spending most of their days and nights living and camping out in the great unexplored wilds of the Rockies. Life outdoors presented many threats, not least among them Native Americans, who were hostile to the mountain men encroaching on the area for their own purposes. For a certain kind of pioneer, this risk and more were outweighed by the benefits of living free, without the restrictions and boundaries of “civilized” settlements.

Included in this collection are tales from great writers, including:

- Washington Irving
- Stanley Vestal
- Osborne Russell
- Francis Parkman Jr.
- And many more!

In *The Adventures of the Mountain Men*, editor Stephen Brennan has compiled many of the best stories about the mountain men—the most daring exploits, the death-defying chances taken to hunt big game, the clashes with the arrows of Native Americans, and also the moments when the men were struck by the incomparable beauty of the unsullied, majestic Rocky Mountains.

**STEPHEN BRENNAN** is the coauthor of *The Adventurous Boy’s Handbook* and *The Adventurous Girl’s Handbook* and editor of *The Best Pirate Stories Ever Told* and *The Best Sailing Stories Ever Told*. He has worked as a circus clown, teacher, cabaret artist, actor, director, shepherd, and playwright. He lives in New York City.
Pat F. Garrett
THE AUTHENTIC LIFE OF BILLY THE KID

A firsthand account by the man who killed Billy the Kid.

William H. Bonney, born in November of 1859, began his criminal career early. At the age of twelve, William stabbed a man in a bar fight, then spent his teenage years stealing and gambling. At seventeen, he committed his first murder and earned the nickname “Billy the Kid” from the news reporters who followed his exploits and helped his reputation reach epic heights. Here, Pat F. Garrett, the sheriff of Lincoln County, does his best to tell us the incredible story of the kid who became a cold-blooded outlaw.

Written just eight months after he shot Billy in Fort Sumner, New Mexico, in 1881 at a happenstance meeting at the home of Pete Maxwell, Garrett takes us through Billy’s earliest days in New York, his move to the West, his adventures in Mexico, and Billy’s repeated arrests and escapes— all of which led to the Kid’s eventual death.

More than one hundred years after the death of Billy the Kid, the popular legends surrounding his life show no sign of dissipating. Complete with a new foreword for this edition, The Authentic Life of Billy the Kid is both a tribute and an exposé from the man who took him down.

PAT F. GARRETT (1850–1908) was the sheriff of Lincoln County, New Mexico, and is best known for killing Billy the Kid. Born in Alabama, Garrett worked as a cowboy and a buffalo hunter before becoming a sheriff.

“Every story of consequence on the Kid has been based on . . . Garrett’s book.”
—The New York Times

$14.99 paperback reprint (Can. $22.99)
World (W) • CQ 36
5 ½” x 8 ¼” • 144 pages
5 b/w illustrations
History
JULY
Previous edition: 978-1-61608-176-8
David Lee

BEACHHEAD ASSAULT
The Combat History of the Royal Naval Commandos in World War II

Firsthand accounts by some of the bravest men to ever go to war.

The Royal Naval Commandos had one of the most dangerous and most important tasks of any in World War II—they were first on the invasion beaches and the last to leave. Formed in 1941 as the Royal Naval Beach Parties, many lost their lives in the Dieppe raid. After Dieppe they became full-fledged fighting commandos with their legendary Fairbairn Sykes commando knives, organized into units from A Commando through to the all-Canadian W Commando.

Under their officers, who were designated as Beachmasters, the Royal Naval Commandos led the way in on the beaches as part of the Allied landings in Madagascar, Dieppe, North Africa, Pantelleria, Sicily, Salerno, the Volturno River, Anzio, Arakan, D-Day, Elba, Walcheren, and Commachio. Their work on the beaches was crucial to the success of the Allied invasions. After the war, the Royal Naval Commandos were disbanded and forgotten, and their wartime role was given to the Royal Marines.

The personal accounts of Royal Naval Commandos contained in this book tell the story of a remarkable but little-known group of men, ensuring that their legacy will not be forgotten.

DAVID LEE is also the author of Up Close and Personal: The Reality of Close-Quarter Fighting in World War II.

“Every page of Beachhead Assault has a tale of almost suicidal courage. The motto of the Royal Naval Commandos was ‘First in, last out.’ . . . It brought back memories of my old man and all the conversations we never had. But it will touch the heart and stir the soul of anyone who was raised by the generation who fought in World War Two, the generation who gave us our freedom, and who were prepared to pay the ultimate sacrifice. All the parents and grandparents who we never found the words to truly talk to. But more than anything, Beachhead Assault is a fitting monument to the forgotten heroes of the Royal Naval Commandos.”—Tony Parsons in the Daily Mirror

$24.99 hardcover (Can. $38.99)
North America (NA) • CQ 30
ISBN 978-1-5107-1775-6
6” x 9” • 256 pages
Military
JULY
Jeff Pearce
Foreword by Richard Pankhurst

PREVAIL
The Inspiring Story of Ethiopia’s Victory over Mussolini’s Invasion, 1935–1941

The captivating story of a war-torn nation and its refusal to back down.

It was the war that changed everything, and yet it’s been mostly forgotten: in 1935, Italy invaded Ethiopia. It dominated newspaper headlines and newsreels. It inspired mass marches in Harlem, a play on Broadway, and independence movements in Africa. As the British Navy sailed into the Mediterranean for a white-knuckle showdown with Italian ships, riots broke out in major cities all over the United States.

Italian planes dropped poison gas on Ethiopian troops, bombed Red Cross hospitals, and committed atrocities that were never deemed worthy of a war crimes tribunal. But unlike the many other depressing tales of Africa that crowd book shelves, this is a gripping thriller, a rousing tale of real-life heroism in which the Ethiopians come back from near destruction and win.

He shows how the British Foreign Office abandoned the Ethiopians to their fate, while Franklin Roosevelt had an ambitious peace plan that could have changed the course of world history—had Chamberlain not blocked him with his policy on Ethiopia. Finally, Pearce shows how modern propaganda techniques, the postwar African world, and modern peace movements all were influenced by this crucial conflict—a war in Africa that truly changed the world.

JEFF PEARCE tracked down survivors from the Italian-Ethiopian War of the 1930s and ’40s and uncovered shocking records about Britain’s role during the conflict in London archives. He lives in Toronto, Canada.

RICHARD PANKHURST has a doctorate in economic history from the London School of Economics. In 1962, he was the founding director of the Institute of Ethiopian Studies at the University College of Addis Ababa. He lives in Addis Ababa.

$19.99 paperback reprint (Can. $30.99)
World (W) • CQ 24
ISBN 978-1-5107-1865-4
6" x 9" • 640 pages
50 b/w photographs and maps
History
ebook ISBN 978-1-5107-1874-6
JULY

Previous edition: 978-1-62914-528-0
Martin Small and Vic Shayne  
**REMEMBER US**  
My Journey from the Shtetl Through the Holocaust

“Martin Small’s poignant recollections of his experiences in German concentration camps are an important contribution to the literature of the most tragic chapter of contemporary history.” —Elie Wiesel

A *New York Times* bestseller, *Remember Us* is a look back at the lost world of the shtetl: a wise Zayde offering prophetic and profound words to his grandson, the rich experience of Shabbos, and the treasure of a loving family. All this is torn apart with the arrival of the Holocaust, beginning a crucible fraught with twists and turns so unpredictable and surprising that they defy any attempt to find reason within them.

From work camps to the partisans of the Nowogrudek forests, from the Mauthausen concentration camp to life as a displaced person in Italy, and from fighting the Egyptian army in a tiny Israeli kibbutz in 1948 to starting a new life in a new world in New York, this book encompasses the mythical “hero’s journey” in very real historical events. Through the eyes of ninety-one-year-old Holocaust survivor Martin Small, we learn that these priceless memories that are too painful to remember are also too painful to forget.

**MARTIN SMALL**, born in 1916 as Mordechai Shmulevicz Small, under the tutelage of his rabbinical grandfather, became a Yeshiva scholar. But when the Germans invaded Poland, his idyllic life came to an end. His family was buried alive by Polish neighbors, and Martin was taken prisoner along with a friend and thrown into a work camp. Many years after the war, Small befriended a New York policeman who turned out to be the soldier who saved him from death in the Mauthausen concentration camp.

**VIC SHAYNE** has been a professional writer for more than thirty years, having published several books, hundreds of articles, and several screenplays. An avid researcher of the Holocaust period, Vic Shayne has interviewed survivors, family members, and WWII veterans to bring to life *Remember Us*, the true story of survivor Martin Small.

$16.99 paperback reprint (Can. $25.99)  
World (W) • CQ 30  
6” x 9” • 336 pages  
Memoir  
JULY  
Previous edition: 978-1-6160-8630-5
EVERYDAY WISDOM
Extraordinary Inspiration from Friends, Family, and Neighbors

If you could tell the world anything, what would it be?

The idea for this book stemmed from the author’s inspirational thesis titled “Words of Wisdom,” which comprised interviews conducted with older adults. By asking them about their purpose in life, success, happiness, and any advice they want to share, we gain insight through their moving and beautiful responses.

Now, the topic is taken to the next level by opening it up to the rest of the world. People of all different cultures, religions, and experiences deserve to have a voice through this book, which was inspired to encompass words of wisdom about living the good life from ordinary individuals from all walks of life. It will open and enlighten our perspectives regarding the world’s abundant philosophies and has the ability to unite people of different backgrounds and opinions.

In such a progressive world, it may be easy to overlook the importance of the things that really matter. Everyday Wisdom will remind one to carry out the most organic purpose of being a human.

Diana Fransis received a graduate degree in gerontology, the study of aging, from California State University of Fullerton. She has spent the past ten years of her career working to enhance the lives of older adults in senior housing and has established a name for herself in the industry, winning numerous awards in her sales and marketing positions. She has also dedicated much of her time advocating for the Alzheimer’s Association, a nonprofit organization dedicated to helping older adults who experience memory loss and their families. Diana lives in Orange County, California.

$16.99 hardcover (Can. $25.99)
World (W) • CQ 30
5” x 7” • 144 pages
Inspiration
JULY
One word strikes more fear into a person's mind than any other: cancer. The physical, mental, emotional, and financial toll that comes with a cancer diagnosis is immense and affects not only cancer patients but also families and entire communities. The vast majority of individuals who lose the battle against cancer are treated with the standard orthodox therapy. These people may never have questioned their oncologists, believing that they were in the best possible hands with their physicians' advanced education, their knowledge of the latest treatments, and all the tools of modern research at their disposals.

In *Overcoming Cancer*, Gary Null explores the alternative treatments that most mainstream doctors will never discuss with their patients. Did you know that eating melons balances your body's pH, which can help slow the growth of cancer? You were aware that fiber is an important part of a healthy diet, but did you know that it lowers the risk of breast, colorectal, uterine, and prostate cancers? Find health and vitality with Dr. Null's seven most powerful tools for fighting cancer:

- Engaging in regular physical activity
- Avoiding harmful food products and toxins
- Adopting a highly nutritious, plant-based diet
- Eating alkaline foods
- Taking antioxidant supplements
- Using herbal formulas and remedies
- Practicing whole-body therapies

Gary Null, PhD, is an internationally renowned expert in the field of health and nutrition, the author of more than seventy books on healthy living, and the director of more than one hundred critically acclaimed full-feature documentaries. He is the host of *The Gary Null Show*, the country's longest-running nationally syndicated health radio talk show. He lives in New York City.
Rev. Jen

CHAINS, WHIPS, AND CUFFS
A Beginner’s Guide to the Ecstasy and Pain of BDSM

A no-nonsense manual for readers interested in bondage and discipline; dominance and submission; and sadism, masochism, or sadomasochism.

For years, Rev. Jen has been coaching her readers on all sex-related matters through her articles in Penthouse and posts on Nerve, an online magazine. A self-proclaimed authority on the subject of sex (and specifically BDSM), Jen spent her early twenties working as a professional submissive at a swanky Manhattan dungeon before becoming a sex surrogate for a renowned therapist.

In Chains, Whips, and Cuffs, Jen shares rare insight into this often-times misunderstood world. Practical instructions are given on safety, communication, bondage, spanking, flogging, fetishes, humiliation, dirty talk, and more. Included are steamy, sometimes ridiculous anecdotes from Jen’s past.

Useful, entertaining, and written with rare candor, Chains, Whips, and Cuffs is something you’ll want to read aloud at parties and also use privately with lovers. It will become an indispensable part of your library of perversion.

REV. JEN is a writer, poet, painter, and performer who has gained popularity in the underground film industry via acting and directing various productions. She is the author of multiple books including Elf Girl and Live Nude Elf: The Sexperiments of Reverend Jen and has also been a columnist for Penthouse and Nerve. She is the founder of Art Star Scene magazine and the cofounder of ASS Studios. She resides in New York City with her dog, Rev. Jen Jr.
Daphne Rose Kingma

THE MAGICAL WORLD OF MADAME MÉTIER
A Spiritual Fairy Tale

From an Oprah favorite and relationship self-help expert comes an uplifting fictional debut.

Reminiscent of the enchanted realism of Alice Hoffman’s bestselling novels, The Magical World of Madame Métier weaves together magic, romance, and a powerful bond of friendship in celebration of the female spirit.

Facing destitution after the untimely death of her husband, Madame Métier revisits a long-forgotten talent—the creation of healing botanical creams and lotions. Her rediscovery of this sacred practice marks the beginning of her spiritual odyssey of self-actualization and empowerment. Meanwhile, two eccentric friends of hers begin a passionate affair that ends their respective marriages. Invigorated by their relationship, Monsieur Sorbonne searches for his life’s passion while Mademoiselle Objet helps Madame Métier with her new business. While the couple explores the nuances of their romance, Madame Métier finds herself in a relationship with a mysterious being who redefines her understanding of human love. Just as things are looking up, Mademoiselle Métier’s creams result in a customer’s death, and the three friends face an ordeal of profound doubt, spiritual crisis, and persecution that threatens to tear them apart.

Daphne Rose Kingma brings insights from her self-help books to a modern fairy tale that is both enlightening and entertaining. This is an extraordinary debut about the nature of love and relationships.

Daphne Rose Kingma is a beloved therapist and relationship expert and the author of a dozen books about love, relationships, and living through crisis. She has been a six-time guest on Oprah. Her book The Ten Things to Do When Your Life Falls Apart was named the Best Spiritual Book of 2010 by the Books for a Better Life Foundation. She is a frequent workshop leader at the Esalen Institute, Big Sur. She resides in Santa Barbara, California.

“[Kingma’s The Men We Never Knew] offers hope and shines out as a gift of love to both men and women.” —John Gray, author of Men Are from Mars, Women Are from Venus

“Kingma deals with love so directly . . . [and] brings immediate comfort to anyone in pain.” —Los Angeles Weekly
Lorena Hughes

MALENA’S TANGO
A Novel

A generational saga that mixes historical fiction with the romance and intrigue of a Latin American soap opera.

M alena Sevilla’s tidy, ordered world crashes down when her father commits suicide, leaving behind only a letter from her mother, who Malena thought had died in childbirth. The letter, signed only with an “A,” leads her to San Isidro—a quaint town tucked in the Andean mountains. Intent on discovering who her real mother is, in San Isidro, Malena meets the Platas sisters, four unconventional women whose names all start with an A.

Fearful of causing a scandal for this respectable family, Malena assumes another woman’s identity and enters their home to discover the truth. Could her mother be Amanda, the charming widow who opens the first tango nightclub in a conservative town? Ana, the ideal housewife with a less-than-ideal past? Abigail, the sickly sister in love with a forbidden man? Or Alejandra, the introverted jeweler scarred by her cousin’s murder? But living a lie will bring Malena additional problems, such as falling for the wrong man and loving a family she may lose when they learn of her deceit. Worse, her arrival threatens to reveal long-buried secrets among the Platas sisters, and the truth she so craves may wreck her life forever.

Set in 1960s Ecuador, Malena’s Tango is a sweeping story of how one woman’s search for the truth of her identity forces a family to confront their own past.

LORENA HUGHES was born and raised in Ecuador until moving to the United States at eighteen. Her first unpublished novel, The Black Letter, took first place in the 2011 Southwest Writers International Writing Contest in the historical fiction category and received an honorable mention at the 2012 Soul-Making Keats Literary Competition. She lives in Albuquerque, New Mexico.

“Hughes’s cast of characters and their mysterious pasts twist and turn as mistaken identities, long-kept secrets, and long-lost loves are revealed to create a delightfully intriguing read.” —Natalia Sylvester, author of Chasing the Sun

“A family saga like no other—a story that’s hard to put down.” —Paula Paul, bestselling author of For Dead Men Only and Medium Dead
Vaughn C. Hardacker

WENDIGO

A Thriller

For readers of Stephen King, a supernatural thriller in which Native American lore comes to terrifying life.

A lgonquin legend tells of the Wendigo, an evil spirit sent to punish mankind. It can possess a person and turn them into a monstrous creature consumed by a need to eat human flesh. For John Bear, the Wendigo was merely a scary story his grandfather used to tell him. That is, until a man is found dead in the deep northern woods of Maine, butchered like an animal and with his heart cut out. And the only tracks they can find are massive footprints that couldn’t possibly be human. Now, John is sure that what is stalking the inhabitants of their remote outpost is a Wendigo, even if no one else believes it. Now, he must stop a monster he once thought was nothing more than a tall tale to warn children.

From Vaughn C. Hardacker, acclaimed author of Sniper and The Fisherman and twice finalist for the Maine Literary Awards, comes a supernatural thriller from the winter depths of the Maine wilderness, where the line between myth and reality blurs and ancient horrors are never fully buried. All are in danger of the Wendigo’s endless hunger, but how do you find a creature that can look like anyone until it’s too late?

VAUGHN C. HARDACKER is a veteran of the US Marines who served in Vietnam. He holds degrees from Northern Maine Community College, the University of Maine, and Southern New Hampshire University. He is a member of the New England chapter of the Mystery Writers of America and the International Thriller Writers. His short stories have been published in several anthologies. He resides in Stockholm, Maine.

“In this hard-hitting crime novel . . . Hardacker keeps the action flowing all the way to the violent climax.” —Publishers Weekly on Black Orchid

$16.99 paperback original (Can. $25.99)

World (W) • CQ 30


6” x 9” • 368 pages

Thriller
ebook ISBN 978-1-5107-1593-6

JULY
Edward Charles

THE HOUSE OF MEDICI: INHERITANCE OF POWER
A Novel

For the first time in paperback, comes the enthralling story of Maddalena—the mysterious slave of the infamous Medici family—whose sacrifice helped to build an empire.

Named a Top Ten Historical Novel of 2016 by *Booklist*!

For fans of Philippa Gregory and C.W. Gortner, Edward Charles nimbly weaves history and drama in this captivating novel about one of the world’s most notorious families and Maddalena, the real-life, blue-eyed, Circassian slave, who bore Cosimo de’ Medici a son and saw him rise to the position of cardinal.

Now late in life, Maddalena finds herself committed to a convent as part of a scheme to protect the Medici bank from ruin. But as the months go by, and no one comes for her, Maddalena’s faith in Cosimo begins to wane, and with it, her confidence in her own worth. Has she been duped and discarded? When Maddalena seeks out an abbess to share her story, it seems a way to find peace with her turbulent past. But the abbess has objectives of her own, and Maddalena realizes too late they may not be on the same side.

With *The House of Medici: Inheritance of Power*, Edward Charles brilliantly depicts the intrigue, glamour, wealth, and deception of fifteenth-century Florence—and one woman’s thankless devotion, upon which the foundation of the famed Medici fortune was built.

EDWARD CHARLES was born in South Wales in 1941 and brought up in North London. He studied economics and law at the University College of Wales and then earned a PhD in corporate finance at Manchester Business School. After a short period as an academic, he began a career in finance and management consulting, working in Europe, the United States, and Asia. He retired from international business in 2006 and has published several novels. Edward lives in Devon, England, with his wife.
GEORGE W. GRUNDY

DEATH OF A NATION
9/11 and the Rise of Fascism in America

Was 9/11 engineered and designed to allow the Bush administration to hijack America’s democracy? Did fear mongering allow the US government to convince the American public that conducting huge, expensive wars in Afghanistan and Iraq was a necessary counter to defeat fabricated culprits in the Middle East? Was this all a plot to induce a financial boom that robbed the middle class of its wealth and brought the world to its knees in 2008?

Examining the key players in America’s government, as well as the states that supported and carried out the attacks, Death of a Nation attempts to reveal that 9/11 was falsely portrayed by the Bush administration and was in fact carried out by elements within the US government and military to further their own geopolitical and financial interests.

Death of a Nation provides a searing indictment of the role now played by America in global affairs and warns that, with a broken society and body politic, the world is seeing the rise of one of the most overtly fascist nations since the Second World War—creating profoundly disturbing implications for the future of humanity.

A generation is coming of age that doesn’t remember 9/11 happening and knows of no world but this. Death of a Nation will change your view of the events of 9/11 and force you to question America’s self-appointed position as leader of the free world.

GEORGE W. GRUNDY is an English-Australian author, media professional, blogger, and businessman. Born in London, Grundy majored in media at the University of Central England, then began a career in television production and international broadcast rights at the London offices of IMG, a global leader in sports, events, media, and fashion. George Grundy is currently based in Perth, Australia, with his wife and family.

DYLAN AVERY is an American filmmaker known for his film Loose Change, a 9/11 conspiracy documentary, which Vanity Fair referred to as “the first internet blockbuster.” He also has directed multiple music videos, short films, and two documentaries, entitled Buzzkill and the forthcoming Black and Blue. He lives with his faithful pit bull, Gordo, in San Diego, California.
Libby Phelps with Sara Stewart

GIRL ON A WIRE
Walking the Line between Faith and Freedom in the Westboro Baptist Church

It wasn’t until Libby Phelps was an adult, a twenty-five-year-old, that she escaped the Westboro Baptist Church. She is the granddaughter of its founder, Fred Phelps, and when she left, the church and its values were all she’d known. She didn’t tell her family she was leaving. She ran into her house, grabbed a bag, and fled. No good-byes.

Based in Topeka, Kansas, the Westboro Baptist Church community is one of the country’s most notorious evangelical groups. Its zealous members are known for their boisterous picketing, brandishing antimilitary, anti-Semitic, and antigay signs—“Thank God for Dead Soldiers,” “God Hates Jews,” or “Thank God for 9/11”—and their notorious catchphrase “God Hates Fags.” Search for them online and you’re directed to their website, www.godhatesfags.com.

The church makes headlines in news across the country. It has seventy members, and 90 percent of them are part of Libby’s family. They picket concerts, football games, other churches, and, most notoriously, the funerals of servicemen and victims of hate crimes. For its members, to question its rules is to risk going to hell.

In Girl on a Wire, Libby is candid about her experience and what’s happened since her escape. On Anderson Cooper’s Anderson Live, she was confronted by the mother of a soldier whose funeral had been picketed and had to respond. Despite it all, she cares for her family. Her grandfather’s sermons were fearmongering, but she loves him. This unusual memoir presents a rare inside look into a notorious cult and is an astonishing story of strength, bravery, and determination.

Libby Phelps was part of the Westboro Baptist Church until she was twenty-five years old. She has participated in a BBC documentary titled America’s Most Hated Family in Crisis, been on the Today show and Anderson Live, and been featured in media such as the New York Post, the Los Angeles Times, and xojane.com. Today, she’s a physical therapist and lives with her husband and son in Lawrence, Kansas.

Sara Stewart has been a features writer for the New York Post for more than a decade and wrote an extensive profile of Libby for the Post in April 2013. She lives in New York City.
Thomas Jackson

POLICING FERGUSON, POLICING AMERICA
What Really Happened . . . and What the Country Can Learn from It

Ferguson’s former police chief speaks out about racial tension and law enforcement.

Following the fatal shooting in August 2014 by a white cop of an unarmed African American man in broad daylight, Ferguson, Missouri, became the scene of protests that pitted law enforcement against locals and Black Lives Matter activists. The media firestorm has not waned, and, in fact, has grown stronger in light of all the recent violence by and against police officers nationwide. According to Ferguson’s former police chief Tom Jackson, the uninformed media actually fans the flames of unrest and exploits the situation: infotainment optics have become more important than truth, while social media spreads the news without providing context. Policing Ferguson, Policing America is the book that finally tells the inside story of what happened in Ferguson, and how good guys became the bad guys.

Pressure is at a boiling point. In 2016, America has been rocked by heart-wrenching fatal shootings of African Americans by police officers in Louisiana, North Carolina, and Minnesota, and by the shootings of police offers in Dallas, Baton Rouge, and Kansas City that left eleven officers dead and a dozen more wounded. To many Americans, the central theme of this continuing bloody story is one of racial injustice and out-of-control policing. Policing Ferguson, Policing America brings common sense and a keen insider’s understanding to a complex story.

Citizens and law-enforcement professionals alike feel the urgent need for our systems and procedures to change for the better. Few people are in a better position to explore the issues than Chief Jackson. In Policing Ferguson, Policing America, Jackson tells for the first time the real Ferguson story while sharing his thoughts about the steps we can take together to improve all Americans’ lives, and restore the vital trust between the police and the communities they serve. His well-informed recommendations just may improve this dire situation.

Thomas Jackson is the former police chief of Ferguson, Missouri, who oversaw many years of progress in his community until Michael Brown’s tragic shooting death. He stepped down in March 2015 but continues to be sought by the media to discuss not only Ferguson but also officers’ and victims’ rights, police procedures, and the rash of violence by and against police. Jackson lives in Ferguson, Missouri.

$24.99 hardcover (Can. $38.99)
World (W) • CQ 32
6” x 9” • 272 pages
15 b/w photographs
Current Affairs & Politics
AUGUST
John Geddes and Alun Rees

BE A HERO
The Essential Guide to Active Shooter Incidents

Dealing with the unthinkable.

It’s never going to be you. Then one day you hear the clatter of automatic fire at the mall. You have been drawn into the chaos and terror of an active shooter event. What do you do? Who do you turn to?

Be a Hero is the essential guide to terrorist attacks that will help you survive. Former Special Air Service terror expert John Geddes will explain how to cope with a life-threatening event. He shows you how to make clear decisions and beat the odds by:

- Dealing with fear through simple and effective techniques to bring the chemical urges generated by terror at least partially under control
- Escaping and evading when possible, using everyday objects and landmarks for protection
- Fighting back if needed, with methods to disarm an active shooter and to use items at hand as weapons
- Using a weapon if you are licensed to carry, shooting to kill without collateral damage or being mistaken for a perpetrator
- Providing medical assistance to deal with traumatic battlefield injuries and save lives

This is not a book primarily for survivalists and “preppers.” Be a Hero is a book for ordinary men and women who could find themselves in the middle of an extraordinary moment. It will help them find the hero inside themselves—and live to tell the tale.

John Geddes is a highly commended ex-SAS warrant officer. He was a sniper specialist and patrol medic, and fought on operations alongside US Delta Force. He now runs protection training regimes and consults with US state and federal law enforcement agencies. Geddes lives in Orlando, Florida.

Alun Rees is a freelance journalist and author. He has covered conflicts across the globe in Africa, the Middle East and Asia. He also covered the two most deadly active shooter events in the history of the United Kingdom. He lives in Stockbridge, Massachusetts.
Ever since he was a child, Keith O’Neil wanted to play football. Born the day his father, Ed O’Neil, was cut from the New England Patriots, football was all Keith could think about . . . aside from his anxiety.

Offered a scholarship to Northern Arizona University, O’Neil jumped at the chance to prove himself. Though it wasn’t a Division I-A school, he brought his all, achieving first-team All-Big Sky choice as a junior and senior and earning All-American honors. The Dallas Cowboys offered O’Neil an invite to rookie mini-camp. While learning the playbook, his anxiety and insomnia returned, but he made the team as an undrafted free agent. His dream had come true.

Yet, sleepless nights, constant anxiety, and suicidal thoughts clouded his mind. O’Neil considered stepping away from the game, even speaking to his coach, Bill Parcells. Parcells gave him the wisdom that “Everyone has a demon in their head, and we have to beat that demon.” After being released from the Cowboys, O’Neil spent time with the Colts and Giants but still could not escape his demons. It became too much for him to handle, and he walked away from the game. He was later diagnosed with bipolar I disorder. Finally, everything made sense.

Under My Helmet is the personal story of a man working every day to prove his worth while struggling with a debilitating—and undiagnosed—mental illness. O’Neil’s voice is honest and open as he shares his battles and the steps he’s taken to overcome adversity.

Keith O’Neil is a retired football player who spent parts of four seasons with the Dallas Cowboys, Indianapolis Colts, and New York Giants. Diagnosed with bipolar disorder upon his retirement, O’Neil is now a public advocate and speaker on mental illness through his 4th and Forever Foundation, as well as numerous other organizations. Keith lives in Buffalo, New York.

Andrew Postman is an author, collaborator, and ghostwriter of a dozen books on a wide range of subjects, including Chasing Daylight: How My Forthcoming Death Transformed My Life and The Power of Story. His work has appeared in the New York Times, the Washington Post, and numerous magazines. He lives in New York City.
We simply have too much stuff in our lives. Burdened by our heavy consumerist culture to continually own and consume without purpose, we lose ourselves to debt, dissatisfaction, and despair. If having more, doing more, and being more does not allow us to live abundantly, what can?

Minimalism can make all the difference. A minimalist life removes non-essentials and clutter—whether it’s physical clutter in your home or a cluttered mental state that holds you back from your goals—and makes space for only the most important things that truly add value and joy. Make Space offers you the tools to achieve this transformative mindset shift by marrying minimalist philosophy and principles with practical tips, activities, and action points that will unlock truly simple living. Learn how to:

- Avoid “stuffocation” by reducing unnecessary possessions
- Declutter your home to create an ideal living space
- Design and efficiently maximize minimalist budgets
- Clear the mind of negative distractions and be intentional
- Avoid emotional drains to be empowered
- And more!

The art of minimalism requires intentionally purging, building, crafting, and curating the type of life you’ve always wished you lived. And when you’ve finally removed all forms of clutter, you’ll invite all things good and extraordinary into your most intimate spaces.

**Regina Wong** is the founder and editor of LiveWellWithLess.com, which helps others live happier and fuller lives through minimalism and simplicity. She heads up The Minimalists Meet-Up Group in London. She lives in London, United Kingdom.
Desha Peacock

YOUR CREATIVE WORK SPACE
The Sweet Spot Style Guide to Home Office + Studio Decor

Create the office you crave to inspire your best work.

We are all born with an innate desire to creatively express the essence of who we are. This desire is embedded into our soul, a gift at birth, our own Northern Star in a galaxy full of the unknown.

Your physical setting can either hamper or inspire this creative calling.

Known for her eclectic style and helping others see possibility within themselves, their homes, and personal style, Desha Peacock offers you tips on designing a creative work space that will also inspire you to do the work you are meant to do.

Peacock’s design tips cover how to:

- Use your work space to inspire your best work.
- Choose the right color to enhance your mood.
- Create a cozy virtual office no matter where you live.
- Work with a tiny space in a closet or other nook.
- Mix vintage, modern, and thrift store finds so you can create the style you crave, no matter your budget.
- Gain more clarity so you can focus on what’s most important to your business or creative life.

*Your Creative Work Space* features full-color photographs of unique, creative work spaces from the traditional home office to the artist’s studio or writing salon.

**Desha Peacock** is an award-winning TV show producer and host, as well as a lifestyle expert. Desha has helped thousands of people find their “Sweet Spot Style”—a self-defined place of success and beauty—and shared her wisdom in her first book, *Create the Style You Crave on a Budget*. The author resides in Brattleboro, Vermont.
Jenn Granneman
THE SECRET LIVES OF INTROVERTS
Inside Our Hidden World

An introvert guide and manifesto for all the quiet ones—and the people who love them.

Is there a hidden part of you that no one else sees? Do you have a vivid inner world of thoughts and emotions that your loved ones can’t access? Have you ever been told you’re too “quiet,” “shy,” or “awkward?” Are your habits and comfort zones questioned by a society that doesn’t get the real you? If so, you might be an introvert.

On behalf of those who have long been misunderstood, rejected, or ignored, fellow introvert Jenn Granneman writes a compassionate vindication—discovering and celebrating the secret inner world of introverts that only recently has begun to emerge into the larger social narrative. Drawing from scientific research, interviews with other introverts, and her personal story, Granneman reveals the clockwork behind the introvert’s mind—and why so many people get it wrong initially.

Whether you are a bona fide introvert, an extrovert anxious to learn how we tick, or a curious ambivert, these revelations will answer the questions you’ve always had:

- What’s going on when introverts go quiet?
- What do introvert lovers need to flourish in a relationship?
- How can introverts find their own brand of fulfillment in the workplace?
- How can introverts mine their rich inner worlds of creativity and insight?
- Why might introverts party on a Friday night but stay home alone all Saturday?
- How can introverts speak out to defend their needs?

With other myths debunked and truths revealed, The Secret Lives of Introverts is an empowering manifesto that guides you toward owning your introversion by working with your nature, rather than against it, in a world where you deserve to be heard.

JENN GRANNEMAN is the founder of IntrovertDear.com, an online community and blog for introverts. Her writings have appeared in the Huffington Post, Psychology Today, and Susan Cain’s Quiet Revolution, among others. She lives in Lakeville, Minnesota.
Natalie McCain

THE HONEST BODY PROJECT
Raw, Untouched Portraits of What It Means to Be a Woman

Stories that share and embrace women’s joys, heartaches, and honest experiences.

Only 4 percent of women around the world consider themselves to be beautiful, according to research done by Dove, and twenty million women suffer from significant eating disorders at some point in their life—The Honest Body Project was created to combat this tragic problem of poor body image in our society.

Founded by photographer Natalie McCain, this project is opening the eyes of women around the world and helping them to see the beauty both outside and inside of themselves. It is a collection of black and white portraits and stories, raw and untouched, from hundreds of women who have bared their hearts and souls to be a part of the project. Natalie tastefully photographs the women in their underwear, showing off their natural shapes and “imperfections.” There is no editing done after the fact, and the natural beauty of these women—from all backgrounds and walks of life—shines through the lens. Together, they create a beautiful, honest picture of both motherhood and what it means to be a woman. Topics include body image issues, breast cancer, depression (postpartum and otherwise), anxiety, bottle feeding versus breast feeding, aging, and more.

The Honest Body Project is a breath of fresh air, breaking down walls and helping women learn that they are not alone in their hardships. It wants to help women everywhere contribute to a better world, and to learn to love themselves and appreciate their bodies for what they are: perfectly imperfect. It is time to celebrate the true form of women.

Natalie McCain runs a successful photography business and is the founder of The Honest Body Project, already discovered by millions of people worldwide. Through the project, Natalie uses the gift of photography to help others accept themselves and their bodies, celebrating what makes each of us beautiful. The women she works with and her nine-year-old daughter remain Natalie’s greatest inspirations.

“Our fave photographer who gets right to the heart—and the honesty—of motherhood.” —Fit Pregnancy magazine

$24.99 hardcover (Can. $38.99)
World (W) • CQ 20
ISBN 978-1-5107-2093-0
8” x 10” • 224 pages
100 b/w photographs
Photography
AUGUST
Ali Katz

GET THE MOST OUT OF MOTHERHOOD
A Hot Mess to Mindful Mom Parenting Guide

Slow down and take time for yourself—because a better you is a better mom!

The second book in the Hot Mess to Mindful Mom series, Get the Most out of Motherhood will help moms create balance, peace, and well-being in their homes, leaving behind their old ways of being constantly stressed-out and frantic.

In the first book, Ali focused on internal issues and taught women that by caring for themselves first, they can better care for their families and loved ones. This book is the natural next step for moms who now understand that a better you equals a better mom! She will guide women on how to embrace their best selves while parenting so they can strengthen relationships with their children, create systems in their homes that work, and actually enjoy doing it. It is divided into three parts:

- Mindful mom mindsets: bring your best self to parenting
- Mindful mom methods: systems for your home that work
- Mindful mom moments: ways to bond with your kids

Easy and accessible, and filled with unique tools and ideas as well as personal examples that readers will relate to, this book will help moms go beyond the basics to build a healthier and happier family unit.

Ali Katz is a certified meditation teacher, a mindfulness coach, and mom of two precious boys. She loves nothing more than sharing her passion for living a balanced life with others, and has been featured on MindBodyGreen, Style magazine, Fox 26 News, HerFuture, Houston Family magazine, and LiveMom.com. When not meditating, writing, teaching, or spending time with family, Ali enjoys running, practicing yoga, and sipping tea. She resides in Houston, Texas.

“Ali writes with candor, clarity, and courage . . . You know you have a friend who walks this journey to self-love with you.” —Sarah McLean, author of Soul-Centered: Transform Your Life in 8 Weeks with Meditation
Belinda Recio

INSIDE ANIMAL HEARTS AND MINDS
Bears That Count, Whales That Rhyme, and Other True Stories of Animal Intelligence and Emotion

Extraordinary observations of animals living and behaving with feeling in our world.

As Charles Darwin suggested more than a century ago, the differences between animals and humans are “of degree and not of kind.” Not long ago, ethologists denied that animals had emotions or true intelligence. Now, we know that rats laugh when tickled, magpies mourn as they cover the departed with greenery, female whales travel thousands of miles for annual reunions with their gal pals, bears hum when happy, and crows slide down snowy rooftops for fun.

In engaging text, photographs, and infographics, Inside Animal Hearts and Minds showcases fascinating and heartwarming examples of animal emotion and cognition that will foster wonder and empathy. Learn about the crocodiles that give each other piggyback rides and the crows that shape branches into hooks to access food in hard-to-reach places. Even language, math, and logic are no longer exclusive to humans. Prairie dogs have their own complex vocabularies to describe human intruders, sea lions appear capable of deductive thinking akin to a ten-year-old child’s, and bears, lemurs, parrots, and other animals demonstrate numerical cognition.

In a world where a growing body of scientific research is closing the gap between the human and nonhuman, Inside Animal Hearts and Minds invites us into the unique nations of animals and prompts us to change the way we view animals, the world, and our place in it.

BELINDA RECIO is a contributing editor for Organic Spa Magazine, where she writes the “State of the Ark” column on the human-animal relationship. A recipient of the United States Humane Society’s Award for Innovation in the Study of Animals and Society, she has authored books, iOS apps, and children’s science kits for clients such as Animal Planet, Discovery Channel, and Scholastic. Recio runs True North Gallery (trunorthgallery.net) and lives in South Hamilton, Massachusetts.
Cheryl Reed-Dudley
HORSES THAT SAVE LIVES
True Stories of Physical, Emotional, and Spiritual Rescue

There is no denying that the emotional bond between horses and the humans who love them can reach mystical proportions, and nowhere is that relationship more evident than in these twenty-five true-life accounts of horses rescuing people.

Many of the stories recount incidents where death or physical injury was imminent, and only because a horse intervened are the narrators alive to tell the tale. Other chapters describe that other plane of salvation where contact with a horse through ownership, employment, or a variety of therapeutic programs has restored mental health, peace of mind, and self-esteem.

Narrators include a seventeen-year-old Apache youth whom a horse-rescue project retrieved from drug abuse; a mother whose young son was about to be dragged to his death before the horse recognized the child’s plight; a Vietnam veteran with post-traumatic stress disorder whose work with horses keeps him on an even keel; and the owner of a miniature horse that serves as a “seeing eye” guide animal.

As varied as these testimonials are, all share the same conclusion: “My horse saved my life.”

Cheryl Reed-Dudley is a freelance writer and former editor of the Appaloosa Horse Club’s magazine. Her Legendary Appaloosa won the American Horse Publication’s 2007 book award. She resides in Pullman, Washington.

$17.99 paperback reprint (Can. $27.99)
World (W) • CQ 20
8 ½” x 11” • 176 pages
55 color photographs
Nature/Pets
AUGUST

Previous edition: 978-1-60239-721-7
The Meaty Truth looks at the massive problems caused by the American population’s food supply. Water, meat, and dairy products are filled with toxins, antibiotics, untested growth hormones, and ammonia. Until conditions of the food production industry improve, it is vital to monitor what you eat. Castle and Goodman take a hard-hitting look at what America puts into its food, the negative effects this has, and ways to make informed decisions about eating.

Approximately half of the illnesses that claim American lives today are food-related, and our health care system is focused on treatment, not preventing illness. To fix our health problems, continue feeding the world’s growing population, and save our planet, we must change how American meat and dairy products are produced.

Shushana Castle is the coauthor of Rethink Food: 100+ Doctors Can’t Be Wrong. Shushana presides on numerous environmental boards, including the Clinton Climate Initiative. She received her master’s degree in environmental management and water from Staffordshire University. Shushana lives in Houston, Texas, and Colorado.

Amy-Lee Goodman is cofounder of the plant-based food company Zibble Inc., which is committed to providing delicious plant-based foods. She is coauthor of Rethink Food: 100+ Doctors Can’t Be Wrong and is a monthly contributor to Vegan Lifestyle. She graduated from Wellesley College with a degree in political science. She lives in Boston, Massachusetts.

Dr. Neal Barnard is a clinical researcher, author, and leading advocate for health and nutrition. The founder of the Physicians Committee for Responsible Medicine, he lives in Washington, DC.

“The Meaty Truth is very inspiring and I highly recommend. The book covers the impact of animal foods on everything from climate change to affecting our health and well-being of life on our planet... This is such a huge problem that we are not recognizing at the moment. The Meaty Truth is filled with very good science and gives the message on how to contribute to a more peaceful, just, healthier, and sustainable planet.” —Deepak Chopra
Enter the world of holistic dog care and discover how these beloved pets have inhabited our homes, our lives, and our hearts.

People love their pets—especially their dogs. They treat them as children, as part of the family. They want to do everything they can for them, including making them feel loved, welcomed, and appreciated around the house. By delving into dogs’ worlds holistically through their mind, body, spirit, and space, The Holistic Dog delivers a thorough understanding of our canine friends. The mind portion covers their habits and personalities. The body addresses their breed and physical characteristics. Spirit represents the dogs’ disposition and the many ways they enhance the home atmosphere. Space captures the dogs’ connection to the beauty of the unique environments they call home.

Lifestyle expert Laura Benko interviews various holistic care practitioners such as holistic veterinarians, canine acupuncturists, and masseurs. Step-by-step photographs enable readers to gain helpful tips and insights into holistic pet care and teach readers how to implement them on their own dogs. From pug to greyhound, purebred to winning mix, these dogs jump off the pages of The Holistic Dog and into our laps, warming our hearts with their charming stories and mugs, inviting us into their stunning human homes, and introducing us to the trajectory of holistic pet care.

Laura Benko has utilized her skills as a modernizer of feng shui in trailblazing ways for more than a decade. She was named The City’s Best Feng Shui Expert by New York magazine and was chosen as the new feng shui expert for About.com’s web series. She is the author of The Holistic Home and the founder of The Holistic Home Company. She resides in New York City.

Susan Fisher Plotner is an accomplished photographer specializing in architecture, interiors, and design worldwide. Susan trained in architectural photography at the London College of Printing and founded the widely successful partnership Fisher Hart. She resides in Larchmont, New York.
Blazing hot meets icy cool in a momentous year in US history.

On New Year's Day in 1967, the two hundred million Americans who lived in the United States were about to experience a fascinating, exciting, and sometimes bewildering twelve months that for many formed an iconic portion of their lives. Despite the fact that the coming year produced no Black Friday, Pearl Harbor, or 9/11 attack, the nation still underwent dramatic changes in everything from support for the Vietnam War to approval of candidates for the 1968 presidential election to attitudes toward sex with strangers and what constitutes the status quo.

Almost without significant forewarning, Americans in 1967 witnessed a simultaneous cooling of Cold War tensions with the Soviet Union while the war in Vietnam exploded into a white-hot conflict that inflicted nearly two hundred American battle deaths a week. Meanwhile, young people at home were alternately listening to the “cool” sound of The Beatles’ new *Sgt. Pepper’s Lonely Hearts Club Band* and Jim Morrison’s plea to get ever higher in “Light My Fire.” On television an emotional, passionate James T. Kirk shared an *Enterprise* bridge with the cool and logical Mr. Spock.

Victor Brooks explores what happened—and, in some cases, did not happen—to these two hundred million Americans in the national roller coaster ride that was the year 1967. He chronicles a society that proportionally had far more young people than is the case five decades later, with a widely publicized generation gap that produced more arguments, tension, and anguish between young and old Americans than any twenty-first-century counterpart. *1967* is a fascinating, wide-ranging exploration including topics ranging from the first Super Bowl, the beginning of the 1968 presidential campaign, the social impact of the “Summer of Love” in San Francisco, and the American combat experience in an expanding war in Vietnam. The book represents a reunion of sorts for Baby Boomers as well as a guidebook for younger readers on how their elders coped with one of the definitive years of a pivotal decade.

**Victor Brooks** teaches at Villanova University and is the author of several books, including *The Longest Year: America at War and at Home in 1944*. He lives in Norristown, Pennsylvania.
In May 1854, Massachusetts was in an uproar. A judge, bound by the Fugitive Slave Law of 1850, had just ordered a young African American man who had escaped from slavery in Virginia and settled in Boston to be returned to bondage in the South. An estimated 50,000 citizens rioted in protest. Observing the scene was Amos Adams Lawrence, a wealthy Bostonian who “waked up a stark mad Abolitionist.” As quickly as Lawrence waked up, he combined his fortune and his energy with others to create the New England Emigrant Aid Company to encourage abolitionists to emigrate to Kansas in order to ensure that it would be a free state.

The town that came to bear Lawrence’s name became the battleground for the soul of America, with abolitionists fighting proslavery Missourians who were determined to make Kansas a slave state. The onset of the Civil War only escalated the violence, leading to the infamous raid of William Clarke Quantrill when he led a band of vicious Confederates (including Frank James, whose brother Jesse would soon join them) into town and killed two hundred men and boys.

*Stark Mad Abolitionists* shows how John Brown, Rev. Henry Ward Beecher, Sam Houston, and Abraham Lincoln all figure into the story of Lawrence and “Bleeding Kansas.” The story of Amos Lawrence’s eponymous town is part of a bigger story on people who were willing to risk their lives and their fortunes in the ongoing struggle for freedom and equality.

**ROBERT K. SUTTON**, former chief historian of the National Park Service, devoted his career to sharing stories with the public at America’s most iconic historic parks. He has written, contributed to, and edited more than thirty books and articles on American history. Sutton lives in Bethesda, Maryland.
For three thousand years, the horse soldier has played a key role in both fighting and peacekeeping all over the world, not only as a highly mobile strike force in battle, but also as an instrument of reconnaissance, occupation, exploration, and irregular warfare.

The American tradition of the mounted warrior is a proud one. But in the first days of our revolution, it looked as if George Washington was prepared to dispense with the use of mounted troops altogether. Eventually he saw their value, and over the next hundred years the US Cavalry adapted itself to the needs and imperatives of the growing nation, often achieving glory and only occasionally miring itself in shame. This is the story of the US Cavalry.

In Bugles, Boots, and Saddles, you’ll be able to ride along with heroes from years past, including:

• “Light-Horse Harry” Lee and his legion in the Revolutionary War
• Custer at Gettysburg, at the Battle of the Wabash, and at Little Bighorn
• Crook in pursuit of the Apache chieftain Geronimo in 1880s Arizona
• Teddy Roosevelt and the Rough Riders at San Juan (Kettle) Hill
• And many more!

Bugles, Boots, and Saddles tells not only the history of our military but also how we gained so much success due to the horse soldier. With an appendix on the daily life of US cavalrymen, Brennan gives all the detail that any military historian would want to see.

Stephen Brennan is coauthor of The Adventurous Boy’s Handbook and The Adventurous Girl’s Handbook and editor of The Best Pirate Stories Ever Told and The Best Sailing Stories Ever Told. He has worked as a circus clown, teacher, cabaret artist, actor, director, shepherd, and playwright.
In 871, three of England’s four kingdoms were overrun by Vikings, the ruthless, all-conquering Scandinavian raiders who terrorized early medieval Europe. With the Norsemen murdering one king with arrows and torturing another to death by ripping out his lungs, the prospects that faced the kingdom of Wessex were bleak. Worse still, the Saxons were now led by a young man barely out of his teens who was more interested in God than fighting. Yet within a decade Alfred—the only English king known as the Great—had driven the Vikings out of half of England, and his children and grandchildren would unite the country a few years later. This period, popular with fans of television shows such as Vikings and The Last Kingdom, saw the creation of England as a nation-state, with Alfred laying down the first national law code, establishing an education system, and building cities.

Saxons vs. Vikings also covers the period before Alfred, including ancient Britain, the Roman occupation, and the Dark Ages, explaining important historical episodes and figures, such as Boudicca, King Arthur, and Beowulf.

Perfect for newcomers to the subject, this is the second title in the new A Very, Very Short History of England series. If you’re trying to understand England and its history in the most informative and entertaining way possible, this is the place to start.

Ed West is the recently appointed associate director of UK2020, a British policy think tank. Before that, Ed was deputy editor of the Catholic Herald and a frequent contributor to the Daily Telegraph, Times, Evening Standard, Daily Express, and Guardian. He is a popular British twitter personality and blogs for the Spectator. He currently lives in London.
Tim Rayborn

SHAKESPEARE’S EAR
Dark, Strange, and Fascinating Tales from the World of Theater

Shakespeare’s Ear presents dark and sometimes funny pieces of fact and folklore that bedevil the mostly unknown history of theater. All manner of skullduggery, from revenge to murder, from affairs to persecution, prove that the drama off-stage was just as intense as any portrayed on it. The stories include those of:

- An ancient Greek writer of tragedies who dies when an eagle drops a tortoise on his head
- A sixteenth-century English playwright who lives a double life as a spy and perishes horribly, stabbed above the eye
- A small Parisian theater where grisly horrors unfold on stage
- The gold earring that Shakespeare wears in the Chandos portrait, and its connections to bohemians and pirates of the time

Journey back to see theatrical shenanigans from the ancient Near East, explore the violent plays of ancient Greece and Rome, revel in the Elizabethan and Jacobean golden age of blood-thirsty drama, delight in the zany and subversive antics of the Commedia dell’arte, and tremble at ghostly incursions into playhouses. Here you will find many fine examples of playwrights, actors, and audiences alike being horrible to each other over the centuries.

TIM RAYBORN writes on a variety of historical and musical topics, from the Middle Ages to the early twentieth century. He has a PhD from the University of Leeds in England. He is also a professional musician, with a specialty in medieval repertoire. He lives in Berkeley, California.
John Reed

TEN DAYS THAT SHOOK THE WORLD

“A moving picture of those thrilling days in Petrograd.” —The Nation

“This book is a slice of intensified history—history as I saw it.” So begins John Reed’s firsthand account of the Bolshevik Revolution of 1917. Much anticipated when it was published in 1919, Reed’s narrative remains as riveting today as when the events he describes were still reverberating throughout the world.

Reed was hardly a disinterested observer, and his involvement in the communist labor movement lends urgency and passion to his classic account. He vividly describes events in Petrograd in November 1917, when Vladimir Lenin and the Bolsheviks stormed the Winter Palace and seized the reins of power.

Despite Reed’s personal leanings, which he made no attempt to hide, the book garnered praise from luminaries across the political spectrum. George F. Kennan, the American diplomat and father of the policy of Soviet containment, said that “Reed’s account of the events of that time rises above every other contemporary record for its literary power, its penetration, its command of detail. It will be remembered when all others are forgotten.”

Reed was committed to telling the story of the Russian Revolution as truthfully as possible. That the book was banned by Russian premier Josef Stalin is testament to the author’s success in carrying out his mission. One hundred years after Russia and the world trembled, Ten Days That Shook the World brings alive the momentous events of 1917.

JOHN REED (1887–1920) was a journalist, activist, poet, and author. In addition to chronicling the Russian Revolution, he reported on US labor strikes, the Mexican Revolution, and World War I and was a founder of and international delegate for the Communist Labor Party. He is buried at the Kremlin Wall in Moscow.
Amanda Brackett

THE JOY OF WINEMAKING
An Illustrated Handbook to Making Wine at Home

A colorful illustrated guide to becoming your own favorite vintner.

Wine is an intimidating topic to many people, and making it at home might seem like too much of a challenge. Red or white? Stainless or oak-barrel aging? Fresh grapes or winemaking kits? Have you asked yourself these questions? If so, you are among the many who have wanted to make wine at home and didn’t know where to start. The Joy of Winemaking will take you on a journey into the wonderful, complex world of wine and guide you step by step through the winemaking process. You’ll be introduced to the history of wine, which dates back to before 600 BC, and learn some of the top wine grape-growing regions as well as grape varietals.

With beautiful, full-color photographs that show the whole process from picking the grapes to corking the bottle, The Joy of Winemaking will take you through the multiple steps of winemaking. You will learn to choose the right equipment for crushing and pressing or processing your winemaking kit properly. This simple yet detailed book walks you through the proper way to inoculate and ferment your wine and the use of chemicals for storing your wine properly for years to come.

AMANDA BRACKETT earned her bachelor’s degree in international business and management from California State University, Monterey Bay. She has been the lead winemaker at The Southern Connecticut Wine Company since 2012. She is currently finishing her master’s in winemaking at the University of California, Davis. Along with Deana Morin, Brackett is a co-owner of the Southern Connecticut Wine Company, where, under their direction, you can create your own special vintage. She resides in Killingworth, Connecticut.
Breeana Pooler

THE ORGANIC HEART
A Gluten-Free, Dairy-Free, Clean Food Cookbook

An inspiring story combined with easy, healthy recipes that prove food can truly save your life.

At the age of twenty-six, Breeana’s husband Jason was suddenly and unexpectedly diagnosed with severe heart failure. Following his diagnosis, she set out to regain his health—which she succeeded in doing by completely revamping their diets. In these pages is the story of how Breanna cured her husband, and seventy-five of the clean and delicious recipes that helped her do so. Recipes include:

- Sweet Potato Breakfast Sliders
- BBQ Chicken Zucchini Noodle Bowl
- Mango-Mint Salsa with Cucumber Chips
- Honey Corn Bread with Jalapenos
- Shrimp and Kale Fettucine in a Cauliflower Cream Sauce

The first step was to throw out everything in the refrigerator, go grocery shopping, and dedicate 100 percent of her time, energy, and passion. She created an Instagram account to document their journey and share with others who might be struggling with their own healthy issues—it was then Breeana realized she could turn what some would consider a tragedy into something truly positive.

Flash forward one year and her husband not only no longer needs a heart transplant but also is healthier than he has been in his entire life, and his heart is within normal range—the results are tried and true! Food had truly saved his life.

Breeana Pooler is a surgical coordinator at CHOC Children’s Hospital. She and Jason have been married for five years and consider Dexter, their Boston terrier, their fur-child. She enjoys practicing yoga and having family and friends over to enjoy delicious meals. She resides in Fullerton, California.

“I’m a take-out kind of girl, but Breeana’s Instagram literally turned me into someone who wanted to cook. Eating organic seems like it might limit your options, but The Organic Heart has a never-ending amount of ideas that are filled with flavor, easy to make, and guilt free. Oh and they look beautiful, too.” —Erin Foster, actress, comedian, and producer
Tracy Ceurvels

THE NYC KITCHEN COOKBOOK
150 Recipes Inspired by the Specialty Food Shops, Spice Stores, and Markets of New York City

Celebrate the art of cooking with ingredients found at all the amazing food shops in New York City.

Satiate your sense of wanderlust and take an edible journey around New York City with food and travel journalist Tracey Ceurvels. In *The NYC Kitchen Cookbook*, Tracey shares her tasty adventures with foodie fans nationwide and explains how to use the flavorful ingredients found in NYC to make simple yet sensational meals for any occasion.

*The NYC Kitchen Cookbook* draws inspiration from food stores and markets that make NYC one of the most diverse and appetizing destinations of the world. Unique ingredients and the NYC shops they’re sourced from are the stars of Tracey’s recipes. But even if NYC shops are miles away, ingredients can also be found in markets nationwide and online, making *The NYC Kitchen Cookbook* a convenient and diverse recipe guide for every day of the week. NYC-inspired recipes include:

- Squash Soup Spiked with Cider
- Beet Dip with Caraway Seeds and Dill
- Lobster Ravioli with Orange-Tarragon Butter
- Wasabi Mashed Potatoes
- Spicy Brownies with Coffee Icing
- And more!

**Tracey Ceurvels** is a food and travel journalist and the creator of popular cooking and lifestyle blog *The NYC Kitchen*. She has been published in the *Boston Globe*, the *New York Times*, the *New York Daily News*, the *New York Sun*, *Relish*, and *Time Out*, among other places. Tracey resides in New York City.

$24.99 hardcover (Can. $38.99)
World (W) • CQ 18
ISBN 978-1-5107-2112-8
7 ¼” x 9 ¼” • 256 pages
250 color photographs
Cooking
ebook ISBN 978-1-5107-2116-6
AUGUST
THE FOOD STYLIST’S HANDBOOK
Hundreds of Tips, Tricks, and Secrets for Chefs, Artists, Bloggers, and Food Lovers

“I didn’t realize the power food styling had to transform a pile of recipes into an exquisite cookbook until I met Denise.” —Kim Barnouin, New York Times bestselling author of Skinny Bitch

Acclaimed food stylist Denise Vivaldo shares the tips and secrets of the trade with cooks who want to become master stylists. It takes a steady hand to arrange the chocolate curls and drizzle the caramel sauce in elaborate designs on top of that sumptuous tiered cake. Whether for food blogs, television, books, magazines, movies, menus, or advertising, food stylists and photographers learn to slice, plate, tweak, and arrange so the dish becomes less a bit of food and more the work of an artisan.

With Denise and coauthor Cindie Flannigan’s help, you’ll find out how to get started, what equipment you’ll need, how to find clients, tips to staying successful in the business, and—most importantly—how to craft and style food (and products that appear to be food) so it all looks delicious from every angle.

Originally published in 2010, this paperback edition of The Food Stylist’s Handbook is fully updated and revised to help current culinary professionals, armchair chefs, and food photographers understand how to make every picture tell a story.

DENISE VIVALDO has been a food stylist in Los Angeles for more than twenty-five years. Originally a professionally trained chef catering in Hollywood, Vivaldo was discovered by Aaron Spelling and put to work on his television shows, building food presentations for the camera. Her company, Food Fanatics, styles food for cookbooks, packaging, television, and film. Vivaldo won the 2010 IACP Award for Excellence in food styling. She resides in Los Angeles, California.

CINDIE FLANNIGAN is a former art director and graphic designer who manages marketing and communications for Food Fanatics. She is a recipe developer and tester and also styles food for print and film. She teaches food styling classes and workshops where she resides in Los Angeles, California.

“Denise brings her talent, flair, and lovely sense of humor to every show that we’ve produced together. She takes food to the next level!” —Stephen Kroopnick, executive producer, Iron Chef America

$19.99 paperback reprint (Can. $30.99)
World (W) • CQ 24
8 ½” x 10” • 264 pages
250 color photographs
Cooking
ebook ISBN 978-1-5107-2118-0
AUGUST

Previous edition: 978-1-4236-0603-1
Tracey Fine and Georgie Tarn

THE MODERN JEWISH TABLE
100 Kosher Recipes from around the Globe

Strap on your apron, reinvent tradition, and fill your Jewish kitchen with global flavors.

The Modern Jewish Table is the new, essential kosher cookbook for every Jewish home, whether you are a reluctant cook or a dedicated balabusta. Bringing their fun, upbeat, and infectious brand of energy to the kitchen, self-proclaimed Jewish Princesses Tracey Fine and Georgie Tarn don their high heels and aprons to revamp the kosher kitchen and raise the culinary bar. It’s no longer just chopped liver, chicken soup, and matzo bread; instead, learn to make Mock Chopped Liver, Sephardi Saffron Chicken Soup, and Princess Pitta Bread!

Writing from the point of view of the average home cook, the Jewish Princesses dish out their witty know-how and inspire amateur cooks to create simple and hip recipes, with all the shortcuts included, even as they entice “professional” home cooks to revitalize traditional Jewish fare with uniquely global flavors. Drawing inspirations from Turkish, Iranian, Japanese, Chinese, French, German, American, and Mexican cooking, to name a few, The Modern Jewish Table boasts globe-trotting recipes that include:

- Street Food Gefilte Fish Bites
- Crème Fraîche Vegetable Latkes
- Cohen-Tucky Baked Chicken
- Princess Pad Thai
- Kunafa Middle Eastern Cheesecake
- Cuban Sweet Corn Soufflé, and more!

Complete with stunning photography, outrageous tips, and a dash of chutzpah, The Modern Jewish Table introduces innovative dishes that will soon become Jewish traditions for the future.

Tracey Fine and Georgie Tarn are the Thelma and Louise of kosher cooking. In 2005, they created their brand, the Jewish Princess (TheJewishPrincess.com), to promote Jewish food and lifestyle in the style of Sex in the City meets Desperate Housewives. They have published three books and have appeared in major magazines, websites, and on television and radio shows. They live in London.
David Jester

FOREVER AFTER
A Dark Comedy

In the town of Brittleside, where evil and misery lurk in every crevice, even the local grim reaper has had enough.

Michael Holland is a grim reaper working the worst beat in the worst town. Michael’s best friend is a pot-smoking tooth fairy, his boss is the angel of death, his psychiatrist can read his mind, and he counts bogeymen, demons, and clones as his acquaintances.

His nine-to-five is a succession of stupidity, clearing up the remains of the latest Darwin Award winner or dealing with the detritus of some apocalyptic clerical error, and it only seems to be getting worse. Michael is as equally disillusioned with death as he was with life, but at least life made more sense.

In Forever After, Michael and his friends battle confused succubi, tormented psychopaths, evil henchmen, and a demon who thinks he’s Santa Claus. This darkly humorous novel is set in a fantasy world that exists parallel to ours—a world where anything is possible, very little makes sense, and nothing is as it seems.

DAVID JESTER has been writing for as long as he can remember, with his first short story published when he was eighteen and his first novel published a decade later. When he is not working on his next novel or short story, he works as a freelance writer. He lives in Newcastle, located in northeast England, with his wife and their pets.
Flyfishermen tend to be a peaceful bunch, but suddenly the sleepy northern Michigan town of Ossning, home of the trout-packed Borchard River, has a killer in its midst. Charlie Orr, a solitary fisherman of advanced years who spends his summers camping in a state forest campground, is brutally murdered one night while reading by lamplight in his tent. Charlie was known by all, but did he know too much? Shocked fellow anglers quickly set about investigating their own theories.

In Ronald Weber’s third fly-fishing mystery, state lottery winner Donald Fitzgerald, on leave from his beat as a journalist for the Detroit Free Press, once again joins forces with his girlfriend, Department of Natural Resources officer Mercy Virdon. Together, they must uncover the truth behind the mysterious death of their old friend before tragedy strikes again.

Perfectly capturing what happens when a grisly crime disturbs the serenity of small-town life, Riverwatcher is a classic and entertaining whodunit. Fitzgerald and Mercy’s investigation to discover the deadly secret leads to a startling revelation that takes everyone by surprise. Weber expertly weaves his riverine plot, creating a great yarn for flyfishermen and mystery lovers alike.

RONALD WEBER is professor emeritus of American studies at University of Notre Dame. He is the author of numerous books including News of Paris: American Journalists in the City of Light Between the Wars and the first two novels in this fly-fishing mystery series. He lives in Valparaiso, Indiana.

“The motive Fitzgerald eventually uncovers . . . is ingenious and convincing, but the real lure, apart from the hook for readers who are serious anglers, is the unruffled sense of small-town life uncomplicated by any particularly interesting individual characters.” — Kirkus Reviews
Stephen Harker is a disillusioned associate at Kilgore, litigating for such multinational companies as insurance giant WorldScore, underwriter of a contractor that supplies private soldiers to the US military in Iraq and Afghanistan. Harker's charismatic, womanizing boss assigns him the case of one of WorldScore's clients: Major John Thomas, a veteran, former contract soldier, and divorced father seeking workers’ compensation for PTSD and injuries suffered while employed by FreedomQuest in the Afghan war zone. Fearing that honoring his claims will open the floodgates of payouts to returning soldiers, WorldScore wants Thomas blocked at all costs.

When Harker must turn the firm's full legal power on the wounded veteran and tear his case apart, it sparks an existential downward spiral and a desperate relationship with his boss's bohemian ex-wife until he must choose whether to make one last act of redemption.

*All the Beautiful People We Once Knew* is a riveting insider’s indictment of the world of the corporate elite and the savage determination with which they fight to maintain control. In a society where the very institutions that should support our returning veterans instead view them with suspicion, this stunning debut is a grim reflection on the ever-growing rift between the classes.

**Edward Carlson** is a New York shipping lawyer by trade. Prior to studying law, he edited gun magazines, covered sports and politics for Philadelphian newspapers, and served as a liaison between local governments and immigrant communities in Philadelphia. He is currently writing his next novel while working full-time for a Norwegian shipping insurance company in New York City.
Jennifer Laviano and Julie Swanson
YOUR SPECIAL EDUCATION RIGHTS
What Your School District Won’t Tell You

What parents need to know to successfully advocate for their special needs children.

Jennifer Laviano and Julie Swanson, a high-profile special education attorney and a special education advocate, tell parents of students with disabilities how to navigate their school system to get the services they need for their children.

The authors demystify the federal laws that govern the rights of public school children with disabilities and explain how school districts often ignore or circumvent these laws. They explain the often sordid politics of special education, and they expose truths, like the fact that teachers are under extraordinary pressure not to spend resources on costly services. Most importantly, they show parents how to get the services their children are entitled to and make the system work for them. Many parents don’t know they can:

• Ask the school for an evaluation of their child
• Get a second opinion if they disagree with the school’s testing
• Request parental counseling and training (for example, to help understand their child’s disability and child development)
• And so much more

Complete with checklists and the Individuals with Disabilities Education Act, *Your Special Education Rights* provides parents with the substantive information they need and the practical strategies that work.

**Jennifer Laviano** is a special education attorney in private practice in Connecticut. She is a regular presenter on the subject of the special legal rights of children with disabilities and their entitlement to receive a free and appropriate education and to be free from disability-based discrimination. She resides in Sherman, Connecticut.

**Julie Swanson** is a disability specialist with a professional advocacy practice in Connecticut. She entered the field as a result of advocating on behalf of her son, who was diagnosed with autism at the age of two. She resides in Durham, Connecticut.
Stella Erbes

WHAT TEACHERS SHOULD KNOW BUT TEXTBOOKS DON’T SHOW

Life lessons for surviving and thriving in the classroom!

Even with student teaching experience and education courses under their belts, most new teachers are unprepared for their first year in the classroom. Filled with practical insider information, this resource bridges the gap between instructional theory and practice.

This clear, concise, and reader-friendly text combines research, the author’s personal experiences, and valuable insights from veteran educators to help new teachers:

- Create a positive learning environment
- Address classroom management issues while retaining their personal style
- Connect with students
- Collaborate with parents and families
- Handle personal and professional challenges

This book is ideal for novice and prospective teachers as well as for mentor programs and parenting classes.

Stella Erbes earned her PhD in educational psychology and master’s degrees in education and Spanish from the University of California, Santa Barbara. Her sixteen years of teaching experience span both the elementary and secondary levels as well as the public, private, and homeschooling sectors. Currently, she is an assistant professor of teacher education at Pepperdine University.

“I was once a brand-new teacher, and I know that nothing can be as frustrating to a young educator as the first year of teaching. Erbes helps guide new teachers through what may be their toughest year.” —Janice Hahn, city councilwoman Los Angeles

$16.99 paperback original (Can. $25.99)

World (W) • CQ 36
ISBN 978-1-63450-724-0
6” x 9” • 168 pages
Education/Teaching Methods & Materials/General
AUGUST
Neal A. Glasgow, Michele Cheyne, and Randy K. Yerrick
Foreword by Page Keeley

WHAT SUCCESSFUL SCIENCE TEACHERS DO
75 Research-Based Strategies

Supercharge your science lessons with proven strategies!

The experience and science expertise of these award-winning authors makes this easy-to-use guide a teacher's treasure trove. Included are seventy-five research-based strategies, each with a concise description of the supporting research, classroom applications, pitfalls to avoid, and references for additional learning. Teachers of students in grades K–12 will find novel ways to engage children's natural curiosity, concern, and creativity. Highlights include how to promote collaborative learning, differentiate instruction with culturally responsive practices, build students' scientific literacy and reasoning skills, and involve parents in their children's science learning.

Neal A. Glasgow's experience includes serving as a secondary school science and art teacher in both California and New York, as a university biotechnology teaching laboratory director and laboratory technician, and as an educational consultant and frequent speaker on many educational topics. He is the author or coauthor of ten books on educational topics, including What Successful Schools Do to Involve Families and What Successful Literacy Teachers Do.

Michele C. Cheyne is a clinical faculty member in science education at the University of Pittsburgh where she teaches a variety of courses in the secondary science teacher preparation program. Cheyne has also worked with the Interstate New Teachers Assessment and Support Consortium in Washington, DC, as a member of the committee that wrote Model Standards for Licensing General and Special Education Teachers of Students with Disabilities. A former high school biology and chemistry teacher in Milwaukee Public Schools, she also served as a department chair and taught science methods courses at the University of Wisconsin-Milwaukee.

Randy K. Yerrick is a professor of science education and associate dean of educational technology at the State University of New York at Buffalo. Yerrick's research focuses on implementing contemporary visions of science inquiry in lower track classrooms where students share a strong history of failure and antisocial school behaviors.
If you’re an aviator or aviation enthusiast, you cannot be caught with an out-of-date edition of the FAR/AIM. In today’s environment, there is no excuse for ignorance of the rules of the US airspace system. In the newest edition of the FAR/AIM, all regulations, procedures, and illustrations are brought up to date to reflect current FAA data. This handy reference book is an indispensable resource for members of the aviation community, as well as for aspiring pilots looking to get a solid background in the rules, requirements, and procedures of flight training. Not only does this manual present all the current FAA regulations, it also includes:

- A study guide for specific pilot training certifications and ratings
- A pilot/controller glossary
- Standard instrument procedures
- Parachute operations
- Airworthiness standards for products and parts
- The NASA Aviation Safety reporting form
- Important FAA contact information

This is the most complete guide to the rules of aviation available anywhere. Don’t take off without the FAR/AIM!

The **Federal Aviation Administration** (FAA), established in 1958, strives to “provide the safest, most efficient aerospace system in the world.” It authors the *Aviation Instructor’s Handbook; Airplane Flying Handbook; The Pilot’s Encyclopedia of Aeronautical Knowledge; Aircraft Inspection and Repair; Rotorcraft Flying Handbook; Aviation Weather Services Handbook; Plane Sense; Glider Flying Handbook; Aircraft Weight and Balance Handbook; Seaplane, Skiplane, and Float/Ski Equipped Helicopter Operations Handbook; Powered Parachute Flying Handbook; Instrument Flying Handbook; and Instrument Procedures Handbook.* The FAA headquarters are located in Washington, DC.
Joseph B. Healy
THE POCKET GUIDE TO FISHING KNOTS
A Step-by-Step Guide to the Most Important Knots for Fresh and Salt Water

Practical knots for every angler.

A nyone who has spent time on the water knows that fishing success comes down to effective connections—the angler must first ensure that the knot connections throughout the fishing line are sound and appropriate for the task at hand. A failed knot—picture a wind knot tarpon leader made a huge silver king pulls hit a fly or a seven-pound bass pulls free because of a poorly tied attachment to your crankbait—will bring your otherwise happy day to a screeching halt and leave you muttering about what might have been. In The Pocket Guide to Fishing Knots, learn the knots of success, and why the connections are recommended by the country’s top anglers. Some of the knots featured here include:

- Blood knot
- Perfection loop
- Improved clinch
- Double surgeon’s
- Albright knot

Whether you’ve spent a lifetime fishing the waters of the world, or this is your first season casting a line, The Pocket Guide to Fishing Knots will be sure to help you get your biggest catch yet.

JOSEPH B. HEALY has spent more than two decades in publishing, editing outdoors magazines for much of that time. His editorial career began at Outdoor Life and continued in fly-fishing and lifestyle publishing. He currently is editor of Covey Rise, a magazine covering the lifestyle of international wing shooting. He lives with his wife and son in Waterford, Vermont.

$9.99 flexibound original (Can. $14.99)
World (W) • CQ 36
ISBN 978-1-5107-2121-0
5” x 7 ½” • 208 pages
50 color illustrations
40 color photographs
Sports/Fishing
AUGUST
Operators of commercial vessels have known and favored diesel engines for years. Now more and more pleasure boaters are choosing diesel power. Despite their apparent complexity, diesels are elegantly simple machines that can be given an almost indefinite life span by painless preventive maintenance techniques and proper operation. In many cases, these methods differ sharply from ingrained automotive practices. In fact, some of these habits, ported over from the family passenger car, can be the death of a good marine diesel.

Written specifically for the non-mechanic, *Marine Diesel Essentials* is the complete survival guide for owners of diesel-powered boats of all types and sizes. Here is:

- How a marine diesel works, including turbochargers, cooling, fuel, lubrication, and exhaust systems.
- How to operate a marine diesel engine to provide the longest, most trouble-free life. Includes daily and periodic logs and checklists, and details proper operation from start-up to shutdown.
- How to care for your diesel's oil, fuel, and cooling systems, how to do it yourself, how to choose and deal with a mechanic, how to do your own basic troubleshooting, and what tools and spare parts you should carry.

This is the book that *should* come with every marine diesel ever sold—but didn't. A marine diesel is a big investment. Follow the simple program presented here and you’ll be able to keep it running trouble-free for years to come.

**Richard Thiel** has been writing about boats and engines for more than thirty years, beginning as *Boating* magazine’s engines columnist and boat tester. Later he wrote for *Yachting* and *Motorboat* and then began a long career as editor in chief of *Power & Motoryacht*, where he continues today as an editor at large. He says that even twenty years later, it’s still a dream job and that “most days” he looks forward to going to work—especially when “work” is running a boat. He lives in Chester, Connecticut.
Captain Wayne Canning
FIBERGLASS BOAT RESTORATION
The Project Planning Guide

How to select a boat, plan your project, finish the job, and actually head for the water.

Over the past thirty to forty years boat builders, large and small, have produced tens of thousands of fiberglass boats. Many now sit abandoned, waiting for some tender care to get back on the water where they belong. Fiberglass unlike many other types of boatbuilding materials does not rot, rust, or break down over the years. Many people have realized this, of course, and have started what they think will be an easy project. They were wrong, and many well-intentioned renovations sit abandoned.

Whatever the reason for wanting to take on the restoration of a project boat, proper planning and organization can make the difference between success and failure. Fiberglass Boat Restoration is about how to plan, organize and successfully complete a project boat restoration. It will explain why it is important to put your efforts and resources into some areas and not others. It contains valuable information about what to look for when considering the purchase of a project boat. Although the focus of the book is fiberglass, the information will be useful to anyone undertaking the building or restoration of any boat.

CAPTAIN WAYNE CANNING has spent many years perfecting his skills as a master boat builder and repairer while working as designer, engineer, skilled craftsman, and marine surveyor. He has an associate’s degree in mechanical engineering, and has completed the Westlawn School of Yacht Design course. He is a long-standing member of ABYC and holds a USCG master’s certificate for 50 tons, near coastal. He has written numerous articles for major boating magazines and is a contributing editor at Ocean Navigator magazine.

Seahorse Press
$16.99 hardcover (Can. $25.99)
World (W) • CQ 24
ISBN 978-1-944824-26-6
6” x 9” • 160 pages
40 color illustrations
Sports/Boating
AUGUST
Edited by Tom McCarthy

ASTOUNDING SEA STORIES
Fifteen Ripping Good Tales

Stories that will entertain, inform, and inspire.

Few people would want to test their mettle in an ice-encrusted boat with Ernest Shackleton, or search for the Northwest Passage with Franklin’s doomed crew, or watch their mates being beheaded by angry pirates like Daniel Collins. But it’s quite another thing to read these true accounts while settled into a favorite chair. Here are stoic and hardy sailors who persevered in the face of travails that would have given even Job pause. These vivid accounts are stronger and more dramatic for their total lack of affectation, their frankness, and their absence of ego. Their gripping stories are custom-made for the imaginative reader who seeks adventure in a more controlled environment, safe, warm, and well fed. Civilized readers with their armchairs anchored firmly to the living room floor.

This eclectic collection will not disappoint. Some are classics that have endured through time and continue to excite new readers. Others are hidden gems about to see the light of a reading lamp for the first time in one hundred years.

Tom McCarthy first sailed on the Great Lakes, where he grew up. Since then he’s added the Arabian Sea, the Indian Ocean, and the northern Atlantic off Maine and Cape Cod to his resume. He lives in Guilford, Connecticut.

Seahorse Press
$14.99 paperback original (Can. $22.99)
World (W) • CQ 30
6” x 9” • 272 pages
Sports/Sailing
AUGUST
Steve Bartylla
Foreword by Dr. Todd A. Kuhn

**BOWHUNTING TACTICS THAT DELIVER TROPHIES**
A Guide to Finding and Taking Monster Whitetail Bucks

For the first time in paperback and with a new foreword by Dr. Todd A. Kuhn.

Steve Bartylla gets down to the nuts and bolts of what it takes to bowhunt public land whitetails today. Bartylla consistently proves that hard work, an in-depth understanding of whitetail deer and how they use terrain, and the ability to read aerial photographs and interpret contour maps to find pockets where mature bucks exist are the necessary tools for a bowhunter’s success. In *Bowhunting Tactics That Deliver Trophies*, you will find excellent advice on determining what food sources are hot during different times of the year, inside tips on what really happens when hunting with wind in your face, and how to get the most from each and every tree stand. Bartylla also shares savvy advice on hunting from ground blinds, how to maximize your time when hunting public land, and the most effective trailing tools to find your buck.

Whether you are just beginning to hunt with a bow or you are a seasoned bowhunter, you will find a tremendous amount of information that you can use each and every deer season.

Steve Bartylla has written for *Petersen's Bowhunting*, *Bowhunter*, *Deer & Deer Hunting*, and *North American Whitetail*, among others. He has appeared on many hunting television shows and has put out several instructional bowhunting and habitat improvement videos. He lives in Marshfield, Wisconsin.

Dr. Todd A. Kuhn has served as bowhunting editor for *Outdoor Life* since 1999 and has been involved in archery for more than four decades, hunting across North America with recurves, longbows, compounds, and crossbows. Kuhn earned a doctorate in environmental engineering in 1996. He resides in Gulfport, Mississippi.
Learn to recognize, manage, and treat injuries and illnesses caused by long distance running.

For any runner who loves hitting the pavement and conquering half-, full-, and ultra-marathons, getting injured is a terrifying, and often heartbreaking, setback. Yet, almost three-quarters of long distance runners suffer a serious injury several times in their athletic career.

Although it may be impossible to completely avoid injury, The Long Distance Runner’s Guide to Injury Prevention and Treatment is a vital source to help runners understand some of the most common causes of injuries and how to best avoid and treat athletic ailments. In this book, expert editors and long-time runners Brian Krabak, Grant Lipman, and Brandee Waite combine valuable insights and tips from more than a dozen medical professionals who specialize in treating endurance athletes.

With chapters on important and diverse topics such as proper nutrition, muscular ailments, skeletal injuries, medical illnesses caused by racing and proper recovery, The Long Distance Runner’s Guide to Injury Prevention and Treatment is a must-have on the shelf of every harrier.

Brian J. Krabak, MD, MBA, FACSM, is a clinical associate professor in the Departments of Rehabilitation, Orthopedics, and Sports Medicine at University of Washington and Seattle Children’s Hospital with expertise in the field of sports medicine. Krabak has worked such events as the 2010 Vancouver Winter Olympics, 2004 Athens Summer Olympics, and 2002 Salt Lake City Winter Olympics and has served as medical director for the Seattle Rock ‘n’ Roll Marathon, the Boston Marathon, and a dozen other events. He lives in Seattle, Washington.

Grant Lipman, FACEP, FAWM, is a clinical associate professor of surgery in the Division of Emergency Medicine at Stanford University School of Medicine. He is the author of The Wilderness First Aid Book, as well as dozens of scholarly articles and book chapters. Lipman was awarded the Wilderness Medical Society’s 2013 Research Award and has served as president of the American College of Emergency Physicians. He lives in Redwood City, California.

Brandee L. Waite, MD, is a sports medicine physician affiliated with the UC Davis Medical Health Center. Waite lives in Sacramento, California.
Ted B. Lyon and Will N. Graves

THE REAL WOLF
The Science, Politics, and Economics of Coexisting with Wolves in Modern Times

A comprehensive look at one of the most controversial predators in North America.

The Real Wolf is an in-depth study of the impact that wolves have had on big game and livestock populations as a federally protected species. Expert authors Ted B. Lyon and Will N. Graves, sift through the myths and misinformation surrounding wolves and present the facts about wolves in modern times. Each chapter in the book is meticulously researched and written by authors, biologists, geneticists, outdoor enthusiasts, and wildlife experts who have spent years studying wolves and wolf behavior. Every section describes a unique aspect of the wolf in the United States. The Real Wolf does not call for the eradication of wolves from the United States but rather advocates a new system of species management that would allow wolves, game animals, and farmers to coexist with one another in a way that is environmentally sustainable.

Contributors to this groundbreaking environmental book include:

- Cat Urbigkit, award-winning wildlife author and photographer
- Dr. Valerius Geist, foremost expert of big game in North America
- Matthew Cronin, environmental researcher and geneticist
- Rob Arnaud, president of Montana Outfitters and Guides Association

Ted B. Lyon is an attorney specializing in complex litigation with more than thirty years of experience. Lyon served in both the Texas House of Representatives (1979–1983) and the Texas State Senate (1983–1991). He has received numerous prestigious and meaningful awards including the 2012 Teddy Roosevelt Conservationist of the Year Award. Lyon lives in Heath, Texas.

Will N. Graves volunteered for the US Air Force and was trained as a Russian linguist. In order to accelerate and develop his skills in Russian, he started reading Russian wildlife magazines and books. Wolves were often discussed, and soon his interest focused on wolves in Russia. Graves’s interest in wolves grew into a serious hobby that continued after the war. Graves lives in Millerville, Maryland.
Wildfowl Magazine's Guide to Duck Hunting is packed with a wealth of valuable how-to information compiled by the foremost authorities in the sport. A vast range of topics is covered in these articles, including:

- How and when to call
- Selecting the right gear
- Setting the decoy spread
- Water safety
- And more

Enhance your experience with tips and tactics written by experts such as Skip Knowles, David Hart, and John Taylor.

**Wildfowl Magazine's Guide to Duck Hunting** is an essential resource for all duck hunting enthusiasts.

**Wildfowl Magazine** has been the preeminent publication for deer and goose hunting enthusiasts for more than three decades. Their offices are located in Peoria, Illinois.

**Skip Knowles** is the editor of **Wildfowl**. He lives in Canon City, Colorado.

**$17.99 paperback original (Can. $27.99)**

World (W) • CQ 30


7” x 9” • 144 pages

Sports/Hunting
ebook ISBN 978-1-5107-1911-8

AUGUST
John Weiss  
Foreword by Peter J. Fiduccia  

THE WHITETAIL HUNTER’S ALMANAC  
More Than Eight Hundred Tips and Tactics to Help You Get a Deer This Season  

Everything you need to know to have your most successful hunting season yet!

To take the most impressive whitetail bucks, and to bring them in consistently, a hunter has to know his weapons, the woods and, most of all, his quarry. Now, with The Whitetail Hunter’s Almanac at your side, you too can hunt with the strategies and practical wisdom that master hunter John Weiss has learned during his thirty-plus years on the field. Drawing on years of insider research, data studies, and personal experience, Weiss reveals the never-fail methods to making your shots count.

Weiss’s expert whitetail hunting secrets include:

- The perfect places to set up blinds and stands
- Effective ways to use deer scents
- How to disappear with camouflage
- Hunting with a rifle, shotgun, or bow
- And much more!

With careful instructions and more than two hundred photographs to bring the hunt to you, The Whitetail Hunter’s Almanac is the must-have reference to make you a more efficient tracker, woodsman, and consistently successful whitetail hunter. If you love the thrill of outwitting a big buck, The Whitetail Hunter’s Almanac is the guide for you!

John Weiss was one of the country’s most prolific deer hunting writers. An expert on whitetails, he had written hundreds of articles for national sportsman’s magazines and was the author of several books on deer hunting, including Advanced Deer Hunting, The Whitetail Hunter’s Almanac, and The Ultimate Guide to Butchering Deer. He lived in Chesterhill, Ohio, and passed away in 2016.

Peter J. Fiduccia is an award-winning journalist and has hosted the Woods-n-Water television series for thirty-two years. Fiduccia was the founder and consulting editor for Whitetail Hunting Strategies magazine and his writings have been published in ten books and numerous magazines. He lives with his wife, Kate, in Otsego County, New York.

Sure-Fire Whitetail Tactics  
$14.99 paperback  
978-1-5107-0815-0

$19.99 paperback reprint (Can. $30.99)  
World (W) • CQ 24  
6” x 9” • 344 pages  
60 b/w photographs  
Hunting  
AUGUST  
Previous edition: 978-1-62636-096-9
Dr. Leonard Lee Rue III

WHITETAIL SAVVY
New Research and Observations about the Deer, America’s Most Popular Big-Game Animal

For the first time in paperback.

Wildlife author and photographer of more than thirty books, Leonard Lee Rue III provides the most comprehensive reference on whitetail deer ever published. This book will appeal to anyone remotely interested in whitetails and other deer: nature buffs, deer lovers, deer haters, gardeners, farmers, photographers, biologists, mammalogists, highway troopers, and—not least—deer hunters, who will find a wealth of material that will improve their understanding and appreciation of their quarry.

In spite of the manuscript’s astounding thoroughness, Rue keeps the text short and clear to allow room for hundreds of his extraordinary photos, illustrating virtually every aspect of whitetail behavior, physiology, and more. Outdoors author Neil Soderstrom “[has] never encountered a manuscript as interesting and comprehensive on whitetails or any other species. Most information in this book is entirely new. . . . This is a very good read, its factual material gracefully presented and richly enlivened by [Rue’s] personal observations and good humor.” Even if your bookshelf is already full of titles about whitetails, this new addition has breaking research that is necessary for anyone interested in whitetail deer.

Dr. Leonard Lee Rue III has lived in the outdoors among the creatures that he photographs and writes about for most of his life. For several decades, he was the most published wildlife photographer in North America, with more than 1,800 magazine covers to his credit. He is the author of thirty books on wildlife, including The Deer of North America and The Way of the Whitetail, and writes monthly columns for Deer and Deer Hunting and Whitetail Times magazines. In 1997, he received a Lifetime Achievement Award from the North American Nature Photography Association (NANPA). Rue resides in Hardwick, New Jersey.
Whitetail hunters familiar with Peter Fiduccia’s books, articles, seminars, and television shows know that he offers straightforward, practical, cutting-edge deer hunting advice and down-to-earth commentary. His observations and analysis will help take anyone’s deer hunting skills to the next level.

Here, Fiduccia shares his extensive knowledge of whitetail behavior. His time-tested advice is intended to benefit those who “hunt deer under the real-world conditions of heavily hunted areas,” says Fiduccia. If you hunt deer on pressured lands, these tactics are meant to give you an edge over other hunters and help you get a buck when others can’t.

*Whitetail Tactics* contains no-nonsense strategies and subjective insights into many aspects of deer hunting that are rarely discussed. Throughout these pages, Fiduccia shares a lifetime of successful deer hunting experiences about the animal he has hunted throughout North America. This instructive and entertaining book is filled with color photos that will both inform and entertain readers.

Passionately expressed, the author shares his most guarded secrets and progressive strategies to help all deer hunters—from seasoned veterans to novices—consistently take mature bucks in heavily hunted areas. *Whitetail Tactics* is a must-have book for your deer hunting library.

**Peter Fiduccia** is one of the most recognized authorities in the deer hunting community, known throughout North America as the Deer Doctor. He is an award-winning journalist and has hosted the *Woods-n-Water* television series for thirty-two years. Fiduccia was the founder and consulting editor for *Whitetail Hunting Strategies* magazine and his writings have been published in ten books and numerous magazines. He lives with his wife, Kate, in Otsego County, New York.
## Index

### 

<table>
<thead>
<tr>
<th>#</th>
<th>100 Yoga Activities for Kids, 54</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1066 and Before All That, 139</td>
</tr>
<tr>
<td></td>
<td>13th Apostle, The, 11</td>
</tr>
<tr>
<td></td>
<td>14-Minute Metabolic Workouts, 146</td>
</tr>
<tr>
<td></td>
<td>1967, 217</td>
</tr>
<tr>
<td></td>
<td>20 Most Significant Events of the Civil War, The, 121</td>
</tr>
<tr>
<td></td>
<td>40-Year-Old Vegan, The, 64</td>
</tr>
<tr>
<td></td>
<td>Abigale Hall, 58</td>
</tr>
<tr>
<td></td>
<td>Adorable Circle of Life Adult Coloring Book, The, 101</td>
</tr>
<tr>
<td></td>
<td>Adorable Circle of Life, The, 100</td>
</tr>
<tr>
<td></td>
<td>Adventures of the Mountain Men, The, 191</td>
</tr>
<tr>
<td></td>
<td>Ageless Women, Timeless Wisdom, 52</td>
</tr>
<tr>
<td></td>
<td>Airplane Flying Handbook, 155</td>
</tr>
<tr>
<td></td>
<td>Alexander Hamilton’s Revolution, 34</td>
</tr>
<tr>
<td></td>
<td>All the Beautiful People We Once Knew, 230</td>
</tr>
<tr>
<td></td>
<td>All the Memorable Rounds, 111</td>
</tr>
<tr>
<td></td>
<td>America’s Wild Horses, 74</td>
</tr>
<tr>
<td></td>
<td>American Corporate Conspiracies, 39</td>
</tr>
<tr>
<td></td>
<td>Art of Flourishing, The, 51</td>
</tr>
<tr>
<td></td>
<td>Astounding Sea Stories, 238</td>
</tr>
<tr>
<td></td>
<td>Attica Turkey Shoot, The, 14</td>
</tr>
<tr>
<td></td>
<td>Authentic Life of Billy the Kid, The, 192</td>
</tr>
<tr>
<td></td>
<td>Autism War, The, 130</td>
</tr>
<tr>
<td>A</td>
<td>Baking Sourdough Bread, 158</td>
</tr>
<tr>
<td></td>
<td>Battle for Leyte Gulf, The, 126</td>
</tr>
<tr>
<td></td>
<td>Be a Hero, 206</td>
</tr>
<tr>
<td></td>
<td>Beach House Baking, 65</td>
</tr>
<tr>
<td></td>
<td>Beachhead Assault, 193</td>
</tr>
<tr>
<td></td>
<td>Beautiful Smoothie Bowls, 102</td>
</tr>
<tr>
<td></td>
<td>Becoming Abraham Lincoln, 134</td>
</tr>
<tr>
<td></td>
<td>Beer Journal, The, 28</td>
</tr>
<tr>
<td></td>
<td>Bell of the Desert, 164</td>
</tr>
<tr>
<td></td>
<td>Ben Hogan’s Tips for Weekend Golfers, 42</td>
</tr>
<tr>
<td></td>
<td>Big Book of Juicing, The, 103</td>
</tr>
<tr>
<td></td>
<td>Big Book of UFO Facts, Figures &amp; Truth, The, 148</td>
</tr>
<tr>
<td></td>
<td>Big Dreams, Small Garden, 29</td>
</tr>
<tr>
<td></td>
<td>Big Lie, The, 175</td>
</tr>
<tr>
<td></td>
<td>Born to Eat, 104</td>
</tr>
<tr>
<td></td>
<td>Bowhunting Tactics That Deliver Trophies, 239</td>
</tr>
<tr>
<td></td>
<td>Bugles, Boots, and Saddles, 219</td>
</tr>
<tr>
<td></td>
<td>Bush Crime Family, The, 37</td>
</tr>
<tr>
<td></td>
<td>Can It and Ferment It, 177</td>
</tr>
<tr>
<td></td>
<td>Chains, Whips, and Cuffs, 198</td>
</tr>
<tr>
<td></td>
<td>Churchill the Young Warrior, 2</td>
</tr>
<tr>
<td></td>
<td>Coconut. Ginger. Shrimp. Rum., 26</td>
</tr>
<tr>
<td></td>
<td>Color, Draw, Collage, 55</td>
</tr>
<tr>
<td></td>
<td>Complete Medicinal Herbal, The, 119</td>
</tr>
<tr>
<td></td>
<td>Cook Like a Man, 105</td>
</tr>
<tr>
<td></td>
<td>Cottonmouths, 161</td>
</tr>
<tr>
<td></td>
<td>Cut to the Bone, 8</td>
</tr>
<tr>
<td>D</td>
<td>Date Night Cookbook, The, 66</td>
</tr>
<tr>
<td></td>
<td>Day in Prison, A, 171</td>
</tr>
<tr>
<td></td>
<td>Dead Reckoning, 18</td>
</tr>
<tr>
<td></td>
<td>Death of a Nation, 203</td>
</tr>
<tr>
<td></td>
<td>Deepa’s Secrets, 179</td>
</tr>
<tr>
<td></td>
<td>Deer Stalker, The, 167</td>
</tr>
<tr>
<td></td>
<td>Defiant Courage, 7</td>
</tr>
<tr>
<td></td>
<td>Distraught, 141</td>
</tr>
<tr>
<td></td>
<td>Do You Really Need That Pill?, 44</td>
</tr>
<tr>
<td></td>
<td>Doryman’s Reflection, The, 184</td>
</tr>
<tr>
<td></td>
<td>Dreamcatcher, 35</td>
</tr>
<tr>
<td></td>
<td>Dude Ranger, The, 12</td>
</tr>
<tr>
<td>E</td>
<td>Earthquake Prediction, 140</td>
</tr>
<tr>
<td></td>
<td>Edison vs. Tesla, 82</td>
</tr>
<tr>
<td></td>
<td>English German Girl, The, 10</td>
</tr>
<tr>
<td></td>
<td>Epic Survival, 113</td>
</tr>
<tr>
<td></td>
<td>Escort Pilot, 123</td>
</tr>
<tr>
<td></td>
<td>Every Choice Counts, 174</td>
</tr>
<tr>
<td>F</td>
<td>FAB Mom’s Guide, The, 49</td>
</tr>
<tr>
<td></td>
<td>Fabulously French Cooking, 176</td>
</tr>
<tr>
<td></td>
<td>Family Guide to Preventing Elder Abuse, The, 47</td>
</tr>
<tr>
<td></td>
<td>Family Place, A, 187</td>
</tr>
<tr>
<td></td>
<td>FAR/AIM 2018, 234</td>
</tr>
<tr>
<td></td>
<td>Farm-To-Table Desserts, 108</td>
</tr>
<tr>
<td></td>
<td>Fiberglass Boat Restoration, 237</td>
</tr>
<tr>
<td></td>
<td>Finding Oprah’s Roots, 87</td>
</tr>
<tr>
<td></td>
<td>Finn McCool’s Football Club, 144</td>
</tr>
<tr>
<td></td>
<td>Flies for Selective Trout, 79</td>
</tr>
<tr>
<td></td>
<td>Fly Fishing the Southeast Coast, 81</td>
</tr>
<tr>
<td></td>
<td>Food Stylist’s Handbook, The, 226</td>
</tr>
<tr>
<td></td>
<td>Forever After, 228</td>
</tr>
<tr>
<td></td>
<td>From Stress to Strength, 43</td>
</tr>
<tr>
<td>G</td>
<td>Gary Player’s Black Book, 41</td>
</tr>
<tr>
<td></td>
<td>Gestapo, The, 4</td>
</tr>
<tr>
<td></td>
<td>Get the Most out of Motherhood, 212</td>
</tr>
<tr>
<td></td>
<td>Girl on a Wire, 204</td>
</tr>
<tr>
<td></td>
<td>Give Me Mountains for My Horses, 185</td>
</tr>
<tr>
<td></td>
<td>Glass Gardens, 181</td>
</tr>
<tr>
<td></td>
<td>Gone Gypsy, 92</td>
</tr>
<tr>
<td>H</td>
<td>H.H. Holmes, 36</td>
</tr>
<tr>
<td></td>
<td>Hacking ISIS, 32</td>
</tr>
<tr>
<td></td>
<td>Hard Light of Day, The, 16</td>
</tr>
<tr>
<td></td>
<td>Hazard, 15</td>
</tr>
<tr>
<td></td>
<td>Healing Herbs, 120</td>
</tr>
<tr>
<td></td>
<td>Healing Tonics, Juices, and Smoothies, 156</td>
</tr>
<tr>
<td></td>
<td>Hike Smart, 77</td>
</tr>
<tr>
<td></td>
<td>Hiking the Grand Canyon, 78</td>
</tr>
<tr>
<td></td>
<td>Holistic Dog, The, 216</td>
</tr>
<tr>
<td></td>
<td>Hollywood Hellraisers, 93</td>
</tr>
<tr>
<td></td>
<td>Honest Body Project, The, 211</td>
</tr>
<tr>
<td></td>
<td>Honey, 61</td>
</tr>
<tr>
<td></td>
<td>Horses That Save Lives, 214</td>
</tr>
<tr>
<td></td>
<td>Hot Mess to Mindful Mom, 88</td>
</tr>
<tr>
<td></td>
<td>House of Medici: Inheritance of Power, The, 202</td>
</tr>
<tr>
<td></td>
<td>How Bad Is Your Boss?, 97</td>
</tr>
<tr>
<td></td>
<td>How Great Is Your Gal?, 96</td>
</tr>
<tr>
<td></td>
<td>How Great Is Your Guy?, 95</td>
</tr>
<tr>
<td></td>
<td>How to Invest in Debt, 68</td>
</tr>
<tr>
<td></td>
<td>Hunting Hitler, 136</td>
</tr>
<tr>
<td></td>
<td>Hurting Circus, The, 128</td>
</tr>
<tr>
<td>I</td>
<td>I Must Have You, 127</td>
</tr>
<tr>
<td></td>
<td>Idiot in Marriage, An, 60</td>
</tr>
<tr>
<td></td>
<td>Illustrated History of Guns, The, 112</td>
</tr>
<tr>
<td></td>
<td>Immortality, 84</td>
</tr>
<tr>
<td></td>
<td>Impact Statement, 143</td>
</tr>
<tr>
<td></td>
<td>In Short Measures, 59</td>
</tr>
<tr>
<td></td>
<td>In the Valley of the Sun, 162</td>
</tr>
<tr>
<td></td>
<td>In-Case-of-Emergency Workbook, The, 182</td>
</tr>
<tr>
<td></td>
<td>Incompetence, Malpractice, and Cover-Up, 85</td>
</tr>
<tr>
<td></td>
<td>Incredible Baseball Stories, 75</td>
</tr>
<tr>
<td></td>
<td>Incredible Fishing Stories, 76</td>
</tr>
<tr>
<td></td>
<td>Ingenious, 83</td>
</tr>
<tr>
<td></td>
<td>Inside Animal Hearts and Minds, 213</td>
</tr>
<tr>
<td></td>
<td>Insulin Express, The, 91</td>
</tr>
<tr>
<td></td>
<td>Iris Grace, 40</td>
</tr>
<tr>
<td></td>
<td>It’s On the Meter, 90</td>
</tr>
<tr>
<td>J</td>
<td>Jam and Marmalade Bible, The, 157</td>
</tr>
<tr>
<td></td>
<td>Journey, 13</td>
</tr>
<tr>
<td></td>
<td>Joy of Keeping Goats, The, 30</td>
</tr>
<tr>
<td></td>
<td>Joy of Winemaking, The, 223</td>
</tr>
<tr>
<td>K</td>
<td>Kill the Indian, 132</td>
</tr>
<tr>
<td>L</td>
<td>Legend of the Golden Coyote, 169</td>
</tr>
<tr>
<td></td>
<td>Letters to a Young Pug, 180</td>
</tr>
<tr>
<td></td>
<td>List, The, 50</td>
</tr>
</tbody>
</table>
Little Red Book of Hunter’s Wisdom, The, 152
Lone Eagle, 122
Long Distance Runner’s Guide to Injury Prevention and Treatment, The, 240
Long Hitch, The, 168
Low Carb, High Fat Food Revolution, 27

L
Magical World of Madame Métier, The, 199
Make Space, 208
Malena’s Tango, 200
Marcel’s Letters, 142
Marine Diesel Essentials, 236
Meaty Truth, The, 215
Modern American Manners, 53
Modern Jewish Table, The, 227
Modern Shotgunning, 186
Motherhood Is a B#tch!, 48

Mouthwatering Vegan Burgers, 109
My Rescue Dog Rescued Me, 71

N
Nantucket Cottages and Gardens, 110
Navy SEALs, 170
Nazi Fugitive, 124
Nazi Spymaster, 135
Never Liked It Anyway, 23
New Bloody Mary, The, 67
Next Valley Over, The, 188
Non-GMO Cookbook, The, 159
NYC Kitchen Cookbook, The, 225

O
Off the Grid, 69
Office Zen, 98
Organic Heart, The, 224
Outboard Motor Essentials, 189
Overcoming Cancer, 197

P
Patient’s Guide to Unnecessary Knee Surgery, A, 45
Pocket Guide to Equine Knots, The, 151
Pocket Guide to Fishing Knots, The, 235
Pocket Guide to Prepper Knots, The, 150
Poisoned, 38
Policing Ferguson, Policing America, 205
Pregnancy for Dads-to-Be, 118
Prevail, 194
Principles Behind Flotation, The, 9
Pumping Irony, 117

Q
Quintessential Quinoa Desserts, 160

R
Race to Alaska, The, 89
Real Wolf, The, 241
Remember Us, 195
Rider on the Buckskin, 133
RifleShooter Magazine’s Guide to Big-Game Hunting, 153
Rise of the Cajun Mariners, 86
River Wild, The, 163
Riverwatcher, 229
Russia at War, 1941–1945, 5

S
Sarah Palin’s Expert Guide to Good Grammar, 19
Saxons vs. Vikings, 220
Secret Lives of Introverts, The, 210
Secrets of Mindful Beauty, The, 24
Sensational Cruising Cuisine, 114
Shadow on the Trail, 62
Shakespeare’s Ear, 221
Shipwreck of the Whaleship Essex, The, 137
Shooting Times Guide to Accuracy, 190
Simply Fish, 107
Skeptical Vegan, The, 178
Smallmouth Bass Fishing for Everyone, 154
Smart Words and Wicket Wit of Jane Austen, The, 21
Smart Words and Wicket Wit of Winston Churchill, The, 20
Snark Bible, The, 99
So You Think You Know Rock and Roll?, 94
Soul Rider, 17
Spinning History, 3
Square One, 116
Stairs of Sand, 131
Stark Mad Abolitionists, 218
Stillwater, 129
Survival of the Richest, 172

T
Tao of Pug, The, 72
Ten Days That Shook the World, 222
Terrorism Survival Guide, The, 183
Tina Nordström’s Recipes for Young Cooks, 106
Tricky Dick, 173