This sequel to the acclaimed cult novel The Last Detail is now a major motion picture starring Bryan Cranston, Steve Carell, and Laurence Fishburne.

Darryl Ponicsan's debut novel The Last Detail was named one of the best of the year and widely acclaimed, catapulting him to fame when it was first published. The story of two career sailors assigned to escort a young seaman from Norfolk to the naval prison in Portsmouth, New Hampshire—and of the mayhem that ensues—was made into an award-winning movie starring Jack Nicholson. Last Flag Flying, set thirty-four years after the events of The Last Detail, brings together the same beloved characters—Billy “Bad-Ass” Buddusky, Mule Mulhall, and Meadows—to reprise the same journey but under very different circumstances.

Now middle-aged, Meadows seeks out his former captors in their civilian lives to help him bury his son, a Marine killed in Iraq, in Arlington National Cemetery. When he learns that the authorities have told him a lie about the circumstances of his son's death, he decides, with the help of the two others, to transport him home to Portsmouth. And so begins the journey, centered around a solemn mission but, as in the first book, a protest against injustice and a celebration of life too, at once irreverent, funny, profane, and deeply moving. Last Flag Flying is now a major movie, directed by Richard Linklater and starring Bryan Cranston, Steve Carell, and Laurence Fishburne.

Darryl Ponicsan is the author of thirteen novels and is an award-winning screenwriter for both film and television. Born in Shenandoah, Pennsylvania, he taught high school after attending Muhlenberg College and earning an MA at Cornell University. He served in the US Navy from 1962 to 1965, then did social work in the Watts area of Los Angeles and taught high school before the success of his debut novel, The Last Detail, allowed him to become a full-time writer. He resides in Palm Springs and Sonoma, California.
Unlike other branches of the armed services, the Navy draws its police force from the ranks, as temporary duty called Shore Patrol. In this funny, bawdy, moving novel set during the height of the Vietnam War, two career sailors in transit in Norfolk, Virginia—Billy “Bad-Ass” Buddusky and Mule Mulhall—are assigned to escort eighteen-year-old Larry Meadows from Norfolk to the brig in Portsmouth, New Hampshire, where he is to serve an eight-year sentence for petty theft. It’s good duty, until the two old salts realize the injustice of the sentence and are oddly affected by the naive innocence of their young prisoner.

In the five days allotted for the detail, they decide to show Meadows something of the life he doesn’t yet know, to help him survive the long ordeal ahead and to purge their own shame. What follows is an unlikely road trip by bus and train up the Eastern seaboard and an indelible journey of initiation and discovery, filled with beer-soaked wisdom, big-city lights, revelry, brawls, debauchery, love, and surprising moments of tenderness.

Darryl Ponicsán is the author of thirteen novels and an award-winning screenwriter for both film and television. Born in Shenandoah, Pennsylvania, he taught high school after attending Muhlenberg College and earning an MA at Cornell University. He served in the US Navy from 1962 to 1965, then did social work in the Watts area of Los Angeles and taught high school before the success of his debut novel, The Last Detail, allowed him to become a full-time writer. His latest novel is Last Flag Flying, the sequel to the first. He resides in Palm Springs and Sonoma, California.

“One of the ten best novels of the year.” —Philadelphia Inquirer

“Salty, bawdy, hilarious, and very touching.” —Variety

“Honest, heart-wrenching.” —New York Times

“The writing is superb, the pace headlong, the irony tempered with curious gentleness.” —Cosmopolitan
I CALL HIM “MR. PRESIDENT”
Stories of Golf, Fishing, and Life with My Friend George H. W. Bush

A presidential tale of friendship, travel, and the great outdoors!

In I Call Him “Mr. President,” Ken Raynor—head professional at Cape Arundel Golf Club in Kennebunkport, Maine for thirty-eight years—tells the story of how President George H. W. Bush befriended him during Bush’s annual summer sabbatical to seaside Kennebunkport, Maine. Raynor’s personal relationship with Bush led him to experience everything from fishing trips to the wilds of Newfoundland to countless outings on the golf course, including Bush’s last as commander in chief.

Along the way, Raynor assisted Bush, a WWII veteran, in welcoming world leaders, former presidents, celebrities, and PGA Tour stars to the quaint Cape Arundel Golf Club and saw the excitement in their eyes during the outings. But he most cherishes his time after the rounds, in the Bush family home on nearby Walker’s Point or in a tiny fishing boat, when the president would put his feet up, stare out at the Atlantic, and recount the days’ events.

In this book, Raynor reflects on the life lessons he gained from a friendship born outdoors that has continued to develop over decades, during golf outings that have ranged from Maine to Augusta National to the White House putting green, international fishing trips, retreats at Camp David, flying in Marine One, and many other unforgettable experiences.

Raynor has likely played more rounds with a POTUS than any PGA professional in history.

Ken Raynor is a golf professional and teaching specialist. He was inducted into the Maine Golf Hall of Fame in 2005 and chairs the New England PGA Scholarship fund. He resides in Kennebunkport, Maine and Boca Grande, Florida, and fishes both locations with enthusiasm.

Michael Patrick Shiels is the author of Golf’s Short Game for Dummies, Secrets of the Great Golf Course Architects, and more. A member of the Society of American Travel Writers, Shiels was as an advance volunteer for Bush’s two presidential campaigns and serves on the committee for the George H. W. Bush Celebrity Golf fundraiser in Kennebunkport. He resides in Michigan, where he hosts an award-winning syndicated morning radio program.
Vets and Pets tells fifteen emotional and entertaining stories of the incredible bonds between wounded warriors, veterans, and other service members and their service and companion animals. Whether these special relationships are with dogs, cats, horses, pigs, or even birds of prey, readers will discover how these remarkable animals help veterans return to civilian life and live independently while simultaneously bringing joy and confidence into their lives.

Tyler struggled to adjust to civilian life after losing both of his legs in Afghanistan, until he met his intelligent and disobedient red European Doberman pinscher, Apollo. Vietnam veteran Patrick regained a sense of well-being and hope through the study of birds of prey. Mandi discovered that the unconditional love of pigs was exactly what she needed to heal from an abusive past and an army-training injury. These are just a few of the uplifting stories that are featured in this striking collection.

In addition to exploring the unique, lifelong bonds that can develop between veterans and their animal companions, Vets and Pets spotlights extraordinary nonprofits that unite wounded warriors with service and companion animals, including Pets for Patriots, Horses Helping Heroes Project, and Avian Veteran Alliance, among others.

Dava Guerin worked for more than twenty years in the marketing and communications and public relations fields. She is the coauthor of Unbreakable Bonds. She lives in Berlin, Maryland, with her husband, mother, and two labradoodles, J. P. Morgan and Tinkie.

Kevin Ferris is the coauthor of Unbreakable Bonds. He is the commentary editor of the Philadelphia Inquirer. He has two children and lives in West Chester, Pennsylvania, with an Irish setter named Samson.

Barbara Bush is the wife of George H. W. Bush, the forty-first president of the United States. She founded the Barbara Bush Foundation for Family Literacy.

Andrea Arden is Animal Planet’s pet expert and has been named the best dog trainer in New York by New York Magazine, Time Out magazine, Quest magazine, and the Daily News.
Examine the bipartisan legacy of a beloved billionaire politician.

Bloomberg: A Billionaire’s Ambition tells the story of how one of America’s most successful entrepreneurs was elected mayor of New York City and what he did with the power he won.

Bloomberg’s stunning victory against all odds just weeks after the 9/11 terrorist attack left him facing challenges unlike any mayor in history. For the next twelve years, he kept the city safe, promoted private sector growth, generated jobs, built infrastructure, protected the environment, supported society’s cultural sensibilities, and achieved dramatic improvements in public health. Bloomberg was an activist executive who used government assets boldly and wisely for the greatest good, for the greatest number of people.

His time as mayor was not without controversy. Bloomberg supported the police tactic of stop and frisk, even after it was ruled unconstitutional, and jailhouse violence rose to levels so severe the federal government intervened. The administration’s homeless policies were ineffective. And he forced a change in the city charter to allow him to serve a third term.

Overall, though, his tenure was a success, remembered for its record of low crime and balanced budgets. Having returned to his global financial empire, Bloomberg continues to challenge the National Rifle Association on gun control, promote national education reform, and support policies to combat climate change. Frequently touted as an independent candidate for president, Bloomberg leaves behind a legacy of effective government.

Chris McNickle is a lifelong New Yorker. He earned a PhD in US history from the University of Chicago and a BA in economics and international relations from the University of Pennsylvania. He has been a senior executive in global investment firms, and is treasurer of the American Historical Association. McNickle lives in the Bronx, New York.
Robert F. Kennedy, Jr.

FRAMED
Why Michael Skakel Spent over a Decade in Prison for a Murder He Didn’t Commit

A New York Times bestseller, the definitive story of one of the most heinous crimes of our time and the equally egregious miscarriage of justice that followed.

“A must-read for those who care about justice and integrity in our public institutions.” —Alan M. Dershowitz, Esq.

On Halloween, 1975, fifteen-year-old Martha Moxley’s body was found brutally murdered outside her home in swanky Greenwich Connecticut. Twenty-seven years after her death, the State of Connecticut spent some $25 million to convict her friend and neighbor, Michael Skakel, of the murder. The trial ignited a media firestorm that transfixed the nation. Now Skakel cousin Robert F. Kennedy Jr. solves the baffling whodunit and clears Michael Skakel’s name.

Kennedy chronicles how Skakel was railroaded amidst a media frenzy and a colorful cast of characters—from a crooked cop and a narcissistic defense attorney to a parade of perjuring witnesses.

Robert F. Kennedy, Jr., is a radio host, attorney, bestselling author, and highly regarded environmental activist. He has degrees from Harvard University, the University of Virginia, and Pace University. Kennedy is the son of the former US Senator for New York and sixty-fourth attorney general, Robert Kennedy, and the nephew of President John F. Kennedy. He lives in Bedford, New York.

“If you think you know about this case, you don’t. If you think that this case ended in justice being served, it didn’t. I was literally left both speechless and enraged while reading this book and learning what actually happened.” —Mark Geragos, Esq., noted criminal defense attorney

“Years after what was a monumental miscarriage of justice, Kennedy not only makes a compelling case that Skakel is innocent; he provides persuasive evidence of the identity of the true killers.” —Dick Guerin, Esq., one of “America’s Top Lawyers”

“Will shock and astound those who read the press reports of the case at the time. . . . It is deeply researched, bitingly written, and entirely convincing.” —Stuart Woods, #1 New York Times bestselling author

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World (W) • CQ 30
6” x 9” • 320 pages
26 color photographs
True Crime
SEPTEMBER
Previous edition: 978-1-5107-0177-9
Helaina Hovitz
AFTER 9/11
One Girl’s Journey through Darkness to a New Beginning

The critically acclaimed book is a tale of tragedy and resilience.

Helaina Hovitz was twelve years old and in middle school just blocks away when the World Trade Center was attacked. Her memoir encapsulates the journey of a girl growing up with PTSD after living through the events firsthand. After 9/11 chronicles its effects on a young girl at the outset of adolescence, following her as she spirals into addiction and rebellion, through loss, chaos, and confusion.

The events of 9/11 were a very real part of Helaina’s life and are still vivid in her memory today. Hundreds were stranded in the neighborhood, including Helaina, without phones or electricity or anyone to help. Fear and despair took over her life. It would take Helaina more than a decade to overcome the PTSD—and subsequent alcohol addiction—that went misdiagnosed and mistreated. In many ways, After 9/11 is the story of a generation growing up in the aftermath of America’s darkest day—and for one young woman, it is the story of a survivor who, after witnessing the end, got to make a new beginning.

This new trade paperback edition includes tips on how to cope with trauma, an FAQ section, and a guide to discussing 9/11 with children.

Helaina Hovitz is a journalist and editor specializing in positive and inspiring stories. She has written for the New York Times, Salon, the New York Observer, Forbes, Glamour, Vice, Huffington Post, Teen Vogue, and Newsday. She lives in New York with her husband and their rescue dog, Wiley.

“Inspirational, courageous and beautifully told. After 9/11 is a testament to the resiliency of the human spirit.” —Cathy Free, correspondent, People magazine

“Helaina Hovitz’s engrossing narrative begins in the shadow of the twin towers with her as a backpack-toting twelve-year-old and plays out over the next fifteen years in dramatic—and sometimes distressing—detail. This impressive debut is both deeply evocative and intensely personal.” —Peter Canby, senior editor, New Yorker

“A moving and remarkable testament to a time that changed our country, told beautifully by a young woman who never gave up hope that she could reclaim her life, no matter how grim things looked.” —Sean Elder, contributor, Newsweek
Scottie Jones

COUNTRY GRIT
A Farmoir of Finding Purpose and Love

For fans of Barbara Kingsolver’s Animal, Vegetable, Miracle, a memoir about leaving the city behind for a life on a farm.

Scottie Jones lived a typical suburban, professional life in Phoenix until her husband, Greg, got into a near-fatal car accident. While recovering, he became convinced that they needed a change and a simpler way of life, one more connected with nature and with each other. So, driven by a desire to cut ties with a material and convenient suburban life that had left them feeling empty, they bought a peaceful-looking farmhouse on sixty acres in Oregon and said good-bye to everything they knew.

But though the grass may look greener, the road to pastural bliss is fraught with financial woes, relentless rural roadblocks, and colossal failures. When the burden becomes almost too much to bear, Scottie hits on the idea of turning a house they initially built for their daughter into a Farm Stay, where people could visit and learn about Leaping Lamb Farm. The Farm Stay becomes the niche that rescues them from foreclosure—having found both a sense of purpose and a sense of place, the couple now finds the means to sustain it.

In a world increasingly filled with questions of where our food comes from and dissatisfactions about our modern lives, Country Grit is a story that will resonate with countless people itching to get back to the land. Told with humor and hard-earned wisdom, it is also an account of what small-scale farmers across the country experience everyday and a warning that the farming life is not for everyone.

Scottie Jones is the executive director of the US Farm Stay Association, which started as a guesthouse on her farm. Funded by two USDA grants, it has grown into a nationwide network of farmers whose website has more than 600,000 users. Scottie has built a new travel market in the United States and has become a nationally recognized speaker at both tourism and farm conferences across the country. She has written articles about Farm Stay for many magazines including Country and Southern Farm & Garden. She is also a founding member of the Oregon Agritourism Network. She still lives at and operates Leaping Lamb Farm in Alsea, Oregon.
Jesse Ventura with Jen Hobbs
Foreword by Steve Kubby

JESSE VENTURA’S MARIJUANA MANIFESTO

The truth behind this abundant natural resource—and why it should be legalized.

In this groundbreaking book—for the first time in paperback and fully updated with all the latest legal information—outspoken free-thinker Jesse Ventura lays out his philosophy. Now more than ever before, our country needs full legalization of medical/recreational marijuana and hemp. Seemingly every day we find out more positive things about marijuana, a medicinal plant in abundant supply, yet legalization finds strong resistance from government agencies and big business.

Find out why the US government patented CBD, what Big Pharma companies have exclusive rights to create marijuana medication, and why the DEA can’t be trusted.

*Jesse Ventura’s Marijuana Manifesto* calls for an end to the War on Drugs. Legalizing marijuana will serve to rejuvenate our pathetic economy and just might make people a little happier.

**Jesse Ventura** is the former Independent governor of Minnesota. He is also a former US Navy SEAL, professional wrestler, and movie actor, a visiting fellow at Harvard’s Kennedy School of Government, and a *New York Times* bestselling author of five books, including *American Conspiracies*, *Don’t Start the Revolution Without Me!*, and *63 Documents the Government Doesn’t Want You to Read*. He resides in Minnesota and in Baja, Mexico.

**Jen Hobbs** has worked with Governor Ventura since 2007 and shares his enthusiasm for searching for the truth, no matter where it leads. She lives in Anaheim, California.

**Steve Kubby**, founder of the American Medical Marijuana Association, is an activist, author, speaker, cannabis warrior, policy advisor, and cancer survivor.

“Jesse Ventura has been a solid proponent of legal cannabis for decades . . . He lays out the good sense of legalization, as well as the sheer insanity of prohibition.” —Dan Skye, *High Times* editor-in-chief

“Ventura is ultimately quite convincing about the ineffectuality of the War on Drugs and on the contradictions and corruptions of the Drug Enforcement Administration, a particular bugbear of his.” —Michael Lindgren, *Washington Post*
Aurélia Beaupommier

THE WIZARD’S COOKBOOK

Magical Recipes Inspired by Harry Potter, Merlin, The Wizard of Oz and More

Enter the magical realms of Hogwarts, Middle Earth, Hyrule, Narnia, Oz, and dozens more with these enchanting recipes!

From Merlin to Dumbledore to Mary Poppins, Aurélia Beaupommier pays tribute to all sorcerers, fairies, elves, mages, and magicians within this spellbinding cookbook.

The Wizard’s Cookbook includes magical dishes that are both quick and easy to prepare for any occasion. Beaupommier provides a beautiful spread of festive themed dishes to enchant your guests. Each recipe is accompanied by beautiful full-page color photographs of the yummy food and drinks. In addition to the sustenance necessary to battle your nemesis—whether it be a dragon or an empty stomach—this book also includes recipes to prepare divine desserts and devilish snacks, as well as intoxicating potions and elixirs to quench your thirst.

Whether you’re a beginner or an expert wizard, open this spell book, grab your wand, and . . . Abracabra! You’ll be able to create delicious, bewitching recipes that are sure to teleport you to another world.

Aurélia Beaupommier is a passionate reader of all wonderful and fantastic literature. She decided to join the CNRS (Centre National De La Recherche Scientifique) in France, where she worked for many years as a librarian. As passionate about books as she is about cooking, she now lives with her family in Normandy, in a secret place where there are “books, friends, and flowers,” and where she has concocted these recipes from the world cultures of the imaginary.

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North America (NA) • CQ 20
8 ½” x 11” • 192 pages
70 color photographs
Cooking
SEPTEMBER
The American Southwest is synonymous with robust flavor and bright colors. Now you can bring the fiesta to your own casa! For the very first time in one single-volume cookbook, all aspects of southwest cooking have been gathered. Chef Larry Edwards presents an impressive assortment of recipes from salsas and barbecue sauces to enchiladas and ribs. Make your own condiments, recreate famous cocktails, and prepare regional entrées, salads, sides, and desserts. With more than two hundred recipes, divided into four sections—the Southwest Pantry, Southwest Cantina, Southwest Kitchen, and Southwest Oven—there’s a dish for every occasion. Recipes include:

- Mango Jicama Salsa
- Sweet Pepper Salsa
- Spicy Mole Sauce
- Chipotle Mayo
- Baja Flank Ribs with Tequila and Honey Glaze
- Chicken with Cherry Salsa
- Santa Fe Chicken Wings
- Desert Chili Shrimp
- Whiskey Grilled Portobello Salad
- Baja Bread Pudding
- Southwest Candied Bacon
- Cactus Pear Sorbet
- Sangria
- Cobalt Margaritas

With all these and more, we hope your guests bring a big appetite to your next dinner party, cookout, or picnic. Style and Spice has plenty to offer and is sure to bring a whole lot of flavor to your cooking!

Larry Edwards, author of the bestselling Edwardian Cooking: 80 Recipes Inspired by Downton Abbey’s Elegant Meals, is a classically trained chef and internationally renowned food writer. His dishes and recipes have been featured in the Wall Street Journal, USA Today, and internationally when he was a food editor for the National Examiner (online edition). He lives and works in Tucson, Santa Fe, and San Francisco.
Leigh Ann Chatagnier

FIRST BITES
Homemade, Nourishing Recipes from Baby Spoonfuls to Toddler Treats

Create a foundation of healthy habits and discerning palettes from the start!

Start your baby off right with real food to nourish their every need. First Bites teaches you the ins and outs of introducing food so good, even you will want to eat it! This adorable and innovative cookbook is packed full of easy recipes that are bursting with flavor and nutrients to expand your baby’s palette and give them the vitamins they need to thrive.

Work your way through flavorful purees that will delight your baby’s taste buds and get them excited about a new world of real food. Then, you’ll transition them into eating little bites that get them ready to participate in family mealtime! Your baby will not only love eating these delicious recipes but will also develop healthy eating habits early on.

Recipes include:

- Cinnamon Vanilla Pear Puree
- Zucchini, Pea, and Thyme Mash Up
- Curry Coconut Sweet Potatoes
- Lentil and Veggie Fritters
- Whole Wheat Banana Mini Pancakes
- Peachy Coconut Chia Pudding
- White Peach and Raspberry Smoothie
- Kale and White Cheddar Mini Frittatas
- Healthy Salmon Fish Sticks
- So many more!

Leigh Ann Chatagnier is the founder of food and lifestyle blog My Diary of Us and author of The Unexpected Cajun Kitchen: Classic Cuisine with a Twist of Farm-to-Table Freshness. Cooking has always been a part of her life, and she has always enjoyed creating recipes around fresh, not processed, foods. When her son was born, she knew she wanted to start him off on this healthy path as soon as possible! Leigh Ann lives with her husband and son in Houston, Texas.

$17.99 hardcover (Can. $27.99)
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8” x 9” • 192 pages
85 color photographs
Family & Childcare
SEPTEMBER
Marie W. Lawrence
THE ORGANIC LUNCHBOX
125 Yummy, Quick, and Healthy Recipes for Kids

Nutritious lunch ideas that are kid-tested and kid-approved.

Taking the mystery out of making nutritious meals that your kids will love, The Organic Lunchbox has a variety of options that are sure to tantalize even the most finicky taste buds. Divided into categories, including Breakfast for Lunch, Hot or Cold, Vegetables on Parade, Soups and Sandwiches, and Something Not Too Sweet, you’ll find fun and often finger-friendly fare such as:

- Classic mini pizzas
- Broccoli cheese soup
- Sweet potato chips
- Crunchy French toast fingers
- Meatloaf cupcakes
- Lemon-lime gel with blueberries

The easy-to-follow recipes are geared to kid- or family-friendly preparation. In addition, The Organic Lunchbox will include information on purchasing and utilizing organic ingredients and tips on which types of food are most important to consider when looking for the organic designation. Lawrence also offers helpful suggestions for making kid-size portions, serving options, and storing until they’re ready to be packed into a lunchbox.

Marie W. Lawrence has had a passion for cooking, baking, gardening, and writing for as long as she can remember. She is the author of The Farmer’s Cookbook and The Farmer’s Kitchen Handbook. A mom of three and a grandmother, Lawrence calls upon her twenty-five years of public school experience—including coordinating an after-school kids’ cooking program and supervising classroom healthy snack programs—to the recipes in The Organic Lunchbox. A third-generation Vermonter, the author lives with her husband in Brattleboro, Vermont.

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7 ½” x 9 ½” • 224 pages
75 color photographs
Cooking
ebook ISBN 978-1-5107-2390-0
SEPTEMBER
Learn to cook some of the world’s most plentiful, yet underappreciated, fish and seafood.

Today, our oceans contain an abundance of delicious, underutilized, and lesser-known varieties of fish. Frequently, these unfamiliar species are pulled up when commercial fishermen are looking for something else. These nontargeted species—known as bycatch—are often dumped back into the ocean, dead or barely alive.

What if we didn’t discard those perfectly edible fish? What if we introduced them to consumers looking for a change on the menu who care about where their seafood comes from? That’s what *Sea Robins, Triggerfish & Other Overlooked Seafood* is all about—taking the pressure off heavily targeted species like swordfish and tuna and introducing home cooks and professional chefs to new species being unloaded on today’s docks.

Let’s celebrate these other fish in the sea by enjoying a bounty of mouth-watering recipes prepared by Chef Matthew Pietsch, owner of the celebrated Michigan restaurant Salt of the Earth. Pietsch’s vast culinary knowledge and skill demonstrated through his fun, straightforward approach, will guide seafood lovers every step of the way as he and James Beard-award winner James O. Fraioli encourage seafood consumers to support and promote those underutilized and underappreciated fisheries while still enjoying quality seafood at an affordable price.

Matthew Pietsch is the executive chef and owner of the celebrated restaurant Salt of the Earth, where he has been directing the farm-to-table concept since day one. He serves up fresh, sustainable seafood and is devoted to sustainability. He resides in Fennville, Michigan.

James O. Fraioli has twenty-four cookbooks and a James Beard Award to his credit. His titles have been featured on the Food Network, *The Ellen DeGeneres Show*, and in the *New York Times*. The author is notorious for teaming up with celebrity chefs, mixologists, and world-renowned restauranteurs to showcase the best the culinary world has to offer. He resides in Redmond, Washington.

Fabien Cousteau is the director of the Fabien Cousteau Ocean Learning Center, a nonprofit dedicated to restoring the world’s bodies of water. He’s also an ocean conservationist and documentary filmmaker. He resides in New York City.
Liza Gershman

DRINK VERMONT
Beer, Wine, and Spirits of the Green Mountain State

Experience the sights, sounds, and flavors that abound throughout this New England gem.

With Vermont’s thriving spirits industry—the state is home to eighteen distilleries, nearly fifty breweries, and more than a dozen wineries—you can find hard apple cider, whiskey, and everything in between.

*Drink Vermont* is an exploration of the flavors, people, and locations throughout the state. Famous for local resources, like maple syrup, and the stunning colors of the fall foliage, Vermont is the perfect destination for an informative and fun sample of recipes, interviews, and reviews of breweries and distilleries.

Traveling north toward the Canadian border, west to the shore of Lake Champlain, into the Northeast Kingdom, through the state’s capital, and the charming small towns of southern Vermont, Gershman takes readers on a visual journey through the seasons as they discover the unique tastes created in the Green Mountain State. Stops along the trip include The Alchemist, maker of the acclaimed Heady Topper (the top beer in America); Hill Farmstead, named the 2015 Best Brewery in the World; and Putney Mountain Winery, where they create wines like Apple Maple, Simply Pear, Rhubarb Blush, Putney Pommeau, Vermont Cassis, and Simply Cranberry using local fruits.

Liza Gershman is an award-winning photographer with a passion for food and travel. Her clients have included celebrity chefs, wineries, beverage brands, and restaurants. Gershman’s work has appeared in numerous publications, including *Food & Wine, The Beer Connoisseur, Tasting Table, Wine Spectator,* and *Drink Me.* The author resides in San Francisco, California.
Cami Graham and Marci Buttars

MASTER THE ELECTRIC PRESSURE COOKER
More Than 70 Delicious Recipes from Breakfast to Dessert

Not your grandma’s pressure cooker!

Cut your cooking time in half! Electric pressure cookers are quick, safe, easy to use, and produce delicious meals your family will love. You can have confidence in your electric pressure cooker as authors Cami Graham and Marci Buttars show you how to get the most out of your appliance. Learn to make a variety of recipes—from perfect grains and homemade yogurt to nutritious veggies and tender, fall-off-the-bone meats. Try more than seventy delicious recipes such as:

- Breakfast Peach Cobbler
- Cinnamon Vanilla Applesauce
- Mango Sunshine Jam
- Mexican Stuffed Bell Peppers with Chipotle Lime Sauce
- Quinoa Pizza Bowls
- Spring Green Risotto
- Creamy Broccoli Cheddar Soup
- Herbed Fingerling Potatoes
- German Chocolate Cheesecake
- Homemade Ricotta Cheese
- Marinara Sauce

In addition to yummy recipes, this cookbook will show you how to get familiar with your appliance, modify recipes, adjust cooking time, and troubleshoot common issues. With Master the Electric Pressure Cooker, you’ll be a pro faster than your kids can ask what’s for dinner!

Cami Graham is mom to four sweet kids and wife to a wonderful husband. She has a teaching degree in family and consumer science education. Through her blog, TIDBITS, she shares inspiration for do-it-yourself living, home décor, recipes, and lifestyle tips. Cami and her family reside in the small town of Richmond, Utah.

Marci Buttars has a master’s degree in nursing and works as a family nurse practitioner with an emphasis in pediatrics. In addition to cooking and experimenting in the kitchen, she enjoys motorcycle adventures with her husband, running, arts and crafts with her three children, and gardening. She resides in the small town of Cove, Utah.

Co-op available

$22.99 hardcover (Can. $35.99)
World (W) • CQ 24
ISBN 978-1-68099-300-4
7 ½" x 9 ½" • 286 pages
120 color photographs
Cooking
SEPTEMBER
Dietary Guidelines for Americans 2015–2020 provides the government’s most up-to-date information on diet and health in order to help all children and their families consume a healthy, nutritionally adequate diet.

Previous editions of the Dietary Guidelines focused primarily on individual dietary components of the food pyramid, such as dairy, meats, fruits, and vegetables. However, a growing body of new research has examined the relationship between overall eating patterns, health, and risk of chronic diseases, as well as its findings on these relationships are sufficiently well established to support dietary guidance. As a result, eating patterns and their food and nutrient characteristics are a focus of the recommendations in the 2015–2020 Dietary Guidelines. This edition provides guidelines for the seven million Americans who follow vegetarian diets—a number that has tripled in the last ten years.

The information in the Dietary Guidelines is used in developing federal food, nutrition, and health policies, educational materials, and programs. These guidelines are a necessary reference for policymakers and nutrition and health professionals, and a great resource for parents who strive to create a healthy lifestyle for their families. Additional audiences who may use Dietary Guidelines’ information to develop programs, policies, and communication for the general public include businesses, schools, community groups, media, food industry, and state and local governments.

The US Department of Health & Human Services (HHS) strives to enhance and protect the health and well-being of all Americans. The HHS fulfills that mission by providing for effective health and human services and fostering advances in medicine, public health, and social services.

The US Department of Agriculture (USDA) provides leadership on food, agriculture, natural resources, rural development, nutrition, and related issues based on public policy, best available science, and effective management.
How to curtail our current overfat pandemic!

Research demonstrates that up to 76 percent of the world’s population—or 5.5 billion people—are overfat, defined as having sufficient excess body fat to impair health. This includes nearly 90 percent of Americans—one of the highest percentages worldwide.

In The Overfat Pandemic, Dr. Philip Maffetone reveals common misconceptions regarding the real meaning of “overfat,” factors that helped cause this global pandemic, and ways individuals can remedy the situation with the proper food and exercise. Other major points in the book include:

- The distinction between “overweight” and “overfat”
- How normal-weight people can be overfat
- Why those who exercise can still be overfat, including athletes
- Why waist measurement is better than the bathroom scale
- How individuals can take charge of their body fat
- How the overfat pandemic can be remedied through simple lifestyle changes and without diets

As little as 14 percent of the world’s population has a normal body-fat percentage, and that number may be shrinking. This book aims to curtail the overfat epidemic by exposing a decades-long problem and offering a research-based, practical solution to help prevent and treat it.

Dr. Philip Maffetone has been a private practitioner, health and athlete coach and consultant, published independent researcher, respected pioneer in the field of complementary sports medicine, and internationally recognized educator and author in the fields of nutrition, biofeedback, exercise physiology, and athletic training over the course of his forty-year career. Since 1977, he has used the term “overfat” and has recommended low-carbohydrate and healthy fat eating. He resides in Oracle, Arizona.
Finding positive birth stories can be hard, but finding positive birth stories that take place at home are even harder. Most people embarking on potentially life-changing experiences—whether it’s climbing Mount Everest or becoming a parent without the aid of a modern hospital—obsessively read and research every possible scenario. The unknowns of home birth create a void that can only be filled with the knowledge and shared experiences of others. *The Many Faces of Home Birth* fills that void.

With an exciting collection of personal narratives, *The Many Faces of Home Birth* sheds light on the varied and fascinating experiences of women choosing home birth. Anyone even remotely interested in home birth will want to pull up a chair and witness one of the most intimate moments in each family’s life. From the Redwoods of California to a converted cowshed in Ireland, readers will not only be entertained, but also exposed to what home birth really feels, looks, and sounds like. Expectant parents will come away with a deep understanding and sense of security that if others have done this, they can, too.

Shantel Silbernagel hung up her teaching hat after five fulfilling years to fully commit to writing a positive, encouraging book for any woman interested in home birth. Little did she know she would strike a chord with hundreds of women from around the world who were eager to share and hear positive home birth stories. Shantel had all three of her children at home, and knows all too well the stereotypes that go with that choice. Her goal is to shatter those preconceived notions with positivity, inclusiveness, and honesty. She resides in Vancouver, Washington.
GOING BEYOND MOM
How to Activate Your Mind, Body & Business After Baby

Born out of her popular website Beyond Mom, Randi’s book is a guide for mothers looking to jump-start their business ideas by finding connection from within. The 1.2 million women in America each year who choose not to return to traditional work after having children have found themselves filled with an unexpected creative energy, but lack the knowledge and network to tap it.

With the support of the Beyond Mom community behind you, Randi provides the guidance and the tools women need to find their strength, body, and mind, thus laying the integral foundation to bring entrepreneurial ideas to fruition. Her distinct approach is as practically accessible as it is holistic—a former yoga teacher who also possesses a decade of experience as an acting CEO, she knows that personal well-being is critically connected to any thriving business venture. Because the first step to personal wellness and idea growth begins with you.

In addition, each chapter features an interview from the Beyond Mom network of celebrity moms, successful businesswomen, and clients, like bestselling author and coach Alexandra Jamieson, renowned psychotherapist Terri Cole, IntenSati founder Patricia Moreno, and author/anthropologist Wednesday Martin, just to name a few. Honest, smart, and relatable, Randi provides wisdom and encouragement to build entrepreneurs (who are also moms) from deep within!

Randi Zinn is the founder of Beyond Mom and BeyondMom.com, where she encourages moms to embrace the gifts of motherhood, but also to cultivate a life beyond, one that expresses all they are as individuals: creators, businesswomen, thinkers, friends, and so much more. She graduated from Skidmore College, then moved to New York City to pursue a master’s degree in media studies and film at The New School. Using her background in business and media, and the expertise she developed in the health and wellness fields, Randi has helped thousands of moms build their enterprises (while keeping their sanity) from the ground up. She lives in New York City.
**Discover how to make the divorce process less painful for your children.**

Divorce has devastating effects on children. Yet for divorcing parents who carefully consider and manage the intricacies associated with this difficult time, both parents, as seen from the child’s perspective, can remain as loving and supportive as they ever were.

*Parenting Through Divorce* concisely lays out the specific emotions and reactions parents need to anticipate from their children while going through separation, divorce, and its aftermath. Rather than weighing parents down with complicated plans, confusing information, and legal terminology, this book takes a commonsense approach, providing readers in a state of emotional distress with the practical, down-to-earth advice they need to sensibly and comfortingly guide their children through this often painful process.

Covering the most common mistakes divorcing parents tend to make, as well as addressing special issues that come up for kids of different age groups, this book helps you retain a strong, healthy, and loving environment for your child, even in the midst of change. This is a much-needed repository of wisdom and practical counsel for any family going through a time of heightened feelings and fragile relationships.

Lisa René Reynolds, PhD, is a therapist specializing in marriage counseling and therapy with families going through divorce. She has master’s and PhD degrees in marital and family therapy, and is dual-licensed in Connecticut and New York State. Her past nonfiction books include *Coming Out and Covering Up: Catholic Priests Talk About the Sex Scandals in the Church*. Her fiction work, *Who Holds the Torch for Eddie?*, on the eerie and infamous (Edgar Allen) Poe Toaster ritual is available as an ebook. Reynolds resides in Connecticut.

“Gives clear, straightforward advice for dealing with both common and complex issues faced by most parents during this challenging transition.”

—Daniel J. O’Connor, EdD, former president and CEO, Connecticut Council of Family Service Agencies
At the beginning of his physical transition from female to male, then-seventeen-year-old Skylar Kergil posted his first video on YouTube. In the months and years that followed, he recorded weekly update videos about the physical and emotional changes he experienced. Skylar’s openness and positivity attracted thousands of viewers, who followed along as his voice deepened and his body changed shape. Through surgeries and recovery, highs and lows, from high school to college to the real world, Skylar welcomed others on his journey.

Before I Had the Words is the story of what came before the videos and what happened behind the scenes. From early childhood memories to the changes and confusion brought by adolescence, Skylar reflects on coming of age while struggling to understand his gender. As humorous as it is heartbreaking and as informative as it is entertaining, this memoir provides an intimate look at the experience of transitioning from one gender to another. Skylar opens up about the long path to gaining his family’s acceptance and to accepting himself, sharing stories along the way about smaller challenges like choosing a new name and learning to shave without eyebrow mishaps.

Revealing entries from the author’s personal journals as well as interviews with his mother, brother, and friends lend remarkable depth to Skylar’s story. A groundbreaking chronicle of change, loss, discovery, pain, and relief, Before I Had the Words brings new meaning to the phrase “formative years.”

Skylar Kergil is a transgender activist, YouTube personality, singer-songwriter, and artist. His videos, which offer an honest and thorough look at the process of gender transition, have educated, uplifted, and inspired thousands. Skylar is a recipient of the Trevor Project Youth Innovator Award and lives in Jamaica Plain, Massachusetts.
Are you wrestling with questions surrounding your gender that just don’t seem to go away? Do you want answers to questions about your gender identity, but aren’t sure how to get started?

In this groundbreaking guide, Dara Hoffman-Fox, LPC—accomplished gender therapist and thought leader whose articles, blogs, and videos have empowered thousands worldwide—helps you navigate your journey of self-discovery in three approachable stages: preparation, reflection, and exploration.

In You and Your Gender Identity, you will learn:

- Why understanding your gender identity is core to embracing your full being
- How to sustain the highs and lows of your journey with resources, connection, and self-care
- How to uncover and move through your feelings of fear, loneliness, and doubt
- Why it’s important to examine your past through the lens of gender exploration
- How to discover and begin living as your authentic self
- What options you have after making your discoveries about your gender identity

Dara Hoffman-Fox is a licensed professional counselor and gender therapist in private practice. Dara frequently serves as a resource on transgender issues for the media, and her blog and videos are read and viewed around the world. She runs a private practice in Colorado Springs, Colorado.

“I wish a book like You and Your Gender Identity: A Guide to Discovery had been available when I began to question my gender identity. . . . Had I been exposed to the concepts found within these pages back then, I might have been spared some of the intrapersonal and interpersonal struggles that ensued.”—Zander Keig, LCSW
Is there a foolproof way to reduce stress and anxiety while you boost your memory? Raise your IQ, even as you slow down the aging process? Become more creative and train your ability to focus at the same time? The answer is simple: Move! Modern neuroscience and research has shown, more than ever, that physical exercise has extraordinary effects on our cognition.

Physical activity, more so than Sudoku or crossword puzzles, optimizes our mental abilities and health in a way unparalleled by any drug, medication, or food supplement. And exercise doesn’t just enhance your health, energy and mood levels, and cognitive abilities. You will also learn:

- Why physical training is the best protection against dementia
- What type of exercise can be used to treat depression as an antidepressant
- How exercise increases the ability to focus in children, especially kids with ADHD
- How children with good fitness can become better in math and reading comprehension
- Why “runner’s high,” the natural chemicals released during jogging, improves your health and mood

With practical and concrete advice for the layman on how to reap these benefits, as well as neuroscientific research from the last five years broken down with accessible findings, The Real Happy Pill urges you to train your body and mind for a whole-body upgrade, and start to move!

Anders Hansen is a physician and psychiatry specialist from the Karolinska Institute. He has published more than two thousand articles on medical science. He is the author of Prescription for Health. Hansen lives in Stockholm, Sweden.

“In an exciting and insightful way, [The Real Happy Pill] brings to the fore the science of exercise for the brain.” —Carl Johan Sundberg, MD, PhD

“A fascinating read.”—Martin Lorentzon, cofounder of Spotify
Richard Moskowitz, MD

VACCINES
A Reappraisal

A thoughtful discussion of vaccine safety from a Harvard-educated family doctor.

Dr. Richard Moskowitz, a Harvard-educated MD with more than forty-five years of clinical experience treating children, examines vaccines and our current policy regarding them. Offering an ensemble of observed facts, clinical and basic science research, news reports from the media, and actual cases from his practice, Dr. Moskowitz provides an overview of the subject in a respectful and thoughtfully reasoned manner.

He shows how vaccines, by their very nature, have a major downside that has largely been ignored and is built into their design and explores how it is reckless to continue mandating them until their dangers are taken seriously, understood in a broader context, and assessed in a more careful and systematic fashion.

He also presents evidence that the risks of vaccination are compounded by the concerted efforts of pharmaceutical companies, the CDC, and the doctors who speak for them to keep them hidden.

Writing with a sense of urgency, Dr. Moskowitz advocates for making vaccines optional, while the country seems to be moving in the opposite direction. He believes that parents should be able to exercise their moral and legal right to choose which treatments are appropriate for their children, and which diseases, if any, to vaccinate their children against. Above all, he hopes to promote a healthy debate and to encourage more of the rigorous scientific work that still needs to be done.

Richard Moskowitz, MD, is a Harvard-educated doctor with a private practice in family medicine. He serves on the boards of the American Institute of Homeopathy, American Holistic Medical Association, and Physicians for a National Health Program. He resides in Boston, Massachusetts.
Matt Bendoris

WICKED LEAKS
A Thriller

A wickedly funny thriller about a website leaking government secrets, a man who claims to have killed Princess Diana, and a nurse on the run for her life.

Assigned to care for a terminally ill patient who claims to have killed Princess Diana, nurse Kelly Carter dismisses him as nothing more than a delusional fantasist. But Monahan has proof, and directs Kelly to an abandoned garage, where she discovers a beaten-up white Fiat Uno with French license plates matching the description of the vehicle that has eluded the British and French authorities for decades. When the garage goes up in flames minutes after her visit, Kelly realizes that she’s involved in something more dangerous than just caring for a patient.

Meanwhile, mismatched journalists April Lavender and Connor Presley are involved in the investigation of a shadowy website leaking nasty government secrets on a daily basis. When beastshamer.com threatens to reveal the truth about Diana’s death, April and Connor begin to investigate in hopes of finding their next front-page story. After two deadly explosions lead them right to Kelly, all three set out to uncover the truth surrounding the death of the beloved princess—before Kelly becomes the next victim in a deadly cover-up that goes all the way up to England’s MI5.

Matt Bendoris has been a journalist since 1989, first as a pop culture columnist before becoming a staff features writer for *The Mirror* and *The Sun*, and was shortlisted for the Scottish Press Interviewer of the Year and named the Scottish Newspaper Society’s Arts/Entertainment Writer of the Year in 2016. He is the author of two previous books, *Killing with Confidence* and *DM for Murder*, which was shortlisted for the Bloody Scotland Crime Book of the Year in 2015. He currently lives in Scotland with his wife and two children.

“Great characters—delightfully engaging!” —Diana Gabaldon, author of the *New York Times* bestselling Outlander series

“A swift-moving conspiracy thriller with an explosive plotline, sparky dialogue, and a dash of controversy.” —Douglas Skelton, author of *The Dead Don’t Boogie*

“Thrills, action, and conspiracy, Bendoris’s best yet.” —Mason Cross, author of the Carter Blake series

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SEPTEMBER
M. Dressler

THE LAST TO SEE ME
A Novel

For readers of Lauren Oliver and Alice Sebold, a sophisticated, literary ghost story that reminds us the past is never, ever forgotten.

In a small logging town in northern California, young Emma Rose Finnis was born and died. Now, no one remembers her hardworking life and her grand dreams—but she remembers. She remembers everything. Emma Rose is still here, one hundred years after her death . . . and she doesn’t plan on leaving.

But when a determined hunter arrives with instructions to “clean” Emma Rose out of her haunt, the stately Lambry mansion, death suddenly isn’t the worst fate imaginable. Emma Rose refuses to be hounded from the only place she’s ever found peace, even if it means waging a war on the living . . . and the dead.

Lyrical and haunting, this spellbinding American ghost story alternates between Emma Rose’s life and afterlife as the past and present become entwined in a compelling tale of love, loss, and will over a century in the making.

M. Dressler is the author of three well-praised novels, editions of which have appeared in France, Holland, and Turkey. Her recent work has appeared in Creative Nonfiction and Literary Hub. She’s been the writer in residence at the Carson McCullers Center in Georgia and enjoyed various writing fellowships in the West, in Texas, and in the Southeast. Currently she is a professor and writer in residence at Guilford College. She lives in Greensboro, North Carolina.

Praise for M. Dressler:

“A natural-born storyteller.” — Library Journal

“Splendid.” — The New York Times

“Elegantly imagined, original, finely tuned work.” — Miami Herald

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SEPTEMBER
John Babb

**ORPHAN HERO**

A Novel of the Civil War

The epic tale of a young man’s struggle to survive a journey across America.

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Blamed for the death of his mother, left behind when his father departed for the 1848 California gold rush, and threatened with being locked in a cage with his stepmother’s psychotic brother, eight-year-old Benjamin Franklin “B. F.” Windes decides to leave his Indiana home and retrace his father’s path across the country in the hopes of finding him. Thus begins a decades-long saga of hardships, disease, severe weather, Indian attacks, solitude, and sudden death on his journey across much of what will become the United States.

Arriving in California, B. F. spends the next eleven years in booming gold-rush towns, first as a barber, then as a physician’s assistant, before departing for the Caribbean at age nineteen, where he becomes a blockade-runner during the American Civil War. At war’s end, he discovers that the men he had been dealing with were nothing more than common murderers and thieves—bushwhackers. At war’s end, B. F. travels to the Missouri Ozarks, where he meets the girl of his dreams. But their romance is threatened when he finds himself battling a man from his past in order to safeguard his family and his future.

*Orphan Hero*, based on the life of the author’s great-grandfather in the mid-nineteenth century, is a moving tale of courage and perseverance in the face of incredible hardship.

John Babb is a former US assistant surgeon general as well as a retired rear admiral in the US Public Health Service. His background has allowed him to accurately portray some of the primitive medical techniques and remedies as well as curative folk practices of the 1850s. He lives in Tennessee with his wife, Victoria.

“A surreal historical journey... The reader will be able to feel, touch, smell, and taste America as it was. Don’t miss this trip.” —Richard Carmona, MD, MPH, FACS, seventeenth US surgeon general

“I found myself laughing and crying my way through this exceptionally well-written book.” —Corporal James Minor, Co. B, twenty-sixth NC Troops, reactivated, Army of Northern Virginia
Sometimes life throws you a curve. Then, a changeup. Followed by a fastball, high and tight.

Time for a Heart to Heart is not your typical memoir but is rather eclectic in tone—at times philosophical, poetic, poignant, uplifting, confessional, hysterically funny, and nostalgic. But most of all, it is an inspiring story of the triumph of hope and the human spirit in the face of the direst of circumstances and the ultimate challenge of survival. Survivors of significant heart disease or organ transplants—as well as their families and friends—will appreciate this book.

About a year ago, Bob Mitchell became very sick. He would endure three near-fatal episodes of ventricular tachycardia due to a heart muscle comprised of 54 percent scar tissue, as well as heart surgeries, two harrowing months of waiting on the transplant list for a new heart on life-supporting IV drips (during which time a malignant tumor was detected in his kidney), partial nephrectomy surgery to remove the cancer, another month of waiting, twelve-hour heart and kidney transplant surgery, and one hundred days on life support in four different hospitals.

Time for a Heart to Heart is at its core both a thought-provoking, introspective monologue, and an intimate dialogue with the reader, concerning life’s fundamental conflicts that the author pondered during his ordeal. These experiences and tribulations gave clarity and perspective to the things Bob had been thinking, teaching, and writing for more than five decades: fear and hope, despair and joy, failure and success, pride and humility, thought and feeling, control and surrender, arbitrariness and justice, constriction and freedom, youth and age, life and death.

Bob Mitchell studied at Williams, Columbia, and Harvard, where he earned a PhD in French and comparative literature. He has had careers as a French professor, a professional athlete, an advertising creative director, and a novelist. He is the author of eleven books, including the acclaimed sports novels Match Made in Heaven and Once Upon a Fastball. He lives in Carlsbad, California, with his wife, Susan Love, an artist.

Larry King is an award-winning television and radio host and the author of several books, including My Remarkable Journey and Taking on Heart Disease. He had suffered heart disease for years and survived a major heart attack before having quintuple bypass surgery. He lives in Beverly Hills, California.
Over the years, some very smart people have thought they understood the rules of chance—only to fail dismally. Whether you call it probability, risk, or uncertainty, the workings of chance often defy common sense. Fortunately, advances in math and science have revealed the laws of chance, and understanding those laws can help in your everyday life.

In Chancing It, award-winning scientist and writer Robert Matthews shows how to understand the laws of probability and use them to your advantage. He gives you access to some of the most potent intellectual tools ever developed and explains how to use them to guide your judgments and decisions. By the end of the book, you will know:

- How to understand and even predict coincidences
- When an insurance policy is worth having
- Why “expert” predictions are often misleading
- How to tell when a scientific claim is a breakthrough or baloney
- When it makes sense to place a bet on anything from sports to stock markets

A groundbreaking introduction to the power of probability, Chancing It will sharpen your decision-making and maximize your luck.

Robert Matthews is one of Britain’s most experienced and successful science writers and broadcasters. He has won numerous awards for his writing, including the Association of British Science Writer’s Feature Writer of the Year award, and also won an Ig Nobel Prize for showing why toast tends to land butter-side down. He is currently a visiting professor at Aston University, where he specializes in probability and statistics. Matthews lives in Birmingham, England.

“Matthews has the knack of explaining things clearly for the non-specialist, leavening the formula with intriguing snippets of history and biography.”
—Ian Critchley, Sunday Times
**NOT FOR TOURISTS GUIDE TO NEW YORK CITY 2018**

With details on everything from the Empire State Building to Max Fish, this is the only guide a native or traveler needs.

The *Not For Tourists Guide to New York City* is a map-based, neighborhood-by-neighborhood dream guide designed to lighten the load of already street-savvy New Yorkers, commuters, business travelers, and yes, tourists too. Each map is marked with user-friendly icons identifying NFT’s favorite picks around town, from essentials to entertainment, and includes invaluable neighborhood descriptions written by locals, highlighting the most important features of each area.

The book includes everything from restaurants, bars, shopping, and theater to information on hotels, airports, parks, transportation, and landmarks. Need to find the best pizza places around? NFT has you covered. How about a list of the top vintage clothing stores in the city? We’ve got that, too. The nearest movie theater, bakery, or coffee shop—whatever you need, NFT puts it at your fingertips. This pocket-sized book also features:

- A foldout map for subways and buses
- More than 130 city and neighborhood maps
- Details on parks and places
- Listings for arts and entertainment hot spots

It is *the* indispensable guide to the city. Period.


“For people who don’t want to be seen carrying a guidebook.” —*New York Times*

“A series of guides designed to make you feel like a local.” —*CNN*

“This one guidebook you won’t find in the fanny pack next to the wet wipes.” —*Entertainment*
With a distance of approximately four thousand miles by land between China and ancient Rome, filled with foreboding deserts and fierce mountains, traveling between the two regions was a treacherous and often life-threatening trip. China’s Silk Road was instrumental in opening up a world that had never been experienced before, linking the exotic East to the development of the West.

Today, much of the Ancient Silk Road passes through present-day war zones and countries once shrouded under the impenetrable Iron Curtain. To this day, China offers the most protected and visited site on the route, with 3,100 miles of the Silk Routes Network of the Chang’an-Tianshan Corridor featured in the UNESCO World Heritage list. This portion of China, rich with centuries of culture, includes remote sections of the Great Wall, markets, temples, palaces, and more.

The future holds promise, as railway, road, and pipeline extensions are underway to create the new Silk Road Economic Belt, expanding to include trade routes to Poland, Georgia, Azerbaijan, Kazakhstan, Russia, Tajikistan, Sri Lanka, and Indonesia, making it the largest global trade route of our age.

Photographer Liza Gershman takes you along on her journey to visit this once prolific passageway, central to the country’s global presence and a cultural essence woven by mystery, legend, and thousands of years of history.

Liza Gershman is an award-winning photographer, writer, and seasoned world traveler with a passion for food, people, and culture. She has had the opportunity to photograph in more than twenty-seven countries and forty-six US states during her career. The author resides in San Francisco, California.
Scott Becker

TSA BAGGAGE

An Inside Look at the Good, the Bad, and the Ugly at America’s Airports

A hilarious, informative, and occasionally horrifying collection of anecdotes, vignettes, and stories about life working at one of the world’s largest airports.

Scott Becker spent more than twelve years working for the TSA at Chicago’s O’Hare airport and served it in numerous capacities, from baggage screener to manager. He brings to TSA Baggage a wealth of experience and stories that have something for everyone:

- Candid Cameos: Several stories in TSA Baggage feature appearances from celebrities, including Madeleine Albright, Patch Adams, and the Kardashians.
- Behind-the-Scenes Look: For anyone who’s ever wondered what happens in the parts of airports hidden from a view or during a shift at a security check, this book provides firsthand accounts of the inner workings of airports and the people who keep them humming.
- Laugh Track: Airports seem to attract the misguided, confused, and weird, and this provides for plenty of laughs, whether its passengers attempting to bring grenades in their luggage or trying to skip through security in a drunken tizzy.
- Travel Warning: This book can also be a great guide to dos and don’ts for all future travelers, with tips from someone who’s seen everything that can go right and wrong at an airport.

Travel brings out the good, bad, and ugly in everyone, and TSA Baggage captures all of it for readers from a firsthand witness to the whole circus. Strap in and get ready for a great read.

Scott Becker was a member of the first class of recruits for the Transportation Security Administration in the wake of the 9/11 attacks. He joined in November 2002, at O’Hare International Airport. Despite a lengthy career in business, he started his tenure with the TSA as a baggage screener. He was quickly promoted to acting supervisor, supervisor, and eventually manager. He has extensive public speaking experience and continues to work in the field of conflict mediation, which he learned during his tenure at the TSA. He currently lives in Chicago with his wife.
THE WRITING ON THE WALL
Rediscovering New York City’s “Ghost Signs”

A photographic and historical record of the city’s vanishing advertisements.

As the great city of New York moves, changes, and evolves every day, the few remnants of its past go unnoticed. New York City’s “ghost signs”—advertisements painted across the facades of buildings that date back to the nineteenth century—are often invisible to the busy New Yorker, but defiantly conspicuous if only we turn our eyes and look upwards. These faded representations of the city’s rich economic and social history are slowly disappearing before our eyes, but not before they were captured by this photographer’s lens.

At the tender age of sixteen, Ben Passikoff roamed Manhattan with his camera to document these fascinating signs—hand-painted messages written all over the city. This photographic collection features signs painted in the 1800s as well as in the twenty-first century; signs that advertise funeral homes, meat, and underwear; signs stretched across iconic buildings; and even signs that are no longer legible. Using his photographs as a looking glass into the past, Passikoff provides insightful commentary on the economic, social, and historical significance of commerce in New York City—and its vanishing ghost signs, now preserved in this photographic record.

Ben Passikoff started photographing old advertisements in and around his birthplace of New York City in high school. The Writing on the Wall was first launched at the New-York Historical Society, where his photos now reside in the archives. He is the youngest contributor in the Society’s 212-year history. Ben works as a freelance writer and filmmaker in New York City.

James Trager, born in 1925, was an encyclopedist best known for his historical books, such as The People’s Chronology, The Food Chronology, and The New York Chronology. He died in New York City in 2012.

“Passionately sought out and photographed . . . the most exciting visual concept for a book about New York in many a year.” —George Lois, legendary adman and designer for Esquire

“A quiet unassuming gem of a book that . . . offers up a procession of memories floating on the surface of the present.” —Benno Schmidt, chairman of the board of CUNY
Esports is one of the fastest growing—and most cutthroat—industries in the world. A confluence of technology, culture, and determination has made this possible. Players around the world compete for millions of dollars in prize money, and companies like Amazon, Coca-Cola, and Intel have invested billions. Esports are now regularly played live on national TV. Hundreds of people have dedicated their lives to gaming, sacrificing their education, relationships, and even their bodies to compete, committing themselves with the same fervor of any professional athlete. In Good Luck Have Fun, author Roland Li talks to some of the biggest names in the business and explores the players, companies, and games that have made it to the new major leagues.

Follow Alex Garfield as he builds Evil Geniuses, a modest gaming group in his college dorm, into a global, multimillion-dollar eSports empire. Learn how Brandon Beck and Marc Merrill made League of Legends the world’s most successful eSports league and most popular PC game, on track to make more than one billion dollars a year. See how Twitch.tv pivoted from a video streaming novelty into a one-billion-dollar start-up on the back of professional gamers. And dive into eSports’ dark side: drug abuse, labor troubles, and for each success story, hundreds of people who failed to make it big. With updates on recent developments, Good Luck Have Fun is the essential guide to the rise of an industry and culture that challenge what we know about sports, games, and competition.

Roland Li is an Oakland-based journalist whose work has appeared in the Wall Street Journal, New York Times, New York Observer, and Interview magazine. He was born in Beijing in 1988. After briefly being a premed major, he studied journalism and history at NYU and spent eight years in New York before moving to the West Coast in 2015. He has been gaming since Warcraft: Orcs & Humans was released in 1994, and his favorite Dota 2 hero is Visage.

“[Good Luck Have Fun] will be of interest to ardent gamers [and] readers interested in the genesis of a new sport.” —Booklist

“A fascinating collection of stories from the frontline of the emerging world of eSports.” —T. L. Taylor, professor at MIT, author of Raising the Stakes: E-Sports and the Professionalization of Computer Gaming
SO YOU WANT TO BE A LAWYER
The Ultimate Guide to Getting In to and Succeeding in Law School

The guide every lawyer-to-be needs, now updated and revised.

This definitive reference takes you through the process of becoming a lawyer, examining each phase in a helpful and easy-to-understand narrative. Practice solving legal problems as law students would in law school and lawyers might in an actual courtroom. Find out how to get into law school. And there’s much more:

- Advice on how to select a law school, along with names and addresses of American Bar Association (ABA)—approved law schools
- An explanation of the law school admissions process and ways to improve your chances of getting in
- Practical exercises and advice that will give you a head start over other first-year law students
- Information about career opportunities as a lawyer

Written by three experienced lawyers, not only will this book prepare you for law school, but it will also become your trusted guide on the path to becoming a successful lawyer.

Lisa Fairchild Jones, Esq., is an attorney, author, and technology CEO. She practiced law in New York at CBS and at the firm of Debevoise & Plimpton. Her areas of expertise include leveraged buyouts, real estate finance, and entertainment law. She lives in Washington, DC.

Timothy B. Francis, Esq., is a graduate of Tulane Law School, where he served as president of his class. He currently practices law in New Orleans at the Sher Garner Firm. His practice is focused on complex commercial litigation. He lives in New Orleans.

Walter C. Jones, Esq., graduated from Harvard Law School and began his legal career at Sidley & Austin, where he worked on leveraged buyout transactions. He was also general counsel of an asset management firm and has handled legal issues for businesses in the United States and abroad. He lives in Silver Spring, Maryland.

“The handbook for every prospective law student.” —Pascal Calogero, Jr., retired chief justice of the Louisiana Supreme Court
For the better part of the nineteenth century, Queen Victoria was in power over Great Britain and Ireland, among the other areas under the control of the British Empire. Her period of rule became known as the Victorian era, during which Britain flourished economically, socially, and politically, and great advancements were made in both the military and scientific fields.

Focal point of the forthcoming 2017 film Victoria and Abdul, Queen Victoria has long been a subject of great interest and controversy to the public. This new, affordable edition of Queen Victoria, the classic work by famed adventure writer G. A. Henty, examines the life of the noted monarch just after her death in 1887. The story tells of the most important events, both personal and political, during her reign in impeccable detail and captivating prose.

G. A. Henty was a prolific English writer and war correspondent. He was born December 8th in England and spent most of his childhood in bed battling various illnesses. After attending university, Henty accepted an offer to be a special correspondent during the Crimean War. During his career as a writer he wrote and published more than 120 works of historical fiction, claiming most of his fame for his adventure stories, which include The Cat of Bubastes, In Freedom’s Cause, and Wulf the Saxon. He passed away in November of 1902.
Herb Reich

LIES, HALF-TRUTHS, AND MORE LIES
The Truth Behind 250 “Facts” You Learned in School (and Elsewhere)

Don’t be fooled by the lies you were taught in school!

History is replete with stories of great people and extraordinary events that either never happened or didn’t happen the way we were told they did. Such news or embellishment thereof are part of what we consider common knowledge—information taught in schools and passed down to us. And they are wrong. How about these gems:

- The winter of 1777–78 was the coldest winter in Valley Forge in years, and many Continental soldiers died from the sub-zero weather: LIE
- Mohandas Gandhi held a lifelong belief in nonviolence, which characterized the struggle for Indian independence: LIE
- The atomic bombings of Hiroshima and Nagasaki were the most destructive air strikes against Japan during World War II: LIE

Lies, Half-Truths, and More Lies is a humorous, witty, and charming collection of anecdotes surrounding history, pop culture, and more. It is a book that will have readers questioning what they’ve learned or been told, and, for these 250 facts anyway, the book advises you: don’t you believe it!

Herb Reich is the author of the Skyhorse title Lies They Teach in School: Exposing the Myths Behind 250 Commonly Believed Fallacies. He edited The Odyssey Scientific Library, contributed to The Random House Dictionary of the English Language and the Corsini Encyclopedia of Psychology, and spent two years as a staff writer with NBC-TV. He lives in Hastings-on-Hudson, New York.

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World (W) • CQ 30
5 ½” x 8 ¼” • 176 pages
Reference
SEPTEMBER
Justin Sedgwick

HAVE YOU HEARD THE ONE ABOUT . . .
More Than 500 Side-Splitting Jokes!

Have trouble finding things to talk about with people? Feeling awkward amidst a tense moment or gap in conversation? Do you need some comic relief? Good news: Your arduous search for the holy giggle ends with this book.

Have You Heard the One About . . . includes more than 480 pages of gut-busting jokes and amusing anecdotes that readers can memorize and add to their conversational repertoire. These jokes, with their charming wit and large variety of subject matter, are sure to get a chuckle from even the most miserable human beings!

So grab a copy with Have You Heard the One About . . . It’s the perfect humor reference to study before any party or occasion, or when you feel the need for a good hoot or a ha-ha. Start filling the room with laughter today.

Justin Sedgwick is a writer living in Pasadena, California. When he isn't busy serving up jokes or limericks, you can find him at the movies, the beach, a Billy Joel concert, or Chipotle.

What did the bartender say after Charles Dickens ordered a martini?
“Olive or twist?”

A photon checks in to a hotel.
The bellhop asks, “Can I help you with your luggage?”
It replies, “I don’t have any. I always travel light.”

A man found a magic lamp on the beach. He rubbed it, and out popped a genie, who gave the man three wishes. The man wished for a million dollars, and poof! There was a million dollars. Then he wished for a convertible, and poof! There was a convertible. And then, he wished he could be irresistible to all women . . . Poof! He turned into a box of chocolates.

Why is Christmas just like a day at the office?
You do all the work, and the fat guy with the suit gets all the credit.
Let’s face it: people irritate us. *Hexes for the Modern Age* is a tongue-in-cheek approach to providing these folks with a taste of their own medicine. While inspired by witches’ curses of the past, this is a book of 120 funny spells specific to the smartphone-toting, overworked, hipster-drenched reality of the present day.

Organized by category—love, traffic, work, pets, weddings, and so on—each hex is accompanied by an irreverent, Demetri Martin–type line drawing.

Spells include:

- “May a full-size parking space that appears to be open actually be taken up by a tiny Vespa scooter . . . but only when you’re already running super late.”
- “May you mess up trying to give someone a fake phone number and accidentally give them your actual number.”
- “May you start turning into your parents way earlier than you expected.”
- “May you watch in dismay as your Uber goes in the wrong direction on the little map and you get close to missing your flight.”
- “May all the cords to your electronics become entangled in a massive death coil.”
- And many, many more!

This small book, with a spell and illustration on every page, is perfect for anyone who wants a little modern-day revenge.

**Val Brains** is a humorist and illustrator who performs stand-up comedy on the side. Her consulting business, Valbrains (valbrains.com), helps clients tap into creativity through play. She lives in Austin, Texas.
Jerome S. Meyer

PUZZLES, GAMES, AND TRICKS
Understanding the Mystery and Magic of Numbers

Fun number activities and games for everyone!

How big is one billion? If you had a billion dollars and invested it in a business that lost a thousand dollars a day, do you know how long it would take you to go broke? Answer: Two thousand years! If the pen on your desk were enlarged a billion times, the point would be longer than the Mississippi River and the cap would be big enough to enclose the Earth. These are the types of cool facts that you can learn from this intriguing book.

Although few of us really understand figures greater than a few thousand, we live in a vast world of numbers. Puzzles, Games, and Tricks confronts this world in a fun, informative, and accessible way. Contained within its pages is a gold mine of information for readers to absorb and comprehend, including mathematical puzzles, formulas, games, and tricks that will captivate readers young and old.

Author Jerome Meyer provides a fascinating and amazing key to the magic world of numbers. Readers will find Puzzles, Games, and Tricks one of the most readable books on mathematics ever published.

Jerome S. Meyer wrote more than fifty books for adults and children on subjects that ranged from science to games and entertainment, including Fun with the New Math, The Elements: Builders of the Universe, and Mind Your P's and Q's, a book of graphology. He lived in New York and passed away in 1975 at the age of eighty.
Max Morris

THE SMART WORDS AND WICKED WIT OF WILLIAM SHAKESPEARE

A pocket quote book of the indispensable wisdoms from William Shakespeare.

“Better a witty fool, than a foolish wit,” said the world’s greatest and most preeminent English writer of all time, William Shakespeare.

Have you ever wanted to quote the most quoted writer in the English language? Deliver the most inventive and debasing Shakespearean insult (“Would thou wert clean enough to spit upon!”)? Recite titillating love poetry like a modern-day Romeo to his (or her) Juliet? Or commit a learned wisdom about life’s woes to memory? The Smart Words and Wicked Wit of William Shakespeare is the perfect pocketbook to carry around in your arsenal. Laugh, cry, rage, and muse along with beloved (or not so beloved) Shakespeare characters like Hamlet, Lady Macbeth, King Lear, and Cleopatra on the topics of love, art, beauty—as well as life’s most irreverently relevant insights.

Full of savvy wisdoms from works such as Twelfth Night, Othello, A Midsummer Night’s Dream, As You Like It, and many others, this inspiring collection compiles the wisest and wittiest Shakespearean quotations that speak of the writer’s enduring legacy—even in contemporary pop culture.

Max Morris is the author of a number of quote compilations, including Classic Love Poems for Mothers and Quotable Dickens. Other books in this series include The Smart Words and Wicked Wit of Jane Austen. Max Morris lives in London, the United Kingdom.

“Brevity is the soul of wit.” —Polonius, Hamlet

“Live a little; comfort a little; cheer thyself a little.” —Orlando, As You Like It

“When we are born, we cry that we are come to this great stage of fools.” —King Lear, King Lear

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SEPTEMBER
Have you ever wondered if it’s okay to touch your turtle? To share your bed? To kiss your cat? Have no fear. *Is It Safe to Kiss My Cat? And Other Questions You Were Afraid to Ask* provides answers to more than 150 of the most burning—and least discussed—questions.

Divided into multiple sections, the book answers questions pertaining to animals, food, health, and everything else! Bestselling author Carol Ann Rinzler addresses those topics that manage to make their way outside the bounds of conversation—the things they never teach you in school. Each section of the book provides factual evidence and logical reasoning in a fun and informative way. No longer will you have to delete your internet history because you’re too ashamed to have searched such a silly question.

- Is it safe to give the dog a bone?
- Is it safe to eat snow?
- Is it safe to eat food off the floor?
- Is it safe to open your eyes when you sneeze?
- Is it safe to dye your hair?

Filled with fun, witty, and informative quips and tips, *Is It Safe to Kiss My Cat* is the go-to resource for those yearning to learn the answers to life’s toughest questions.

**Carol Ann Rinzler** is the bestselling author of more than twenty books on health, including *Leonardo’s Foot*, *Nutrition For Dummies*, 6th edition, *Controlling Cholesterol For Dummies*, 2nd edition, and the award-winning *Estrogen and Breast Cancer*. She wrote a nutrition column for the *New York Daily* for a brief stint. She currently resides in New York City.
Alex Palmer

WEIRD-O-PEDIA
The Ultimate Book of Surprising, Strange, and Incredibly Bizarre Facts about (Supposedly) Ordinary Things

Drinking too much water can kill you (good thing you never drank those eight glasses a day anyway).

Check out the weird and wonderful facts in this massive encyclopedia of alphabetized oddities:

- Humans are the only animals that enjoy spicy food (there’s a reason no one sells Tabasco-flavored cat food).
- Napping can save you from a heart attack (assuming you are not operating heavy machinery at the time).
- Psychologists can assess your personality from how you dip fries in ketchup (nice fries, sociopath).
- Surfing the Internet actually makes you smarter (but not as smart as reading this book will).

Now the next time someone tells you smugly that Pluto isn’t a planet, you can counter with any one of these hundreds of weird facts and remain king or queen of the cocktail (or kegger) chatter.

Alex Palmer has written for the New York Post, Hollywood Reporter, Billboard, the Rumpus, and the Huffington Post, among other publications. He is also the author of Literary Miscellany: Everything You Always Wanted to Know About Literature. He resides in Brooklyn, New York.

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Trivia & Games
SEPTEMBER
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YOU’RE ON!
The Theatre Quiz Book

Test your knowledge with more than 1,700 trivia questions from Sophocles to Shakespeare to Shaw to Shepard.

Are you an avid theatre buff who can name all of Shakespeare’s plays—in chronological order—and reel off the precise number of performances for each of Broadway’s longest-running shows? Or do you see a play or a musical only now and then as a special treat? Either way, You’re On! will tease your brain and tickle your memory. Casual theatergoers and seasoned thespians alike will enjoy the challenge—and maybe learn a few little-known facts about their favorite shows and stars.

- Do you know what the original title of Oklahoma! was and why it was changed?
- About whom did critic Brooks Atkinson said, “He played Mr. Darcy with all the flexibility of a telephone pole?”
- Can you name ten shows in which God appears as a character?
- What famous actor’s last words were “Dying is easy—comedy is hard”?
- Which Broadway star was also an opera singer, a nightclub performer, and a baseball team owner?
- And what character says, “Gin was mother’s milk to her”?

So, lower the houselights and raise the curtain.

YOU’RE ON!

Jim Bernhard is a playwright, lyricist, actor, theatrical manager, and crossword puzzle constructor. He is the author of Final Chapters: How Famous Authors Died and Puns, Puzzles, and Wordplay: Fun and Games for Language Lovers. He resides in Houston, Texas.

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Performing Arts
SEPTEMBER
Stacy Tornio

PLANTS THAT CAN KILL
101 Toxic Species to Make You Think Twice

An informative, easy-to-navigate guide to keeping your family and pets safe in the yard and garden.

Following the success of Plants You Can’t Kill, Stacy Tornio now takes a look at those plants that can actually kill you if you’re not careful. This book will offer up information to gardening enthusiasts of all levels about common plants that are toxic, poisonous, and even deadly. While the level of toxicity varies from each plant, all are considered deadly in one way or another to wild animals, family pets, and even humans.

With its colorful, easy-to-read format, Plants That Can Kill will introduce readers to what these plants look like, smell like, feel like, and sometimes even taste like. Fun facts, interesting tidbits, and history will combine to teach gardeners where these types of plants can be found, how poisonous each one is, and whether these plants are still okay to have in their gardens or if they should be gotten rid of immediately.

Plants featured include many common and attractive species you may receive in bouquets or even decorate your homes with, including daffodils, irises, tulips, jasmine, witch hazel, mistletoe, poinsettias, buttercups, marigolds, and even fruits and vegetables like cherries, rhubarb, and some tomatoes.

Stacy Tornio is a journalist, garden writer, and the former editor of the national magazine Birds & Blooms and is the author of Plants You Can’t Kill. Stacy is also a master gardener and master naturalist herself and the recipient of the National Outdoor Book Award. She runs the website destinationnature.net and resides in Greenfield, Wisconsin.
Kurt Alt and Matthew Eckert

PREDATION ID MANUAL
Predator Kill and Scavenging Characteristics

A field-ready manual for accurately determining and classifying predation from the experts at the Safari Club.

One of the challenges and rewards of being a field biologist is being able recreate a predation event. But that experience is often difficult and frustrating, as time, weather, and other factors can make clues sparse. Even the most careful of investigators can spend hours second-guessing themselves while exhausting every possibility from inconclusive evidence.

The Predation ID Manual is designed to help assuage some of those difficulties by providing the reader with practical, expert advice, including:

• A step-by-step approach for gathering evidence
• Suggestions of what to focus on at carcass site
• A template of terminology to use when classifying a predation
• A guide for investigating and determining signs of hemorrhage
• Signs of kill and kill sites by species, including deer, elk, and lynx
• And dozens more tips

With a waterproof cover and sturdy pages, the SCIF’s Predation ID Manual is a must have for every serious hunter and field biologist.

Kurt Alt worked from 1975 until his retirement in 2010 as a wildlife biologist for the Fish, Wildlife, and Parks Department of Montana. He has also collaborated with biologists from all over the world on hunting and conservation schemes. He lives in Bozeman, Montana.

Matthew Eckert is the director of conservation for the Safari Club International Foundation. He lives in Washington, DC.
Edited by Robert A. Sadowski

**GUN TRADER’S GUIDE TO HANDGUNS**
A Comprehensive, Fully Illustrated Reference for Modern Handguns with Current Market Values

Everything you need to know to buy, sell, and collect handguns.

Gun Trader’s Guide is the bestselling collectible firearms reference, having sold more than two million copies in thirty-eight editions. The guide includes prices for all types of firearms, but what if you are only interested in buying, selling, and collecting handguns? Then Gun Trader’s Guide to Handguns is the book for you! Featuring all your favorite handguns from the original Gun Trader’s Guide, plus hundreds more, this is the only reference you’ll ever need.

Veteran editor and firearms enthusiast Robert A. Sadowski has compiled and cataloged discontinued and collectible handguns from your favorite manufacturers. Complete with specs and price gradients based on the condition of the handgun, collecting and selling your firearms will be easier than ever. Sadowski also provides valuable tips on how to use the guide, as well as articles on various collectible handguns and the art of handgun trading. Also step behind the scenes to learn what dealers are looking for, what they want in your handgun, and what’s required to become a dealer, which should help you when buying, trading, or selling your handguns. Whether you are a first-time handgun owner or a longtime handgun enthusiast, Gun Trader’s Guide to Handguns is an invaluable tool to read before stepping foot in the dealer’s store or attending a gun show.

Robert A. Sadowski has written about firearms and hunting for nearly fifteen years. He is the author of four gun books, editor of several others, and contributor to numerous gun-enthusiast magazines, including Combat Handguns, Black Guns, Special Weapons for Military and Police, Gun Tests, Personal and Home Defense, GunHunter, SHOT Business, and others. He resides in Hampstead, North Carolina.

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250 b/w photographs
Sports/Shooting
SEPTEMBER
Horace Kephart: Foreword by David Nash

CAMPING AND WOODCRAFT
A Handbook for Vacation Campers and Travelers in the Woods

The classic camping guide for outdoors enthusiasts and survivalists.

Originally published in 1906, Horace Kephart’s Camping and Woodcraft: A Handbook for Vacation Campers and Travelers in the Woods stands more than a century later as a classic in outdoors writing. Praised by Field & Stream as “an encyclopedia of living in the open,” it provides expertly detailed answers to hundreds of practical problems that arise on every outing in the great outdoors. Within Camping and Woodcraft, you’ll find tips on:

• Catching and cooking game with minimal effort
• Practical provisions to bring
• Navigating unfamiliar trails and terrains
• Setting up camp
• Useful woodsmanship and marksmanship skills to learn
• And dozens more topics

Delivering timeless instructional wisdom, Camping and Woodcraft belongs on the shelf and in the backpack of every camper, hiker, and outdoor aficionado.

Horace Kephart was a popular American travel writer and librarian during the early twentieth century. During his lifetime, he published several books on the outdoors, including Camping and Woodcraft (1906), Camp Cookery (1910), and Our Southern Highlanders (1913). Kephart was an integral advocate in the creation of the National Parks System. He passed away in 1931 in Byson City, North Carolina.

David Nash is a verifiable preparedness MacGyver. He is both an academically trained professional emergency manager as well as a personal prepper. Nash is also a homesteader who raises a variety of animals, bees, and plants in a small suburban yard. He runs the popular prepper’s blog www.tngun.com. He resides in Dickson, Tennessee.

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SEPTEMBER

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“I went to a psychiatric center in Buffalo to be admitted. . . . They said nothing was wrong with me. . . . I joined the Army then.” —Joseph Christopher

**Absolute Madness** tells the disturbing true story of Joseph Christopher, a white serial killer who targeted black males and struck fear into the residents of New York in the 1980s. Dubbed both the 22-Caliber Killer and the Midtown Slasher, Christopher allegedly claimed eighteen victims during a savage four-month spree across the state.

The investigation, aided by famed FBI profiler John Douglas, drew national attention and biting criticism from Jesse Jackson and other civil rights leaders. The killer, when at last he was unmasked, seemed an unlikely candidate—a quiet, well-liked, church-going young man—to have held New York in a grip of terror.

His capture was neither the end of the story nor the end of the racial strife, which flared anew during circuitous prosecutions and judicial rulings that prompted cries of a double standard in the justice system. Both a wrenching true crime story and an incisive portrait of dangerously discordant race relations in America, *Absolute Madness* also chronicles a lonely, vulnerable man’s tragic descent into madness and the failure of the American mental health system that refused his pleas for help.

**Catherine Pelonero** is a bestselling true crime author and commentator. Her book *Kitty Genovese: A True Account of a Public Murder and Its Private Consequences* became a *New York Times* bestseller. She is a contributing writer for Investigation Discovery’s *CrimeFeed* and has appeared on episodes of *A Crime to Remember* and *Fox Files*, among others. In this investigation, she has been offered extensive access and full cooperation and assistance from both the Erie County District Attorney’s Office and the Buffalo Police Department, among other sources. She lives in Los Angeles, California.
American military bases encircle the globe. More than two decades after the end of the Cold War, the United States still stations its troops at nearly a thousand locations in foreign lands. These bases are usually taken for granted or overlooked entirely, a little-noticed part of the Pentagon’s vast operations. But in an eye-opening account, Base Nation shows that the worldwide network of bases brings with it a panoply of ills and actually makes the nation less safe in the long run. As David Vine demonstrates, the overseas bases raise geopolitical tensions and provoke widespread antipathy towards the United States. They also undermine American democratic ideals, pushing the United States into partnerships with dictators and perpetuating a system of second-class citizenship in territories such as Guam. They breed sexual violence, destroy the environment, and damage local economies. And their financial cost is staggering: though the Pentagon underplays the numbers, Vine’s accounting proves that the bill approaches $100 billion per year.

For many decades, the need for overseas bases has been a quasi-religious dictum of U.S. foreign policy. But in recent years, a bipartisan coalition has finally started to question this conventional wisdom. With the United States withdrawing from Afghanistan and ending thirteen years of war, there is no better time to reexamine the tenets of our military strategy. Base Nation is an essential contribution to that debate.

David Vine is the author of Island of Shame: The Secret History of the U.S. Military Base on Diego Garcia and an associate professor of anthropology at American University in Washington, DC. His writing has appeared in the New York Times, the Washington Post, the Guardian, Mother Jones, and the Chronicle of Higher Education, among other publications. He lives in Washington, DC.
Douglas Dodd and Matthew B. Cox

**GENERATION OXY**
From High School Wrestlers to Pain Pill Kingpins

The unforgettable story of Florida teenagers turned oxycodone traffickers.

*Generation Oxy* is the story of a group of friends—clean-cut, all-American high school kids—who stumbled into the Sunshine State’s murky underworld of illegal pill mills and corrupt doctors. This teenage criminal enterprise ultimately shipped hundreds of thousands of OxyContin and other prescription painkillers throughout the country, making millions in the process.

This true crime memoir details the three-year-long rise and collapse of the Barabas Criminal Enterprise, an opioid-pill trafficking ring founded by Douglas Dodd and his best friend on the wrestling team, Lance Barabas. Raised by an alcoholic mother and surrounded by drug-abusing relatives, Dodd got involved in narcotics at an early age. Their scheme to sell the drugs he was already consuming coincided with the explosion of prescription addicts who were traveling the “Oxy Express” to Florida for easy access to the pills they dubbed “hillbilly heroin.” Soon they were shipping forty thousand pills a month, with tens of thousands of dollars returning in hollowed-out teddy bears.

In *Generation Oxy*, Dodd recounts his time as a wannabe Scarface: bottle-service at clubs, an arsenal of weapons that would make Dillinger blush, narrow escapes from the law, hordes of young women, and as many pills as he could swallow. And this was all before he was legally able to drink a beer, while still living with his grandmother. The good times came to an end when the DEA closed in, and the twenty-year-old Dodd faced life in federal prison.

**Douglas Dodd** is an influential speaker, author, songwriter, and entrepreneur. After serving his time in prison for drug offenses, Douglas earned a degree in distribution management and inventory control. Dodd lives in Tampa, Florida.

**Matthew B. Cox** met Douglas Dodd as a prison inmate. A graduate of the University of South Florida, he is the coauthor of *Once a Gun Runner*. Cox lives in Coleman, Florida.

“An amazing story full of colorful characters.” —Guy Lawson, author of *Arms and the Dudes: How Three Stoners from Miami Beach Became the Most Unlikely Gunrunners in History*
Joseph K. Loughlin and Kate Clark Flora

SHOTS FIRED!
The Misunderstandings, Misconceptions, and Myths about Police Shootings

Get a deeper understanding of police shootings through interviews with officers involved in real-life cases.

Today’s media is filled with discussions about officer-involved shootings. Too often missing from that discussion are the police officers’ voices and the reality of what happens in actual shooting incidents. Through actual interviews with involved officers, this book addresses common myths and misunderstandings about these shootings.

*Shots Fired* is a journey “behind the shield” and the experiences of the real human beings behind the badge. It explores true events through the participants’ own eyes and takes readers inside the minds of officers during the actual event. The officers detail the roller coaster of emotions and severe trauma experienced during and after a shooting event.

Along with the intimate, in-depth explorations of the incidents themselves, the book touches the aftermath of police-involved shootings—the debriefings, internal and external investigations, and psychological evaluations. It challenges many commonly held assumptions created by the media such as the meaning of “unarmed” and why the police can’t just “shoot him in the leg,” creating an understanding that reaches beyond slogans such as “hands up, don’t shoot.”

The book is valuable reading for anyone who wants a deeper understanding of police shootings—officers and police departments, reporters and politicians, and the public who rely on the police to keep them safe.

Joseph K. Loughlin is a former assistant chief of police for the City of Portland, Maine, and also served as the commander of the Special Reaction Team. Loughlin is a graduate of the FBI National Academy Command training in Quantico, Virginia. He currently consults for 3SI International Security Systems. Loughlin currently resides in South Portland, Maine.

Kate Clark Flora writes true crime, strong women, and police procedurals. *A Good Man with a Dog* is a memoir she cowrote with a retired Maine game warden. Her fascination with people’s bad behavior began in the Maine attorney general’s office where she chased deadbeat dads and protected battered children. Flora lives Concord, Massachusetts.

Loughlin and Flora previously collaborated on the true crime story *Finding Amy*, which was nominated for an Edgar Award.
Murders don’t happen in Kaufman County, Texas, a sleepy community where people raise their kids quietly and drive into Dallas for work and entertainment. In 2013, murder came to town when two professional prosecutors were slain in cold blood, simply for doing their jobs: one in broad daylight in plain view of the courthouse, and one in his home, along with his wife. Eric Williams is responsible for all the bloodshed—and he has a list of who to kill next.

A Target on My Back is the first-person true story of Erleigh Wiley, an accomplished lawyer who accepted the job as the new district attorney—after the death of her predecessors—which turned her into the next target on the killer’s hit list. This is her story of how she and her family endured the storm of the press, the array of Homeland Security agents assigned to protect them 24/7, and the weight of knowing she was someone’s prey. Though fearing for her life, she served as the prosecution’s final witness against the murderer, sealing his fate on death row. This chilling account of how she survived the hit list is a terrifying cat-and-mouse tale.

Erleigh Wiley has been a prosecutor for almost twenty years, spending her career protecting victims of crimes. Before being appointed by the governor of Texas to fill the position of the slain district attorney, she was a judge for ten years. She lives in Kaufman County, Texas.
**WHITE LIKE HER**
My Family’s Story of Race and Racial Passing

The story of one woman’s struggle with her identity, her race, and finding out who she really is.

*White Like Her: My Family’s Story of Race and Racial Passing* is the story of Gail Lukasik’s mother’s “passing,” Gail’s struggle with the shame of her mother’s choice, and her subsequent journey of self-discovery and redemption.

In the historical context of the Jim Crow South, Gail explores her mother’s decision to pass, how she hid her secret even from her own husband, and the price she paid for choosing whiteness. Haunted by her mother’s fear and shame, Gail embarks on a quest to uncover her mother’s racial lineage, tracing her family back to eighteenth-century colonial Louisiana. In coming to terms with her decision to publicly out her mother, Gail changed how she looks at race and heritage.

With a foreword written by the host of *Genealogy Roadshow*, this unique and fascinating story of coming to terms with oneself breaks down barriers.

**Gail Lukasik** was born in Cleveland, Ohio, and was a ballerina with the Cleveland Civic Ballet Company. She has worked as a choreographer, freelance writer, editor, and college lecturer. Recently, Gail appeared on PBS *Genealogy Roadshow* (St. Louis Central Public Library). She said, “I’m a mystery author who’s never been able to solve my own family mystery.” The show solved the mystery and revealed her mother’s life-changing secret. PBS was so intrigued by her story that they invited her back to update her story. She is also the author of several mystery novels featuring the character Leigh Girard.

**Kenyatta D. Berry** is a genealogist, businesswoman, and lawyer with more than fifteen years experience in genealogical research and writing. She is a host of the PBS broadcast *Genealogy Roadshow* and is the past president of the Association of Professional Genealogists and on the council of the Corporation for the New England Historic Genealogical Society in Boston. A frequent lecturer and writer, her area of focus is African American and Slave Ancestral research.

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OCTOBER
STREET POISON
The Biography of Iceberg Slim

“Gifford patiently crafts a narrative that shows how Beck, a Chicago pimp, became the godfather of hip-hop, an integral cog in Hollywood's Blaxploitation era and one of the most-read black authors of the twentieth century.” —Los Angeles Times

Street Poison is the first and definitive autobiography of Robert Beck, aka Iceberg Slim, at once one of America's most infamous pimps and history's bestselling African American writers. Slim became infamous for his ruthless pimping in the forties and fifties; following a stint in solitary confinement, he would reinvent himself as a famous and influential author, writing his multimillion-copy autobiography, Pimp, along with popular novels such as Trick Baby and Mama Black Widow. Iceberg Slim can be found at the foundation of modern black—and American—culture; his life and works have inspired the “blaxploitation” subgenre, rap and the gangsta-rap subgenre, and icons like Ice-T, Ice Cube, Snoop Dogg, Dave Chappelle, and Jay-Z.

Literature professor Justin Gifford's decade of research into the life of Robert Beck culminates in a colorful and compassionate biography of one of the twentieth century's most influential writers and captivating characters. Through interviews with Beck's family and research into archival material such as prison records and FBI files, Gifford explores the sexual abuse and racial violence that transform a young Robert Beck into Iceberg Slim, his cold-blooded history as a pimp, his transformative writing, and the subsequent exploitation by publishers that left Beck penniless.

Slim's story is not for the faint of heart but Gifford tells it without flinching. And in doing so, he creates an honest and engaging profile of one of American literature's most unique—and largely overlooked—figures.

Dr. Justin Gifford is an associate professor of English literature at the University of Nevada, Reno. His teaching and research focus on American and African-American literature. His book, the first literary and cultural history of black street fiction, Pimping Fictions: African American Crime Literature and the Untold Story of Black Pulp Publishing, was a finalist for both the Edgar Allan Poe Award for literary criticism and Phi Beta Kappa's Christian Gauss Award for scholarship.

“Mr. Gifford’s taut biography is important and overdue. The author, an associate professor of English literature at the University of Nevada, Reno, is a dogged researcher who arrives at a somewhat unexpected conclusion: The stories in Pimp are mostly true.” —The New York Times
VACCINE WHISTLEBLOWER
Exposing Autism Research Fraud at the CDC

A firsthand account from a CDC insider on the link between vaccines and autism, now in paperback.

Vaccine Whistleblower is a gripping account of four legally recorded phone conversations between Dr. Brian Hooker, a scientist investigating autism and vaccine research, and Dr. William Thompson, a senior scientist in the vaccine safety division at the Centers for Disease Control and Prevention (CDC). Thompson, who is still employed at the CDC under protection of the federal Whistleblower Protection Act, discloses a pattern of data manipulation, fraud, and corruption at the highest levels of the CDC, the federal agency in charge of protecting the health of Americans.

This book nullifies the government’s claims that “vaccines are safe and effective” and reveals that the government rigged research to cover up the link between vaccines and autism. Scientific truth and the health of American children have been compromised to protect the vaccine program and the pharmaceutical industry.

The financial cost of the CDC’s corruption is staggering. The human cost is incalculable. Vaccine Whistleblower provides context to the implications of Thompson’s revelations and directs the reader to political action.

Kevin Barry, Esq., is the father of three sons, one with regressive autism. After receiving his JD from the Hofstra University School of Law, he worked at the US Attorney’s Office for the Southern District of New York in the civil division. Mr. Barry is currently copresident of the Elizabeth Birt Center for Autism Law & Advocacy. He is also the president of First Freedoms, Inc., a nonprofit organization dedicated to advancing the freedoms guaranteed by the First Amendment of the Constitution. Mr. Barry is the former president of Generation Rescue. He lives in New York City.

Robert F. Kennedy, Jr., is senior attorney for the Natural Resources Defense Council, chief prosecuting attorney for the Hudson Riverkeeper, and president of Waterkeeper Alliance. He is the bestselling author of Crimes Against Nature. He lives in Bedford, New York.

Dr. Boyd E. Haley is the former chairman of the chemical department at the University of Kentucky, where he taught chemistry and biochemistry. He lives in Lexington, Kentucky.
THE END OF BREAST CANCER
A Virus and the Hope for a Vaccine

A cure for breast cancer may be right around the corner.

Can a mouse virus cause breast cancer in women? Answering that question has become Dr. Kathleen Ruddy’s life’s work. *The End of Breast Cancer* is the landmark book that gives an extraordinary glimpse into the history of breast cancer research and the findings that support the theory that the virus that causes breast cancer in mice, and has also been found in rats, cats, dogs, and monkeys, plays a significant role in 40 to 94 percent of human breast cancer cases. Researchers contend that we are one step away from having final proof of this. Once we know the cause, then we can move forward to develop a preventative vaccine.

The first and only breast cancer specialist to compile this encyclopedic research in one volume, Dr. Ruddy writes: “If there’s a virus that causes breast cancer, and a safe and effective vaccine that can prevent this disease, we need to know about it now, not in another one hundred years.” *The End of Breast Cancer* represents the culmination of Ruddy’s research findings and the breakthroughs that are happening every day to unravel the mystery. We may well witness in our lifetimes the eradication of breast cancer.

Kathleen T. Ruddy, MD, is a breast cancer surgeon and one of the doctors on the leading edge of research into the causes of breast cancer. Dr. Ruddy trained at Memorial Sloan Kettering Cancer Center. She was the founder and medical director of the Breast Service for Barnabas Health Center, is the founder of the Breast Health & Healing Foundation, and is an esteemed member of the Leadership Council of the Harvard School of Public Health. She lives in Madison, New Jersey.
Compiled by Karen L. Simmons

THE OFFICIAL AUTISM 101 MANUAL

Updated and revised edition of the Gold IPPY Award winner for Book of the Year, medicine category.

When you need answers to your questions about anything related to autism, including early diagnosis, therapies, the buzz about vaccinations, social skills, self-esteem, planning for the future, coping skills, music therapy, or solving reading problems, this master collection gives you practical and proven answers. *The Official Autism 101 Manual* is the most comprehensive book ever written on the subject of autism. Parents and professionals rave that this is your ultimate resource for understanding and responding to autism.

With forty-four contributors—such as Temple Grandin, Bernard Rimland, Pat Wyman, Tony Attwood, Darold Treffert, and more—you learn from dozens of caring experts and supporters who bring you the best the autism community has to offer.

Karen L. Simmons is the celebrated founder and CEO of Autism Today, an internationally acclaimed resource for autism and all special needs. She is the mother of six children, including one with autism and another with ADHD. She is also the author of four other books, including *Chicken Soup For The Soul, Children With Special Needs*, along with Mark Victor Hansen and Jack Canfield. Her mission is to celebrate every child’s gifts and talents, and by doing so, she has become a highly recognized authority on autism and special needs.

“Simmons’s expertise in embracing life and reframing autism shows us all how to lead a positive, fulfilling, and productive life while supporting loved ones with special needs.” —Stephen Shore, EdD

“An important and dynamic resource . . . Topics range from diagnosis to family support and traditional therapies . . . An invaluable resource for parents and professionals alike.” —Barry M. Prizant, PhD, CCC-SLP, director, Childhood Communication Services, adjunct professor, Center For the Study of Human Development, Brown University

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Medical

OCTOBER
Laurence M. Westreich, MD

A PARENT’S GUIDE TO TEEN ADDICTION
Professional Advice on Signs, Symptoms, What to Say, and How to Help

What parents can say and do to help their teen overcome substance abuse and addiction.

From Berkeley to the Bronx, teenage addiction has reached epidemic levels. Parents may suspect their teen’s substance use but often don’t know if their teen is addicted or what to do about it. Dr. Laurence Westreich, an addiction expert and the father of two teenagers, helps parents navigate the fraught addiction landscape in A Parent’s Guide to Teen Addiction.

Divided into three sections, this book—based on the author’s decades of experience evaluating and treating teenagers who use substances—guides parents from the moment they suspect their teen has a substance abuse problem to the steps families must take after intensive treatment.

Dr. Westreich:

• Lays out the facts of teen addiction and explains how to recognize a problem with a teen
• Details what parents need to know about the substances that teenagers commonly use
• Provides information on what to do about the substance abuse, including how to find good one-on-one addiction therapy, how to encourage a teen to enter an outpatient program or inpatient facility, and how to line up aftercare treatment

Best of all, he includes “tough talk” dialogues that parents can tailor to their specific situation with their teen.

This practical, hopeful, and reassuring book helps parents put their teen on the healthy and life-affirming road to recovery.

Laurence M. Westreich, MD, is an addiction psychiatrist, a professor at NYU Medical School, and the author of Helping the Addict You Love. He has appeared on CNN, MSNBC, WABC-TV, Fox News, Radio America, Sirius Satellite Radio, WOR-AM, and AP Radio Network and speaks to schools and community groups on an ongoing basis. He resides in Montclair, New Jersey.
Ed West

1215 AND ALL THAT
The Magna Carta and King John

A riveting account of one of the seminal moments in English history that paved the way for modern government.

Year 1215 is one of the most famous dates in English history, and with good reason, since it marks the signing of the Magna Carta by King John and the English barons, which altered the entire course of English and world history.

John Lackland was born to King Henry II and Eleanor, Duchess of Aquitaine in December, 1166; he was the youngest of five sons. However, he unexpectedly became the favored heir to his father after a failed rebellion by his older brothers in 1173. He became king in 1199, though his reign was tumultuous and short. After a brief peace with Philip II of France, war broke out again in 1202 and King John lost most of his holdings on the continent. This, coupled with unpopular fiscal policies and treatment of nobles back home, led to conflict upon his return from battle. Buffeted from all sides, King John was pushed in 1215 to sign along with his barons the Magna Carta, a precursor to constitutional governance. But both sides failed to uphold the agreement’s terms and conflict quickly resumed, leading to John’s untimely death a year later to dysentery.

Pitched at newcomers to the subject, 1215 and All That will explain how King John’s rule and, in particular, his signing of the Magna Carta changed England—and the English—forever, introducing readers to the early days of medieval England. It is the third book in the acclaimed A Very, Very Short History of England series, which captures the major moments of English history with humor and bite.

Ed West is the recently appointed associate director of UK 2020, a British policy think tank. Before that, Ed was deputy editor of the Catholic Herald and a frequent contributor to the Daily Telegraph, Times, Evening Standard, Daily Express, and Guardian. He is a popular British Twitter personality and blogs for the Spectator. He currently lives in London.

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History
OCTOBER
The Air Almanac 2018 contains the astronomical data required for air celestial navigation, making it a necessary resource for all pilots and others attempting to chart routes based on celestial bodies. This edition of the Almanac includes more than nine hundred pages of newly updated information for the year 2018 on the following topics:

- Sunrise, sunset, and twilight tables
- Sky diagrams for each month
- Rise and set times of the Moon for a range of latitudes
- Positions of the navigational stars

The Almanac also provides the Greenwich hour angle and declination of the Sun, Moon, and three navigational planets along with the Greenwich hour angle of Aries, all tabulated at ten-minute intervals. With all of this data organized into two pages per calendar day, this new paperback edition provides comprehensive, organized navigational information for each day of the year.

The United States Naval Observatory (USNO) provides a wide range of astronomical data and products, and serves as the official source of time for the US Department of Defense and a standard of time for the entire United States.
Christine Pisera Naman

CHRISTMAS LIGHTS

A Novel

The perfect mix of holiday mirth, magic, and love, Christmas Lights offers readers seven connected Christmas tales just in time for the holidays.

Christmas is right around the corner and, for the women of Christmas Lights, it’s a time of magic, good cheer, and most of all . . . family.

In this collection of novellas, we meet Katherine, Julianna, Adrianna, Cassandra, Victoria, Alexandra, and Isabella—seven women each wishing for their very own Christmas miracle. From balancing the challenges of motherhood and marriage to struggling with an uncertain future, these stories perfectly capture the heart and soul of the holiday spirit and come together in a moving finale celebrating the most significant aspects of the season.

Beautifully designed and full of festive cheer, Christmas Lights is a perfect gift for fans of Debbie Macomber and Fannie Flagg—or anyone longing to rediscover the magic of Christmas.

Christine Pisera Naman is the author of six books, including Faces of Hope, Faces of Hope: Ten Years Later, Caterpillar Kisses, The Believers, and Nine Days. She lives in Pittsburgh, Pennsylvania with her husband and three children.

“Christmas Lights is an inspiring, warm, and tender read which could set your mood for the upcoming holiday.” —Lakeland Times

“Christmas Lights has the cheerful, uncomplicated feel of a Lifetime movie.” —USA Today

“A delightful holiday treasure. Uplifting and heartfelt.” —Gary Jansen, author of Station to Station

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Fiction
OCTOBER
WHERE THE SUN SHINES OUT
A Novel

Kevin Catalano

WHERE THE SUN SHINES OUT
A Novel

A suspenseful literary debut for fans of Dennis Lehane and Tom Franklin examining the aftershocks of survival—and the price of salvation.

In the blue-collar town of Chittenango, New York, birthplace of L. Frank Baum, two young boys are abducted from the annual Oz Fest and taken to a cabin in the woods. When they are next seen, ten-year-old Dean has escaped by swimming across Oneida Lake holding his brother’s dead body. But when he returns, he and the world he knew have both changed irrevocably. In the years that follow, Dean, his family, and the town struggle to cope with the collateral damage of this unspeakable act of violence. From drug addiction to abandonment, it becomes clear that the reverberations of trauma are far-reaching—and the path to redemption is pockmarked, twisted, and often hidden from view.

In a sweeping narrative spanning decades and told from alternating points of view, Where the Sun Shines Out unites its characters around the themes of families, trauma, and the terrible things people do to each other when they’re doing their best.

Kevin Catalano was born in Chittenango, New York, and met all of the surviving Munchkin actors as a child. His stories have appeared in PANK, Gargoyle Magazine, Used Furniture Review, storySouth, Surreal South ’13, Exigencies Anthology, and others. He received an MFA from Rutgers-Newark, and he lives in New Jersey with his wife and two children.

“I f*cking loved this book . . . I’ll dare to bet this novel will be talked about for many, many years to come.” —Brian Panowich, award-winning author of Bull Mountain

“Kevin Catalano is an author to watch, a powerful voice that needs to be read.” —Richard Thomas, author of Disintegration and editor of Exigencies

“Unsettling and deeply felt, a book that reminds us fate won’t be outrun.” —Erin McKnight, founding editor and publisher of Queen’s Ferry Press and FirthFORTH Books

$24.99 hardcover (Can. $38.99)
World (W) • CQ 28
6” x 9” • 304 pages
Fiction
OCTOBER
Raymond Benson

THE SECRETS ON CHICORY LANE
A Novel

From the New York Times bestselling author comes a new novel of suspense about coming of age in the 1960s—and the neighborhood street where first love, a child abduction, and abuse collide.

Sixty-one-year-old Shelby Truman, a romance novelist, has received a request to visit her childhood friend, Eddie, who is on Death Row. Though mentally ill, Eddie is scheduled to be executed for the disturbing, brutal murders of his wife and unborn child.

As Shelby travels home to Texas for the unnerving reunion, she steps back into memories of her past, recalling her five-decade-long relationship with Eddie in order to understand what led the beautiful but troubled boy who lived across the street to become a murderer. Shelby and Eddie used to visit an abandoned fallout shelter in his backyard, their “secret hiding place” where they could escape Eddie’s abusive father, enjoy innocent playtime, and, later, begin adolescent explorations. As they grow closer, a tragedy occurs one Fourth of July, an event that sets in motion a lifelong struggle against an Evil—with a capital “E”—that has corrupted their all-American neighborhood.

With only a few days left for Eddie to live, Shelby braces herself for a reunion that promises to shed light on the traumatic events that transpired on her street, changing everything Shelby thought she knew about the boy on Chicory Lane.

Raymond Benson is most well-known for being the third—and first American—author to be commissioned by the James Bond literary estate to write the 007 novels between 1996–2002. He is the author of thirty-five books, including the New York Times bestselling The Black Stiletto serial, now in development as a feature film. Benson lives in Chicago, Illinois.

Praise for Raymond Benson:

“A first class thriller craftsman.” —Lee Child

“One of the best thriller writers in the business.” —David Morrell

A Herman Graf Book

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Fiction

OCTOBER
Edited by Stephen Jones
Introduction by Ingrid Pitt

THE MAMMOTH BOOK OF VAMPIRE STORIES BY WOMEN

Thirty-four uncanny and erotic tales of vampires written by supernatural fiction’s greatest mistresses of the macabre.

Fashions change, and the urbane vampire created by Byron and cemented in place by Stoker has had to move on . . . Are you, like me, ready for the new dusk?” —Ingrid Pitt, from her Introduction

Prepare to arm yourself with garlic, silver bullets, and a stake. Featuring the only vampire short story written by Anne Rice, the undisputed queen of vampire literature, and boasting an autobiographical introduction and original tale by Ingrid Pitt, the star of Hammer Films’ The Vampire Lovers and Countess Dracula, this is one anthology that every vampire fan—vampiric feminist or not—will want to drink deep from.

From the classic stories of Edith Nesbit, Mary E. Wilkins Freeman, and Mary Elizabeth Braddon to modern incarnations by such acclaimed writers as Poppy Z. Brite, Nancy Kilpatrick, Tanith Lee, Caitlin R. Kiernan, and Angela Slatter, these blood-drinkers and soul-stealers range from the sexual to the sanguinary, from the tormented Good to the unspeakably Evil. Among those memorable Children of the Night, you will encounter are Chelsea Quinn Yarbro’s Byronic vampire Saint-Germain, Nancy A. Collins’ undead heroine Sonja Blue, Tanya Huff’s vampiric detective Vicki Nelson, and Freda Warrington’s age-old lovers Karl and Charlotte.

Nominated for the World Fantasy Award and the International Horror Guild Award, and now revised and updated, The Mammoth Book of Vampire Stories by Women fulfills the bloodlust of the somnambulist horror fan, delivering the ultimate bite.

Stephen Jones is the winner of four World Fantasy Awards, five Bram Stoker Awards, three International Horror Guild Awards, twenty-one British Fantasy Awards, and a Lifetime Achievement Award from the Horror Writers Association. One of Britain’s most acclaimed horror editors, he has written more than 140 books. He lives in London, England.

“A impressive volume packed with period classics and fresh takes before and after the twenty-first century . . . a robust anthology sure to satisfy even the most jaded blood thirst.” —Publishers Weekly, starred review
Steve Brennan, editor
With a New Foreword by Benerson Little

THE GIGANTIC BOOK OF PIRATE STORIES

A massive collection of some of the most captivating pirate stories ever written—now in paperback.

Pirates—those lawless swashbucklers of the high seas—have captivated our imaginations for centuries, from contemporary accounts of their villainy and violence that originally appeared in the sixteenth and seventeenth centuries to modern movie tales filled with treasure, magic, and even monsters. Over the centuries, thousands of accounts have been shared, both true and fantastic, about their swashbuckling thievery, rum-drunk exploits, and high-seas pillaging, and they have never failed to delight readers.

Works from the writers of every generation, many of whom are considered masters of their craft have been gathered in this thorough and readable collection that includes both well-loved tales and little-known stories about mythical and real pirates:

- Daniel Defoe
- Mark Twain
- James Fenimore Cooper
- Robert Louis Stevenson

The stories, songs, true histories, and verses make up this enormous trove for anyone inspired by the glamorous, dangerous, and desperate characters who once roamed the seas.

Steve Brennan is an editor, teacher, and playwright with a lifelong fascination with tales of pirates and the high seas.

Benerson Little is the author of many books about pirate history and lore, including The Golden Age of Piracy (Skyhorse Publishing). A former Navy SEAL, he has twice appeared on the History Channel to discuss piracy and has served as a historical analyst for the Starz channel.

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History

OCTOBER

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Bob Weintraub

PAINTING THE CORNERS

Off-Center Baseball Fiction

“Savvy baseball writing, unforgettable characters, and a home run ending for each tale. By all means, read this book.” —W. P. Kinsella, author of Shoeless Joe

Bob Weintraub’s marvelous collection of baseball stories goes directly to the core of what the game does for us when we watch it being played on the field and shows how its heroes and villains can reach into our lives and remain a part of us for the rest of our days. The stories are told from various perspectives, including those of the player, manager, general manager, coach, scout, owner, writer, broadcaster, and fan. In “Knuckleball,” a manager is beside himself when he can’t let his star knuckleball pitcher start the seventh game of the World Series because the only catcher he’s ever had in the big leagues suddenly goes down with an injury. The team from Alcatraz, in “The Way They Play Is Criminal,” has a bag full of dirty tricks waiting to spring on its San Quentin rivals, and it uses them all. A father on a college tour with his daughter happens upon the very same autographed baseball he saw a friend catch in Fenway Park’s bleachers thirty years earlier, and learns, in “The Autograph,” how a twist of fate has brought the friend together with the player who hit it. A veteran outfielder goes into the last game of his career batting .299 with 299 home runs and, in “Just One to Go,” gets his only chance to hit with two outs in the ninth.

In these and other stories, now in paperback, Weintraub infuses baseball with humanity, originality, humor, and compassion, and raises the game to a new level of understanding and love.

Bob Weintraub’s stories have appeared in several publications, including 96 Inc. and NINE: A Journal of Baseball History and Culture. He is a graduate of Brandeis University and Boston University School of Law and lives in Newton, Massachusetts, with his wife, Sandra.

“Imaginative baseball stories for long rain delays and hot stove league nights.” —Darryl Brock, author of If I Never Get Back and Two in the Field

“Unique and wonderfully twisted.” —Ed Asner, actor

“Great storytelling for fans and nonfans alike. Bob Weintraub has big-league talent.” —Dan Shaughnessy, author of The Curse of the Bambino and columnist for the Boston Globe
Mark Bego  
Introduction by Mary Wilson of The Supremes  

**EAT LIKE A ROCK STAR**  
More than 100 Recipes from Rock ‘n’ Roll’s Greatest  

**You can’t be a rock star in real life, but now you can cook and eat and drink like a Rolling Stone or a Doobie Brother!**

Who knew that Bill Wyman (The Rolling Stones) makes an amazing *Lamb Chops with Endive and Blue Cheese Salad*, that Michael McDonald (The Doobie Brothers) loves *Pasta with Ham and Parmesan Cheese*, or that Boz Scaggs eats *Tuscan Grilled Chicken*?

With more than a hundred recipes from seven decades of rock ‘n’ roll, pop, country, R&B, and disco, Mark Bego gathers beloved recipes from legendary rocker friends and invites the ultimate music fan to put on an apron and join them at the table. Featuring each rock star’s biography, their favorite recipe, and other fun facts, *Eat Like a Rock Star* is a must-have for every die-hard rocker-at-heart who loves to eat.

There is nowhere else you will find Ray Parker Jr.’s *Salmon and Eggs*, Joey Fatone’s (NSYNC) *Rice Balls*, and Angela Bowie’s (David Bowie’s ex-wife’s) *Rosti Hash Brown Potatoes* all in one book. Whether it’s brunch, lunch, dinner, or dessert, learn to cook:

- Michelle Phillips’s (The Mamas & The Papas) *Organic Lemon Chicken*
- Lou Christie’s *Linguine with Fresh Tomatoes*
- Billy Davis Jr.’s (The 5th Dimension) *Macaroni & Cheese*
- Sarah Dash’s (Patti LaBelle and the Bluebelles) *Peach Cobbler*
- And more!

With a section on head-spinning cocktails, full menu suggestions, as well as Mark Bego’s own culinary concoctions, such as *Boozy Banana Cream Pie*, look no further for the all-in-one cooking and rock ‘n’ roll companion. As Martha Reeves says about her Smoked Turkey Necks & Lima Beans, “Honey, this is real soul food!”


Mary Wilson was a member of The Supremes, the most successful girl group in the history of recorded music. She lives in Los Angeles, California.
Sandra Hinchliffe

**HIGH TEA**
Gracious Cannabis Tea-Time Recipes for Every Occasion

Distinctive tea-time recipes from the author of The Cannabis Spa at Home.

With *High Tea*, author Sandra Hinchliffe writes a totally new chapter in tea culture and the culinary art of cannabis cuisine. Teas, tisanes, broths, and bhangs are all exquisite ways to infuse marijuana for medicine or pleasure.

With more than seventy-five recipes using a fascinating array of the finest teas, herbs, and ingredients, *High Tea* will show you how to create sensational flavors, select moods, and serve all of the good vibrations the cannabis plant has to offer:

Learn the methods of serving moderate doses of cannabinoids like THC with a fast onset to ensure a therapeutic and enjoyable experience for both the cannabis novice and the experienced connoisseur.

Discover the magic of the terpene entourage for cannabis tea, tisane, and broth: Turn on, taste it, drop in, and welcome back the fragrance, flavor, and vibes that you’ve been missing.

Delight your guests with creamy bhangs and cannabis chai—perfect for a holiday celebration or any occasion.

Everyone will enjoy the savory and sweet bites from Sandra’s sensitivity kitchen to quell the munchies. In addition, *High Tea* also includes a selection of simple, fresh, and elegant fare to pair with your tea-time, anytime!

*Sandra Hinchliffe* is a home herbalist, autoimmune disease survivor, and legal medical cannabis patient in the state of California. She uses her background and experiences to create a repertoire of recipes designed to be both beneficial and delightful. She is also the publisher of Hempista.com, the first cannabis-centric blog to feature beauty, fashion, wellness, and lifestyle topics. She resides in Fremont, California.

“The images are beautiful, the recipes lush and easy to follow. As a spa professional, I can easily see how it could become a ‘must have’ item for any spa wishing to incorporate cannabis therapy into their repertoire of products and services.” —*Huffington Post*, on *The Cannabis Spa at Home*
Since 2014, Tricia Arce has been serving handcrafted and creative marshmallow recipes from Fluff It Marshmallows, a shop and s’mores bar in Gilbert, Arizona. Her frozen hot chocolate topped with marshmallow cream, gourmet mallow pies, marshmallow bowls, and mallow pops have gained national attention, and now she’s ready to share some of her secrets so that marshmallow fans around the world can make these unique sweets in their own home.

Recipes for marshmallow flavors for every day and even holidays are included in this collection, including churro, toasted coconut, mint chocolate chip, pumpkin spice, peppermint, gingerbread, and Mexican hot chocolate.

In addition to marshmallows that are stuffed or dipped, you’ll find recipes to complement the marshmallows like homemade graham crackers, oatmeal cream pies, and many more.

Throughout the pages of Marshmallow Heaven, Arce tells the story of how Fluff It became a successful sweetshop. She documents her ups and downs (from viral videos to a terrible experience with peanut butter) to provide insight into the entrepreneurial side of her tasty (and sticky!) adventures.

Tricia Arce is the business owner and marshmallow maker at Fluff It Marshmallows. Tricia graduating from University of Phoenix in 2004 and managed various retail positions in different companies until 2014, when she opened her sweet treats business with her partner, Hazel. She resides in Gilbert, Arizona.

Joanie Simon is a freelance food stylist, photographer, and recipe developer. A lifelong fan of food, she left a successful career in technology sales to pursue her passion for food and creativity. She shares her own culinary creations at JoanieSimon.com and on YouTube and lives in Phoenix, Arizona, with her equally creative husband and their two boys.
Larry Edwards

THE AMERICAN TABLE
Class Comfort Food from across the Country

All your favorite blue plate specials in one cookbook, from Firestarter Chili to Pecan Pie!

Like its people, American food is a melting pot of tastes and textures. Now flavors from every corner of the country are brought together in one soul-satisfying cookbook. Worthy of any diner’s daily special board, these recipes are the real deal: wholesome, filling favorites that will bring the entire family to the table. You’ll be transported back to your grandmother’s kitchen as you dig into classics like:

- Chicken Pot Pie
- Fried Catfish
- Sloppy Joes
- Buttermilk Baked Chicken
- Chicken Fried Steak
- Roast Beef Hash
- Sausage Gravy
- Firestarter Chili
- Split Pea and Sausage Soup
- Corn Pudding
- Potato Onion Gratin
- Spiced Squash
- All-American Apple Pie
- Depression Cake
- Pecan Pie
- And many more favorites!

True American food is the result of hearty people, bountiful farms, and innovative spirits. Author Larry Edwards honors that tradition in The American Table as he invites you to pull up a chair and share a story or two. Plan your next family gathering with this collection of quintessential recipes from around the country.

Larry Edwards, author of the bestselling Edwardian Cooking: 80 Recipes Inspired by Downton Abbey’s Elegant Meals, is a classically trained chef and internationally renowned food writer. His dishes and recipes have been featured in the Wall Street Journal, USA Today, and internationally when he was a food editor for the National Examiner (online edition). He lives and works in Tucson, Santa Fe, and San Francisco.
Certified master chef Roland G. Henin has been our nation’s top culinary mentor for the past fifty years, training such prestigious chefs as chef Thomas Keller of French Laundry and Per Se and certified master chef Ron DeSantis. For the first time, his story is being told—from his own perspective and through the lens of some of America’s most prominent chefs.

Read about how certified master chef Rich Rosendale was inspired by Henin to turn a decommissioned nuclear bunker into a training kitchen. Discover Thomas Keller’s motivation for becoming a chef—a philosophy he learned from Henin. This fascinating memoir includes more than fifty interviews from mentees and colleagues who were shaped in some way by chef Henin. Full of humorous anecdotes and behind-the-scenes glimpses into the elite culinary world, this is a rare and fascinating look at the life and legacy of a culinary genius.

Chef Henin was among the first European chefs to cross the Atlantic and bring classical cuisine to American culture. Pioneering chefs like Roland Henin and Jean-Jacques Rachou were subversive radicals of their Old World. You won’t be disappointed by this unique memoir. As chef Henin says, “If it’s worth doing, it’s worth doing right.”

Susan Crowther is the author of The No Recipe Cookbook, The Vegetarian Chef, and Lifestyles for Learning. Chef Henin taught Susan at the Culinary Institute of America. Susan has worn several professional hats: cook, chef, caterer, nutritionist, massage therapist, health educator, college professor, and mother. Susan and her husband Mark recently moved from Vermont to Elizabethton, Tennessee.

Roland G. Henin is one of approximately sixty-five certified master chefs in the United States and one of the first to earn the title in this country. He serves as corporate chef for Delaware North Companies. Henin is the mentor to hundreds of prominent chefs including Thomas Keller, Timothy Hollingsworth, and Chris Gould. In 1992, Henin coached the US Gold Medal Culinary Team, earning America the World Cup from Luxembourg. In 2009, Henin coached Timothy Hollingsworth, in the Bocuse d’Or USA team. Chef Henin was educated at the College Moderne in Nancy, France. He lives in Edmonds, Washington.
Sima Cohen

SIMA’S HEALTHY INDULGENCE
100 Revamped Guilt-Free Recipes to Transform Your Life

This book is for those who are done with the dieting game!

Sima’s definition of transformation is not about obsessing over the numbers on a scale—it is all about something that blossoms from within you, out from your very pores, that ends with a lustrous glow that shows all over your transformed self. It’s not just about eating good food and feeding your hungry belly; it’s about discovering who you are, and transforming your body and life from the inside out.

When clients said they had a sweet tooth, or they were hungry for their latest diet’s “no-no food” and wanted to eat without the guilt that came with it, something immediately clicked in Sima’s mind and she knew that she had to create a perfect, life-changing meal plan for them. This book is the ultimate guide to guiltless freedom that you can celebrate every day, without any depriving, compromising, counting calories, or measuring body fat!

After two decades, countless hours, thousands of clients, and customized food and detox plans, it was a no-brainer to understand that everybody—no matter their age or social status—wants their cake, and to eat it too. This book will transform how you think, what you eat, and the way you live. Losing weight is just the cherry on top of the sugar-free sundae.

Sima Cohen, the creator of Simplified Lifestyle System (SLS), is a celebrity trainer, nutritionist, fitness and wellness expert, and life coach with more than twenty years’ experience. Sima started her journey while serving in the Israeli Defense Forces, which taught her physical training and endurance. From there, she continued her journey towards a mind/body/spirit balance focused on food and nutrition—she learned the important elements that influence our health and happiness. In February 2016, Sima and her production team launched her one-on-one web show Sima Cohen TV with celebrity interviews, and wellness and lifestyle coverage. She resides in Santa Barbara, California.

“Sima’s approach is holistic and highly effective . . . Her unwavering support and expertise means you gain the confidence to keep going and you start to surprise yourself with your accomplishments. She is strong yet gentle, tough but fair and if you follow her program it really, really works.” —Jessica de Rothschild, producer
A cocktail is like an excellent story—bitter and sweet and over too quickly, but the memory of it stays with you. From the Pimm’s Cup to Smoking Bishop, the Manhattan to the Moscow Mule, Mixed Up features not only more than two dozen classic recipes and hot tips on ingredients and preparations, but new cocktail-themed short stories from some of today’s most popular and acclaimed writers.

Contributors include:

- Maurice Broaddus
- Nick Mamatas
- Selena Chambers
- Jim Nisbet
- Jarret Kobek
- Benjamin Percy
- Libby Cudmore
- Dominica Phetteplace
- Gina Marie Guadagnino
- Tim Pratt
- Elizabeth Hand
- Robert Swartwood
- Cara Hoffman
- Jeff VanderMeer
- Carrie Laben
- Will Viharo
- Carmen Machado

Nick Mamatas is the author of several novels, including The Last Weekend and I Am Providence. His short fiction has appeared in The Best American Mystery Stories, This Year’s Best Science Fiction & Fantasy, and many other anthologies and magazines. Nick’s previous anthologies include the Bram Stoker Award-winner Haunted Legends (coedited with Ellen Datlow) and the Locus Award nominees The Future is Japanese and Hanzai Japan (both coedited with Masumi Washington). Nick’s editorial work has also been nominated for Hugo and World Fantasy awards.

Molly Tanzer is the author of the novels Creatures of Will and Temper, Vermilion, and The Pleasure Merchant. Her acclaimed short fiction is collected in two volumes, the British Fantasy Award-nominated A Pretty Mouth and the cocktail-themed Rumbullion & Other Liminal Libations. She coedited the anthology Swords v Cthulhu and currently serves as editrix of Congress, the bimonthly magazine of thoughtful erotica.
Jon Yeager and Lindsay Yeager

THE BEERTAILS BIBLE
Creative Recipes for Beer Cocktails

Learn how to tastefully mix liquor into your beer—or beer into your liquor!

Written by Jon and Lindsay Yeager, the renowned husband-and-wife mixologist duo of the Tennessee cocktail creative PourTaste, this book provides a variety of innovative and experimental recipes for mixing beers and spirits together (yes, you read that right) so you can join in on the imaginative new trend of “beertails.”

The experts at PourTaste, with their years of training and dedication to the art of mixology, teach readers how to combine the beauty (and bubbles) of beer and the spirit of spirits to create refreshing new additions to any bartender’s repertoire. Included throughout this book are lush full-color photographs and step-by-step recipes to help educate readers on how to sling these delicious (and welcome) new members of the mixology scene. Beertails are easy to make, they taste great, and they accommodate any type of drinker—whether the preference is beer or liquor. Perfect for any type of celebration!

Let your guests experience these exciting new tastes and flavors with the recipes provided in The Beertails Bible. Just be sure to save yourself a sip or two!

Jon and Lindsay Yeager have called PourTaste their full-time livelihood since they were married in 2011. Through the creative process and logistical follow-through, the Yeagers work side by side with their clientele to bring awareness and profit to their client’s concept. PourTaste is the go-to epicenter for all things cocktail. Through a lens of education, Jon and Lindsay have created cocktail, beer, and wine menus for hotels, restaurants, and bars while consulting for events, festivals, retail shops, and brands.

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Cooking
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Richard Carleton Hacker

**CONNOISSEUR’S GUIDE TO PROPER IMBIBING**

A Complete Course on Choosing, Serving, and Drinking Spirits and Cocktails

Learn how to drink, enjoy, and critique spirits like a professional.

Everyone thinks that they know how to drink, but do you really know the difference between a scotch and a whiskey? How about a gin or vodka martini? Do you know whether Johnny Walker is a single malt or a scotch? Well now is the time to finally learn the definitive answers to these questions, and so many more that you’ve always had about your favorite drinks. In the *Connoisseur’s Guide to Proper Imbibing*, world-class connoisseur and celebrated critic Richard Carleton Hacker provides you with all the information that you’ll ever need to properly enjoy and imbibe every type of spirit and to start drinking alcohol the right way. This definitive guide will teach you:

- The subtle distinctions between different types of spirits
- The difference between varieties of the most popular kinds of cocktails
- How many popular spirits are made, distilled, and crafted
- How to properly “nose” spirits
- The correct containers from which each spirit should be sipped
- And so much more!

Complete with more than one hundred full-color photographs, the *Connoisseur’s Guide to Proper Imbibing* is a perfect buy for every alcohol consumer, whether novice or aficionado. With this guide you’ll be the most knowledgeable drinker in every bar that you walk into and at every cocktail party that you attend.

**Richard Carleton Hacker** is an international writer and photographer specializing in spirits, wines, cigars, and related luxury lifestyles. He is a longtime contributing editor for numerous national magazines, including *Robb Report*, *Somm Journal*, and the *Tasting Panel*. A lifetime member of the Scotch whisky industry’s exclusive Keeper of the Quaich honorary society, he has also been inducted into the Ordre des Coteaux de Champagne and was knighted in Germany. He lives in Sherman Oaks, California.

“Hacker’s paragraphs billow with knowledge.” — *The Manual* blog, on *Ultimate Cigar Book*
George Harvey Bone; Foreword by The Boozy Baker

**COOKING WITH BOOZE**
From Beer Batter to Vodka Jelly, 101 Recipes from the Liquor Cabinet

"I cook with wine, sometimes I even add it to the food." —W. C. Fields

Food is good. Whether it’s the sweetest desserts or the freshest soups or the finest steaks, the culinary arts provide us with some of the richest sensual experiences that we are privy to.

Alcohol is also good. Beer, whiskey, wine, rum, cider, brandy, tequila, absinthe: mankind’s multifarious methods of inducing intoxication run from the simple to the exotic—all with the same pleasurable effects.

*Cooking with Booze*, therefore, brings together two of the world’s greatest achievements in an explosion of culinary genius. Culled from sources across the globe, this savory assortment features a wide range of delicacies to entertain every palette. From beer batter for onion rings to ribs braised in wine, from champagne oysters to the perfect penne a la vodka, Harvey Bone presents a delicious collection of easy-to-follow recipes for even the tipsiest of chefs. Cheers!

George Harvey Bone is an aesthete, gourmand, and recovering teetotaler. He was formerly employed by the wine trade before turning his attentions to the kitchen.

Lucy Baker, more commonly known as The Boozy Baker, is a food writer and recipe tester and a contributing columnist for SeriousEats.com and the site’s recipes editor. Baker has written articles for numerous publications, both online and in print, including *Edible Brooklyn*, *Publishers Weekly*, *Popular Mechanics*, *McSweeney’s*, and *Time Out New York*. She lives in Brooklyn, New York.
THE VERMONT NON-GMO COOKBOOK
125 Organic Recipes from the Green Mountain State

Much more than a regional cookbook packed with recipes from the area’s top organic farmers and chefs.

The Vermont Non-GMO Cookbook honors the state’s mission to connect with local organic farmlands and the farmers who care for them. It also serves as a guide for eating organically and non-GMO in Vermont. The book celebrates the region’s organic food producers, farmers, cheesemakers, and dairy farmers and the chefs who partner with them to create delicious, innovative, organic, non-GMO recipes.

The recipes, which encourage readers to think organic and non-GMO eating first, include:

• Avocado, Jalapeño, and Cheddar Cheese Cornbread
• Maple Kale Salad with Toasted Almonds, Parmigiano-Reggiano Cheese, and Rustic Croutons
• Oven-Roasted Organic Pulled Pork Sandwiches with Spicy Apple Cider Vinegar Slaw
• Baked Frittata with Baby Spinach, Roasted Red Peppers, and Quark Cheese
• Grilled Beef Tenderloin with Rutabaga Puree, Braised Cabbage, and Horseradish Cream
• Old-Fashioned Organic Cheesecake
• Fresh Raspberry Sorbet

In addition to mouthwatering recipes, The Vermont Non-GMO Cookbook will include profiles of hand-selected pioneering organic Vermont farmers, chefs, and non-GMO artisans. Supported by rustic food photography, it will awaken and inspire your palate to the exciting options offered by Vermont’s burgeoning local, organic, and non-GMO food scene.

Tracey Medeiros is the author of The Connecticut Farm Table Cookbook, The Vermont Farm Table Cookbook, and Dishing Up Vermont. She writes The Farmhouse Kitchen: A Guide to Eating Local column for Edible Green Mountains magazine and is also a freelance food writer, food stylist, and recipe developer and tester. Medeiros travels regionally as a guest speaker and cooking instructor, emphasizing her commitment to the sustainable food movement by using locally produced fresh ingredients to create dishes that are healthy and delicious. She resides in the Green Mountain State.
Edited by Jay Cassell

SHOOTER’S BIBLE, 109TH EDITION
The World’s Bestselling Firearms Reference

Published annually for more than eighty years, the Shooter's Bible is the most comprehensive and sought-after reference guide for new firearms and their specifications, as well as for thousands of guns that have been in production and are currently on the market. Nearly every firearms manufacturer in the world is included in this renowned compendium.

The 109th edition also contains new and existing product sections on ammunition, optics, and accessories, along with updated handgun and rifle ballistic tables and extensive charts of currently available bullets and projectiles for handloading.

With a timely feature on the newest products on the market, and complete with color and black-and-white photographs featuring various makes and models of firearms and equipment, the Shooter's Bible is an essential authority for any beginner or experienced hunter, firearm collector, or gun enthusiast.

Jay Cassell, editorial director at Skyhorse Publishing and the editor of this compendium, has hunted all over North America. He has written for Field & Stream, Sports Afield, Outdoor Life, Petersen's Hunting, Time, and many other publications and has published numerous books. He lives in Katonah, New York.

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Edited by Robert A. Sadowski

**GUN TRADER’S GUIDE, THIRTY-NINTH EDITION**

A Comprehensive, Fully Illustrated Guide to Modern Collectible Firearms with Current Market Values

The one-stop guide to buying collectible firearms, with more than two million copies sold!

If you are seeking a comprehensive reference for collectible gun values, the *Gun Trader’s Guide* is the only book you need. For more than half a century, this guide has been the standard reference for collectors, curators, dealers, shooters, and gun enthusiasts. Updated annually, it remains the definitive source for making informed decisions on used firearms purchases. Included are extensive listings for handguns, shotguns, and rifles from some of the most popular manufacturers, including Beretta, Browning, Colt, Remington, Savage, Smith & Wesson, Winchester, and many more.

This thirty-ninth edition boasts dozens of new entries since last year’s edition and includes a complete index and a guide on how to properly and effectively use this book in order to find the market value for your collectible modern firearm. Determine the new prices for any firearm you want to sell or trade, whether its condition is in-box, excellent, or good. With new introductory materials that every gun collector and potential buyer should read, this book is the ultimate guide to purchasing classic or discontinued firearms. No matter what kind of modern firearm you own or collect, the *Gun Trader’s Guide* should remain close at hand.

Robert A. Sadowski has written about firearms and hunting for nearly fifteen years. He is the author of four gun books, editor of three others, and contributor to numerous gun-enthusiast magazines, including *Combat Handguns*, *Black Guns*, *Special Weapons for Military and Police*, *Gun Tests*, *Personal and Home Defense*, *GunHunter*, *SHOT Business*, and others. He resides in Hampstead, North Carolina.

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It takes a certain kind of person to stand out from other mixed martial arts fighters as both a wild man and a rock star. Chris Leben, otherwise known as “The Crippler,” is that kind of person. His reputation started on the inaugural season of *The Ultimate Fighter*, a reality show where hopeful fighters vie for a UFC contract and a path to greatness. The world saw an out-of-control brawler with a penchant for destruction. But that was only half the story. From the slums of northwest Oregon, Leben has spent a lifetime coping with deep scars left by an absent father and ever-present struggles with alcoholism and drug abuse. He’s been in jail eleven times, including for going AWOL.

During his ten-year career in ultimate fighting, Leben became one of the most recognized figures in the sport, enthralling audiences around the world with his wild, headfirst style of fighting as he took on some of the world’s best fighters, including Anderson Silva, Yoshihiro Akiyama, and Wanderlei Silva. *The Crippler* is not just an exciting account of his rise to prominence within the UFC; it’s the incredible story of a renowned wild man dealing with his personal demons and learning that the toughest opponent is always yourself.

**Chris Leben** is a ten-year veteran of the Ultimate Fighting Championship. While growing up in Portland, Oregon, he became interested in mixed martial arts at an early age. After being a participant on the first season of *The Ultimate Fighter*, Leben went on to put together a 22–12 record and become a fan favorite before retiring in January 2014. Leben lives and coaches MMA fighters in San Diego, California.

**Daniel Patinkin** is a Chicago-born writer and businessman. His unique career has spanned the real estate, finance, education, and entertainment industries. He earned a BA in English and history from Indiana University and an MFA in producing from the University of Southern California. *The Crippler* is his first book.

“An incredible look behind the scenes at a legendary fighter who has admittedly battled his share of demons over the course of a very memorable career. Chris holds nothing back, and his brutal honesty makes it hard to put this book down.” —John Morgan, award-winning MMA reporter for MMAJunkie.com and *USA Today*
To Be a Soldier offers the US Army’s two capstone doctrinal manuals in one place for the first time. This guide begins with the Army’s introductory text, *FM-1 The Army*, which explains the Army’s origin and purpose, its mission and values, how it functions as a portion of a joint military force in combat, and the importance of the individual soldier in a larger fighting force.

When readers have learned the fundamentals of the Army, *FM-3 Operations* provides foundational knowledge of the full spectrum of Army operations. This manual is the Army’s principal tool for the instruction of today’s soldiers in the art and science of warfare, and has been recently updated to discuss counterinsurgency and hybrid threats in addition to conventional land operations.

*To Be a Soldier* is the reader’s guide to the Army’s most fundamental knowledge by offering its two capstone texts in one place. The information in this handbook forms the basis for all the knowledge conveyed in any subsequent Army field manuals, making it required reading for all soldiers and readers with interest in US Army training and operations.

The Department of the Army (DA) is one of the three military departments within the Department of Defense of the United States of America. Its mission is to fight and win our nation’s wars by providing prompt, sustained land dominance across the full range of military operations and spectrum of conflict in support of combatant commanders.
Fed up with taxes? Angered and disappointed by corrupt leaders? *How to Stage a Military Coup* lays down practical strategies that have proven themselves around the globe. David Hebditch and Ken Connor examine, with a critical eye, successful as well as failed coup attempts throughout the twentieth century with the aim of showing their readers just what it takes to swiftly and soundly overthrow a government. Exploring coups from Nigeria, to Cuba, to Iraq, and with true stories of SAS combat written by Ken Connor, the book gives an insightful glimpse into this violent and rarely seen world of shifting power.

*How to Stage a Military Coup* is a unique textbook for the armchair revolutionary, as well as a practical guide for the idealist with a soft spot for the sound of artillery fire. From evaluation of the political climate and investigation of potential allies, to recruiting and training personnel, to strategies for ensuring a timely transfer of power, the book leaves no aspect of the coup d’état unexamined. This new edition features an updated introduction from the authors and also includes appendixes, notes, and a world map of coups d’états.

**David Hebditch** is a writer and documentary filmmaker. He lives in the United Kingdom.

**Ken Connor** was the longest-serving member of the elite British Special Air Service (SAS). His book, *Ghost Force: Secret History of the SAS*, was published to acclaim in Britain. He lives in the United Kingdom.
Jonathan Green

CHRISTMAS MISCELLANY
Everything You Ever Wanted to Know About Christmas

Discover the meaning of the season’s traditions!

Have you ever wondered why we celebrate Christmas the way we do? In this whimsical book, Jonathan Green tells you all about the fascinating stories behind our most beloved holiday traditions. Make yourself cozy by the fireplace, open up this fully illustrated treasure trove, and learn:

• Why we sing carols
• Why we burn Yule logs
• Why we hang stockings
• Why we kiss under the mistletoe
• Why we send greeting cards
• Why there are twelve days of Christmas
• And what is figgy pudding?

Each chapter explores a different custom and its history: when and where it started, how it has changed over the centuries, and why we still love to recreate it today. You’ll learn why holly and ivy are important symbols, who Good King Wenceslas was, and why we eat turkey for Christmas dinner. Additional fun facts and trivia are sprinkled throughout, accompanied by classic illustrations. This is the perfect gift or stocking stuffer for curious-minded friends and family this holiday season!

Jonathan Green is a teacher and writer. He is the author of Scottish Miscellany and Christmas Miscellany in addition to more than fifty other titles, including You Are the Hero. He lives in London, England.

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Matt Nelson

#WERATEDOGS

The Most Adorable and Hilarious Pups You’ve Ever Seen

“It’s about time WeRateDogs gets the credit it deserves for its complete accuracy and human service to rating dogs.” —BuzzFeed

Based on the social media sensation, #WeRateDogs features the most heroic, over-the-top adorable, wildly successful, all-around entertaining dogs the world has ever seen. It combines extraordinary photos with ridiculous captions to expand the knowledge and overall lives of its readers. It is not only an exceptionally reliable source for dog greatness, it is also a one-stop shop for happiness.

This book will take readers on a journey through the science of dog rating and the unwavering rules associated with it. Questioning the accuracy of these ratings is ill-advised. They are certainly not arbitrary and this book is absolutely not just about how cute dogs are. It truly is all about ethics in dog rating.

#WeRateDogs will produce an audible reaction with every flip of the page—whether a groan from a terrible pupper pun or an “aww” of seeing a super floofer. If #WeRateDogs takes you away from reality and pushes you into this conglomerate of absurdity for even a second, then it has fulfilled its purpose.

Matt Nelson is a sophomore in the PGA Golf Management Program at Campbell University. His success with WeRateDogs™ since late 2015 has been documented in New York Magazine, BuzzFeed, Huffington Post, Daily Mail, People magazine, Study Breaks, and many more. The Washington Post called him “the Internet’s most famous dog rater.” Nelson has accumulated more than 2.5 million followers across Twitter, Facebook, Instagram, and Snapchat in less than a year by showcasing user-submitted dog media attached to his trademark caption style. He resides in Charleston, West Virginia.

“Nelson’s surreal, irrelevant, and often hilarious captions take it to the next level.” —New York Magazine

“Over-the-top and hilarious.” —BarkPost

“#WeRateDogs' isn't the Twitter account we need, it's the Twitter account we deserve.” —theCHIVE
Wilson the Pug with Nancy Levine

HOMER FOR THE HOLIDAYS

The Further Adventures of Wilson the Pug

To know a pug is to love a pug. And no pug has won more hearts than Wilson, everyone’s favorite Taoist master from The Tao of Pug.

Wilson the Pug has taught his many admirers some important life lessons—and he practices what he preaches. One crisp winter day, Wilson comes across a baby pug, lost and alone. Determined to do “the right thing,” as it is written in the Tao Te Ching, Wilson sets out to help his new buddy Homer, and together they embark on a quest to find the puppy a home.

Their adventure takes them along comical and surprising paths, where they encounter many new friends as well as some unsavory characters who cause big trouble for the duo. Things start to look bleak for Homer until Santa Claus himself steps in to lend a hand. Homer just might get his wish after all . . .

Homer for the Holidays is a heartwarming pug-buddy story destined to become a holiday favorite of dog lovers of all ages for years to come.

Wilson the Pug was a direct descendant and lineage bearer of Pug-tzu, companion of the ancient Chinese philosopher Lao-tzu. The latter is widely credited with authoring the Tao Te Ching. Wilson lived in Berkeley, California. He crossed the Rainbow Bridge in 2014.

Nancy Levine is a veteran dog photographer and former staff photographer for the Elmsford, New York, Humane Society. Her commentaries have been broadcasted in the Bay Area on NPR affiliates, and her writing has appeared in the San Francisco Chronicle. She resides in Marin County, in the San Francisco Bay Area.

“I love all of Wilson the Pug’s books! He’s a pug hero, helping The Humane Society of the United States to stop puppy mills!” —Gracie, pug of Patti Davis, and author of The Wit and Wisdom of Gracie

“Two big paws up for Wilson and Homer! Homer for the Holidays is out of this world! And I oughta know.” —Frank the Pug, from Men in Black

“Thank you for your insightful book about Wilson and Homer. I was unaware that there were any other pugs in the world besides me.” —Roxy, pug of Mary Steenburgen

$14.99 paperback original (Can. $22.99)
North America (NA) • CQ 36
7” x 6” • 112 pages
45 color photographs
Pets

OCTOBER
Wait, I know what you’re thinking. You may feel you don’t have a spare minute to take a shower, let alone conduct elaborate psychometric tests on your mewling newborn bundle of love (and constant diaper changes). But with Test Your Baby’s IQ, all the hard work has been done for you. You need only stay awake long enough to monitor your Mini Me as they navigate life on the outside.

- Is little Olivia more likely to munch her crayons or create a Modernist masterpiece?
- Do precious Oliver’s gurgles sound more bebop than Beethoven?
- Does the old “spoon as airplane” line do the trick, or does baby Georgie demand the exact nutritional content before considering his next spoon of mush?

With Test Your Baby’s IQ, discover more about what lies beneath those coos and squeals with a series of fun tests and activities to confirm whether your baby really is an undiscovered genius.

Rachel Federman is the author of Test Your Dog’s IQ, Test Your Dog’s IQ: Genius Edition, Gross-o-pedia, and Girl Drinks: 101 Cocktails for Every Occasion. She worked for years as an editor and writer by day and a rock musician by night. She lives in Brooklyn with her family (including her dog Skye) and is a freelance writer and advocate.

Ellen T. Crenshaw is a California-based illustrator for editorial, advertising, comics, and children’s media. Her clients include FableVision Studios, The Nib, Beer Advocate Magazine, and Fulcrum Publishing. Ellen is online at etcillustration.com.
Rachel Federman; Illustrations by Ellen T. Crenshaw

TEST YOUR TODDLER’S IQ
Confirm Your Toddler’s Undiscovered Genius

Toddler: emotionally unstable, pint-sized dictator with the uncanny ability to know exactly how far to push you toward utter insanity before reverting to a lovable cuddle monster.

Well done. You’ve survived the first year of incoherent babble, unexplained crying, and relentless sleep deprivation. Welcome to the toddler years. And good luck. Now that you’ve had a few seconds to look back on all your accomplishments of the past year, we know you’re ready to move forward and consider such pressing questions as:

• In toddler music class, does little Oscar channel Buddy Rich on drums, or gleefully gnaw his kazoo?
• Does precious Poppy know how to write her name, or does she act like she’s in the witness protection program each time you call her?
• Do refusals to let tiny Charlie build a fort in the oven lead to utter meltdown or a calm nod and change of plans?

With Test Your Toddler’s IQ, discover more about your own tiny dictator with a series of fun tests and activities to confirm whether your toddler really is an undiscovered genius.

Rachel Federman is the author of Test Your Dog’s IQ, Test Your Dog’s IQ: Genius Edition, Gross-o-pedia, and Girl Drinks: 101 Cocktails for Every Occasion. She worked for years as an editor and writer by day and a rock musician by night. She lives in Brooklyn with her family (including her dog Skye) and is a freelance writer and advocate.

Ellen T. Crenshaw is a California-based illustrator for editorial, advertising, comics, and children’s media. Her clients include FableVision Studios, The Nib, Beer Advocate Magazine, and Fulcrum Publishing. Ellen is online at etcillustration.com.

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Humor
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Mye De Leon

MASTERING HAND LETTERING
Your Practical Guide to Creating and Styling the Alphabet

Learn to whimsically hand letter like a pro!

Experience the newest trends in arts and crafts with this engaging guide to creative hand lettering and calligraphy. Many people across the United States are turning to these elegant (and sometimes quirky) art forms as a way to relax and de-stress, while simultaneously nourishing their artistic impulses through a fun new outlet. This comprehensive manual covers the spectrum of what creative letterists and calligraphists need to know, and teaches them how to add their own individual touch to letters, cards, signs, chalkboards, reports, signatures, and much more!

This book includes:

• An introduction to hand lettering
• A glossary of terms
• Lettering anatomy
• Lettering tools
• Composition and hierarchy
• Hand lettering process
• Chalkboard lettering
• Lettering examples
• How to draw letters
• Practice pages, tutorials, and exercises

Start learning how to write and letter beautifully today with Mastering Hand Lettering!

Mye De Leon is a lettering artist and illustrator based in Singapore. Her design history started in 2009 when she opened her first scrapbook design shop and spent more than seven years designing products for memory keepers. Her passion for lettering though, started when she was in grade school. She left lettering aside when she pursued engineering in college until 2014, when circumstances brought her back to her roots. She has released multiple coloring book sets and delivers in-person workshops to lettering enthusiasts across Singapore.

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Art

OCTOBER
First published in 1922, *Etiquette* has served for generations as the premiere guide to manners and decorum. It details the nuances of various social settings as well as how to act within them, so as not to offend any parties present.

Different settings often call for different conduct. In addition to covering general forms of communication, salutations, greetings, and conversation, this classic manual also details what behaviors and topics are socially acceptable (and unacceptable) at specific events such as weddings, formal dinners, engagements, funerals, christenings, games and sports, business and politics, ball and dances, and many, many more. It will teach you the contemporary time period's sense of how an individual should conduct oneself, offering tips and tricks long forgotten in an age of impulse, social awkwardness, and conversational disrepair, condoned by our reliance on technology.

Featuring a new foreword by a leading etiquette consultant, pick up a copy of this stunning new edition of *Etiquette*—start improving your charm and conversational skills today!

Emily Post was born in Maryland in 1872. She later moved to New York and eventually published several novels. However, her greatest success was with etiquette books, of which the 1922 publication of *Etiquette* was the first and launched her career. In 1946, she founded the Emily Post Institute, which continues her work today.

William Hanson is an etiquette consultant, social commentator, and broadcaster who has been labeled by *Sky News* as the UK’s leading consultant in etiquette and protocol.
THE LITTLE RED BOOK OF NEW YORK WISDOM

A thought-provoking collection of quotes inspired by life in the world’s greatest city.

Whether you love its pace or are mystified by its immensity, New York City has a seemingly limitless capacity to spark both refreshingly blunt observations and eloquent descriptions of its daily life and motion. It has inspired countless artists, musicians, and even politicians, all of whom embody the essence of the city: profound, prophetic, quirky, amusing, tough, and amazingly varied.

Inside you’ll find words of wisdom from a plethora of noteworthy New Yorkers, including:

- Joe Namath
- Donald Trump
- Edie Falco
- Woody Allen
- Marilyn Monroe
- Joan Rivers
- Rudy Giuliani
- Bette Midler
- Spike Lee
- And many, many more!

New York boasts a cast of colorful characters like nowhere else, and in The Little Red Book of New York Wisdom they’ll tell you all about their beloved home, as only real New Yorkers could.

Ed Koch was mayor of New York City for three terms from 1978 to 1989. Prior to being mayor, Mr. Koch served for nine years as a congressman and two years as a member of the New York City Council. He was the author of numerous books, including Mayor, Politics, His Eminence and Hizzoner, All the Best, Citizen Koch, and two children’s books that he coauthored with his sister. He was born and raised in New York City. He died in 2013.

Gregg Stebben is the author of eleven books and a writer for Men’s Health, Esquire, Bon Appetit, SPY, and other magazines.

Jason Katzman is an editor and writer. He lives in New York City.
Seph Lawless

ABANDONED
Hauntingly Beautiful Deserted Theme Parks

“The laughs are long gone and the rides all stand silent, but the allure still exists.” —ABC News

Huffington Post called him “a master of the abandoned”—and for good reason. The “artist” known only as Seph Lawless has spent the past ten years photo-documenting the America that was left behind in the throes of economic instability and overall decline—decrepit shopping malls, houses, factories, even amusement parks.

Through more than two hundred gorgeous and elegiac photographs, Abandoned details Lawless’s journey into what was once the very heart of American entertainment: the amusement park. Lawless visits deserted parks across the country, capturing in stark detail their dilapidated state, natural overgrowth, and obvious duality of sad and playful symbolism. Previously self-published as Bizarro, this updated edition of Lawless’s photographic tribute to decaying American amusement parks contains new content and a new foreword.

For the first time, the famed photojournalist Seph Lawless makes his moving work available in a stunning trade edition.

Seph Lawless is best known for his extensive documentation of deserted locations across the globe. Lawless’s work has been widely reported on in the Huffington Post, the Daily Mail, the Independent, Business Insider, Slate, Buzzfeed, and Mashable and on CNN, FOX News, NBC News, and ABC News.

$30.00 hardcover (Can. $47.00)
World (W) • CQ 20
ISBN 978-1-5107-2335-1
8 ½” x 11” • 160 pages
Photography
OCTOBER
The Not For Tourists Guide to Chicago is a map-based, neighborhood-by-neighborhood dream guide that divides Chi-Town into sixty mapped neighborhoods from Gold Coast and Lincoln Park to Wrigleyville and Lakeview. Designed to lighten the load of already street-savvy locals, commuters, business travelers, and yes, tourists too, every map is dotted with user-friendly NFT icons that plot the nearest essential services and entertainment locations, while providing important information on things like kid-friendly activities, public transportation, restaurants, bars, and Chicago’s art scene.

Need to find the best deep-dish pizza hideouts around? NFT has you covered. How about a list of the top sports attractions in the famously sports-crazy city? We’ve got that, too. The nearest beach, jazz club, coffee shop, or bookstore—whatever you need—NFT puts it at your fingertips. This book also features:

- A foldout highway map
- Sections on the North Side, Near North Side, Near West Side, the Greater Loop, the South Side, and Greater Chicago
- More than 150 neighborhood and city maps

It’s the only key to the Windy City that Rahm Emanuel can’t give you.


“For people who don’t want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

“This is one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
Not For Tourists

NOT FOR TOURISTS GUIDE TO BROOKLYN 2018

With details on everything from Coney Island to BAM, this is the only guide a native or traveler needs.

The Not For Tourists Guide to Brooklyn is a map-based, neighborhood-by-neighborhood approach to New York’s most dynamic borough. The Brooklyn guide covers sixteen neighborhoods, with information on services and entertainment venues: everything from restaurants, movie theaters, bagel shops, and bars, to landmarks, art galleries, transportation, and parks.

Want to eat the best Mexican tacos and Salvadoran pupusas? NFT has you covered. How about a list of the hippest coffee houses and coolest bars? We’ve got that, too. The nearest beach, hidden park, pizza place, or bookstore—whatever you need—NFT puts it at your fingertips. This light and portable guide also features:

- A foldout map that covers the entire borough, including streets, subways, and buses
- More than seventy-five neighborhood maps and profiles
- Listings for nightlife hot spots
- Details on museums and sports
- Essential Brooklyn books and movies

This guide is a must-have for all Brooklynnites and their outta-town visitors.


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OCTOBER

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NOT FOR TOURISTS GUIDE TO LOS ANGELES 2018

With details on everything from the Hollywood Bowl to the Sunset Strip, this is the only guide a native or traveler needs.

The Not For Tourists Guide to Los Angeles is the essential urban handbook that thousands of Los Angelenos rely on daily. The map-based, neighborhood-by-neighborhood guidebook divides the city into fifty-seven mapped neighborhoods and pinpoints all of the essential services and entertainment hot spots with NFT’s user-friendly icons.

Want to drive around the palm tree–peppered concrete jungle like a pro? NFT has you covered. How about sunbathing on a beach? We’ve got that, too. The nearest Hollywood club, holistic health practitioner, sports outing, or shopping destination—whatever you need—NFT puts it at your fingertips. The guide also includes:

- A foldout highway map covering all of Los Angeles
- More than 150 neighborhood and city maps
- A guide to TV and movie studio locations
- Listings for the best shopping destinations

Everything from supermarkets, cafés, bars, and gas stations, to information on twenty-four-hour services, beaches, public transportation, and city events—NFT will help you find a boutique for an Oscar gown and then show you how to get there.


“For people who don’t want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

“This is one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
The Not For Tourists Guide to Madrid is a map-based, neighborhood-by-neighborhood dream guide designed to lighten the load of already street-savvy Madrileños, commuters, business travelers, and, yes, tourists too.

The book includes everything from restaurants, bars, shopping, and theater to information on hotels, airports, parks, transportation, and landmarks. Need to find the best tapas places around? NFT has you covered. How about a list of the top vintage clothing stores in the city? We’ve got that, too. The nearest movie theater, bakery, or coffee shop—whatever you need, NFT puts it at your fingertips. This pocket-sized book also features:

- A foldout Metro map
- More than two dozen neighborhood maps
- Details on parks and places
- Listings for arts and entertainment hot spots

All written by locals, for locals. It is the indispensable guide to the city. Period.


“For people who don’t want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

“This one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
NOT FOR TOURISTS GUIDE TO PARIS 2018

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The book includes everything from restaurants, bars, shopping, and theater to information on hotels, airports, parks, transportation, and landmarks. Need to find the best Parisian bakeries around? NFT has you covered. How about a list of the top vintage clothing stores in the city? We’ve got that, too. The nearest movie theater, art gallery, or coffee shop—whatever you need, NFT puts it at your fingertips. This pocket-sized book also features:

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“This one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
In *QJ/WIN*, Ralph Ganis and H. P. Albarelli, Jr. investigate one of the most important but elusive figures in the conspiracy to kill President Kennedy, who for decades has been known solely by his titular initials.

By acquiring and translating previously unavailable documents, shared in this book, they have uncovered the identity of this central figure in the conspiracy. They also unpack his heretofore unexplored background—a former Nazi SS officer recruited by members of the American deep state to train paramilitaries and other special forces, who would eventually assassinate our thirty-fifth president. In so doing, Ganis and Albarelli unmask the collusion of high ranking officials in both the Pentagon and CIA in the Kennedy assassination, and the extensive efforts to obfuscate the involvement of its chief conspirators.

*QJ/WIN* is essential reading for anyone who wishes to understand this critical historical moment.

Major **Ralph P. Ganis** is a retired United States Air Force Reserve intelligence officer who also served in the United States Army, the United States Marine Corps, and as a civilian intelligence officer for United States Special Operations Command. While attending the National Intelligence University (Defense Intelligence Agency) in 1994, he was the first recipient of the Admiral Chester W. Nimitz Award for excellence in archival research supporting an intelligence study, personally presented by the Chief Historian of the United States of America.

**H. P. Albarelli, Jr.,** is an author and reporter whose previous works can be found in the *Huffington Post*, *Pravda*, and *CounterPunch*. His ten-year investigation into the death of biochemist Dr. Frank Olson was featured on A&E’s *Investigative Reports*. He lives in Indian Beach, Florida.
In the wake of Edward Snowden’s disclosures about the National Security Administration spying on American citizens and press revelations of police-caused fatalities, suspicion of the government is no longer a monopoly of the political right. A recent Gallup poll found that 49 percent of Americans agreed that the government posed “an immediate threat to the rights and freedoms of ordinary citizens.” I’m from the Government and I’m Here to Kill You taps into this new awareness by recounting the stories of selected great and fatal government debacles—and of how the bureaucrats responsible escaped all accountability.

The book begins with the 1947 Texas City explosion, where the government produced thousands of tons of bomb-grade ammonium nitrate and decided it would make good fertilizer. The resulting detonations killed 600 Americans, yet the courts held the government was immune from lawsuits. Next, I’m from the Government outlines the negligence that distributed nuclear fallout across the West, even as the government assured the victims that they were at no risk, the Waco raid and siege that killed six agents and nearly a hundred civilians, the Veterans’ Administration scandal that saw vets dying while waiting for doctors’ appointments, and a number of other instances of official negligence that resulted in the deaths of many Americans.

With federal civilian employment approaching three million persons, we can no longer tolerate a legal regime that immunizes their negligence and rewards their agencies for dangerous practices. I’m from the Government will end by proposing reforms that will protect the public from such disasters in the future.

David T. Hardy practices law in Tucson, Arizona, after spending ten years in the Interior Department’s Office of the Solicitor, Washington, DC. He has published four books, one a New York Times best-seller, and twenty-five law review articles, which have twice been cited by the U.S. Supreme Court.
Malcolm Nance; Foreword by Richard Engel

**DEFEATING ISIS**
Who They Are, How They Fight, What They Believe

A New York Times bestseller explaining the history and tactics of the global terror group, and how to use that knowledge to defeat it.

ISIS—the Islamic State of Iraq and Syria—has taken on the mantle of being the single most dangerous terrorist threat to global security since al-Qaeda. In Defeating ISIS, internationally renowned intelligence veteran and counterterrorism expert Malcolm Nance, author of The Plot to Hack America and Hacking ISIS, gives an insider’s view to explain the origins of this occult group, its violent propaganda, and how it spreads its ideology throughout the Middle East and to disaffected youth deep in the heart of the Western world.

The group and its followers have struck repeatedly over the past few years: in Paris, Brussels, and Nice; at a center for developmental disabilities in San Bernardino, California; and at the Pulse nightclub in Orlando, Florida. Defeating ISIS gives a step-by-step analysis of the street-level tactics the terrorists have employed in assaults against fortified targets, in urban combat, and during terrorist operations both at home and abroad. As much as ISIS is a threat to Western targets and regional stability in the Middle East, Nance describes not only its true danger as a heretical death cult that seeks to wrest control of Islam through young ideologues and redefine Islam as a fight to the death against all comers, but also how to defeat it.

Updated throughout and featuring a new afterword, Defeating ISIS is a highly detailed look into the organization by one of the world’s foremost authorities in counterterrorism.

Malcolm Nance is a globally recognized counterterrorism expert and Intelligence Community member who has been deployed to intelligence operations in the Balkans, the Middle East, and sub-Saharan Africa. He is the author of The Plot to Hack America, Hacking ISIS, and the Terrorist Recognition Handbook and appears regularly on MSNBC. Nance lives in Philadelphia, Pennsylvania.

Richard Engel is the award-winning chief foreign correspondent for NBC News and has been in the Middle East war zone for more than twenty years. He is the author of And Then All Hell Broke Loose, War Journal, and A Fist in the Hornet’s Nest.

“You should buy this book.” —Rachel Maddow, MSNBC

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Malcolm Nance
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DEFEATING ISIS
WHO THEY ARE, HOW THEY FIGHT, WHAT THEY BELIEVE

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Alicia Eler

**THE SELFIE GENERATION**

How Our Self Images Are Changing Our Notions of Privacy, Sex, Consent, and Culture

For readers of Nancy Jo Sales and Sherry Turkle, a revealing and irreverent look at the power and potential of selfies in our modern world of social media.

Whether it’s Kim Kardashian uploading picture after picture to Instagram or your roommate posting a mid-vacation shot to Facebook, selfies receive mixed reactions. But are selfies more than, as many critics lament, a symptom of a self-absorbed generation?

Digital native Alicia Eler’s *The Selfie Generation* is the first book to delve fully into this ubiquitous and much-maligned part of social media, including why people take them in the first place and the ways they can change how we see ourselves. Eler argues that selfies are just one facet of how we can use digital media to create a personal brand in the modern age. More than just a picture, they can be a positive and important part of a conversation.

Eler examines all aspects of selfies, other forms of digital communication, and the generation that has grown up with them. She looks at how the boundaries between people’s physical and digital lives have blurred with social media; she explores questions of privacy, consent, ownership, and authenticity; and she points out important issues of sexism and double standards wherein women are encouraged to take selfies but then become subject to criticism and judgment. *The Selfie Generation* is a compelling and fascinating argument for the power of the selfie and a rebuttal to all those who would dismiss them.

Alicia Eler is a writer, culture journalist, and selfie expert who covers art, culture, and Internet humor for *Hyperallergic, Daily Dot LOL,* and others and writes narrative essays for the *Guardian* and *Fusion.* Her coverage of selfie culture has been featured in *New York Magazine* and the *Washington Post.* She has been cited and featured as an expert or contributor in many publications including *Buzzfeed, Daily Dot, Daily Mail, Gawker, Psychology Today,* *Vice* magazine, and others. She’s given lectures and been a member of panel discussions on selfies and social media. She is based in Los Angeles.
Lara Lillibridge

GIRLISH
Growing Up in a Lesbian Home

An honest, unfiltered memoir about a girl with an unconventional family.

“T

the story everyone wants to hear isn’t the story I want to tell.” Lara Lillibridge grew up with two moms—an experience that shaped and scarred her at the same time. Told from the perspective of “Girl,” Lillibridge’s memoir is the no-holds-barred account of childhood in an unconventional household. Personally less concerned with her mother’s sexuality and more with how she fits into a world both disturbed and obsessed with it, Girl finds that, in other people’s eyes, “The most interesting thing about me is not about me at all; it is about my parents.”

It won’t be long before readers realize that “unconventional” barely scratches the surface. In the early years, Girl’s feminist mother reluctantly allows her to play with her favorite Barbies while her stepmother refuses to comfort her when she wakes up from nightmares. She swims naked with her lesbian mother and stepmother in upstate New York. Girl and her brother travel four thousand miles—unaccompanied—to visit their father in rural Alaska, where they sleep in a locked cabin without running water, telephone, or electricity. Raised to be a free spirit by norm-defying parents, Girl has to define her own boundaries as she tries to fit into heteronormative suburban life, all while navigating her mother’s expectations, her stepmother’s mental illness, and her father’s serial divorces.

Not wanting to be the poster child for either camp on the issue of same-sex parenting yet unable to escape the facts of her upbringing, Lillibridge bravely tells her own story and offers a unique perspective on what it means to be raised by lesbians. At times humorous and pithy while cringe-worthy and heartbreaking at others, GIRLISH is a human story that challenges readers to reevaluate their own lives and motivations.

Lara Lillibridge sings off-beat and dances off-key. She is a graduate of West Virginia Wesleyan College’s MFA program in creative nonfiction. In 2016, she won the Slippery Elm Literary Journal’s Prose Contest, American Literary Review’s Creative Nonfiction Contest, and was a finalist in both Black Warrior Review’s Nonfiction Contest and Disquiet’s Literary Prize in Creative Nonfiction. Lara resides in Lakewood, Ohio.
What country makes the best chocolate? Most people would answer “Switzerland,” or, if they’re discerning, “Belgium” or “France.” But, how many cocoa trees grow in Zürich? Lyon? Antwerp? Shouldn’t the country known for growing the best cocoa beans be the one that makes the best chocolate? So, captivated by theories of international trade but with precious little knowledge of cocoa or chocolate, Steven Wallace set out to build the Omanhene Cocoa Bean Company in Ghana—a country renowned for its cocoa and where Wallace spent part of his youth—in a quest to produce the world’s first export-ready, single-origin chocolate bar. What followed would be the true story of an obroni—white person—from Wisconsin taking on the ultimate entrepreneurial challenge.

Written with sensitivity and devastating self-awareness, Obroni and the Chocolate Factory is Steven’s chaotic, fascinating, and bemusing journey to create a successful international business that aspired to do a bit of good in the world. This book is at once a penetrating business memoir and a story about imagining globalization done right. Wallace’s picaresque journey takes him to Ghana’s residence for the head of state, to the Amsterdam offices of a secretive international cocoa conglomerate, and face-to-face with key figures in the sharp-elbowed world of global trade and geopolitics. Along the way he’ll be forced to deal with bureaucratic roadblocks, a legacy of colonialism, corporate intrigue, inscrutable international politics, a Bond-esque villain nemesis, and constant uncertainty about whether he’ll actually pull it off. This rollicking love letter to both Ghana and the world of business is a rare glimpse into the mind of an unusually literate and articulate entrepreneur.

Steven Wallace is the founder and CEO of the Omanhene Cocoa Bean Company, the first company to sustain exports of premium chocolate manufactured entirely in Africa, and credited with producing the world’s first single-origin chocolate bar in 1994. Wallace often speaks on economic development, cross-cultural issues, and the challenges of starting a gourmet food business in Africa. He lives in Whitefish Bay, Wisconsin.
Michael Fiegel
BLACKBIRD
A Novel

A dark, biting literary debut for fans of Caroline Kepnes following the unlikely bond between two sociopaths—and the destruction left in their wake.

“When I was eight years old, I was abducted from a fast food restaurant by a man who took me, in all likelihood, because of a small splotch of mayonnaise on his hamburger. And so I believe in neither free will nor predetermination. I believe in condiments.”

A cold-blooded killer-for-hire, Edison North drifts across America from city to city, crime scene to crime scene, leaving behind a world in flames. But during a random bloodbath at a fast food restaurant, Edison meets Christian, a young girl who mirrors his own vacant stare and stink of “other.” Though it’s been a long time since he felt anything resembling a human connection, something about this desperately lonely child calls to him. Edison feels certain she deserves better. And while he is not convinced that he can give her that, he can make her stronger. So begin the chronicles of Edison North—and his protégé.

As Edison begins Christian’s strange apprenticeship, Christian looks back upon her fractured upbringing and the training that made her into the killer she’s become. What follows is a brilliant—and ultimately tender—character study of two outsiders whose improbably forged bond unleashes a new facet of the human experience between them—and a jagged slash of violence on the world around them.

Michael Fiegel is a writer and designer best known as the creator of Ninja Burger, an Internet cult classic that spawned a series of books and games. In addition to his work in the game industry, Fiegel has written and designed for a number of online outlets. Blackbird is Michael Fiegel’s first novel. He lives in Seattle with his wife and two cats.

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Eli Yance

CONSEQUENCE
A Thriller

When three worlds collide, five lives will never be the same again.

A millionaire businessman and his loving family; two young conmen and an unspoken bond; and a pair of hardened hit men—these three groups are from different worlds, but one event will bring those worlds together and change their lives forever.

Richards and Phillips have been looking for a big score—something that will help them leave all their petty cons and crimes in the dust. And Price, the local (and loaded) businessman may just be able to lead them to it. However, the conmen aren’t the only ones with their eyes on Price.

It just takes one mistake, one stroke of bad luck, and nothing will be the same ever again. Drugs, theft, fraud, kidnapping, and murder—everyone has their vices, but sometimes it’s the innocent ones who pay the most.

Consequence is fast-paced crime thriller that follows three interconnected story lines from their innocent beginnings to their destructive ends. This brutal, violent thriller exposes the cold, callous underbelly of the criminal world, as well as all the innocent lives it drags into its clutches.

Eli Yance lives in Northumberland, England, with his wife and dogs. He doesn’t spend nearly enough time with the former and spends far too much time with the latter. Eli started writing at a very young age, penning his first complete novel when he was just eleven and publishing his first short story at eighteen. He is also the author of House 23.

Praise for Eli Yance:

“The perfect read.” — Fangoria, on House 23

“A taut psychological thriller that will keep the reader engrossed until the explosive conclusion.” — Vaughn C. Hardacker, author of Black Orchid, on House 23
The year is 1871, Lucy Maloney, a kept woman, has been found murdered and stuffed in a trunk at the Hudson railway depot and New York journalist Charles St. Clair is on the story. The clues lead him from the mansions of Fifth Avenue to the brothels of SoHo to the dangerous saloons on Water Street. When the medical examiner reveals that the woman died from a botched abortion, St. Clair sees a connection to his late wife’s death from the same procedure. St. Clair and his boss hire Ruth Cardaso, a beautiful actress, to visit abortion clinics gathering information for an article he plans to run called “Evil of the Age.” Deceit at the highest levels of political power comes to light when they uncover Lucy’s connection to a ring of abortionists and to Madame Philippe, a wealthy woman known as “Madam Killer.”

As St. Clair dives deeper into the city’s sordid politics, he finds villains in surprising places and comes to suspect that while petty crime in New York is rampant, organized crime trickling from the top down is the true scourge on society. *Evil of the Age* is a well-crafted mix of historical lore and political corruption set against the seedy background of mid-1800s New York City.

Allan Levine is an award-winning writer, historian, and educator. He is the author of nine books, including the Sam Klein mystery trilogy (which was published in Canada and Germany). He lives in Winnipeg, Manitoba, Canada.

“Based on real people and events, the mystery is satisfying and the historical detail fascinating and topical.” —Kirkus

“[St. Clair’s] role as an investigative journalist willing to turn corrupt politicians on their collective ears and to track villainous vermin down their historical paths. . . is potentially classic.” —Mysterious Reviews

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6” x 9” • 336 pages
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Previous edition: 978-1-63158-011-6
PURGATORY GARDENS
A Novel

“Lust, murder, and secrets collide to create a perfect tale of just-past-their-prime connivers looking for one more second chance.” —Paul Malmont, author of The Astounding, the Amazing, and the Unknown

This hilarious noir romantic comedy set in Palm Springs introduces Sammy Dee, a mid-level Long Island mafioso in witness protection, and Didier Onyekachukwu, the corrupt ex-minister of finance of the former Upper Volta, who escaped twenty-four hours before the firing squad. Both find themselves in late middle age, living in the Southern California version of genteel poverty in a down-market condo called Paradise Gardens.

Enter Marcy Gray, a “mature” actress barely getting by on a meager Screen Actors Guild pension. She’s looking for a guy to help through the duration, and at this point, she’d settle for someone who doesn’t pick his teeth at the table and who drives at night. Her search has narrowed to two fellow residents: Sammy and Didier, who, being male, are mostly interested in getting into Marcy’s pants—though a little of the money they mistakenly think she has wouldn’t hurt either. Once both men realize that the other is the primary obstacle to Marcy’s affections, each puts a hit out on the other. Inadvertently, they hire the same father-son demolition squad, and that’s where the fun begins!

Peter Lefcourt is an Emmy Award–winning writer and producer of film and television. His first novel, The Deal, was a cult favorite in Hollywood, has been adapted into a movie, and is one of ten books that John Gotti reportedly ordered from jail. He was, among other things, a writer on Cagney and Lacey and co-executive producer on ABC’s Desperate Housewives. He currently resides in Santa Monica, California.

“Hilarious, touching, beautifully written, and engaging throughout. . . . A hard-hitting but good-natured satire of just about everything that makes us Americans. Two thumbs up for this fine and very funny novel.” —Howard Frank Mosher

“A light-hearted read that will both lift your spirits and make you hope that your own retirement will be nothing like the one portrayed.” —Alan Jacobson, New York Journal of Books

“Lefcourt deftly plays this twisted tale of romance among senior citizens for laughs. . . . Emmy-winner Lefcourt . . . delivers a novel ready-made for the movies.” —Publishers Weekly

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Jeff Lazarus

**DOGTOLOGY**


“\[I think the concept of Dogtology is as fresh and unique as *Chicken Soup for the Soul* was two decades ago.\]” —Jack Canfield, cocreator, *Chicken Soup for the Soul* series

 Chew on this. As humans, we have a deep need to believe . . . a need to relate to something greater and more ideal than ourselves. Perhaps that’s why so many millions believe in Dog. Man’s devotion to Dog has come to rival the great -isms and -ologies of the world. This thing has gone way beyond a hobby. We many not literally worship Dogs, but we come pawfully close. This rabid reverence for Rover has a name: Dogtology.

*Dogtology* is for the dog lover who has bailed on a date because they didn’t want Twinkles to be left home alone. It is for the human whose dog owns a more festive holiday wardrobe than they do, whose pups dine on free-range bison burgers while they live off ramen, or whose smartphones have more photos of their dog than of the humans in their family.

*Dogtology* is a humorous exploration of man’s fanatical devotion to Dog. In this sacred *dogtrine*, the case is made that Dogtology has become a bone-a-fide belief system on par with the world’s great philosophies and religions.

**Jeff Lazarus** has enjoyed a career spanning more than two decades with one of the world’s leading pharmaceutical companies. He is a health science consultant, serving as a scientific liaison to physicians, academicians, and health educators. As a five-time recipient of the Vice President’s Award, he has earned “Hall of Fame” status. Lazarus has a BA in speech communication from California State University, Long Beach, and an MBA from Pepperdine University. He has taught public speaking at the university level and conducted numerous workshops on listening, presentation skills, and customer engagement. This passion was behind the release of *Listen Like a Dog: And Make Your Mark on the World*, a topic near and dear to his heart. The author resides in Irvine, California.
Jeff Lazarus

**CATAKISM**

Bow to the Meow

We may not literally worship cats, but we come whisker close . . . and cats wouldn’t have it any other way.

Why is it that humanity has become so thoroughly enraptured with felines, obsessed not only with having cats but with talking about cats, sharing YouTube videos of cats sitting in boxes too small for their bodies, decorating their iPhone covers with kitty paw prints, and buying “My Therapist Has Whiskers” coffee mugs?

What has caused us to enthroned cats as the most popular pet on the planet? Why do we devote so much of our time and income to grooming, feeding, coddling, photographing, praising, providing laps for, and “entertaining” our cats? If an anthropologist from outer space were to study our civilization objectively, would she not conclude that our devotion to Cat amounted to nothing less than a full-blown religion? Would she be wrong?

Catakism, the belief system, is rooted in a bold premise: namely, that felines are humanity’s biological and spiritual masters. After all, if that alien anthropologist were to study our two species closely, which one would she conclude was higher up on the food chain—the one that plows the fields and provides food and shelter, or the one that curls up on a silk pillow all day and eats Fancy Feast Chicken Tuscany with Long Grain Rice and Garden Greens? By allowing Man to handle all of Her low-level needs, Cat has freed Herself up to do the higher-level spiritual work that Man has no time for, such as meditating seventeen hours a day, teleporting into locked rooms and cabinets, communing with disembodied spirits, and reeducating humanity on the true purpose of boxes, bags, and keyboards.

Jeff Lazarus, a health science consultant, has enjoyed a career spanning more than two decades with one of the world’s leading pharmaceutical companies. Lazarus has a BA in speech communication from California State University, Long Beach, and an MBA from Pepperdine University. He has taught public speaking at the university level and conducted numerous workshops on listening, presentation skills, and customer engagement. This passion was behind the release of *Listen Like a Dog: And Make Your Mark on the World*, a topic near and dear to his heart. His love for dogs is portrayed in his book *Dogtology*. The author resides in Irvine, California.
Boze Hadleigh

LIFE’S A POOCH
Quotes about Dogs by People Who Love Them

“Read this with your dog—you’ll both love it!” —Betty White

Life’s a Pooch is, pardon the expression, catnip for dog lovers. Its five riveting chapters comprise hundreds of celebrity quotes and anecdotes about everyone’s best friend. By turns funny, touching, surprising, and informative, it embraces every aspect of the human-dog bond, explores our furry companions’ sometimes baffling world, and celebrates their impact on ours. Those quoted range from animal superheroes Betty White and Doris Day to Leonardos da Vinci and DiCaprio to dog trainers, Lassie costars, singers and actors, presidents, Walt Disney, and Martha Stewart—to name a few!

Did you know that . . .

- Comparing canines with people, Marilyn Monroe once said, “A dog will never tell you to shut up”?
- Aldous Huxley explained the pooch’s popularity: “To his dog, every man is Napoleon,” while President Harry Truman advised, “If you want a friend in Washington, get a dog”?
- For Renée Zellweger, “Finding exactly the right dog is a lot like falling in love”?
- Peanuts creator Charles M. Schulz felt, “Happiness is a warm puppy”?
- And singer Adele is happy to be “my dog’s best friend”?

Poignant, silly, and heartwarming, Life’s a Pooch is a must-have for every dog lover!

Boze Hadleigh is the author of twenty-three books, including Holy Cow!—Doggerel, Catnaps, Scapegoats, Foxtrots, and Horse Feathers, about animal words, phrases, and expressions. He speaks five languages, has visited sixty-two countries, holds a master’s degree in journalism, and has won on Jeopardy! Hadleigh lives in Beverly Hills, California, and Sydney, Australia.
The Yellowstone grizzly population has grown from an estimated 136 bears when first granted federal protection as a threatened species to as many as 1,000 grizzlies in a tri-state region today. No longer limited to remote wilderness areas, grizzlies now roam throughout the region—in state parks, school playgrounds, residential subdivisions, on farms and ranches, and in towns and cities throughout the region.

*The Return of the Grizzly* tells the story of the successful effort to recover this large carnivore and the policy changes and disputes between bear managers and bear advocates. For the first time, it provides insight into what recovery means for the people who now live with grizzlies across a broad landscape. From cowboys on horseback chased by a charging grizzly, and grizzlies claiming game animals downed by human hunters, to the numerous self-defense killings of grizzlies that occur each year, the book examines increases in conflicts and human fatalities caused by grizzlies in this ecosystem inhabited by humans who live there year-round. Human–bear interactions, grizzly attacks and deaths, avoiding attacks, effects on agriculture, wildlife protesters, the consequences of bear habituation, and more are all covered.

Cat Urbigkit is an award-winning author and photographer with three adult nonfiction titles and seven nonfiction photo essays for children in print. A former reporter and newspaper owner, she is editor and co-owner of *The Shepherd* magazine, a national sheep and goat industry publication. She has raised and worked with livestock guardian dogs in large carnivore country for decades, and she has coauthored several papers about their use. She resides in Pinedale, Wyoming.
Alana Hitchell

ARTIFACTS OF A ’90S KID
Humorous Musings and Observations for Every Millennial

Alana Hitchell invites you on a journey to the greatest decade of all time.

She reminds you what it was like to grow up during an era that consisted of playing countless hours of Nintendo, reading Lurlene McDaniel books, and wearing Esprit T-shirts and Yoyo Jeans. With no real responsibilities to worry about, a typical day involved playing board games, eating junk food, and obsessing over the latest Lisa Frank stickers.

Artifacts of a ’90s Kid is a candid, coming-of-age, humorous account of Alana’s experiences as a millennial growing up in Central Illinois. It focuses on her elementary and junior high school years (1992–1999) and includes present-day commentary. Alana offers up a hilarious compilation of diary entries, homework fails, notes, artwork, poetry, and awkward photos from her childhood—all that and a bag of chips!

Although the handwriting and spelling can be atrocious at times, millennials will relate to Alana’s diary entries describing a very innocent, honest, and naive time when life was simple and carefree. Featuring many milestones of growing up—from making friends, to crushes, to being overly dramatic—along with some totally dope nineties references that every millennial is sure to enjoy.

Alana Hitchell is the creator behind the blog My 20-Year Diary. When she isn’t reading books or writing in her diary, she enjoys watching Dateline murder mysteries. Alana still has an extremely unhealthy diet and currently resides in Bloomington, Illinois with her boyfriend and beloved dachshund.

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Humor
NOVEMBER
OUTDATED ADVERTISING
Memories from a Less-than-PC Era

This outrageous collection of inappropriate ads will have you turning the pages and shaking your head in disbelief.

Outdated Advertising: Memories from a Less-than-PC Era takes a look at print advertising from the mid-1850s through the 1980s with an eye toward ads that were notorious for their sexist, racist, politically incorrect, or otherwise wildly inappropriate content—or for just plain bad taste.

Among the dozens of full-color examples, readers will find:

- A woman being spanked by her husband for not buying the right coffee.
- The story of a mother having to turn her child over to an orphanage because her late husband didn’t keep up his life insurance payments.
- Aunt Jemima declaring “Happy days is here!” because of her new pancake recipe
- Doctors promoting particular brands of cigarettes
- The Michael Jackson Rainbo Brite portable record player with the copy line, “Gifts to keep children singing”

Advertising has changed over the decades—that is a major understatement. Despite the nostalgia of such shows as Mad Men, the outrageous images in Outdated Advertising show readers just how far we’ve come since then.

Michael Lewis is a twenty-year veteran of the book publishing business, having acquired and edited hundreds of books. He is also the author or coauthor of a dozen books, including The 100 Best Beatles Songs (with Steve Spignesi) and A Guy Walks into a Bar. He lives in Westwood, New Jersey.

Stephen Spignesi is a bestselling author of more than sixty titles, including books about Stephen King, the Beatles, American and world history, the Titanic, George Washington and the American presidents, the Founding Fathers, John F. Kennedy Jr., world disasters, Robin Williams, and Woody Allen. His novel Dialogues was hailed as a “reinvention of the psychological thriller.”
John Getchell

THE SIGN OF THE APOCALYPSE
Ruminations and Wit from an American Roadside Prophet

A compendium of observations, quotes, and realizations composed upon an internally illuminated, portable marquee.

Friends, neighbors, and passersby from all over the country can't fail to miss “The Sign's” constantly changing humor and insight. On occasion, The Sign of the Apocalypse (SOTA) traffics in the earnest, but at its heart is rooted in a deep-seated desire to express the sarcastic and snort-worthy. This, and a love of haiku, pizza, Latin, double entendre, and the worst puns ever crafted.

Two years in the making, the message on “The Sign” is changed on a daily basis, with the primary benefit of slowing passing traffic to a honking crawl. It was designed to convey pithy tidbits of thought and wordplay. In its conception, SOTA was perpetrated in spite of the objection of the author’s girlfriend, and with hopes of creating controversy and dismay in the local community. The girlfriend packed up and left, and the community and town fathers were surprisingly gruntled by the proceedings.

Pun-ny and sarcastic signs include:

- When attacked by a gang of clowns, go for the juggler.
- What if doing the Hokey Pokey really is what it’s all about?
- Legalize marinara.
- A penny saved is ridiculous.
- Wendy, please take me back/I’m so miserable/It’s almost like/You’re still here.

John Getchell is a writer, humorist, and performance artist. He crafted his piquant sense of humor in the company of mellifluous malaprops, and matriculated in a downward spiral of progressively less distinguished educational establishments, ultimately graduating from Bennington College, in Vermont. John is inexplicably single, and awaits being claimed by his birth parents and children. He resides in Arundel, Maine.

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NOVEMBER
Doris Wai

EXTRAORDINARY HAND LETTERING
Creative Lettering Ideas for Celebrations, Events, Décor, & More

Bring beauty into your life by transforming everyday objects into gorgeous and functional pieces.

Are you a curious hand lettering beginner or longtime enthusiast looking to take your craft to the next level? Or are you a DIY guru or event planner wishing to breathe new life into a boring gift, event signage, or party décor? Extraordinary Hand Lettering opens your eyes to the endless possibilities in the world of creative lettering, showing you how to work with types of surfaces, such as wood, glass, acrylic, chalk, and even mirrors.

First, learn the simple tools and tricks of hand lettering essentials—cursive and basic typefaces, creating balance and composition, and how to draw letters, as well as secret tips on what words you should choose to spotlight or shadow.

Then, discover the lettering potentials of everyday items by transforming household objects or discarded items, such as old vintage mirrors, jewelry, and furniture, into a customized gift, unique decoration, quirky art piece, or stunning signage—all with the right lettering and choice of pen, pencil, or marker. For all DIY art-and-crafters, homemakers, and small business entrepreneurs, lettering is a versatile and necessary skill that can repurpose the old into something that is new, beautiful, and functional.

Finally, draw inspirations from twelve whimsical projects suited for the girly girl, the sophisticated man, or the modern minimalist. Combine the art of lettering and upcycling crafts to bring beauty into your everyday lifestyle.

Doris Wai is an illustrator devoted to drawing letters. A self-made entrepreneur with her company Love Lettering, she sees all objects, plain or ornate, as blank canvases with amazing potential to be more than what they are. She lives in Toronto, Canada.
Sewing is an indispensable skill if you want to become more resourceful, enabling you to fix a button, mend a split seam, or even make your own clothes.

This book starts with the basics, such as choosing your equipment and fabrics, before proceeding to guide you through a range of sewing projects, each of them accompanied by step-by-step illustrations and straightforward instructions. Budding stitchers will find themselves turning to these pages time and time again to help them master the essentials of this rewarding craft.

The Anyone Can series has been created with the absolute beginner in mind as well as those who would welcome a refresher in the most popular needlecrafts.

Other titles in the series are:

- *Anyone Can Papercraft*
- *Anyone Can Knit*

**Charlotte Gerlings** was born in Reading, Berkshire. She graduated in publishing from Oxford Polytechnic (now Oxford Brookes University) and since then has worked as a book designer, writer, and editor. She lives in South West London and is currently studying at Wimbledon School of Art for her MA in fine art.
Elizabeth Moad

ANYONE CAN PAPERCRAFT
A Beginner’s Step-By-Step Guide to Papercrafting Skills

Learn how to make amazing crafts using only simple household items and paper!

A personally handmade gift means much more to both giver and recipient than one that has been bought from a shop, and with a few easy techniques it’s possible to make a card, gift, or decoration that is not only unique but professional and eye-catching.

Anyone Can Papercraft is a beautifully presented practical guide to a popular and rewarding craft and features:

- Sections on equipment, materials, and basic techniques
- Thirty original projects, ranging from cards and tags to keepsakes, gifts, and decorations
- Step-by-step photography, concise instructions, and templates

Other titles in the series are:

- Anyone Can Knit
- Anyone Can Sew

Elizabeth Moad is a busy papercrafter, workshop tutor, and author. Moad is accomplished in many crafting techniques but is widely known for her talent in papercrafts and especially paper quilling. She is a regular contributor to UK magazines such as Papercrafter magazine and has run card-making workshops in Suffolk for the past six years. She lives in London, United Kingdom.

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8 7/8” x 11” • 128 pages
Crafts
NOVEMBER
Libby Summers

ANYONE CAN KNIT
A Beginner’s Step-By-Step Guide to Essential Knitting Skills

Anyone Can Knit sets out to prove its claim with a treasury of know-how ideas and stylish projects for the beginner as well as the more advanced knitter. Good designs, combined with some simple skills, make this a hobby anyone can try and succeed in.

This beautifully presented practical guide to essential knitting skills features:

- An introductory section on basic equipment, materials, and the language of knitting
- Photo tutorials throughout illustrating fundamental knitting techniques
- Eighteen original projects appealing to every skill level
- Step-by-step instructions with concise patterns and charts to follow, a detailed materials list, and beautifully styled photography

Other titles in the series are:

- Anyone Can Papercraft
- Anyone Can Sew

Libby Summers is a professional knitwear designer who has been creating and manufacturing knitted goods by hand since 2007. In addition to contributing to many UK knitting magazines, she has designed for high-profile clients, such as John Lewis, Knitcrate in the United States, and major yarn manufacturers.
No matter how much Spanish you study, it’s nearly impossible to fully convince the native speakers that you’ve got it. Even those estudiantes perfectos who have seemingly mastered speaking a foreign language in a classroom run into problems in real-life situations. 3,000 Spanish Words and Phrases They Won’t Teach You in School goes beyond classroom Spanish by thoroughly explaining expressions, idioms, and quirks used daily by native speakers. This must-have manual also includes information on pronunciation, manners, abbreviations, and culture, making it much more than a phrase book!

Learn within these pages everything you need to know to speak colloquial Spanish, including:

- Translation of common proverbs: Like When in Rome, do as the Romans do.
- Slang: Like ¡Alivianate!—cheer up or get high.
- Dual words: Like integro and entero—with the same meaning.
- False cognates: Words that are similar but have very different meanings in English and Spanish.

So next time you plan a trip or just want to impress your friends, pick up 3,000 Spanish Words and Phrases They Won’t Teach You in School and drop the stuffy high school phrase book!

Eleanor Hamer is a writer and a teacher. She is currently the official translator for PricewaterhouseCoopers in Mexico City. She lives in Cuernavaca, Mexico.

Fernando Díez de Urdanivia is a Mexican-born writer, journalist, and teacher of both English and Spanish. He lives in Cuernavaca, Mexico.
Revive your inner pilgrim and master the art of colonial cooking with sixty recipes celebrating America’s earliest days!

From their voyage on the Mayflower to the American Revolution, early American settlers struggled to survive in the New World. Join us as we travel through time and discover how our forefathers fed their families and grew a nation—from eating nuts and berries to preparing fantastic feasts of seafood and venison—and learn to cook like them, too!

With gorgeous and whimsical hand-drawn illustrations, A Thyme to Discover, spanning the seventeenth and eighteenth centuries, is a historical cookbook for foodies, history buffs, and Americans alike. Cohen and Graves reimagine original colonial recipes from pilgrims, presidents, and Native Americans, and modify them to suit modern palates. Arranged chronologically as the English settlers cooked and ate their way into becoming Americans, these deliciously historical recipes include:

- “Don’t Go Hungry, Newbie” Stewed Pumpkin (the first Thanksgiving, 1621)
- Guinness and Lamb Shepherd’s Pie (the first St. Patrick’s Day, 1737)
- Alexander Hamilton’s Vanilla Ice Cream and Abraham Lincoln’s Chicken Fricassee
- The Wampanoag Tribe’s Three Sisters Recipe of Corn, Beans, and Squash
- Benjamin “Foodie” Franklin’s Parmesan Cheese and Tofu
- And many more!

Including a “Tipsy Timeline” of New World alcoholic beverages, the menus of the oldest taverns in America, and other bite-sized tidbits to satiate your curiosity and hunger, A Thyme to Discover revives forgotten culinary traditions and keeps them alive—on your own dinner table.

Tricia Cohen is a gourmet home cook, and sous chef. Together with Lisa Graves, she authored A Thyme and Place: Medieval Feasts and Recipes for the Modern Table, the first in a three-part historical cookbook series. She lives in North Truro, Massachusetts.

Lisa Graves is the author and illustrator of the series Women in History and the creator of Historywitch.com, a site dedicated to history’s most fascinating characters. She lives in Medway, Massachusetts.
Norway’s most acclaimed pastry chef, Sverre Sætre, brings his latest tempting dessert discoveries to the table with recipes for everything from decadent cakes, tarts, and puddings to candied fruits, chocolate confections, and cookies. Sætre’s desserts are anchored in Norwegian tradition, such as Fyrstekake (layers of rich butter pastry with a marzipan filling), Kokosboller (chocolate-coconut truffles), and Tilslørte bondepiker (sweet fruit compote with whipped cream), but his creative twists make each sweet dish original.

Sætre applies his years of professional expertise and personal creative flair to this culinary collection, using wonderful ingredients in exciting ways to create new and delicious flavors. From sweet and simple fruit-based confections to more complex pastries and chocolates, Norwegian desserts have never been so exciting.

Each of the fifty recipes is accompanied by the luscious photography of Christian Brun, and Sætre also includes a chapter on essential basics such as pie and tart crusts, vanilla custard, and dark chocolate glaze, with useful tips for beginning and expert bakers alike.

Sverre Sætre is a trained chef and pastry chef. Since 2003, he has been a member of the Norwegian National Culinary Team (the world champions in 2006 and Olympic champions in 2008). He gained experience from Erichsen Bakery in Trondheim, and star restaurant Bagatelle in Oslo, among others. He runs a patisserie and resides in Oslo, Norway.
Do you ever find yourself not knowing what to cook? Are you ever without the time and the energy to come up with tasty new dishes for your friends and family? Do you ever ask yourself: “What can I serve that people will actually enjoy?”

This classic cookbook from General Mills icon Betty Crocker answers the call with quick and easy recipes for breakfast, lunch, dinner, and snacks. Whether you need some fancy sandwiches for a party you’re planning, a hearty full meal for a dinner date, bread and herb butter as a side, or a rich cake for dessert, this essential cooking collection includes simple instructions and fast recipes for everyone. Delightful vintage two-color illustrations add a certain charm to each recipe that you just can’t find in today’s cookbooks.

Including a foreword by award-winning blogger, author, and culinary enthusiast Amy Sherman, this is the quintessential edition of Betty Crocker’s Good and Easy Cookbook. Pick up a copy and get hundreds of time-saving and taste-tempting recipes. Bon appétit!

Betty Crocker is a fictionalized character that was created in 1921 by Marjorie Husted, a home economist and businesswoman, and advertiser Bruce Barton. In 1928, Washburn Crosby merged with five or more other milling companies to form General Mills. Under Husted’s supervision the image of Betty Crocker became an icon and brand for General Mills and a culinary staple in kitchens across America. Betty Crocker is a trademark of General Mills.

Amy Sherman is a San Francisco–based writer, recipe developer, and publisher of the award-winning food blog Cooking with Amy. She has written for publications including 7x7, Cheers, Gastronomica, Epicurious, KQED’s Bay Area Bites, Fodor’s, and Frommer’s. She creates custom recipes for clients including Keurig, T-fal, Whole Foods, Grocery Outlet, and the California Avocado Commission. She is the author of Williams-Sonoma New Flavors for Appetizers and WinePassport: Portugal. She lives in the San Francisco Bay Area.
Mike Rossiter
THE SPY WHO CHANGED THE WORLD
Klaus Fuchs, Physicist and Soviet Double Agent

The incredible true story of a British physicist who was an undercover spy for the Soviets.

The world first heard of Klaus Fuchs, the head of theoretical physics at the British Research Establishment at Harwell in February 1950 when he appeared at the Old Bailey, accused of passing secrets to the Soviet Union. For over sixty years, disinformation and lies surrounded the story of Klaus Fuchs as the governments of Britain, the United States, and Russia all tried to cover up the truth about his treachery.

Piecing together the story from archives in Britain, the United States, Russia, and Germany, *The Spy Who Changed the World* unravels the truth about Fuchs and reveals for the first time his long career of espionage. It proves that he played a pivotal role in Britain’s bomb program in the race to keep up with the United States in the atomic age, and that he revealed vital secrets about the atom bomb, as well as the immensely destructive hydrogen bomb to the Soviet government.

It is a dramatic tale of clandestine meetings, deadly secrets, family entanglements, and illicit love affairs, all set against the tumultuous years from the rise of Hitler to the start of the Cold War.

Mike Rossiter is a documentarian and writer, and the bestselling author of seven previous works of military history, including *Ark Royal*, *Target Basra*, and *I Sank the Bismarck*.

“Gripping and fast paced.” — *Guardian*

“A thriller writer would struggle to create a character like Klaus Fuchs . . . A gripping read.” — John Humphrys

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NOVEMBER
THE CROWD PLEASERS
A History of Airshow Performers from 1903 to the Present

An adventure-filled romp through one of aviation’s most notable, dangerous, and entertaining pursuits: airshows!

In the early days of aviation, all flights were airshows. Spectators gathered whenever a new flying machine attempted to leave the ground—the trick was to get them to pay. Takeoffs and landings did not sell tickets but people lined up, money in hand, to watch a “dip of death,” in which an aviator would dive from as high as he or she dared and pull up at the last second. Risk always sells and flying was man’s riskiest endeavor yet. From the start, the “exhibition pilots” stood out. Everything about an aerobatic routine requires a degree of skill and a commitment to practice inconceivable to even most pilots, presenting innumerable risks to life and limb. And with risk, often, comes tragedy.

The Crowd Pleasers is a sweeping history of airshow accidents beginning in 1910 with the death of Charles Rolls, cofounder of Rolls-Royce, and ending in the present day. It brings to light some of the most notable airshow accidents of all time and explores the aviators behind them. Their stories, their motivations. In so doing, it illuminates the role played by choice, social circumstance, and fate in these often-devastating accidents, and the lives attached to them. A must-read for all aviation buffs.

Pete Fusco is a retired commercial pilot. During a break from his aviation career, he worked as a reporter and feature writer for the Dayton Daily News in Ohio. He currently lives on Lake Conroe, just north of Houston, Texas.

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Transportation
NOVEMBER
INTREPID’S LAST CASE

William Stevenson

The further true adventures of Sir William Stephenson, the subject of the worldwide bestseller A Man Called Intrepid.

In the 1980s, Sir William Stephenson, known as Intrepid, and author William Stevenson discussed an investigation into sudden allegations that Intrepid’s wartime aide, Dick Ellis, had been both a Soviet mole and a Nazi spy. They concluded that the rumors grew, ironically, from Intrepid’s last wartime case involving the first major Soviet intelligence defector of the new atomic age: Igor Gouzenko. Intrepid saved Gouzenko and found him sanctuary inside a Canadian spy school. Gouzenko was about to make more devastating disclosures than those concerning atomic espionage when the case was mysteriously terminated and Intrepid’s organization dissolved.

Unraveling the implications of Gouzenko’s defection and Intrepid’s removal from the case, tracing the steps of Dick Ellis, and disclosing much new information regarding United States and Canadian post-war intelligence activities, Intrepid’s Last Case is a story that for sheer excitement rivals the best spy fiction—and is all the more important because every word is true.

Filled with never-before-revealed facts on the Soviet/Western nuclear war dance and a compelling portrayal of the mind of a professional spy, Intrepid’s Last Case picks up where the first book ended, at the very roots of the Cold War. It describes one of the most widespread cover-ups and bizarre betrayals in intelligence history. This is the incredible Intrepid against the KGB.

William Stevenson was a journalist and author of the bestselling books A Man Called Intrepid and 90 Minutes at Entebbe. He also worked as a movie scriptwriter, a television news commentator, and producer of award-winning documentaries. He died in 2013.

“As long as Americans value courage and freedom, there will be a place in our hearts, our minds, and our history books for [Stevenson’s] A Man Called Intrepid.” —Ronald Reagan
This is a dual biography of the two brilliant leaders who enabled Thebes to end the supremacy of a once-invincible Sparta and briefly replace her as the preeminent city of Greece.

In 379 BC both men were pivotal in the Theban revolt, Pelopidas personally killing one of the Spartan garrison commanders in a daring coup. In the ensuing war, the two often held simultaneous political and military commands, forming an effective team while pursuing an amicable rivalry. Under their inspired leadership, and thanks to significant tactical innovations, Theban armies enjoyed a run of successes, most notably at Tegyra (375 BC), Leuctra (371 BC)—the Spartans’ first clear defeat in full-scale battle for generations—and Second Mantinea (362 BC).

Unfortunately, Epaminondas was killed in the hour of victory at Second Mantinea, and Theban hegemony did not long survive him (Pelopidas having already died in battle in 365 BC), a fact that only adds emphasis to their personal contribution. Murray K. Dahm skillfully relates the significant, dramatic, and exciting story of these two neglected geniuses.

Murray K. Dahm has been a freelance historian since 2007. He describes himself as an ancient, medieval, and opera historian. He has written more than twenty articles for Ancient Warfare and Medieval Warfare, as well as numerous pieces for peer-reviewed journals. Dahm lives in New South Wales, Australia.
Stephen Paul DeVillo

THE BOWERY

The Strange History of New York’s Oldest Street

From peglegged Peter Stuyvesant to CBGB’s, the story of the Bowery reflects the history of the city that grew up around it.

It was the street your mother warned you about—even if you lived in San Francisco. Long associated with skid row, saloons, freak shows, violence, and vice, the Bowery often showed the worst New York City had to offer. Yet there were times when it showed its best as well.

The Bowery is New York’s oldest street and Manhattan’s broadest boulevard. Like the city itself, it has continually reinvented itself over the centuries. Named for the Dutch farms, or bouweries, of the area, the path’s lurid character was established early when it became the site of New Amsterdam’s first murder. A natural spring near the Five Points neighborhood led to breweries and taverns that became home to the gangs of New York—the “Bowery B’hoys,” “Plug Uglies,” and “Dead Rabbits.” In the Gaslight Era, teenaged streetwalkers swallowed poison in McGurk’s Suicide Hall.

A brighter side to the street was reflected in places of amusement and culture over the years. A young P.T. Barnum got his start there, and Harry Houdini learned showmanship playing the music halls and dime museums. Poets, singers, hobos, gangsters, soldiers, travelers, preachers, storytellers, con-men, and reformers all gathered there. Its colorful cast of characters includes Peter Stuyvesant, Steve Brodie, Carrie Nation, Stephen Foster, Stephen Crane, Carrie Joy Lovett, and even Abraham Lincoln.

The Bowery: The Strange History of New York’s Oldest Street traces the full story of this once notorious thoroughfare from its precolonial origins to the present day.

Stephen Paul DeVillo has spent a lifetime exploring the history and lore of his native New York City. An experienced historical tour guide, he is the author of The Bronx River in History and Folklore. DeVillo lives in the Bronx, New York.
It has been said that during times of war, the Muses fall silent. However, anyone who has read the major figures of mid-twentieth-century literature—Samuel Beckett, Richard Hillary, Norman Mailer, Albert Camus, Jean-Paul Sartre, and others—can attest that it was through writing that people first tried to communicate and process the horrors that they saw during one of the darkest times in human history even as it broke out and raged on around them.

In *Bearing Witness*, John Carpenter explores how across the world those who experienced the war tried to make sense of it both during and in its immediate aftermath. Writers such as Alexander Solzhenitsyn and Theodore Plievier questioned the ruling parties of the time based on what they saw. Correspondents and writer-soldiers like John Hersey and James Jones revealed the chaotic and bloody reality of the front lines to the public. And civilians, many of who remain anonymous, lent voice to occupation and imprisonment so that those who didn’t survive would not be forgotten.

The digestion of a cataclysmic event can take generations. But in this fascinating book, Carpenter brings together all those who did their best to communicate what they saw in the moment so that it could never be lost.

**John R. Carpenter** is a writer, editor, and leading translator of books and poetry. He has achieved the National Endowment for the Arts three times and won a series of awards honoring his translations. He lives in Ann Arbor, Michigan.

“An examination of the seminal works of World War II, many of which opened eyes to truth by eyewitnesses.” —*Kirkus*
Walter’s Welcome is the story of Walter Neisser and the more than fifty members of his family he helped to escape Nazi Germany. The story is told through the letters of the Neisser family, which have been meticulously translated and arranged by Walter’s niece, Eva, who also provides moving historical contextualization and commentary. After fleeing Germany, the Neissers resettled in Peru. However, their flight was neither easy nor seamless. Walter worked tirelessly to provide the resources and guidance necessary for the many members of the family to escape, but communications to Europe were frazzled and travel off the continent became increasingly impossible with each passing day, requiring extraordinary will and coordination to contact the correct officials and receive the necessary documentation. The family’s letters reveal the toll these efforts put on them and the challenges of waiting and surviving in a foreign land as they tried to hold together.

The story of Jewish escapees to Latin America has only recently begun to be widely explored. This memoir-in-letters explores the difficulties of daily life in this little explored context, as the Neisser family and many other escaped Jews adjusted to a new home and tried to build a new life in the shadow of the many horrific things happening back in the land they’d left behind.

Eva Neisser Echenberg is a former teacher and author of several textbooks for students of Spanish and French. She holds two MA’s—one in English and one in Spanish—from the University of Wisconsin. She has spent the last four years translating from German and Spanish the letters that eventually became Walter’s Welcome. She resides in Quebec, Canada.

Judy Sklar Rasminsky is an award-winning freelance writer and editor, who has coauthored several textbooks and trade titles. Her work has appeared in Reader’s Digest and the Los Angeles Times, amongst other magazines and newspapers. She has a BA in English from Stanford University and an MA in English and comparative literature from Columbia University. She resides in Quebec, Canada.
In an age when polar exploration was akin to space exploration today, Sir John Franklin's journeys of discovery captured the popular imagination. Originally published in 1859, *Thirty Years in the Arctic Regions* is Franklin's own record of his two overland expeditions, begun in 1816 and 1825, which took him to what is now the Northwest Territory of Canada.

But it was Franklin's final expedition, to discover the sea route connecting the northern Atlantic and Pacific oceans, that cemented his place in the history of Arctic exploration. Franklin and his crew set out in two ships, the *Erebus* and the *Terror*. Their search for the Northwest Passage was doomed, and the fate of Franklin and his 129-man crew remained a mystery for many years, despite the fact that more than thirty missions were sent to look for survivors or remains. The bodies of several of its members were eventually found. By 2016, both ships had been discovered, bringing an end to a 168-year-old Arctic mystery.

This book includes Franklin's record of the hardship and suffering his men endured from his earlier expeditions, during which he and his crew charted 1,700 miles of Arctic coastline. Also, it includes Franklin's detailed descriptions of a region that in the nineteenth century must have seemed as alien as a lunar landscape. The book's final entries include a letter from Franklin dated July 12, 1845—the last communication from the expedition received in England—and letters sent by the leaders of subsequent search expeditions.

*Thirty Years in the Arctic Regions* describes an era when British exploration of the Far North was at its peak, in the words of one its most prominent and ill-fated explorers.

Rear-Admiral *Sir John Franklin* was an English Royal Navy officer and explorer of the Arctic. Franklin also served as lieutenant-governor of Van Diemen's Land from 1837 to 1843.
Long before *Lone Survivor*, four men went deep behind enemy lines in WWII. Only one would make it out alive. This is the harrowing survival story that inspired the international film, *The 12th Man*.

“I remember reading *We Die Alone* in 1970 and I could never forget it. Then when we went to Norway to do a docudrama, people told us again and again that certain parts were pure fiction. Since I was a Norwegian that was not good enough; I had to find the truth. I sincerely believe we did,” writes author Astrid Karlsen Scott. *The 12th Man* is the true story of what Jan Baalsrud endured as he tried to escape from the Gestapo in Norway’s Troms District.

In late March 1943, in the midst of WWII, four Norwegian saboteurs arrived in northern Norway on a fishing cutter and set anchor in Toftefjord to establish a base for their operations. However, they were betrayed, and a German boat attacked the cutter, creating a battlefield and spiraling Jan Baalsrud into the adventure of his life. The only survivor and wounded, Baalsrud begins a perilous journey to freedom, swimming icy fjords, climbing snow-covered peaks, enduring snowstorms, and getting caught in a monstrous avalanche. Suffering from snow blindness and frostbite, more than sixty people of the Troms District risked their lives to help Baalsrud to freedom. Meticulously researched for more than five years, Karlsen Scott and Haug bring forth the truth behind this captivating, edge-of-your-seat, real-life survival story.

*Astrid Karlsen Scott* hiked up mountains and explored the wilderness in order to tell the story. Scott and Dr. Haug also met and interviewed all the survivors who helped Jan or who were indirectly involved and had knowledge of his story. Astrid is well known in her native Norway, and her award-winning film, *Christmas in Norway*, has been shown on television in the United States and in Europe. She is also president of Nordic Adventure, a company dedicated to the promotion of Norwegian culture. She lives in Olympia, Washington.

*Dr. Tore Haug* is a second cousin of Jan Baalsrud. Haug is a doctor of medicine, a specialized general practitioner with a private practice in Oslo, Norway, and a professional pilot. He and his wife, Wencke, live in Jessheim, Norway, with their daughter, Carolin.
In 1871, seventeen-year-old Frederick Dellenbaugh began a great adventure when he joined Major John Wesley Powell and a crew of scientists on Powell’s second exploration down the Colorado River and into the Grand Canyon. These were the last great stretches of land and river still unknown in the continental United States. Powell, Dellenbaugh, and the rest of the group spent years exploring the Grand Canyon country, noting its geologic features, and observing its Native American inhabitants.

*A Canyon Voyage* chronicles this historic expedition and provides a detailed account of Powell and Dellenbaugh’s historic journey. Through his account, the reader can pass through the rapid currents of the Green and Colorado rivers; climb the crags of the Grand Canyon; trade with the original Native American inhabitants of the Southwest; and witness the picturesque flora and fauna of the area.

Brimming with vivid imagery and unbridled adventure, *A Canyon Voyage* is a perfect read for every armchair adventurer.

Frederick S. Dellenbaugh was an American explorer who took part in several notable expeditions, including Major Powell’s Second Expedition into the Grand Canyon. He became one of the founding members of the international Explorers Club in 1904. He passed away in 1935 in New York City.

“It was decidedly worth writing, this detailed record: a more absorbing, and at times stirring, story of adventure has not seen the light in a long time, and the author’s unadorned, yet vivid, style enables the reader to share all the emotions of the explorers.” — *The Nation*

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R. Reed Anderson, Patrick J. Ellis, Antonio M. Paz, Kyle A. Reed, Lendy “Alamo” Renegar, and John T. Vaughan

RESURGENT RUSSIA
An Operational Approach to Deterrence

How the United States should deal with Russia, as told by the military’s experts.

Relations between the United States and Russia have recently escalated from strained to outright aggressive. From Ukraine to Syria to Russian hacking during the 2016 US election, it is clear that the United States must be prepared to defend itself against Russian aggression.

Resurgent Russia analyzes the current threat of Russian acts of war—both conventional military attacks and unconventional cyber warfare—against the United States and NATO. It details how America can use its military resources and influence to prepare for and deter Putin's aggression. This study provides a clear assessment of how the United States and its allies must utilize their power to stop Russian aggression and maintain the hierarchy of power in today’s world.

Lieutenant Colonel R. Reed Anderson is currently a member of the US Army War College resident class of 2016, upon completion of which he will serve as the chief of the Office of Security Cooperation at the US embassy in Tunis, Tunisia.

Colonel Patrick J. Ellis has served in multiple command capacities in Afghanistan, and is scheduled to take command of the Second Cavalry Regiment (Stryker) in Vilseck, Germany.

Lieutenant Colonel Antonio M. Paz is currently a member of the US Army War College resident class of 2016. He has served in command positions on multiple tours in Iraq, Afghanistan, and Europe.

Lieutenant Colonel Kyle A. Reed has led operations in Atlantic Resolve, US reassurance to the NATO Alliance and the Baltic Nations, and Fearless Guardian, a US training mission in support of Ukraine.

Lieutenant Colonel Lendy “Alamo” Renegar is a member of the US Army War College resident class of 2016. Upon graduation, he will serve as the chief of staff for the 438th Air Expeditionary Wing, Train-Advise-Assist-Command-Air (TAAC-AIR) in Kabul, Afghanistan.

Lieutenant Colonel John T. Vaughan is an assault amphibious vehicle officer in the US Marine Corps. He will assume duties as deputy G-3, Fifth Marine Expeditionary Brigade, in Manama, Bahrain.
Gary Wasserman's decision to head to Qatar to teach at Georgetown sounds questionable, at best. "In the beginning," he writes, "this sounds like a politically incorrect joke. A Jewish guy walks into a fundamentalist Arab country to teach American politics at a Catholic college." But he quickly discovers that he has entered a world that gives him a unique perspective on the Middle East and on Muslim youth; that teaches him about the treatment of Arab women and what an education will do for them, both good and bad; that shows him the occasionally amusing and often deadly serious consequences his students face simply by living in the Middle East; and that leads him to finding surprising similarities between his culture and the culture of his students.

Most importantly, after eight years of teaching in Qatar, he realizes he has become part of a significant, little-understood movement to introduce liberal, Western values into traditional societies. Written with a sharp sense of humor, The Doha Experiment offers a unique perspective on where the region is going and clearly illustrates why Americans need to understand this clash of civilizations.

Gary Wasserman taught at the Johns Hopkins School of Advanced International Studies in China and at Columbia University, George Mason University, and Medgar Evers College, CUNY. He has also worked as a Washington communications consultant. He has written for the Washington Post, the New York Times, Foreign Policy, and Political Science Quarterly. He is a frequent TV political commentator and the author of a bestselling American politics textbook, now in its fifteenth edition. The author resides in Washington, DC.
Elke Elouise Taylor

CHANGE FROM WITHIN
A Journal of Exercises and Meditations to Transform, Empower, and Reconnect

Reconnect with your inner voice and learn to plant long-term seeds of healthy confidence and self-esteem!

There is a massive shift in global consciousness going on right now. If you’ve felt an inner tingle of dissatisfaction that you’re just skimming the surface of life, an underlying yearning for a deeper connection to who you really are, then you are being called. Developed by empath and scientist, Elke Elouise Taylor, Change from Within cuts through the pseudo-spiritual and psychological bullshit to deliver a practical, easy-to-follow guide to heal insecurities, reconnect with your authentic inner voice, and find your life’s true purpose.

We spend ten years in school being taught how to think, but never one lesson in how to feel. Unhealed emotional wounds play out in all areas of our lives, trapping us in destructive patterns. Taking no more than ten minutes a day, this journal shows you how to transform old wounds into strength, clarity, and wisdom.

To make long-lasting changes in life, you must address problems at their root cause. The real cause of stress and anxiety (and all fear) is a lack of trust: self-trust. You cannot trust yourself if you are not truly connected to yourself.

As Elke says in her workshops, “I can't promise smooth sailing, but I can make you a better sailor.” Full of powerful, practical processes, Change from Within is the self-empowerment tool everyone should have in their toolbox.

Elke Elouise Taylor is an empath and scientist who earned a bachelor degree in economics and a graduate degree in science. While researching her graduate thesis on wild animal behavior, she realized her psychic gifts were not separate from the natural world. In 2005, Ms. Taylor combined her academic background with empathic abilities to develop intuitive healing. This step-by-step process teaches people how to heal their insecurities, reconnect with the inner voice, and find their life’s true path. Today, she teaches this self-empowering tool to thousands of people around the world in workshops and online. She splits her time between the United States and Australia.
Andrew J. Wakefield; Foreword by Jenny McCarthy

CALLOUS DISREGARD
Autism and Vaccines—The Truth Behind a Tragedy

“This is a book for everyone who cares about our future.”—Mary Holland, Esq., coeditor of Vaccine Epidemic

CALLOUS DISREGARD is the account of how a doctor confronted first a disease and then the medical system that sought and still seeks to deny that disease, leaving millions of children to suffer and a world at risk.

In 1995, Dr. Andrew Wakefield came to a fork in the road. As an academic gastroenterologist at the Royal Free School of Medicine and the University of London, he was confronted by a professional challenge and a moral choice. Previously healthy children were, according to their parents, regressing into autism and developing intestinal problems. Many parents blamed the MMR vaccine. Trusting his medical training, the parental narrative, and, above all, the instinct of mothers for their children's well-being, he chose what would become a very difficult road.

Dr. Wakefield provides the facts and an explanation of the problem that confronted him and his colleagues fifteen years ago. He does this in a detailed forensic analysis of the lies, obfuscation, cover-up, and dystopian science and medicine that panders to commercial interests at the expense of your children.

Andrew J. Wakefield, MB, BS, is an academic gastroenterologist. He received his medical degree from St. Mary’s Hospital Medical School in 1981 and pursued a career in gastrointestinal surgery with a particular interest in inflammatory bowel disease. He has published more than 140 original scientific articles, book chapters, and scientific commentaries. Wakefield and his wife, Carmel, live in Austin, Texas, with their four children.

Jenny McCarthy is a world-renowned autism activist, mother, and bestselling author. She splits her time between Upper Saddle River, New Jersey, and California.
Karen L. Simmons and Bill Davis

AUTISM AND TOMORROW

Looking ahead to the future of autism study and care.

Revised and updated in this stunning trade edition, *Autism and Tomorrow* is a comprehensive resource that addresses many parents’ questions pertaining to their child with autism, such as financial planning, long-term care, employment options, and employer relationships, community resources, education, bullying, puberty, doctor visits, sex, nutrition, fitness, family relationships, and more.

Karen L. Simmons, the founder and CEO of Autism Today, and Bill Davis, author of *Breaking Autism’s Barriers*, offer sound, expert advice derived from their own experiences. Both Simmons and Davis are parents of children with autism; consequently, *Autism and Tomorrow* is as much an autobiography as it is a reference book.

Both authors draw inspiration directly from their own lives and apply their expertise to the general study of the subject. By doing so, Simmons and Davis hope to help other parents, caretakers, relatives, and friends improve both their knowledge of autism, and as a result, the lives of those affected by it.

Karen L. Simmons is the celebrated founder and CEO of Autism Today, an internationally acclaimed resource for autism and all special needs. She is the mother of six children, including one with autism and another with ADHD. Simmons is also the author of four other books, including *Autism and Tomorrow*. Her mission is to celebrate every child’s gifts and talents, and by doing so, she has become a highly recognized authority on autism and special needs.

Bill Davis is an author, autism expert, and advocate for anyone struggling with autism. He authored multiple books, including *Breaking Autism’s Barriers: A Father’s Story* and *Dangerous Encounters: Avoiding Perilous Situations with Autism*. He is the former president of the Harrisburg, Pennsylvania, chapter of the Autism Society of America and the recipient of Temple University’s End the Victim’s Silence Advocacy Award.
What does a father do when hope is gone that his only son can ever lead anything close to a “normal” life? That’s the question that haunted Dick Russell in the fall of 2011, when his son, Franklin, was thirty-two. At the age of seventeen, Franklin had been diagnosed with schizophrenia. For years he spent time in and out of various hospitals and even went through periods of adamantly denying that Dick was actually his father.

A mixed-race child, Franklin was handsome, intelligent, and sensitive until his mental illness suddenly took control. After spending the ensuing years trying to build some semblance of a normal father-son relationship, Dick was invited with his son, out of the blue, to witness the annual wildlife migration on Africa’s Serengeti Plain.

Desperately seeking an alternative to the medical model’s medication regimen, the author introduces Franklin to a West African shaman in Jamaica. Dick discovers Franklin’s psychic capabilities behind the seemingly delusional thought patterns, as well as his artistic talents. Theirs becomes an ancestral quest, the journey finally taking them to the sacred lands of New Mexico and an indigenous healer. For those who understand the pain of mental illness as well the bond between a parent and a child, *My Mysterious Son* shares the intimate and beautiful story of a father who will do everything in his power to repair his relationship with a young man damaged by mental illness.

Dick Russell has written for such varied publications as *TV Guide*, *Sports Illustrated*, and the *Village Voice*. His eleven books include *Eye of the Whale*, *Black Genius*, and *On the Trail of the JFK Assassins*, as well as the *New York Times* bestsellers *American Conspiracies*, *63 Documents the Government Doesn’t Want You to Read*, and *They Killed Our President* (all three with Jesse Ventura).
THE SELF-DISCIPLINE HANDBOOK
Simple Ways to Cultivate Self-Discipline, Build Confidence, and Obtain Your Goals

Discover the joy and satisfaction of cultivating self-discipline!

Do you struggle with finishing projects? Need to lose weight? Can't get to bed at a reasonable hour? We all know we need more self-discipline, yet most of us are a bit foggy on what it actually is. Is it being on time to everything? Or early? Waking up at five o'clock in the morning? Doing everything everyone asks us to, on time, all the time? Or is it something more meaningful, more nourishing?

This handbook will teach you how to take joy in cultivating self-discipline. Learn what it is, how to get it, why we need it, how to keep it, and why we want it. It also covers the major stumbling blocks in our way, both internally and externally.

Learn why boundaries are not bad, why humility is hard, how to milk your momentum, how passion powers progress, why persistence is a virtue and patience is not optional. Learn how to be your own cheerleader, know your own creative cycle, and say so long to the Sunday night blues. Most importantly, learn how curiosity is the new vulnerability, and why, without it, self-discipline will never last.

If you could use a boost of self-discipline along with a healthy dose of self-confidence, pick up this handbook today. You can’t afford not to.

Natalie Wise is a Dartmouth-educated poet, author, and modern lifestyle philosopher. Wise has long been a self-discipline junkie, except for the few years she took off for a total meltdown. She graduated from high school at fifteen and started her Ivy League master’s degree on her twenty-first birthday. She is all about pink lipstick, big sunglasses, her trademark #caffeinecrazy when she drinks coffee, and creating happy things for happy people. She is the author of Happy Pretty Messy and Gifts in Jars. She lives in Brattleboro, Vermont.

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Self-Help
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NOVEMBER
A journalist places five objects in his father’s coffin and tells no one. Can a medium tell him what they are?

Can we communicate with the dead? Some people hope it’s possible, and some are sure of it. Thousands of people consult mediums, but many wonder if their abilities are real. To find out for himself, author and journalist Stéphane Allix interviews six mediums. Without telling them that they are being tested, Allix sees if they can name the five objects he secretly placed in his father’s coffin before it was buried. The results are astounding and confirm what scientific research on the subject has revealed: that life after death is indeed a rational hypothesis. Beyond his own test, Allix explores the stories of each psychic and what they’ve learned from their experiences:

- How does one become a medium?
- Is it a gift or a curse?
- How do the deceased describe the transition between life and death?
- Where do we go when we die?

The Test addresses all of these questions and more, leading us to discover a reality that is both simple and amazing: it is possible to communicate with our loved ones beyond the grave. Allix invites readers to discover what months of investigation and interviews have brought him to understand about the end of life, death, the afterlife, and communication with the other side. In the last chapter, renowned French psychiatrist Christophe Fauré, who specializes in end-of-life care and coming to terms with death, speaks about the unique journey of grief and offers some friendly advice about death and mediumship.

Stéphane Allix was a war correspondent for fifteen years. He founded the Institute for Research on Extraordinary Experiences (INREES). He is a journalist as well as the writer and director of the television series Extraordinary Investigation (Enquêtes extraordinaires). He lives in France.
Christine Alexandria

**ANGEL CHATTER**
Heavenly Guidance and Earthly Practice to Connect with Angels

Angels are the celebrated and unsung heroes of all things good in the world.

Whatever faith we personally subscribe to, angels cross those boundaries and find their way into our lives. They remind us that we are not alone; that we are all guided and protected from another world that we often catch glimpses of through their intervention. In her new informative, quirky, and practical guide, angel intuitive and award-winning author Christine Alexandria shares her profound gifts available to humanity through calling upon the angels she works with.

Through her vast knowledge and love of angels, Christine provides and empowers readers with tips to strengthen their connection with the fourteen archangels with whom she chats. *Angel Chatter* includes the therapeutic role of each angel, the chakra system and crystals affiliated with them, a guided meditation, and their proprietary angelic healing symbols.

*Angel Chatter* enables people from all traditions and faith backgrounds to access the wisdom, joy, and power of angels. Christine’s “haloed gang,” she assures “will flock to assist us”—this is their simple yet solemn promise. According to Christine, “Angels are always ready to protect, elevate and personally transform our world. Whether it is your personal guardian angel or archangel Michael, they will come.”

Christine Alexandria is a highly sought after angel intuitive, award-winning inspirational author, and founder of *Angel Chatter*. She is a frequent radio guest on shows across the county, and enjoys speaking to live audiences about all things angels. Christine currently resides in Sterling, Virginia with her husband of more than thirty years, two cats that think they are lions, and her dog Gabi the Yogi Goldendoodle.

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Mind/Body/Spirit
NOVEMBER
Every athlete, especially runners, knows that deciding what to eat is one of the most important—and most complex—choices that he or she has to make in order to guarantee optimum performance. How much should you eat, when should you eat, and what foods should you eat are just some of the larger questions that an active athlete frequently ponders. How do you know what’s the right choice? That’s where sports dietitian and competitive runner Jackie Dikos’s Finish Line Fueling: An Essential Guide to Runner’s Nutrition comes in. Part cookbook, part nutritional guide, Finish Line Fueling helps you get the most out of what you eat.

Recipes are divided into helpful sections that include not just the traditional meals of breakfast, lunch, and dinner but also pre-activity snacks, post-workout recovery nibbles, racing fuel, and carbo-loading meals for intense activity. Mouthwatering morsels such as Sweet Potato Avocado Deviled Eggs, Buckwheat-Oat Granola, High Heat Roast Beef, Vegan Pinto Bean Burgers, Wild Rice and Mushroom Pilaf, and Cilantro-Lime Burrito Bowl are just a few of the dozens of yummy and nutrient-packed recipes included here. Additionally, every recipe includes a helpful breakdown of the number of calories, fat grams, grams of fiber, grams of protein, and vitamin-types that it provides, as well as strategies to modify the recipe based on your age, gender, and performance goals.

With additional sections on getting the most nutrients from your diet, foods to avoid, and the best food pairings, Finish Line Fueling is essential reading for every runner.

Jackie Dikos, RD, CSSD, CLT, is a sports dietitian and two-time Olympic Trials competitor in the marathon. She earned a fifteenth place finish at the 2007 Chicago Marathon and won the 2010 Indianapolis Monumental Marathon with a personal record of 2:45:26. Dikos aims to empower runners through simple fueling strategies in an effort to maximize the achievement of health, performance, and overall quality of life goals. She lives in Westfield, Indiana.
UNDERSTANDING THE GOLF SWING

“Understanding the Golf Swing covers virtually every phase of the game. . . . It is a must-read for every golfer.” —Tommy Aaron, PGA Tour professional and 1973 Masters champion

This modern classic of golf instruction by renowned teacher Manuel de la Torre (the 1986 PGA Teacher of the Year and the #11 teacher in America as ranked by the editors of Golf Digest in 2007) presents a simpler approach to the golf swing based on Ernest Jones’s principles.

Understanding the Golf Swing, now newly updated with an epilogue by Gary D’Amatob includes information on the philosophy of the golf swing (with emphasis on the development of a true swinging motion), the most thorough analysis of ball flights available, and analysis of the principles of special shot play (including sand play, pitching, chipping, putting, and playing unusual shots) and the mental side of golf and effective course management. The final chapter offers an organized approach to understanding golf courses and playing conditions. The result is a blend of philosophy and practical advice found in few golf instructional books.

Manuel de la Torre is a legend among golf teachers and a member of the World Golf Hall of Fame. The leading proponent of Ernest Jones’s swing principles, Manuel was head professional at Milwaukee Country Club from 1951 to 1996. He was PGA Teacher of the Year in 1986 and a four-time Wisconsin Professional of the Year. He was ranked #11 among American golf teachers by the editors of Golf Digest in 2007. De la Torre passed away in 2016 at the age of ninety-four.
When it was first published in 1971, Selective Trout was acclaimed as the most revolutionary approach to aquatic insect imitation in the twentieth century. Using common sense, science, and imagination, authors Doug Swisher and Carl Richards developed new patterns that were in sharp contrast to those offerings used by flyfishermen up to that time. Their radical no-hackle dry fly, in particular, proved a more convincing, natural silhouette than anything anglers had seen before. With hatch charts covering different regions of the country, and featuring detailed tying instructions for flies that could be used in those regions, the book provided anglers with a new arsenal of deadly fly patterns.

Thirty years later, after more than 200,000 copies of the first edition had been sold, a thirtieth anniversary edition was brought out. Updated and revised by the authors, with new observations on trout behavior, the book also featured detailed appendices on terrestrials, mayflies, caddisflies, and stoneflies. This edition also included hundreds of color illustrations by the renowned artist and fly-fishing innovator Dave Whitlock.

This new paperback edition of Selective Trout features everything found in the anniversary edition, but also includes a new introduction by Doug Swisher, plus a new foreword by Nick Lyons, the publisher who had the foresight to get behind the book in the first place.

Doug Swisher grew up in Bay City, Michigan, where he learned how to fly fish. He has written eleven other books and lives in Hamilton, Montana, with his wife, Sharon.

Carl Richards was born in Pittsburgh, Pennsylvania, and moved to Columbus, Ohio, where he learned to fly fish at age seven. He wrote or coauthored a dozen books.

Dave Whitlock is the author or illustrator of many fine angling books, including Dave Whitlock’s Guide to Aquatic Trout Foods, the L.L. Bean Fly-Fishing Handbook, and Trout and Their Food. He resides in Welling, Oklahoma.

Nick Lyons is a former English professor and book publisher, as well as the author and editor of many books. He lives in New York City.
For the first time together, *A River Trilogy* combines three classic works on fly fishing by W. D. Wetherell. Contained here are some of Wetherell’s most poetic pieces, a combination of spontaneous journal entries, reflections on contemplative excursions, and outright fishing tales. Each passage is filled with moving imagery describing the beauty of the river and the natural world that surrounds it.

The first book in the collection, *Vermont River*, is an elegy to the author’s love of fly fishing in his native Vermont. Selected by *Trout* magazine as one of the thirty finest works on fly fishing, *Vermont River* will move readers with its radiant descriptions of Wetherell’s beloved sport and region.

In *Upland Streams*, Wetherell explores the meandering streams and crooked creeks that dot New England’s landscape, the mighty rivers that flow through the Southwest, and the crags and lochs that fill the countryside of Scotland. Conveyed with characteristic humor and introspection, *Upland Streams* chronicles moments of life lived close to nature in all its majesty.

*One River More*, the final volume in the collection, begins as a traditional chronicle of trout fishing in Vermont and Montana. It quickly, however, becomes a rich exploration of some of the most essential human experiences: love of nature and love of family.

W. D. Wetherell is a novelist, story writer, and essayist who has published more than twenty books. His World War I novel, *A Century of November*, was published to wide acclaim, praised as “a small classic of language and emotion” (*San Francisco Chronicle*). Wetherell has published five previous books from Skyhorse/Arcade, including *On Admiration, Soccer Dad, The Writing on the Wall, Where Wars Go to Die*, and his latest nonfiction work, *The Summer of the Bass*. He resides in Lyme Center, New Hampshire.

“Wetherell has a naturalist’s eye, glorying in the things mankind has not yet sullied, grieving for those we have.” —*The New York Times Book Review*
Many people are beginning to become concerned by increasing natural disasters, global conflict, and political unrest, and the smart ones want to do something about it. Unfortunately, increased awareness about disaster preparedness has caused an information overload. It is easy to become overwhelmed by the sheer amount of information available.

Basic Survival helps readers dig out from under the avalanche of preparedness information. It dispels myths, introduces concepts, and teaches the basics of how to start preparing for disaster. Author David Nash, a lifelong prepper and the author of 52 Prepper Projects and The Prepper’s Guide to Foraging, outlines an all-hazards approach to disaster management similar to the ones used by the military and federal and state governments. Nash has more than ten years of experience in government emergency management as a planner, a first responder, and an emergency operations center manager.

Basic Survival is a great resource that presents a strong foundation for being prepared when an emergency hits.

David Nash is a verifiable preparedness MacGyver. He is both an academically trained professional emergency manager as well as a personal prepper. Nash is also a homesteader who raises a variety of animals, bees, and plants in a small suburban yard. He runs the popular prepper’s blog www.tngun.com and resides in Dickson, Tennessee.
Timothy Sprinkle

**LOST AND STRANDED**

Expert Advice on How to Survive Being Alone in the Wilderness

Know what you need to do to live through a variety of outdoor hazards.

For anyone who spends time in the backcountry, understanding not only what sorts of dangers you can run into out there but also exactly what those risks can do to you is part of being a smart, well-informed outdoor traveler. In *Lost and Stranded*, author Timothy Sprinkle breaks down the perils that can befall hikers, hunters, and other outdoor enthusiasts. There are animal encounters, weather events (lightning strikes), parasites (giardia), biting insects (bees/wasps), winter hazards (avalanches), natural disasters (forest fires), hypothermia, dehydration, disorientation, and much, much more to worry about. Although these risks are generally well known, what’s less understood by many adventurers is what exactly happens to you when, say, you become malnourished in the backcountry. What does it feel like? How does the condition progress? How long do you generally have before the body shuts down? What helps or hurts when you’re fighting for survival?

*Lost and Stranded* will answer these questions and many more by taking an inside look at more than two dozen outdoor hazards. Each one will include a narrative section that dramatizes the experience of a certain situation based on real-world events. From there, information from expert sources—medical doctors, first responders, wildlife experts, and others—will fill in the details around exactly how each scenario plays out on the ground, followed by suggestions on how to avoid or survive each risk factor, making this book a vital resource for outdoor travelers.

Timothy Sprinkle has been a full-time journalist for nearly twenty years, and his work—in areas as diverse as sports, business, travel, and lifestyle—has been published in more than fifty print and digital publications, including *Outside*, *Backpacker*, and *Runner’s World*. He is the author of *Screw the Valley: A Coast-to-Coast Tour of America’s New Tech Startup Landscape*, as well as *True Beer: Inside the Small, Neighborhood Nanobreweries Changing the World of Craft Beer*. He holds a bachelor’s degree from the College of William & Mary and lives in Denver, Colorado.

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NOVEMBER
In the chaos of a survival situation, firearms will be important tools for protecting yourself, your family, and your supplies as well as for hunting animals for food. In *A Prepper's Guide to Shotguns*, Robert K. Campbell discusses the best shotguns to have with you in any confrontation—including the end of the world as we know it. Shotguns that are easy to carry and lightweight and that shoot accurately and reliably at close ranges are ideal candidates for personal protection.

In *A Prepper's Guide to Shotguns*, Campbell explores specific shotguns that are appropriate for urban, rural, and suburban environments, with tips on how to use them in each context. Whether at home or in a survival scenario, these shotguns are the best for defense.

*A Prepper's Guide to Shotguns* not only reviews the specific features of defensive shotguns but how to use them—whether on the move, in a defensive situation, while retreating, or in other circumstances. Campbell also offers expert tips on how to improve your marksmanship, how to maintain your firearms, crucial gun safety rules, what ammo and optics to purchase, and more.

Robert K. Campbell has written for popular publications such as *Gun Digest*, *Shotgun News*, and *Handguns* and has also written for professional publications, such as *Police* magazine and *SWAT* magazine. He is also a regular contributor to *American Gunsmith*. This is his second book. He resides in Startex, South Carolina.
Bryce M. Towsley

**GUNSMITHING MODERN FIREARMS**

Step-by-step tips for modifying firearms at home.

One of America’s foremost experts on gunsmithing, Bryce Towsley is back again to provide even more projects for anyone interested in building, customizing, or maintaining firearms. He offers detailed explanations and includes color illustrations for just about every aspect of gun modification and repair. Featured tutorials include: stock modifications, accuracy enhancement, weather preparation, a total rifle makeover, and much more.

Beginning with shop design and maintenance, Towsley builds on the knowledge he provides until ending with directions on rifle building from scratch. For anyone interested in fixing or building guns, Towsley’s new book is the best guide to getting the most out of a rifle through personal modifications.

**Bryce M. Towsley** is an award-winning writer and photographer whose work covers a wide variety of subjects, but he mostly specializes in the fields of hunting and firearms. He has published six books on guns, gunsmithing, and hunting. Towsley is a field editor for the NRA’s *American Rifleman, American Hunter*, and *Shooting Illustrated* magazines. He is also a columnist for *Gun Digest*. Towsley appears regularly on *American Rifleman Television* and resides in North Clarendon, Vermont.

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NOVEMBER
You've had a successful day in the field. Now what? Expert Peter Fiduccia has all the information you need to prepare deer in his new book, *The Ultimate Guide to Field Dressing and Butchering Deer*. Fiduccia starts with the history of hunting deer for meat, the nutritional content of venison, and deer anatomy for better shot placement. He then extensively covers all phases of field dressing and butchering, from eviscerating the animal and skinning hides to how to cut each piece of meat (chuck, rib, short loin, loin end, rump, round, shank, flank, plate, brisket, shoulder, shank, and even bacon and ham). Other topics include:

- Tag it & drag it: transporting deer from field to home
- Protecting the carcass from bugs
- How to prepare a clean working area
- Tips to grinding burger and sausage meat
- Guidelines for packaging, labeling, and freezing
- Sharpening knives and other butchering tools
- Dry rubs and marinades
- And many more!

The butchering sections include detailed photos and drawings depicting all sections of meat to butcher. Fiduccia concludes his guide with a section on the best ways to prepare and cook venison in camp or at home using quick and easy recipes. With *The Ultimate Guide to Field Dressing and Butchering Deer*, you can easily become a home deer butcher.

Peter J. Fiduccia is one of the most recognized authorities in the deer hunting community, known throughout North America as the “Deer Doctor.” He is an award-winning journalist and has hosted the *Woods n Water* television series for more than thirty years. Fiduccia was the founder and consulting editor for *Whitetail Hunting Strategies* magazine, and his writings have been published in ten books and numerous magazines. He lives with his wife, Kate, in Otsego County, New York.
C. Rodney James

**SMALL-BORE RIMFIRE RIFLES**

A Guide for Users

Everything you need to know about owning and shooting .22s.

C. Rodney James provides a starting point for the beginner as well as a current summary of the state of small-bore rifles, ammunition, and shooting for intermediate shooters. *Small-Bore Rimfire Rifles* also points the way for those who want to venture into the more rarefied regions of upper-level competitive, benchrest, and long-range varmint shooting, plus that eternal search for the perfect rifle.

James packs his book with tested tips, tactics, and techniques for small-bore rimfires, such as:

- Small-bore rimfire ammunition
- Choosing a rifle
- Semiauto and bolt-action rifles
- Accurate shooting
- Cleaning, maintenance, and care
- Range, lethality, and performance
- Hunting and varmint shooting
- Modern competitive shooting
- And much more!

Small-bore rifle shooting has and will continue to provide millions with endless hours of enjoyment on the range and in the field. Pick up *Small-Bore Rimfire Rifles* today.

**C. Rodney James**, PhD, has more than half a century’s experience shooting, collecting, and competing with rimfire rifles. A professional firearms forensic expert, James is also the editor of *ABCs of Reloading* and *Handloader’s Digest* and has authored numerous articles dealing with rimfire rifles and other topics. James resides in Fredericktown, Ohio.

“The most useful treatment of the .22 I have read, and it is highly recommended for anyone serious about being a rimfire rifleman.” —Mark A. Keefe IV, editor in chief of *American Rifleman*
While movies and television have made many people familiar with the name Glock, not many know the history of Glock’s pistols. With Book of Glock, Robert A. Sadowski showcases all of Glock’s American handgun models, from the first model, the Glock 17, which premiered in 1982, to the all-new G43, and educates firearms enthusiasts on the quirks of each.

Book of Glock references all Glock pistols available in the United States with in-depth information on all models—history, serial numbers, rare Glock variants, comparative models, cutaway sales models, and more. Sadowski worked closely with Stanley Ruselowski, the president of the Glock Collectors Association, to bring readers information and photos of rarely seen Glocks.

Each chapter is dedicated to a different model. Sadowski provides a timeline of the company’s evolution and a close look at how Glock redefined the combat pistol. Other chapters touch on rare models, commemorative editions, and Glock tools and accessories. Whether a firearms collector or a new enthusiast, anyone can enjoy Sadowski’s analysis of Glocks throughout history.

Robert A. Sadowski has written about firearms and hunting for nearly fifteen years. He is the author of four gun books, editor of three others (including the annual Gun Trader’s Guide), and contributor to numerous gun-enthusiast magazines, including Combat Handguns, Black Guns, Special Weapons for Military and Police, Gun Tests, Personal and Home Defense, GunHunter, SHOT Business, and others. He resides in Hampstead, North Carolina.
Every season, dozens of African American basketball players pack up their sneakers to play and live in Israel. They eat Israeli food, navigate Israeli hustle and bustle, experience cultural and religious customs in the world’s only Jewish country, and voluntarily expose themselves to the omnipresent threat of violence in the volatile Middle East. Some players are both Black and Jewish by birth. Others choose to convert to Judaism while residing in Israel. Some go so far as to obtain Israeli citizenship, enlist in the Israeli Army, marry Israeli women, and stay long after their playing careers end.

*Alley-Oop to Aliyah: African American Hoopsters in the Holy Land,* is the first book to provide an in-depth exploration and analysis of the experiences of African American basketball players in Israel from the 1970s till today. Author David A. Goldstein examines how they ended up in the country in the first place, the multitude of distinctive aspects of their lives there, the challenges and difficulties they face, and the reasons some choose to return to Israel year after year. In some cases they even decide to stay in Israel permanently.

Not only does *Alley-Oop to Aliyah* deal with basketball and its impact on Israel; it also delves into emotion-laden issues of race, religion, identity, and politics, primarily through the eyes of the players themselves, based on more than forty extensive first-person interviews Goldstein, a sports journalist of half-Israeli descent, conducted. Their stories and their impact on Israel are at the very heart of this revealing book that is about more than just a game.

David A. Goldstein is a journalist and sports executive based in Toronto, Canada. He is the chief operating officer of U Sports (the Canadian equivalent of the NCAA), is an adjunct professor of sports law at the University of Toronto, and lectures on the topic at his alma mater, Osgoode Hall Law School (York University). A graduate of the Medill School of Journalism at Northwestern University, David profiled NBA players for more than a decade in a regular sports feature for the *Cincinnati Enquirer,* and from 2002 to 2003 he also wrote for *SHARE,* a weekly African Canadian and Caribbean newspaper in Toronto.
La Americana is the story of Melanie Bowden Simón, who, at the age of twenty-five, left her job at Tina Brown’s Talk magazine following the death of her mother and decided to take a vacation in Havana, Cuba, with a friend. Little did she know that she would meet and fall in love with a Cuban man named Luis and dive headlong into a culture defined by beauty, humor, and grace within the unnerving realities of Communism.

In this memoir, Simón details her fascination with Cuban culture as she grapples with the death of her mother. She also covers the struggle to get in and out of Cuba at a time when the country is a pariah state. Yet over and over again, Simón manages to slip past international barriers and overcome language and cultural obstacles—all in the name of her love for Luis.

This book makes a great read for those with an interest in Cuban history, a zest for romance, or a passion for travel.

Melanie Bowden Simón has written for various business and lifestyle publications over the past fifteen years. She has a degree in journalism and served as the travel editor and writer for South magazine for two years. Simón coauthored a book, Savannah: A Gracious City of Enterprise, for the city of Savannah in 2007. In addition, she blogged for Salted & Styled, named 2013’s Best Food Blog in the Country by culinary legends Alice Waters and Marcus Samuelsson. She resides in Savannah, Georgia.

“Melanie Bowden Simón recounts her real-life love story in La Americana. This is no cut-and-dry romance, though; her memoir tells how she fell in love while on vacation abroad and explores the obstacles she and her now-husband overcame to make their cross-cultural relationship work. Castro’s Cuba serves as a particularly interesting backdrop.” —Bustle
The Not For Tourists Guide to Washington DC is the urban manual to the city that no local, or tourist, should be without. This map-based guidebook divides the city into forty-six mapped neighborhoods. Each map is marked by NFT’s user-friendly icons, which help locate the essential services, transportation, and entertainment venues in the area.

Want to know the best place to grab an alfresco cocktail? NFT has you covered. How about exploring little residential suburban pockets far away from the National Mall? We’ve got that, too. The nearest up-and-coming restaurant, farmer’s market, LGBT venue, or football game—whatever you need—NFT puts it at your fingertips. The guide also includes:

- A foldout highway map
- More than one hundred neighborhood maps
- Coverage for nearby universities and Baltimore
- Details on parks and outdoor activities
- Information on the National Mall and the US Capitol

It’s the main weapon in implementing our “No resident left behind!” policy.


“For people who don’t want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

“This is one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
Not For Tourists

NOT FOR TOURISTS GUIDE TO LONDON 2018

With details on everything from Big Ben to Brick Lane, this is the only guide a native or traveler needs.

Whether you’ve called London your home for decades or just arrived last night, there’s information in the Not For Tourists Guide to London that you need to know. This map-based, neighborhood-by-neighborhood guide will help you master this amazing city like an expert. Packed with more than 150 maps and thousands of listings for restaurants, shops, theaters, and under-the-radar spots, you won’t find a better guide to London.

Want to score tickets to a big Arsenal or Chelsea football match? NFT has you covered. How about royal sightseeing at Buckingham Palace? We’ve got that, too. The best Indian restaurant, theater experience, bookstore, or cultural site—whatever you need—NFT puts it at your fingertips. This light and portable guide also features:

- An invaluable street index
- A foldout map of the London Underground and bus system
- Profiles of more than one hundred neighborhoods
- Listings for museums, landmarks, the best shopping, and more

You don’t need to be Sherlock Holmes to solve the mysteries of London: NFT has all the answers!


“For people who don’t want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

“This is one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
The Not For Tourists Guide to Boston is a map-based, neighborhood-by-neighborhood guidebook for already street-savvy Bostonians, business travelers, and tourists alike. It divides the city into twenty-eight neighborhoods, mapped out and marked with user-friendly icons identifying services and entertainment venues. Restaurants, banks, community gardens, hiking, public transportation, and landmarks—NFT packs it all into one convenient pocket-sized guide.

Want to catch a game of one of our world champion teams? NFT has you covered. How about eating the best pizza of the entire East Coast? We’ve got that, too. The nearest ritzy restaurant, historic trail, jazz lounge, or bookstore—whatever you need—NFT puts it at your fingertips. This light and portable guide also features:

- A foldout highway map
- Sections on all of Boston, Cambridge, and Somerville
- More than 110 neighborhood and city maps
- Listings for theaters, museums, entertainment hot spots, and nightlife

Buy it for your ca$h or your pawkет; the NFT guide to Beantown will help you make the most of your time in the city.


“For people who don’t want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

“This is one guidebook you won’t find in the fanny pack next to the wet wipes.” —Entertainment
NOT FOR TOURISTS GUIDE TO SAN FRANCISCO 2018

With details on everything from Golden Gate Park to the Mission District, this is the only guide a native or traveler needs.

The Not For Tourists Guide to San Francisco is the urban manual to the city that no San Franciscan should be without. This map-based guidebook organizes the city into forty mapped neighborhoods and marks each map with user-friendly icons locating all of the essential services and entertainment hot spots.

Want to stroll along breezy Fisherman’s Wharf? NFT has you covered. How about rummaging through a vintage thrift shop? We’ve got that, too. The nearest gourmet restaurant, cultural hot spot, music venue, or football game—whatever you need—NFT puts it at your fingertips. The guide also includes:

- A foldout map showing highways, rail transit, and bike routes
- More than 125 neighborhood maps
- Coverage of Berkeley, Oakland, and Emeryville
- Listings for sports and outdoor activities
- Details on bookstores and shopping

NFT: the other San Francisco treat.


“For people who don’t want to be seen carrying a guidebook.” — New York Times

“A series of guides designed to make you feel like a local.” — CNN

“This is one guidebook you won’t find in the fanny pack next to the wet wipes.” — Entertainment
The Not For Tourists Guide to Seattle is the manual to the seaport city that no local, or tourist, should be without. This map-based guidebook divides Seattle and the Eastside into forty-nine mapped neighborhoods that are dotted with user-friendly icons plotting the nearest essential services and entertainment locations, while providing important information on Seattle's restaurants, bookstores, coffee shops, and everything else you need to know about the Emerald City.

Want to taste handcrafted foods and drinks? NFT has you covered. How about strolling through Seattle's green parks and millionaire neighborhoods? We've got that, too. The nearest Starbucks location, curiosity shops, art shows, or nightspots—whatever you need—NFT puts it at your fingertips. The guide also features:

- A foldout highway map
- More than one hundred neighborhood maps
- Listings for performance venues and outdoor activities
- Essential Seattle movies and books

For a little more than the cost of a ticket to the top of the Space Needle, you’ll have all of Seattle at your fingertips.


“For people who don't want to be seen carrying a guidebook.” —New York Times

“A series of guides designed to make you feel like a local.” —CNN

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NOVEMBER
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When children’s enthusiasm for helping others surpasses their knowledge of how to help, parents, teachers, camp counselors, and group leaders are often called on to give direction. Helping Kids Help provides adult mentors with answers to questions they face.

- How can kids evaluate and select the best charity for their contributions?
- Should children perform a team-building exercise before they begin a project?
- What parental permission issues are involved?
- For ongoing service projects, should the group write a mission statement? Open a savings account? Or file for 501(c)(3) status?

Helping Kids Help contains dozens of real-life examples of adults and children involved in service projects—the struggles they overcame, the lessons they learned, and the benefits they enjoyed. It also includes specific project ideas, Web sites, and additional resources to explore. This valuable handbook will help you develop projects that benefit not only those being served, but the children doing the service, developing life skills such as commitment, sacrifice, cooperation, tolerance, and even valuable career skills. Everyone wins!

Renee Heiss was born in Princeton, New Jersey, and taught child development for twenty-five years. She retired in 2009 to pursue a full-time career in writing. She is the author of Feng Shui for the Classroom and Somebody Cares! She has also been a contributing author to Crinkles magazine and has authored hundreds of other articles and stories for children in such magazines as Highlights for Children, Fun for Kidz, and Story Friends.
Rhoda M. Samkoff

IN A CLASS OF YOUR OWN
Essential Strategies for the New K-6 Teacher

The field guide you need to become an effective teacher right from the start!

A teacher’s early years are marked as much by learning as by teaching. Unraveling the complexities of the students and the classroom can be a challenging process. This guide provides straightforward, practical, and upbeat advice for novice elementary teachers.

Based on her years of experience working with student teachers and new teachers, Rhoda M. Samkoff demystifies the early stages of an education career and offers strategies for handling situations new teachers are likely to face. The book combines examples from real classrooms and advice from experienced teachers to cover a wide range of topics, including planning effective lessons, dealing with specific student behaviors, and communicating with parents. Chapters include:

- TIPS, or theory-into-practice strategies, that clearly outline workable solutions
- Frequently asked questions that address common concerns of new teachers
- Time-saving start-up materials, including forms, rubrics, and checklists

Filled with humor, wisdom, and encouragement, In a Class of Your Own is like a mentor in your very own classroom.

Rhoda M. Samkoff is a popular speaker and educational consultant, formerly a teacher in the Millburn (NJ) School System. She holds a master’s degree in curriculum and teaching from Teachers College, Columbia University in New York City and is a member of Kappa Delta Pi, Honor Society in Education. Ms. Samkoff has taught at all of the elementary school grade levels. Ms. Samkoff has authored numerous articles that have appeared in educational magazines and in the New York Times. The author has received many awards and was named a Teacher of Honor in 2010 for outstanding innovations in education, writing, and student leadership.
NEVER MIND, WE’LL DO IT OURSELVES
How a Team of Renegades Broke Rules, Shattered Barriers, and Changed the Face of Warfare Forever

The inside story of how a CIA agent and an Air Force officer joined forces to develop America’s most powerful tool in the War on Terror.

Never Mind, We’ll Do It Ourselves is the character-driven story behind the origins of the Predator drone program and the dawn of unmanned warfare.

A firsthand account told by two Air Force and CIA team leaders, Never Mind takes the reader into the back offices and secret government hangars where the robotic revolution went from a mad scientist idea to a pivotal part of global air power. The story will reveal the often conflicting perspectives between the defense and intelligence communities and put you inside places like the CIA’s counterterrorism center on the morning of 9/11. Through the eyes of the men and women who lived it, you will experience the hunt for Osama Bin Laden and the evolution of a program from passive surveillance to the complex hunter-killers that hung above the battlespace like ghosts.

Poised at the junction between The Right Stuff and The Bourne Identity, Never Mind, We’ll Do It Ourselves will document the way a group of cowboys, rogues, and bandits broke rules and defied convention to change the shape of modern warfare.

Alec Bierbauer has spent a lifetime conducting counterterrorism and counterintelligence operations in venues ranging from Bosnia to Yemen and Afghanistan. He was the CIA’s point man in the development of the Predator program. Bierbauer resides in Huntsville, Alabama.

Col. Mark Cooter (USAF, Ret.), a distinguished Air Force intelligence officer, has operational experience in DESERT STORM, the Balkans, Iraq, Afghanistan, and Libya operations. As a Predator squadron operations officer, Mark led Predator programs from their near inception in Bosnia. Col. Cooter lives in Alexandria, Virginia.

Michael Marks has worked around the world within the US intelligence and special operations community, a career that stretches from the jungles of Nicaragua to the mountains of Afghanistan. A bestselling author, his books have been adopted by venues such as the FBI Academy and the Army Asymmetric Warfare Group. Marks resides in New York City.
In “grassroots” politics, the grass isn’t always green—or natural.

In today’s chaotic world, where the multiplication of information sources creates competing narratives, credibility is the key to winning the war of ideas. Three characteristics make a narrative credible: the story must be coherent, resonate with the audiences, and reflect their experience.

This is the reason why governments and corporations resort to astroturfing.

The idea at its core is rather simple: disguising the real source of a message as spontaneous expression of public will. This goal is reached through the creation of purportedly grassroots movements set up to advance political agendas and commercial campaigns. The term originates from AstroTurf, a popular brand of artificial grass.

Up until the widespread penetration of the Internet in the public sphere, astroturfing cases ranged from mail bombing to the creation of the National Smokers Alliance set up by Philip Morris to counter anti-smoking legislation. But the popularity of social media became a new weapon in the hands of unscrupulous groups willing to manipulate the decision-making process: from fake-news websites to spambots and cybernetic psyops, the battle for the monopoly of truth has just started. No holds barred.

Roberto Capocelli is a journalist whose work has appeared on Newsday, ABC News, and AmNY. He started out as a freelance reporter in 2002, traveling to the West Bank and Gaza during the Second Intifada uprising. He has written on Italian politics for Avanti!, received an award from the newspaper La Repubblica, and worked as a public information officer for the United Nations in the Democratic Republic of Congo. He lives in New York.
Lee Travis

HOW YOU GOT SCREWED
A User’s Guide to a Rigged System

How the money masters, the government, and big business conspire against you—and what you can do about it.

If you’re like most people, you want nothing more than a fair shot in life—a chance to seek out opportunities, work hard, and make your own way in this world. But, as author Lee Travis explains in How You Got Screwed, the game has been rigged, making it almost impossible for you to win.

How You Got Screwed explains exactly how the rules have been made to favor those in charge. Consider the financial system, which steals your earning power with money that doesn’t hold its value and lets banks break the law practically without consequence. Think about our politicians, who serve their donors and lobbyists, and a government more interested in serving itself than its people. And remember big business, which uses its money and political power to twist the rules in their favor, hurting you as a consumer, employee, and citizen.

Yes, the cards are stacked against you. But that’s only if you play by their rules. It’s time to play your own game—and How You Got Screwed is your guide to making the system work for you.

Lee Travis is a successful entrepreneur living the American dream with a wife, two kids, two dogs, and a house with a white picket fence in the suburbs. He realized long ago that his children, and millions of others like them, would never have a chance to realize their dreams because a small group of greedy businesspeople and self-serving politicians had rigged the rules in their favor. He wrote this book so that they—and you—can understand how the game is rigged, who rigged it, and what you can do about it. Lee Travis resides in Charlotte, North Carolina.
K. J. Fallon

COFFEE FOR ONE
How the New Way to Make Your Morning Brew Became a Tempest in a Coffee Pod

An inside look into the story of why we all traded in pots for pods!

Reminiscent of God in a Cup and The Devil's Cup, this is an inside look into the modern business of making coffee. But rather than a general history, Coffee for One focuses on the revolution that made single serve the most popular way to consume coffee worldwide, and the competition and conflict that got us here. An essential read for every caffeinated American:

- Features interviews with numerous key figures in the modern coffee business
- Blends reportage, pop culture, and business news
- First ever history of this modern movement

This story has everything: A-list names, corporate intrigue, environmental destruction, and much, much more. For the vast majority of the time humans have consumed coffee, the drink has been brewed in pots or other multi-serving tools; that is, until the past two decades, which saw the rise of the single-serve coffee machine. Whether it’s a Keurig or a Nespresso, today most people get their coffee from little plastic individual serving pods. But why? Coffee for One breaks open this story of innovation, profit, and cultural change.

K. J. Fallon is a former reporter at Time magazine who currently works as a freelance writer and book editor. She retains great media contacts at numerous outlets, including the Wall Street Journal, Fox News, Time, and People, among others. She currently lives in Somers, New York.

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Business
JANUARY
GENERAL NORTY SCHWARTZ

JOURNEY
Memoirs of an Air Force Chief of Staff

An uncensored account of General Schwartz’s term as the wartime US Air Force chief of staff under presidents Bush and Obama.

THE GENERAL’S DYSFUNCTIONAL HOME LIFE drove him to apply to the Air Force Academy almost forty years ago, where he was provided with a new family and sense of worth he had never gotten from his own father. This purpose has driven the general throughout his remarkable career, taking him to Alaska, the Pentagon, Germany, and Florida during Hurricane Opal; and it has also allowed him to work alongside Presidents Bush and Obama and Secretaries of Defense Leon Panetta and Ashton Carter.

Journey is a book about leadership. It is packed with the general’s lessons from life in the military: breaking the mold, flying uncharted airspace, battles—from Iraq to the Pentagon, Afghanistan to Congress. It’s about pushing limits in an era of diminishing budgets and fewer resources to fuel the furnace of innovation. He chronicles the phenomenal story of the evolution of the US special operations, such as what was achieved when taking down Bin Laden. The general discusses the controversial new technologies that have been allowing America to build new capabilities in cyber warfare. Many believe General Schwartz’s greatest legacy will be the dramatic escalation of the “drone” program. He is a staunch advocate for it, and this book will explain why.

General Norty Schwartz served as the nineteenth chief of staff of the US Air Force. As chief, he served as the senior uniformed Air Force officer responsible for the organization, training, and equipping of 680,000 active-duty, Guard, Reserve, and civilian forces. As a member of the Joint Chiefs of Staff, the general functioned as military adviser to the secretary of defense, the National Security Council, and the president. He lives with his wife, Suzie, in McLean, Virginia.

Ron Levinson is the coauthor of Without Hesitation. He is a past board member of the US Air Force Public Advisory Council. He lives in Los Angeles, California.

“Norty Schwartz is one of the finest officers I’ve had the honor to work with. He came at a critical time in the history of the Air Force, and he responded with incredible leadership.”—Leon E. Panetta, secretary of defense (ret.)
William M. Birnes and Joel Martin
THE PRESIDENTS AND THE PARANORMAL
What America’s Leaders Believed—and Witnessed—about UFOs, Ghosts, Psychics, and More

Weird things have been seen and experienced in and around the Oval Office for centuries.

The author team that wrote the upcoming Skyhorse title Edison vs. Tesla, as well as The Haunting of the Presidents and other titles about the weird, the supernatural, and the unexplained, turn their attention to the oval office for a unique view at the paranormal in America and more specifically, what America’s presidents—from Washington to Obama—have witnessed and believed.

Most of us know that George Washington was heavily involved with the secret society the Freemasons. But how many of us know about George Washington’s UFO sighting during the terrible winter at Valley Forge, and how the experience guided his future?

• Lincoln had a recurring dream about his death. His ghost still wanders the White House and pointed out the building’s structural defects to President Eisenhower
• Mrs. Franklin Pierce had a séance in the White House in 1854, to summon the spirit of their eleven-year-old son Bennie, who had died tragically in a train crash
• JFK was warned by many psychics who predicted his demise

The Presidents and the Paranormal is an oft-overlooked glimpse at history that will appeal to historians as well as advocates of the paranormal.

William J. Birnes is the New York Times bestselling author of The Day After Roswell and many other books, including the Skyhorse titles Dr. Feelgood, Wounded Minds, and The Big Book of UFO Facts, Figures & Truth. He was the consulting producer, writer, and lead host of the History Channel’s UFO Hunters and the publisher of UFO Magazine from 1998 through 2014. He lives in Lambertville, New Jersey.

Joel Martin is the bestselling author of paranormal titles, as well as a radio and television host. He and Birnes collaborated on several titles, including Haunting of the President, Haunting of America, and the upcoming Skyhorse title Edison vs. Tesla. Joel and Bill coproduced Presidential Prophecies on the A&E Network. Joel lives in Babylon, New York.
TIDE OF WAR
The Impact of Weather on Warfare

The first comprehensive look at nature's role on military history.

By David R. Petriello

Halley's Comet helped to announce the fall of the Shang Dynasty in China; a solar eclipse frightened the Macedonian army enough at Pydna in 168 BC to ensure victory for the Romans; a massive storm turned the field of Agincourt to mud in 1415 and gave Henry V his legendary victory; fog secured the throne of England for Edward IV at Barnet in 1471; wind and disease conspired to wreck the Spanish Armada; snow served to prevent the American capture of Quebec in 1775 and confined the Revolution to the thirteen colonies; and an earthquake helped to spark the Peloponnesian War. But this is only a small sampling of the many instances where nature has tipped the balance in combat.

Over the past four thousand years, weather and nature have both hindered and helped various campaigns and battles, occasionally even altering the course of history in the process. Today elements of nature still affect the planning and waging of war, even as we have tried to mitigate its impact. The growing concern over climate change has only heightened the need to study and understand this subject.

* Tide of War * is the first book to comprehensively tackle this topic and traces some of the most notable intersections between nature and war since ancient times.

David R. Petriello is a historian and an author. He received his PhD from St. John's University, where he focused on American history and the effect of disease and history. He currently teaches at Caldwell University. His previous titles include *Military History of New Jersey* and *Bacteria and Bayonets: The Impact of Disease in American Military History*.

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History
JANUARY
Kenneth Macksey

PANZER GENERAL
Heinz Guderian and the Blitzkrieg Victories of WWII

A fascinating profile of the German tank general considered to be better than Rommel.

Kenneth Macksey’s highly regarded biography of Generaloberst Heinz Guderian gives clear insight into the mind and motives of the father of modern tank warfare. *Panzer General* shows Guderian as a man of ideas equipped with the ability to turn inspiration into reality. A master of strategy and tactics, he was the officer most responsible for creating blitzkrieg in World War II.

Guderian built the *Panzerwaffe* in the face of opposition from the German General Staff and personally led the lightning campaigns by tanks and aircraft that put a large part of Europe under domination by the Third Reich. Kenneth Macksey, a tank man himself for more than twenty years, reveals the man as a brilliant rebel in search of ideals and a general whose personality, genius, and achievements far transcended those of Rommel.

As well as throwing light on the crucial campaigns in Poland, France, and Russia, this biography illuminates the struggles within the German hierarchy, both in the military and in the Nazi Party, for control of the Panzer forces. Based on information from the extensive family archives, *Panzer General* demonstrates why Guderian was so admired by some while denigrated by others.

Kenneth Macksey joined the Royal Armoured Corps in 1941, saw action in Normandy in 1944 and Germany in 1945, and after World War II spent more than twenty years as an officer of the Royal Tank Regiment. He was internationally known for his works on military history, including *Why the Germans Lose at War*. Macksey died in 2005 in Britain.
Otto Skorzeny; Foreword by Charles Messenger; Introduction by Dan Raviv

**HITLER’S COMMANDO**
The Daring Missions of Otto Skorzeny and the Nazi Special Forces

The story of “the most dangerous man in Europe.”

Otto Skorzeny, Hitler’s favorite soldier and Germany’s top commando in World War II, is one of the most famous men in the history of special forces. His extraordinary wartime career was one of high risk and adventure, and here he tells the full story.

When Mussolini was imprisoned in Italy in 1943, it was Skorzeny who successfully led the daring glider rescue, winning the Knight’s Cross and promotion as a result. Skorzeny’s talents were brought into play again when he was sent to Budapest to stop the Hungarian regent Admiral Horthy from signing a peace treaty with Stalin in 1944. Now dubbed “the most dangerous man in Europe” by the Allies, Skorzeny was awarded the German Cross in Gold. A few months later he took a critical role in the Ardennes offensive with a controversial plan to raise a brigade disguised as Americans with captured Sherman tanks. A fascinating depiction of commando action, Skorzeny’s memoirs are a key addition to special forces literature.

Otto Skorzeny was born in Vienna in 1908. Following the German invasion of Poland in 1939, he joined the SS and was assigned to Hitler’s elite bodyguard. He died in 1975.

Charles Messenger is a renowned historian who previously served twenty-one years with the British Royal Tank Regiment. He is the author of nearly forty history books.

Dan Raviv is a CBS News correspondent and coauthor of *Spies Against Armageddon: Inside Israel’s Secret Wars*.

“A great account of one man’s highly unusual war” —British Army Review

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JANUARY
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Tania O’Donnell

A HISTORY OF COURTSHIP
800 Years of Seduction

Explore eight hundred years of lust, love, and loss.

Tania O’Donnell takes readers on a journey from medieval courtly love to the sexual license of the Restoration to Victorian propriety. Pick up historical dating tips from how to court (or be courted), write romantic love letters, give and receive gifts, propose, and pose as a sighing swain.

The book takes a historical approach to the problem of finding a mate, with case studies of classic romantic mistakes and plenty of unusual tales. For example, in the fourteenth century, young men tried to impress the ladies with their footwear, donning shoes with pointed toes so long that they had to be secured with whalebone—presumably because size mattered!

The concepts of courtly love are certainly well covered here, with details coming from the letters and diaries of the nobility. The book also provides insight into the love lives of the ordinary people, passed down through country sayings, folklore, and popular rhymes and songs.

_A History of Courtship_ presents an entertaining and enlightening look at seduction over the centuries.

_Tania O’Donnell_ has written on relationships for national newspapers and magazines, including _Metro_ and the _Guardian_. She is the founder of Green Cover, a private press that publishes collectible editions of original short stories, poetry, and mythology. She lives in South London with her husband, Gary, and a Westie puppy.
Ed West

ENGLAND IN THE AGE OF CHIVALRY . . . AND AWFUL DISEASES
The Hundred Years’ War and Great Plague

A revealing glimpse into the tumultuous history of England’s medieval period, full of knights in shining armor and terrible peasant suffering.

Covering the violent and disease-ridden period between 1272 to 1399, *England in the Age of Chivalry . . . And Awful Diseases* covers the events, personages, and ideas most commonly known as ‘medieval.’

It is the fourth title in Ed West’s A Very, Very Short History of England series and rollicking good read on this essential period of English history. A period that includes the emergence of Geoffrey Chaucer, the Peasants’ Revolt, the Scottish Wars of Independence, the Great Famine of 1315, the Black Death, and the Hundred Years’ War. For anyone who’s read Chaucer’s *The Canterbury Tales*, this will be a great primer on all the forces playing out in the background, which have animated some of our greatest stories.

Central to this time was King Edward III, who started the Hundred Years’ War and defined the concept of chivalry, including England’s Order of the Garter. His legacy continues to shape our view of England’s history and is crucial in understanding the development of Europe.

Ed West is the recently appointed associate director of UK 2020, a British policy think tank. Before that, Ed was deputy editor of the *Catholic Herald* and a frequent contributor to the *Daily Telegraph, Times, Evening Standard, Daily Express*, and *Guardian*. He is a popular British Twitter personality and blogs for the *Spectator*. He currently lives in London.

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5½” x 8 ¼” • 144 pages
History
JANUARY
Dennis Oliver

DEATH RIDE OF THE PANZERS
German Armor and the Retreat in the West, 1944–1945

A comprehensive yet accessible guide to German vehicles and crews in the latter days of World War II.

Death Ride of the Panzers is a unique guide to the Nazi tanks, vehicles, and crews of World War II. It features never-before-seen photographs from the US National Archives and the author’s personal collection, annotated artist renderings, and detailed explanations and historical context for each collection of images. Readers will also be able to trace the combat histories of these subjects through orders of battles, maps and organizational diagrams, vehicle allocation charts, and unit biographies.

The forensic approach for which Dennis Oliver is known creates a broad, comprehensive record of German soldiers and hardware from early 1944 to the end of the conflict in 1945. Death Ride of the Panzers provides the context and chronology necessary for the general reader and the primary sources and hardware specifics that appeal to the expert, making this book perfect for the readers with historical interest, modelers, and WWII buffs alike.

Dennis Oliver is the author of more than twenty books on Second World War armored vehicles including Codename Swallow: British Sherman Tanks at Alamein, To The Last Bullet: German’s War on Three Fronts, Westwall: German Armour in the West, 1945, Viking Summer, and A Sound Like Thunder. He lives in Varsity Lakes, Queensland, Australia.

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History
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JANUARY
Robert Wintner  
1969 AND THEN SOME  
A Memoir of Romance, Motorcycles, and Lingering Flashbacks of a Golden Age

For the first time in paperback, a highly personal narrative exploring the year when innocence was tempted, pushed, and lost.

The year 1969 was pivotal for the baby boomers. Young and innocent, they were given the ultimate freedoms and were faced with growing up.

This touching, hilarious memoir is the true story of a late sixties grand tour of Europe—a life-defining parable for those who remember and those who can live it only through the tales of others. With the gift of youth, they saw, sensed, and savored the now laughably clear distinction between profit motive and greed, truth and propaganda, national interest and defense contractors, a lovely cloud of smoke and the smoke of napalm, and the phantoms of security and dangers of complacency and atrophy. Stoned to the gills and then some, these adventurers experienced life—and the counterculture of the late sixties—to the fullest.

In an exciting narrative spanning the globe, readers are invited to embark on their own journey and rediscover this incredible time of self-discovery, love, and finding out what you were made of.

Robert Wintner has written twelve novels including In a Sweet Magnolia Time, which was nominated for both a Pulitzer Prize and a PEN/Faulkner Award. He is the founder of Snorkel Bob’s Hawaii, Hawaii’s biggest reef outfitter and only snorkel equipment manufacturer.

“This is a true story of unfettered freedom and adventure, speed, sex, fun and drugs. . . . You’ll enjoy his lust-for-life exploits, either breathing a sigh of relief that you can do so vicariously, or wishing you’d been there, up close and personal with him, taking risks, living on the edge, thumbing your nose at the jaded generation that came before.” —Ceci LaDuca, Columbia County Observer

“This touching, humorous memoir is the true story of a late sixties grand tour of Europe—a life-defining parable . . . an incredible time of self-discovery, of love, and of finding oneself.” —JointForcesJournal.com

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Memoir
JANUARY
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Run away to the circus with an atmospheric debut perfect for fans of Alice Hoffman, Karen Russell, and Kevin Wilson.

Set just before the millennium in the dusty world of fire-eaters, tightrope walkers, and contortionists, *Everything You Came to See* follows Henry Bell, a talented new performer with a small traveling circus. Henry left behind the only family he ever knew, but among the other performers—and on the stage—he’s found a new home.

Though the circus was once a larger attraction, audiences have grown sparse and Caleb Baratucci, the show’s manager, knows they are on the verge of bankruptcy. Still, he’s determined to revive the circus—if only for the sake of the performers—and provide for his wife, Adrienne, a retired giantess facing a dangerous surgery.

Recovering at home and no longer a headlining act, Adrienne finds herself longing for the comfort of her circus family. When Henry strikes up a friendship with her, Adrienne’s loneliness eases, but Caleb senses that Henry’s feelings run deeper and, if not managed wisely, they could set off a chain of events that will threaten everyone—and everything—they hold dear.

Alternating between these three perspectives, *Everything You Came to See* is a sophisticated, touching novel exploring the families we’re born with, the families we create, and the tightrope we must walk between the two.

Elizabeth Schulte Martin holds an MFA from California State University in Fresno and attended the Sewanee Writers’ Conference. Her short fiction has appeared in the *New England Review*, *Ninth Letter*, *Witness* magazine, *Hot Metal Bridge*, and has received a special mention in the Pushcart Anthology.
Dana Thompson

THE HAIRCUTTER

A Novel

A biting and deliciously profane satire where a simpleton becomes a famous artist in New York on accident.

Born in the small town of Ten Sleep, Wyoming, The Haircutter—or H. C.—murders an enigmatic “Jenny” and flees to the glittering anonymity of New York City. Eight years later, after a series of odd jobs and lonely meals, H. C. is charged with driving a wolf from New York back to Wyoming, where it was captured for use in a conceptual art show. While back out West, he has a chance encounter with the girl he could never forget—slightly cross-eyed Carol.

Now shacked up with H. C. in the city, Carol discovers H. C.’s eponymous secret—his compulsion to cut off locks of strangers’ hair in public, label and categorize them on a hidden door in their apartment. Carol declares the bizarre habit to be high art, and sends the work to the eccentric gallerist Leslie Christmas, thrusting The Haircutter into the spotlight of NYC’s art scene. Christmas creates a sensation out of the rube from Wyoming, who is only along for the ride to keep Carol in his bed, but when he is accused of another murder, he must scramble to set the record straight. *The Haircutter* tells the story of what is gained and lost in H. C.’s pursuit of love and meaning in a fascinatingly absurdist world.

By turns hysterical, disgusting, subversive, and heartbreaking, *The Haircutter* is a madcap romp alive with cultural provocation and twisted stereotypes. It is an uproarious send-up to fame and the pursuit of artistic expression reminiscent of John Waters’s fearless combination of sincerity and debauchery.

Dana Thompson is a writer and model living in Brooklyn, New York. Her modeling work has appeared in *Vogue*, *Harper’s Bazaar*, *Elle*, and more. This is her first novel.

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Fiction
JANUARY
Amanda Stauffer

MATCH MADE IN MANHATTAN
A Novel

For fans of The Bachelor and Bridget Jones, a story about the awkward, romantic, and cringeworthy struggles of trying to find The One in the digital dating age.

After two intense, dead-end relationships, serial monogamist Alison finds herself confused, lonely, and drastically out of touch with how to date. Instead of giving up and wallowing, she signs up for every dating app out there and resolves to date as many New York City men as she can in a year—before her free trials run out. On one date, she’s dumped before the first kiss; on another, she has dinner with an undercover EPA agent who tracks illegal exotic animals. She dons full Hazmat gear on a third date; on another, meets a tattooed folk singer turned investment banker; and makes it through ten dates before getting a first kiss.

Giving them all her signature Pants Speech—her pants aren’t coming off unless she has a real connection with someone—she desperately wants to push past the awkward small talk phase to find true love, but finding The One is starting to feel impossible. That is, until Paul, who is sophisticated, funny, and not to mention, hot. Alison finds herself falling for Paul more than any guy she’s dated and she’s finally letting her walls down—but will he stick around or move on to his next match?

Match Made in Manhattan is a fast-paced contemporary romance about the struggles of dating in the digital age. Replete with online profiles, witty dialogue, and a super-supportive group of female friends, this all-too-real and relatable debut novel will have readers laughing, crying, and rooting for Alison all the way to the end.

Amanda Stauffer is a thirty-something graduate of Yale and Columbia Universities who works as an architectural conservator, restoring historic landmarks across the country. When she grew frustrated with New York City’s dating scene in her twenties, Amanda headed to match.com. Even though no successful relationships came out of it, her experiences provided her with a lifetime of warm and fuzzy memories, a few friends, and an abundance of material should she ever decide to pursue a career in comedy. She is a former freelance copy editor for Alloy Entertainment and is the former editor-in-chief of The Insider’s Guide to Colleges, 2005. Match Made in Manhattan is her debut novel. An erstwhile expat who has lived in Bangalore, Sicily, and Paris, Amanda currently lives in Manhattan, where she is busy writing her second book.
Kevin Hurley

CUT AND COVER
A Thriller

“A resounding character study just as much as it is an action novel, and both are equally triumphant.” — Kirkus Reviews

To most people, Major John Rexford is a retired Marine living in the Catskill Mountains of New York on disability. Even John’s girlfriend, Maggie, has no idea he’s really a CIA spook recruited in Afghanistan and assigned to kill enemies on US soil.

With exemplary skills in hand-to-hand combat and small arms weaponry, John Rexford completes a string of successful kills, eliminating terrorists and their money supply in the New York metropolitan area. With the FBI hot on his trail for these illegal assassinations, John must find a way to stop an international team of explosives experts from destroying New York City’s aqueducts, killing thousands with chlorine gas, and burning the five boroughs to the ground. During his mission, John runs afoul of a high-level underworld assassin who uses his mastery of yoga to silently strangle his victims. When the assassin discovers John’s one liability — his girlfriend, Maggie — John will have to make a terrible choice between her life and the capture of her abductor.

This tightly scripted story begins with a terrorist plot and gradually turns into a clash between two professional killers, with the lives of both John Rexford and Maggie hanging in the balance. As the characters collide with deadly force on the streets of New York in Cut and Cover, the line between right and wrong blurs, long-standing loyalties are questioned, and no one is really sure, what the final outcome will be.

Kevin Hurley draws his inspiration from a family history of military service from the Korean War to present-day Afghanistan, as well as from his martial arts interests. His professional career includes consulting for private sector corporations and government agencies, and he is a board-certified entomologist specializing in EPA regulations. He lives in the Catskill Mountains in upstate New York where he is an avid cyclist and practitioner of Yang-style tai chi chuan.

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JANUARY
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For state prosecutor Bradlee Aames, psychosis is a fact of life, a waking nightmare from which modern medicine’s soulless jargon and mind-numbing meds have offered little relief. Bradlee stays focused by winning trial after trial, even while she’s self-medicating with booze, dope, and midnight surfing sessions at a classic Los Angeles point break. But when a thick fog of delusions engulfs her, she blows a case, and her reputation and competence are called into question.

To rehabilitate her career, her boss gives her an easy assignment: Dr. Don, a popular TV shrink and former state medical board expert, now stands accused of sexually exploiting a vulnerable female patient, yet the broken woman won’t testify. If Bradlee can settle the matter quietly, the board, avoiding further embarrassment, will be pleased. But Bradlee Aames doesn’t do things the easy way—not when a predator like Dr. Don is primed to debase more helpless women.

Illusive Los Angeles is the gritty, sunblasted setting for *He Said, She Said*, a thrilling story of trust, betrayal, truth, and deception. Told from multiple perspectives, it offers the reader a front-row seat to a tense legal battle while exploring the many human consequences of power and corruption.

**John DeCure** was a deputy trial counsel with the State Bar of California from 1993 to 1998. He is the author of *Bluebird Rising* and *Reef Dance*. *He Said, She Said* is his third book. He lives and surfs in Los Angeles, California, where he was born and raised.

“Throw your preconceptions and expectations about legal thrillers out the window. John DeCure’s *He Said, She Said* will pick you up, shake you around, and knock you on your can.” —Reed Farrel Coleman, *New York Times* bestselling author of *Where It Hurts*
John Henry Weiss

MOVING FORWARD IN MID-CAREER
A Guide to Rebuilding Your Career after Being Fired or Laid Off

So you've been let go . . . now is the right time for expert advice!

Losing a job is one of the most devastating events one can experience. For trauma, it ranks up there with divorce, loss of a loved one, and permanent personal injury, and it happens more often than one would think. According to the Bureau of Labor Statistics, approximately fifty thousand workers are fired or laid off each day. That is over 18 million workers each year.

Moving Forward in Mid-Career is a guide for workers who have been fired or laid off and are in the process of rebuilding not only their careers but also their personal identities independent of a job title. The main objectives of Moving Forward are:

• To address challenges that are unique to the mid-career job seekers, such as perceptions of overqualification and the need to keep up with advances in technology
• To provide support and encouragement for workers who are in the process of rebuilding their careers as individual contributors, as employees of small businesses or large corporations, or as founders/owners of a new business
• To provide job hunting rules for workers reentering the workplace
• To provide guidelines for staying up to date on competitive skills demanded by today’s workplace
• To provide practical information for rebuilding wealth

By addressing the many aspects of job loss and job search, Moving Forward provides solutions for dealing with the challenges encountered at each stage of the rebuilding process, from the initial shock and humiliation to the difficult but rewarding task of rebuilding persona and seeking new employment opportunities.

John Henry Weiss is the owner and president of Weiss & Associates, an executive recruiting firm that conducts searches for companies in the education and communications industries. He is the author of two other books dealing with the workplace: Operation Job Search and Welcome to the Real World. Weiss lives in Stockton, New Jersey.
Brenda Bernstein

HOW TO WRITE A STELLAR EXECUTIVE RESUME

50 Tips to Reaching Your Job Target

Valuable secrets from a career and professional development counselor.

How to Write a Stellar Executive Resume empowers readers to create an effective resume, step by step, that will allow them to stand out from the crowd as a top candidate for an executive position. Brenda Bernstein, a Certified Executive Resume Master and senior editor at TheEssayExpert.com shares the tips and tricks she's learned from more than two decades of helping job seekers get connected with the right position. Readers will discover:

- The importance of knowing the target audience and how to best connect with them
- Key social media tips for spreading the word about their skills and experiences, and how to set yourself up with a URL
- Why good ol’ cover letters and thank-you letters are important, and how to use them effectively
- Power verbs to use and words to avoid
- Samples of successful resumes

For many executives conducting a job search, it may have been quite a while since they were last “looking.” It’s easier than ever to apply for a job—and as a result, there’s a lot of competition for a limited amount of openings. There’s a lot to learn about the recruiting world we live in and the best ways to use the tools at our disposal. This book provides practical, proven, up-to-date best practices for creating an effective executive resume that gets results.

Brenda Bernstein is the founder and senior editor at The Essay Expert LLC and is an in-demand speaker, trainer, and consultant. She holds Certified Executive Resume Master and Certified Master Resume Writer certifications from Career Directors International. Her self-published LinkedIn book has commanded the top ranking in Amazon's business writing skills ebook category since July 2012. This is the first trade edition of her book on executive resumes. She has more than fifteen years of successful written communications experience, from executive resume development to business copy editing to essay consulting. She lives in Madison, Wisconsin.
Jill Kelly
WHEN YOUR MOTHER DOESN’T
A Novel

For the first time in paperback, a revealing and intimate story of what a mother will—and will not—do for her daughters.

Nearly three decades of secrets lie between Lola Ashby and the two daughters she reluctantly raised. So when the eldest, Frankie, agrees to visit her ailing mother, who abandoned the girls when they were in high school, Frankie doesn’t hold out much hope for a meaningful connection. But when her younger sister Callie announces that she’s moving to Los Angeles from the East Coast, Frankie badgers her sister into meeting up for an ill-formed family reunion—and to dilute any awkwardness with Lola. It’s a recipe for disaster the sisters know all too well. With Lola doing everything she can to keep them at arm’s length, any hope for reconciliation may just shrivel up and blow away—unless they can find a way to forgive themselves, and one another.

Told from the perspectives of three different women—each facing her own hope and hardship—this tender, compelling narrative explores the kind of people we become when those who should love us most let us down, and what, if anything, we can do to heal the wounds of the past.

Jill Kelly is a writer, visual artist, creativity coach, and freelance editor. A longtime college professor of literature, she has been writing and publishing since 2002. Her memoir, Sober Truths: The Making of an Honest Woman, was a finalist for the prestigious Oregon Book Award. She is also the author of Fog of Dead Souls: A Thriller. Jill lives in Portland, Oregon, with her three cats.

“Beautifully written and unflinching, this book is a gem.” —Kristina Riggle, author of Real Life & Liars

“A heart-wrenching and poignant story about mothers and daughters and the secrets they keep.” —Tamar Ossowski, author of Left

“Jill Kelly weaves a compelling tale that will stay with you long after the final page.” —Colleen Faulkner, author of As Close as Sisters

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Fiction
JANUARY
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Dieting is no longer the smartest way of cleansing your body or losing weight. Instead of depriving yourself of certain foods, why not add in a quick boost of healthy drinks to the mix? Vitamin and infused waters, tonics, shots, juices, and other nutrient-packed drinks are a quick, delicious, and powerful pick-me-up that will enhance your vitality with just a swig (or two).

Get high on fruits, vegetables, and other natural ingredients—a virgin Margarita or sugar-free lemonade is a great substitute for a glass of rosé. A homemade slush takes just a minute to make and is the perfect thirst quencher for you and the rest of the family. Vitamin water is full of everything your body needs instead of the usual sugary drinks filled with artificial sweeteners. Why not even have a go at making your own kombucha, the elixir that has taken over the cooling cabinets in Los Angeles thanks to its salutary powers for the stomach; or boil your own broth, the drink that has replaced mugs of lattés on the streets of New York? Learn to make a:

- Classic green avocado drink
- Raw kombucha
- “50 Shades of Green” tonic
- Chocolate smoothie with raspberry-chia topping
- Oxtail bone broth
- And more!

*Healthy Drinks* treats you to sixty recipes of wholesome drinks that are bursting with nutrition, vitamins, and flavors from all over the globe—and that are also beautiful to look at!

*Anna Ottosson* is a qualified dietitian who has been providing dietary advice on TV and radio and in newspapers for many years. She also works in education and trend forecasting. She lives in Stockholm, Sweden.
The Quintessential Quinoa Cookbook

Start cooking healthy today!

With more than two hundred pages of quinoa-inspired cuisine, The Quintessential Quinoa Cookbook is unlike any other quinoa cookbook. Inside you’ll find the quinoa queen behind CookbookQuinoa.net Wendy Polisi’s exclusive, tried-and-tested recipes. She offers photographs and nutritional information for every recipe, and alternative ingredients and preparation methods.

The Quintessential Quinoa Cookbook offers vegan, gluten-free, sugar-free, fast and easy, eating clean, quinoa recipes for kids, and even desserts (need I say more?). Let’s take a quick peek at the recipes included:

- Strawberry spinach quinoa salad
- Black bean and quinoa tostadas
- Quinoa burgers
- Almond fudge quinoa brownies
- Sun-dried tomato and goat cheese pizza
- And much more!

With so many ways to prepare this wholesome superfood, the popularity of quinoa continues to grow. Whether you’re a home cook looking to try something new, or a quinoa connoisseur looking for inspired and creative recipes—The Quintessential Quinoa Cookbook is the book for you!

Wendy Polisi is the creator of the most popular website devoted to everything quinoa and healthy living: CookbookQuinoa.net. There she shares quinoa recipes and cooking tips with her more than 200,000 monthly readers, introducing them to quinoa and showing them that healthy and delicious can go hand in hand. She resides in Bryan, Texas.
Summer Sanders

RAW AND RADIANT
130 Quick Recipes and Holistic Tips for a Healthy Life

Simple changes and healthy alternatives to help you thrive and glow!

This picture-driven raw lifestyle book is for busy people who want to improve their health and vitality without having to go 100 percent raw. It’s an easy-to-use guide that showcases creative yet simple-to-make plant-based recipes, and highlights multiple nutrition-packed superfoods.

But more than just a raw food guide, Raw and Radiant includes chapters on functional fitness and beauty, shares the basics of cleansing, and has helpful mind-body connection tips, all important pillars for optimum health. This healthy lifestyle guide is filled with vibrant and inspiring photos to help encourage your lifestyle shifts and food transformations.

Summer will give you tools to add radiant plant-based foods into your diet no matter what your present eating style. She wants to inspire you to create your best life ever by making small shifts today that will affect your entire life and generations to come.

Summer Sanders is a certified raw food chef, personal trainer, plant-based nutritionist, curator at Strong + Radiant, and founder of Local Juicery. She is passionate about helping people bring more vibrant plant-based foods into their diet in a delicious and exciting way. Her work has been featured on Mind Body Green, The Body Book, Sakara Life, Free + Native, and many more. Summer lives in Sedona, Arizona, with her husband Mike and her son Henry.

“Gorgeous recipes that taste as delicious as they will make you feel. You don’t have to be a raw foodist or vegan to appreciate these simple, gratifying meals.” —Michelle Branch, singer and cohost of Cook Taste Eat

“Summer is a raw food goddess and her recipes are out of this world! She . . . has truly has mastered the raw lifestyle and makes eating live, vibrant food fun and delicious!” —Whitney Tingle, cofounder of Sakara Life

“I feel so fortunate to have the pleasure of knowing and working with Summer Sanders . . . Her passion behind health and living foods is genuine—her vibrancy transpires into the food that she makes, as well as the people she is around. Both she and her book are gorgeous! Get the book to get the vibe! You will love it.” —Meredith Baird, coauthor of Everyday Raw Detox and Plant Food
Hannah Kaminsky

REAL FOOD, REALLY FAST
Delicious Plant-Based Recipes Ready in 10 Minutes or Less

The power to whip up fresh, flavorful dishes based on whole foods is firmly within your grasp.

The promise of a hot, satisfying meal in ten minutes or less is no longer the exclusive calling card of cheap pizza delivery. Everything from dinners on the run to crave-worthy snacks for a crowd can be yours in less time than it takes to hunt down those crusty take-out menus.

While most “quick-fix” recipes call for chemically enhanced mixes or unsavory prepared foods, Real Food, Really Fast cuts no corners when it comes to quality. Inexpensive staples are reimagined with innovative flavor pairings, clever cooking techniques, and fun presentations, yielding all new delights such as Exploded Wonton Soup, Chile Relleno Rolls, and Everything Bagel Salad. Simplified classics, like Stovetop Granola and Cauliflower Risotto alla Milanese, will put old staples back on the table without all the typical prep work. Don’t forget to leave room for dessert, even if you don’t have much time. Luscious options, including White Chocolate Peanut Butter Fudge and Mango Crème Brûlée, will satisfy your sweet tooth in an instant.

Helpful tips for speeding through recipes even faster, plus additional suggestions for flavor variations make this book an indispensable guide for hungry cooks of all stripes. You’ll never need to compromise on flavor, nutrition, or expense, even with the most demanding deadline.

Hannah Kaminsky has developed an international following for her delicious recipes and mouthwatering food photography at the award-winning blog BitterSweetBlog.com. She is the author of My Sweet Vegan, Vegan Desserts, Vegan à la Mode, and Easy as Vegan Pie. Passionate about big flavors and simple techniques, she works in San Francisco’s Bay Area developing recipes and photographing food from morning to night.
Going vegan is not always easy—but The Veginner’s Cookbook is here to help!

From the bloggers and foodie couple behind Elephantastic Vegan, Bianca Haun and Sascha Naderer bring seventy-five delicious plant-based recipes to the table. The Veginner’s Cookbook is for anyone thinking about transitioning to a vegan diet or having difficulties maintaining a vegan lifestyle; Bianca and Sascha call them Veginners.

In their debut cookbook, Bianca and Sascha combine their favorite easy recipes with their knowledge about how to handle difficult situations as a vegan. Readers will learn how to make easy vegan swapping alternatives and time-saving tricks, order at restaurants, and what to tell family and friends. The Veginner’s Cookbook is designed for everyday use and all recipes are made from simple ingredients and instructions that any Veginner can follow. Recipes include:

- Easy English Muffins
- Miso Udon Noodle Soup
- No-Bake lime Blueberry Cheesecake
- Vegan Snickers Cups
- And more!

Vegan cooking doesn’t have to be difficult, expensive, or time intensive to make easy, delicious, homemade food that anyone can enjoy!

Bianca Haun is the food blogger behind Elephantastic Vegan, where she shares her favorite plant-based recipes and spreads the word about veganism without being too preachy about it. Together with her boyfriend, Sascha, they are a foodie couple that, after adapting a plant-based diet, fell in love with food all over again. She and Sascha currently reside in Linz, Austria.

Sascha Naderer is the stew-cooking, breadstick-eating, avocado-craving side of this book. To him, cooking is about creativity, spontaneity, and tons of garlic, and he sees decadent vegan food as the perfect way to enjoy great food without having to compromise his ethics. He and Bianca currently reside in Linz, Austria.
WHAT A SWELL PARTY IT WAS!
Rediscovering Food & Drink from the Golden Age of the American Nightclub

Relish in the reverie and revelry of yesteryear with recipes from twenty-five of history’s most iconic entertainment hot spots.

Chef and restaurateur Daniel Boulud once explained, “The future of cooking is about how we can rewrite the history of it—it’s important to keep the memory and be entertained by it and inspired by it.” What a Swell Party It Was! entertains and inspires with a delicious slice of nearly forgotten culinary history—an era following the Great Depression and prohibition’s repeal, where America boomed and the nightclub scene flourished.

Opening this book is like swinging open the doors to another time and place, when big city life was a unique mixture of innocence and sophistication, romance and formality. It spotlights twenty-five legendary clubs that thrived in the 1930s and ’40s, just as jazz exploded into mainstream popularity and alcohol was no longer illegal to serve. Through these pages and recipes, enter past the proverbial velvet rope into establishments forever-immortalized, such as Chez Paree in Chicago, Café Trocadero in Hollywood, The Cocoanut Grove in Los Angeles, The Blue Room in New Orleans, and New York City’s Cotton Club.

In addition to including entrée, appetizer, dessert, and cocktail recipes from their original menus, each featured venue will be introduced with vivid anecdotes and history, narrated in a breezy style and illustrated with reproductions of vintage menu covers, beverage napkins, matchbooks, postcards, and rare photos.

An unabashedly joyful journey and a deeply authentic perspective on American culture in a rich, tumultuous age, What a Swell Party It Was! promises a cookbook/cocktail guide with a tip of the hat to history, crammed with details that bring life again to a fascinating American era.

Michael Turback not only created and nurtured one of Upstate New York’s first destination restaurants, he built a reputation around his ability to stalk, procure, and support the best of local food and wine. The Los Angeles Times called Turback’s “the first Finger Lakes restaurant to really devote itself to New York’s culinary and enological bounty.” He is the author of a culinary trilogy (Hot Chocolate, Mocha, and Coffee Drinks) and has taken on, in print, such topics as the ice cream sundae, artisanal cocktails, food and cocktail pairings, and the pleasures of Finger Lakes Wine Country. He lives in Ithaca, New York.
Dan Gallagher

THE SECRETS OF SUCCESSFUL FINANCIAL PLANNING
Inside Tips from an Expert

Take charge of your finances with little-known advice from a financial planner.

There are six interrelated segments to a complete financial plan: cash and budget planning, insurance and risk management, tax management, retirement planning, investment planning, and estate planning. What aspects of the financial plan require sophisticated planning by a professional, and what can savvy, well-educated consumers handle themselves? The Secrets of Successful Financial Planning empowers readers to take charge of their financial present and future, regardless of where they are financially, by presenting technical jargon in a way that’s easy to understand.

Here is sage advice and insider information known to the very few. For example, consumers buy more long-term care insurance than they need because their advisors are forbidden to show them alternative or supplemental strategies. They buy one large life policy when best-practice analysis usually would find need for two smaller, distinctive types. They get recommendations for annuity, insurance, and investment replacement, but how can they be certain the answers they get are unbiased? Author Dan Gallagher provides advice and counsel that will help readers set the stage for financial security for themselves and their families. He shares what you can do yourself and when you need a pro’s help.

Dan Gallagher, MBA, CFP, has, for more than thirty years, seen financial planning from all sides, working on fee-only or commission basis, employed by product-issuing companies and as an independent. He has helped thousands of clients to take control of their financial future. Dan gives seminars on financial planning and has written extensively on financial brokerage and advice for both the trade and the general public. He lives in Charlotte, North Carolina.

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Business
JANUARY
Are you ready to take your exercise and fitness routine to the next level? Then take a lesson from internationally renowned action hero Dolph Lundgren. Dolph has created a personal philosophy of fitness based on martial arts, yoga, strength training, biochemical research, professional sports, and more than forty starring roles in classic action films.

Dolph Lundgren: Train Like an Action Hero—his autobiographical training guide—features weekly training programs, daily menu planners, guides to equipment and gear, fantastic photos from behind the scenes of Hollywood action movies, and much more! His special tips include:

- Briefing: The reasons you need to get fit
- Mission: Personal training and health philosophy
- Weaponry: How to best combine strength exercise, cardiovascular, and flexibility training
- Special ops: Stick to your goals even while away traveling
- Fuel and supplies: The best foods and supplements
- Fit forever: Stay in shape for the rest of your life!

With detailed exercise plans and more than one hundred step-by-step photos, Dolph Lundgren: Train Like an Action Hero is the kickass guide to building a body that will look great and make you feel even better—forever.

Dolph Lundgren began his career by earning a master’s degree in chemical engineering and becoming a Fulbright scholar, military officer, and international black belt karate champion before switching tracks and entering the world of Hollywood as an action hero. His breakthrough came in Rocky IV (1985) when he played the formidable Soviet boxer Ivan Drago opposite Sylvester Stallone, with whom he recently reunited onscreen in the blockbusters The Expendables and The Expendables 2. He will soon be seen starring in the new syndicated TV action-series Rescue 3. Dolph lives in Los Angeles, California.
Sandy Joy Weston, MEd

TRAIN YOUR HEAD & YOUR BODY WILL FOLLOW

3-Minute Exercises to Look and Feel Better Instantly

All it takes is one to three minutes a day to change your body, and your life, for the better.

Sandy’s goal was to create a book and guide that allows you to redirect your thoughts in a positive, focused manner. This book is the culmination—lighthearted and fun. It presents easy ways to learn a few simple changes you can make in your life, and why these will help you enjoy life more.

After many years of hands-on research and collaboration with top professors, Sandy has put together a ninety-day guidebook and journal, written for the everyday person to help get their head in the game and see results instantly. If you train your head, your body will follow.

This is a combination of a love and passion for fitness, food, science, spirituality, positive psychology, and people, all rolled into one. All our habits, everything we want, is because we believe we’ll feel better once we have it. Sandy will teach you to feel better first, which will better allow you to reach your goals.

Sandy Joy Weston, MEd, has been a fixture in the Philadelphia-area fitness circles for thirty years—as an instructor, a trainer, a health club owner, and a media personality. Her mission is to change the world, one smile at a time. She believes that the best way to achieve success in all aspects of life is through habits, positive habits. Sandy uses fitness and her gift of motivation as her tools to help individuals achieve their personal goals. She resides in Philadelphia, Pennsylvania.

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Health
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Thousands of people take time out of their busy schedules every day to attend yoga classes where they learn postures and breathing techniques that make them feel more energized and balanced. Thousands of other people, however, have yet to find the time in their days to do anything but work, study, or chase after their children. In *The Joy of Yoga*, author and expert Emma Silverman teaches readers how to take advantage of the health benefits yoga offers even when they can't make it to regularly scheduled classes.

*The Joy of Yoga* offers short sequences that readers can perform while seated on airplanes, standing at the bus stop, or even while waiting for water to boil. In addition, it also includes sequences to help with daily aches, pains, and annoyances, such as tired feet, sensitive wrists, neck and shoulder tension, anxiety, and even heartbreak. Weekend gardeners, runners, musicians, and waiters/waitresses will also find exercises that will help ease the tension in their muscles after long hours of work or play.

*The Joy of Yoga* also provides step-by-step instructions and photographs on asana (postures) and pranayama (breathing techniques) for fifty sequences; lists the benefits of each sequence and includes helpful information about modifications for poses; and encourages readers to create sequences on their own, using the sequences in the book as starting points.

Emma Silverman is the author and founder of the blog *The Joy of Yoga*, which receives fifty thousand visitors per month. Her yoga journey began with dedicated Iyengar study and, after more than fifteen years of practice, she has also studied Bikram, Ashtanga, Kundalini, and Vinyasa Flow. After working at the Kripalu Institute for Yoga and Health (North America's largest yoga retreat center), she became a yoga instructor. She resides in Ithaca, New York.
Paul Wharton

PULLING IT ALL TOGETHER
Essential Style Advice on Being Beautiful, Confident & (Most of All) Happy!

Insider secrets and expert advice to discover the very best version of yourself.

Everyone looks in the mirror and sees imperfections, even models and celebrities. But you don’t need to spend money on expensive skin treatments and spa visits. In Pulling It All Together, Paul Wharton shares the secrets of styling teams and the tricks photographers use to turn everyday women into supermodels.

Wharton offers shopping, grooming, and lifestyle tips that will have you feeling drop-dead gorgeous and ready to take on the extraordinary adventures and all the good things life has in store. In this book, you’ll find advice on:

- Fashion: dressing slimmer, how to accessorize, and, of course, shoes
- Skin care: exfoliation, masks, and more
- Makeup: foundation, mascara, and everything in between

When you take the time to pull your look together, it frees up your mind to think more clearly and focus on what’s in front of you. An expert in front of and behind the camera, fashion and beauty consultant, lifestyle expert, and an entrepreneur with skin and hair care lines, Wharton is pivotally positioned to share keen insight and wisdom to make the world more beautiful, one person at a time.

Paul Wharton began his career as a model and stylist for the renowned Wilhelmina Modeling Agency; from there he was tapped as the on-air model coach on the Emmy award-winning hit MTV series Made and VH1’s The Agency. Paul became a makeover guru for The Ricki Lake Show, as well as TV One’s Makeover Manor. Through the years, he’s shared style advice on CNN’s The Situation Room, BET, Fox News Channel, Today show, and as the stylish male supporting cast member on Bravo’s The Real Housewives of DC. Paul can currently be seen as the lifestyle and fashion host on Fox 5’s Good Day DC morning show.
Kerry Thompson and Coco Park

KOREAN BEAUTY SECRETS
A Practical Guide to Cutting-Edge Skin Care and Makeup

Fifty tips and tricks to attain flawless Korean charm.

Kerry Thompson and Coco Park, the beauty writers behind the influential blogs Skin & Tonics and The Beauty Wolf, come together to bring you Korean Beauty Secrets: A Practical Guide to Cutting-Edge Skin Care and Makeup. This guide is your gateway into the alluring and sophisticated world of Korean beauty for every skin type and color.

Kerry and Coco bring their expertise from years of experience and immersion in the beauty industry. Korean beauty is a blossoming trend, quickly weaving its way through Western mainstream culture. With Kerry and Coco as your mentors, you will discover everything you need to get in on the ground floor. From the multistep Korean skin-care routine to chic makeup looks from the streets of Seoul, this full-color guide offers detailed product explanations, tutorials, and insider information that will have you submerged in the trendsetting culture of Korean beauty in no time.

Kerry Thompson’s enthusiasm for skin care began at a very young age and eventually grew into a passion for documenting her skin-care adventures on her esteemed blog, Skin & Tonics. Her mission is simple: try emerging skin-care products from all over the globe, and distinguish between marketing hype and legitimately effective products. Kerry can often be found perusing peer-reviewed clinical research or speaking with cosmetic chemists and industry insiders. As an early US adopter of the Korean beauty philosophy, her relationships in the Korean beauty industry and continuing quest for knowledge make her the ideal guide to the unique and seductive world of Korean skin care. She lives in Raleigh, North Carolina.

Coco Park is a digital journalist, artist, and the beloved beauty blogger behind TheBeautyWolf.com. She is a repeat guest author at xoJane and has been featured in articles at Fast Company and the Daily Mail. Coco, a certified aesthetician and makeup artist, has lived and worked in Dallas, New York City, Toronto, and Montreal. Originally born in the South and a proud citizen of the Choctaw Nation of Oklahoma, she now lives with her husband and daughter on the East Coast.
Mindfulness—focusing on the present moment while accepting your feelings, thoughts, and bodily sensations—is growing in popularity. You can find apps, online courses, and articles on the subject. Businesses like Google are incorporating the practice at work, resulting in lower stress levels, less frustration, fewer sick days, and less burnout. Health centers at universities are getting in on the act too, helping overly stressed students find relief.

This basic guide to mindfulness is geared toward the curious, the beginner, and the person looking for real help with the burdens of modern life. Divided into three sections—Appreciating Mindfulness, Mindfulness in Action, and Going Deeper—this handy guide tells you everything you need to know to get rid of stress and gain newfound peace: how mindfulness works, how to practice it, and how to apply it in daily life. Along with unique guided meditations in every chapter, the book explains how to deal with obstacles to practicing mindfulness, how to attain awakening, and how to create unconditional happiness through mindfulness.

Arnie Kozak, PhD, is a psychotherapist, clinical assistant professor in psychiatry at the University of Vermont College of Medicine, and workshop leader at the Barre Center for Buddhist Studies and the Kripalu Center for Yoga and Health. He is author of Wild Chickens and Petty Tyrants: 108 Metaphors for Mindfulness, The Everything Guide to the Introvert Edge, The Everything Essential Buddhism Book, and Mindfulness A to Z: 108 Insights for Awakening Now. Dr. Kozak resides in Jericho, Vermont.
Any girl that has shared special friendships and bonds knows that her wedding day means more than one proposal. The next step a bride-to-be surely thinks about after saying yes to her soul mate is how she is going to propose to her soul sisters in the same meaningful and memorable way.

My Dearest Bridesmaid is a sentimental and playful interactive journal; an offering of friendship and the perfect invitation as a bride asks her dearest friends and family members to help her down the aisle. Topics include:

- The history of bridesmaids: Explore the role of the bridesmaid
- Bridesmaid fashion: Discover dress trends and how to repurpose them after the wedding
- Crafting the perfect group of bridesmaids: What type of bridesmaid are you?
- Bridesmaid etiquette: Bridal party dos and don'ts
- Personalized quizzes and coupons: From the bride-to-be
- And more!

Heartfelt anecdotes and words of wisdom are scattered throughout this special gift to make My Dearest Bridesmaid a treasured keepsake and token of gratitude for a bride’s special friends. Look no further for a funny, sophisticated, and sentimental way to celebrate the spirit of being invited into a wedding party.

Melanie J. Pellowski is a journalist, writer, and current bride-to-be. She has written My Dearest Bridesmaid with her own bridesmaids in mind, and hopes to help any future bride with similar intentions. She resides in Hillsborough, New Jersey.
Beyond Small Talk

Develop the Skills, Tricks, and Techniques You Need to Work a Room

From a leading author and consultant, advice on how to be charismatic and have more enriching, engaging conversations.

Beyond Small Talk is a book for enhancing social skills and developing conversation starters—how to have a deeper connection with people, with tips based on human and social psychology as well as the author’s observations and proven coaching techniques. Readers will learn the basics of what makes a good interaction, as well as a plethora of highly actionable techniques to become more confident, charismatic, and likable. For example:

- If your conversations are boring, it may be because you don’t know yourself—your experiences or opinions—so you have little to share.
- Most people ask bad questions because they are either too specific (what’s your favorite movie?) or too broad (what is your passion?).
- If you need a witty comeback to an insult, simply agree with the insult and amplify it to an outlandish degree. This shows security and wit.

Think of Beyond Small Talk as a more detailed and nuanced How to Win Friends and Influence People for the modern age, now that most people see Carnegie’s book as “common sense.” It will be a handy reference for both introverts looking to step out and confident speakers looking for an edge.

Beyond Small Talk empowers readers to step out of their comfort zones to not only break the ice but also engage an audience in a meaningful and enriching conversation. It is a handy book that will empower readers to speak confidently.

Patrick King is a former corporate lawyer who owns and runs Patrick King Consulting, a company dedicated to empowering people to communicate better. He is the author of the bestselling series of Conversation Tactics books, and he is a social skills and conversation coach and speaker. He lives in San Francisco, California.
Benjamin Franklin, one of our nation’s most revered founders, was a man of uncommonly fine common sense. Although he was never able to finish his project of compiling a comprehensive compendium of practical wisdom, he was able to lay down the beginnings of this work in his later writings. Collected within this volume are Franklin’s writings organized around his timeless philosophy on living well, containing his thoughts on justice, moderation, chastity, and more.

The Art of Virtue is a simple, concise, and illuminating guide to living a virtuous and fulfilling life. Perfect for readers young and old alike, it will help any reader to make better choices in their daily life. And as Franklin wrote:

“We stand at the crossroads, each minute, each hour, each day, making choices. We choose the thoughts we allow ourselves to think, the passions we allow ourselves to feel, and the actions we allow ourselves to perform. Each choice is made in the context of whatever value system we have selected to govern our lives. In selecting that value system, we are, in a very real way, making the most important choice we will ever make.”

Benjamin Franklin was a writer, inventor, political theorist, diplomat, and Founding Father of the United States. He wrote under the pen name of Poor Richard from 1732 to 1757.

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Wilson the Pug, everyone’s favorite canine Taoist, has fallen in love. His soul mate, Hedy, with her wrinkly skin and floppy ears, is a real looker. But the lovable dog Wilson thinks is a fellow pug is actually a mastiff puppy, and in no time at all the difference between the two dogs become comically obvious. After trying with little success to appear more like a big dog (by lifting weights, practicing his bark, and trying to smooth out his signature pug wrinkles), Wilson is heartbroken. Things look bleak for the star-crossed lovers, but once again, the wisdom of the Tao comes shining through: “The Master acts on what he feels and not what he sees.” Wilson and Hedy couldn’t appear more different, but as we all know, it’s what’s inside that really counts.

The Ugly Pugling is the enchanting companion book from the stars of The Tao of Pug and Letters to a Young Pug, and is another must-have for dog lovers!

Wilson the Pug was a direct descendant and lineage bearer of Pug-tzu, companion of the ancient Chinese philosopher Lao-tzu. The latter has been widely credited with authoring the Tao Te Ching. Wilson lived in Berkeley, California, where he found much tolerance for his Taoist canine-American lifestyle. Wilson crossed the Rainbow Bridge in 2014.

Nancy Levine is a veteran dog photographer and writer. Her book Homer for the Holidays won the prize for Best Humor Book of the Year from the Dog Writers Association of America. Her one-woman show Leaving Scarsdale workshopped at the HBO Workspace, and her commentaries have been broadcasted in the Bay Area on NPR affiliates. Originally from Scarsdale, New York, Levine now resides in Marin County, in the San Francisco Bay Area.

“The Ugly Pugling is the most romantic pug love story of them all!” —Mimi LaRue, pug of Tori Spelling

Wilson the Pug

THE UGLY PUGLING

Wilson the Pug in Love

Letters to a Young Pug

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JANUARY
IT’S NOT WHAT YOU’RE EATING, IT’S WHAT’S EATING YOU
A Teenager’s Guide to Preventing Eating Disorders—and Loving Yourself

Stop destructive emotional eating habits, and learn to love your body and discover your self-worth.

Life as an adolescent is scary and confusing. In a weight-obsessed world that dictates what a “perfect body” should look like, teens who are insecure about their bodies see food as the enemy and reason they can’t fit in with the popular crowd. Plus, in a volatile season of quick romances and breakups, strained or broken family ties, and academic expectations, food and emotional eating can be a teen’s only coping mechanism to soothe a broken heart or deal with poor grades.

Part accessible self-help guide and part constructive hands-on workbook, It’s Not What You’re Eating, It’s What’s Eating You teaches young people who struggle with low self-esteem and body insecurity to stop focusing on food as an answer to life’s problems and to start getting to know themselves and what they value and want in life. Covering addictions and disorders like anorexia, bulimia, obesity, and binge eating disorder, this book also shows teens how to stop negative thought patterns, maintain meaningful and healthy relationships, indulge in self-care, love their own bodies, be happy, and take charge of their lives.

With personal anecdotes, practical tips, and hands-on writing exercises, author Shari Brady redefines our dysfunctional relationship with food. Instead of allowing food to dictate our emotions, let it nurture and nourish our bodies and souls, as it is meant to!

Shari Brady is studying to earn her master of arts in counseling to become a licensed clinical therapist focusing on addictions, eating disorders, and adolescent issues. She suffered from anorexia during high school and is now recovered. Her fiction debut, Wish I Could Have Said Goodbye, covers the topics of addiction and codependency. She lives in Chicago, Illinois.

Shari Brady

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JANUARY
Blake LeVine

**DEPRESSED BUT BLESSED**

A Guide to Changing Your Life through Faith

Learn how faith in a higher power can help you conquer depression.

More than 350 million people of all ages suffer from depression, yet the modern world is so fraught with depression that most of us do not talk about it. It’s the leading disability worldwide, and its burdensome symptoms can materialize at all levels—from minor to even fatal. When depression enters one’s life or household, it can cause feelings of sadness, anger, fatigue, anxiety, and emotional frustration. Your days feel dark and tough, as you struggle to connect with others.

From the creator of Rap Therapy, a nontraditional therapy tool that has been well received from the likes of Oprah Winfrey, Dr. Phil, Brad Pitt, and more, therapist Blake LeVine presents *Depressed but Blessed*, a book about using faith to change your life for the better. He uses examples from his own life to demonstrate how this can work for anybody, regardless of religious denomination—as in Alcoholics Anonymous, the key is to seek help from a higher power.

*Depressed but Blessed* tackles matters such as acceptance, awareness, connectedness, and understanding the present moment when struggling with feelings of grief, confusion, or stress. LeVine strongly believes that real change does not happen instantly, but he shows how embarking on a spiritual journey can help you combat symptoms of depression and begin a new way of living.

Blake LeVine holds a master’s degree in social work and works as a consultant with corporations and organizations around the world on how to improve mental health. He is the author of *Beating Bipolar*. He lives in Cooper City, Florida.
Mia Lundin and Ulrika Davidsson

THE HORMONE BALANCE COOKBOOK
60 Anti-Inflammatory Recipes to Regulate Hormonal Balance, Lose Weight, and Improve Brain Function

Improve your mood and your health, and achieve hormonal balance with the food you eat!

Women—we all want to eat right, live healthy, and rid ourselves of hormonal imbalance woes, whether we suffer from premenstrual syndrome (PMS), mood swings, painful periods and cramps, or menopause. And often, we’re not careful about what we eat, and our bodies begin to cry for help. Fortunately, the key to achieving hormonal balance is simply eating the right food!

Complete with sixty easy and healthy recipes, comprehensive and accessible chapters on the science and facts behind female sex hormones, a list of hormone-friendly foods and their nutrients, and a two-week diet plan, The Hormone Balance Cookbook is an informative and practical guide for every woman.

Whether you are twenty-five or fifty-five, learn about the four hormonal phases—from menstruation to postmenopause—and how consuming the right anti-inflammatory foods and vitamins can balance out fluctuating hormone levels to reduce stress and weight gain; mitigate the discomforts of oncoming PMS or menopause; prevent against diseases like osteoporosis; and improve digestion and brain function.

Keep your body’s nutrients balanced, your hormones happy, your brain alert, your body strong, and your life full—and eat the pain away!

Mia Lundin is a nurse practitioner who specializes in gynecology and obstetrics. She ran The Center for Hormonal and Nutritional Balance, Inc. for seventeen years and is the author of Female Brain Gone Insane. Lundin lives in Santa Barbara, California.

Ulrika Davidsson is a diet and health expert. She has contributed to twenty-four books, which have sold more than a million copies and been translated into twelve languages. She lives in Stockholm, Sweden.
The key to a healthy life is healthy eating. We know this fact, but how do we make sense of it and live it out with the myriad of information out there on gut health, autoimmune diseases, anti-inflammatory diets, and what foods to eat and not to eat?

*Food Pharmacy* finally tells the complete story of friendly bacteria, intestinal flora, anti-inflammatory superfoods like turmeric, the difference between good and bad fats, vitamin D, and how we can reduce inflammation and heal chronic diseases by regulating our immune system with simply the right natural foods—nature’s pharmacy that will never cause you to overdose.

Marrying scientific research with seventeen supplementary recipes, practical advice and tips, and a quirky, humorous voice, *Food Pharmacy* extols the kitchen’s anti-inflammatory heroes—like avocado, cloves, kale, cinnamon, and green bananas—and shows you how to live your healthiest life equipped with the right knowledge and food.

With facts substantiated by Professor Stig Bengmark, a former chief surgeon and stomach bacteria research scientist, *Food Pharmacy* is for anyone interested in learning about how what you put in your mouth affects your body’s ecosystem, and is the ultimate guide and manifesto to leading a life as anti-inflammatory and healthy as possible.

**Lina Nertby Aurell** is a political scientist who has worked with business development and trade promotion on emerging markets. She runs the blog *Food Pharmacy* with Mia Clase, one of the most popular scientific health blogs in Sweden. She lives in Stockholm, Sweden.

**Mia Clase** is a copywriter and was creative director at some of the biggest advertising agencies in Stockholm. She co-runs the blog *Food Pharmacy*. She lives in Stockholm, Sweden.
EAT HEALTHY, BE ACTIVE
Community Workshops

Develop and maintain a healthy lifestyle for your family, class, or community with interactive workshops from the US Department of Health.

Eat Healthy, Be Active is a series of one-hour workshops created by the US Department of Health and Human Services and Office of Disease Prevention and Health Promotion to encourage better overall health in the community and at home. Based on recent nutrition and physical activity guidelines, this handbook provides instructors everything they need to create interactive, engaging, and effective workshops in the following areas:

- Enjoy Healthy Food That Tastes Great
- Quick, Healthy Meals and Snacks
- Eating Healthy on a Budget
- Tips for Losing Weight and Keeping It Off
- Making Healthy Eating Part of Your Total Lifestyle
- Physical Activity Is Key to Living Well

This handbook provides a lesson plan with step-by-step instructions, learning objectives and activities, and educational materials for each workshop, allowing anyone to become an instructor. In addition, materials are created to be inclusive of all literacy levels, making healthy living accessible for anyone and everyone.

The US Department of Health and Human Services (HHS) has a mission to enhance and protect the health and well-being of all Americans. It fulfills that mission by providing for effective health and human services and fostering advances in medicine, public health, and social services.

The Office of Disease Prevention and Health Promotion (ODPHP) provides leadership for disease prevention and health promotion among Americans. ODPHP undertakes this mandate through the formulation of national health goals and objectives; the coordination of activities in disease prevention, health promotion, and preventive health services; and the providing of necessary health information and education.
“Drawing on her own terrifying experiences to address the carefully constructed definitions and understandings of the disorder, [Lauveng] challenges some entrenched ideas about schizophrenia.” —Kirkus Reviews

For ten years, Arnhild Lauveng suffered as a schizophrenic, going in and out of the hospital for months or even a year at a time. *A Road Back from Schizophrenia* gives extraordinary insight into the logic (and life) of a schizophrenic. Lauveng illuminates her loss of identity, her sense of being controlled from the outside, and her relationship to the voices she heard and her sometimes terrifying hallucinations. Painful recollections of moments of humiliation inflicted by thoughtless medical professionals are juxtaposed with Lauveng’s own understanding of how such patients are outwardly irrational and often violent. She paints a surreal world—sometimes full of terror and sometimes of beauty—in which “the Captain” rules her by the rod and the school’s corridors are filled with wolves.

When she was diagnosed with the mental illness, it was emphasized that this was a congenital disease, and that she would have to live with it for the rest of her life. Today, however, she calls herself a “former schizophrenic,” has stopped taking medication for the illness, and currently works as a clinical psychologist. Lauveng, though sometimes critical of mental health care, ultimately attributes her slow journey back to health to the dedicated medical staff who took the time to talk to her and who saw her as a person simply diagnosed with an illness—not the illness incarnate. A powerful memoir for sufferers, their families, and the professionals who care for them.

Arnhild Lauveng studied at the University of Oslo and now works as a clinical psychologist. She is a successful Norwegian author and a popular speaker. She was awarded the Mental Health Prize in 2004 for her openness in discussing her battle with mental illness.
There is a wealth of plants growing abundantly all over roadsides, cities, and in your own backyard; this coincides perfectly with alternative medicine and natural healing reaching into every facet of our lives. These plants have numerous medicinal uses that people have largely forgotten. Once valued and widely used, they’ve fallen out of fashion over time as they were bypassed by commercial medicine.

A companion to the team’s previous book, Backyard Medicine for All will focus largely on medicinal plants that grow by roads or paths in the countryside or in the city. These nearby but often overlooked ecosystems are significant wild plant communities! This new book is packed with practical information on how to use fifty forgotten plants to cure all sorts of common ailments.

Each chapter has an introductory section that puts the plant(s) into historical and botanical context, and its forgotten or traditional medicinal uses, as well as featuring current medicinal applications. Make your own herbal medicines to cure complaints from hay fever to headaches to insomnia. Clear, easy instructions and stunning photographs will guide you to leave the armchair and go out to utilize backyard medicine yourself!

Julie Bruton-Seal is a practicing medical herbalist and natural healer. She is a council member of the Association of Master Herbalists and editor of its quarterly magazine, Nature’s Path. She resides in Norfolk, the United Kingdom.

Matthew Seal is a writer and editor. They reside in Ashwellthorpe, Norfolk.

Praise for Backyard Medicine:

“Backyard Medicine is a wonderful book that all herbalists need.”
—David Hoffman, BSc, FNIMH, medical herbalist
An Insider’s Guide to Orthopedic Surgery
A Physical Therapist Shares the Keys to a Better Recovery

Elizabeth Kaufmann; Foreword by Jared Foran, MD

Find out what you really need to know to prepare for joint replacement.

Nearly two million Americans undergo elective orthopedic surgery each year. And the numbers keep growing—hip replacements are projected to double over the next fifteen years, and knee replacements will quadruple. When you are ready for your procedure, you’ll want a copy of An Insider’s Guide to Orthopedic Surgery at your side. It is the only book that will help you prepare yourself (and your home) for a quicker and more thorough recovery. Author Elizabeth Kaufmann discusses the things that your surgeon won’t cover. You’ll get detailed, practical instruction on:

- Preparing your home for the equipment you’ll need upon return
- Understanding what will happen at every step of your hospital stay, from arrival through surgery to release (which will likely be sooner than you expect)
- Getting the best care from therapists and other hospital and rehab staff members
- Dealing with pain throughout the healing process
- Building a support network to help provide care during recovery

You’ll also learn the difference between a physical therapist and an occupational therapist; be ready for that first session; and find out the advantages of home therapy, sub-acute rehab, and outpatient therapy.

If you have been suffering from chronic pain in the shoulder, knee, or hip, joint replacement can offer a second chance at restoring the life you desire. An Insider’s Guide to Orthopedic Surgery will help you get ready for it.

Elizabeth Kaufmann is a physical therapist and a former award-winning journalist in the health and fitness field. In addition to treating orthopedic patients for seventeen years, she has watched close family members go through eight knee, hip, and shoulder replacements. She lives with her husband, writer Ernest Tucker, in Colorado.

Jared Foran, MD, is a board-certified orthopedic surgeon specializing in arthritic disorders of the hip and knee. He is currently the director of joint replacements at OrthoColorado and St. Anthony Hospitals in Lakewood, Colorado.
The world of sports psychology and the introduction of mental skills coaches have exploded into the athletic mainstream over the past few decades. Before then, the attitude regarding such training was extremely conservative and “old school”—the prevailing philosophy was that “any athlete who needs to talk with a shrink needs to have their head examined.”

Fortunately, with today’s modern athletes, the dark ages of mental training in sports have gone away and times have changed for the better. As with any growing industry, there are lots of new and untested pathways to one’s mental performance training in practices and games, but depending on who you talk to, the advice that is given can vary widely—and sometimes even be contradictory.

*The Secrets of Sports Psychology* by Rick Wolff, one of the pioneers in the field of sports psychology, is based upon his many years of clinical, hands-on work with top professional and amateur athletes in a variety of sports. He provides real insight into what does—and doesn’t—work. Specifically:

- Do pre-game visualization techniques really work?
- Is it OK to be superstitious, or are those rituals counterproductive?
- Does taking a deep breath or two in a tight situation really help?

These direct questions, and many others, are presented and answered in this easy to use how-to guide aimed directly at athletes and coaches.

Rick Wolff is a nationally recognized expert in the field of sports psychology. Wolff, a former professional baseball player in the Detroit Tigers’ organization, also served as the roving sports psychology coach for the Cleveland Indians from 1989 to 1994 and has worked with numerous top professional and collegiate athletes. A direct protégé of the famed sports psychologist Harvey Dorfman, Wolff can be heard every Sunday morning on WFAN Sports Radio in New York, where he discusses key sports parenting issues. He resides in Armonk, New York.
The 30-Minute Runner takes a simplified approach to training, which is to break down everything into one thirty-minute session per day—a manageable segment for first-time runners and those who may be in decent shape but lead incredibly busy lives.

Everything in the book—including training schedules, techniques, and tips—is put forth purely in terms of minutes spent running, without any goal paces to worry about, mileage to keep track of, or anything to measure other than time spent out on the roads and trails. The book focuses on how to maximize those thirty critical minutes in order to achieve two primary goals: shedding extra pounds and completing a 5K race.

Author Duncan Larkin, a certified Army Master Fitness Trainer, also covers topics like running for new moms, single-parent training, how to prepare to run your first race, race-day tips, how to train while on business travel, and taking it to the next level—running forty-five and sixty minutes a day (10K and half-marathon schedules). In addition to the running-based guidelines, The 30-Minute Runner also offers nutritional advice and core exercises that complement the thirty-minute runs.

Duncan Larkin has covered the sport of running for more than a decade. He’s a certified Army Master Fitness Trainer and was a top-300 American marathoner back in 2006. He has won the Himalayan 100-Mile Stage Race and the Mohawk-Hudson Marathon. His first book, Run Simple, was published in 2012. Duncan writes about fitness for Outside Magazine, Competitor Magazine, Runner’s World, ESPN, and Running Times. He lives in West Chester, Pennsylvania, with his wife and four children.

Dr. Mike Moreno is the #1 New York Times bestselling author of The 17 Day Diet. Moreno practices family medicine and serves on the board of the San Diego Chapter of the American Academy of Family Physicians. A graduate of the University of California at Irvine and Hahnemann Medical School, he completed his residency at Kaiser Permanente in Fontana, California.
Andrew Boyd Hutchinson  
Foreword by Craig Virgin

THE COMPLETE HISTORY OF CROSS-COUNTRY RUNNING
From the Nineteenth Century to the Present Day

Uncover the never-before-told history behind cross-country running!

In *The Complete History of Cross-Country Running*, author Andrew Boyd Hutchinson captures the full history of cross-country running, from the early 1800s to the present day, on both a national and international scale. It includes chronicles of legendary teams, inspirational tales of achievement, controversies, and interviews with record-breaking runners past and present.

From Walter George and Alfred Shrubb to Steve Prefontaine, Bill Rogers, Galen Rupp, and Walter George—and everyone in between—Hutchinson uncovers all angles, via training logs, discussions with coaches, and the review of newspaper archives for race results and forgotten storylines. He offers commentary from Olympians such as David Torrence and Shannon Rowbury, amongst others. Along the way, the book addresses the following topics:

- How cross country began in England
- How the sport found its way to American colleges and universities
- The birth of the International Cross-Country Championships
- All the close events, including the 2012 race between Molly Huddle and Sara Hall at the US Championships
- And so much more!

Andrew Boyd Hutchinson is a cross-country coach, history enthusiast, credentialed educator, and contributor to *Meter Magazine* and *Track and Field News*. A Bay Area native, Andrew has lived abroad in Europe, studied at Stanford University, and holds a degree in philosophy with a minor in English from Lake Forest College. An avid runner, Andrew competed all four years collegiately at the NCAA Division III level and now runs in the Cross-Country Grand Prix for USATF in the Pacific Association. He has a personal best over 8 kilometers in cross-country of 27:06. He lives in Redwood City, California.

Craig Virgin is a three-time Olympian, multifarious national champion, Hall of Fame member, and only American male champion of the senior men’s World Cross Country Championship, which he accomplished twice, in 1980 and 1981.
In the early twentieth century, while young men were flocking to explore the beauty of the American wilderness, their female counterparts were typically relegated to the domestic sphere. But as the fight for equality of the sexes strengthened, so too did the feminine desire to discover the wilderness.

In *On the Trail*, pioneering outdoorswomen Adelia and Lina Beard answer that call with a hiking and camping guide for women. Written specifically for the “sturdy, independent, and self-reliant young woman,” *On the Trail* includes dozens of practical, timeless trekking tips on topics such as tracking, setting up campsites, outdoors cooking, canoeing, woodcrafting techniques, and more.

A true classic, *On the Trail: An Outdoor Book for Girls* is a perfect read for women of any age who love the freedom that comes when exploring the beauty of the outdoors.

**Adelia B. Beard** and **Lina Beard** were cofounders of the first American girls’ scouting group, known originally as the Girl Scout Society, then the Girl Pioneers, and finally as the Camp Fire Girls. Both were greatly interested in equal franchise for women and were members of the Equal Franchise Society of Flushing. Lina and Adelia coauthored several books together, the most well-known of which is *The American Girls’ Handy Book*. They lived in Suffern, New York.

**Ann Marie Brown** is the author of more than thirteen hiking guidebooks and is a dedicated California outdoorswoman. Brown’s work has appeared in *Sunset*, *VIA*, *Backpacker*, and *California* magazines. She regularly writes and edits for several environmental groups, including the Sierra Club and the National Resources Defense Council. Brown lives in South Lake Tahoe, California.
Rex A. Hudson

WHO BECOMES A TERRORIST AND WHY?
The Psychology and Sociology of Terrorism

“One of the most alarming indicators and warning signs of the terrorist plot of September 11.” —Senator Charles Grassley

Who Becomes a Terrorist and Why? is the shocking landmark government study that predicted who would terrorize the United States and how they would do it. In an attempt to profile what members of society join terrorist groups such and commit acts of violence, the report drew on government documents that profiled current and past terrorist cults and their leaders. The study includes a glossary with profiles of terrorist groups that wish harm on the United States and also shows what means terrorists have used so far to bring their vision into reality, with tactics ranging from kidnapping, hijacking, and sabotage, to the use of nerve gas and suicide bombings. The evidence clearly pointed to the escalation of hostilities, and the report even speculated that Al-Qaeda could use suicide bombers to crash-land aircraft into government buildings and other landmarks.

This is the government study that correctly predicted the events of September 11, 2001, profiled the precursor groups to ISIS, and identified into the methods used in lone-wolf attacks such as the San Bernardino shootings and the Pulse nightclub attack in Orlando. Find out who becomes a terrorist, the psychology and reasoning behind why they do so, and how they will carry out their attacks in a study that continues to be all too relevant.

Rex A. Hudson authored this study for the Federal Research Division of the Library of Congress in order to focus attention on the types of individuals and groups that are prone to terrorism. The study was conducted as part of larger effort to help improve US counterterrorist methods and policies.

$9.99 paperback original (Can. $14.99)
World (W) • CQ 36
6” x 9” • 192 pages
15 color photographs
Current Affairs & Politics
JANUARY
Editors of Handguns
Introduction by J. Scott Rupp

HANDGUNS GUIDE TO SELF-DEFENSE
How to Choose and Shoot Personal Defense Firearms

Tips from the number one handguns-only publication in the country.

For the first time in a book, the top experts from Guns & Ammo's Handguns magazine share their thoughts on handguns, ammo, gear, tactics, and more for defensive situations. Handguns Guide to Self-Defense is packed with useful information specifically geared toward using small arms for personal defense. A vast range of topics are covered in these articles, including:

- Attacks from an angle
- Nonstandard firing grips
- Controlling your gun in a crowd
- Aftermath of a self-defense shooting
- Gun jam fixes
- Proper trigger pull weight
- And much more!

Discover tried and true tips, tactics, and techniques from the pros along with advice on properly selecting firearms from experts including Walt Rauch, Richard Nance, James Tarr, and J. Scott Rupp. Handguns Guide to Self-Defense covers everything you need to know about effectively hunting big game with rifles.

Handguns is America's only small-arms media property dedicated to the all-around handgun enthusiast. Its core mission is to emphasize the proper use and selection of handguns for self-defense and sport shooting. Handguns.com attracts more than 266,000 individual unique visitors every month. Its offices are located in Palm Coast, Florida.

J. Scott Rupp is a longtime hunter, competitive shooter, and magazine editor. A native Pennsylvanian, he was a member of the US Army Marksmanship Unit’s International Rifle team. He is currently editor in chief for RifleShooter and Handguns magazines, as well as producer/cohost for Sportsman Channel’s Ruger Inside & Out. He resides in Los Angeles, California.
Rifle Marksmanship is the newly revised, official guide to planning and executing training on the M16-series rifles (M16A1, M16A2, M16A3, and M16A4) and M4 carbine. This handbook is developed by the US Army for commanders, leaders, and instructors to help create training programs and materials for soldiers to complete the United States Army rifle marksmanship program. It offers a comprehensive guide to the specifics and capabilities of each weapon and an introduction to the fundamentals of marksmanship, followed by complete guidance through each of the five stages of rifle marksmanship training. Topics covered include:

- Weapon Characteristics, Accessories, and Ammunition
- Range Safety and Risk Management
- Preliminary Marksmanship and Mechanical Training
- Advanced Optics, Lasers, and Iron Sights
- 10-Meter Target Offsets and 25-Meter Zero Offsets
- Training Aids, Devices, and Scorecards

Replete with information and training materials for learners and instructors, this handbook provides the guidance for all shooters—whether in combat or in hunting and recreation alike—to operate their rifles with deadly proficiency.

The Department of the Army (DA) is one of the three military departments within the Department of Defense of the United States of America. Its mission is to fight and win our nation’s wars by providing prompt, sustained land dominance across the full range of military operations and spectrum of conflict in support of combatant commanders.
Duncan MacVean, DVM

**MY PATIENTS LIKE TREATS**
Tales from a House Call Veterinarian

It’s all fun and games until somebody ends up in a cone.

Physicians used to make house calls. Today, a few veterinarians still do. Duncan MacVean, DVM, is one such vet. His patients range from cats and dogs to pigs and lizards—each of them a unique personality. Every animal and every home is different, but every owner is the same in their affection for their companions. Without warning, MacVean finds himself in odd situations: stepping into a basement full of free-flying bats or struck speechless by a pig who loves opera so much that she falls into a trance.

The hilarious and the heartbreaking come together in this collection of true tales, all gathered from his lifelong career. MacVean finds himself riding backwards atop a potbelly pig that bucks and kicks its way down the hall, knocking over a china cabinet in the process. One woman with terminal cancer earnestly wants to know where pets go when they pass away—will her beloved cat and dog join her in the afterlife? Navigating the finer elements of human and animal interaction isn’t easy. Here, MacVean provides a glimpse into his experience with such relationships, always looking for the humor and light of every situation.

With never a dull moment, his dedication to the animals of this earth and compassion for their human caretakers drives MacVean onward, from house to house, from patient to patient. This heartwarming collection of stories brings readers along for the ride, getting to know the curious creatures he treats and their perhaps sometimes even more curious humans. *My Patients Like Treats* is the perfect book for animal lovers or those who simply appreciate a good story.

Duncan MacVean has been a professor of veterinary medicine at various universities. He has also worked with captive wild animals in Southeast Asia and as a consultant for the Malaysian National Zoo. Duncan “retired” back to his hometown and has been a house-call veterinarian for the past twenty-five years. He lives near Sacramento, California.
During a decade of global counter terrorism operations and two extended counterinsurgency campaigns, the United States was confronted with a new kind of adversary. Without uniforms, flags, and formations, the task of identifying and targeting these combatants represented an unprecedented operational challenge. The existing, Cold War-era doctrinal methods were largely unsuited to the cyber warfare and terrorism that have evolved today.

*Rise of iWar* examines the doctrinal, technical, and bureaucratic innovations that evolved in response to these new operational challenges. It discusses the transition from a conventionally focused, Cold War-era military approach to one optimized for the internet age, focused on combating insurgency networks and conducting identity-based targeting. It also analyzes the policy decisions and strategic choices that caused these changes. This study concludes with an in-depth examination of emerging technologies that are likely to shape how this mode of warfare will be waged in the future, and provides recommendations for how the US military should continue to adapt in order to combat its foes in the digital age.

Colonel Glenn J. Voelz has served in a variety of military and intelligence community assignments around the world, including positions at the Defense Intelligence Agency, on the Joint Chiefs of Staff, and in the White House Situation Room. He is currently the senior intelligence analyst on the International Military Staff at NATO Headquarters in Brussels, Belgium.
If you came upon an overturned truck on the highway that was leaking, would you be able to identify if it was hazardous and know what steps to take? Does the identification number 60 indicate a toxic substance or a flammable solid, in the molten state at an elevated temperature? Does the identification number 1035 indicate ethane or butane? What is the difference between natural gas transmission pipelines and natural gas distribution pipelines?

Questions like these and more are answered in the 2016 update of the Emergency Response Guidebook. Learn how to identify symbols for vehicles carrying toxic, flammable, explosive, radioactive, or otherwise harmful substances, and how to respond once an incident involving those substances has been identified. Always be prepared in situations that are unfamiliar and dangerous and know how to rectify them. Keeping this guide around at all times will ensure that, if you were to come upon a transportation situation involving hazardous substances or dangerous goods, you will be able to help keep others and yourself out of danger.

With color-coded pages for quick and easy reference, this is the official manual used by first responders in the United States and Canada for transportation incidents involving dangerous goods or hazardous materials.

The United States Department of Transportation (US-DOT or DOT) is a federal cabinet department of the US government concerned with transportation. Its mission is to “serve the United States by ensuring a fast, safe, efficient, accessible, and convenient transportation system that meets our vital national interests and enhances the quality of life of the American people, today and into the future.”
Laura Usher, Anand Panaya, MD, Major Sam Cochran, and Stefanie Friedhoff

PREPARING FOR THE UNIMAGINABLE
How Chiefs Can Safeguard Officer Mental Health Before and After Mass Casualty Events

From the aftermath of Sandy Hook comes guidance for how first responders can ensure their mental health.

While most government agencies are trained in how to react to a mass casualty event such as a terrorist attack or natural disaster, few are prepared to deal with the psychological fallout for first responders. Preparing for the Unimaginable fills that void.

This book is the product of the National Alliance on Mental Illness’s work with the Newtown, Connecticut, police force in efforts to cope with the shooting at Sandy Hook Elementary School that left twenty-six people, including twenty children, dead. This unique publication offers expert advice and practical tips for helping officers to heal emotionally, manage the public, deal with the media, build relationships with other first responder agencies, and much more. Complete with firsthand accounts of chiefs and officers that have guided their departments through mass casualty events, Preparing for the Unimaginable seeks to provide practical, actionable strategies to protect an officer’s mental health before and after traumatic events.

Laura Usher is the senior manager for criminal justice and advocacy with the National Alliance on Mental Illness (NAMI).

Stefanie Friedhoff is a German-American journalist whose work has appeared in the Boston Globe and TIME magazine, and has worked extensively with law enforcement and trauma victims.

Sam Cochran retired as major with the Memphis (Tennessee) Police Department after developing the nation’s first CIT program and serving as its coordinator for twenty years.

Anand Panaya, MD, is the cofounder of Disaster Psychiatry Outreach in Brooklyn, New York, and a National Institute of Mental Health-funded researcher on the predictors of depression in survivors of disasters. He has served two terms as president of NAMI.

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8 ½” x 11” • 162 pages
Psychology
JANUARY
Gordon Wright; Foreword by George Morris
LEARNING TO RIDE, HUNT, AND SHOW
A Step-by-Step Handbook for Riders of All Ages

For the first time in paperback, a classic equestrian handbook for all riders.

Originally published in 1966, Learning to Ride, Hunt, and Show is still today recognized by many equestrians as the essential handbook for riders of every skill level. Written by Gordon Wright, acknowledged to be the founding father of American horsemanship, this book presents every aspect of the fundamentals of riding, including chapters devoted to:

- Horse anatomy
- Tips on grooming
- Trotting, galloping, and cantering
- Jumping
- Caring for a horse during illness
- Equipment
- Stable management

Whether you are a young rider looking to learn the fundamentals or a veritable professional seeking to perfect your technique, Learning to Ride, Hunt, and Show is an indispensable guide to all aspects of horsemanship.

Gordon Wright produced more horsemanship champions than any other trainer of his era, most notably William Steinkraus, George Morris, and Frank Chabot, all of whom went on to Olympic fame. At the time of his death in 1990, he was universally acclaimed as one of the most influential horsemen in the United States. He lived in White Plains, New York.

George Morris is a protégé of Gordon Wright. America’s most successful trainer of hunter/jumper riders, he now serves as coach of America’s gold-winning Olympic show jumping squad. Morris lives in Wellington, Florida.

$19.99 paperback reprint (Can. $30.99)
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11” x 8 ½” • 144 pages
25 b/w illustrations
Sports/Equestrian
JANUARY
Previous edition: 978-1-6023-9726-2
Gary Blake

DOES THE NAME “PAVLOV” RING A BELL?
879 Hilarious Puns to Test Your Wit

Everyone loves wordplay! This collection of more than eight hundred quips and pun-filled anecdotes will have your friends in stitches! Classics and new inventions fill these pages with humor and wit. Divided into chapters according to theme—animals, celebrities, careers, food, and so on—there’s a pun for every occasion! Author Gary Blake dares you not to snicker at his contrivances:

- Two silk worms had a race. They ended up in a tie.
- Davy Crockett had three ears. A left ear, a right ear, and a wild frontier.
- A backwards poet writes inverse.
- Santa’s helpers are subordinate Clauses.
- Like tavern owners, ballet dancers make most of their money at the barre.
- Horses in the movies only have bit parts.
- Why does the Pope travel so much? Because he’s a roamin’ Catholic.
- Absinthe makes the heart grow fonder.
- A Freudian slip is when you say one thing and mean your mother.
- Eve was the first person to eat herself out of house and home.
- I used to work in a blanket factory, but the company folded.
- The calendar thief only got twelve months.

A great gift or coffee-table book, there’s no time like the present to order a copy of Does the Name “Pavlov” Ring a Bell? for the word-twisting, pun-loving humorist in your life.

Gary Blake is director of the Communication Workshop, a company that presents writing workshops at Fortune 500 companies across the United States. He lives in Great Neck, New York.
Teaching is a highly rewarding—and highly demanding—profession. Honoring educators for the invaluable work they do, this unique resource provides critical information about being a highly competent teacher while living a rewarding, satisfying life outside of work.

New and experienced teachers will find a unique collection of strategies for developing essential skills for being masterful in teaching and in life. Focused on preparation and effective teaching techniques, this nuts-and-bolts volume helps teachers find the right balance between personal and professional priorities and covers a wide range of topics, such as:

- Increasing their teaching effectiveness
- Improving their ability to collaborate with others
- Developing self-care strategies for a vibrant personal and professional life

Featuring “bottom line” tips, reproducibles for teacher reflection and support, and up-to-date resources, *Teach Well, Live Well* is an essential tool for educators looking to enjoy vibrant, productive careers and lives.

**John Luckner** is a professor in the School of Special Education at the University of Northern Colorado. He has worked as a classroom teacher, teacher trainer, researcher, and author for the past three decades. His primary professional interests include teacher preparation, language and literacy development, and collaboration. He is the co-author of four books and one test and the author of several textbook chapters. He has written more than seventy-five juried journal articles.

**Suzanne Rudolph** is a licensed clinical psychologist, certified personal and professional life coach, and clinical member of the American Association for Marriage and Family Therapy. She has assisted others with making important changes in their lives for the past sixteen years and has a private practice in northern Colorado.
David Michael Slater

WE’RE DOING IT WRONG
25 Ideas in Education That Just Don’t Work—And How to Fix Them

An unapologetic critique of major flaws in the American education system.

David Michael Slater’s *We’re Doing It Wrong* is a thought-provoking dissection of the issues plaguing American public schools. Each chapter identifies a major problem in the education system, exploring its roots and repercussions. A teacher himself, Slater opens up and gives readers an insider’s perspective on topics that have been at the center of ongoing debates as well as recent hot button issues, such as:

- Standardized testing
- Teacher evaluation practices
- Helicopter parents
- Class size
- Poverty’s effect on performance
- Anti-bullying programs
- Writing proficiency
- Curriculum goals

Slater explains why our current approaches simply aren’t working—for students, for teachers, for the colleges that these students may eventually attend, and for society at-large. Unafraid to ruffle a few feathers, *We’re Doing It Wrong* highlights defects in policy and theory, calls out administration, and questions long-held beliefs. Every chapter concludes with a suggestion for improvement, offering light at the end of the tunnel. Administrators, teachers, and concerned parents will come away with a better understanding of the current state of education and ideas for moving toward progress—for themselves and for the students they support.

David Michael Slater is a veteran middle and high school teacher who was named the City of Beaverton, Oregon’s Educator of the Year in 2012. He is also an acclaimed author of more than twenty books for children, teens, and adults. David teaches in Reno, Nevada, where he lives with his wife and son.


“David Slater’s book should be required reading for the new president and congress. His is a straight-shooting voice with thoughtful and sobering reflections directly from the field.” — Cindy Cisneros, vice president of education programs, Committee for Economic Development

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Education
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JANUARY
Positive affirmations guide the brain to positive thinking. This gem of a workbook inspires educators at all grade levels and points in their careers to strive for excellence every day. Louise A. Chickie-Wolfe expands on core motivating affirmations to help readers establish goals, deepen self-understanding, maintain a positive perspective in their work, and reinforce their commitment to teaching as a profession.

Formerly published as Cognitive Nourishment, Lucky to Be a Teacher is an ideal gift for teachers to honor the essential work they do and help build the necessary resilience to stay in the field. Features include:

- Thirty-three updated affirmations to encourage teachers in their pursuit of a positive classroom
- Guided reflection questions with room for response to accompany each affirmation
- Writing prompts to help teachers write their own affirmations

Reignite the passion and drive that drew you to teaching as a career and reap the benefits of a positive outlook, an energized classroom, and joyful students!

Louise A. Chickie-Wolfe retired in 2008 from classroom teaching after thirty-five years of experience. She taught general education, gifted children, and students with serious learning and behavioral problems. Her experience covers elementary, middle school, high school, and college levels. She currently serves as an adjunct professor in the Graduate School of Education at Purdue University Calumet, where she has worked for more than thirty years. She earned her doctorate degree at George Peabody College of Vanderbilt University in special education and human development.
Christopher Johnston

SHATTERING SILENCES
New Approaches to Healing Survivors of Rape and Bringing Their Assailants to Justice

An in-depth look at revolutionary new ways to handle sexual assaults.

Every two minutes someone in the United States is sexually assaulted, and each year there are nearly 300,000 victims of sexual assault. But victims are no longer silent, and new practices by police, prosecutors, nurses, and rape crisis professionals are resulting in more humane and compassionate treatment of victims and more aggressive pursuit and prosecution of perpetrators.

Shattering Silences is the first book to cover these new approaches and partnerships. Christopher Johnston shows how the people and organizations implementing these new approaches are having far-reaching impacts on helping victims heal and making it more likely that predators will be arrested and sentenced. His in-depth portrayals of the altruistic and hard-working people behind these radical approaches—based on seven years of interviews—provide a template of best practices for other organizations and communities to follow. With sexual assault taking center stage these days, this book is more important than ever.

Christopher Johnston has published more than three thousand articles in both regional and national publications, including the Plain Dealer, the Christian Science Monitor, and Time.com. He wrote a cover story for the Christian Science Monitor about a rape in Cleveland and the city’s solutions for curbing sexual violence. He resides in Shaker Heights, Ohio.

“Christopher Johnston sheds light on a social problem too often overlooked in the United States—sexual abuse. And he does so without wallowing in how bad the problem is. Writing with sensitivity and compassion, he looks at solutions to the rape crisis in America—from the point of view of the police, prosecutors, medical professionals, and, most important, the victims themselves.” —Scott Armstrong, senior editor responsible for narrative cover stories, Christian Science Monitor

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FEBRUARY
Susan Shumsky

MAHARISHI & ME
Seeking Enlightenment with the Beatles’ Guru

Behind the scenes with the founder of Transcendental Meditation.

Susan Shumsky is a successful author in the New Age/Spirituality field, writing books on meditation, auras, chakras, and the like. But in the 1960s, she was one of only a handful of Maharishi Mahesh Yogi’s personal attendants and administrators, in India and elsewhere. Following the teachings of the Maharishi displaced Susan’s devotion to LSD, as she learned about meditation and grew spiritually self-aware.

The Maharishi died in 2008 at the age of ninety, but his influence continues throughout the Western World as a result of the billion-dollar movement he founded: TM (Transcendental Meditation). Other books have been written about the guru, but there are no insiders’ glimpses at life and learning in Rishikesh, including the time when the Beatles came to learn at the feet of the Maharishi, as well as behind-the-scene stories and rare photos of other celebrity disciples. Susan shares: “Merely by being in his presence, we disciples entered an utterly timeless place and rapturous feeling, and, at the same time, realized the utter futility and insanity of the mundane world.” Susan grew from a painfully shy teenage seeker into a spiritually aware teacher and author in her own right. Maharishi & Me is an honest and dynamic expose about an imperfect person and his dysfunctional organization.

Susan Shumsky is a spiritual self-help author with more than a dozen books in print, including Divine Revelation, Exploring Meditation, and Color Your Chakras. For twenty-two years, she was in the tutelage of the Maharishi Mahesh Yogi, in India and elsewhere. She lives in Portland, Oregon.

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FEBRUARY
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Dina Bennett’s on the road again—and she can’t stop! Having completed the 7,800-mile Peking to Paris Classic Car Challenge while braving carsickness and patching rocky marital relations, she’s once more in over her head, enduring one hundred thousand miles of road trips through the world’s out-of-the-way places.

Drawn to strange foods and intriguing views into the kaleidoscope of local life, and with a knack for getting into—and out of—awkward situations, Dina gives you the world in all its glory. She’s a born storyteller, uncovering the curious and unusual in the ordinary, bringing you along on vivid experiences in laugh-out-loud style. Neither particularly brave nor wild, she opens her diary of personal triumphs and embarrassments, suspense and discovery, in places most will never get to. Join her as she stands knee-to-knee with a Tajik border guard in his bedroom, hunts down camel pad meat in the street markets of China, and seeks out the source of mare’s milk in Kyrgyzstan. Whether stranded on a sandbar in Myanmar’s Chindwin River or sharing barley beer with an ex-Black Panther in Ethiopia, Dina’s observations are half prying neighbor, half best friend gossiping together on the crooked path to enlightenment.

The tales in *A Travel Junkie’s Diary* plunge the reader right into the midst of exhilarating travel experiences, with all the smells, sounds, sensations, and emotions of being right there. They are by turns fascinating and frightening, endearing and bittersweet, humorous, humiliating, and always engrossing.

*Dina Bennett* was born in Manhattan. After five years as a PR executive, she joined her husband’s software company as senior VP of sales and marketing. The two worked side by side until they abandoned corporate life for a hay and cattle ranch. Since then she has untangled herself from barbed wire just long enough to get into even worse trouble in old cars on more than 100,000 miles of far-off roads. She is the author of *Peking to Paris*, and she resides in Bend, Oregon.

Praise for Dina Bennett:

“[Bennett’s] writing captures the beauty of the austere landscape. . . . A fun ride, worth the trip.” —*Kirkus Reviews*
Terri Favro

GENERATION ROBOT
A Century of Science Fiction, Fact, and Speculation

For fans of Mary Roach, a sweetly nostalgic and enlightening exploration of futures past, present, and still to come.

Generation Robot covers a century of science fiction, fact, and speculation—from the 1950 publication of Isaac Asimov’s seminal robot masterpiece, I, Robot, to the 2050 Singularity when artificial and human intelligence are predicted to merge. Beginning with a childhood informed by pop-culture robots in movies, in comic books, and on TV in the 1960s to adulthood where the possibilities of self-driving cars and virtual reality are daily conversations, Terri Favro offers a unique perspective on how our relationship with robotics and futuristic technologies has shifted over time. Peppered with pop-culture fun facts about Superman’s kryptonite, the human-machine relationships in the cult TV show Firefly, and the sexual and moral implications of the film Ex Machina, Generation Robot explores how the techno triumphs and resulting anxieties of reality bleed into the fantasies of our collective culture.

Clever and accessible, Generation Robot isn’t just for the serious, scientific reader—it’s for everyone interested in robotics and technology since their science-fiction origins. By looking back at the future she once imagined, analyzing the plugged-in present, and speculating on what is on the horizon, Terri Favro allows readers the chance to consider what was, what is, and what could be. This is a captivating book that looks at the pop culture of our society to explain how the world works—now and tomorrow.

Mark Mathabane

THE LESSONS OF UBUNTU
How an African Philosophy Can Inspire Racial Healing in America

An urgent call to bridge the racial divide by speaking the language of our common humanity.

Mark Mathabane touched the hearts of millions with his sensational memoir, *Kaffir Boy*. A book highly praised by Oprah and President Clinton for inspiring hope, *Kaffir Boy* described the effects of South Africa’s system of legalized racism and oppression on black lives. In his latest book, *The Lessons of Ubuntu*, Mathabane uses his experiences with race in both South Africa and in America, where he has lived for the past thirty-seven years, to provide a fresh, timely, and provocative approach to the search for solutions to this country’s number-one and most intractable social problem.

Mathabane argues that the reason many Americans are turned off by the current divisive racial dialogue is because the discussion has mostly been about the politics of race and avoids the elephant in the room—what each of us can do to become agents for racial healing. His solution is for people to learn to speak the language of Ubuntu, a Zulu word for common humanity. Mathabane shows how Nelson Mandela used such language to rally blacks and whites to abolish apartheid peacefully, and how Dr. King did the same thing for African Americans during the Civil Rights Movement in the battle to eradicate Jim Crow.

With race dominating the news during and after the 2016 presidential election, in the wake of the killing of black men by the police, and with growing protests on college and university campuses, Mathabane challenges both blacks and whites to use the language of Ubuntu to overcome the stereotypes, half-truths, and misconceptions they have of each other so they can connect as human beings to achieve racial healing. Without this human connection, Mathabane argues, the racial divide will only get worse and make lasting solutions virtually impossible.

Mark Mathabane is the author of *Kaffir Boy*, and his articles on race and education have appeared in the *New York Times*, the *Washington Post*, *People*, and other major publications. He has also been featured on numerous radio and TV shows, including *Oprah*, NPR’s *Fresh Air*, CNN, NBC’s *Today*, and *Charlie Rose*. He lives in Portland, Oregon, with his family.
THE GIFT OF THE GREEK
75 Authentic Recipes for the Mediterranean Diet

A rustic but modern cookbook, filled with traditional recipes passed down through several generations of Greek and Mediterranean cooks.

With a minimalist feel and an emphasis on the use of fresh ingredients, limited use of processed raw ingredients, and a generous dose of olive oil in almost every dish, this is a cookbook that moves focus away from weight management enthusiasts, toward the more health-conscious foodie.

In The Gift of the Greek, you will find recipes for colorful, vibrant salads, delicious specialty breads, an array of dips for every occasion, and an abundance of desserts influenced by Greece’s geographical position as a checkpoint between the East and the West. Fragrant syrups, eastern spices, and heartwarming custards adorn the pages of this contemporary, yet traditional cookbook. Enjoy:

- Garden peas with carrots and potatoes
- Chickpea soup
- Spinach and feta cheese pie
- Classic tzatziki
- Pork and orzo pasta stew
- Cream-filled pastry pie
- Soft honey Christmas cookies

For generations, the Greek diet was almost exclusively vegan, which is something that resulted from the country’s close relationship with religion and, subsequently, lent. This book is designed with the traditional Greek diet in mind, using a minimal amount of meat.

Eat your way to a healthy olive-oiled heart, and live as long as George, Yiota’s ninety-nine-year-old granddad!

Yiota Giannakopoulou grew up in Nafplio, Peloponnese, where she learned to appreciate the generous fruit of the fertile soil. Fruit and vegetables were available in abundance from her granddad’s extensive garden plot: eggplants, zucchinis, figs, tomatoes, cucumbers, onions . . . you name it! Watching her parents cook helped her gain a variety of skills and keep up with tradition. Yiota currently resides in the United Kingdom with her husband, her two cats Sheldon and Hugo, and their two rabbits Beatrice and Rincewind.
Liza Gershman

CUBAN FLAVOR
Exploring the Island's Unique Places, People, and Cuisine

A lush journey celebrating Cuba and its flavorful cuisine.

For Cubans, food is a complex story—a tapestry of love and loss woven so deeply into their culture that it goes well beyond that of history or sustenance. Gershman, whose love affair with Cuba began long before her first visit, takes you along on this journey through the streets of Cuba through her stunning photographs of the country’s glorious sights, the lively people, and, of course, the amazing variety of food.

Much more than a cookbook, Cuban Flavor is an introduction to a revolutionary era of Cuban cuisine: a new frontier. Growth and transition foster the seed of invention and innovation, and these shifts often begin with food. Visiting Cuba is as rich an experience as one can have while traveling throughout the world. From the succulent spiced meat of the national Ropa Viejo, simmered in a tomato-based criollo sauce, to the sweet and sticky Arroz Con Leche or the local favorite, Flan served in a soda can, Cuban cuisine has something for every palate. Pair these delights with a warm, sultry night, an old convertible, and a jazz band, and sit back as you fall deeply in love again . . . or for the very first time.

This visually stunning volume features more than fifty Cuban recipes, from appetizers to main courses and drinks to desserts. Along with color photographs of the dishes, you’ll also get to meet the people who create them. This remarkable, oversized volume offers a taste of the little-known culture to a public that has long been deprived of its intoxicating flavors.

Liza Gershman is an award-winning food, lifestyle, and travel photographer, photo editor, and photography instructor. Her photographs have been featured in a range of beautiful cookbooks, including Skyhorse’s The Good Cooks’ Book series. The author resides in San Francisco, California.
More than four hundred years ago, explorers of the New World carried a biscuit known as hardtack on their voyages. Hardtack was made from flour, water, and sometimes salt and was sturdy and long-lasting, making it suitable for hard, treacherous journeys. The composition and texture of the hardtack biscuit changed at the hands of the Jamestown settlers, who had access to three necessary ingredients that would transform the difficult-to-bite and bland tasting hardtack into a soft, delicious biscuit: soft winter wheat, fat in the form of lard from pigs, and milk or buttermilk from cows.

Today’s version of biscuits barely resembles its predecessor. Our preference is for soft, billowy, flaky, and delicious biscuits that can be eaten alone, used as a vehicle for fillings and toppings, or incorporated as an ingredient in a recipe. While biscuits are wildly popular in our culture, they are known to intimidate home cooks. Jackie Garvin overcame her decades long biscuit-making failures by research and trial and error, and has emerged to write a cookbook that simplifies and demystifies biscuit baking and highlights the prevalence of biscuits throughout the United States.

Rich in Southern history, as well as touching family memories, *Biscuits* presents a collection of more than seventy recipes including raspberry biscuit pudding with vanilla ice cream sauce, ham biscuits with honey mustard butter, loaded baked potato biscuits, and spicy pimento cheese bites. Also included are recipes for multiple gravies, toppings, and biscuit “neighbors” such as peach raspberry scones, chocolate toffee monkey bread, hush puppies, and chicken ’n’ dumplings.

*Jackie Garvin* retired to focus on cooking, eating, digging in the dirt, and writing about it after a successful career as a registered nurse, corporate executive, and entrepreneur. In 2011, she created her Southern food blog, *Syrup and Biscuits*, to chronicle wonderful food memories before they were forgotten. She is also the author of *Sweet Potato Love: 60 Recipes for Every Season*. She lives in Valrico, Florida, with her husband and basset hound.
Howie Southworth and Greg Matza

KISS MY CASSEROLE!

100 Global Recipes for Modern and Easy Oven-Fresh Comfort Foods

Targeted promotion to the cooking community
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The authors of One Pan to Rule Them All bring you more of the best ideas to get the most out of mealtime!

Tuna noodle, broccoli cheese, shepherd’s pie? Sure, these potluck stalwarts have a rich history and can be fashioned with panache. But, let’s admit it. They’re played out, tired, and just plain BORING. To all whom adore the classic but tasteless, please kiss my . . . casserole!

Why not look around the world and find inspiration? Ever try a Chinese shaguo? How about an Ethiopian wat? I’ll bet you never even thought of cooking up an Icelandic Ofnsteiktur fiskur með lauk og osti! Now’s your chance!

Kiss My Casserole! to the rescue. This book updates, overhauls, and flies the humble casserole around the globe with delicious, simple, and innovative results. Accessible ingredients, familiar techniques, and a touch of the exotic will make you a star at the next office luncheon. Your colleagues will clamor for more! You’ll find easy-to-follow recipes for:

• Southwest Tomato Tamale Pie
• Berlin Sausage Kraut Casserole
• Ghanaian Yam Casserole
• Tuscan Barley Pilaf
• Mumbai Lamb Biryani
• Creole Cassoulet
• Thai Coconut Chicken Casserole
• Crab Scampi Bake
• Strawberry Rhubarb Crisp

Howie Southworth is a globe-trotter, insatiable gastronome, and avid cast-iron cook. Armed with a culinary degree and two hungry sons, he regularly attempts to recreate his favorite dishes from around the world. An educator by day, Howie loves the sizzle of bacon and long walks on the beach. He lives in Alexandria, Virginia.

Greg Matza grew up in Los Angeles, weaned on a diet that stretched from Iran to the Philippines to El Salvador—all within a couple of miles from his home. Greg is currently the proud parent of an eighty-thousand BTU propane burner and a collection of very nice pot holders. They all live happily in the San Francisco Bay area.
P. T. Elliott

THE SOCIOPATH’S GUIDE TO GETTING AHEAD
Tips for the Dark Art of Manipulation

Take control of your life—and of the people in your way.

Americans have become fascinated with sociopaths—just witness the popularity of Hannibal Lecter in *Silence of the Lambs*, King Joffrey in *Game of Thrones*, and Frank Underwood in *House of Cards*. Part of it may be due to the fact that some estimates put their number in our society as high as one in twenty-five. But the real reason is a respect for results: sociopaths know how to get what they want!

Brutally honest and scathingly funny, *The Sociopath’s Guide to Getting Ahead* is a practical satire that holds a funhouse mirror to American business and political culture. It is the first book to call out the new, “scientifically” grounded insights of social psychology for what they are: tips for the dark art of manipulation. Filled with surprising cameo appearances from Dostoyevsky, Plato, Robert Greene, Dale Carnegie, and Malcolm Gladwell, it provides the skills you need to succeed (and, just as importantly, to keep others down).

In a time where even our leaders show it is OK to do whatever it takes to get ahead, *The Sociopath’s Guide to Getting Ahead* is the only tool you need to make sure you come out on top.

P. T. Elliott studied philosophy at the University of Pennsylvania and was an award-winning screenwriting fellow at the American Film Institute. Currently an art director for feature films, she has worked on such films as *The Hunger Games: Mockingjay*, *The SpongeBob Movie: Sponge Out of Water*, and *Kong: Skull Island*. Her previously published books are *100 Proof* and *Cracker Ingenuity*. Elliott lives in Los Angeles, California.
John G. Taylor and Ira Somers

POCKET GUIDE FOR YOUNG MEN WITHOUT FATHERS

Important Life Lessons

Vital information on how to grow up for fifth- to eighth-grade boys without fathers.

Pocket Guide for Young Men without Fathers is designed to give ten-to thirteen-year-old boys without dads self-confidence and teach them what fathers teach their sons. Divided into four main sections—Being a Man, Respecting Yourself, Your Future, and Other Important Lessons—it consists of twenty-eight short, easy-to-read chapters, including:

- Walk with Confidence
- Respecting Your Mother and Other Women
- How to Shave
- Table Manners
- The Difference Between a Job and a Career
- Saving Money
- Responding to Authority Figures
- And much more

This invaluable guide is full of vital life lessons that aim to keep boys on the right path. It is cowritten by an experienced father and inner-city schoolteacher and a professional counselor within the African American community.

John G. Taylor writes a column in Psychology Today called The Reality Corner and contributes to HealthyBlackMen.org. A former correctional office and probation officer with a degree in criminal justice, he is an adjunct professor at LaSalle University and Drexel University while he pursues his PhD.

Ira Somers is a former award-winning advertising copywriter. He holds a master’s in education and a principal’s certificate from Temple University. He taught fifth grade in a Philadelphia public charter school and is now a content writer on the web.

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FEBRUARY
Cynthia Calkins, PhD, and Elizabeth Jeglic, PhD

PROTECTING YOUR CHILD FROM SEXUAL ABUSE
What You Need to Know to Keep Your Kids Safe

A guide that empowers and equips us with the right knowledge and concrete strategies to curb sexual violence on our children.

Protecting Your Child from Sexual Abuse

Sexual violence against our children is a real and everyday danger. Protecting them from the threat of sex predators is one of our top concerns and fears—for both parents and educators—as we send our sons and daughters off to school and play.

Protecting Your Child from Sexual Abuse empowers parents by providing much needed knowledge about a subject that is hard for many to discuss, much less take action on. Seeking both to present the right information as well as dispel misconceptions based on unfounded fears, this guide presents comprehensive research and evidence in an accessible way, equipping guardians with practical solutions, concrete tools, and tangible skills designed to keep kids of all ages—from child to tween to teen—safe from sex crimes.

Learn about the realities of child sex offenders, how online registries function, what threats and risks exist online, what to do if you suspect abuse, and how to develop open and honest communication with your children on these dangers. With easily digestible facts and figures, highlighted key points, and discussion group questions, Protecting Your Child from Sexual Abuse is a necessary guide for any parenting or community group to begin the conversation—and develop sexual violence prevention strategies in their communities that will make a difference.

Cynthia Calkins, PhD, is a clinical psychologist and mother of two young boys. She has devoted her career to seeking answers to better prevent sexual violence. She has authored fifty articles and book chapters as well as coauthored the book Sexual Violence: Evidence Based Policy and Prevention. She lives in Union City, New Jersey.

Elizabeth Jeglic, PhD, is a clinical psychologist and mother of three young children. She has authored more than sixty articles and book chapters on sexual violence prevention, as well as coauthored the book Sexual Violence: Evidence Based Policy and Prevention. She was awarded the Fay Honey Knopp Award for her work. She lives in Cranbury, New Jersey.

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FEBRUARY
Michael Bernick and Richard Holden

THE AUTISM JOB CLUB
The Neurodiverse Workforce in the New Normal of Employment

“Bernick and Holden shed light on an important issue and offer valuable strategies to improve employment for adults with autism in the modern workforce.” —Senator Dianne Feinstein

The Autism Job Club

The Autism Job Club is a groundbreaking book for bringing adults with autism and other neurodiverse conditions into the work world.

The book has its basis in the autism job club that the authors have been part of in the San Francisco Bay Area, the job-creation and job-placement efforts the club has undertaken, and similar efforts throughout the United States.

The authors review the high unemployment rates among adults with autism and other neurodiverse conditions more than two decades after the ADA. Bernick and Holden also outline and explain six strategies that, taken together, will reshape employment for adults with autism: the art of the autism job coach; the autism advantage in technology employment; autism employment and the internet economy; autism employment and the practical/craft economy; autism and extra-governmental job networks; autism and public service employment.

The Autism Job Club is a vital resource for adults with autism, their families, and advocates who are committed to neurodiverse employment, not unemployment. But it also speaks to a far broader audience interested in how to carve out a place for themselves or others in an increasingly competitive job world.

Michael Bernick has held several senior positions in California government, including director of the California State Labor Department. Since 2004, he has been a fellow in employment with the Milken Institute and counsel with Sedgwick LLP in San Francisco.

Richard Holden he has been the regional commissioner for the US Bureau of Labor Statistics in San Francisco. He served previously as research director of the California Labor Department.
Mary Holland, Kim Mack Rosenberg, and Eileen Iorio

**THE HPV VACCINE**
The Controversy, the Facts, and the Untold Dangers of Mass Vaccination

From vaccine safety activists Mary Holland and Kim Mack Rosenberg comes a groundbreaking guide to the HPV vaccine and the science, safety, and business behind it.

In 2006, following an expedited review, the Food and Drug Administration approved Merck & Co.’s Gardasil® vaccine, a “preventive” vaccine targeting a limited range of strains of the human papillomavirus (HPV), including two strains that are linked to the possible development of cervical cancers. In 2009, the FDA, in another fast-track review, approved Cervarix®, a similar vaccine by another pharmaceutical company, GlaxoSmithKline.

In *The HPV Vaccine*, Mary Holland and Kim Mack Rosenberg, expert researchers on the making, marketing, and safety of vaccines, assess the quick popularity of the HPV vaccine. They reveal the business behind the pharmaceutical and medical industries’ push for it and how this affects the population it’s most targeted toward: girls and women ages eleven to twenty-six.

The insightful text is geared toward providing parents and young adults with the information they need to decide whether to give their children the vaccine or get it themselves. It’s also for women’s health organizations, health professionals, and members of the medical industry, who need to know what the effects of administering the vaccine to patients will be and the disturbing reasons that the pharmaceutical companies and the FDA released it despite disconcerting results.

Mary Holland is a research scholar at the NYU School of Law and lives in New York City.

Kim Mack Rosenberg is a lawyer in private practice and lives in New York City.

Eileen Iorio is a holistic health coach and lives in Westchester, New York.
As global climate change proliferates, so too do the health risks associated with the changing world around us. Called for in the President’s Climate Action Plan and put together by experts from eight different federal agencies, *Impacts of Climate Change on Human Health in the United States: A Scientific Assessment* is a comprehensive report on these evolving health risks, including:

- Temperature-related death and illness
- Air quality deterioration
- Impacts of extreme events on human health
- Vector-borne diseases
- Climate impacts on water-related illness
- Food safety, nutrition, and distribution
- Mental health and well-being

This report summarizes scientific data in a concise and accessible fashion for the general public, providing executive summaries, key takeaways, and full-color diagrams and charts. Learn what health risks face you and your family as a result of global climate change and start preparing now with *Impacts of Climate Change on Human Health in the United States*.

The **US Global Change Research Program (USGCRP)** was established by the Presidential Initiative in 1989 and mandated by Congress in the Global Change Research Act (GCRA) of 1990 to “assist the nation and the world to understand, assess, predict, and respond to human-induced and natural processes of global change.”

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FEBRUARY
Ross McMeekin

THE HUMMINGBIRDS

A Novel

A searing debut that turns a mordant eye on the seductive and violent world of Hollywood.

Ezra works as a live-in groundskeeper on a celebrity couple’s enormous rental property in Los Angeles. When the magnetic Sybil sets her sights on Ezra and gradually lures him in, he is as conflicted as he is tempted. Then Grant, her husband, approaches Ezra with a different proposal—to monitor Sybil to see if she is having an affair—and he is faced with the formidable challenge in refusing one or the other.

And so begins this sexy, mesmerizing novel about Sybil, an actress desperately hoping for the important role that will resurrect her faltering career; Grant, a cunning, self-made movie producer infamous for subterfuge and secrets; and Ezra, the beautiful, troubled young man they employ—a man haunted by the memory and teachings of his mother, the leader of a new-age cult that deifies birds.

Over one life-altering week, Sybil casts Ezra as the center of her universe. Together, they fantasize about the new life for both of them, where Sybil directs and stars in a controversial film about the Middle East, and Ezra can finally realize his dream of traveling to photograph exotic birds, a craft he has cultivated in the hummingbird-filled gardens of the property. But when Sybil’s husband Grant discovers their passionate affair, the three are set on a collision course that can only end in violence.

In The Hummingbirds, Ross McMeekin captures people yearning for deep connections in a shallow world defined by the twin obsessions of power and beauty. It is a story of love and redemption, of murder and betrayal, and of the darkness that lurks in the heart of Hollywood.

Ross McMeekin’s writing has appeared widely in print and online, in publications such as Virginia Quarterly Review, Tin House, Ploughshares, Shenandoah, and The Rumpus. He edits the literary journal Spartan, and has received fellowships from the Richard Hugo House and Jack Straw Cultural Center. He lives in Seattle with his wife and two children.

“Echoes of Cain, echoes of West, and yet even as the lush, light-struck world of swimming pools and starlets is rendered in all its nearly sinister invitation, the book sneaks up on us with a startling and profound empathy. The Hummingbirds is truly beautiful.” —Matthew Specktor, American Dream Machine
Ann O’Loughlin

THE JUDGE’S WIFE
A Novel

The poignant, emotional story of three women, an adulterous affair, and one great love that changes their lives forever.

With her whole life ahead of her, beautiful young Grace’s world changes forever when she’s married off to a much older judge. Soon, feeling lonely and neglected, Grace meets and falls in love with an Indian doctor, Vikram—he’s charming, thoughtful, and kind, everything her husband is not. But this is the 1950s in Ireland, and when she falls pregnant, the potential scandal must be dealt with. As soon as she has given birth, Grace is sent to an asylum by the judge, while Vikram, told that Grace died in childbirth, returns to India heartbroken.

Thirty years later, after the judge’s death, his estranged daughter Emma returns home to pack up his estate, where she finds Grace’s diaries and begins to piece together the life of the mother she never knew. Meanwhile, Vikram is planning a long-awaited return to Ireland with his much-loved niece Rosa—who has grown up hearing all about her uncle’s long-lost love—to stand, at last, at the grave of the woman he adores. When the judge’s will is finally read, revealing he has sent letters to Vikram and Emma, the deception spanning both decades and continents finally begins to unravel, exposing long-buried family secrets along the way and raising the question of if true love can last a lifetime.

Ann O’Loughlin is a leading journalist in Ireland and has covered all major news events of the past three decades, including the Irish orphan scandal. She was a security correspondent at the height of the Troubles and was a senior journalist at the Irish Independent and Evening Herald. She is currently a senior journalist with the Irish Examiner newspaper covering legal issues. She lives on the east coast of Ireland with her husband and two children.

“A richly woven tale of passion, conspiracy, hypocrisy, and a chilling secret beyond the grave . . . In a compelling read, O’Loughlin renders her characters with precision, while also revealing the dark side of Dublin society, even in the 1980s.” — Independent

“It is neatly done, and O’Loughlin weaves her tapestry well, with most of the characters coming gloriously, tangibly to life. . . . O’Loughlin’s prose in this novel is precise and restrained, almost hauntingly so . . . Great writing.” — ST Culture

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FEBRUARY
David Jester

THE CLINIC

A Thriller

An isolated rehab clinic. Three lost souls. One big secret.

They each had their own demons to face, and none of them had much to live for. Malcolm was alone in the world, Darren might as well have been, and Eddie . . . well, Eddie wished he was. Crime wasn’t a way out for them; it was just a way to survive.

But the clinic was a job too far, a risk that didn’t justify the reward.

The isolated rehab clinic should have been an easy target. But this simple job would turn into a nightmare that none of the young men could have foreseen, unleashing an evil that was sown way before their time.

The Clinic is a twisted, macabre, and chilling tale told from the perspective of three delinquents, young men who never had a chance and are forced to make their own ways in life. They set their sights on an out-of-town rehab clinic, hoping to pilfer the prized possessions of rich alcoholics and addicts. But the clinic is not what they thought it was. Their plan inevitably goes awry and their night of petty crime turns into a fight for survival.

Can the boys make it out alive, and will their lifelong friendship remain intact once the truth is revealed?

David Jester works as a freelance writer, that is, when he’s not busy penning his next novel or short story. He has been writing for as long as he can remember, with his first short story published when he was eighteen and his first novel published a decade later. He’s also the author of This Is How You Die and Forever After. He lives in Newcastle, England, with his wife and their pets.

“...If you enjoy tales such as Psycho and gritty detective fiction with action-packed endings, then this one’s for you!” —Dread Central, on This Is How You Die
Edward Charles

THE HOUSE OF MEDICI: SEEDS OF DECLINE
A Novel

For the first time in paperback, comes the second riveting installment of Edward Charles’ celebrated House of Medici historical series.

Italian noblewoman, Lucrezia Tornabuoni, is determined to see her son, Lorenzo the Magnificent, take his rightful place as savior to the Medici legacy. For years she has groomed Lorenzo to be a great prince. But while she taught him everything he needed to know about leading a great Italian family, there was a terrible cost. The Medici Bank—whose wealth has funded the City and Republic of Florence for centuries—is faltering, the money is running out, and the burdens of greatness are becoming more onerous for her son. Lucrezia begins to question whether she has led him astray, but in the closed society of Florence, there is no one she can confide in.

Then, while on a journey away from the city, she is approached by a young priest new to town and asking for guidance about the workings of Florentine society. What begins as a simple conversation quickly evolves into confession for Lucrezia. In revealing the secrets of her family to this benign outsider, she is able to unburden herself.

But this man is not the simple monk he appears. In his hands, Lorenzo’s future—and the Medici legacy—may crumble and fall . . . unless Lucrezia can stop him from taking everything she holds dear.

Edward Charles was born in South Wales in 1941 and brought up in North London. He studied economics and law at the University College of Wales and then earned a PhD in corporate finance at Manchester Business School. After a short period as an academic, he began a career in finance and management consulting, working in Europe, the United States, and Asia. He retired from international business in 2006 and has published several novels. Edward lives in Devon, England, with his wife.

“A vivid tapestry of Florentine history.” —Booklist, starred review

“Well researched . . . makes for an excellent read.” —Historical Tapestry

$14.99 paperback reprint (Can. $22.99)
North America (NA) • CQ 30
5 ½" x 8 ¾" • 204 pages
Fiction
ebook ISBN 978-1-63220-881
FEBRUARY

Previous edition: 978-1-629147-37-6
Cormac McCarthy meets Carl Hiaasen in this quirky novel about marijuana growers.

For ten years, a peace-loving band of old-school hippies has explored their ambitions, projects, and passions in their own smoke-filled bubble in the Pacific Northwest. But now, in the second decade of the twenty-first century, newcomers have arrived to claim space in the quiet valleys next to the clear-flowing creeks and along the green mountainsides that the free-spirited hippies had once called home. Violence and death come with these large-scale growers, along with armed gangs, corrupt cops, and international drug cartels who don’t mind declaring war to claim marijuana country as their own.

Grower’s Market pits old-school hippies against a new, profit-crazed generation and explores the changing culture surrounding the modern marijuana industry. Characters such as Sunbeam, a 1960s San Francisco hippie girl, and peace-seeking combat veterans who work in her restaurant—Shadow, Shrimp, Stones, Toon, and Shakespeare—drive the book forward at breakneck speed and give the reader an endearing glimpse into a unique subculture.

Michael Baughman was born in Buffalo and raised in western Pennsylvania and Hawaii. After college, he served in the US Army in Germany, after which he returned to teach and write. He is the author of seven books. Baughman lives in Ashland, Oregon, with his wife of fifty years, children, and grandchildren.

“Hilariously funny and deeply moving . . . a story about the corruption of the American dream, by war and politics, and the hope that, even so, love and kindness can still live on in the human heart.” —Howard Frank Mosher, author of Walking to Gatlinburg

“This dark, bizarrely comic novel about marijuana growers in the remote PNW is a valuable peek into the turf wars that can emerge in a prohibitionist paradigm.” —Northwest Leaf

“Baughman’s humorous and passionately opinionated pondering will make readers laugh and, better, think.” —Booklist

$16.99 paperback reprint (Can. $23.99)
World (W) • CQ 36
5 ½” x 8 ¼” • 224 pages
Fiction
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FEBRUARY
Previous edition: 978-1-63220-639-8
Frank Morgan, a young college grad raised on Army discipline, started his military career as a Phoenix Program assassin in Vietnam with nothing but faith, confidence, and belief in his country. In 1969, he boards the Freedom Bird and takes a seat next to a grizzled grunt. This is Morgan's first hint of what may be coming his way—and what he, as a soldier, may become.

Throughout his tour, Morgan struggles with his belief in his missions, though he pushes on and does his job. With less than a month to go before he heads home, Morgan leads a squad of South Vietnamese special forces in a massacre and mistakenly kills a beautiful innocent woman, Liem, in an old French plantation outside Cân Thơ.

The death of Liem haunts him and distracts him so that he barely survives an attempt on his own life—which he later learns was ordered by his CIA chief, a swashbuckling cowboy named Comer. This betrayal launches Morgan's metamorphosis into an avenging assassin.

_Don't Mean Nuthin'_ reveals a war-torn Vietnam through a Conradian journey by a man who seeks a higher moral ground and then struggles to redeem himself in a sea of carnage and despair.

Ron Lealos graduated from Western Washington University and studied fiction under Tom Spanbauer for several years as part of the Dangerous Writing group in Portland, Oregon. In his non-writing life, he has developed, manufactured, and marketed a rapid home test for the detection of HIV antibodies. He is also the author of _Pashtun_. He resides in Vancouver, Washington.

“Ron Lealos’s _Don't Mean Nuthin’_ is a visceral descent into war and a heart of darkness therein. But Frank Morgan tries to redeem himself from the horror that surrounds him. And survive!” —Stephen Templin, _New York Times_ and international bestselling author of _SEAL Team Six_ and _Trident's First Gleaming._
In the 1960s, twenty-four-year-old Frank Yandolino rode the hippie counterculture movement alongside such visionaries as Artie Kornfeld and Michael Lang to put together the Woodstock Festival of 1969, the era’s emblem of love and peace. From then on (and even before that), Yandolino, a beguiling fast-talker, charmer, and gifted storyteller, took charge of his life according to those ideals, grabbing and embracing all opportunities that were thrown his way.

This memoir is an account of his life as a hippie, art director, entrepreneur, and screenwriter (as well as various other hats he wore in the creative industry)—representing such musicians as Joe Cocker and Paul Butterfield, art directing at *Penthouse* magazine, designing “erotic sheets,” and writing a screenplay about Marilyn Monroe and her seamstress Lena Pepitone, among other things. With his gung ho attitude and fortuitous connections, Yandolino befriended Salvador Dalí, hung out with Jimi Hendrix, ran with Abbie Hoffman, was kidnapped by a festival security detail in Paris, mixed with models and *Penthouse* pets, and watched secret Hells Angels initiation ceremonies. Through it all, Yandolino’s key message is his “free bird” philosophy of grabbing every chance you can and staying true to one’s artistic individuality. And, despite his fast life, he was always grounded by his love for his wife, Charli.

Frank Yandolino, a native New Yorker, was a writer, producer, and manager of various artists, musicians, and personalities from the 1960s until he passed away in his home in Manhattan in 2014. He got his start booking bands for the original Woodstock Festival and later owned his own record company, The Label Records. He wrote two Broadway shows and coproduced some of the corresponding music. A graduate of Parsons and NYU, he also worked as a graphic artist and photographer.

“Frank Yandolino was one of the most real loving friends that I had in my entire life. I miss him, but he is with me all the time.” —Artie Kornfeld

“I loved Frank, he was one of my best friends for forty years. He was always up for an adventure no matter how odd and approached them with an artist’s eye and a lion’s heart. He was one of a kind and is sorely missed.” —Michael Lang
For a comparatively small country, Ireland’s contributions to the world of literature have been enormous. From the older tradition, Irish writers have inherited a sense of wonder in the face of nature, a narrative style that tends toward the deliberately exaggerated or absurd, and a keen sense of the power of satire. These themes carry through the entire canon of Irish literature, up until modern times. Stephen Brennan brings us this collection of classic stories, essays, and fairy tales that inform the past and therefore, the present, of our most beloved fiction.

In *Irish Stories and Folklore*, the reader can revisit old favorites, like Oscar Wilde’s short story “The Canterville Ghost,” and discover lesser-known treasures such as “The Orange Man, or the Honest Boy and the Thief” by Maria Edgeworth. The imaginative stories contained in this volume are sure to engage the mind and delight readers looking to enhance their knowledge of the rich history of Ireland.

This collection of thirty-six stories includes the influential works of Ireland’s most treasured authors, including:

- Jonathan Swift
- James Joyce
- W. B. Yeats
- Douglas Hyde
- Edith Somerville
- Lady Augusta Gregory
- And so many more!

*Stephen Brennan* has coauthored several books and has edited such collections as *The Best Ghost Stories Ever Told* and *The Best War Stories Ever Told*, among others. He currently resides in New York City.

“He wanted to cry quietly but not for himself: for the words, so beautiful and sad, like music.” —James Joyce
William Stevenson
THE BORMANN BROTHERHOOD

Author of the worldwide bestseller A Man Called Intrepid reveals Martin Bormann’s plan to create a “brotherhood” of Nazis that would survive the war.

While the flames of World War II still raged, Roosevelt, Churchill, and Stalin issued a warning to the Nazi leaders. Those responsible for the torture and murder of millions of innocent and defenseless civilians were promised that “the three Allied Powers will pursue them to the furthest corners of the earth and deliver them to their judges so that justice may be done.”

That promise was not kept. Justice was not done. In 1945, twelve of the most notorious Nazis were tried for crimes against humanity and sentenced to death by the International Military Tribunal convened at Nuremberg. (Martin Bormann, his whereabouts unknown, had been tried and convicted in absentia.) But the majority of the torturers and murderers escaped, found sanctuary, and continued to work effectively toward the concept of eventual world domination. Nazism did not die at Nuremberg.

This survival and resurgence was the result of a plan for the creation of a “brotherhood” initiated long before the end of the war by the least visible and most powerful of the Nazi warlords—Martin Bormann. The Brotherhood, backed by virtually unlimited funds, established “safe” houses inside Germany, escape routes to other countries and continents, and an extensive international group of industrial firms as financial reservoirs and as “fronts” for escaped Nazis. This chronicle, based upon independent investigation, including numerous exclusive interviews and the examination of declassified and revealing documents, casts a new light upon Bormann, his strange role in the Third Reich, and his devastating influence.

William Stevenson was a journalist and author of the bestselling books A Man Called Intrepid and 90 Minutes at Entebbe. He also worked as a movie scriptwriter, a television news commentator, and producer of award-winning documentaries. He died in 2013.
Tim Newark

EMPIRE OF CRIME
Opium and the Rise of Organized Crime in the British Empire

Downton Abbey meets The Godfather, in an eye-opening look at crime, opium, and greed in the Far East.

Sometimes the best intentions can have the worst results. In 1908, British reformers banned the export of Indian opium to China. As a result, the world price of opium soared to a new high and a century of lucrative drug smuggling began. Just as the banning of alcohol in America during Prohibition made illicit fortunes for the Mafia and other gangsters, organized criminals grew rich on the trade of illegal narcotics throughout the British Empire.

Empire of Crime introduces the reader to a whole new collection of heroes and villains, including US international drug-buster Harry J. Anslinger, Shanghai underworld master criminal Du Yue-sheng, and tough North-West Frontier police chief Lieutenant-Colonel Roos-Keppel, nemesis of Afghan criminal gangs. The book shows how gangsters exploited the Empire’s global trade routes to establish criminal networks across the world. In many ways, these early drug dealers were the forerunners of today’s cartels.

Digging deep into colonial archives, author Tim Newark weaves hidden reports, secret government files and personal letters together with first-hand accounts to tell this epic but little-known story of the battle between law enforcement and organized crime.

Tim Newark is the author of the critically acclaimed biography of mafia gangster Lucky Luciano and the groundbreaking Mafia at War. For seventeen years he served as editor of Military Illustrated, and he has written numerous military history books, including Highlander. Newark has worked as a scriptwriter and historical consultant on documentary series for BBC Worldwide and the History Channel. Newark lives in Bath, England.

“Snappy as Spillane, this book is packed with girls, guns, and guts.”
—Independent

$22.99 hardcover (Can. $35.99)
North America (NA) • CQ 32
5 ½” x 8 ¼” • 272 pages
True Crime
ebook ISBN 978-1-5107-2347-4
FEBRUARY
A compelling, authoritative, and accessible history of the Zulu Nation in South Africa.

By tracing the long and turbulent history of the Zulus from their arrival in South Africa and the establishment of Zululand, *The Zulus at War* is an important and readable addition to this popular subject area. It describes the violent rise of King Shaka and his colorful successors, under whose leadership the warrior nation built a fearsome fighting reputation without equal among the native tribes of South Africa. Author and Anglo-Zulu war expert Adrian Greaves supplements the historical narrative with an examination of the tactics and weapons employed during the numerous intertribal battles over this period. The text goes on to chronicle the Sekunini War of 1877 and 1878, in which the Zulus would defeat the Boers and prompt the well-documented British intervention.

Initially the might of the British Empire was humbled as never before by the shocking Zulu victory at Isandlwana, but the 1879 war ended with the brutal crushing of the Zulu Nation. However, as Greaves reveals, this was by no means the end of the story. The little-known consequences of the division of Zululand, the Boer War, and the 1906 Zulu Rebellion are analyzed in fascinating detail. An added merit of this long-awaited history is written not just by a leading authority but, thanks to the co-author’s contribution, from the Zulu perspective using completely fresh material, making this unique among most popular histories. This paperback edition also features a new introduction from Greaves.

Adrian Greaves, a former soldier and senior police officer, has devoted the past twenty years of his life to studying the Anglo-Zulu War. He is the founder of the Anglo Zulu War Historical Society and the author of numerous works, including the bestselling *Rorke’s Drift*, to which this book is a worthy companion. He and his wife live at Tenterden, Kent, United Kingdom.

Xolani Mkhize listened to Adrian Greaves’s lectures at Rorke’s Drift as a curious teenager. He then worked for David Rattray becoming an accredited battlefield guide. As the manager of the Rorke’s Drift Zulu Village, he is a popular member of the local community. Being from the Mkhize tribe makes him well placed to understand Zulu history and culture. He lives in Natal Province, South Africa.
S. Allen Counter; Foreword by Deirdre Stam

NORTH POLE LEGACY
The Search for the Arctic Offspring of Robert Peary and Matthew Henson

The untold history of the forgotten children of two celebrated explorers.

North Pole Legacy tells the story of two men whose existence was for decades nothing more than a popular legend. But that rumor was finally verified in 1986 when author S. Allen Counter journeyed to northern Greenland, and met this pair of remarkable men.

Counter had long been an admirer of Matthew A. Henson, the African American explorer who accompanied Admiral Robert E. Peary to the North Pole twice in the early twentieth century. While conducting professional research in Sweden, Counter became intrigued by talk of mixed-race Inuit living in an isolated region of Greenland. Unable to forget this rumor, Counter traveled to investigate several years later, venturing more than a thousand miles north of the Arctic Circle. There, in two tiny villages, Counter met Anaukaq Henson and Kali Peary, Amer-Inuit sons of the two explorers. Born only days apart in 1906, they had long been acknowledged by their communities as the sons of Matthew Henson and Robert Peary, but had never been in contact with any of their American relatives. As it was obvious that these two men longed to see the country of their fathers, Counter arranged for Anaukaq, Kali, and their families to travel to America to meet their families.

North Pole Legacy describes the obstacles that Counter overcame to bring news of Anaukaq Henson and Kali Peary to the world, to bring them to the United States, and to facilitate a reunion with relatives that they had never known. At the same time, the narrative flashes back to the unique history of Matthew Henson and Robert Peary in their collaboration as explorers and addresses their somewhat controversial claim to have been the first people to reach the North Pole.

Compelling, insightful, and impossible to forget, North Pole Legacy is a must-read for every history buff and armchair explorer.

S. Allen Counter is a neuroscience professor at Harvard University and the director of the Harvard Foundation for Intercultural and Race Relations. He is an active member of the Explorers Club, consul general of Sweden in Boston and New England, and recipient of an NAACP image award. Counter lives in Cambridge, Massachusetts.
At the dawn of the Cold War, the world’s most important intelligence agencies—the Soviet KGB, the American CIA, and the British MI6—appeared to have clear-cut roles and a sense of rising importance in their respective countries. But when Kim Philby, head of MI6’s Russian division and arguably the twenty-first century’s greatest spy, was revealed to be a Russian mole along with British government heavyweights Donald Maclean and Guy Burgess, everything in the Western intelligence world turned upside down.

Here is the true story of how the American James Bond—the colorful, foulmouthed, pistol-packing, alcoholic ex-FBI agent William “King” Harvey—put the finger on Philby; how James Jesus Angleton, the chain-smoking poet of Yale University and the CIA’s supposed “master spy” in charge of counterintelligence, began his descent into a paranoid wilderness of mirrors upon learning of family friend Kim Philby’s ultimate betrayal; and the devastating consequences of the loss of MI6 prestige and the CIA’s subsequent self-defeating witch hunts.

Every revelation, every stranger-than-fiction twist and turn is all the more intriguing as truths become lies and unlikely scenarios are revealed as reality. With impeccable sourcing and the use of thousands of pages of declassified research, David C. Martin’s *Wilderness of Mirrors* is widely recognized as a masterpiece of intelligence literature.

David C. Martin is the Emmy-winning national security correspondent for CBS News, a position he has held since 1993. He has been covering national defense and intelligence matters since 1974 and is also the author of *Best Laid Plans: The Inside Story of America’s War Against Terrorism*. Martin and his wife, Dr. Elinor Martin, live in Chevy Chase, Maryland. They have four children.

“A remarkably detailed account of the internal disputes about the defectors and double agents that tied the CIA in knots during the 1960s... Intelligence buffs will savor each new revelation.” — *Wall Street Journal*
PERSONAL RECOLLECTIONS OF A CAVALRYMAN WITH CUSTER’S MICHIGAN CAVALRY BRIGADE IN THE CIVIL WAR

A new edition of an important firsthand account of what it was like to ride into battle with George Custer.

Chiefly known for his exploits in the Indian Wars, most significantly for his horrific defeat at the Little Bighorn in 1876, George Armstrong Custer found initial success on the battlefields of the Civil War, leading his Michigan Cavalry Brigade in more than sixty battles and skirmishes. The men were affectionately called “Custer’s Wolverines” and among them was James Kidd, a newspaperman by training. Kidd wrote a series of letters to friends and family back home between 1862 and 1865 chronicling the conditions and experiences of life in the field of battle. Kidd’s letters have been combined into this historical memoir, which tells a moving story of wartime service and sheds a light onto the gallant and often brash Custer.

Personal Recollections of a Cavalryman with Custer’s Michigan Cavalry Brigade in the Civil War has been hailed as one of the richest, most reliable accounts of Union cavalry operations in the eastern theater of the Civil War, ranging from the raid on Richmond to Appomattox. Kidd provides enriching details about encounters with J.E.B. Stuart’s cavalry, Gettysburg, and his admiration for Custer and other generals he knew, such as Sheridan and Grant. This new edition of a timeless classic includes a rare photo insert, as well as an insightful introduction by Paul Andrew Hutton that places Kidd’s work in its historical perspective.

James H. Kidd (1840–1913) was a student at the University of Michigan when he ended his academic pursuits to join George Custer’s Sixth Michigan Cavalry. He rose from lieutenant to colonel during the war, and fought valiantly, having been wounded several times.

Paul Andrew Hutton is a distinguished professor of history at the University of New Mexico. He has published widely in scholarly and popular magazines and has written several successful books, including Phil Sheridan and His Army, The Apache Wars, and The Custer Reader. He is a familiar face on more than three hundred television programs, from Discovery to CBS to the History Channel, and has consulted with several major Hollywood directors on film projects, including Ron Howard and Jon Favreau. He lives in Albuquerque, New Mexico.
Marek Fuchs

A COLD-BLOODED BUSINESS

Adultery, Murder, and a Killer’s Path from the Bible Belt to the Boardroom

“A killer of a story—tight, relentlessly compelling, and superbly reported.”
—James Kaplan, coauthor of the #1 New York Times bestseller You Cannot Be Serious

Olathe, Kansas—the same town that played host to the quadruple murder made famous by Truman Capote’s In Cold Blood—achieved notoriety again in 1982, when a gentle man named David Harmon was bludgeoned to death while sleeping. David’s wife, Melinda, and best friend, Mark, were suspected of the brutal murder. But rather than receiving a just penalty, Melinda and Mark walked away without charges being pressed, thanks to a defense by the growing Christian evangelical church in Olathe to which the victim and the suspects all belonged.

Two decades later, two Olathe police officers revived the cold case, making startling revelations that would not only reopen old wounds in the Olathe community, but follow Melinda and Mark to the new lives they had made elsewhere. They were now living separate, successful, law-abiding lives. Melinda now lived in suburban Ohio, a devoted wife and mother of two. Mark had become a Harvard MBA, a high-paid corporate mover, a family man, and a respected community member in a wealthy suburb of New York City. But some twenty years after the brutal murder, justice would be served.

Featuring a new foreword from the author, A Cold-Blooded Business provides fascinating character studies of Melinda and Mark, killers who seemingly returned to normalcy after a night of graphic violence. A fast-moving true crime narrative, A Cold-Blooded Business is a chilling exploration into the darkest depths of the human psyche.

Marek Fuchs is a teacher, journalist, and volunteer firefighter. After six years as a stockbroker, he became a journalist, in which role he has written columns for the New York Times, the Wall Street Journal, Yahoo Finance, and TheStreet. Fuchs speaks regularly on business and journalism issues, and currently serves as a member of the writing faculty at Sarah Lawrence College. He lives in a loud house with three children in Hastings-on-Hudson, New York.

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FEBRUARY

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Michael J. Cain
THE TANGLED WEB
The Life and Death of Richard Cain—Chicago Cop and Hitman

“This is one of the most important mob books ever written.” —Ray Gibson, Chicago Tribune

The Tangled Web tells the dramatic story of Detective Richard Cain, the man the FBI described as “possibly the most corrupt police official in the history of Chicago.” Cain led double life—at once a chief investigator and a “made” man, both a detective who led raids on gambling rings and a soldier carrying out hits for Mafia bosses. Using years of research, interviews, family anecdotes, and rare documents, Michael Cain creates a comprehensive and compelling biography of his half-brother. This edition features an all-new introduction by the author.

In a story that reads like the plot of Martin Scorsese’s The Departed, Cain played both ends against the middle to become a household name in Chicago and a notorious figure in both the Mob and the world of Chicago law enforcement. Before his execution by shotgun in Rose’s Sandwich Shop, Cain’s legend would grow to the point of rumored involvement in the assassination of John F. Kennedy and the FBI’s plot to assassinate Fidel Castro. Filled with fascinating and until-now unknown facts, The Tangled Web tells the full story of this one-man crime wave.

Michael J. Cain researched the story of his half-brother Richard with the help of federal agencies, local police departments, and sources on the street from Chicago to Washington, DC. A native of Michigan, now living in Georgia, Michael is currently working on his fifth book, a novel which explores the world of Army Special Operations in wartime.

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ISBN 978-1-5107-2281-1
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True Crime
FEBRUARY
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“Sustainability is a buzzword in fashion right now, for good reason. Clare’s book raises fascinating questions about conscious consumerism and the positive role fashion can play.” —Jackie Frank, publisher, Marie Claire

Who makes your clothes? This used to be an easy question to answer: it was the seamstress next door, or the tailor on the high street—or you made them yourself. Today, we rarely know the origins of the clothes hanging in our closets. The local shoemaker, dressmaker, and milliner are long gone, replaced by a globalized fashion industry worth $1.5 trillion a year.

In Wardrobe Crisis, fashion journalist Clare Press explores the history and ethics behind what we wear. Putting her insider status to good use, Press examines the entire fashion ecosystem, from sweatshops to haute couture, unearthing the roots of today’s buy-and-discard culture. She traces the origins of icons such as Chanel, Dior, and Hermes; charts the rise and fall of the department store; and follows the thread that led us from Marie Antoinette to Carrie Bradshaw.

Wardrobe Crisis is a witty and persuasive argument for a fashion revolution that will empower you to feel good about your wardrobe again.

Clare Press is Marie Claire’s fashion editor-at-large. She has worked as a fashion designer, brand consultant, editor, and columnist, including stints at Sunday Style, Vogue, the Monthly and Instyle. Clare’s fashion journalism has also been published in Harper’s Bazaar, Elle, Marie Claire, the Australian, the Sydney Morning Herald, the New York Times Magazine, and many more publications. She is a passionate advocate for sustainable and ethical fashion and sits on the Australian advisory board of Fashion Revolution.

Sarah Wilson is a journalist, media consultant, blogger, and New York Times bestselling author of I Quit Sugar.
Why is dating so hard? Has Disney screwed us up? How many times have you entered into a new relationship immediately convinced that this person was “the one”? At last, you’ve met the partner who will “complete you,” make you feel like all those previous terrible relationships were somehow worth it, and finally complete your fantasy rom-com happy ending—your inner Jennifer Aniston already squealing with delight. How many times has that relationship abruptly veered off course, leaving your heart the victim of yet another romantic fatality?

In her first book, Love and . . ., Jen Kim turns to science to make sense of why, after three decades, she hasn’t been able to find lasting love. She puts a lens to the destructive pathology of her relationships, including her current long-term relationship with a partner who “just isn’t ready” for the next level . . . and, honestly, may never be. Will they or won’t they end up together? You’ll learn the prognosis by the final page.

Love and . . . is a relationship self-help book that doesn’t want you to change, mostly because a) it’s really hard to change, and b) you probably don’t want to. Kim focuses on the science and psychology behind why we behave the way we do, reserving judgement for no one, but herself.

Jen Kim blends real-life confession, pop culture, and psychology in, at times, TMI fashion into one delicious and good-for-you life lesson smoothie on her Psychology Today blog: Valley Girl With a Brain. Kim’s blog explores everything from the most effective ways to get over a breakup (all backed by research), and the art of flirting (without actually seeming like you’re flirting), to turning thirty (it can suck), and the perils of being too nice (it’s not so nice). The author resides in San Francisco, California.
Welcome to the mysterious and sometimes scandalous world of the language of flowers. Since the days of Queen Victoria (and earlier the harems of the Middle East) flowers have allowed lovers and friends to express themselves without saying a word. In Loves Me, Loves Me Not, author and illustrator Peter Loewer explores the fascinating history of floral messages. In this book, you’ll find intriguing plant lore, unexpected historical connections, or simply an opportunity to connect with a beloved in a unique way.

- Confess unrequited love with a daffodil.
- Show happiness with primroses.
- Wish someone luck with a four-leaf clover.
- Make your declaration of love not with a rose, but with a tulip!

With intriguing stories and stunning full-color illustrations, Loves Me, Loves Me Not, introduces you to flowers that have been conveying messages for centuries. As Loewer says: “The language of flowers is a delightful idea. In the world of cell phones and mass communication, sending a simple bouquet that tells a tale of love and affection seems to be a great idea whose time has come again.”

Peter Loewer is a botanical illustrator and author of many books on natural history and gardening, biographies, and children’s books, including Hydroponics for Houseplants, and The Wild Gardener, called one of the 75 Great Gardening Books by the American Horticultural Society. His work is in the permanent collection of Carnegie Mellon’s Hunt Institute for Botanical Documentation. Loewer resides in Asheville, North Carolina.

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Going for a walk is no longer just for the dogs!

EXPERIENCED CAT OWNER CLIFFORD BROOKS IS HERE TO TEACH YOU AND YOUR CAT HOW TO ENJOY A STROLL TOGETHER. CATS ARE NATURALLY ADVENTUROUS CREATURES, AND WITH THE HELP OF A LEASH AND BROOKS’S TIPS, YOU CAN INDULGE THOSE INSTINCTS WITH A SENSE OF SECURITY. AS ANY ANIMAL TRAINER WILL TELL YOU, THE MAGIC IS IN YOUR ATTITUDE AND SENSITIVITY TO YOUR KITTY’S NEEDS AND SUBTLE REACTIONS TO NEW THINGS. WITH THAT IN MIND, BROOKS ENCOURAGES CAT OWNERS TO EMBRACE ZEN MEDITATION AS THE FOUNDATION FOR LEASH TRAINING. BENEFITING BOTH YOU AND YOUR FURRY FRIEND, PRACTICING MEDITATION WILL:

- Provide a calm atmosphere in which to learn an enjoyable skill and explore new environments together
- Foster a positive energy between the two of you
- Cultivate patience and appreciation for simple accomplishments

With step-by-step instructions, meditation guidance, and interviews with other successful cat walkers, you’ll learn how cat walking can have a healthy impact on your life and the life of your feline companion. Essentially, you will become a more sensitive cat owner, able to detect when your own presence is affecting your cat’s behavior. Combining a practical skill with a thoughtful approach, Brooks’s advice will do wonders for the time you spend together.

CLIFFORD BROOKS is the author of Toilet Train Your Cat, Plain and Simple. He has years of experience in training cats to do all kinds of things: use a toilet, do tricks on command, and walk on a leash. He has also been meditating for more than five years (and his cats love to participate!). He lives in the San Francisco Bay Area.
Rustic meets modern with the charming DIY guide, *Wood Pallet Wonders*. This instructional collection of twenty incredible home design projects uses wood pallets and reclaimed materials to create eye-catching storage and decor. From beautiful chevron and mountain patterned tables and shelves to reclaimed window buffets, beginner and veteran DIYers alike can take delight in crafting rustic projects that will impress and inspire without breaking the bank. With easy-to-follow step-by-step instructions on crafting simple and stylish projects, you can add exquisite designs to your home or find inspiration for your own unique touch! The wide range of designs include:

- Not Your Grandma’s Bookcase
- Chevron Coffee Table
- Potting Bench
- Shabby Chic Toolbox
- Reclaimed Window Buffet
- Knick Knack Cubby Shelf
- Hexagon Pocket Shelf

Take pride in creating imaginative home stylings with found and reclaimed materials that will help the environment, save you money, and make your home even more lovely!

*Samantha Hartman* is a graphic designer and self-taught woodworker with a passion for using reclaimed materials and salvaged wood in her designs. As the small business owner of Infinite Abyss, she was a finalist of Etsy Open Call in 2016 and has products sold in several shops throughout the country. Originally from Pittsburgh, she currently lives and creates in Wyoming.
Survival Retreats
A Prepper’s Guide to Creating a Sustainable, Defendable Refuge

Creating an island of refuge in a sea of mayhem.

Normally, retreats are built to blend in to their surroundings for the sake of secrecy and are built by those who don’t want others to know anything about their retreat. David Black explores these places and gets to go where most people never go—through the chain link fence, past the guard dog, and into the rarely seen survival retreat. You will learn how to:

- Protect and defend your retreat
- Build in the right location
- Live safely in your retreat
- Harvest food and water
- Plan the perfect survival strategy

David Black goes into detail to teach you everything you ever needed to know about survival retreats. Not only will you learn how to protect them, but you will learn how and where to build them and, most importantly, what to do after you’ve fortified. There’s a lot to know, and with this book you’ll be prepared for the inevitable apocalypse.

David Black is an internationally recognized consultant in emergency planning and disaster response. With nearly twenty years of experience in search and rescue and as a wilderness and urban first responder, he has served as a consultant and architect of community disaster response and management systems both in the United States and abroad.

Patty Hahne writes for the blog PreppersIllustrated.com. Years ago, she decided she had endured her fill of city life. She packed her family into a van, moved them into a cabin in southern Oregon, and embraced alternative energy. She has been completely off the grid, with no electricity or running water, ever since. The author of The Doomsday Prepping Course and The Pocket Guide to Prepping Supplies, she lives in Klamath Falls, Oregon.
**Tim Rowland**

**STRANGE AND OBSCURE STORIES OF WASHINGTON, DC**

Little-Known Tales about Our Nation’s Capital

You'll never look at DC the same way again after reading this collection of wild tales.

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**Strange and Obscure Stories of Washington, DC** is a collection of wild but true tales about our nation's capital. Starting in the early days of the republic and reaching into modern times, the book recounts odd and humorous events that didn't make their way into the history books.

Along the way the book introduces a host of memorable characters:

- Land speculators James Greenleaf and Robert Morris, whose financial shenanigans almost took down the Federal City before it was even established
- Civil War madam Mary Ann Hall, who ran the city's most upstanding brothel and died with an estate valued at $2 million
- The “Treasury Girls”—the first wave of female workers, hired to cut individual bills from printed sheets of cash (with scissors), who prompted a government investigation into immoral behavior in the workplace
- The NSA’s secret staff of African Americans who went to work in code rooms after Harry Truman desegregated the federal workforce
- The 1960s activist who drew attention to a rat problem in poor neighborhoods by shuttling them in his station wagon to the toniest parts of Georgetown

Readers will also find out how a hurricane saved the city in 1812, how a demonstration of the world’s largest naval gun nearly killed the president, and about the tree at Washington Cathedral whose origins trace back to the Holy Land at the time of Joseph of Arimathea.

With *Strange and Obscure Stories of Washington, DC* in hand, the city will never seem the same again.

**Tim Rowland** is a *New York Times* bestselling author and humor columnist for *Herald-Mail Media* in Hagerstown, Maryland. He is the creator of the Strange and Obscure Stories series and has written extensively on history, the outdoors, and the environment for a broad range of newspapers and magazines.
Have you ever walked through your neighborhood, taken a look at a weird house, and thought “Who lives there?” or, “What in the world does it look like inside?” We’ve all been curious, which is why the founders of the Weird Homes Tour™ began their strange and wonderful journey.

Three years later, they’ve opened the doors and unlatched the windows of dozens of Texas’s strangest homes for thousands of onlookers. Why? To show that design really has no boundaries. And that we would rather have neighbors be strange than be strangers. Like many other communities around the world, Austin can be fun, irreverent, outside the box, innovative, dynamic, proud, strange, and so much more. You just need to know where to look.

This gorgeous book features the one-of-a-kind Austin homes that started it all for the Weird Homes Tour. Page by page, we proudly present these homes and the weird people who live in them, many of whom designed and built their awe-inspiring dwellings by hand. From grand, historic haunts to tree houses and dumpster dwellings, you’re guaranteed to find something that will inspire design changes in your own home.

David J. Neff and Chelle Neff share a love for interesting design, eye-catching architecture, and all things weird and whimsical. By day, David is an author and digital strategy consultant and Chelle owns and operates Urban Betty Salon, an Austin beauty-scene institution. The Weird Homes Tour has not only given the couple a way to satisfy their own curiosity about what lurks inside the county’s weirdest homes but it has given them a way to give back to the communities that are home to these iconic treasures as each tour donates a percentage of its sales to local affordable housing nonprofits.

Thanin Viriyaki came from Bangkok, Thailand, at a very early age to settle in Texas and become an American. Though in his youth, he wished to become a transformer, his strong interest in art eventually led him to pick up a camera. This became his tool to record inspirations for his drawings and paintings and eventually led him to take up photography at the University of North Texas. Since then he’s become an internationally known photographer around people, places, and food.
John Annerino

EXPLORING THE SUPERSTITIONS
Trails and Tales of the Southwest’s Mystery Mountains

The ultimate guide to the West’s most mysterious range.

Arizona’s Superstition Mountains are like no other mountain range in the continental United States. The ancestral ground of the western Apache and sacred heights of the neighboring Pima, these mountains were once a veritable no-man’s land of soaring cliffs, dead-end box canyons, and eerie hoodoos of stone, marking them as one of the last places on earth that any person would dare to tread. While this range appears on the surface to be a veritable nature lover’s paradise with towering saguaro cactus forests, desert wildflowers, and roadrunners, it is also home to rattlesnakes, plants and animals that stick, sting, or bite, and modern gun-toting dry-gulchers. In fact, in the past century, the Superstition Mountains have claimed the lives of more than five hundred visitors, marking them as the West’s deadliest wild area. Part hiking guide, part history book, Exploring the Superstitions: Trails and Tales of the Southwest’s Mystery Mountains vividly brings the supernatural beauty, mystery, and majesty of this unique area to life.

Within the pages of Exploring the Superstitions, readers will first be swept up in the legends of the Superstition Mountains, encountering colorful historical characters such as 1840s gold prospectors, brave-hearted Apaches, and sly outlaws. Readers will encounter the native flora and fauna of the range, from poisonous rattlesnakes to rare-flowers. And finally, an in-depth guide to every trail in the range will satisfy even the most experienced of hikers.

Including a foldout map and dozens of original photos, Superstitions belongs on the shelf, or in the backpack, of every history buff and every veteran hiker.

John Annerino is an author and photographer who has been working in the American West and the frontier of Old México for close to three decades, documenting its natural beauty, indigenous people, and political upheaval. A veteran contract photographer, his photography is archived in the Time Life Picture Collection and has appeared in scores of prestigious publications worldwide, including Time, Life, People, Newsweek, Scientific American, Travel & Leisure, the New York Times, and National Geographic Adventure. Annerino lives in Arizona.
John “Lofty” Wiseman

SAS URBAN TERROR AND DISASTER HANDBOOK
Avoid Crime, Prepare for Terrorism, Stay Safe

The ultimate guide to safety in the home or on the street.

John “Lofty” Wiseman is the author of the bestselling SAS Survival Handbook, the definitive guide to survival in the wild from Britain's Special Air Service. Now he has compiled a complete guide to survival in the urban jungle. Every year in America there are thousands of fatal accidents in the home—more than on the roads, and many more than in the great outdoors. Fire, electricity, water, gas, sharp knives, poisons, chemicals—these valuable tools can quickly become dangerous weapons when not treated with proper respect and understanding. Add to these the risks of travel, terrorism, muggings, rape, tsunamis, and earthquakes. We are constantly reminded that the world is a dangerous place. Wiseman shows readers how to think realistically and practically about these perils in order to avoid them, whether they are at home, on the street, in school, or in transit. From self-defense techniques to home security systems to coping with natural disasters, this book will teach readers to recognize risks, make quick decisions, and live confidently in the modern urban world.

John “Lofty” Wiseman served for twenty-six years with Britain's SAS as their chief survival instructor. He is the foremost authority on SAS training techniques.
ARE YOU READY?
A Guide to Citizen Preparedness

A step-by-step guide to complete disaster preparedness in all scenarios.

Are You Ready? is an all-encompassing practical guide for individuals and their families to preparing for all types of hazards and emergencies. It can be used as a reference or a step-by-step guide to developing, practicing, and maintaining emergency plans. It provides information, checklists, and educational materials to help effectively plan for before, during, and after any kind of disaster. Topics covered include:

- Creating a disaster supplies kit
- Dealing with natural hazards such as floods, earthquakes, and tornadoes
- Responding to technological hazards such as hazardous materials incidents and nuclear or chemical emergencies
- General information about terrorism

As the risk of natural disaster proliferates with global climate change and the frequency of terrorism increases, disaster preparedness plans have become a necessity for American citizens. Prepare yourself and your loved ones with guidance from the experts at the Department of Homeland Security and FEMA.

The Federal Emergency Management Agency (FEMA) is an agency of the United States Department of Homeland Security. Its mission is to support US citizens and first responders to build, sustain, and improve citizens’ capabilities to prepare for, protect against, respond to, recover from, and mitigate all hazards.

The United States Department of Homeland Security (DHS) is a cabinet department of the US federal government with responsibilities in public security, roughly comparable to the interior or home ministries of other countries. Its stated missions involve anti-terrorism, border security, immigration and customs, cybersecurity, and disaster prevention and management.
Edited by Robert E. Drennan
Introduction by Heywood Hale Broun

GREAT AMERICAN WIT
The Classic Humor of the Algonquin Round Table

The perfect gift for the snarky literature fan in your life!

“Stop looking at the world through rose-colored bifocals.” “His mind is so open, the wind whistles through it.” “You can’t teach an old dogma new tricks.” Ever wonder where these sayings came from? For decades, the dining room of New York’s legendary Algonquin Hotel was a hub of letters and humor. Cocktails swirled as writers, humorists, actors, and critics poked fun at culture, the arts, and one another. In this lively tribute, today’s readers will come to understand why Robert Benchley, George S. Kaufman, and Dorothy Parker represent the epitome of quips and comebacks—wit that still packs a punch decades later. Each chapter contains:

- A short biographical sketch
- A photo of the great American wit
- Handpicked collection of quotes and anecdotes

Packaged in a contemporary cover, this is the perfect gift or coffee-table book. Discover the sarcasm, double entendres, insults, and jabs that earned these sharp minds the collective title of “the Vicious Circle.”

Robert E. Drennan is an editor and writer, with a special interest in literary history and humor.

Heywood Hale Broun was an American author, sportswriter, commentator, and actor. He passed away in 2001.

“Nothing is more responsible for the good old days than a bad memory.” —Franklin Pierce Adams

“A girl’s best friend is her mutter.” —Dorothy Parker

“It took me fifteen years to discover that I had no talent for writing, but I couldn’t give it up because by that time I was too famous.” —Robert Benchley

“Public opinion in this country runs like a shower bath. We have no temperatures between hot and cold.” —Heywood Broun

$12.99 paperback original (Can. $19.99)
North America (NA) • CQ 36
5 ¼” x 8 ¼” • 176 pages
9 b/w photographs
Humor
FEBRUARY

Previous edition: 978-1-61608-713-5
Stephen Brennan
THE U.S. CONSTITUTION AND RELATED DOCUMENTS

An essential collection of documents that made America.

No matter who you identify with—Democrat or Republican, Tea Party or Green Party, Independent or something else altogether—we the people should read:

- The Constitution of the United States of America
- The Bill of Rights and all of the Amendments
- The Declaration of Independence
- The Articles of Confederation

Take a moment or two to reflect on the words of our forefathers, as these are the documents that literally created America. The Constitution set up a system of government that remains centuries later. The eloquent words of the Declaration of Independence are an enduring statement of human rights. Written and signed by Benjamin Franklin, Thomas Jefferson, George Washington, and other great lights of our historical past, these documents define our freedoms and promise us our futures. And while they are often quoted, they are seldom actually read. Here is an opportunity to reach a new audience, with a fresh design and the same inspiring words. This collection will be a welcome addition to the library of any American who believes in the dream.


World (W) • CQ 36
5” x 7” • 208 pages
History
FEBRUARY
Previous edition: 978-1-61608-346-5
Over the past few years, perhaps due to an increase in work and family commitments, there has been a noticeable rise in the number of golfers interested in playing nine-hole courses. Although there are close to eight thousand such courses worldwide, how do golfers determine which are the best ones to play? In The Finest Nines, golf writer and historian Anthony Pioppi highlights the twenty-five finest nine-hole courses in North America and details how to play each one. Some of the courses featured include:

- Whitinsville Golf Club—Whitinsville, Massachusetts
- Sweetens Cove Golf Club—South Pittsburgh, Tennessee
- Birchwood Country Club—Westport, Connecticut
- Livingston Golf Course—Calgary, Alberta
- Aetna Springs Golf Course—Pope Valley, California
- And many more!

This book also includes an interview with course designer and architect Mike Nuzzo about designing a nine-hole golf course in the modern era as well as profiles of courses that have a nontraditional number of holes. The Finest Nines is the perfect gift for the avid golfer who does not have the time to play a full eighteen holes!

Anthony Pioppi is a golf writer, historian, and archaeologist. He is the author of three books. A senior writer for Superintendent Magazine, he has also contributed to the USGA website and Golf Course Architecture magazine. Pioppi is the executive director of the Seth Raynor Society and a member of the St. Andrews Golf Club, Scotland. He resides in Middletown, Connecticut, and caddies on weekends.
Soccer is the nation’s fastest-growing sport, and interest in what the rest of the world calls “football” has skyrocketed. Every four years the planet is glued to the TV for the FIFA World Cup—more than 25 million Americans watched the USA play Portugal at the last tournament in Brazil.

This concise, easy-to-read guide breaks down everything you need to know about the biggest sporting spectacle on Earth. Chapters highlight shocking upsets, memorable moments, and the most thrilling games as it explains a tournament that started with just thirteen teams in Uruguay in 1930 and has grown into a global phenomenon with hundreds of nations battling for a place at the finals.

An American’s Guide to the 2018 World Cup examines the American team’s participation in the competition that stretches back more than half a century. It relives the incredible victory over England in 1950 and the underdog run to the quarterfinals in 2002 and considers their chances in the 2018 edition.

It’s a sweeping story, often humorous and punctuated with personal anecdotes, that is brought to life by an author whose passion and knowledge of the World Cup shines through. It’s a must-have for all American soccer fans.

Stephen Rea is a freelance writer who has been watching the World Cup for four decades. He is originally from Belfast, Northern Ireland, but has lived in New Orleans, Louisiana, since 2004. A former national newspaper journalist in the UK, he penned the critically acclaimed memoir Finn McCool’s Football Club and writes a weekly column for the official website of the English Premier League club Chelsea.
Frank Michler Chapman; Foreword by Julie Zickefoose

BIRD LIFE
A Guide to the Study of Our Common Birds

A classic birdwatching field guide from one of the nation’s first ornithologists.

From the sparrow to the starling, the woodpecker to the warbler, the eagle to the egret, and every species in between, birds are some of the most plentiful and most diverse creatures in North America. Soaring high above us, these winged beauties have long been a source of fascination and enchantment.

While dozens of studies and field guides have been written, few provide a better-rounded overview of the denizens of the sky than Frank Michler Chapman’s Bird Life. First published in 1897, over a century later Bird Life stills provides insightful observations about dozens of species of birds native to North America.

A pioneer in the study of natural history and ornithology, Frank Chapman writes with scientific prowess and an expert’s eye in regards to bird anatomy, migratory patterns, mating habits, and habitat choice. Describing species from across the continent, Bird Life is a true testament to one of the nation’s most beloved creatures.

Frank Michler Chapman was an American ornithologist and pioneer writer of field guides. Throughout his lifetime, he published more than twenty books and dozens of articles, all in the field of natural history. Chapman was a founding member of the Explorers Club and the Museum of Natural History. He passed away in 1945 in New York City.

Julie Zickefoose, the author and illustrator of Baby Birds (2016), The Bluebird Effect (2012), and Letters from Eden (2006), is a contributing editor to Bird Watcher’s Digest. She lives with her family on an eighty-acre sanctuary in Appalachian Ohio.
From the earliest European exploration and settlement of Kentucky, the state's wildlife has played an important role. Men like the legendary Daniel Boone were in part lured to Kentucky by the opportunity to hunt whitetail deer, bison, and elk, and the Native Americans living in the region sustained themselves largely by harvesting mammals, birds, and fish. While the state's wildlife is still an important resource for trappers, hunters, and fishermen, wildlife is also increasingly important for its intrinsic, aesthetic value.

In the Kentucky Wildlife Encyclopedia, nationally known naturalist Scott Shupe has collected information on all the wildlife that resides in the Bluegrass State. The first in a series of state wildlife encyclopedias, this book will be a handy, usable layman's guide to Kentucky's wildlife.

Included are more than eight hundred color photographs, depicting the different species of mammals, reptiles, amphibians, birds, and fish, while also offering more than six hundred range maps to show their territory. Along with basic information for the biology of each animal, Shupe includes the size, habitat, and abundance of each species located in the state.

Whether you're a lover of the outdoors or photography or are looking to learn more about your state, this comprehensive guide will teach you about the wonderful wildlife that covers the water, earth, and skies of Kentucky.

Scott Shupe began his naturalist career in 1971 at the famed Ross Allen Reptile Institute in Silver Springs, Florida. He has also worked at Florida's St. Augustine Alligator Farm and at the Black Hills Reptile Gardens in Rapid City, South Dakota. Today he serves as the director of education for the Kentucky Reptile Zoo & Venom Laboratory and is the author of U.S. Guide to Venomous Snakes and Their Mimics and the editor for Venomous Snakes of the World. He lives in Farmington, Kentucky.
Alex Brant

**SHOOTER’S BIBLE GUIDE TO SHOTGUNNING**

A Comprehensive Guide to Shotguns, Ammunition, Chokes, Accessories, and Where to Shoot

Everything you need to know about shooting and owning a shotgun.

From the most trusted name in guns and ammunition comes this ultimate reference on shotgunning. The *Shooter’s Bible Guide to Shotgunning* offers everything you need to know about the sport and its gear, from different types of sporting shotguns to helpful accessories.

This Shooter’s Bible guide will assist both novice and experienced shooters in making smart equipment purchases, ranging from shotguns and optics to ammunition and gear. The shooting school section provides instructions for those who have had no formal shotgun training. For experienced shooters, having current information on hand and compiled in one place can be invaluable. And no Shooter’s Bible guidebook is complete without a detailed products section showcasing shotguns from all across the market. In the *Shooter’s Bible Guide to Shotgunning*, Alex Brant also examines:

- Clay guns
- Upland guns
- Shotguns for waterfowl, deer, and turkey
- Cartridges
- Accessories and add-ons
- Reloading equipment
- And much more!

With the *Shooter’s Bible Guide to Shotgunning* you can learn everything you need to know about shotguns!

**Alex Brant** is the author of *The World’s Best Shoots* and *The Complete Guide to Wing Shooting*. He is the founding editor of Harris Publications; the cofounder, editor, and publisher of the *Hunting Report*; and a columnist for the UK’s *Shooting Gazette* magazine. He’s also a steady contributor to several magazines, including *Sports Afield*, *Shooting Sportsman*, *Outdoor Life*, and the NRA’s *American Hunter* and *American Rifleman*. When he isn’t spending his time between the handful of US outdoor sports clubs of which he is a member or participating in driven shoots across Britain and Spain, six Labs compete for his attention. He resides in Millbrook, New York.
The distinctive look of the Luger and its role in German military history make it the world’s most famous handgun. In *Luger*, renowned gun expert John Walter traces the history of this semi-automatic pistol from an early design by Hugo Borchardt in the 1890s through its use in the trenches of the First World War to the final days of the Third Reich in WWII.

Other books on the *Parabellum-Pistole*, as the Luger was also known, focus strictly on narrow subjects like manufacturing details or accessories. While still offering the technical details to satisfy the collector, Walter provides a comprehensive narrative history. Readers will learn of the initial collaboration between Borchardt and Georg J. Luger, who patented the design in 1898. Following initial adoption by the Swiss Army, design refinements convinced the Imperial German Navy to order the sidearm, while the US Army passed on it following field trials in favor of the Colt. Production ramped up for World War I and the gun became a prized trophy for Allied soldiers in both that conflict and World War II. (German soldiers, aware of their desirability, even used them as bait for booby traps.)

Today, it is still desired by collectors both for its unique design and for its connection to the history of Nazi Germany, and *Luger: The Story of the World’s Most Famous Handgun* tells how it came to be.

**John Walter** is a renowned authority on handguns and has published more than sixty books. He is one of the world's foremost experts on guns of the cartridge era. Walter has written for *Guns Review, Gun Digest*, and the *Shooter's Bible*. Walter lives in the UK.
Len McDougall

THE EDGEMASTER’S HANDBOOK

Learn all the skills to be a master knifeman.

Do you feel a soul-deep connection with knives and tools that are engineered to cut through other materials? Does having a sturdy knife on your person imbue you with a profound, but somehow unidentifiable, sense of security?

The Edgemaster’s Handbook is just that: a book completely dedicated to the care and usage of knives. Whether handling a dagger, stiletto, or bolo, you’ll learn the knife’s purpose and how to use it properly while keeping the blade clean and yourself safe.

Len McDougall has spent his entire life—almost sixty years—learning the nuts and bolts of staying alive under adverse conditions and the mastery of weapons. Featuring methods that have been personally tested through hard, field-proven experiences, McDougall will teach you everything needed to use knives for both outdoor living and protection.

Included in this book are many lessons on knives, including:

- Sharpening a blade
- Identifying different types
- Collecting
- Using for survival and self-defense
- And so much more

Whether for the collector or the outdoorsman, this guide shares all his knowledge and understanding of this tool for you to understand and better appreciate. The Edgemaster’s Handbook is just that: a collection of tips, tricks, lessons, and knowledge from a professional that will make sure you master the usage of knives in your daily life.

Roger Pierangelo and George Giuliani

TEACHING IN A SPECIAL EDUCATION CLASSROOM
A Step-by-Step Guide for Educators

Tips and strategies for the new and experienced special education teacher!

Designed for professionals working in a resource room, self-contained special class, or inclusive setting, this step-by-step guide helps new teachers in special education get their careers off to a positive start and offers experienced teachers supportive information to help improve classroom practice.

Special education experts Roger Pierangelo and George Giuliani review all aspects of special education teaching, from how to get to know your students before school starts to writing end-of-the-year reports. Teaching in a Special Education Classroom offers straightforward advice to make the school year more productive for you and your students.

Roger Pierangelo is an associate professor in the Department of Special Education and Literacy at Long Island University. He has been an administrator of special education programs and served for eighteen years as a permanent member of Committees on Special Education. He has more than thirty years of experience in the public school system as a general education classroom teacher and school psychologist. Pierangelo is the coauthor of numerous books, including The Big Book of Special Education Resources and The Step-by-Step Book Series for Special Educators.

George Giuliani is an assistant professor at Hofstra University’s School of Education and Allied Health and Human Services, in the Department of Counseling, Research, Special Education, and Rehabilitation. He is the executive director of the National Association of Special Education Professionals, the president of the National Association of Parents with Children in Special Education (NAPCSE), the vice president of the National Association of Special Education Teachers, and an educational consultant for various school districts. Giuliani is the coauthor of numerous books, including The Big Book of Special Education Resources and The Step-by-Step Book Series for Special Educators.
Wayside teaching is about intentionally practicing what educators do every day in perhaps unintentional ways: relate to students. This practical, research-based guide illustrates how wayside teaching—the informal curriculum, implicit instruction, and mentoring that happens in sometimes unintentional ways—can be intentionally practiced across grade levels to enhance learning and boost student outcomes.

Through a framework focused on attitudes, approaches, and actions, and using vignettes that illuminate wayside teaching in action, Sara Davis Powell demonstrates how reaching out to students in formal and informal situations helps create a culture of belonging and safety that strengthens a student’s self-image, confidence, resiliency, and cognitive processes.

Offering invaluable resources, including student surveys for learning more about your students and an annotated booklist for promoting acceptance and compassion, Wayside Teaching reflects the powerful influence that teachers’ actions can have on their students’ academic and personal lives.

Sara Davis Powell is a teacher—from elementary, middle, and high school classrooms to teacher preparation as a professor and chair of the Department of Education at Belmont Abbey College in North Carolina. Powell’s PhD in educational administration, supervision, and curriculum development is from the University of Colorado at Denver. Her most recent books include An Introduction to Education: Choosing Your Teaching Path (2009) and Introduction to Middle School (2nd ed., in press).
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